Supplementary Materials: CST, a Herbal Formula, Exerts Anti-Obesity Effects through Brain-Gut-Adipose Tissue Axis Modulation in High-Fat Diet Fed Mice

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Table S1. Details of diet composition.

Normal Research Diet (NRD)			High Fat Diet (HFD)		
Product # D10012G	**gm%**	**kcal%**	**Product # D12492**	**gm %**	**kcal %**
Protein	20.0	20.3	Protein	26.2	20
Carbohydrate	64.0	63.9	Carbohydrate	26.3	20
Fat	7.0	15.8	Fat	34.9	60
Total		100	Total		100
Kcal/gm	3.9		Kcal/gm	5.24	

Table S2. Details of CST composition.

Pharmacognostic Name	Dried Weight (g)
Coicis Semen	3.75 g
Castaneae Semen	3.75 g
Raphani Semen	1.875 g
Ephedrae Herba	1.25 g
Platycodi Radix	1.25 g
Liriopis Tuber	1.25 g
Schizandrae Fructus	1.25 g
Acori Graminei Rhizoma	1.25 g
Polygalae Radix	1.25 g
Asparagi Radix	1.25 g
Zizyphi Spinosae Semen	1.25 g
Longanae Arillus	1.25 g

Table S3. Details of neuropeptides and adipokines primer sequences.

Gene	Forward Primer Sequence	Reverse Primer Sequence	Reference
Agrp	5′-CGGAGGTGCTAGATCCACAGA-3′	5′-AGGACTCGTGCAGCCTTACAC-3′	[60]
Npy	5′-TACTCCGCTCTGCGACACTACA-3′	5′-AATCAGTGTCTCAGGGCTGGAT-3′	[61]
Cart	5′-CTGCAATTCTTTCCTCTTGAAGTG-3′	5′-GGGAATATGGGAACCGAAGGT-3′	[61]
Pomc	5′-TGCTTCAGACCTCCATAGATGTGT-3	5′-GGATGCAAGCCAGCAGGTT-3′	[61]
Adipoq	5′-TGTTCCTCTTAATCCTGCCCA-3′	5′-CCAACCTGCACAAGTTCCCTT-3′	[62]
Adn	5′-GCAGTGGGTGCTCAGTGCT-3′	5′-TCGTCATCCGTCACTCCATC-3′	[63]
Gapdh	5′-GTCACCAGGGCTGCCTTCT-3′	5′-CATTGAACTTGCCGTGGGTA-3′	[63]
Lep	5′- CTGCCCCCCAGTTTGATG -3′	5′- GCCAGGCTGCCAGAATTG -3′	[64]
Lcn2	5′-TGCCACTCCATCTTTCCTGTT-3′	5′-GGGAGTGCTGGCCAAATAAG-3′	[65]
Rbp4	5′-ACTG GGGTGTAGCCTCCTTT-3′	5′-GGTGTCGTAGTCCGTGTCG-3′	[66]
Vasp	5′-CCTGTGGCGTTAGAGTA-3′	5′-GGCGGAAAGAGGTGATT-3′	[67]
Visf	5′-ACATAGGACACCAGCG-3′	5′-AAACACGAACCCACAC-3′	[67]
Retn	5′-GTACCCACGGGATGAAGAACC-3′	5′-CAAGGTTGGATGGGGGCGAAGGG-3	[68]

Table S4. Details of gut microbiota primer sequences.

Bacteria	Forward Primer Sequence	Reverse Primer Sequence	Ref.
Lactobacillus	5′-GAGGCAGCAGTAGGGAATCTTC-3′	5′-GGCCAGTTACTACCTCTATCCTTCTTC-3′	[26]
Bacteroidetes	5′-GGARCATGTGGTTTAATTCGATGAT-3′	5′-AGCTGACGACAACCATGCAG-3′	[69]
Fermicutes	5′-GGAGYATGTGGTTTAATTCGAAGCA-3′	5′-AGCTGACGACAACCATGCAC-3′	[69]
Akkermansia	5′-CAGCACGTGAAGGTGGGGAC-3′	5′-AGCTGACGACAACCATGCAG-3′	[70]
Bacteroides	5′-GAAGGTCCCCCACATTG-3′	5′-CGCKACTTGGCTGGTTCAG-3′	[71]
Prevotella	5′-CACRGTAAACGATGGATGCC-3′	5′-GGTCGGGTTGCAGACC-3′	[71]
Roseburia	5′-GATGAAGTATCTCGGTATGT-3′	5′-CTACGCTCCCTTTACAC-3′	[71]
Bifidobacterium	5′-CGCGTCTGGTGTCAAAG-3″	5′-CCCCACATCCAGCATCCA-3′	[72]
Ruminococcus	5′-GGCGGCCTACTGGGCTTT-3′	5′-CCAGGTGGATAACTTATTGTGTTAA-3′	[73]
16sRNA universal primers	27F, 5′-AGAGTTTGATCCTGGCTCAG-3′	1525R, 5′-AAGGAGGTGATCCAGCC-3′	[74]

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