

1 Article

2 **Development of an HPLC-MS/MS method for the**
 3 **determination of silybin in human plasma, urine and**
 4 **breast tissue.**

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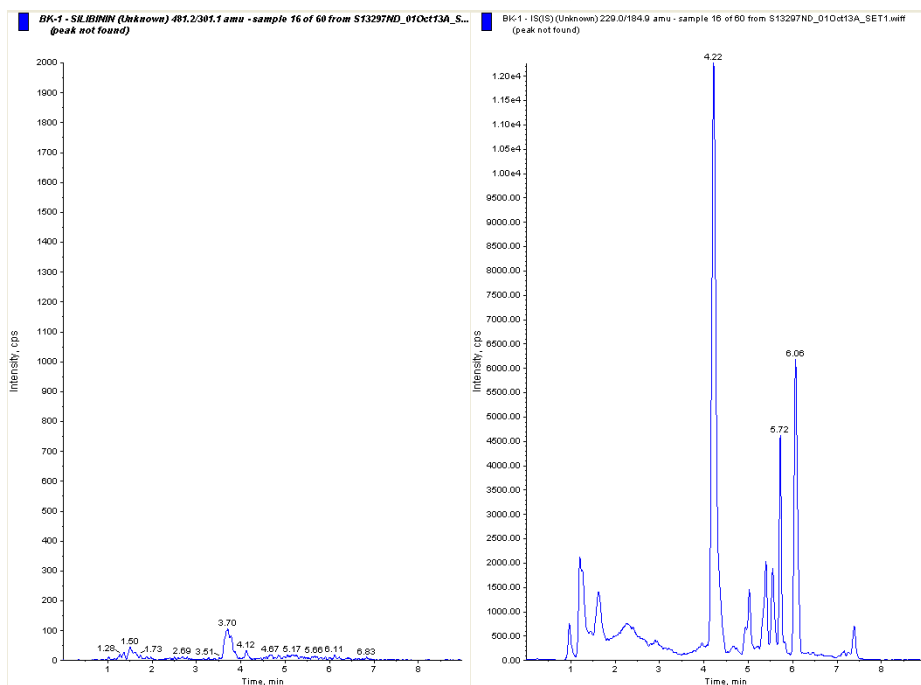
17 § These authors contributed equally to the study as senior scientists.

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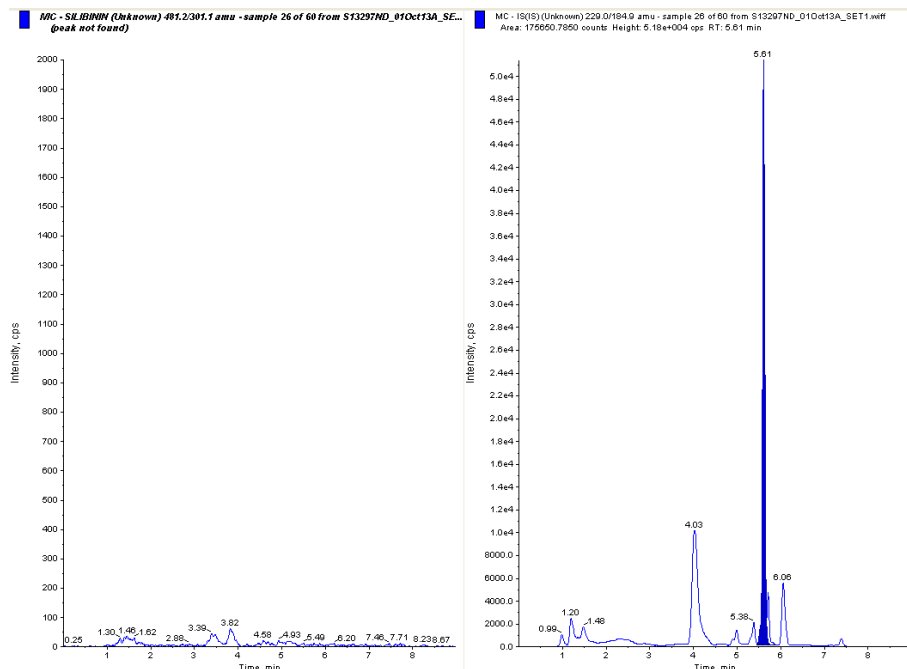
(a)



(b)

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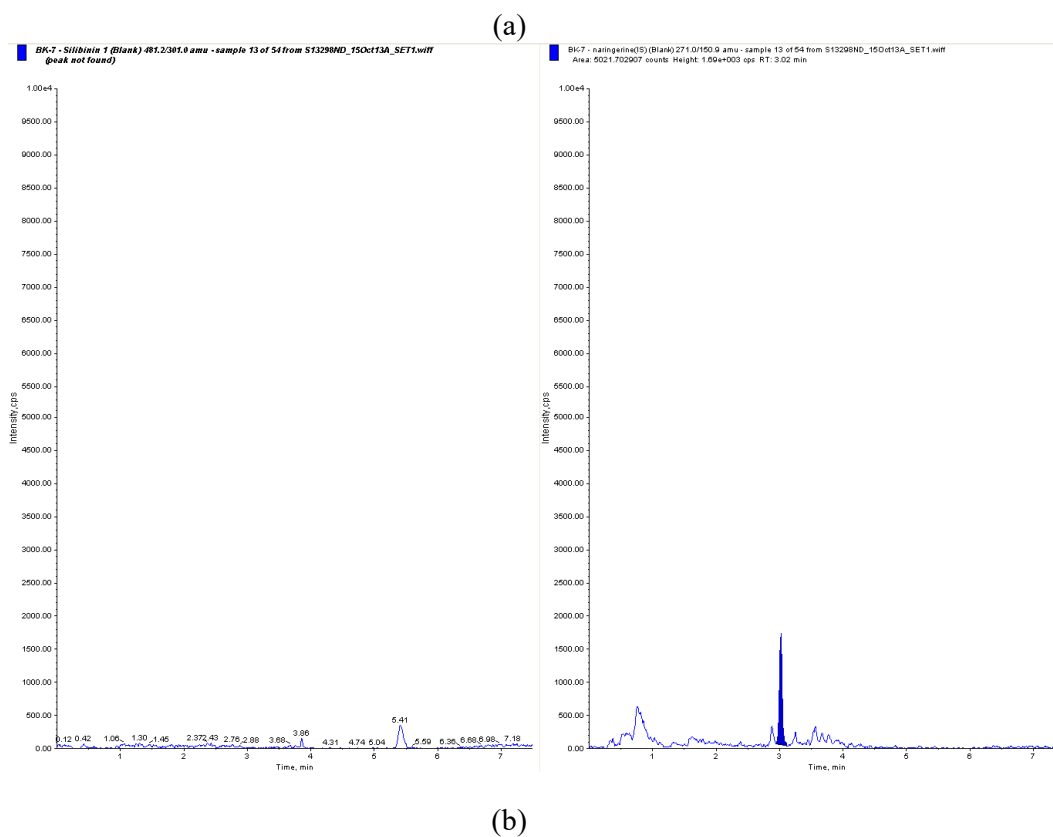


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24 **Supplementary Figure 1.** MRM chromatogram corresponding to a urine blank sample
 25 (Panel A) and a urine zero sample (Panel B). In each panel: on the left MRM chromatogram
 26 corresponding to silibinin, on the right MRM chromatogram corresponding to the internal
 27 standard.

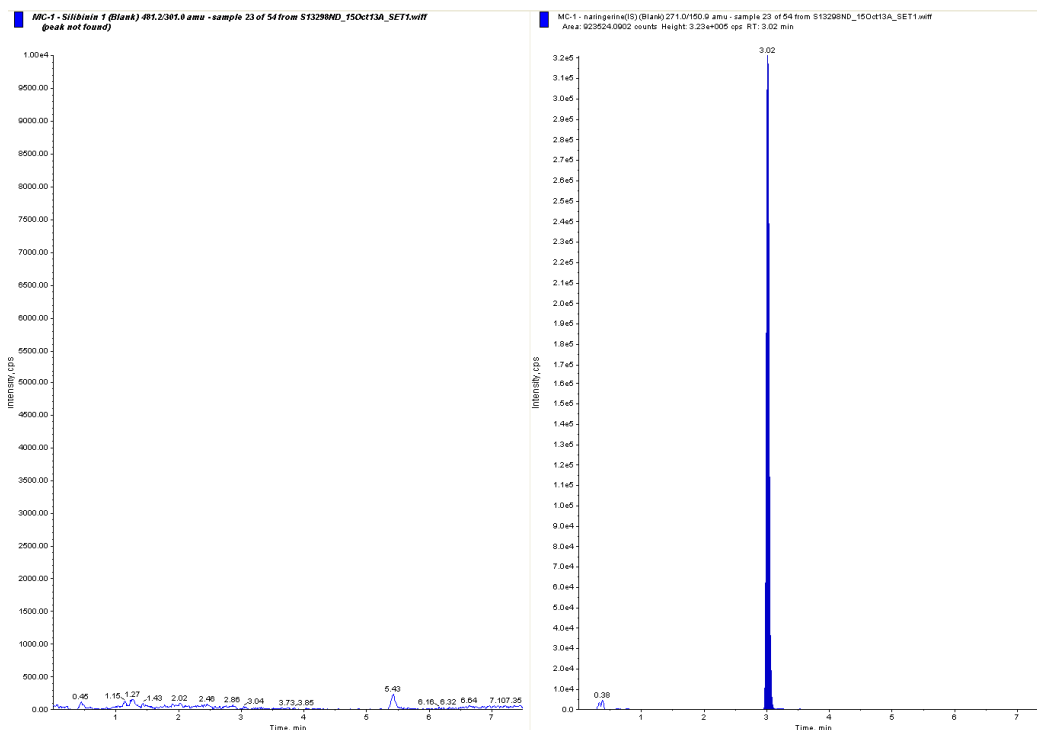
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34 **Supplementary Figure 2.** MRM chromatogram corresponding to a pig muscle blank sample (Panel
 35 A) and a pig muscle zero sample (Panel B). In each panel: on the left MRM chromatogram
 36 corresponding to silibinin, on the right MRM chromatogram corresponding to the internal standard.

37 **Supplementary Table 1.** Total and free Silybin levels in plasma, urine, breast cancer, and adjacent unaffected
 38 breast tissue in patients who received silybin for 28 days [17].

		Median	Q1	Q3	Min	Max	P-value
TOT-SIL (plasma) ng/mL	Baseline	0	0	0	0	0	
	Before last administration	901	651	1481	214	4574	
	2 hrs after last administration	14538	13147	16828	7654	31121	0.0004 [‡]
SIL (plasma) ng/mL	Baseline	0	0	0	0	0	
	Before last administration	69	13	159	1	523	
	2 hrs after last administration	5847	4526	6454	1818	10861	0.0004 [‡]
TOT-SIL (urine) ng/mL*	Baseline	0	0	0	0	0	
	At surgery	7131	2015	21095	90	26573	
SIL (urine) ng/mL*	Baseline	0	0	0	0	0	
	At surgery	212	71	359	7	747	
TOT-SIL (tissue) ng/g	Tumor	131	35	869	0	1375	
	Normal breast tissue	11	0	34	0	48	0.018
SIL (tissue) ng/g	Tumor	33	4	158	0	177	0.013
	Normal breast tissue	0	0	3.79	0	19	

39 Twelve breast cancer patients received silybin-phosphatidylcholine, 2.8 g daily for 4 weeks prior to surgery.
40 Silybin levels were measured before (SIL) and after (TOT-SIL) enzymatic hydrolysis by high-performance liquid
41 chromatography (HPLC)-MS/MS in biologic samples (plasma, urine, breast cancer, and surrounding normal
42 tissue). Fasting blood samples were taken at baseline, before the last administration, and 2 hours later. All
43 patients were fully compliant and completed the treatment program.

44 *: creatinine normalization; end: before the last administration; end-2h: 2 hours after the last administration.

45 ¥ P for the difference between Before last administration and 2 hrs after last administration.

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