

Compound	Retention time (min)	MRM	Calibration curve	Regression coefficient (R ²)	Calibration Range (mg/L)	LOD (ug/g DW)	LOQ (ug/g DW)	Intraday variability (RSD%)	Interday variability (RSD%)	
<i>t-piceid</i>	11.986	389→227	$Y = 73246x + 678$	0.9991	0.004-10	0.05	0.16	2.5%	13%	
<i>c-piceid</i>	15.608	389→227	<i>as t-piceid</i>						1.8%	5.0%
<i>t-resveratrol</i>	16.187	227→143	$Y = 11536x + 172$	0.99899	0.008-10	0.100	0.320	8.4%	17.7%	
<i>c-resveratrol</i>	16.857	227→143	<i>as t-resveratrol</i>						8.7%	21%

Supplementary Table S3. Parameters of the stilbene analysis method. The lowest calibration point with a S/N >5 was considered as the LOD and the LOQ was calculated as 3.3LOD. Both LOD and LOQ have been recalculated as µg compound/g sample (DW). Intraday variability consisted on the relative standard deviation (RSD%) of a QC injected on the same day (n=3); interday variability consisted on the relative standard deviation (RSD%) of a QC injected on three consecutive days (n=3).