

Figure S1 ATR-FTIR spectra of (a) ascorbic acid, (b) γ CD, (c) physical mixture of ascorbic acid and γ CD and (d) ascorbic acid/ γ CD complexes.

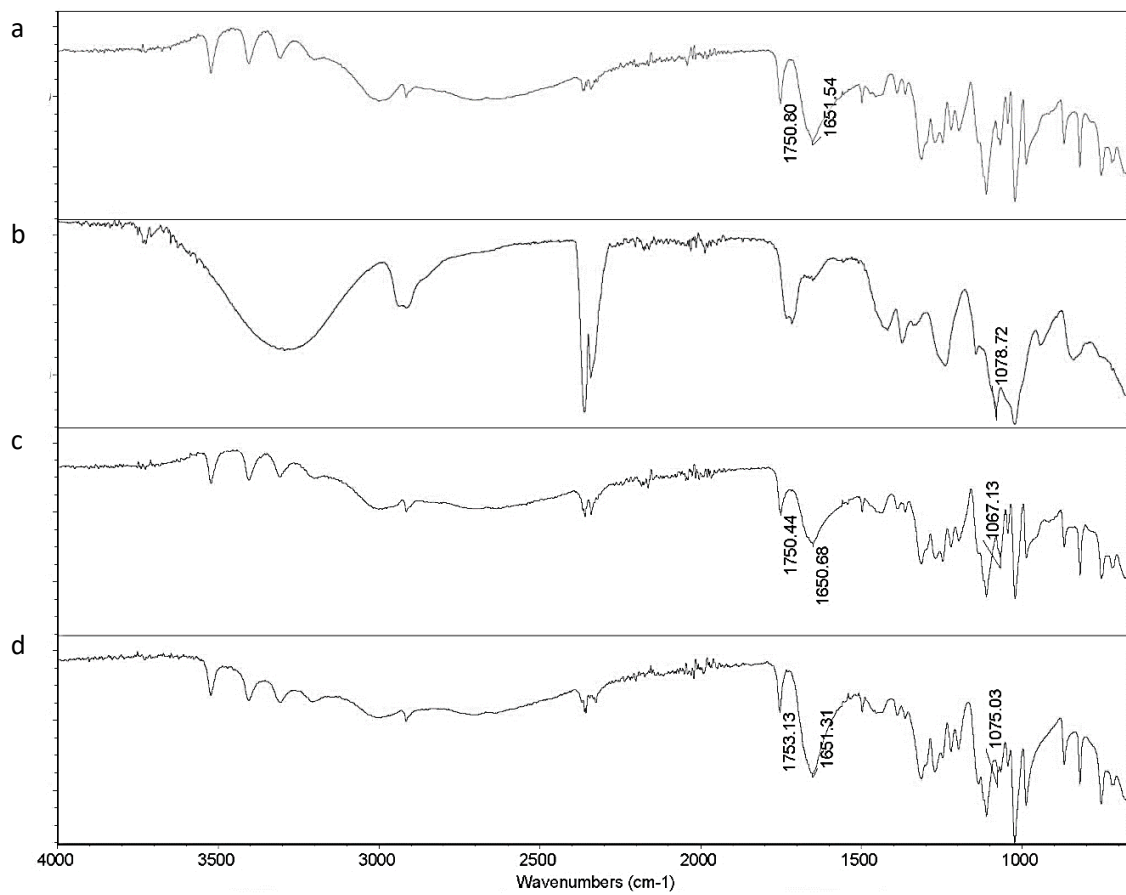


Figure S2 ATR-FTIR spectra of (a) ascorbic acid, (b) PVA, (c) physical mixture of ascorbic acid and PVA and (d) ascorbic acid/PVA complexes.

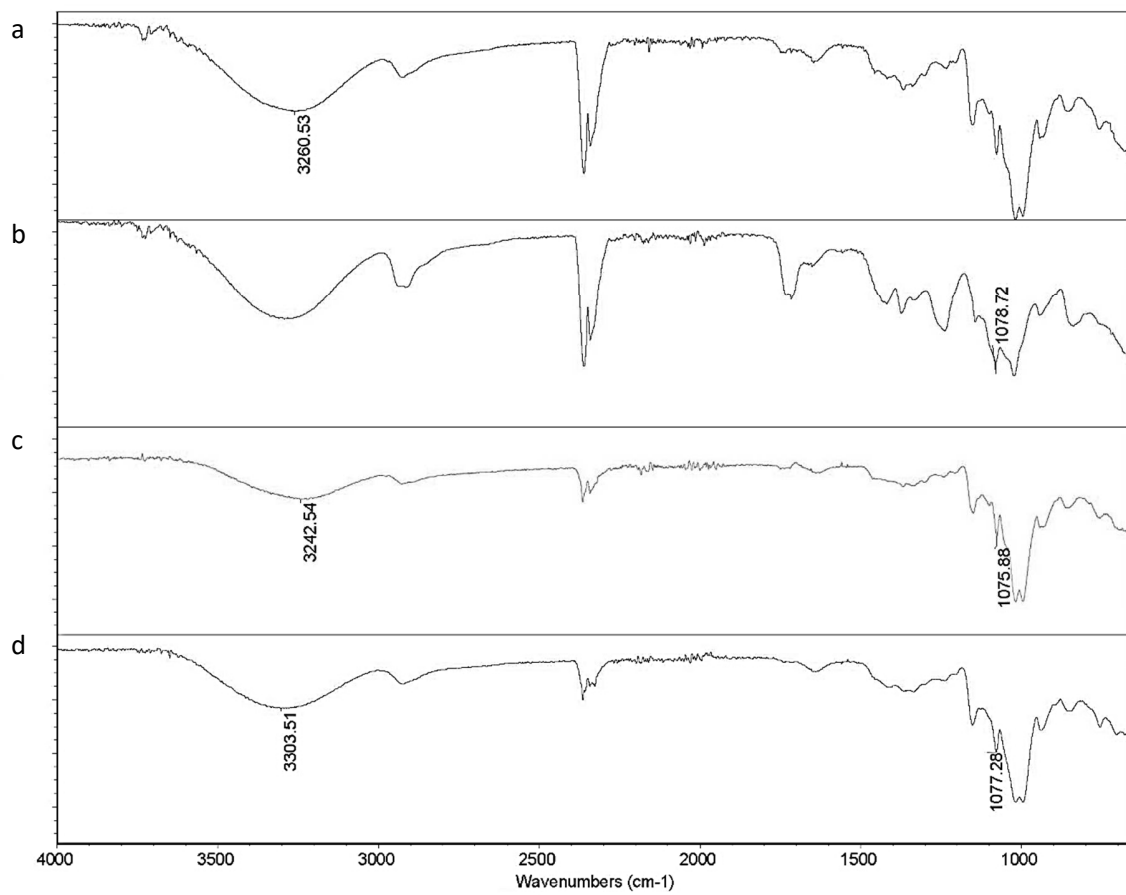


Figure S3 ATR-FTIR spectra of (a) γ CD, (b) PVA, (c) physical mixture of γ CD and PVA and (d) γ CD/PVA complexes.

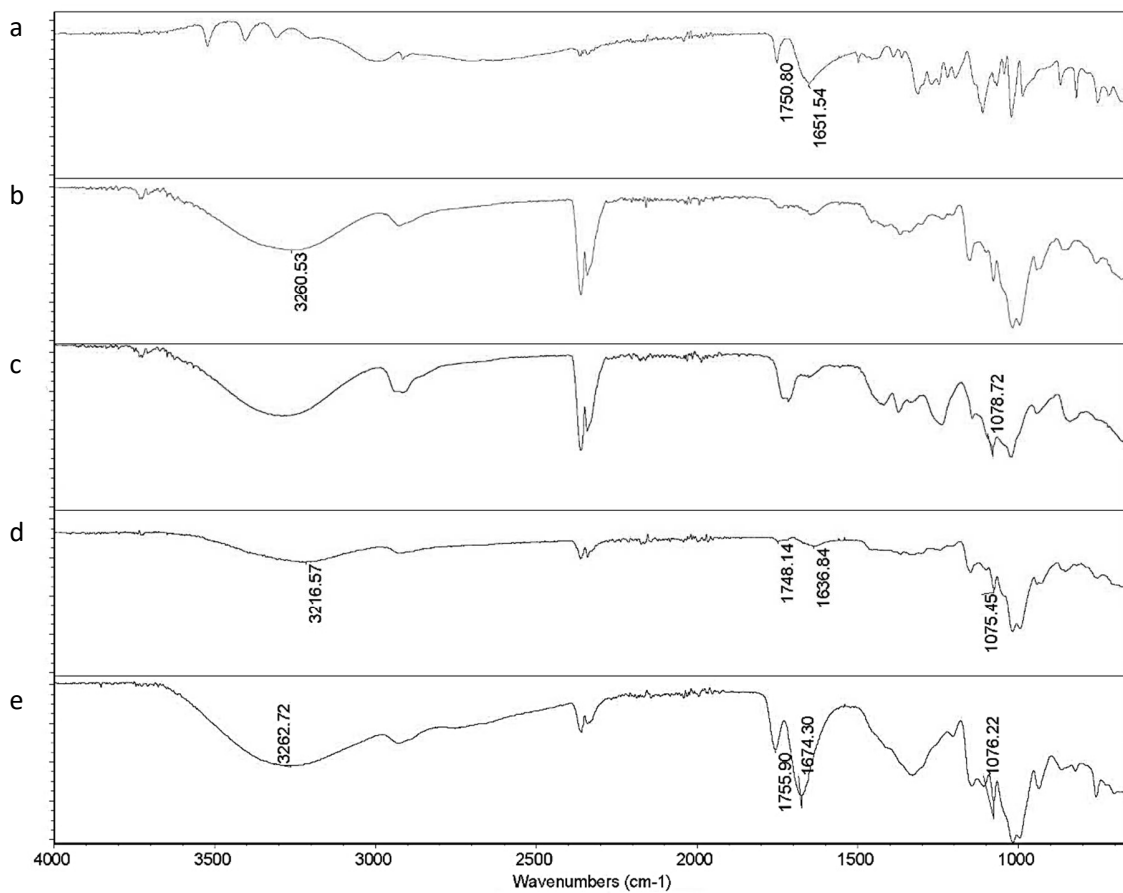


Figure S4 ATR-FTIR spectra of (a) ascorbic acid, (b) γ CD, (c) PVA, (d) physical mixture of ascorbic acid, γ CD and PVA and (e) ascorbic acid/ γ CD/PVA complexes.

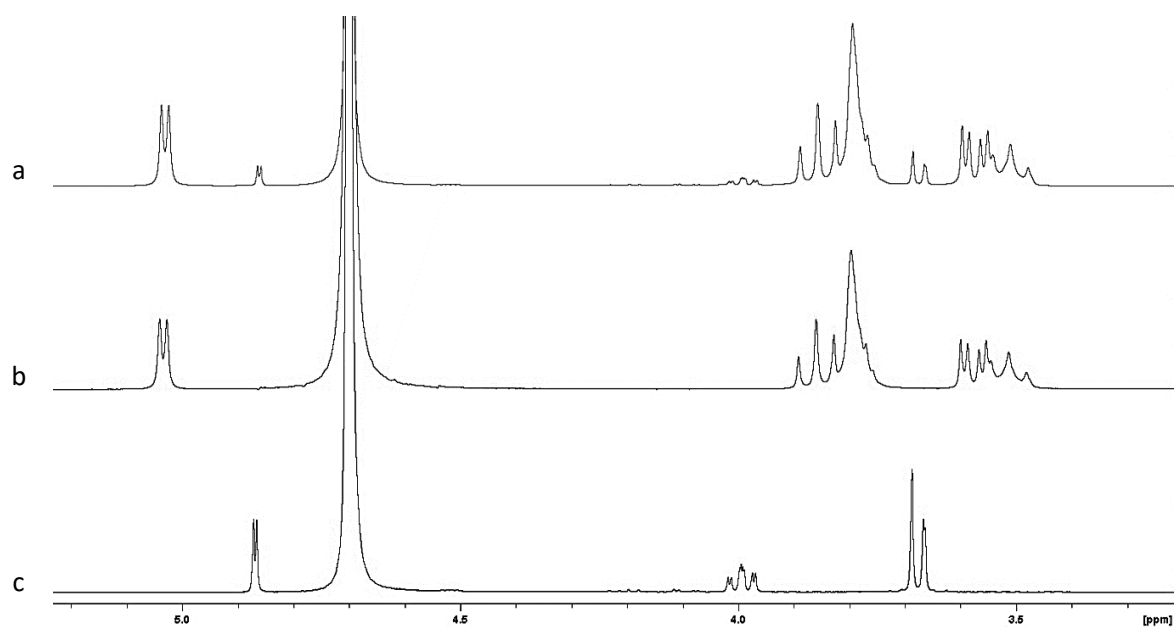


Figure S5 ^1H NMR spectra of (a) ascorbic acid, (b) γ CD and (c) ascorbic acid/ γ CD inclusion complexes in D_2O .

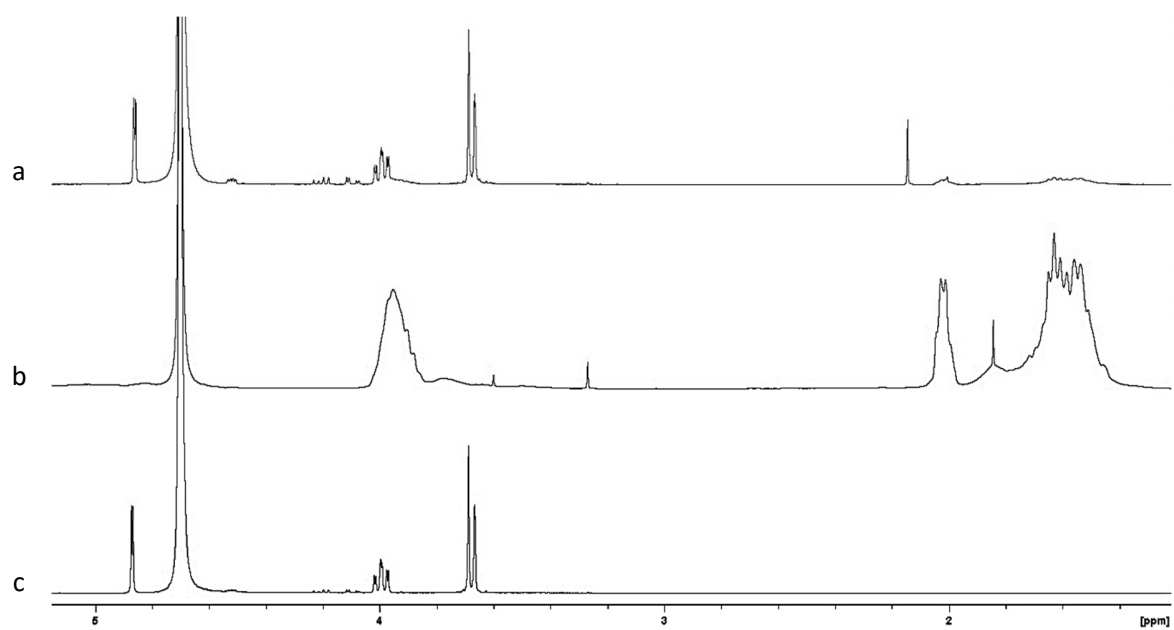


Figure S6 ^1H NMR spectra of (a) ascorbic acid, (b) PVA and (c) ascorbic acid/PVA inclusion complexes in D_2O .

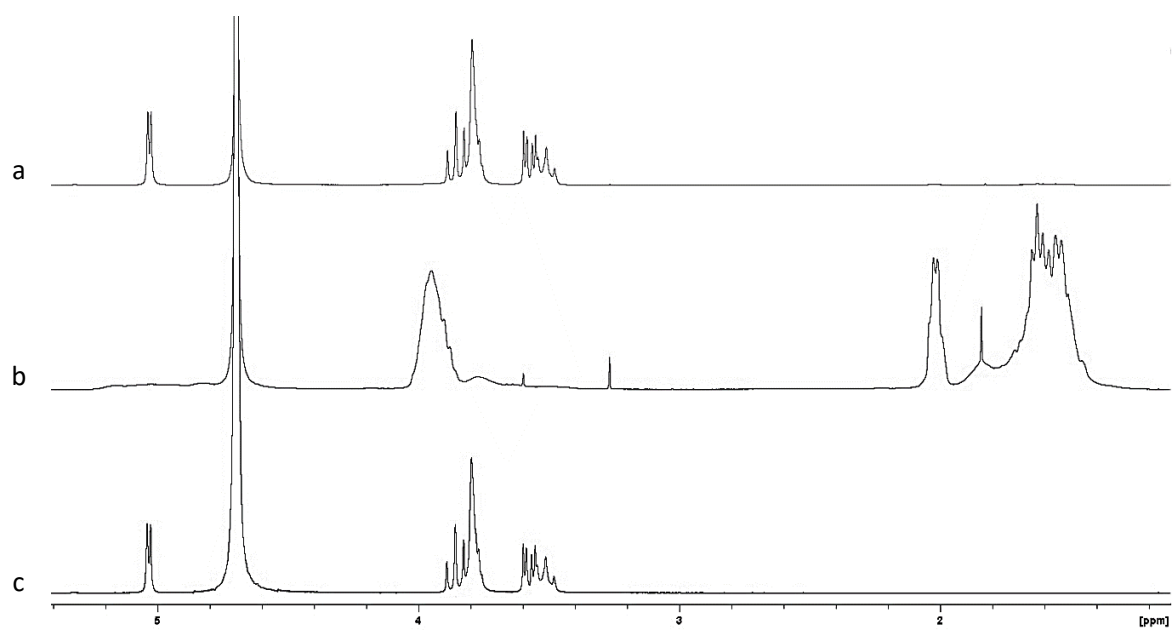


Figure S7 ^1H NMR spectra of (a) γCD , (b) PVA and (c) $\gamma\text{CD}/\text{PVA}$ inclusion complexes in D_2O .

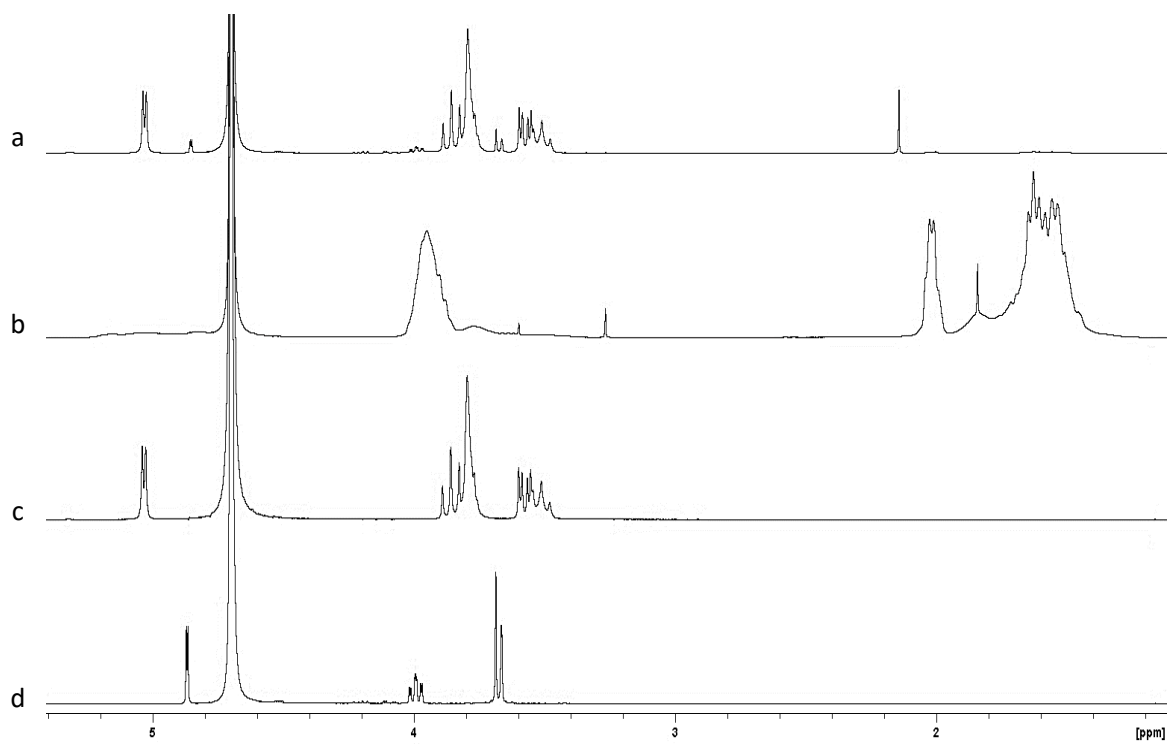


Figure S8 ¹H NMR spectra of (a) ascorbic acid, (b) γCD (c) PVA and (d) ascorbic acid/γCD/PVA complexes in D₂O.

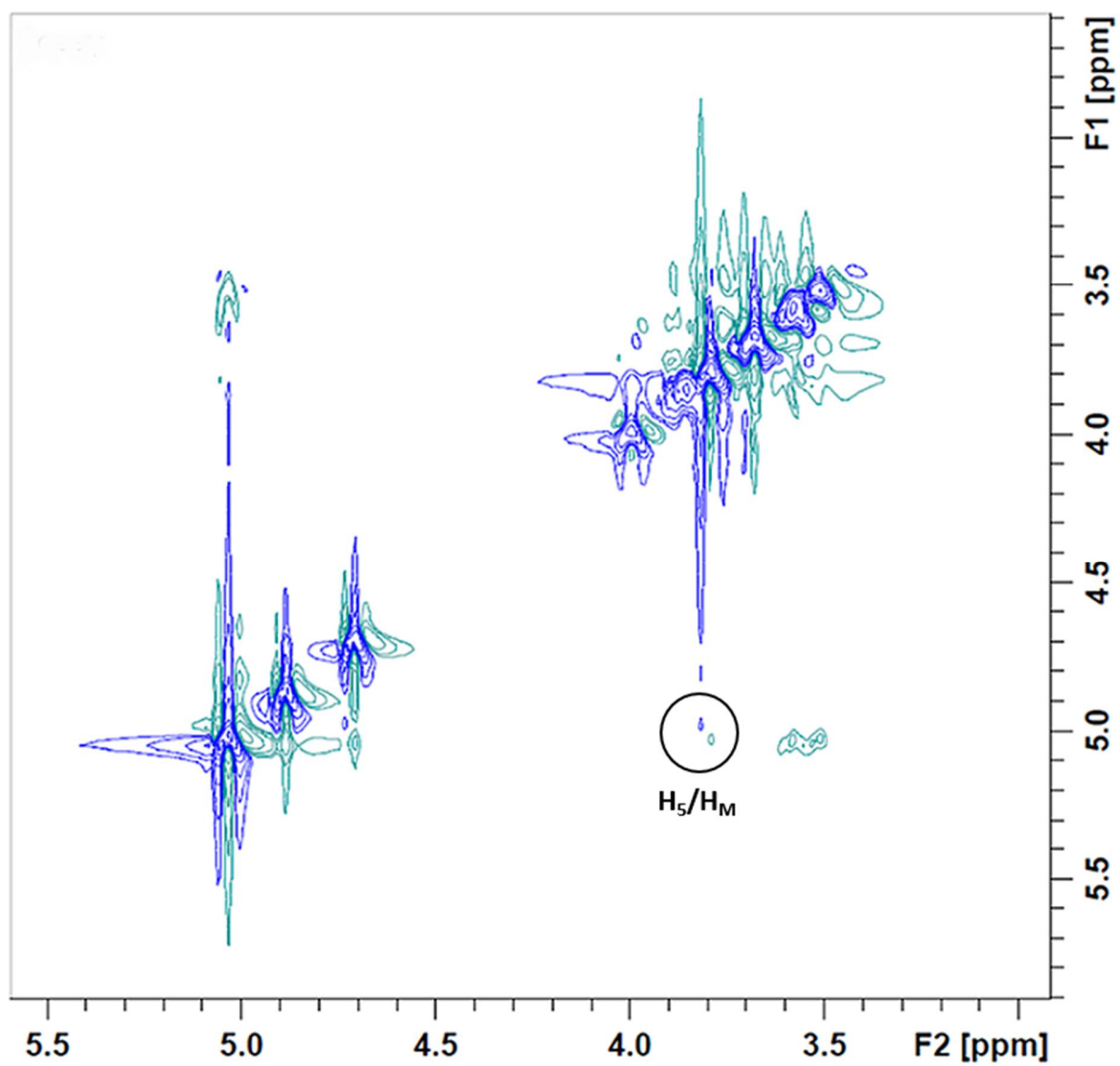


Figure S9 Rotating overhauser effect spectroscopy (~~ROESY~~~~ROSEY~~) pattern of ascorbic acid/ γ CD complexes.

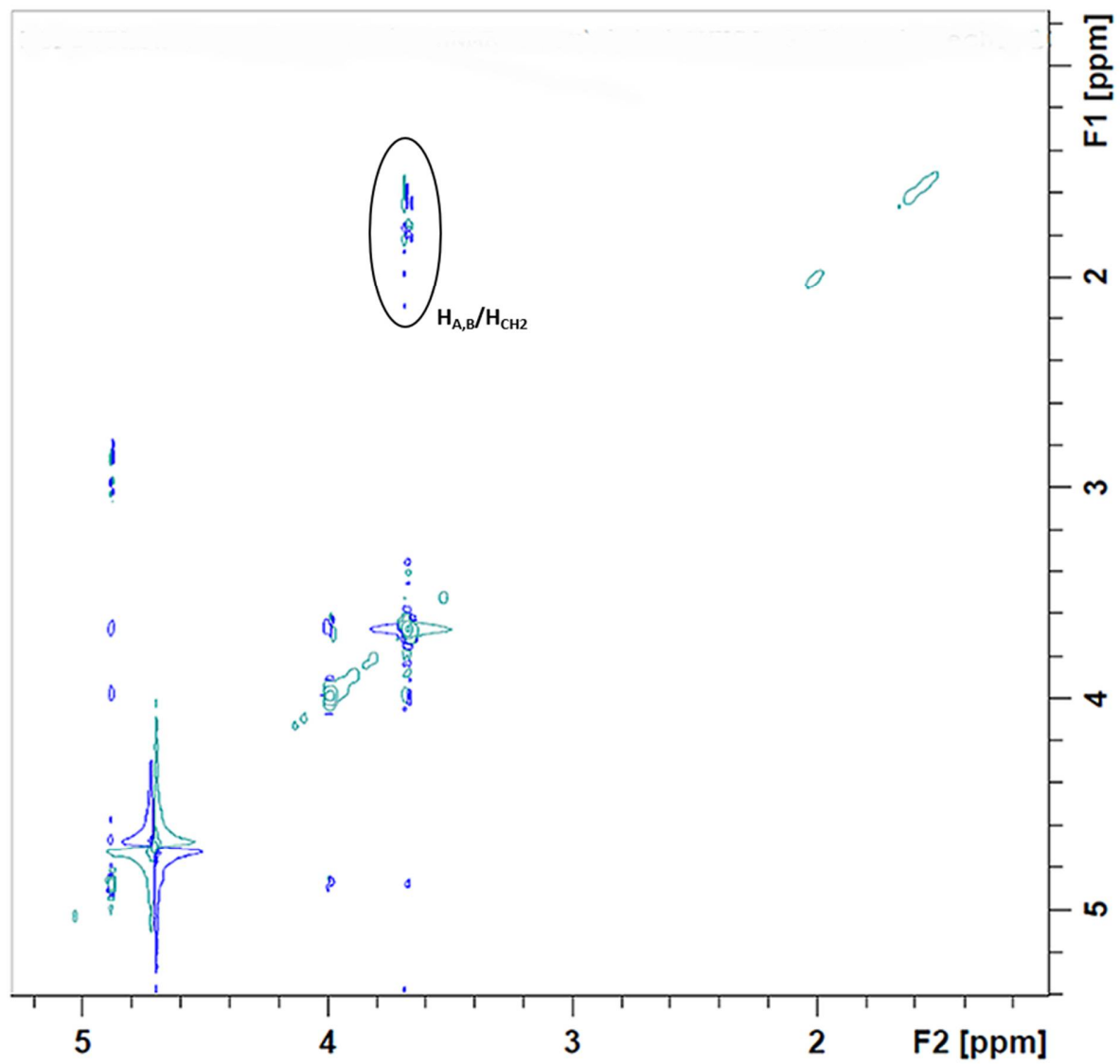


Figure S10 Rotating overhauser effect spectroscopy (ROSEYROESY) pattern of ascorbic acid/PVA complexes.

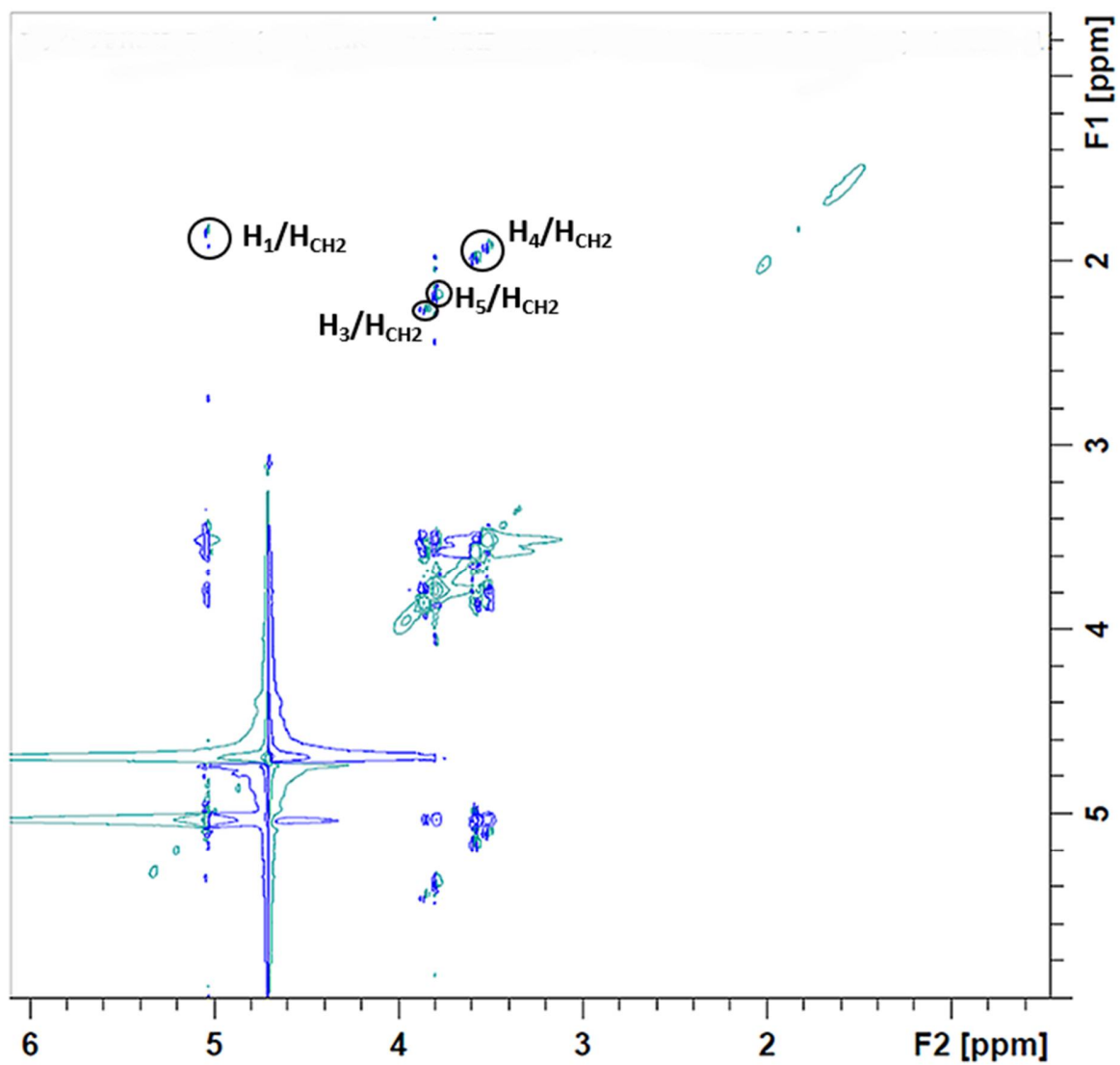


Figure S11 Rotating overhauser effect spectroscopy (~~ROSEY~~ROESY) pattern of γ CD/PVA complexes.

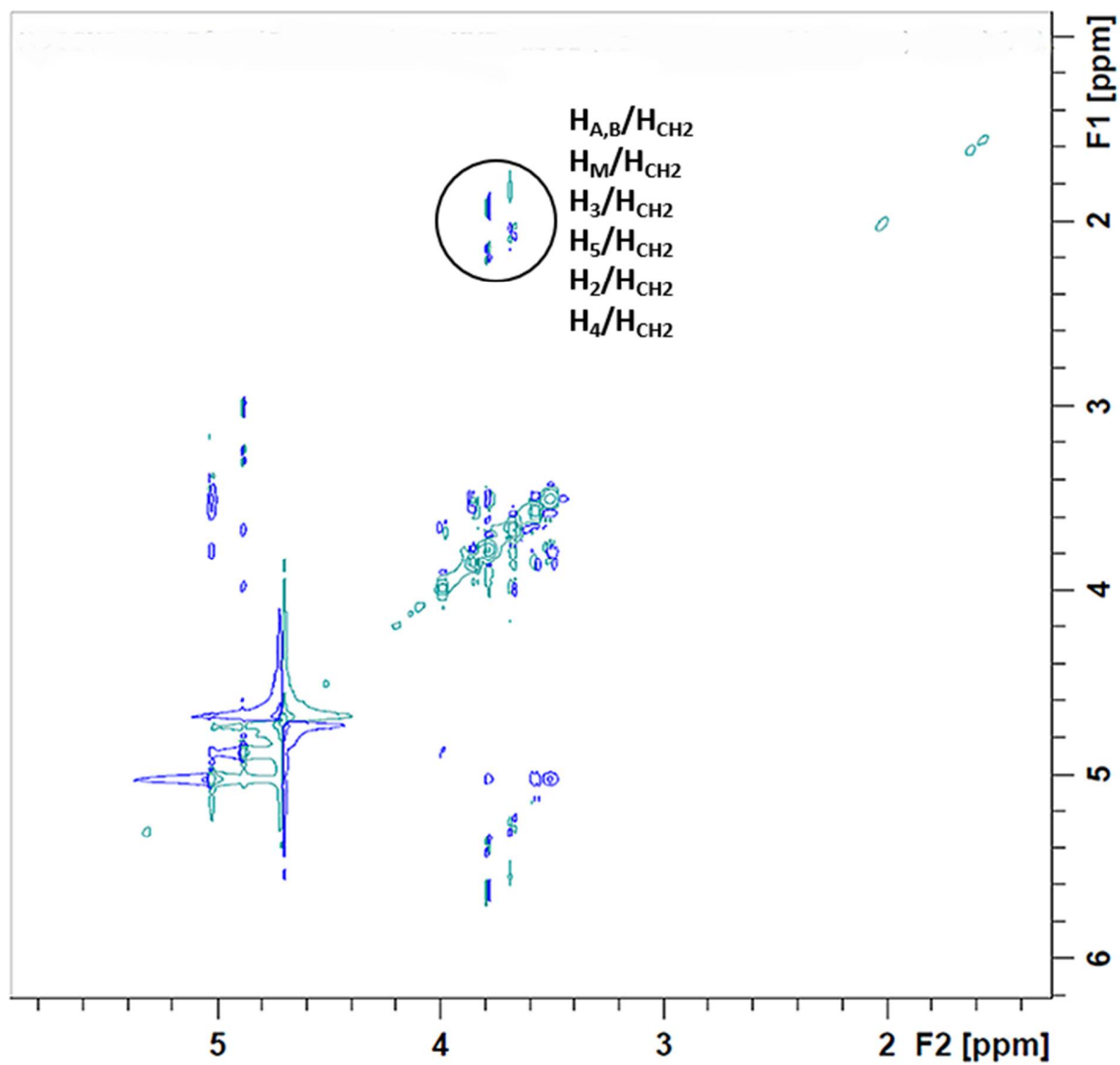


Figure S12 Rotating overhauser effect spectroscopy (ROESSEY) pattern of ascorbic acid/ γ CD/PVA ternary complexes.