

Supplementary Table S2. Indices of methodological quality of the studies according to the Newcastle–Ottawa Quality Assessment Scale for cohort studies

Studies	Selection				Comparability	Outcome			Total scores (stars)
	Representativeness of the exposed cohort	Selection of the non exposed cohort	Ascertainment of exposure	Demonstration that outcome of interest was not present at start of study	Comparability of cohorts on the basis of the design or analysis	Assessment of outcome	Was follow-up long enough for outcomes to occur	Adequacy of follow up of cohorts	
Takeo et al, (2014) [16]	*	*	*	*	*	*	*	*	8
Nakamura et al, (2015) [21]	*	*	*	*	*	*	*	*	8
Liu et al, (2015) [30]	*	*	*	*	*	*	-	*	7
Osugi et al, (2016) [15]	*	*	*	*	**	*	*	*	9
Chen et al, (2017) [14]	*	*	*	*	*	*	-	*	7
Hanai et al, (2018) [22]	*	*	*	*	*	*	*	*	8
Hirahara et al, (2020) [31]	*	*	*	*	**	*	*	*	9
Zheng et al, (2020) [24]	*	*	*	*	**	*	*	*	9
Hou et al, (2020) [23]	*	*	*	*	**	*	*	*	9
Ando et al, (2021) [25]	*	*	*	*	**	*	-	*	8
Bao et al, (2021) [32]	*	*	*	*	**	*	-	*	8
Lu et al, (2021) [28]	*	*	*	*	*	*	-	*	7
Iuchi et al, (2021) [26]	*	*	*	*	*	*	*	*	8
Iuchi et al, (2021) [27]	*	*	*	*	*	*	*	*	8
Nakamura et al, (2022) [33]	*	*	*	*	**	*	*	*	9
Tsai et al, (2022) [7]	*	*	*	*	**	*	*	*	9
Kasahara et al, (2022) [29]	*	*	*	*	*	*	-	*	7