

Supplementary Materials

The extract of *Gloiopeletis tenax* enhances myogenesis and alleviates dexamethasone-induced muscle atrophy

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Table of Contents

Figure S1. LC-MS spectrum of GTAE	S3
Figure S2. HPLC spectrum of GTAE	S4
Figure S3. ^1H NMR spectrum (400 MHz, D_2O) of 4-hydroxy- <i>N</i> -methylproline	S5
Figure S4. ^1H NMR spectrum (400 MHz, D_2O) of floridoside	S5
Figure S5. ^1H NMR spectrum (400 MHz, CD_3OD) of shinorine	S6
Figure S6. The raw data images of the Western blot shown in Figure 1h	S7
Figure S7. The raw data images of the Western blot shown in Figure 1j	S8
Figure S8. The raw data images of the Western blot shown in Figure 2b	S9
Figure S9. The raw data images of the Western blot shown in Figure 3f	S10
Figure S10. The raw data image of the Western blot shown in Figure 5b	S11
Table S1. The primary antibodies used in this study	S12
Table S2. The primer sequence for qRT-PCR	S13

Figure S1. LC-MS spectrum of GTAE

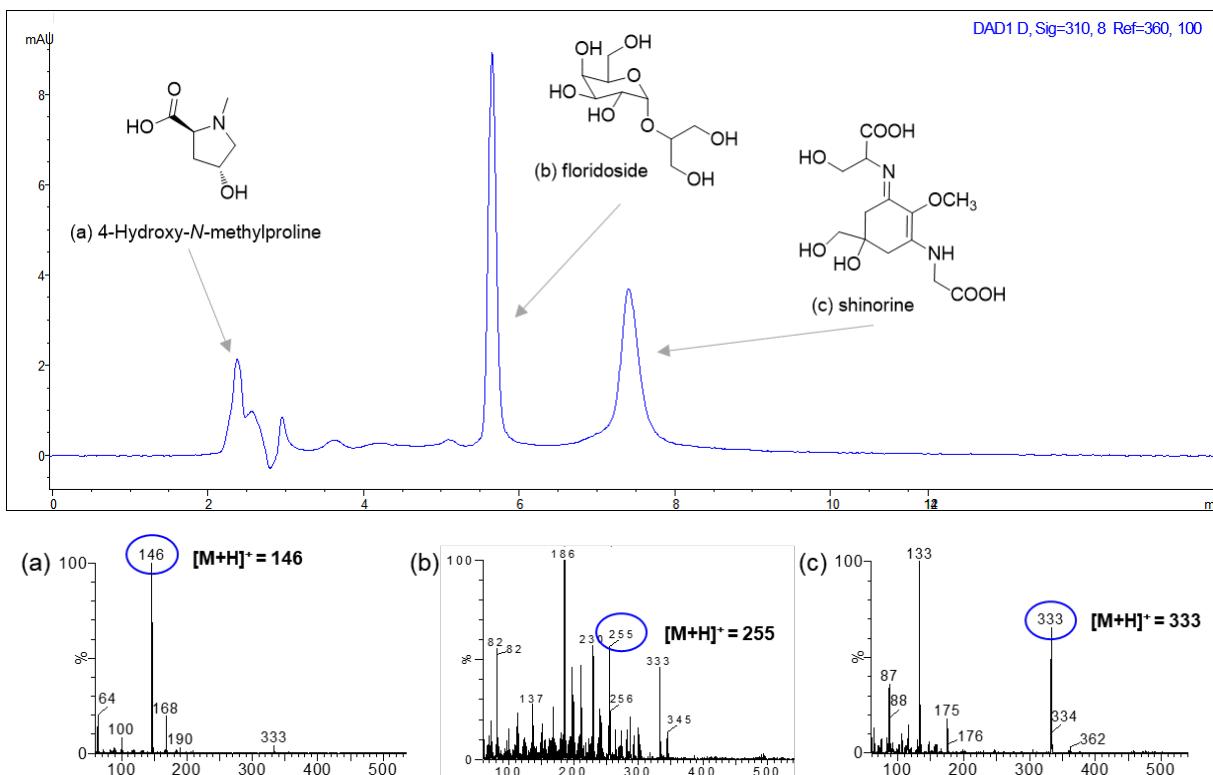


Figure S2. HPLC spectrum of GTAE

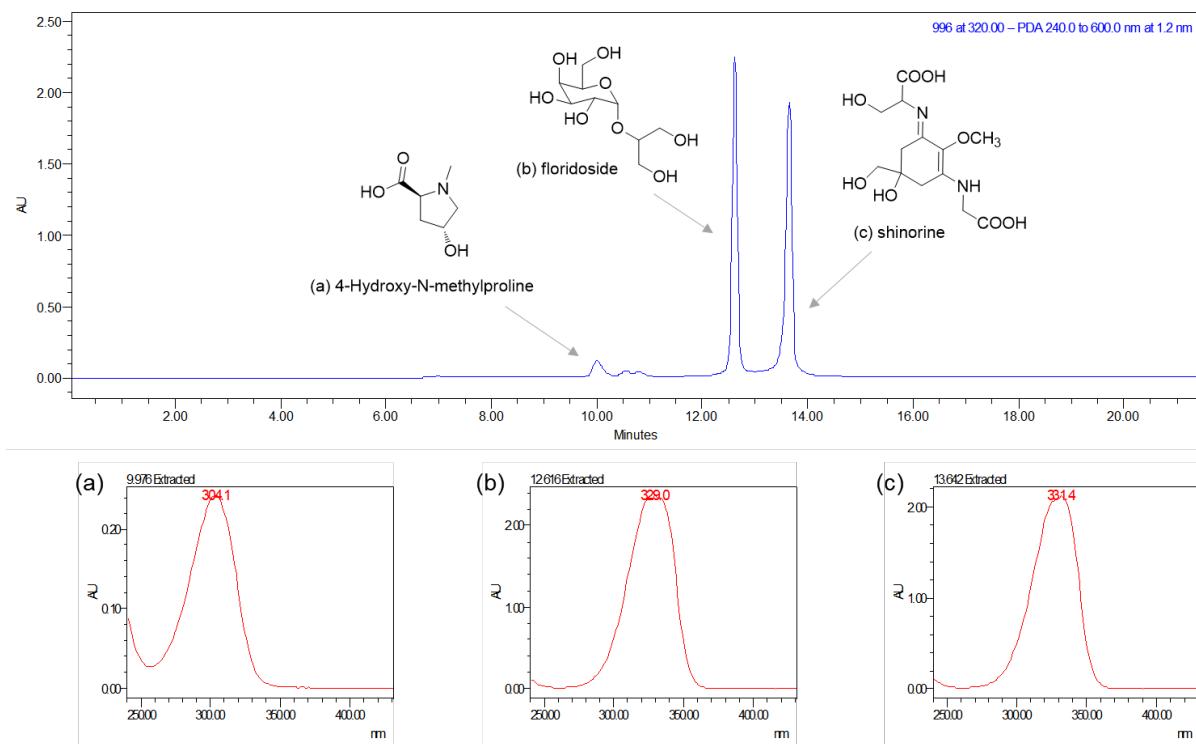


Figure S3. ^1H NMR spectrum (400 MHz, D_2O) of 4-hydroxy-*N*-methylproline

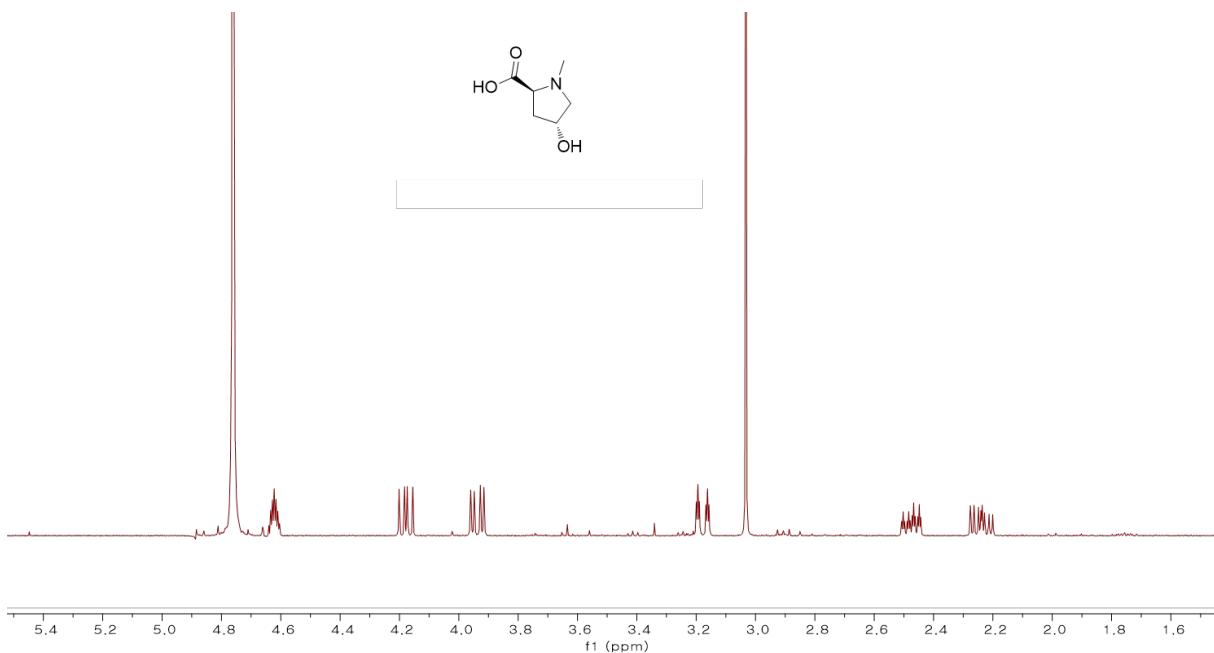


Figure S4. ^1H NMR spectrum (400 MHz, D_2O) of floridoside

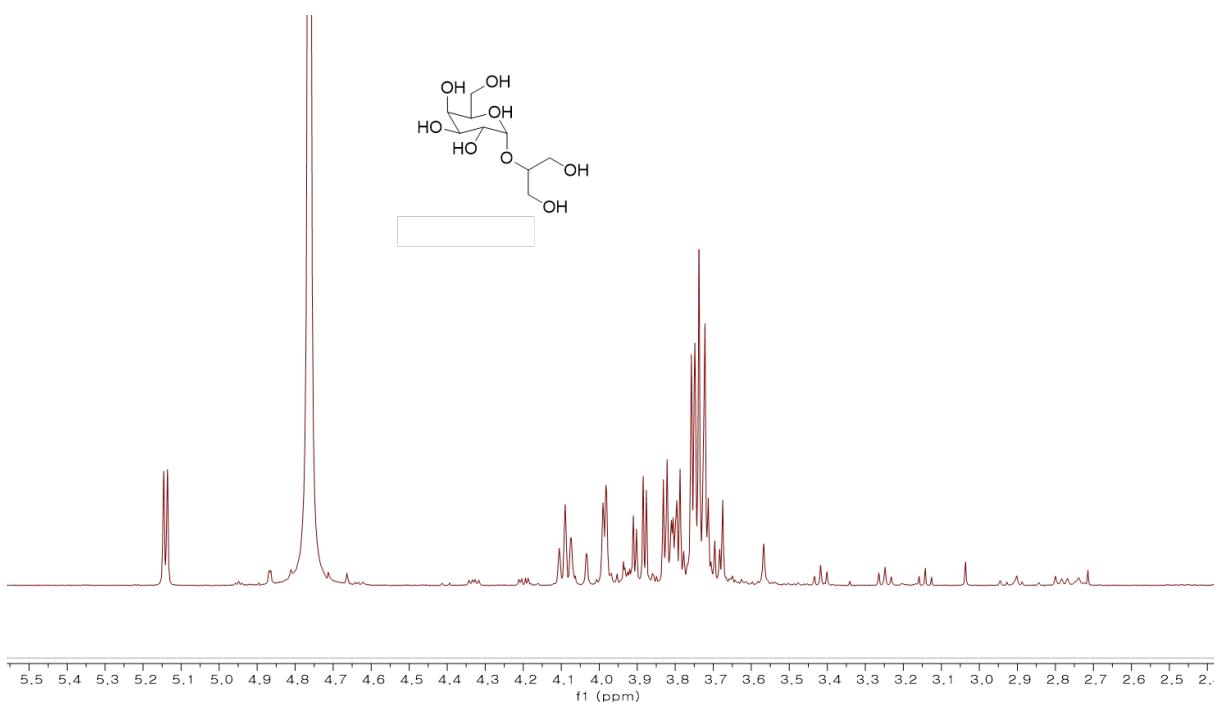


Figure S5. ^1H NMR spectrum (400 MHz, CD_3OD) of shinorine

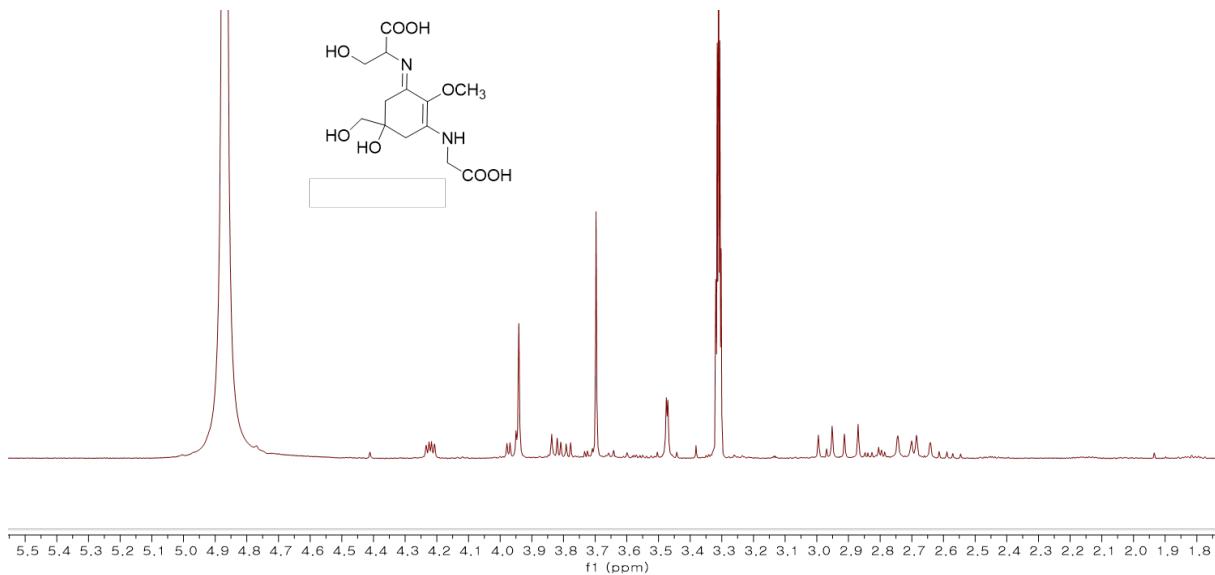


Figure S6. The raw data images of the Western blot shown in [Figure 1h](#)

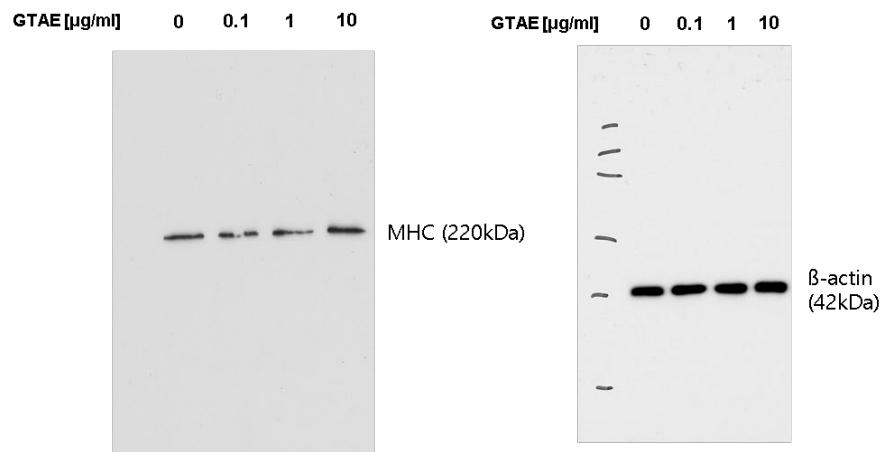


Figure S7. The raw data images of the Western blot shown in Figure 1j

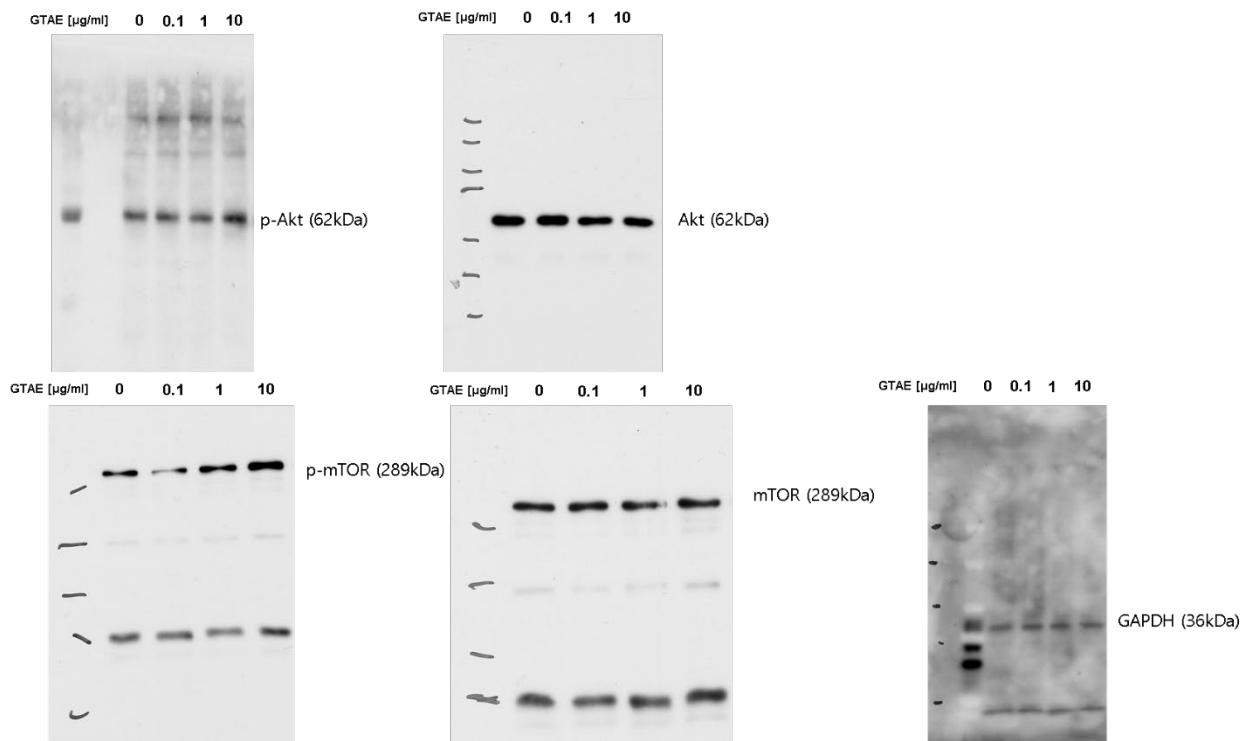


Figure S8. The raw data images of the Western blot shown in Figure 2b

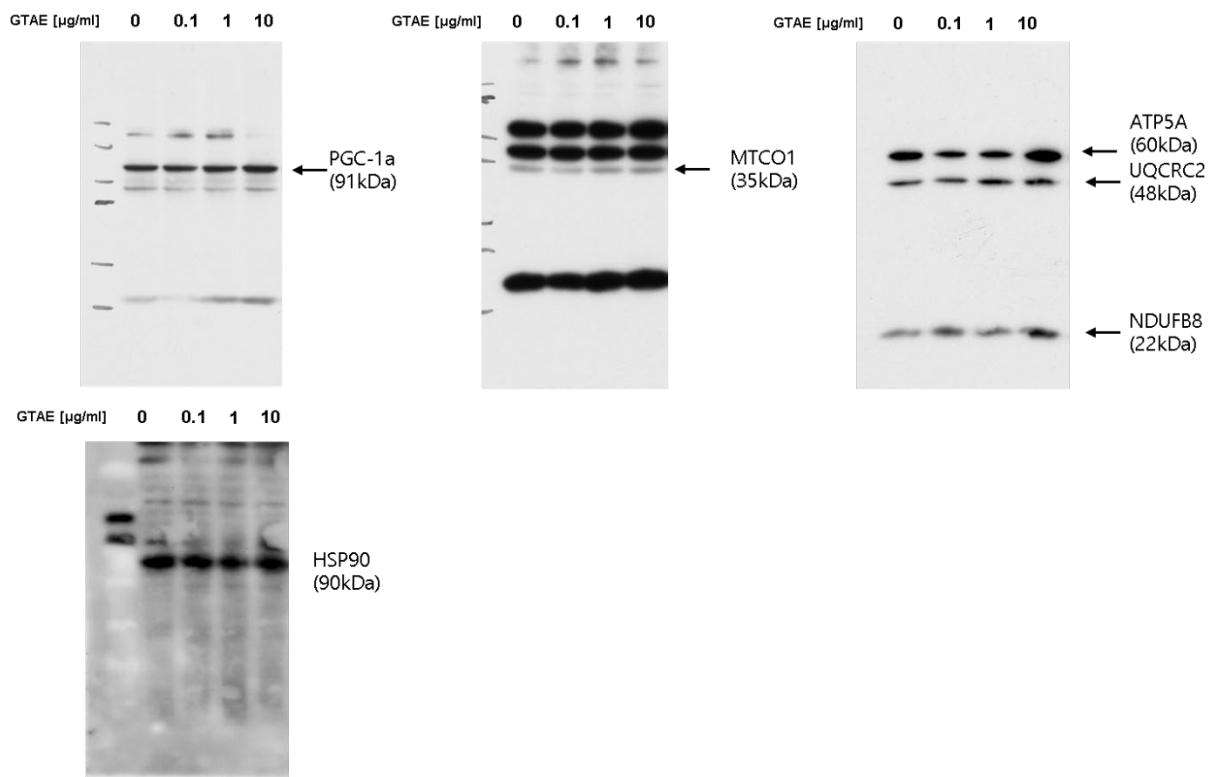


Figure S9. The raw data images of the Western blot shown in [Figure 3f](#)

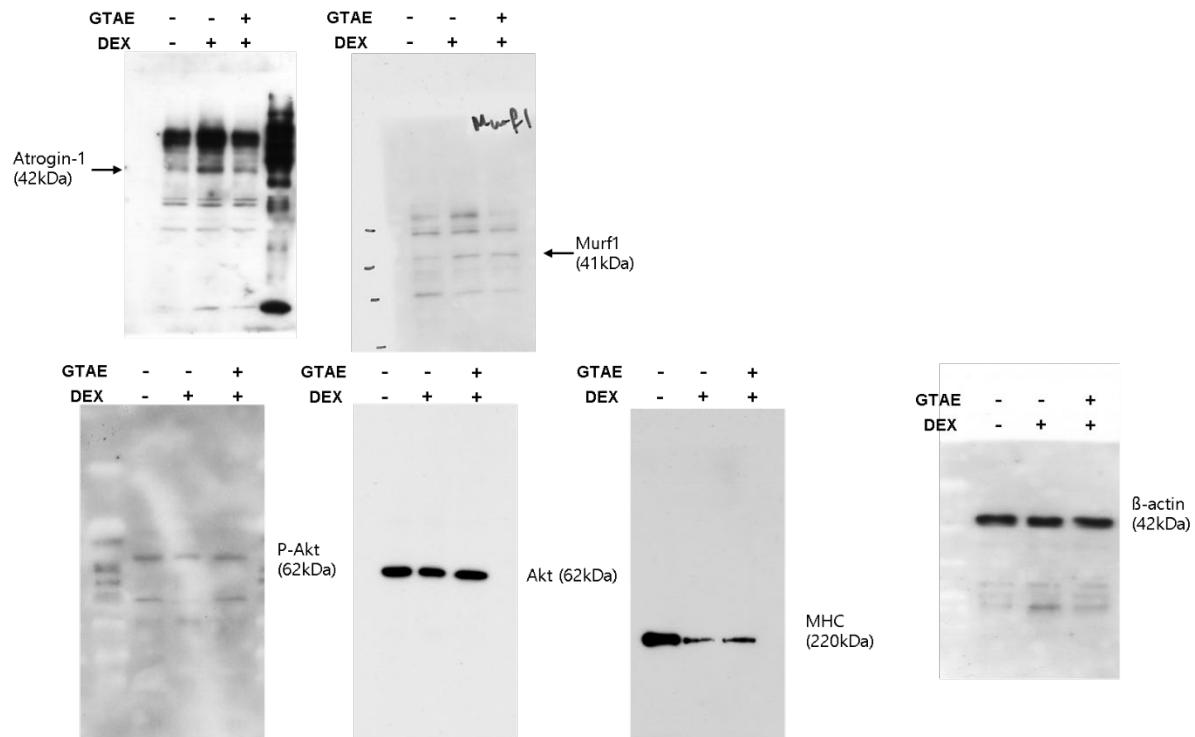


Figure S10. The raw data image of the Western blot shown in Figure 5b

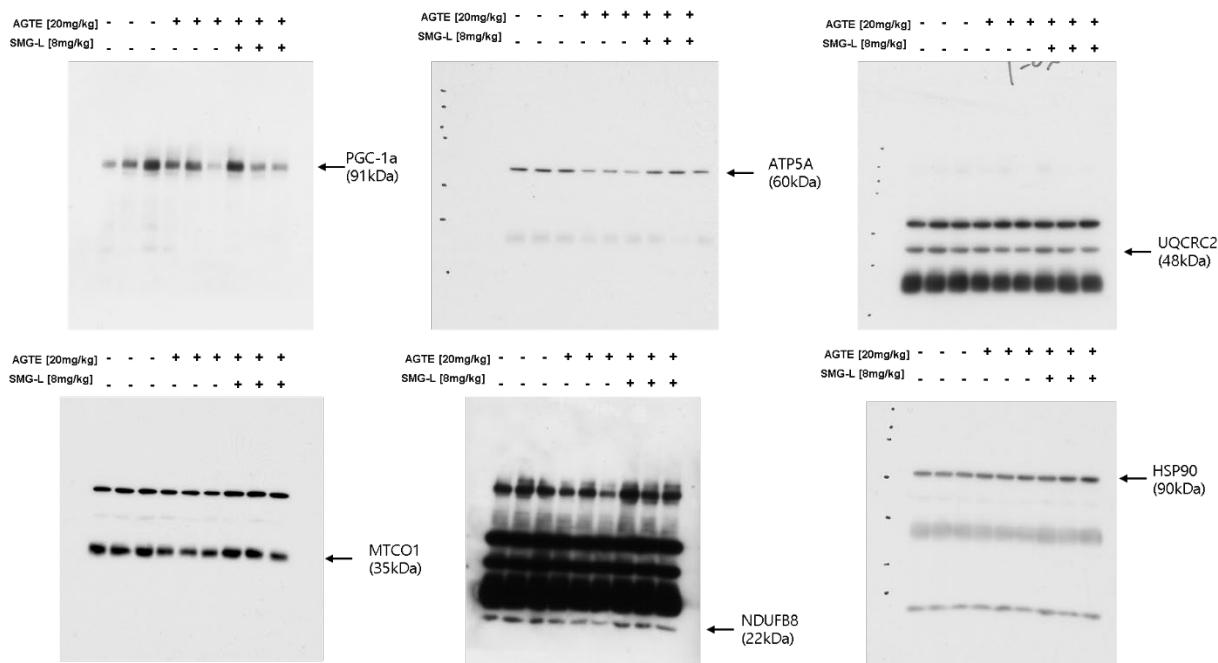


Table S1. The primary antibodies used in this study

Antigen	Cat. No.	Manufacturer
MHC	MF 20	Developmental Studies Hybridoma Bank (DSHB)
Total-OxPHOS	Ab110413	Abcam
Akt	9272	Cell Signaling
p-Akt	9275	Cell Signaling
p-mTOR	5536	Cell Signaling
mTOR	2972	Cell Signaling
MuRF1	PA5-76695	Invitrogen
Atrogin-1	Sc-33782	Santa Cruz
PGC-1α	ST1202-1SETCN	Calbiochem
HSP90	Ab13495	Abcam
β-Actin	4970	Sigma-Aldrich
GAPDH	LF-PA0212	Abfrontier

Table S2. The primer sequence for qRT-PCR

Gene		Sequences
<i>Tfam</i>	Forward	5'-CTGATGGCCATTACATGT-3'
	Reverse	5'-AAAGCCCGGAAGGTTAG-3'
<i>Atp5a</i>	Forward	5'-CGATCTATCCAAGCAGGCTGT-3'
	Reverse	5'-GCCACCCACCAAAGGAATCGT-3'
<i>UQCRC</i>	Forward	5'-GCACTTACGGTGGTGGAGTG-3'
	Reverse	5'-GGTACATAGGCGCATCCACTG-3'
<i>MTCO</i>	Forward	5'-CTACTATTGGAGCCTGAGC-3'
	Reverse	5'-GCATGGGCAGTTACGATAAC-3'
<i>SDHB</i>	Forward	5'-ACCCCTTCTCTGTCTACCG-3'
	Reverse	5'-AATGCTCGCTTCTCCTTAG-3'
<i>UCP2</i>	Forward	5'-ACTGTCGAAGCCTACAAGAC-3'
	Reverse	5'-CACCAAGCTCAGTACAGTTGA-3'
<i>PGC-1α</i>	Forward	5'-ATGTGTCGCCCTTCTGCTCT-3'
	Reverse	5'-CGGTGTCTGTAGTGGCTTGA-3'
<i>Atrogin-1</i>	Forward	5'-CAACATTAACATGTGGGTGTAT-3'
	Reverse	5'-GTCACTCAGCCTCTGCATG-3'
<i>Murfl</i>	Forward	5'-GAGAACCTGGAGAACGAGCT-3'
	Reverse	5'-CCCGGGTTGGTCCAGTAG-3'
<i>eMHC(Myh3)</i>	Forward	5'-CTTCACCTCTAGCCGGATGGT-3'
	Reverse	5'-AATTGTCAGGAGGCCACGAAAAT-3'
<i>Myogenin</i>	Forward	5'-ATCTCCGCTACAGAGGCAGGG-3'
	Reverse	5'-TAGGGTCAGGCCGCGAGCAAA-3'
<i>Mt-co1</i>	Forward	5'-CTACTATTGGAGCCTGAGC-3'
	Reverse	5'-GCATGGGCAGTTACGATAAC-3'
<i>β-Actin</i>	Forward	5'-CATTGCTGACAGGATGCAGAAGG-3'
	Reverse	5'-TGCTGGAAGGTGGACAGTGAGG-3'
<i>L32</i>	Forward	5'-GGCCTCTGGTGAAGCCCAAGATCG-3'
	Reverse	5'-CCTCTGGGTTCCGCCAGTTCGC-3'