

Region	Sampling location	N	Number of haplotypes	Haplotype diversity (Hd) ± SD	Nucleotide diversity ( $\pi$ ) ± SD
<b>A</b>					
Overall within BS lineage		96	20	0.598 ± 0.058	0.004 ± 0.0025
	Himmerfjarden	22	12	0.905 ± 0.044	0.003 ± 0.0004
	Baltic Sea	9	5	0.833 ± 0.098	0.006 ± 0.0020
	Riga	12	5	0.803 ± 0.09	0.003 ± 0.0007
	Luga	19	8	0.614 ± 0.130	0.015 ± 0.0120
	Vistula	4	4	1 ± 0.177	0.003 ± 0.0007
	Vyborg	30	8	0.467 ± 0.112	0.001 ± 0.0003
Overall within NSEC lineage		79	15	0.441 ± 0.071	0.002 ± 0.0006
	N. Dvina	3	2	0.667 ± 0.314	0.001 ± 0.0006
	Elbe	29	8	0.431 ± 0.116	0.001 ± 0.0004
	Scheldt	22	5	0.338 ± 0.128	0.001 ± 0.0003
	Seine	20	4	0.284 ± 0.128	0.003 ± 0.0020
	Tamar	5	2	0.400 ± 0.237	0.002 ± 0.0010
Overall within EAt lineage		40	16	0.814 ± 0.053	0.003 ± 0.0004
	Gironde	20	6	0.711 ± 0.089	0.002 ± 0.0004
	Loire	20	10	0.842 ± 0.061	0.003 ± 0.0006
<b>B</b>					
Overall within EU lineage		27	7	0.758 ± 0.065	0.003 ± 0.0004
	Scheldt	20	4	0.605 ± 0.101	0.002 ± 0.0004
	Oder	2	2	1 ± 0.500	0.004 ± 0.0019
	Feofania	3	2	0.667 ± 0.314	0.001 ± 0.0006
	Cheboksary	2	1		
Overall within TU lineage		3	2	0.667 ± 0.314	0.003 ± 0.0012