SUPPLEMENTARY FILE 1: INTERVIEW TOPIC GUIDE

**Main questions formed the core structure of the interview, further follow-up questions were put forward dependent on initial response.**

* How do you think using this platform has affected your rehabilitation?

*Example of follow-up questions:*

* *You say you think it has been beneficial, in what way?*
* *Why do you think that?*
* *How did it make you feel when doing that?*
* How did you find the system to use?

*Example of follow-up questions:*

* *What have you explored within the software?*
* *Describe how your skills in using the platform have changed from when you first received it to now?*
* *How did you feel when that happened?*
* *How confident would you feel in using this software for a further period of time independently?*
* What did you think about the way the information was presented in the app?

*Example of follow-up questions:*

* *Tell me what you understood the progress graphs to show you?*
* *What aspect of the presentation could be improved?*
* Did you encounter any difficulties whilst using the software, any tasks that you found difficult or technical issues?

*Example of follow-up questions:*

* *How did you feel when that happened?*
* *Do you remember what you were doing when that occurred?*
* Is there any way this system can be improved based on your experience?

*Example of follow-up questions:*

* *Are there any other features you would like to see?*
* *You say the sleeve isn’t easy to fit, what might make it easier?*
* Do you have any other thoughts about this system, or about using technology in healthcare?