

**Table S1.** Candidate predictors of exercise, fruit and vegetable consumption, BMI and diabetes from the literature compared to the predictors available in the BRFSS and synthetic microdata.

Predictors	Selected Predictors Identified from Literature Review				Predictors Available in the BRFSS and Synthetic Microdata	
	Exercise [1–15]	Fruit and vegetable consumption [16–22]	BMI [23–35]	Diabetes [36–45]		
Demographic and psychosocial	Sex	X	X	X	X	X
	Age	X	X	X	X	X
	Race/ethnicity	X	X	X	X	X
	Income	X	X	X	X	X
	Education	X	X	X	X	X
	Employment	X	X	X		X
	Smoking	X	X	X	X	X
	Alcohol	X		X	X	X
	Exercise		X	X	X	X
	Diet			X	X	X
	BMI	X	X		X	X
Social support	X	X				
Self-efficacy	X	X				
Marital status	X	X				
Motivation	X	X				
Family history diabetes				X		
Sleep	X		X			
Mental health	X		X			
Hypertension				X		
Hypocholesteremia				X		
Food Access		X	X			
Screen time (computer or TV)	X		X	X		
Green space	X		X			
Breastfeeding		X	X			

**Table S2.** Comparison of multivariable regressions coefficients predicting exercise, fruit and vegetable consumption, BMI and diabetes constructed from BRFSS data for Bristol County, MA (2005-2010) and New Bedford, MA (2005-2010).

**Table S2.** (a) Multivariable logistic regression for any exercise in past 30 days.

Covariate	Bristol County Model			New Bedford Model		
	Beta	Standard Error	p-value	Beta	Standard Error	p-value
Intercept	0.60	0.047	<.0001	0.62	0.067	<.0001
	Sex					
Male	0.086	0.021	<.0001	0.11	0.040	0.0062
	Age					
18-29	0.40	0.070	<.0001	0.34	0.12	0.0035
30-39	0.18	0.053	0.0005	0.29	0.096	0.0026
40-49	0.072	0.047	0.12	0.083	0.086	0.34
50-59	-0.040	0.043	0.35	-0.035	0.079	0.66
60-69	-0.077	0.045	0.087	-0.032	0.086	0.71

70-79	-0.12	0.053	0.020	-0.23	0.10	0.024	
Race/ethnicity							
Black, non-Hispanic	-0.021	0.096	0.83	0.051	0.12	0.68	
Hispanic	-0.35	0.072	<.0001	-0.40	0.10	<.0001	
Other (includes Asian)	0.24	0.083	0.0033	0.26	0.12	0.023	
Income							
< \$25,000	-0.20	0.032	<.0001	-0.23	0.060	<.0001	
\$25,000-34,999	-0.014	0.040	0.72	-0.0035	0.073	0.96	
Education							
< High school	-0.26	0.036	<.0001	-0.24	0.062	0.0001	
High school	-0.077	0.030	0.0075	-0.041	0.053	0.44	
Smoking							
Current	-0.30	0.032	<.0001	-0.27	0.058	<.0001	
Former	0.096	0.030	0.0015	0.081	0.059	0.17	
Alcohol							
At least 1 drink in past days	30	0.25	0.021	<.0001	0.22	0.040	<.0001

**Bristol PROC LOGISTIC:** exercise = sex + age + race + income + education + smoking + alcohol

**New Bedford PROC LOGISTIC:** exercise = sex + age + race + income + education + smoking + alcohol

Reference: female, age 80-99, White Non-Hispanic, 35k and over, above high school education, never smoked, no alcoholic drinks in past 30 days

**Table S2.** (b) Multivariable logistic regression of daily fruit and vegetable consumption:

Covariate	Bristol County Model			New Bedford Model		
	Beta	Standard Error	p-value	Beta	Standard Error	p-value
Intercept	-1.5	0.079	<.0001	-1.5	0.12	<.0001
Sex						
Male	-0.29	0.033	<.0001	-0.16	0.065	0.016
Age						
18-29	-0.14	0.10	0.17	-0.22	0.18	0.23
30-39	-0.35	0.083	<.0001	-0.18	0.15	0.24
40-49	-0.13	0.073	0.069	-0.049	0.14	0.72
50-59	0.052	0.065	0.43	0.040	0.13	0.75
60-69	0.062	0.071	0.38	-0.12	0.15	0.43
70-79	0.16	0.083	0.057	0.041	0.16	0.80
Race/ethnicity						
Black, non-Hispanic	0.21	0.14	0.15	0.40	0.19	0.031
Hispanic	0.20	0.12	0.10	-0.04	0.18	0.84
Other (includes Asian)	-0.19	0.14	0.17	-0.26	0.20	0.20
Income						
< \$25,000	0.051	0.055	0.36	0.14	0.010	0.16
\$25,000-34,999	-0.17	0.067	0.012	-0.11	0.13	0.37
Education						
< High school	-0.18	0.067	0.0062	-0.11	0.11	0.32

High school	0.000039	0.050	0.99	-0.090	0.092	0.33
		Smoking				
Current	-0.30	0.058	<.0001	-0.28	0.11	0.0076
Former	0.078	0.049	0.11	0.031	0.096	0.75
		Exercise				
Any exercise in past 30 days	0.33	0.039	<.0001	0.28	0.071	<.0001

**Bristol PROC LOGISTIC:** fruit and vegetable consumption = sex + age + race + income + education + smoking + exercise

**New Bedford PROC LOGISTIC:** fruit and vegetable consumption = sex + smoking + exercise

Reference: female, age 80-99, White Non-Hispanic, 35k and over, above high school education, never smoked, no exercise in past 30 days

**Table S2. (c) Multivariable Linear Regression Model of BMI:**

Covariate	Bristol County Model			New Bedford Model		
	Beta	Standard Error	p-value	Beta	Standard Error	p-value
Intercept	7.8	0.011	<.0001	7.9	0.022	<.0001
		Sex				
Male	0.036	0.0048	<.0001	0.0095	0.0096	0.33
		Age				
18-29	0.047	0.012	<.0001	0.045	0.023	0.049
30-39	0.093	0.011	<.0001	0.092	0.022	<.0001
40-49	0.094	0.011	<.0001	0.086	0.021	<.0001
50-59	0.11	0.010	<.0001	0.12	0.020	<.0001
60-69	0.11	0.010	<.0001	0.10	0.021	<.0001
70-79	0.079	0.011	<.0001	0.065	0.022	0.0026
		Income				
< \$25,000	0.021	0.0061	0.0005	0.017	0.011	0.13
\$25,000-34,999	0.010	0.0076	0.20	0.0049	0.015	0.74
		Education				
< High school	0.034	0.0074	<.0001	0.023	0.013	0.095
High school	0.022	0.0055	<.0001	0.017	0.011	0.11
		Smoking				
Current	-0.051	0.0062	<.0001	-0.059	0.012	<.0001
Former	0.0076	0.0055	0.17	0.010	0.011	0.37
		Alcohol				
At least 1 drink in past 30 days	-0.030	0.0050	<.0001	-0.032	0.0098	0.0012
		Exercise				
Any exercise in past 30 days	-0.043	0.0053	<.0001	-0.048	0.010	<.0001
		Fruit and vegetable consumption				
5 or more servings of fruit daily	-0.020	0.0055	0.0007	-0.019	0.011	0.079

**Bristol PROC GLM:** Log(BMI) = sex + age + income + education + smoking + alcohol + exercise + fruit and vegetable consumption

**New Bedford PROC GLM:** Log(BMI) = age + education + employment + smoking + alcohol + exercise + fruit and vegetable consumption

Reference: female, age 80-99, 35k and over, above high school education, unemployed, never smoked, no alcoholic drinks in past 30 days, no exercise in past 30 days, 0-5 servings of fruits/vegetables dail

**Table S2.** (d) Multivariable logistic regression for diabetes.

Covariate	Bristol County Model			New Bedford Model		
	Beta	Standard Error	p-value	Beta	Standard Error	p-value
Intercept	-2.4	0.11	<.0001	-2.4	0.19	<.0001
	Sex					
Male	0.21	0.031	<.0001	0.14	0.057	0.017
	Age					
18-29	-1.65	0.22	<.0001	-1.4	0.30	<.0001
30-39	-0.93	0.12	<.0001	-0.99	0.20	<.0001
40-49	-0.29	0.087	0.0007	-0.25	0.15	0.08
50-59	0.44	0.068	<.0001	0.53	0.11	<.0001
60-69	0.72	0.067	<.0001	0.47	0.12	<.0001
70-79	0.99	0.074	<.0001	0.85	0.13	<.0001
	Race/ethnicity					
Black, non-Hispanic	0.071	0.14	0.62	0.17	0.18	0.36
Hispanic	0.19	0.11	0.074	0.22	0.15	0.14
Other (includes Asian)	-0.11	0.12	0.37	-0.30	0.17	0.09
	Income					
< \$25,000	0.27	0.044	<.0001	0.30	0.081	0.0002
\$25,000-34,999	-0.068	0.058	0.24	-0.11	0.11	0.33
	Smoking					
Current	-0.057	0.051	<.0001	-0.15	0.091	0.09
Former	0.17	0.042	<.0001	0.30	0.078	0.0001
	Alcohol					
At least 1 drink in past 30 days	-0.36	0.032	<.0001	-0.40	0.060	<.0001
	Exercise					
Any exercise in past 30 days	-0.083	0.031	0.0069	-0.0011	0.056	0.98
	BMI category					
Obese (BMI >=30)	0.91	0.090	<.0001	0.89	0.17	<.0001
Overweight (30>BMI >= 25)	0.054	0.091	0.55	-0.053	0.18	0.76
Normal Weight (18.5<= BMI <25)	-0.53	0.097	<.0001	-0.46	0.18	0.013

**Bristol PROC LOGISTIC:** diabetes = sex + age + race + income + smoking + alcohol + exercise + BMI category

**New Bedford PROC LOGISTIC:** diabetes= sex + age + income + smoking + BMI category

Reference: female, age 80-99, White Non-Hispanic, 35k and over, never smoked, no alcoholic drinks in past 30 days, no exercise in past 30 days, underweight (BMI <18.5)

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