

Programa Esperanza (Project Hope)

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The primary aim of the study is to test the comparative effectiveness of Programa Esperanza (Project Hope) and enhanced usual care (EUC). Programa Esperanza is a short-term, culturally modified psychosocial intervention for Spanish-speaking Latino patients 55 years of age or older with depression and multiple medical conditions. Our long-term goal is to widely disseminate the results and actionable steps needed to increase the adoption and sustainability of evidence-based behavioral health practices for low-income, Limited-English-speaking geriatric populations.



Clinical Intervention Development. 2018. Available online: <https://roybal.usc.edu/research-overview/intervention-development/> (accessed on 2 April 2018).