|  |  |
| --- | --- |
|  | **Per 100 gm** |
| Moisture, g | 8.8 |
| Protein, g | 3.0 |
| Fat, g | 20.5 |
| Saturated fat, g | 12.8 |
| Total carbohydrate, g | 65.9 |
| Amylose, g | 20.6 |
| Sugar, g | 25.0 |
| Cholesterol, mg | 45 |
| Sodium, mg | 222 |