

Kimberley Mum’s Mood Scale Part 2

Refer to the KMMS Manual for information on how to facilitate the yarn, guidelines for administration, examples of enquiring/exploring questions for each psychosocial domain, how to determine overall risk, and options for follow-up actions.

PART 1 SCORE:

NAME:

DOB:

DATE:

EXPLORE THE WOMAN’S STORY, NOTING THE SITUATION AND HER PROTECTIVE AND RISK FACTORS

SUPPORT:

MAJOR STRESSORS:

SELF-ESTEEM / ANXIETY:

RELATIONSHIPS:

CHILDHOOD EXPERIENCES:

SUBSTANCE MISUSE:

SOCIAL, EMOTIONAL AND CULTURAL WELLBEING:

OVERALL RISK OF DEPRESSION AND/OR ANXIETY (PLEASE TICK)		
Consider Part 1 score and the risk and protective factors identified during Part 2 in determining overall risk		
LOW	Self-care recommended	
MODERATE	Clinical assessment within 1 week	
HIGH	Clinical assessment required within 48–72 hours	
IMMEDIATE CONCERNS	Clinical handover required immediately	

FOLLOW-UP ACTIONS: Explore relevant referrals, or next steps with the woman.