

**Table S1.** The Spearman correlation among the covariates.

	Age	Gender	Marital status	Education	Occupation	Income	Diabetes	High TC	Smoking	Drinking	Added salts	BMI
<b>Overall (N=2203)</b>												
Gender	-.129											
Marital status	<b>.335</b>	-.102										
Education	-.281	.149	-.206									
Occupation	<b>-.311</b>	.082	-.142	-.022								
Income	-.168	.070	.052	.185	-.042							
Diabetes	.208	-.011	.052	-.048	-.114	.004						
High TC	.208	.003	.117	-.027	-.151	.006	<b>.347</b>					
Smoking	-.002	<b>.505</b>	.059	-.017	.065	.026	-.010	.007				
Drinking	-.109	<b>.531</b>	-.055	.126	.096	.090	-.054	.002	<b>.431</b>			
Added salts	-.028	-.033	.001	-.013	.042	-.030	-.003	.007	-.015	.015		
BMI	.066	.056	.062	-.054	-.041	-.037	.079	.182	.008	.011	-.011	
Abdominal obesity	.174	-.079	.155	-.058	-.036	-.004	.136	.177	-.014	-.040	-.112	.181
<b>Women (N=1285)</b>												
Marital status	.285											
Education	<b>-.313</b>		-.233									
Occupation	<b>-.350</b>		-.125	.058								
Income	-.169		.021	.211	-.025							
Diabetes	.219		.044	-.099	-.131	-.003						
High TC	.236		.092	-.061	-.164	-.025	<b>.352</b>					
Added salts	-.007		.012	-.002	.045	-.035	.048	.029				
BMI	.130		.091	-.092	-.075	-.071	.087	.163			-.010	
Abdominal obesity	.148		.133	-.030	.009	-.005	.143	.166			-.110	.169
<b>Men (N=918)</b>												
Marital status	<b>.380</b>											
Education	-.201		-.147									
Occupation	-.235		-.147	-.174								
Income	-.147		.110	.118	-.085							
Diabetes	.197		.061	.037	-.085	.015						
High TC	.175		.150	.026	-.138	.052	<b>.340</b>					
Smoking	.106		.185	-.178	.055	-.013	-.024	.001				
BMI	-.002		.045	-.025	-.010	.002	.070	.207	-.038			
Abdominal obesity	.187		.168	-.075	-.089	.011	.123	.194	.045			.209

Abbreviations: TC, total cholesterol; CVD, cardiovascular disease; BMI, body mass index.