

Table S1. The means of Z scores of body weight, height, and body mass index during 2012–2018.

| | Descriptive Analysis, Z Score Mean (SE) | | | Analysis Using GEE, Z Score Mean (SE) | | |
|-------------|--|--------------|--------------|--|--------------|--------------|
| | BW | BH | BMI | BW | BH | BMI |
| 2012 | -1.71 (0.08) | -1.73 (0.08) | -0.99 (0.07) | -1.47 (0.07) | -1.44 (0.07) | -0.85 (0.06) |
| 2013 | -1.43 (0.09) | -1.61 (0.08) | -0.84 (0.06) | -1.31 (0.06) | -1.37 (0.07) | -0.71 (0.05) |
| 2014 | -1.22 (0.09) | -1.37 (0.08) | -0.91 (0.06) | -1.24 (0.07) | -1.20 (0.07) | -0.79 (0.05) |
| 2015 | -1.01 (0.09) | -1.32 (0.07) | -0.76 (0.05) | -1.09 (0.07) | -1.18 (0.07) | -0.67 (0.05) |
| 2016 | -0.89 (0.08) | -1.27 (0.07) | -0.64 (0.05) | -0.90 (0.06) | -1.16 (0.06) | -0.54 (0.05) |
| 2017 | -0.76 (0.08) | -1.14 (0.07) | -0.66 (0.05) | -0.86 (0.06) | -1.10 (0.06) | -0.58 (0.05) |
| 2018 | -0.57 (0.08) | -0.92 (0.07) | -0.66 (0.05) | -0.74 (0.07) | -0.92 (0.06) | -0.63 (0.05) |

BW: body weight, BH: body height, BMI: body mass index, SE: standard error, GEE: generalized estimating equation.

Table S2. Annual growth rates of body height stratified by age and gender.

| Age (years) | | BH Change (cm/year) | | | |
|-------------|----|---------------------|--------|-----------|--------|
| From | To | Boys | | Girls | |
| | | Mean (SE) | | Mean (SE) | |
| 4 | 5 | 5.97 | (0.37) | 6.03 | (0.69) |
| 5 | 6 | 5.99 | (0.21) | 6.39 | (0.35) |
| 6 | 7 | 5.75 | (0.26) | 6.07 | (0.24) |
| 7 | 8 | 5.50 | (0.36) | 5.76 | (0.23) |
| 8 | 9 | 4.67 | (0.37) | 6.01 | (0.20) |
| 9 | 10 | 5.32 | (0.16) | 6.34 | (0.23) |
| 10 | 11 | 5.96 | (0.27) | 6.52 * | (0.21) |
| 11 | 12 | 5.50 | (0.25) | 6.51 * | (0.24) |
| 12 | 13 | 6.75 | (0.41) | 5.77 | (0.27) |
| 13 | 14 | 7.07 * | (0.40) | 4.36 | (0.30) |
| 14 | 15 | 7.02 * | (0.56) | 2.77 | (0.31) |
| 15 | 16 | 4.25 | (0.89) | 1.95 | (0.30) |
| 16 | 17 | 4.54 | (1.28) | 1.14 | (0.32) |
| 17 | 18 | 3.39 | (3.68) | 2.25 | (0.81) |

* the 2 years with the maximum growth rates for boys and girls. BH: body weight, SE: standard error.