

Table 1. Detailed statistical results for mixed model ANOVAs comparing PPA vs Non-PPA FCCHs.

Physical activity practice	# sedentary bouts (n)				SED time in short bouts (min)				SED time in medium bouts (min)			
	F-Stat	df	<i>P</i>	d	F-Stat	df	<i>P</i>	d	F-Stat	df	<i>P</i>	d
Structured PA (adult-led) is provided for all children daily	0.12	1,122	0.725	0.06	0.13	1,122	0.716	0.07	0.26	1,122	0.609	0.09
Outdoor active play is provided for all children daily	8.46	1,122	0.004	0.64	6.01	1,122	0.016	0.54	0.76	1,122	0.385	0.19
Children are seated (excluding nap time) more than 30 minutes at a time once per week or less	7.74	1,122	0.006	0.52	5.83	1,122	0.017	0.45	9.81	1,122	0.002	0.59
Children are allowed to watch TV, videos or play video games less than 4 times per week	0.45	1,122	0.505	0.12	0.67	1,122	0.413	0.15	0.03	1,122	0.867	0.03
Children may use a computer for educational purposes or games less than 4 times per week	11.52	1,122	<0.001	0.74	13.3	1,122	<0.001	0.79	0.20	1,122	0.653	0.10
Fixed play equipment (swings, slides, overhead ladders) is suitable and available	5.82	1,122	0.017	0.48	2.69	1,122	0.104	0.33	2.51	1,122	0.116	0.31
Active play using portable play equipment is provided daily	6.54	1,122	0.012	0.47	5.25	1,122	0.024	0.42	4.11	1,122	0.044	0.38
Indoor play space is available and suitable for all activities	1.56	1,122	0.215	0.26	1.46	1,122	0.230	0.25	6.06	1,122	0.015	0.52
Provider often or always plays with children during active (free) play time	10.66	1,122	0.001	0.59	11.72	1,122	0.001	0.62	7.48	1,122	0.007	0.50
Provider receives training or attend workshops on PA at least once a year	1.37	1,122	0.245	0.24	1.55	1,122	0.216	0.25	1.19	1,122	0.278	0.22
Provider reads books and plays games with PA or exercise themes	5.30	1,122	0.023	0.46	7.69	1,122	0.006	0.56	0.31	1,122	0.581	0.11
Education about PA is offered to parents through flyers, handouts, newsletters	7.42	1,122	0.007	0.55	5.01	1,122	0.027	0.45	4.42	1,122	0.038	0.42
Provider has a comprehensive written policy on PA	0.01	1,122	0.908	0.03	0.00	1,122	0.991	0.00	1.45	1,122	0.231	0.26
Four or more significant PPA characteristics	29.53	1,122	<0.001	1.50	26.25	1,122	<0.001	1.41	16.80	1,122	<0.001	1.10