

Table S1. Final evaluation of the included studies (according to the method used by Lockwood [1].

Quote	Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10
Anderson et al. 2006 [2]	Y	Y	Y	Y	Y	N	Y	Y	N	Y
Anthony et al., 2017 [3]	Y	Y	Y	Y	Y	N	Y	Y	Y	Y
Cosgrove & Flynn, 2005 [4]	N	Y	Y	NC	Y	N	Y	Y	N	NC
Haskett et al., 2018 [5]	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Holtrop et al., 2015 [6]	Y	Y	Y	Y	Y	N	Y	Y	Y	NC
Lindsey, 1997 [7]	Y	Y	Y	Y	Y	N	N	Y	N	NC
Morris & Butt, 2003 [8]	N	Y	Y	Y	Y	N	Y	Y	Y	Y
Roche et al., 2018 [9]	Y	Y	Y	Y	Y	N	Y	Y	Y	Y
Sylvestre et al., 2018 [10]	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Tischler et al., 2004 [11]	Y	Y	Y	NC	Y	N	Y	NC	Y	N
Vanleit et al., 2006 [12]	Y	Y	Y	Y	Y	N	Y	Y	Y	N
% Yes	81.82	100	100	81.82	100	18.18	90.91	90.91	72.73	54.55

N — No; NC — Not Conclusive; Y — Yes.

Q1. Is there congruence between the declared philosophical perspective and the research methodology? Q2. Is there consistency between the research methodology and the research's question(s)/objective(s)? Q3. Is there consistency between the research methodology and the data collection methods? Q4. Is there congruence between the research methodology and the data's representation and analysis? Q5. Is there congruence between the research methodology and the results' interpretation? Q6. Is there a statement that contextualises the researcher from a cultural or theoretical point of view? Q7. Are the researcher's influence in the research and the inverse phenomenon addressed? Q8. Are the participants and their opinions adequately represented? Q9. Is the research considered ethical, according to the current criteria, or, for recent studies, is there evidence of ethical approval by an appropriate committee? Q10. Do the conclusions drawn in the research report derive from the data's analysis/interpretation? **Note:** Q1, Q2, Q3, etc., refer to the questions included in the JBI Critical Appraisal Checklist for Qualitative Research [1].

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