

SUPPLEMENTAL MATERIAL

Supplemental Table S1. Socio-demographic characteristics of the sample.

Outcome	Category	n	%
Age	20-29	14	17.5
	30-39	31	38.8
	40-49	23	28.8
	50-59	11	13.8
	Over 60	1	1.3
Gender	Male	12	15
	Female	68	85
Educational level	Music Therapy Masters Degree (60ECTS)	65	81.3
	Music Therapy Degree (Foreign country)	3	3.8
	Others	12	15
Marital status	Single	18	22.5
	With stable partner	41	51.3
	Without stable partner	1	1.3
	Married or civil partner	19	23.8
	Widowed (less that 2 years ago)	1	1.3
Region of employment	Andalucía	8	10
	Aragón	7	8.8
	Asturias	4	5
	Castilla La Mancha	3	3.8
	Castilla and León	3	3.8
	Ceuta	1	1.3
	Extremadura	14	17.5
	Galicia	2	2.5
	Balearic Islands	10	12.5
	Canary Islands	4	5
	La Rioja	1	1.3
	Madrid	12	15
	Murcia	1	1.3
	Basque Country	1	1.3
	Valencia	9	11.3

Supplemental Table S2. Socio-occupational characteristics of the sample (part 1) and the relationship with the Maslach's scores and the level of satisfaction.

Outcome.	Category/option	n	%	Maslach Mean Score (SD)	p-value	Mean Job Satisfaction (SD)	p-value
Combines working as a music therapist with other jobs.	Yes	61	76.3	62.23 (13.79)	0.165 ^a	73.74(20.36)	0.904 ^a
	No	19	23.8	67.31 (13.81)		73.11 (17.86)	
Duties performed at the workplace	Care duties	48	60	62.15 (13.06)	0.449 ^b	70.63 (18.75)	0.111 ^b
	Administration and management	5	6.3	61 (12.1)		67.6 (17.95)	
	Care duties and Administration/ management	27	33.8	66.19 (15.58)		79.96 (20.67)	
Type of contract	Fixed term contract	13	16.3	54.38 (10.14)	0.001^b	77 (18.76)	0.041^b
	Indefinite contract	20	25	67.45 (13.98)		69.35 (22.24)	
	Short-term contract	6	7.5	63.17 (10.01)		62.17 (23.22)	
	Trainee contract	3	3.8	90 (8.89)		55 (13.23)	
	For specific work and services	6	7.5	59.67 (9.83)		64.33 (17.91)	
	Self-employed	32	40	62.88 (13.36)		80.47 (16.05)	
Length of service in the profession	Less than 1 year	13	16.3	69.46 (18.26)	0.067 ^b	68.69 (19.67)	0.258 ^b
	1-4 years	37	46.3	59.43 (13.49)		70.19 (19.04)	
	5-9 years	14	17.5	69.79 (11.31)		77.79 (20.3)	
	10-19 years	11	13.8	62.64 (8.54)		81.18 (22.59)	
	20-29 years	5	6.3	61.4 (12.48)		83 (10)	
Length of time in current position	Less than 1 year	12	15	67.17 (16.97)	0.651 ^b	67.25 (23.21)	0.070 ^b
	1-4 years	38	47.5	61.92 (12.51)		68.97 (18.6)	
	5-9 years	11	13.8	66.82 (14.78)		80.55 (14.28)	
	10-19 years	17	21.3	63.09 (14.62)		81.18 (19.34)	
	20-29 years	1	1.3	62 (--)		94 (--)	
	Over 30 years	1	1.3	47 (--)		99 (--)	
Working hours	Less than 5 hours a week	26	32.5	65.69 (15.5)		64 (20.35)	
	Between 5 and 10 hours a week	15	18.8	58.27 (14.39)		74.87 (26.44)	

	Between 10 and 20 hours a week	18	22.5	65.28 (14.62)	0.377 ^b	74.83 (13.5)	0.016^b
	Between 20 and 40 hours a week	15	18.8	64.8 (10.73)		82.73 (10.53)	
	Over 40 hours a week	6	7.5	57.67 (7.06)		85.33 (16.17)	
Working shift	Morning	20	25	57.45 (14.59)		70.55 (19.78)	
	Afternoon-evening	29	36.3	69.07 (14.78)		68.79 (20.91)	
	Night	1	1.3	50 (--)		86 (--)	0.234 ^b
	Rotating shift, morning-afternoon on week days.	16	20	62.75 (12.11)		78.19 (18.73)	
	Rotating shift, morning-afternoon-evening-nights on week days.	1	1.3	52 (--)	0.071 ^b	102 (--)	
	Rotating shift, morning-afternoon on weekends or bank holidays.	11	13.8	64.64 (8.19)		82.55 (16.01)	
	Rotating shift, morning-afternoon-evening-nights on weekends and bank holidays.	2	2.5	53 (0)		67 (0)	

Note: SD: Standard Deviation.

Supplemental Table S3. Socio-occupational characteristics (part 2) and the relationship with the Maslach's scores and the level of satisfaction.

Outcome	Category/option	n	%	Maslach Mean Score (SD)	p-value	Mean Job Satisfaction (SD)	p-value
Provides training	Yes	40	50	67 (13.57)		75.53 (18.76)	
	No	40	50	59.88 (13.42)	0.021^a	71.65 (20.62)	0.382 ^a
Working in antnatal care	No	73	91.3	63.73 (14.16)		72.79 (19.59)	
	Yes	7	8.8	60.43 (10.91)	0.552 ^a	81.86 (20.29)	0.247 ^a
Working in premature paediatric intensive care units	No	75	93.8	62.99 (14.13)	0.263 ^a	73.17 (20.22)	
	Yes	5	6.3	70.2 (7.05)		79.8 (6.38)	0.100 ^c
Working in early stimulation	No	67	83.8	63.36 (14.46)		73.24 (19.41)	
	Yes	13	16.3	63.85 (10.89)	0.909 ^a	75.38 (21.78)	0.722 ^a
Working in early care intervention	No	66	82.5	64.35 (14.48)		72.26 (19.64)	
	Yes	14	17.5	59.14 (9.9)	0.115 ^c	79.86 (19.37)	0.191 ^a
Working in the field of disability	No	44	55	63.66 (14.92)		68.66 (21.37)	
	Yes	36	45	63.17 (12.7)	0.876 ^a	79.61 (15.67)	0.010^c
Working in the field of education	No	41	51.3	62.29 (14.36)	0.453 ^a	79.37 (18.14)	
	Yes	39	48.8	64.64 (13.44)		67.51 (19.63)	0.006^a
Working in the field of mental health	No	68	85	62.51 (14.19)	0.158 ^a	71.49 (19.79)	
	Yes	12	15	68.67 (11.09)		85.5 (14.72)	0.022^a
Working in a hospital setting	No	69	86.3	63.7 (13.91)	0.680 ^a	79.99 (20.19)	
	Yes	11	13.8	61.82 (14.26)		83.64 (12.67)	0.068 ^a
Working in a community setting	No	75	93.8	63.2 (14.18)	0.557 ^a	73.89 (19.35)	
	Yes	5	6.3	67 (8.28)		69 (26.45)	0.594 ^a
Working in the field of geriatrics	No	62	77.5	63.02 (13.59)	0.617 ^a	72.65 (21.31)	
	Yes	18	22.5	64.89 (15.16)		76.83 (12.51)	0.301 ^c
Working in the field of neurorehabilitation	No	62	77.5	63.81 (14.41)	0.662 ^a	73.98 (20.34)	
	Yes	18	22.5	62.17 (12.15)		72.28 (17.7)	0.751 ^a
	No	76	95	63.49 (14.16)	0.891 ^a	74.36 (19.4)	

Working in the field of Fibromyalgia and chronic pain	Yes	4	5	62.5 (7.94)		59 (22.32)	0.129 ^a
Working in the field of palliative care	No	74	92.5	62.65 (13.48)	0.074 ^a	72.97 (19.71)	
	Yes	6	7.5	73.17 (16.41)		81.17 (19.43)	0.330 ^a
Type of working centre	Public	26	32.5	66.92 (17.54)		68.23 (20.86)	
	Private	50	62.5	62.26 (11.65)	0.193 ^b	76.06 (19.4)	
	Non governmental organisation	4	5	55.5 (9)		77.5 (7.68)	
Combines music therapy with other jobs	Yes, regularly	44	55	64.84 (15.45)		70.02 (21.38)	
	Yes, occasionally	21	26.3	63.9 (13.74)	0.330 ^b	71.48 (17.46)	
	No	15	18.8	58.67 (7.35)		87 (10.39)	
Intention to leave the job	Yes	20	25	67.6 (14.87)	0.122 ^a	58.6 (17.8)	<0.001 ^a
	No	60	75	62.05 (13.38)		78.58 (17.76)	
Maintains the enthusiasm for working in the current position	Yes	38	47.5	63.08 (14.68)	0.116 ^b	73.92 (19.84)	
	No, it has increased	18	22.5	58.67 (12.79)		87.39 (16.17)	<0.001 ^b
	No, it has decreased	24	30	67.58 (12.57)		62.71 (15.22)	
Receives training	Yes	78	97.5	63.01 (13.77)		73.91 (19.19)	0.363 ^a
	No	2	2.5	80 (7.07)	0.088 ^a	61 (43.84)	
Number of patients treated individually per week	0-5	56	70	60.68 (13.37)		71.59 (18.85)	0.097 ^b
	6-10	17	21.3	74.59 (12.17)	0.001 ^b	74 (23.05)	
	Over 10	7	8.8	58.43 (7.16)		88.57 (11.37)	
Number of patients treated in groups per week	0-10	43	53.8	63.91 (15.27)		73.51 (21.8)	0.975 ^b
	11-20	15	18.8	64.47 (12.89)	0.810 ^b	72.8 (22.18)	
	Over 20	22	27.5	61.82 (11.99)		74.27 (13.36)	
Feels valued by colleagues	Yes	77	96.3	63.6 (13.97)	0.605 ^a	74.14 (19.86)	
	No	3	3.8	59.33 (13.05)		59.33 (2.31)	<0.001 ^c
Feels valued by the centre's director (n=79)	Yes	64	81	62.47 (13.87)	0.221 ^a	77.55 (17.76)	
	No	15	19	67.4 (14.13)		54.6 (15.45)	<0.001 ^a

Often works with a therapeutic colleague	Yes	15	18,8	71.27 (19.84)	0.046 ^b	68.33 (25.03)	0.234 ^b
	No	44	55	62.18 (11,86)		72.66 (19.93)	
Sometimes		21	26.3	(60.48 (11,12)		79.29 (13.48)	
Taking medically prescribed psychotropic medication (n=79)	Yes	11	13.9	57.55 (8,09)	0.034 ^c	63.91 (21.41)	0.074 ^a
	NO	68	86.1	64.34 (14.52)		75.35 (19.16)	

^at-Student assuming equality of variances by Levene's test.; ^bANOVA ;^ct-Student without assuming equality of variances by Levene's test.

Supplemental Table S4. Results of the normality tests.

	Z de Kolmogorov-Smirnov	p-value	Normal
MBI	0.916	0.372	Yes
MBI Emotional exhaustion	1.571	0.014	No
MBI Depersonalisation	2.308	0.000	No
MBI Personal accomplishment	1.139	0.150	Yes
GS of Total satisfaction	1.030	0.239	Yes
GS of Extrinsic satisfaction	1.208	0.108	Yes
GS of Intrinsic satisfaction	0.980	0.292	Yes

Note: BS: Burnout Syndrome; MBI: Maslach Burnout Inventory; GS: General Scale.