

Table S1. Descriptive statistics and between-group analyses for primary and secondary outcomes in completers approach (without imputation of missing data).

	FIBROWALK + TAU (<i>n</i> =75)		TAU (<i>n</i> =76)		<i>F</i>	<i>p</i>	<i>d</i>
	Baseline	Post	Baseline	Post			
Primary Outcome, M ± SD							
FIQR	68.97 ± 15.94	61.68 ± 19.53	72.72 ± 16.08	72.98 ± 17.86	9.272	0.003	0.468
Secondary Outcomes, M ± SD							
TSK	28.07 ± 7.71	22.78 ± 7.71	29.11 ± 8.13	29.08 ± 7.45	20.938	<0.001	0.656
HADS Anxiety	12.65 ± 4.90	11.50 ± 5.01	12.86 ± 4.30	13.21 ± 4.67	6.025	0.016	0.328
HADS Depression	11.48 ± 5.18	9.39 ± 5.53	12.18 ± 4.52	12.32 ± 4.73	11.498	0.001	0.463
SF-PF	29.02 ± 15.97	47.61 ± 20.73	30.99 ± 18.28	33.94 ± 18.55	24.782	<0.001	0.892

Note: Statistically significant effects are **shown** in bold ($p \leq 0.05$). When the Benjamini–Hochberg correction was applied to correct for multiple comparisons, all significant effects remained significant. FIQR: Revised Fibromyalgia Impact Questionnaire; HADS: Hospital Anxiety and Depression Scale; ISPS: Illness Self-Perceived Start; SF-PF: Physical Functioning component of the 36-Item Short Form Survey; TSK: Tampa Scale for Kinesiophobia.