

<i>Non-drinker/Mild</i>	29	1.67	0.87	1.33	0.76	-	-0.616	-0.075	0.705
	8	2	2	3	0.345				
<i>Moderate/Heavy</i>	59	1.88	1.44	1.44	1.05	-	-0.896	0.007	
	5	0	0	2	0.444				
Salads at 12 months									
<i><1/week or never</i>	34	1.71	1.46	1.17	0.81	-	-1.104	0.015	0.505
	8	8	4	9	0.544				
<i>1-3/week or more</i>	54	1.87	1.15	1.55	1.02	-	-0.708	0.052	
	8	6	0	4	0.328				
Green Salads & Veggies. at baseline									
<i>Salads/vegs <1/week or never</i>	39	1.71	1.42	1.21	0.81	-	-0.967	-0.038	0.609
	5	4	2	2	0.502				
<i>Both 1-3+/week</i>	49	1.89	1.16	1.55	1.05	-	-0.774	0.095	
	7	1	8	1	0.339				
Green Salads & Veggies. post 12 months									
<i>Salads/vegs <1/week or never</i>	36	1.68	1.43	1.18	0.80	-	-1.032	0.035	0.648
	1	4	2	7	0.498				
<i>Both 1-3+/week</i>	52	1.91	1.16	1.55	1.03	-	-0.743	0.040	
	0	6	9	7	0.351				
Cigs/day now at baseline (q24b)									
<i>>0 to 5</i>	17	2.81	1.59	1.92	1.35	-	-2.051	0.271	0.048
	1	8	1	1	0.890				
<i>>5 -10</i>	42	1.37	0.75	1.36	0.87	-	-0.302	0.273	
	9	9	4	9	0.015				
<i>>10</i>	29	1.86	1.37	1.16	0.69	-	-1.258	-0.154	
	7	7	1	4	0.706				
Cigs/day now at 12 months									
<i>0</i>	21	1.89	1.18	1.84	1.35	-	-0.787	0.690	0.447
	6	5	7	5	0.049				
<i>>0 to 5</i>	48	1.88	1.40	1.28	0.81	-	-1.043	-0.159	
	9	9	8	9	0.601				
<i>>5 -10</i>	14	1.65	1.19	1.16	0.50	-	-1.165	0.193	
	0	3	4	8	0.486				
<i>>10</i>	5	1.24	0.21	1.33	0.92	0.092	-1.031	1.214	
	8	7	9	6					
<i>0</i>	21	1.89	1.18	1.84	1.35	-	-0.787	0.690	0.197
	6	5	7	5	0.049				
<i>>0</i>	67	1.79	1.31	1.26	0.76	-	-0.871	-0.180	
	2	5	6	4	0.525				

SD: standard deviation, 95% CI: 95% confidence interval.

P: p value from two-sample t test, except # a p value from a paired t test.

<i>Non-drinker/Mild</i>	19	363.	411.	173.	192.	-	-349.3	-31.3	0.041
		3	4	0	5	190.3			
<i>Moderate/Heavy</i>	36	223.	256.	209.	224.	-13.8	-76.0	48.5	
		0	8	2	3				
<i>Difference between means</i>						-	-345.1	-8.0	
						176.5			
Salads at 12 months									
<i><1/week or never</i>	20	310.	406.	195.	189.	-	-272.5	42.9	0.452
		2	1	4	1	114.8			
<i>1-3/week or more</i>	35	249.	266.	197.	227.	-51.9	-119.7	15.9	
		3	7	4	8				
Green Salads & Veggies. at baseline									
<i>Salads/vegs <1/week or never</i>	23	287.	383.	213.	199.	-74.0	-220.3	72.4	0.986
		3	2	3	9				
<i>Both 1-3+/week</i>	32	260.	275.	184.	223.	-75.3	-140.4	-10.2	
		1	9	8	9				
Green Salads & Veggies. post 12 months									
<i>Salads/vegs <1/week or never</i>	20	310.	406.	195.	189.	-	-272.5	42.9	0.452
		2	1	4	1	114.8			
<i>Both 1-3+/week</i>	35	249.	266.	197.	227.	-51.9	-119.7	15.9	
		3	7	4	8				
Cigs/day now at baseline (q24b)									
<i>>0 to 5</i>	10	90.6	93.8	83.2	98.0	-7.4	-97.1	82.2	0.550
<i>>5 -10</i>	26	276.	223.	206.	207.	-69.6	-166.6	27.3	
		6	2	9	2				
<i>>10</i>	19	359.	459.	242.	248.	-	-272.6	38.2	
		6	4	5	6	117.2			
Cigs/day now at 12 months									
<i>0</i>	17	319.	435.	116.	184.	-	-396.7	-8.1	Ref.
		3	6	9	3	202.4			
<i>>0 to 5</i>	29	192.	191.	206.	183.	14.2	-40.2	68.5	0.005
		4	6	5	2				
<i>>5 -10</i>	8	490.	350.	355.	295.	-	-251.1	-18.9	0.519
		1	4	0	4	135.0			
<i>>10</i>	1	2.2	.	1.5	.	-0.7	.	.	0.422
<i>0</i>	17	319.	435.	116.	184.	-	-396.7	-8.1	Ref.
		3	6	9	3	202.4			
<i>>0 to 5</i>	29	192.	191.	206.	183.	14.2	-40.2	68.5	0.005
		4	6	5	2				
<i>>5 -10</i>	9	435.	350.	365.	315.	-	-281.0	-40.77	0.410
		8	4	9	8	120.1			
<i>0</i>	17	319.	435.	116.	184.	-	-396.7	-8.1	0.067
		3	6	9	3	202.4			
<i>>0</i>	38	250.	260.	232.	217.	-17.6	-67.4	32.1	
		0	3	4	1				

SD: standard deviation, 95% CI: 95% confidence interval.

P: p value from two-sample t test, except # a p value from a paired t test.

Supplementary Table S3. Changes in Total Protein levels following a 12-month smoking cessation program

Variable	Total Protein baseline		Total Protein at 12 months		Change from baseline			<i>P</i> [#]
	<i>N</i>	<i>Mean</i>	<i>SD</i>	<i>Mean</i>	<i>SD</i>	<i>Mean</i>	<i>95% CI</i>	
All patients	88	0.49 6	0.32 8	0.497 48	0.3	0.001	-0.085 0.088	0.975
Age								
<60	77	0.49 0	0.33 1	0.473 94	0.2	- 0.017	-0.105 0.071	0.260
60 or more	11	0.53 7	0.32 2	0.669 00	0.6	0.132	-0.231 0.495	
Gender								
Male	47	0.50 6	0.29 7	0.500 89	0.2	- 0.006	-0.095 0.083	0.859
Female	41	0.48 4	0.36 4	0.494 10	0.4	0.010	-0.150 0.170	
Education								
<= Grade 12 or GED	62	0.46 2	0.27 3	0.486 50	0.3	0.025	-0.056 0.105	0.517
Some college/college graduate	26	0.57 7	0.42 8	0.523 50	0.3	- 0.054	-0.288 0.179	
Oral health at baseline								
Poor/Fair	45	0.51 5	0.28 7	0.509 72	0.3	- 0.007	-0.113 0.100	0.852
Good	43	0.47 5	0.36 8	0.485 26	0.3	0.010	-0.133 0.153	
Oral health post 12 months								
Poor/Fair	41	0.50 7	0.29 8	0.470 75	0.3	- 0.037	-0.153 0.079	0.411
Good	47	0.48 6	0.35 5	0.521 26	0.3	0.035	-0.095 0.165	
Teeth removed at baseline								
None/1-5	43	0.58 4	0.35 3	0.589 95	0.2	0.005	-0.137 0.148	0.929
6 or more/All	45	0.41 2	0.28 1	0.409 75	0.3	- 0.002	-0.109 0.104	
Teeth removed post 12 months								
None/1-5	40	0.58 8	0.36 0	0.573 03	0.3	- 0.015	-0.168 0.137	0.734
6 or more/All	48	0.41 9	0.28 0	0.434 73	0.3	0.015	-0.085 0.116	
Drinking habits at baseline								
Non-drinker/Mild	21	0.50 7	0.28 9	0.409 37	0.2	- 0.099	-0.210 0.013	0.090
Moderate/Heavy	67	0.49 2	0.34 1	0.525 74	0.3	0.033	-0.076 0.141	
Drinking habits at 12 months								
Non-drinker/Mild	29	0.47 2	0.28 2	0.416 47	0.2	- 0.056	-0.152 0.041	0.271
Moderate/Heavy	59	0.50 7	0.35 0	0.537 84	0.3	0.029	-0.092 0.151	
Salads at 12 months								
<1/week or never	34	0.48 3	0.41 9	0.419 99	0.2	- 0.064	-0.223 0.095	0.237

1-3/week or more	54	0.50 4	0.25 9	0.546	0.3 70	0.043	-0.060	0.145	
Green Salads & Veggies. at baseline									
Salads/vegs <1/week or never	39	0.48 3	0.30 3	0.503	0.4 39	0.021	-0.112	0.153	0.697
Both 1-3+/week	49	0.50 6	0.35 0	0.492	0.2 60	- 0.014	-0.133	0.105	
Green Salads & Veggies. post 12 months									
Salads/vegs <1/week or never	36	0.49 6	0.41 0	0.409	0.2 94	- 0.087	-0.240	0.066	0.092
Both 1-3+/week	52	0.49 6	0.26 1	0.558	0.3 72	0.063	-0.040	0.165	
Cigs/day at baseline									
>0 to 5	17	0.69 5	0.51 0	0.637	0.3 60	- 0.058	-0.412	0.295	0.802
>5 -10	42	0.46 1	0.26 4	0.476	0.3 87	0.015	-0.097	0.127	
>10	29	0.42 9	0.23 1	0.446	0.2 61	0.017	-0.075	0.108	
Cigs/day at 12 months									
0	21	0.48 0	0.31 2	0.594	0.5 01	0.113	-0.107	0.334	0.495
>0 to 5	48	0.55 0	0.36 4	0.498	0.2 93	- 0.052	-0.175	0.072	
>5 -10	14	0.36 7	0.22 5	0.337	0.1 77	- 0.029	-0.137	0.079	
>10	5	0.40 1	0.16 9	0.527	0.3 65	0.126	-0.287	0.539	
0	21	0.48 0	0.31 2	0.594	0.5 01	0.113	-0.107	0.334	0.151
>0	67	0.50 1	0.33 5	0.467	0.2 83	- 0.034	-0.126	0.059	

SD: standard deviation, 95% CI: 95% confidence interval.

P: p value from two-sample t tests, except # a p value from a paired t test.