**Table S1.** Characteristics of the excluded studies (n = 6).

Reference	Reasons for exclusion
Palasuwan, 2011a <sup>[26]</sup>	Cross-sectional study
Palasuwan, 2011b <sup>[27]</sup>	Non-comparative study
DiNardo, 2012 <sup>[28]</sup>	Narrative review
Huang, 2014 <sup>[29]</sup>	Non-comparative study
Kasim, 2017 <sup>[30]</sup>	Shortest follow-up time
Yu Y, 2018 <sup>[31]</sup>	Cross-sectional study