Sensitivity Analysis	Heterogeneity test	Effect size：SMD（95%CI）
Previous result	Heterogeneity: Chi² = 18.67, df = 13 (P = 0.13); I² = 30%	-0.60 [-0.79, -0.41]
Method 1：		
Changing the analysis model	Heterogeneity: Tau² = 0.06; Chi² = 18.67, df = 13 (P = 0.13); I² = 30%	-0.62 [-0.86, -0.39]
Method 2：		
Altmann 2016 excluded	Heterogeneity: Chi² = 18.37, df = 11 (P = 0.07); I² = 40%	-0.58 [-0.78, -0.38]
Cheung 2018 excluded	Heterogeneity: Chi² = 18.11, df = 12 (P = 0.11); I² = 34%	-0.61 [-0.81, -0.42]
Cugusi 2015 excluded	Heterogeneity: Chi² = 18.64, df = 12 (P = 0.10); I² = 36%	-0.60 [-0.79, -0.41]
De Lima 2019 excluded	Heterogeneity: Chi² = 15.40, df = 12 (P = 0.22); I² = 22%	-0.55 [-0.75, -0.36]
Hashimoto 2015 excluded	Heterogeneity: Chi² = 14.33, df = 11 (P = 0.22); I² = 23%	-0.67 [-0.87, -0.46]
Lee 2015 excluded	Heterogeneity: Chi² = 18.04, df = 12 (P = 0.11); I² = 33%	-0.58 [-0.77, -0.39]
Picelli 2016 excluded	Heterogeneity: Chi² = 18.59, df = 12 (P = 0.10); I² = 35%	-0.60 [-0.80, -0.41]
Solla 2019 excluded	Heterogeneity: Chi² = 14.41, df = 12 (P = 0.28); I² = 17%	-0.56 [-0.75, -0.37]
Tollár 2019 excluded	Heterogeneity: Chi² = 15.34, df = 11 (P = 0.17); I² = 28%	-0.51 [-0.72, -0.30]
Van der Kolk 2018 excluded	Heterogeneity: Chi² = 16.42, df = 12 (P = 0.17); I² = 27%	-0.64 [-0.84, -0.44]
Wu 2021 excluded	Heterogeneity: Chi² = 16.92, df = 12 (P = 0.15); I² = 29%	-0.67 [-0.88, -0.45]