

Supporting Information

*Research Article*

# **Use of non-prescription and prescription drugs and drug information sources among breastfeeding women in Japan: a cross-sectional study**

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Table S1. Questionnaire on women's medicine use and breastfeeding

| Information requested   | Response  |
|---|---|
| (All)   |   |
| Age of children (in months)   | Written components  |
| Parity  | Written components  |
| Type of feeding for childcare   | Breastfeeding/formula feeding   |
| Medicine use in the breastfeeding/formula feeding period  | <p>Yes/No; If "yes" was selected, the respondent was shown following lists of drugs</p> <p><b>Non-prescription drugs:</b> Cold medicines, medicines for headache and pain relief (oral analgesics), drugs for menstrual pain, digestive medicines, drugs for skin blotches, drugs for hay fever, motion sickness drugs, eczema drugs, vitamin preparations, anti-itching cream for insect bites/insect repellents, athlete's foot remedies, drugs for dry skin, acne medications, medical agents for constipation, drugs for muscle aches, drugs for stiff shoulders or back pain, drugs for healthy hair, drugs for sleep, vulnerary, fomentation, other supplements, kampo medicine</p> <p><b>Prescription drugs:</b> Cold medicines, vitamins, eczema drugs, antiallergic drugs, antiasthmatics, thyroid drugs, drugs for peptic ulcer/digestive medicine, analgesic ointments/creams, anti-infection drugs, antidepressive drugs, oral contraceptives, antithrombotic agents, anxiolytics, sedatives, antipsychotics, antirheumatics, antiacne preparations, blood sugar-lowering agents, lipid-lowering agents, other cardiac drugs, antiepileptics, ovulation inducing drugs, drugs for postpartum hemorrhage, antihypertensives, laxatives, iron preparations, oral analgesics, kampo medicine</p> |
| (Formula feeding group only)  |   |
| I did not breastfeed because of taking non-prescription drugs                                   | Yes/No  |
| I did not breastfeed because of taking prescription drugs.                                      | Yes/No  |
| (Breastfeeding group only)  |   |
| I did not use a certain non-prescription drug because of breastfeeding                          | Yes/No  |
| I did not use a certain prescription drug because of breastfeeding                              | Yes/No  |
| Information sources for non-prescription and prescription drugs during the breastfeeding period | Respondent shown a list of sources (see Table 4)  |