

Supplement S1 – Interview guidelines for dealing with therapists/practitioners

| Motivation and expectations | | | |
|-----------------------------|---|--|--|
| Interview partner | Key questions | Check whether this has been addressed! | Questions in detail |
| External psychotherapists | Why did you decide to implement PSIW? | Accessibility? Personal motivation? | Why are you participating in PSIW? What is the most interesting part for you? |
| | What did you expect from this offer? | What kind of patients? Procedure? Expectations at all? Outcome? Acceptance within the company? | Did you have concerns about it? |

| Work in detail | | | |
|---------------------------|--|---|--|
| | Key questions | Check whether this has been addressed! | Questions in detail |
| External psychotherapists | In what way differs your therapy when working in a company compared to working in a hospital (Experience Part 1)? | Time constraints Methods Structure of therapy session Interventions | |
| External psychotherapists | Do you believe that PSIW focuses on different topics? Could you explain in more detail please? (Experience Part 2) | Reaching different and more patients Acute vs. chronic problems Professional vs. private problems | Have you been well prepared for the topics that have risen up? |
| External psychotherapists | Did the offer meet your needs? | Place | Do you think you got close to your patient? Would you have needed more time? What could have been done better? |

Supplement S2 – Interview guidelines for dealing with patients

| Motivation and expectations | | | |
|-----------------------------|--|---|---|
| Interview partner | Key questions | Check whether this has been addressed! | Questions in detail |
| Service user | What made you participate in PSIW (motivation)? | Flow of information Thought about it for a longer time | Would you have entered psychosomatic treatment somewhere else if PSIW would not have been offered? Could you explain in more detail please? Has it been easier to take advantage of the offer within the company instead of looking for something else outside of the company? |
| Service user | What did you expect from the offer? | Pre-understanding First thoughts Procedure | Did you have concerns about it? What benefits did you wish for regarding the offer? |

| Work in detail | | | |
|----------------|--|---|--|
| | Key questions | Check whether this has been addressed! | Questions in detail |
| | What experience have you gathered while taking part in the offer? | Communication in the company Personal thoughts | Have your expectations been met? |
| Service user | Did the offer meet your expectations ? | Procedure Place | Did anything change due to PSIW? What are you taking with you from this offer? What could have been done better? |

Supplement S3 – Interview guidelines for organizers in a company

| Motivation and expectations | | | |
|-------------------------------|--|--|---|
| Interview partner | Key questions | Check whether this has been addressed! | Questions in detail |
| Company health promotion team | In which way are you participating in the offer and how did you get involved in it? (motivation) | | What is your personal motivation? Which role did you play? |
| | What did/do you expect from the offer? | What should be included in the offer? Place | What do you expect from the offer? Did you have concerns? |

| Work in detail | | | |
|-------------------------------|---|---|--|
| Who? | Key questions | Check whether this has been addressed! | Questions in detail |
| Company health promotion team | How about your experiences regarding the offer? | Feedback /atmosphere Topic of discussion in the company Cooperation with different actors | Have your expectations been met? Did you personally talk to people and recommend the offer? |
| Company health promotion team | Are you satisfied with the offer? | | What could have been done better? |