

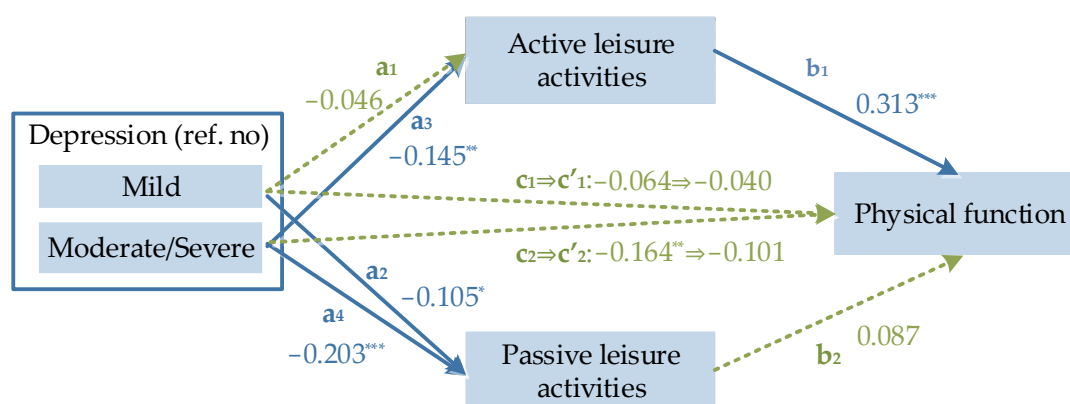
**Figure S1.** The mediating role of active and passive leisure activities in the association between depression and physical function (only adjusted for age and sex in the models,  $n = 353$ ). Standardized coefficients are shown along the path arrows; solid lines represent statistical significance at  $p < .05$ , and dashed lines represent nonsignificant effects; Path  $a_1$  represents the effect of mild depression on active leisure activities; Path  $a_2$  represents the effect of mild depression on passive leisure activities; Path  $a_3$  represents the effect of moderate/severe depression on active leisure activities; Path  $a_4$  represents the effect of moderate/severe depression on passive leisure activities; Path  $b_1$  represents the effect of active leisure activities on physical function; Path  $b_2$  represents the effect of passive leisure activities on physical function; Path  $c_1$  indicates the total effect of mild depression on physical function; Path  $c'_1$  represents the direct effect of mild depression on physical function; Path  $c_2$  indicates the total effect of moderate/severe depression on physical function; Path  $c'_1$  represents the direct effect of moderate/severe depression on physical function;  $*p < .05$ ,  $**p < .01$ ,  $***p < .001$ .

**Table S1.** Bootstrap tests for the mediating effects of active and passive leisure activities ( $n = 353$ ), adjusted for age and sex in the model.

Effect	Mild <sup>a</sup>		Moderate/severe <sup>a</sup>		
	Coefficient	95% CI	Coefficient	95% CI	Effect size
Total indirect effect	-0.027	-0.069, 0.015	-0.084**	-0.135, -0.038	49%
Specific indirect effect					
Active leisure activities	-0.017	-0.056, 0.018	-0.056*	-0.095, -0.020	33%
Passive leisure activities	-0.011	-0.036, 0.001	-0.028	-0.069, 0.002	16%

Note: CI: confidence interval;  $**p < .01$ ,  $*p < .05$

<sup>a</sup>Reference group: no depression



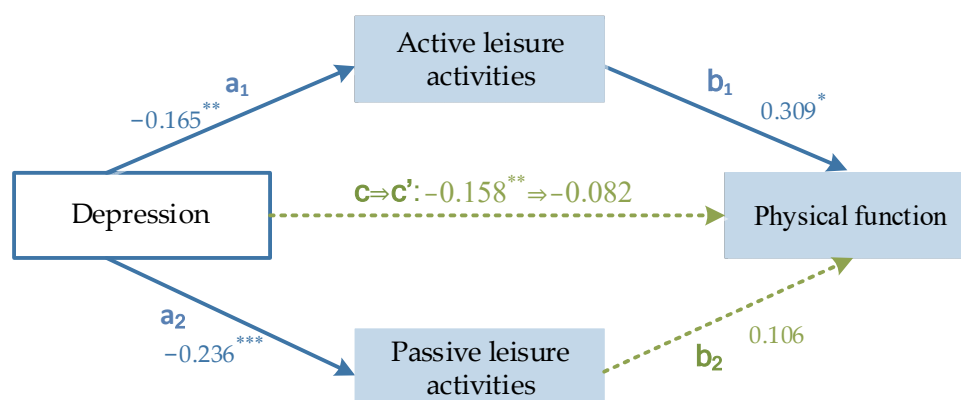
**Figure S2.** The mediating role of active leisure activities and cognitive (passive) leisure activities in the association between and physical function (removed “watching television/listening to the radio/watching theatrical performances” from the category of passive leisure activities and renamed cognitive leisure activities,  $n = 353$ ). Standardized coefficients are shown along the path arrows; solid lines represent statistical significance at  $p < .05$ , and dashed lines represent nonsignificant effects; adjusted for age, sex, years of schooling, having a spouse, self-reported economic conditions, comorbidity conditions, and body mass index; Path  $a_1$  represents the effect of mild depression on active leisure activities; Path  $a_2$  represents the effect of mild depression on passive leisure activities; Path  $a_3$  represents the effect of moderate/severe depression on active leisure activities; Path  $a_4$  represents the effect of moderate/severe depression on passive leisure activities; Path  $b_1$  represents the effect of active leisure activities on physical function; Path  $b_2$  represents the effect of passive leisure activities on physical function; Path  $c_1$  indicates the total effect of mild depression on physical function; Path  $c'_1$  represents the direct effect of mild depression on physical function; Path  $c_2$  indicates the total effect of moderate/severe depression on physical function; Path  $c'_2$  represents the direct effect of moderate/severe depression on physical function;  $*p < .05$ ,  $**p < .01$ ,  $***p < .001$ .

**Table S2.** Bootstrap tests for the mediating effects of active leisure activities and cognitive leisure activities (removed “watching television/listening to the radio/watching theatrical performances” from the category of passive leisure activities and reclassified them as cognitive leisure activities,  $n = 353$ )

Effect	Mild <sup>a</sup>		Moderate/severe <sup>a</sup>		Effect size
	Coefficient	95% CI	Coefficient	95% CI	
Total indirect effect	-0.023	-0.064, 0.016	-0.063**	-0.111, -0.021	38%
Specific indirect effect					
Active leisure activities	-0.014	-0.051, 0.018	-0.045*	-0.084, -0.013	27%
Cognitive leisure activities	-0.009	-0.032, 0.002	-0.018	0.051, 0.005	11%

Note: CI: confidence interval;  $**p < .01$ ,  $*p < .05$

<sup>a</sup>Reference group: no depression



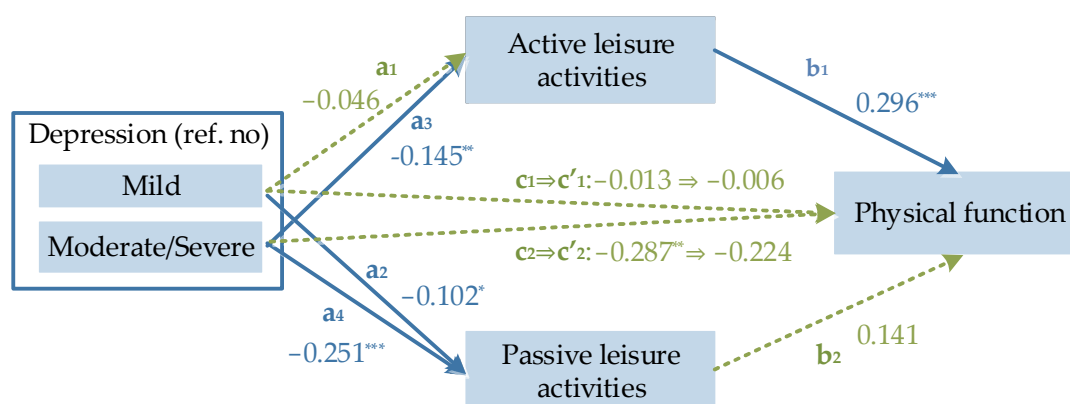
**Figure S3.** The mediating role of active and passive leisure activities in the association between and physical function (using depression as a continuous variable,  $n = 353$ ). Standardized coefficients are shown along the path arrows; solid lines represent statistical significance at  $p < .05$ , and dashed lines represent nonsignificant effects; adjusted for age, sex, years of schooling, having a spouse, self-reported economic conditions, comorbidity conditions, and body mass index; Path  $a_1$  represents the effect of depression on active leisure activities; Path  $a_2$  represents the effect of depression on passive leisure activities; Path  $b_1$  represents the effect of active leisure activities on physical function; Path  $b_2$  represents the effect of passive leisure activities on physical function; Path  $c$  indicates the total effect of depression on physical function; Path  $c'$  represents the direct effect of depression on physical function;  $^*p < .05$ ,  $^{**}p < .01$ ,  $^{***}p < .001$ .

**Table S3.** Bootstrap tests for the mediating effects of active and passive leisure activities (using depression as a continuous variable,  $n = 353$ )

Effect	Bootstrapped distribution		
	Coefficient	95% CI	Effect size
Total indirect effect	$-0.076^{**}$	$-0.122, -0.033$	48%
Specific indirect effect			
Active leisure activities	$-0.051^*$	$-0.060, -0.002$	32%
Passive leisure activities	$-0.025$	$-0.091, 0.019$	16%

Note: CI: confidence interval;  $^{**}p < .01$ ,  $^*p < .05$

<sup>a</sup>Reference group: no depression



**Figure S4.** The mediating role of active and passive leisure activities in the association between depression and physical function (using physical function as the dichotomous outcome,  $n = 353$ ). Standardized coefficients are shown along the path arrows; solid lines represent statistical significance at  $p < .05$ , and dashed lines represent nonsignificant effects; adjusted for age, sex, years of schooling, having a spouse, self-reported economic conditions, comorbidity conditions, and body mass index; Path  $a_1$  represents the effect of mild depression on active leisure activities; Path  $a_2$  represents the effect of mild depression on passive leisure activities; Path  $a_3$  represents the effect of moderate/severe depression on active leisure activities; Path  $a_4$  represents the effect of moderate/severe depression on passive leisure activities; Path  $b_1$  represents the effect of active leisure activities on physical function; Path  $b_2$  represents the effect of passive leisure activities on physical function; Path  $c_1$  indicates the total effect of mild depression on physical function; Path  $c'_1$  represents the direct effect of mild depression on physical function; Path  $c_2$  indicates the total effect of moderate/severe depression on physical function; Path  $c'_2$  represents the direct effect of moderate/severe depression on physical function;  $*p < .05$ ,  $**p < .01$ ,  $***p < .001$ .

**Table S4.** Bootstrap tests for the mediating effects of active and passive leisure activities (using physical function as a dichotomous variable,  $n = 353$ )

Effect	Mild depression <sup>a</sup>		Moderate/severe depression <sup>a</sup>		Effect size
	Coefficient	95% CI	Coefficient	95% CI	
Total indirect effect	0.028	-0.003, 0.088	0.078**	0.034, 0.161	27%
Specific indirect effect					
Active leisure activities	0.014	-0.010, 0.062	0.043*	0.015, 0.103	15%
Passive leisure activities	0.014	-0.001, 0.050	0.035	-0.002, 0.099	12%

Note: CI: confidence interval;  $**p < .01$ ,  $*p < .05$

<sup>a</sup> Reference group: no depression