

Supplementary Table

Table S1. Main sociodemographic and occupational characteristics. PSMar healthcare workers, 2020 ($n = 5543$).

| | | <i>n</i> | % |
|-------------------------|-------------------------------------|----------|------|
| Sex | Women | 4,066 | 73.4 |
| | Men | 1,477 | 26.6 |
| Age | 18-29 years | 1,701 | 30.7 |
| | 30-49 years | 2,401 | 43.3 |
| | 50-70 years | 1,439 | 26.0 |
| Health building centres | Hospital Mar | 3,641 | 65.7 |
| | Hospital Esperança | 541 | 9.8 |
| | Fòrum centre | 450 | 8.1 |
| | Dr. Emili Mira Centre | 586 | 10.6 |
| | Others | 321 | 5.8 |
| Contract arrangement | Permanent | 3,358 | 61.7 |
| | Temporary | 1,106 | 20.0 |
| | Replacement | 1,017 | 18.3 |
| Occupational category | Physicians | 838 | 15.1 |
| | Nurses and aides | 2,832 | 51.1 |
| | Other healthcare workers | 1,005 | 18.1 |
| | Administration and management staff | 868 | 15.7 |