

## Article

# Optimization of the Delivery Time within the Distribution Network, Taking into Account Fuel Consumption and the Level of Carbon Dioxide Emissions into the Atmosphere

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**Abstract:** The evolution of changes in shopping in the modern society necessitates suppliers to seek new solutions consisting of increasing the efficiency of transport processes. When it comes to controlling the flow of goods in modern distribution networks, planning and timely deliveries are of particular importance. The first factor creating a competitive advantage involves the tendency to shorten order delivery times, especially for products with a short shelf life. Shorter delivery times, in turn, extend the period of effective residence of the product “available on the shelf”, increasing the likelihood of its sale. The second component in line with the Sustainable Development Strategy consists of aspects related to the protection of the natural environment, in particular those related to car transport. In this case, the fuel consumption and the level of emitted toxic substances (including carbon dioxide) are analyzed and assessed. Bearing in mind the above, this article presents the problem of optimizing the delivery time within the assumed distribution network and its solution, enabling the company to develop an optimal plan for the transport of products with a short shelf life. The paper proposes a model that takes into account minimization of the delivery time, while estimating the values of fuel consumption and CO<sub>2</sub> emissions for the variants considered. The means of transport were medium-duty trucks. Three variants of the assumptions were considered, and algorithms implemented in MS Excel and MATLAB software were used to perform the optimization. Using the MATLAB environment, a more favorable value of the objective function was obtained for the variant without additional constraints. On the other hand, the algorithm implemented in MS Excel more effectively searched the set of acceptable solutions with a larger number of constraining conditions.

**Keywords:** transport; optimization; fuel consumption; CO<sub>2</sub> emission; delivery time; modelling; transport systems



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## 1. Introduction

The issue of optimizing road transport considers a rich set of methods adapted to transport systems and has been widely described in scientific publications. The classic transport task is defined as the linear programming problem [1–5], which is the subject of a number of publications on new methods [6,7], algorithms [8], or on optimization techniques [9] of the existing decision node. Freight transport is often a decision problem in transport systems [10] affecting both the key performance indicators [11–15] and the level of customer service [16–20].

The set of trends shaping the current TSL (transport shipping logistics) industry includes [21] new business models (development of e-commerce, volatile customer purchasing habits, and a wide range of mobile payments), counselling and maintaining a high

level of customer service (brand image building, the importance of social media, and linking the local brand with the global one), supply chains are drowning in data, businesses are going digital on a budget, precision of planning and timely deliveries (predictive models and push-e), and the tendency for supply chains to lengthen due to their global reach with a simultaneous tendency to shorten delivery times.

The significant pace of life, technological progress, and economic development increase customer requirements. According to a study [21], as many as 36% of buyers expect delivery the day after placing an order, 35% of customers would like to receive the goods up to two days after the transaction, while 11% of buyers would like to receive the goods on the same day. Therefore, the tendency to shorten delivery times is becoming an important element of competitiveness in the current flexible supply chains. The aforementioned tendency can be realized in many ways, i.e., by choosing the right means of transport, choosing the fastest and/or the shortest transport route [22,23], increasing the average speed of transport [24], efficient use of the vehicle's loading area, eliminating empty runs [25,26], or effective prediction of flows within the distribution network [27–29]. The abovementioned possibilities essentially come down to optimization of the operating costs [30] of both private and public means of transport [31].

The literature, as part of research in the area of deliveries, presents various mathematical models concerning decision problems [23,28,32], as well as algorithms used to optimize transport processes [22,33–35]. For example, in [24,30], mathematical models simulating the functioning of delivery logistics systems were developed, enabling the determination of minimum logistics costs, assuming optimal delivery schedule arrangements (delivery sizes in subsequent periods of the project implementation). In contrast, in [36], the authors discussed the problem of shipping empty containers to meet the “on time delivery” requirements and moving other containers to terminals, warehouses, and cleaning stations. As a result of the research, a model for the optimization of this process was developed to improve the decision support process in conditions of uncertainty (lack of data) in order to more effectively manage the flow of empty containers within a predetermined planning horizon. The model includes practical aspects relating to the ECR distribution network (efficient consumer response), namely it meets the supply and demand requirements and deals with distribution costs, i.e., one of the main objectives of the ECR network. The aim of the research [22] was to optimize the transport of light petroleum products within gas stations located in urban agglomerations. In turn, in [37], the authors proposed a new criterion for the presented total costs, allowing for taking into account the direct costs of transport and losses related to the increase in delivery time. The presented mathematical model used to assess the reliability of transport has shown that the option of multimodal rail and sea transport of deliveries carried out in containers is the most rational, ensuring minimal transport costs with an acceptable order fulfilment time. On the other hand, the work of [38] presents a solution to the problem of routing multi-chamber vehicles for the needs of urban logistics. In order to minimize operating costs, the authors proposed an improved algorithm for searching large districts with routing [23,38,39]. The issues of the works of [40,41], in which the framework for supporting the decision-making process as part of improving the planning of current activities, have been developed. In addition, the issue of route optimization and the methodology for the rationalization of air transport were presented. On the other hand, Ref. [42] made the optimization of the transport service on demand. The problem was modelled as Dial-a-Ride, in which the set of user cost and inconvenience targets was optimized to accommodate naturally occurring constraints such as time windows and capacity.

In other publications, the authors, trying to improve the examined process or system, focused their attention on minimizing the selected cost components [43,44]; increasing the efficiency of the use of the vehicle fleet [45–47]; improvement of routing [48–50] in the area of city logistics; improved planning [51], design [52], and optimization of transport routes [53]; reduction of the emission of harmful substances to the natural environment [54–56]; min-

imizing delivery times [57] for “perishable” products [58]; and the possibility of using hydrogen in public transport systems [59].

In the above set of publications, attention was paid to the optimization of delivery time, fuel consumption, and carbon dioxide (CO<sub>2</sub>) emissions, which are the subject of this study. The methodology proposed in this study was verified on the basis of the existing distribution network. If there are additional assumptions regarding the limited capacity of vehicles in a given decision problem, the presented algorithm should refer to the procedure based on the procedure developed for the problem of transport with limited route capacity. In the literature, the above procedure was used for small networks (i.e., 2 × 3—2 suppliers and 3 recipients, 3 × 4—3 suppliers and 4 recipients), while to solve a more complex decision problem, it is recommended to use IT software [60–62]. In the absence of IT (information technology) tools, an alternative is the solver add-on in the MS Excel spreadsheet. Its newer versions have much greater possibilities regarding the complexity (number of conditions and variables) of the decision problem, the type of functions used, and the time needed to solve it.

The structure of this article is presented below. Section 1 presents a literature review on the use of mathematical programming for the optimization of processes and systems. Section 2 describes the assumptions, the methodology of the procedure, and the construction of the mathematical model together with the algorithm of the procedure enabling the determination of the shortest transport time within the supply network. Section 3 describes how to apply the mathematical model on a numerical example related to the actual distribution network located in Poland. In Section 4, shows the analysis carried out on the total fuel consumption and CO<sub>2</sub> emissions to the atmosphere. Section 5 summarizes the results obtained and indicates the directions for further research.

## 2. Mathematical Model

In the publication, a model representing a closed transport task taking into account the time criterion was described with the following relations (1)–(6) [7,62–65]. The objective function, understood as the minimization of the maximum value of the product transport time on all available routes, was expressed by relation (1):

$$f(x_{n_i, m_j}) = \max_{x_{n_i, m_j} \geq 0} \{t_{ij}\} \rightarrow \min, \quad (1)$$

where the value of the time taken to transport the product from delivery  $n_i$  to the consignee  $m_j$  is given by Formula (2):

$$t_{ij} = t_{ij}^p \cdot \min\{x_{n_i, m_j}, 1\} + t_j^r \cdot x_{n_i, m_j}, \quad (2)$$

with limiting conditions relating to the supply (3) and demand (4), respectively:

$$\sum_{j=1}^m x_{n_i, m_j} = a_i \quad (i = 1, \dots, n), \quad (3)$$

$$\sum_{i=1}^n x_{n_i, m_j} = b_j \quad (j = 1, \dots, m), \quad (4)$$

and the non-negativity condition for decision variables (5):

$$x_{ij} \geq 0, \quad (5)$$

where

$x_{n_i, m_j}$ —number of load units of products with a short shelf-life delivered from the  $i$ -th supplier to the  $j$ -th recipient,

$t_{ij}$ —product transport time on the route from the  $i$ -th supplier to the  $j$ -th recipient,

$n$ —number of suppliers,

$m$ —number of recipients,

$a_i$ —supply of the  $i$ -th supplier,  
 $b_j$ —demand of the  $j$ -th recipient.

A closed transport task implies a balance between supply and demand, which is described by Formula (6):

$$\sum_{i=1}^n a_i = \sum_{j=1}^m b_j. \quad (6)$$

The above equations/inequalities (1)–(6) refer to the case of balancing the value of supply and demand (6). In a situation where the total demand and supply do not balance, relationship (6) takes the form of inequality. In this part of the publication, the calculations were carried out with the use of two software tools, i.e.,

1. MS Excel spreadsheet,
2. MATLAB software.

The procedure based on the use of the MS Excel capabilities is presented as the first one. The procedure algorithm based on iteration index  $k$ , which allows for building a model described by dependencies (1) ÷ (6), is presented in the following five steps:

1. Determine the acceptable base solution using the method of the minimum matrix element [54] on the basis of the table with travel times.
2. Determine the maximum delivery time ( $T^k$ ) for the designated acceptable base solution on the basis of Formula (7):

$$T^k = \max_{x_{n_i, m_j} > 0} \{t_{ij}\} \quad (7)$$

where  $T^k$  is the maximum delivery time in the  $k$ -th iteration.

3. Present the cost table ( $c_{ij}$ ) for the  $k$ -th solution, using Formula (8):

$$c_{ij} = \begin{cases} 0 & \text{if } t_{ij} < T^k \\ 1 & \text{if } t_{ij} = T^k \end{cases} \quad (8)$$

4. Determine from the  $c_{ij}$  cost table whether the solution is optimal. In case the  $\Delta_{ij}$  (9) optimality criteria are non-negative for all base routes, further calculations should be completed. Otherwise, go to step 5.

$$\Delta_{ij}^k = c_{ij}^k - \alpha_i^k - \beta_j^k \quad (9)$$

where  $\alpha_i^k, \beta_j^k$  are the dual variables (so-called potentials) in the  $k$ -th iteration.

5. Determine a new acceptable base solution following the most negative optimality criterion, and then proceed to step 2.

The algorithm is graphically illustrated in Figure 1.

An alternative to MS Excel is the MATLAB programming environment, whose programming language is a high-level language with syntax modelled on the C language. In MATLAB, the `surrogateopt` function is used in the case of complex and time-consuming decision problems, and the solution requires finite boundaries for all variables, thus allowing nonlinear constraint inequalities as well as accepting integer constraints for selected variables [66].

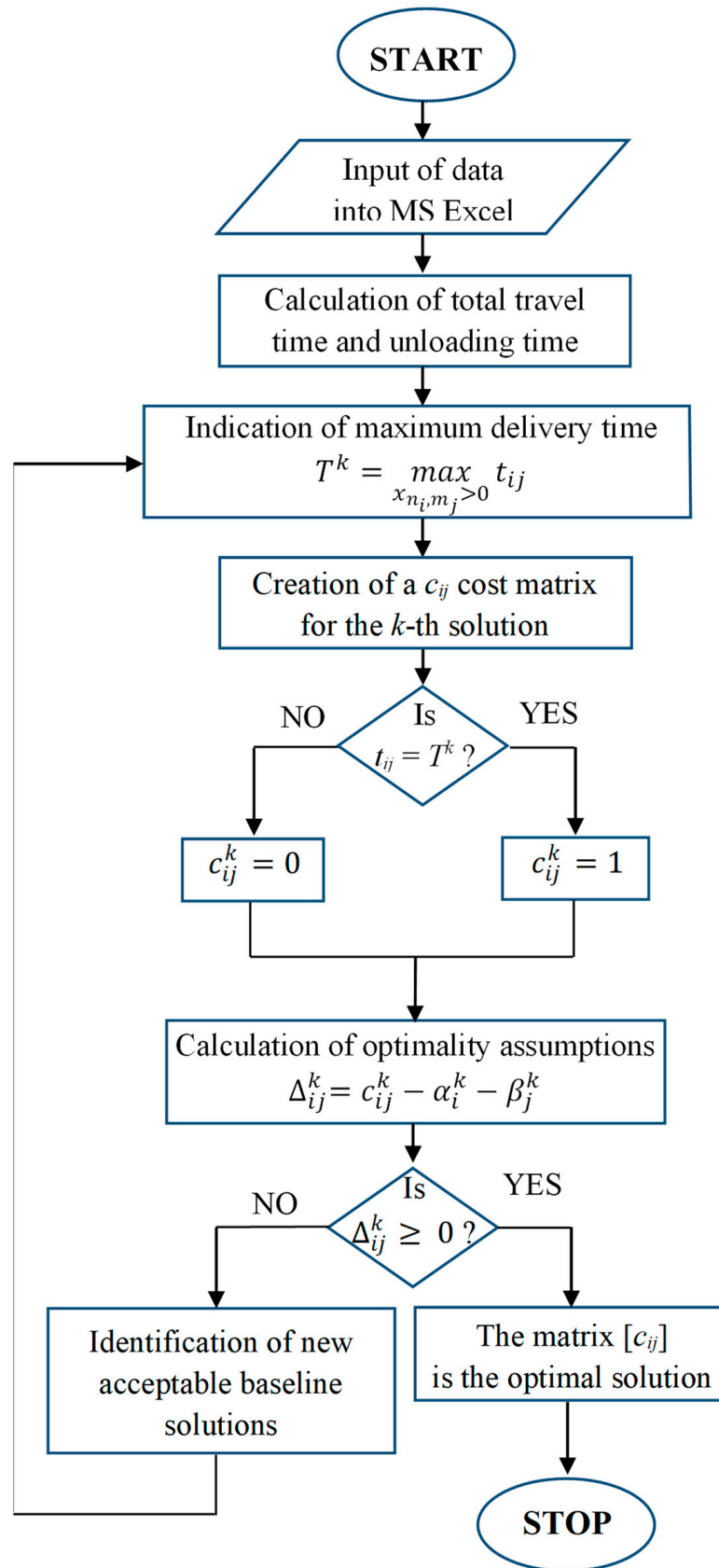


Figure 1. Procedure algorithm using MS Excel.

The surrogateopt function is a global solver for time-consuming objective functions, which attempts to solve problems of the following form:

$$\min_{x_{n_i, m_j}} \left( f(x_{n_i, m_j}) : \begin{cases} lb_{ij} \leq x_{n_i, m_j} \leq ub_{ij} \\ c(x_{n_i, m_j}) \leq 0 \\ x_{n_i, m_j} \text{ integer} \end{cases} \right) \quad (10)$$

where  $lb_{ij}$  and  $ub_{ij}$  describe the lower and upper bound, respectively, of the decision value  $x_{n_i, m_j}$ ,  $c(x_{n_i, m_j})$  means nonlinear constraints.

The solver searches for the global minimum of a real-valued objective function in multiple dimensions, subject to bounds, optional integer constraints, and optional nonlinear inequality constraints [67].

Surrogateopt is best suited to objective functions that take a long time to evaluate. The objective function can be non-smooth. The solver requires finite bounds on all of the variables. The solver can optionally maintain a checkpoint file to enable recovery from crashes or partial execution, or optimization continuation after meeting a stopping condition [66].

The procedure algorithm that allows for solving Equation (7) is described as follow:

1. Create a set of trial points by sampling MinSurrogatePoints random points within the bounds, and evaluate the objective function at the trial points.
2. Create a surrogate model of the objective function by interpolating a radial basis function through all of the random trial points.
3. Create a merit function that gives some weight to the surrogate and to the distance from the trial points. Locate a small value of the merit function by randomly sampling the merit function in a region around the incumbent point (best point found since the last surrogate reset). Use this point, called the adaptive point, as a new trial point.
4. Evaluate the objective at the adaptive point, and update the surrogate based on this point and its value. Count a “success” if the objective function value is sufficiently lower than the previous best (lowest) value observed, and count a “failure” otherwise.
5. Update the dispersion of the sample distribution upwards if three successes occur before  $\max(\text{nvar}, 5)$  failures, where nvar is the number of dimensions. Update the dispersion downwards if  $\max(\text{nvar}, 5)$  failures occur before three successes.
6. Continue from step 3 until all trial points are within MinSampleDistance of the evaluated points. At that time, reset the surrogate by discarding all adaptive points from the surrogate, reset the scale, and go back to step 1 to create MinSurrogatePoints new random trial points for evaluation.

### 3. Optimizing the Delivery Time within the Distribution Network—A Numerical Example and Results

The company specializes in the transport of products only within road transport. Cruises are carried out by identical means of transport that take place between the nodes of the network. The number of these points is fixed and strictly defined, and there is only service between them.

This article considers the distribution network including nodes located in the territory of the Republic of Poland. It consists of nine wholesalers (i.e., suppliers  $n_1, n_2, \dots, n_9$ ) and 16 retail stores (i.e., recipients  $m_1, m_2, \dots, m_{16}$ ) located geographically in voivodeship capital cities in Poland (Figure 2). The graph symbolizing the structure of the network reflecting all possible variants of transport is shown in Figure 3.



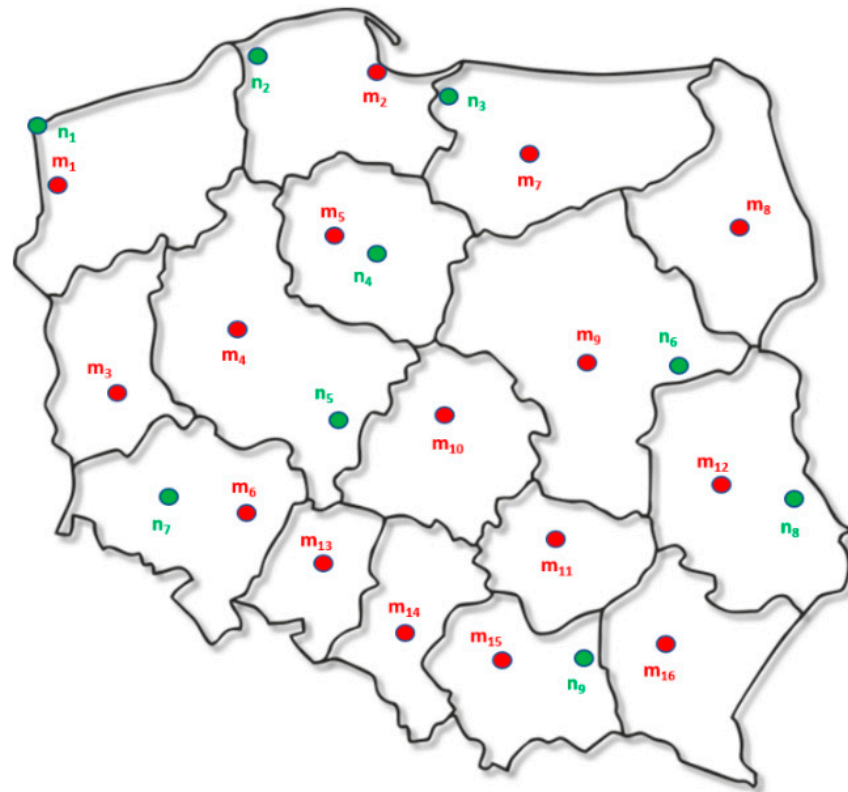


Figure 2. Locations of suppliers and recipients.

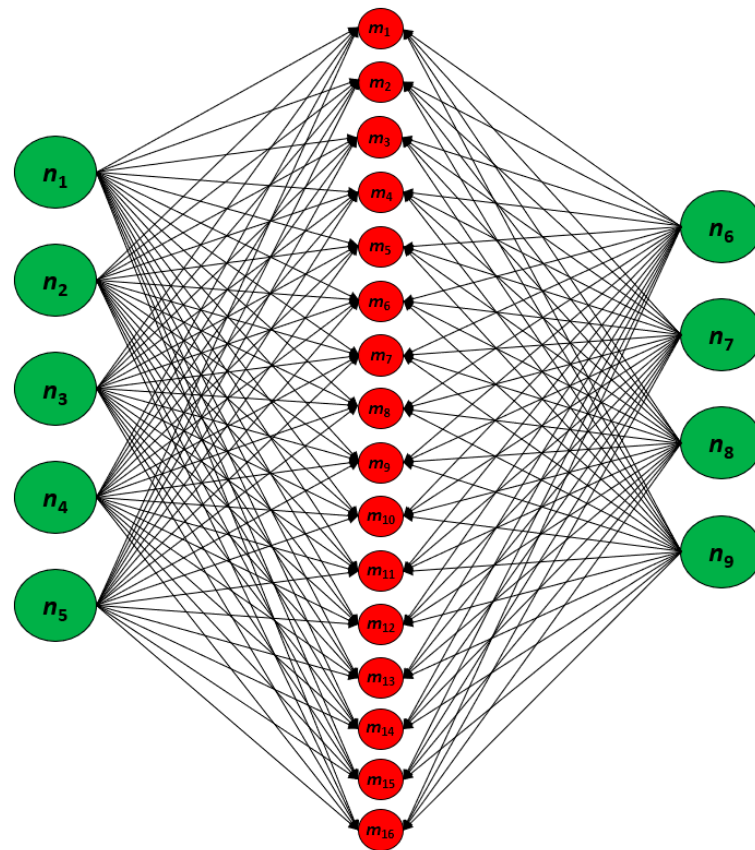


Figure 3. Network structure of the transportation problem.

Table 1 summarizes the individual picking potential of suppliers, while Table 2 shows the customers' needs.

**Table 1.** Completion potential of suppliers.

$a_1$	$a_2$	$a_3$	$a_4$	$a_5$	$a_6$	$a_7$	$a_8$	$a_9$
15	20	23	16	21	17	19	22	18

**Table 2.** Demand of recipients.

$b_1$	$b_2$	$b_3$	$b_4$	$b_5$	$b_6$	$b_7$	$b_8$	$b_9$	$b_{10}$	$b_{11}$	$b_{12}$	$b_{13}$	$b_{14}$	$b_{15}$	$b_{16}$
12	9	7	15	9	10	12	10	18	9	6	12	6	6	8	9

This article uses integer programming aimed at determining the optimal time of transporting products within the transport network consisting of a set of suppliers and recipients geographically located in Poland. The transport was carried out with the use of motor vehicles with a maximum permissible weight (MPW) of up to 3.5 tons. The technical data of the means of transport are summarized in Table 3.

**Table 3.** Technical data of the transport means [68].

Vehicle	Mercedes-Benz
Model of vehicle	Vito W639 Furgon
Year of production	2009
Displacement	2148.0 cm <sup>3</sup>
Engine type	Diesel
Fuel consumption (average consumption)	8.6 l/100 km
Exhaust emissions (CO <sub>2</sub> emissions)	229.0 g/km
Max. total vehicle weight (fully laden)	2770.0 kg

The total delivery time consists of the transport time from the warehouse to the given collection point and the handling time (including loading and unloading). Table 4 summarizes the distances between the nodes of the supply network. Based on the average speed of transport on individual roads, taking into account the distance, in Table 5, the travel times were calculated and the unit unloading times were calculated (Table 6) at individual collection points. The differences in unloading times result from the heterogenous, in terms of the parameters of the unloading equipment, available at individual collection points.

**Table 4.** Distance between suppliers and recipients (km).

	$n_1$	$n_2$	$n_3$	$n_4$	$n_5$	$n_6$	$n_7$	$n_8$	$n_9$
$m_1$	120	240	420	360	420	660	360	840	780
$m_2$	360	120	60	180	360	420	600	660	600
$m_3$	300	420	480	300	300	540	120	720	540
$m_4$	360	300	300	180	120	420	180	540	540
$m_5$	360	180	180	60	180	360	300	540	480
$m_6$	480	480	480	300	120	480	60	600	360
$m_7$	540	300	120	180	360	300	600	480	540
$m_8$	840	540	360	360	480	180	660	300	480
$m_9$	660	480	300	240	240	120	420	240	300
$m_{10}$	540	420	360	180	120	240	300	360	360



**Table 4.** Cont.

	$n_1$	$n_2$	$n_3$	$n_4$	$n_5$	$n_6$	$n_7$	$n_8$	$n_9$
$m_{11}$	720	600	480	360	240	240	420	240	120
$m_{12}$	840	660	480	420	420	120	540	60	240
$m_{13}$	600	660	600	360	180	420	180	540	300
$m_{14}$	660	660	540	360	240	420	240	420	180
$m_{15}$	780	720	600	420	300	360	360	360	120
$m_{16}$	900	780	600	480	480	300	480	180	120

**Table 5.** Travel time  $t_{ij}^p$  (h).

	$n_1$	$n_2$	$n_3$	$n_4$	$n_5$	$n_6$	$n_7$	$n_8$	$n_9$
$m_1$	2	4	7	6	7	11	6	14	13
$m_2$	6	2	1	3	6	7	10	11	10
$m_3$	5	7	8	5	5	9	2	12	9
$m_4$	6	5	5	3	2	7	3	9	9
$m_5$	6	3	3	1	3	6	5	9	8
$m_6$	8	8	8	5	2	8	1	10	6
$m_7$	9	5	2	3	6	5	10	8	9
$m_8$	14	9	6	6	8	3	11	5	8
$m_9$	11	8	5	4	4	2	7	4	5
$m_{10}$	9	7	6	3	2	4	5	6	6
$m_{11}$	12	10	8	6	4	4	7	4	2
$m_{12}$	14	11	8	7	7	2	9	1	4
$m_{13}$	10	11	10	6	3	7	3	9	5
$m_{14}$	11	11	9	6	4	7	4	7	3
$m_{15}$	13	12	10	7	5	6	6	6	2
$m_{16}$	15	13	10	8	8	5	8	3	2

**Table 6.** The unit unloading time  $t_j^r$  (h).

$m_1$	$m_2$	$m_3$	$m_4$	$m_5$	$m_6$	$m_7$	$m_8$	$m_9$	$m_{10}$	$m_{11}$	$m_{12}$	$m_{13}$	$m_{14}$	$m_{15}$	$m_{16}$
$\frac{1}{3}$	$\frac{1}{3}$	$\frac{1}{6}$	$\frac{1}{2}$	$\frac{1}{3}$	$\frac{1}{3}$	$\frac{1}{3}$	$\frac{1}{3}$	$\frac{2}{3}$	$\frac{1}{3}$	$\frac{1}{6}$	$\frac{1}{2}$	$\frac{1}{6}$	$\frac{1}{6}$	$\frac{1}{3}$	$\frac{1}{3}$

The numerical example presented in this publication is a more complicated issue than the traditional transport problem with the time criterion, as it includes a network of 9 suppliers and 16 recipients. For this reason, the description of the optimization task only partially resembles the general mathematical model. In the case under consideration, the objective function assumes a complex and atypical form. Its fragment describes the following relationship (11):

$$\max \left\{ \left( 2 \cdot \min \{ x_{n_1, m_1}, 1 \} + \frac{1}{3} x_{n_1, m_1} \right), \left( 6 \cdot \min \{ x_{n_1, m_2}, 1 \} + \frac{1}{3} x_{n_1, m_2} \right), \left( 5 \cdot \min \{ x_{n_1, m_3}, 1 \} + \frac{1}{6} x_{n_1, m_3} \right), \left( 6 \cdot \min \{ x_{n_1, m_4}, 1 \} + \frac{1}{2} x_{n_1, m_4} \right), \left( 6 \cdot \min \{ x_{n_1, m_5}, 1 \} + \frac{1}{3} x_{n_1, m_5} \right), \left( 8 \cdot \min \{ x_{n_1, m_6}, 1 \} + \frac{1}{3} x_{n_1, m_6} \right), \dots, \left( 2 \cdot \min \{ x_{n_9, m_{15}}, 1 \} + \frac{1}{3} x_{n_9, m_{15}} \right), \left( 2 \cdot \min \{ x_{n_9, m_{16}}, 1 \} + \frac{1}{3} x_{n_9, m_{16}} \right) \right\} \rightarrow \min \tag{11}$$

In addition, the model takes into account the limiting conditions (12) resulting from the demand of individual recipients:

$$\begin{aligned}
 &x_{n_1,m_1} + x_{n_2,m_1} + x_{n_3,m_1} + x_{n_4,m_1} + x_{n_5,m_1} + x_{n_6,m_1} + x_{n_7,m_1} + x_{n_8,m_1} + x_{n_9,m_1} = 12 \\
 &x_{n_1,m_2} + x_{n_2,m_2} + x_{n_3,m_2} + x_{n_4,m_2} + x_{n_5,m_2} + x_{n_6,m_2} + x_{n_7,m_2} + x_{n_8,m_2} + x_{n_9,m_2} = 9 \\
 &x_{n_1,m_3} + x_{n_2,m_3} + x_{n_3,m_3} + x_{n_4,m_3} + x_{n_5,m_3} + x_{n_6,m_3} + x_{n_7,m_3} + x_{n_8,m_3} + x_{n_9,m_3} = 7 \\
 &x_{n_1,m_4} + x_{n_2,m_4} + x_{n_3,m_4} + x_{n_4,m_4} + x_{n_5,m_4} + x_{n_6,m_4} + x_{n_7,m_4} + x_{n_8,m_4} + x_{n_9,m_4} = 15 \\
 &x_{n_1,m_5} + x_{n_2,m_5} + x_{n_3,m_5} + x_{n_4,m_5} + x_{n_5,m_5} + x_{n_6,m_5} + x_{n_7,m_5} + x_{n_8,m_5} + x_{n_9,m_5} = 9 \\
 &x_{n_1,m_6} + x_{n_2,m_6} + x_{n_3,m_6} + x_{n_4,m_6} + x_{n_5,m_6} + x_{n_6,m_6} + x_{n_7,m_6} + x_{n_8,m_6} + x_{n_9,m_6} = 10 \\
 &x_{n_1,m_7} + x_{n_2,m_7} + x_{n_3,m_7} + x_{n_4,m_7} + x_{n_5,m_7} + x_{n_6,m_7} + x_{n_7,m_7} + x_{n_8,m_7} + x_{n_9,m_7} = 12 \\
 &x_{n_1,m_8} + x_{n_2,m_8} + x_{n_3,m_8} + x_{n_4,m_8} + x_{n_5,m_8} + x_{n_6,m_8} + x_{n_7,m_8} + x_{n_8,m_8} + x_{n_9,m_8} = 10 \\
 &x_{n_1,m_9} + x_{n_2,m_9} + x_{n_3,m_9} + x_{n_4,m_9} + x_{n_5,m_9} + x_{n_6,m_9} + x_{n_7,m_9} + x_{n_8,m_9} + x_{n_9,m_9} = 18 \\
 &x_{n_1,m_{10}} + x_{n_2,m_{10}} + x_{n_3,m_{10}} + x_{n_4,m_{10}} + x_{n_5,m_{10}} + x_{n_6,m_{10}} + x_{n_7,m_{10}} + x_{n_8,m_{10}} + x_{n_9,m_{10}} = 9 \\
 &x_{n_1,m_{11}} + x_{n_2,m_{11}} + x_{n_3,m_{11}} + x_{n_4,m_{11}} + x_{n_5,m_{11}} + x_{n_6,m_{11}} + x_{n_7,m_{11}} + x_{n_8,m_{11}} + x_{n_9,m_{11}} = 6 \\
 &x_{n_1,m_{12}} + x_{n_2,m_{12}} + x_{n_3,m_{12}} + x_{n_4,m_{12}} + x_{n_5,m_{12}} + x_{n_6,m_{12}} + x_{n_7,m_{12}} + x_{n_8,m_{12}} + x_{n_9,m_{12}} = 12 \\
 &x_{n_1,m_{13}} + x_{n_2,m_{13}} + x_{n_3,m_{13}} + x_{n_4,m_{13}} + x_{n_5,m_{13}} + x_{n_6,m_{13}} + x_{n_7,m_{13}} + x_{n_8,m_{13}} + x_{n_9,m_{13}} = 6 \\
 &x_{n_1,m_{14}} + x_{n_2,m_{14}} + x_{n_3,m_{14}} + x_{n_4,m_{14}} + x_{n_5,m_{14}} + x_{n_6,m_{14}} + x_{n_7,m_{14}} + x_{n_8,m_{14}} + x_{n_9,m_{14}} = 6 \\
 &x_{n_1,m_{15}} + x_{n_2,m_{15}} + x_{n_3,m_{15}} + x_{n_4,m_{15}} + x_{n_5,m_{15}} + x_{n_6,m_{15}} + x_{n_7,m_{15}} + x_{n_8,m_{15}} + x_{n_9,m_{15}} = 8 \\
 &x_{n_1,m_{16}} + x_{n_2,m_{16}} + x_{n_3,m_{16}} + x_{n_4,m_{16}} + x_{n_5,m_{16}} + x_{n_6,m_{16}} + x_{n_7,m_{16}} + x_{n_8,m_{16}} + x_{n_9,m_{16}} = 9
 \end{aligned} \tag{12}$$

and assumptions (13) regarding the supply of a network of suppliers (wholesalers):

$$\begin{aligned}
 &x_{n_1,m_1} + x_{n_1,m_2} + x_{n_1,m_3} + x_{n_1,m_4} + x_{n_1,m_5} + x_{n_1,m_6} + x_{n_1,m_7} + x_{n_1,m_8} + x_{n_1,m_9} + x_{n_1,m_{10}} \\
 &\quad + x_{n_1,m_{11}} + x_{n_1,m_{12}} + x_{n_1,m_{13}} + x_{n_1,m_{14}} + x_{n_1,m_{15}} + x_{n_1,m_{16}} \leq 15 \\
 &x_{n_2,m_1} + x_{n_2,m_2} + x_{n_2,m_3} + x_{n_2,m_4} + x_{n_2,m_5} + x_{n_2,m_6} + x_{n_2,m_7} + x_{n_2,m_8} + x_{n_2,m_9} + x_{n_2,m_{10}} \\
 &\quad + x_{n_2,m_{11}} + x_{n_2,m_{12}} + x_{n_2,m_{13}} + x_{n_2,m_{14}} + x_{n_2,m_{15}} + x_{n_2,m_{16}} \leq 20 \\
 &x_{n_3,m_1} + x_{n_3,m_2} + x_{n_3,m_3} + x_{n_3,m_4} + x_{n_3,m_5} + x_{n_3,m_6} + x_{n_3,m_7} + x_{n_3,m_8} + x_{n_3,m_9} + x_{n_3,m_{10}} \\
 &\quad + x_{n_3,m_{11}} + x_{n_3,m_{12}} + x_{n_3,m_{13}} + x_{n_3,m_{14}} + x_{n_3,m_{15}} + x_{n_3,m_{16}} \leq 23 \\
 &x_{n_4,m_1} + x_{n_4,m_2} + x_{n_4,m_3} + x_{n_4,m_4} + x_{n_4,m_5} + x_{n_4,m_6} + x_{n_4,m_7} + x_{n_4,m_8} + x_{n_4,m_9} + x_{n_4,m_{10}} \\
 &\quad + x_{n_4,m_{11}} + x_{n_4,m_{12}} + x_{n_4,m_{13}} + x_{n_4,m_{14}} + x_{n_4,m_{15}} + x_{n_4,m_{16}} \leq 16 \\
 &x_{n_4,m_1} + x_{n_4,m_2} + x_{n_4,m_3} + x_{n_4,m_4} + x_{n_4,m_5} + x_{n_4,m_6} + x_{n_4,m_7} + x_{n_4,m_8} + x_{n_4,m_9} + x_{n_4,m_{10}} \\
 &\quad + x_{n_4,m_{11}} + x_{n_4,m_{12}} + x_{n_4,m_{13}} + x_{n_4,m_{14}} + x_{n_4,m_{15}} + x_{n_4,m_{16}} \leq 16 \\
 &x_{n_5,m_1} + x_{n_5,m_2} + x_{n_5,m_3} + x_{n_5,m_4} + x_{n_5,m_5} + x_{n_5,m_6} + x_{n_5,m_7} + x_{n_5,m_8} + x_{n_5,m_9} + x_{n_5,m_{10}} \\
 &\quad + x_{n_5,m_{11}} + x_{n_5,m_{12}} + x_{n_5,m_{13}} + x_{n_5,m_{14}} + x_{n_5,m_{15}} + x_{n_5,m_{16}} \leq 21 \\
 &x_{n_6,m_1} + x_{n_6,m_2} + x_{n_6,m_3} + x_{n_6,m_4} + x_{n_6,m_5} + x_{n_6,m_6} + x_{n_6,m_7} + x_{n_6,m_8} + x_{n_6,m_9} + x_{n_6,m_{10}} \\
 &\quad + x_{n_6,m_{11}} + x_{n_6,m_{12}} + x_{n_6,m_{13}} + x_{n_6,m_{14}} + x_{n_6,m_{15}} + x_{n_6,m_{16}} \leq 17 \\
 &x_{n_7,m_1} + x_{n_7,m_2} + x_{n_7,m_3} + x_{n_7,m_4} + x_{n_7,m_5} + x_{n_7,m_6} + x_{n_7,m_7} + x_{n_7,m_8} + x_{n_7,m_9} + x_{n_7,m_{10}} \\
 &\quad + x_{n_7,m_{11}} + x_{n_7,m_{12}} + x_{n_7,m_{13}} + x_{n_7,m_{14}} + x_{n_7,m_{15}} + x_{n_7,m_{16}} \leq 19 \\
 &x_{n_8,m_1} + x_{n_8,m_2} + x_{n_8,m_3} + x_{n_8,m_4} + x_{n_8,m_5} + x_{n_8,m_6} + x_{n_8,m_7} + x_{n_8,m_8} + x_{n_8,m_9} + x_{n_8,m_{10}} \\
 &\quad + x_{n_8,m_{11}} + x_{n_8,m_{12}} + x_{n_8,m_{13}} + x_{n_8,m_{14}} + x_{n_8,m_{15}} + x_{n_8,m_{16}} \leq 22 \\
 &x_{n_9,m_1} + x_{n_9,m_2} + x_{n_9,m_3} + x_{n_9,m_4} + x_{n_9,m_5} + x_{n_9,m_6} + x_{n_9,m_7} + x_{n_9,m_8} + x_{n_9,m_9} + x_{n_9,m_{10}} \\
 &\quad + x_{n_9,m_{11}} + x_{n_9,m_{12}} + x_{n_9,m_{13}} + x_{n_9,m_{14}} + x_{n_9,m_{15}} + x_{n_9,m_{16}} \leq 18
 \end{aligned} \tag{13}$$

as well as condition (14), referring to the integer nature of decision variables:

$$x_{n_1,m_1}, x_{n_1,m_2}, \dots, x_{n_9,m_{16}} \in N \tag{14}$$

where

$x_{n_1,m_1}$ —number of sets transported from the sender  $n_1$  to the recipient  $m_1$ ,

⋮

$x_{n_9,m_{16}}$ —number of sets transported from the sender  $n_9$  to the recipient  $m_{16}$ .

The type of route was determined in relations to (15). If the rounded quotient assumes a value close to 1.0, the analyzed route is defined as the base route. On the other hand, the zero value of the quotient indicates a non-basic route, i.e., one on which there will be in fact no transport.

$$\frac{x_{n_i,m_j}}{x_{n_i,m_j} + 0.00001} \tag{15}$$

Using the presented method, in the final stage, only the times related to the base routes should be taken into account for further analyses.

The data summarized in Tables 4–6, the limiting conditions relating to demand described in Equation (12), and the supply assumptions presented in Equation (13) formed the basis for the calculations performed in the MS Excel spreadsheet. The longest delivery time of 15 h occurred in the  $m_{16}$ - $n_1$  relation (see Table 5). In the case under consideration, it should be interpreted as the initial baseline solution.

Using the dependence (1)–(6) and the condition from Equation (14), as a result of the performed calculations, the optimal solution was obtained, amounting to 13.3 h. The values of the decision variables (the number of cruises on individual routes) are summarized in Table 7.

**Table 7.** Values of decision variables (Variant #1, MS Excel).

	$n_1$	$n_2$	$n_3$	$n_4$	$n_5$	$n_6$	$n_7$	$n_8$	$n_9$
$m_1$	0	6	0	0	0	0	5	0	1
$m_2$	0	0	6	0	0	2	0	0	1
$m_3$	1	1	3	0	0	1	1	0	0
$m_4$	5	1	3	1	2	1	2	0	0
$m_5$	1	0	2	1	1	0	1	0	3
$m_6$	0	3	0	1	1	0	4	0	1
$m_7$	0	4	0	1	2	0	0	2	3
$m_8$	0	1	0	1	2	0	0	3	3
$m_9$	0	0	3	3	0	4	0	5	3
$m_{10}$	1	0	1	1	1	1	1	2	1
$m_{11}$	0	0	1	1	1	0	1	1	1
$m_{12}$	0	0	2	2	1	2	0	4	1
$m_{13}$	0	0	0	0	1	1	1	2	0
$m_{14}$	0	0	0	2	1	1	1	1	0
$m_{15}$	0	0	0	0	2	2	2	2	0
$m_{16}$	0	0	0	1	6	2	0	0	0

The presented decision problem was solved using the MATLAB software (surrogateopt function). In this case, it was necessary to modify and introduce additional restrictions on the decision variables. Conditions (1)–(6) remained unchanged. According to the general relationship (10), Equation (4) has been replaced by two inequalities:

$$(b_j - 0.5) \leq \sum_{i=1}^n x_{n_i, m_j} \leq b_j \quad (j = 1, \dots, m) \tag{16}$$

The lower bound of  $lb_{ij} = 0$  was adopted, which corresponds to condition (5), and the upper bound  $x_{n_i, m_j} \leq ub_{ij}$ , which is mandatory in MATLAB software (Mathworks Inc., Natick, MA, USA) for the surrogateopt function, was added. The optimization was carried out for the same assumptions as those adopted in the solution obtained with the use of the solver add-on.

1. Variant #1: it was assumed that the decision variables cannot be greater than the corresponding demand and supply. It was written as dependence (17):

$$ub_{ij} = \min(a_i, b_j) \quad (i = 1, \dots, n), \quad (j = 1, \dots, m) \tag{17}$$

For Variant #1, the delivery lead time was 12.72 h. The decision variables values are summarized in Table 8.

**Table 8.** Values of decision variables (Variant #1, MATLAB).

	$n_1$	$n_2$	$n_3$	$n_4$	$n_5$	$n_6$	$n_7$	$n_8$	$n_9$
$m_1$	12	0	0	0	0	0	0	0	0
$m_2$	0	1	0	0	0	0	0	0	8
$m_3$	0	6	0	0	0	0	0	0	0
$m_4$	0	0	0	1	3	0	11	0	0
$m_5$	0	0	9	0	0	0	0	0	0
$m_6$	0	0	0	10	0	0	0	0	0
$m_7$	0	0	0	0	12	0	0	0	0
$m_8$	0	10	0	0	0	0	0	0	0
$m_9$	0	1	0	0	0	16	0	1	0
$m_{10}$	0	2	8	0	0	0	0	0	0
$m_{11}$	0	0	0	5	0	0	1	0	0
$m_{12}$	0	0	0	0	0	0	0	11	1
$m_{13}$	0	0	0	0	5	0	0	0	0
$m_{14}$	0	0	6	0	0	0	0	0	0
$m_{15}$	0	0	0	0	0	0	0	8	0
$m_{16}$	0	0	0	0	0	0	0	0	9

In the next step, the average value of the decision variables included in Table 8 was calculated, which was  $x_{n_i, m_j} = 8$ . In order to narrow down the set of acceptable base solutions, Table 8 searched for a value lower than the mean and at the same time the closest value of the decision variable  $x_{n_i, m_j} = 6$ . On the basis of these two values of the decision variable, additional constraints were formulated by considering the two described variants, i.e.,

- Variant #2: it was assumed that decision variables cannot be greater than the respective demand and supply and the mean value of the decision variable  $x_{n_i, m_j} = 8$  calculated from the tale, which is written as:

$$ub_{ij} = \min(a_i, b_j, 8) \quad (i = 1, \dots, n), \quad (j = 1, \dots, m) \quad (18)$$

- Variant #3: it was assumed that the decision variables cannot be greater than the respective demand and supply, and the value  $x_{n_i, m_j} = 6$  is lower, but it is closest to the calculated mean, according to (16):

$$ub_{ij} = \min(a_i, b_j, 6) \quad (i = 1, \dots, n), \quad (j = 1, \dots, m) \quad (19)$$

As a result of the performed calculations, graphs of the function values depending on the number of iterations were obtained, which are presented for Variant #1 (Figure 4), Variant #2 (Figure 5), and Variant #3 (Figure 6).

Comparing the three considered variants obtained with the use of MATLAB software, it should be stated that the shortest delivery time of 12.34 h was obtained for Variant #2. Compared with the initial base solution (MS Excel) of 15 h, the result is 2.7 h less (time reduction by 18%). When analyzing Variant #1 and Variant #3 (MATLAB), it should be stated that the total delivery times are also shorter than the initial base solution (MS Excel) and are 12.72 (Variant #1) and 13.98 (Variant #3) h, respectively. In order to compare the above-obtained solutions, additional calculations were performed using MS Excel for the same constraints. After taking into account the condition relating to the decision variables, analogous to that in MATLAB, i.e.,  $x_{n_i, m_j} \leq 8$ , a solution of 9.3 h was obtained (Table 9, Variant #2, MS Excel). In the next case, an equivalent constraint was imposed, assuming that the decision variables cannot be greater than the highest value obtained for MATLAB for Variant #3, i.e.,  $x_{n_i, m_j} \leq 6$ . After the calculations, the objective function value of 9.0 h was obtained, which is the optimal result (Table 9, Variant #3, MS Excel). The results

obtained for both tools mentioned above, with the same assumptions, are summarized in Table 9.

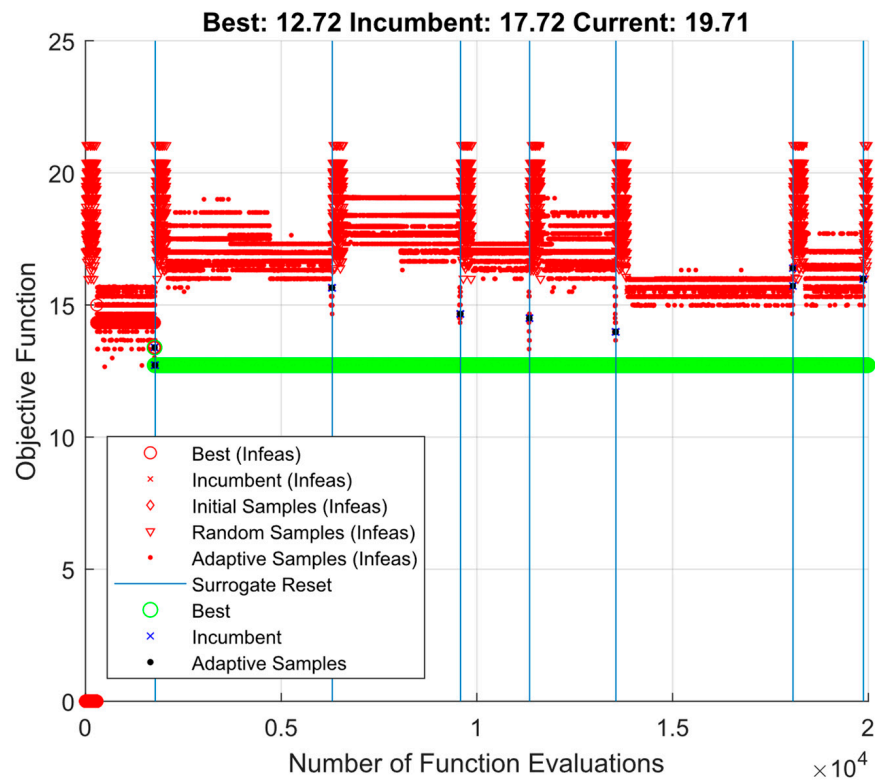


Figure 4. Solution of the task (Variant #1).

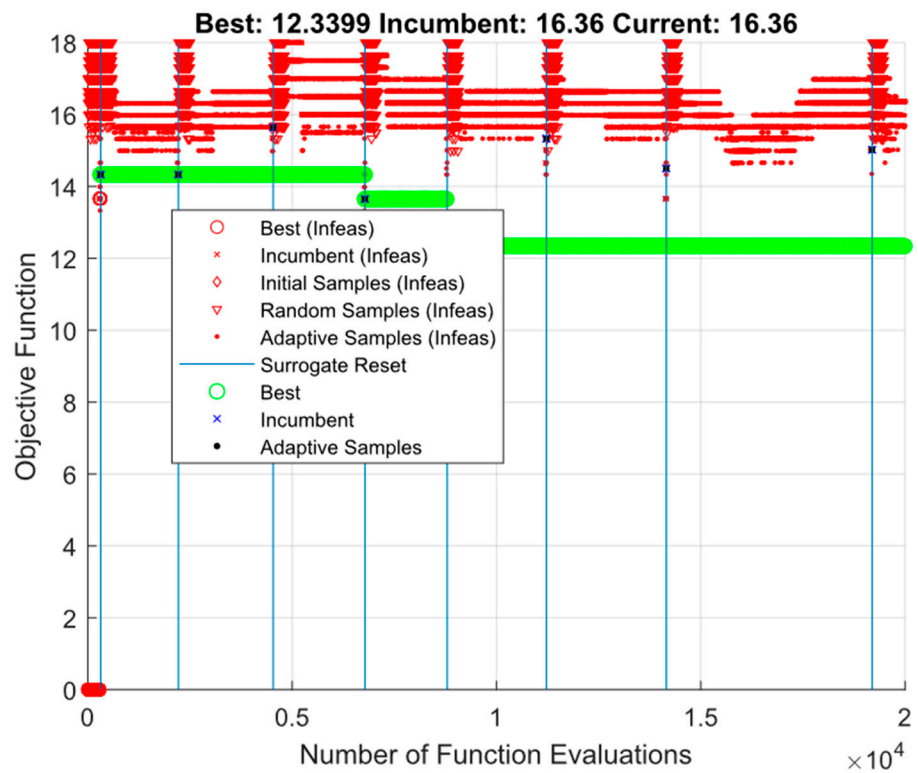


Figure 5. Solution of the task (Variant #2).

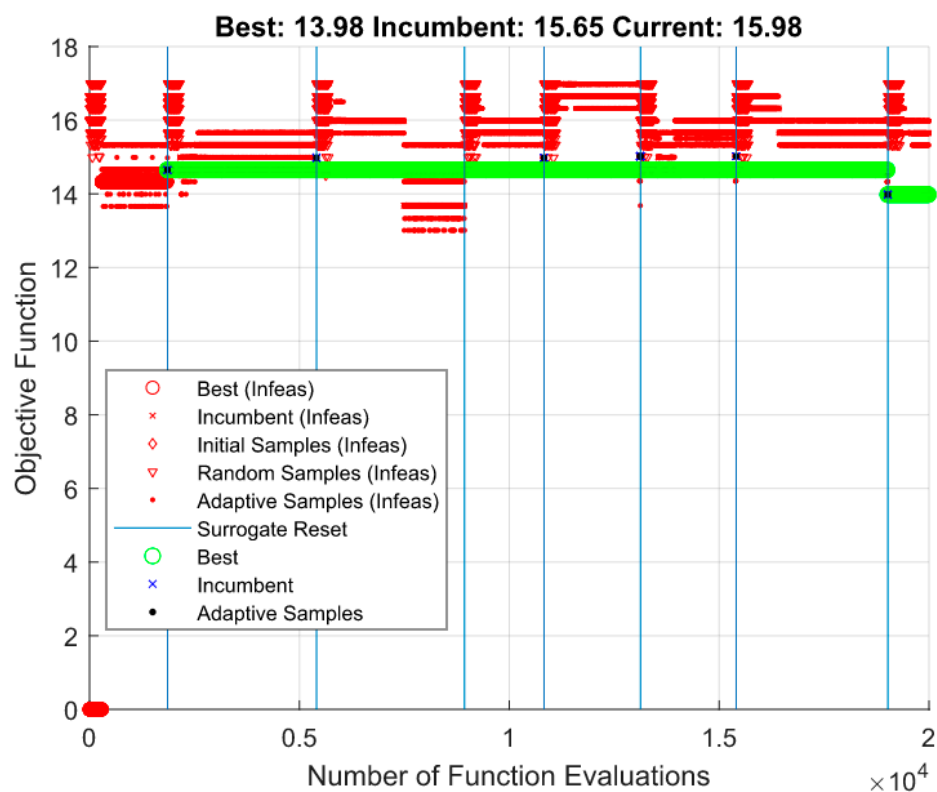


Figure 6. Solution of the task (Variant #3).

Table 9. Comparison of the results of the delivery time for the three variants.

	Variant #1	Variant #2	Variant #3
MS Excel (h)	13.3	9.3	9.0
MATLAB (h)	12.72	12.34	13.98

When analyzing the results presented in Table 9, it should be stated that the time calculated using MATLAB was shorter compared to the solution obtained using MS Excel only for Variant #1. When comparing the results obtained for Variant #2 and Variant #3, MS Excel turned out to be a more effective tool. Introducing additional restrictions on the value of the decision variables naturally reduces the space of potential solutions. Both algorithms randomly search the set of acceptable base solutions, from which they adopt the best, consistent with the optimization direction (min/max). As the results obtained in Table 9 show, MATLAB is a more effective tool in the case of searching for a large number of sets of feasible solutions (Variant #1), while the use of MS Excel gives better results in the situation of narrowing the space of feasible solutions (Variant #2 and Variant #3).

#### 4. Analysis of Fuel Consumption and the Level of CO<sub>2</sub> Emissions to the Atmosphere

On 25 September 2015 in New York, all 193 UN member states adopted the 2030 Agenda for Sustainable Development [69], including the Sustainable Development Goals, by the General Assembly. The Agenda defines 17 goals and 169 targets that should be achieved by 2030. They concern five areas, i.e., people, planet, prosperity, peace, and partnership. The goals cover a wide range of challenges such as poverty, hunger, health, education, gender equality, peace, and social justice, as well as climate change and sustainable development. The concept of sustainable development also includes sustainable transport. This means that not only social and economic criteria should be taken into account when planning transport, but also environmental aspects. Considering the above, in this part of the article, an analysis of fuel consumption was carried out and the level of CO<sub>2</sub> emissions



into the atmosphere was determined. The input data were the solutions obtained with the use of MS Excel. Tables 10–12 present the matrices of possible transport journeys for the three variants, while Tables 13–15 summarize the distance travelled corresponding to the individual solutions. The graphical interpretation of the solutions obtained for the three variants obtained with the use of MS Excel is presented in Figures 7–9.

**Table 10.** Transport travel matrix for Variant #1.

	<i>m</i> <sub>1</sub>	<i>m</i> <sub>2</sub>	<i>m</i> <sub>3</sub>	<i>m</i> <sub>4</sub>	<i>m</i> <sub>5</sub>	<i>m</i> <sub>6</sub>	<i>m</i> <sub>7</sub>	<i>m</i> <sub>8</sub>	<i>m</i> <sub>9</sub>	<i>m</i> <sub>10</sub>	<i>m</i> <sub>11</sub>	<i>m</i> <sub>12</sub>	<i>m</i> <sub>13</sub>	<i>m</i> <sub>14</sub>	<i>m</i> <sub>15</sub>	<i>m</i> <sub>16</sub>
<i>n</i> <sub>1</sub>	0	0	1	1	1	0	0	0	0	1	0	0	0	0	0	0
<i>n</i> <sub>2</sub>	1	0	1	1	0	1	1	1	0	0	0	0	0	0	0	0
<i>n</i> <sub>3</sub>	0	1	1	1	1	0	0	0	1	1	1	1	0	0	0	0
<i>n</i> <sub>4</sub>	0	0	0	1	1	1	1	1	1	1	1	1	0	1	0	1
<i>n</i> <sub>5</sub>	0	0	0	1	1	1	1	1	0	1	1	1	1	1	1	1
<i>n</i> <sub>6</sub>	0	1	1	1	0	0	0	0	1	1	0	1	1	1	1	1
<i>n</i> <sub>7</sub>	1	0	1	1	1	1	0	0	0	1	1	0	1	1	1	0
<i>n</i> <sub>8</sub>	0	0	0	0	0	0	1	1	1	1	1	1	1	1	1	0
<i>n</i> <sub>9</sub>	1	1	0	0	1	1	1	1	1	1	1	1	0	0	0	0

**Table 11.** Transport travel matrix for Variant #2.

	<i>m</i> <sub>1</sub>	<i>m</i> <sub>2</sub>	<i>m</i> <sub>3</sub>	<i>m</i> <sub>4</sub>	<i>m</i> <sub>5</sub>	<i>m</i> <sub>6</sub>	<i>m</i> <sub>7</sub>	<i>m</i> <sub>8</sub>	<i>m</i> <sub>9</sub>	<i>m</i> <sub>10</sub>	<i>m</i> <sub>11</sub>	<i>m</i> <sub>12</sub>	<i>m</i> <sub>13</sub>	<i>m</i> <sub>14</sub>	<i>m</i> <sub>15</sub>	<i>m</i> <sub>16</sub>
<i>n</i> <sub>1</sub>	0	1	0	1	0	0	0	0	0	1	0	0	0	0	0	0
<i>n</i> <sub>2</sub>	1	1	1	0	1	0	1	0	0	1	0	0	0	0	0	0
<i>n</i> <sub>3</sub>	0	1	0	1	1	1	1	1	1	0	0	1	0	1	0	0
<i>n</i> <sub>4</sub>	0	0	0	0	1	1	0	1	1	0	0	1	0	0	1	1
<i>n</i> <sub>5</sub>	1	1	0	1	0	0	0	0	1	0	0	1	1	1	0	1
<i>n</i> <sub>6</sub>	0	1	0	1	1	0	0	1	0	0	1	1	1	1	1	1
<i>n</i> <sub>7</sub>	1	0	0	1	0	1	0	0	0	0	1	0	1	0	1	0
<i>n</i> <sub>8</sub>	0	0	0	0	0	0	1	1	1	1	1	1	0	0	0	0
<i>n</i> <sub>9</sub>	0	0	0	0	1	1	1	1	1	1	0	0	0	0	0	0

**Table 12.** Transport travel matrix for Variant #3.

	<i>m</i> <sub>1</sub>	<i>m</i> <sub>2</sub>	<i>m</i> <sub>3</sub>	<i>m</i> <sub>4</sub>	<i>m</i> <sub>5</sub>	<i>m</i> <sub>6</sub>	<i>m</i> <sub>7</sub>	<i>m</i> <sub>8</sub>	<i>m</i> <sub>9</sub>	<i>m</i> <sub>10</sub>	<i>m</i> <sub>11</sub>	<i>m</i> <sub>12</sub>	<i>m</i> <sub>13</sub>	<i>m</i> <sub>14</sub>	<i>m</i> <sub>15</sub>	<i>m</i> <sub>16</sub>
<i>n</i> <sub>1</sub>	0	1	0	1	1	0	0	0	0	0	0	0	0	0	0	0
<i>n</i> <sub>2</sub>	1	0	1	0	0	1	1	0	1	1	0	0	0	0	0	0
<i>n</i> <sub>3</sub>	0	1	0	1	1	1	1	1	1	0	0	1	0	0	0	0
<i>n</i> <sub>4</sub>	0	1	1	1	0	1	1	0	1	0	0	1	1	0	1	1
<i>n</i> <sub>5</sub>	1	1	0	1	1	0	0	0	1	1	1	1	0	1	1	1
<i>n</i> <sub>6</sub>	0	1	0	1	0	0	0	1	0	0	1	1	1	0	1	1
<i>n</i> <sub>7</sub>	1	0	0	1	0	0	0	0	0	0	1	0	1	1	0	0
<i>n</i> <sub>8</sub>	0	0	0	0	0	0	1	1	1	1	0	1	0	0	0	1
<i>n</i> <sub>9</sub>	0	0	0	0	1	1	0	1	1	1	0	0	0	0	0	0

**Table 13.** Distance travelled for Variant #1 (km).

	<i>m</i> <sub>1</sub>	<i>m</i> <sub>2</sub>	<i>m</i> <sub>3</sub>	<i>m</i> <sub>4</sub>	<i>m</i> <sub>5</sub>	<i>m</i> <sub>6</sub>	<i>m</i> <sub>7</sub>	<i>m</i> <sub>8</sub>	<i>m</i> <sub>9</sub>	<i>m</i> <sub>10</sub>	<i>m</i> <sub>11</sub>	<i>m</i> <sub>12</sub>	<i>m</i> <sub>13</sub>	<i>m</i> <sub>14</sub>	<i>m</i> <sub>15</sub>	<i>m</i> <sub>16</sub>
<i>n</i> <sub>1</sub>			300	360	360					540						
<i>n</i> <sub>2</sub>	240		420	300		480	300	540								
<i>n</i> <sub>3</sub>		60	480	300	180				300	360	480	480				
<i>n</i> <sub>4</sub>				180	60	300	180	360	240	180	360	420		360		480

**Table 13.** *Cont.*

	$m_1$	$m_2$	$m_3$	$m_4$	$m_5$	$m_6$	$m_7$	$m_8$	$m_9$	$m_{10}$	$m_{11}$	$m_{12}$	$m_{13}$	$m_{14}$	$m_{15}$	$m_{16}$
$n_5$				120	180	120	360	480		120	240	420	180	240	300	480
$n_6$		420	540	420					120	240		120	420	420	360	300
$n_7$	360		120	180	300	60				300	420		180	240	360	
$n_8$							480	300	240	360	240	60	540	420	360	
$n_9$	780	600			480	360	540	480	300	360	120	240				

**Table 14.** Distance travelled for Variant #2 (km).

	$m_1$	$m_2$	$m_3$	$m_4$	$m_5$	$m_6$	$m_7$	$m_8$	$m_9$	$m_{10}$	$m_{11}$	$m_{12}$	$m_{13}$	$m_{14}$	$m_{15}$	$m_{16}$
$n_1$		360		360						540						
$n_2$	240	120	420		180		300			420						
$n_3$		60		300	180	480	120	360	300			480		540		
$n_4$					60	300		360	240			420			420	480
$n_5$	420	360		120					240			420	180	240		480
$n_6$		420		420	360			180			240	120	420	420	360	300
$n_7$	360			180		60					420		180		360	
$n_8$							480	300	240	360	240	60				
$n_9$					480	360	540	480	300	360						

**Table 15.** Distance travelled for Variant #3 (km).

	$m_1$	$m_2$	$m_3$	$m_4$	$m_5$	$m_6$	$m_7$	$m_8$	$m_9$	$m_{10}$	$m_{11}$	$m_{12}$	$m_{13}$	$m_{14}$	$m_{15}$	$m_{16}$
$n_1$		360		360	360											
$n_2$	240		420			480	300		480	420						
$n_3$		60		300	180	480	120	360	300			480				
$n_4$		180	300	180		300	180		240			420	360		420	480
$n_5$	420	360		120	180				240	120	240	420		240	300	480
$n_6$		420		420				180			240	120	420		360	300
$n_7$	360			180							420		180	240		
$n_8$							480	300	240	360		60				180
$n_9$					480	360		480	300	360						

Table 16 summarizes data on the number of means of transport involved in transportation and the total distance travelled for each variant.

**Table 16.** Number transport means used and distance travelled (MS Excel).

	Variant #1	Variant #2	Variant #3
Number of used transport means	80	61	62
Distance travelled (km)	25,980.0	19,500.0	19,320.0

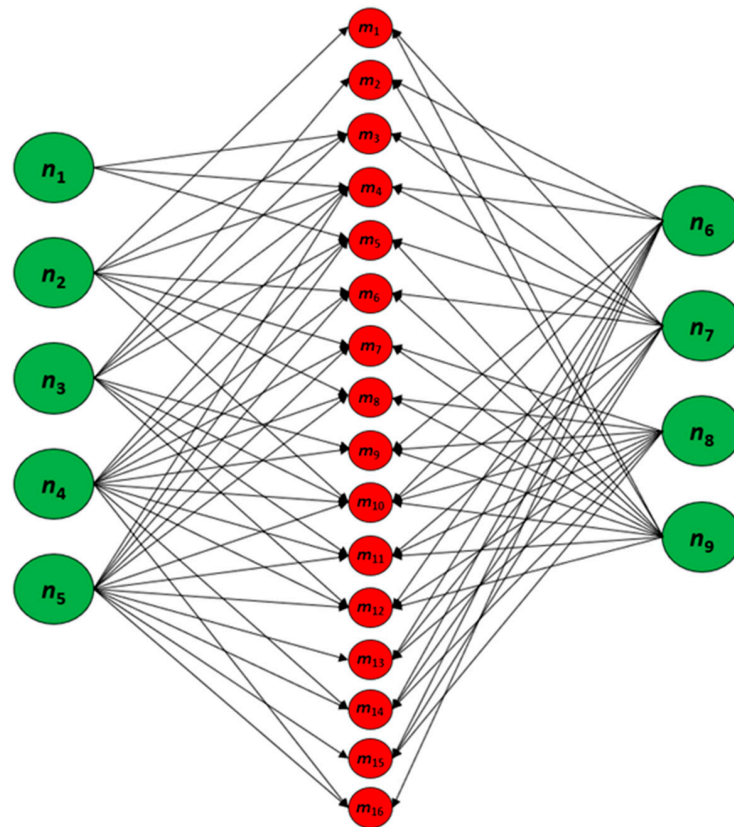


Figure 7. Graphical interpretation of the solution for Variant #1.

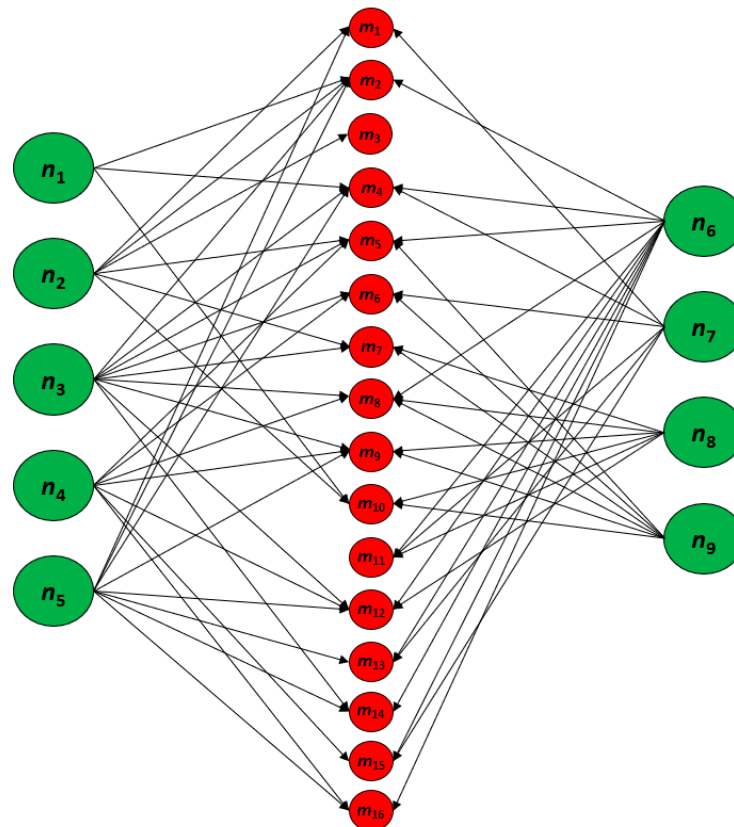


Figure 8. Graphical interpretation of the solution for Variant #2.

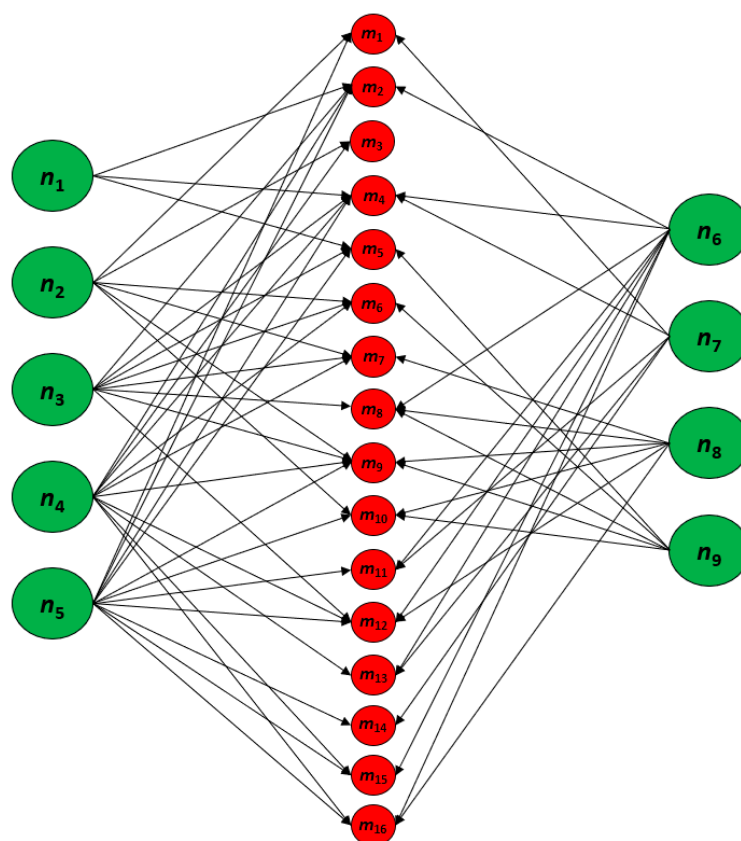


Figure 9. Graphical interpretation of the solution for Variant #3.

For the analyzed distribution network, the shortest total distance of 19,320.0 km was obtained for Variant #3. At the same time, it required the involvement of 62 means of road transport.

From an ecological point of view, fuel consumption is an important component of the pro-environmental policy. It affects not only the substances emitted into the atmosphere, but also becomes a direct cost for the entity performing the transport. Taking into account the data of the means of transport (Table 3), Table 17 below summarizes the total fuel consumption and CO<sub>2</sub> emissions within the analyzed distribution network for each variant.

Table 17. Total fuel consumption and CO<sub>2</sub> emissions for each variant.

	Variant #1	Variant #2	Variant #3
Total fuel consumption (l)	2234.28	1677.00	1661.52
CO <sub>2</sub> emissions (g)	5,949,420.0	4,465,500.0	4,424,280.0

On the basis of Table 17, it can be concluded that the lowest fuel consumption was obtained for Variant #3. The difference in fuel consumption compared to Variant #1 was 572.76 l. Comparing the environmental aspects for both variants, it should be stated that after optimizing the solution, the level of CO<sub>2</sub> emissions to the atmosphere obtained for Variant #3 was lower by 1,525,140.0 g compared with Variant #1.

### 5. Results, Discussion, and Directions for Further Research

Contemporary distribution networks are constantly evolving in accordance with the requirements defined by consumers. In line with the trends cited in Section 1, delivery time constitutes a component of their competitiveness—the shorter the better. This trend is particularly important for the supply of food products (fast moving consumer goods). One of the goals of this publication was to optimize delivery times within such a network.

Section 2 contains the calculation methodology for the three variants with the use of two tools (MS Excel and MATLAB). The main part of this study, constituting the authors' own contribution, is presented in Sections 3 and 4. Section 3 presents a distribution network with dimensions of  $9 \times 16$  objects located in the territory of the Republic of Poland (Figure 3). The contemplative potential of the supply nodes, which was made up of 9 suppliers, is specified in Table 1, while the diverse needs of the 16 recipients are summarized in Table 2. The calculations were carried out using two tools, i.e., MS Excel and MATLAB software.

Table 18 summarizes the basic characteristics of the three variants of transport implementation in the distribution network analyzed. They include the following process components, i.e., delivery time, number of necessary means of transport, distance travelled, fuel consumption, and CO<sub>2</sub> emissions to the atmosphere.

**Table 18.** Summary table of results.

	Variant #1	Variant #2	Variant #3
Delivery time (h)	13.3	9.3	9.0
Number of used transport means	80	61	62
Distance travelled (km)	25,980.0	19,500.0	19,320.0
Total fuel consumption (l)	2234.28	1677.00	1661.52
CO <sub>2</sub> emissions (g)	5,949,420.0	4,465,500.0	4,424,280.0

When analyzing the results obtained in this study, the following should be stated:

- For Variant #1, for which the space of the acceptable base solutions was the highest, the most favorable solution, amounting to 12.72 h, was obtained after using the MATLAB software (Table 9);
- For Variant #2, for which an additional constraint was assumed, narrowing the set of acceptable base solutions of the decision variable (being the arithmetic mean) amounting to 8, a more favorable result was obtained for the MS Excel tool (Table 18), which was 9.3 h;
- For Variant #3, for which another restriction was imposed, i.e., the value of the decision variable (lower than the average but at the same time being the closest to it) of 6 was considered, which further narrowed the set of acceptable solutions. In this case, the optimal result, amounting to 9.0 h, was also obtained for MS Excel (Table 18).

The above calculations can form the basis for the following conclusion: the algorithm, which was implemented in the MATLAB environment, searches groups with a large number of initial base solutions much better (Table 9, Variant #1). The MS Excel spreadsheet, on the other hand, is a more effective tool for groups with limited numbers of initial base solutions. This is indicated by the results obtained in Table 9 (Variant #2 and Variant #3).

Section 4 focuses on the environmental impacts of each option. The solutions obtained with the use of MS Excel were analyzed and assessed, which are more favourable for ecological reasons and at the same time are in line with the goals of sustainable transport set out in the 2030 Agenda for Sustainable Development [64]. This section presents a graphic illustration of the solutions obtained for each of the three considered variants (Figures 7–9) in order to determine the total distance travelled for individual solutions. The shortest mileage was obtained for Variant #3, which was 19,320.0 km, but it required the involvement of 62 means of transport (Table 18). Variant #3 turned out to be optimal from the point of view of both the total minimum delivery time and the total distance covered within the analyzed distribution network. However, it is not the best solution when looking at the number of means of transport necessary to carry out the transport. The minimum number of means of transport of 61 was obtained for Variant #2 (Table 18). The total distance travelled for each variant directly affects the total fuel consumption and the level of CO<sub>2</sub> emitted to the atmosphere (Table 18, Variant #3).

To sum up, when solving complex optimization problems, it is necessary to be able to use the available IT software. The use of computer tools reduces the time spent on

performing calculations and increases the range of applications of the presented method. In this article, an algorithmization of the analyzed optimization method was performed, which may constitute the basis for the development of a fully automated computational program in further research. The direction of further research will be to develop the problem solved in this publication through the use of specialized software for optimizing the basic characteristics of the transport performed in distribution networks of any size. In order to reduce the time necessary to carry out of the all calculations, source codes will be developed in C++ to solve decision problems with regard to the considered transport issues. The expansion of the distribution network to the size of the matrix  $10 \times 10$ ,  $50 \times 50$ , and  $100 \times 100$ , as well as the comparison of the obtained results will complement and develop further research in the field of optimization of delivery times.

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