

Article

## Chemical Composition of Apricot Pit Shells and Effect of Hot-Water Extraction

Derek B. Corbett <sup>1,†,\*</sup>, Neil Kohan <sup>2</sup>, Grazielle Machado <sup>3</sup>, Chengyan Jing <sup>1</sup>,  
Aditi Nagardeolekar <sup>1</sup> and Biljana M. Bujanovic <sup>1,†,\*</sup>

<sup>1</sup> Department of Paper and Bioprocess Engineering, SUNY College of Environmental Science and Forestry, 1 Forestry Drive, Syracuse, NY 13210, USA; E-Mails: cjing100@syr.edu (C.J.); anagarde@syr.edu (A.N.)

<sup>2</sup> Department of Wood Products Engineering, SUNY College of Environmental Science and Forestry, 1 Forestry Drive, Syracuse, NY 13210, USA; E-Mail: nkohan@syr.edu

<sup>3</sup> Coordination for the Improvement of Higher Education Personnel (CAPES) Foundation, Ministry of Education of Brazil, Brasilia 70.040-020, Brazil; E-Mail: gdmachad@syr.edu

† These authors contributed equally to this work.

\* Authors to whom correspondence should be addressed; E-Mails: dcorbet@syr.edu (D.B.C.); bbujanovic@esf.edu (B.M.B.); Tel.: +1-315-470-6907 (D.B.C. & B.M.B.).

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**Abstract:** Agricultural residues, such as corn stover, wheat straw, and nut shells show promise as feedstocks for lignocellulosic biorefinery due to their relatively high polysaccharide content and low or no nutritional value for human consumption. Apricot pit shells (APS) were studied in this work to assess their potential for use in a biorefinery. Hot water extraction (HWE; 160 °C, 2 h), proposed to remove easily accessible hemicelluloses, was performed to evaluate the susceptibility of APS to this mild pretreatment process. The chemical composition of APS before and after HWE (EAPS) was analyzed by standard methods and <sup>1</sup>H-NMR. A low yield of the remaining HW-extracted APS (~59%) indicated that APS are highly susceptible to this pretreatment method. <sup>1</sup>H-NMR analysis of EAPS revealed that ~77% of xylan present in raw APS was removed along with ~24% of lignin. The energy of combustion of APS was measured before and after HWE showing a slight increase due to HWE (1.61% increase). Near infrared radiation spectroscopy (NIRS), proposed as a quick non-invasive method of biomass analysis, was performed. NIRS corroborated results of traditional analysis and <sup>1</sup>H-NMR. Determination of antioxidizing

activity (AOA) of APS extracts was also undertaken. AOA of organic APS extracts were shown to be more than 20 times higher than that of a synthetic antioxidizing agent.

**Keywords:** apricot pit shells; hot-water extraction; chemical composition; xylan removal

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## 1. Introduction

Apricot (*Prunus armeniaca* L.) fruit has been recommended for human consumption due to its numerous health benefits, including fiber, minerals, and a variety of vitamins, such as Vitamin A, Vitamin C, Vitamin K, thiamine, riboflavin, niacin, and pantothenic acid. Apricot fruit also possesses a relatively high antioxidizing capacity attributed to phenolic and carotenoid compounds [1–4]. The fruits can be used fresh, dried, or processed as fruit juice, jam, and jelly. Apricots may also be consumed canned (16% of US production [4]).

The most important apricot producers are Turkey, Iran, Italy, and Pakistan, while the USA has traditionally been in the group of the ten largest apricot producers in the world [5]. The world production of apricot increased more than 60% between 1994 and 2013 (1994:  $2.564 \times 10^6$  tons; 2013:  $4.111 \times 10^6$  tons [6]). However, the US apricot production decreased in the same period (1994: 138,980 tons; 2014: 55,360 tons). The US average annual production of apricot between 2004 and 2013 (65,394 tons) decreased more than 27% from the average production between 1994 and 2003 (90,618 tons [6]). California accounts for ~80% of the US apricot production [3] as an unfavorable climate precludes large scale production in much of the remaining US. However, cold and frost hardy apricot varieties coupled with proper horticultural techniques may lead to increased success in apricot production in non-ideal climates [3,7].

The use of apricot pit shells (APS), which account for ~10% of the fruit mass [8] and are currently considered to be a waste product, may increase profitability of the apricot industry and promote apricot production in the USA. APS may be used for the production of activated carbon or converted to a gas mixture composed of mostly carbon monoxide, carbon dioxide, and methane [8–12], while kernels, which contain dietary proteins, oils, and fiber, exhibit antioxidant and antimicrobial activities and may be used in the production of oils, benzaldehyde, and cosmetics [1,13]. Valorization of APS is also consistent with efforts to develop materials, fuels, and processes that utilize lignocellulosic materials in place of fossil fuels [14].

However, unlike starch-rich biomass, utilization of lignocellulosic biomass requires pretreatment for efficient fractionation due to its inherent recalcitrance. Hot-water extraction is a mild autohydrolysis process (160 °C, 2 h) that can selectively remove large amounts of xylans from hardwoods while retaining the carbohydrate structure for further processing, such as hydrolysis and fermentation [15,16]. In addition to removing xylans, hot-water extraction (HWE) results in an increase in cellulose and lignin content, an increase in porosity, a decreased ash content, and cleavage of acetyl groups. These modifications provide for more efficient delignification, enzymatic hydrolysis, and pyrolysis of hot-water extracted biomass as confirmed in recent studies on different hardwoods, including sugar maple, Paulownia species, and eucalyptus [17–20]. HWE also results in an increase in energy of combustion [21].

This study was focused on the effects of HWE to estimate the utility of this pretreatment in valorization of apricot pit shells (APS). The effects were estimated by analysis of chemical composition and energy of combustion of APS before and after HWE. The chemical composition before and after HWE was analyzed by combination of traditional/standard methods used in wood chemistry and newly developed spectral methods ( $^1\text{H-NMR}$  and NIRS). Antioxidizing potential of organic-solvent- and HW-extracts was also estimated.

## 2. Results and Discussion

### 2.1. Characterization of Apricot Pit Shells (APS)

#### 2.1.1. Chemical Composition of APS

Results of analysis of the chemical composition of apricot pit shells (APS) following standard and traditional methods of wood analysis are presented in Table 1.

**Table 1.** Chemical composition of APS; Results of standard and traditional methods.

% Oven Dried (OD) APS									
Ash	Extractives			Uronic acids		Lignin		Cellulose	
	Hexane	EtOH:Tol	Methanol	Cold water (Hot water)	Klason	Acid soluble	Total	KH	
0.55	0.067	0.92	0.81	0.027 ± 0.0023	10.98	29.48	2.43	31.91	34.31
± 0.049	± 0.00048	± 0.082	± 0.023	(0.10 ± 0.0036)	± 0.81	± 0.72	± 0.15	± 0.86	± 1.47

Relatively low ash content (0.55%) determined in this study was lower than found by Cañellas *et al.* (1.67% [12]) but between the values reported by other research groups (0.17% [22]; 0.2% [10,11]; 0.3% [23]; 0.78% [9]; 1.0% [24]). The ash content of apricot pit shells appears to be less, on average, than recorded for other fruit stones, seeds, and nut shells (nut shells: 1.2%–3.8%; almond shells: 1.54%–2.3%; cherry stones: 0.9%; grape seeds: 2.5% [10,11]), demonstrating benefits of using apricot pit shells for combustion, pyrolysis, or carbonization.

The sequential Soxhlet extraction with organic solvents of increasing polarity showed that the content of polar extractives (e.g., phenolic compounds) was higher than the content of non-polar extractives (aliphatic compounds). Overall, the total extractive content (1.82% based on OD APS) was higher than reported by Yeganeh *et al.* (0.41% [23]) but lower than other results reported earlier: in accordance with Wei *et al.* [22], APS contain 5.2% extractives while oil and polyphenolic compounds are present in the amount of 1.6%–2.2% and 0.74%–0.9% respectively in accordance with the results of Cañellas *et al.* [12]. The low solubility of APS in cold and hot water indicates a minute amount of water-soluble carbohydrates, such as free sugars, glycosides, and starch.

The total lignin content represented by the acid-insoluble (Klason) and acid-soluble lignin was slightly less than a third of the APS mass (31.91%). The lignin content reported for APS earlier varies considerably and ranges from 23.4% to 51.43% [10,12,22,23]. It should be noted, however, that on average, nut shells and fruit stones tend to contain more lignin than wood (walnut shell: 33.3%–52.3%;

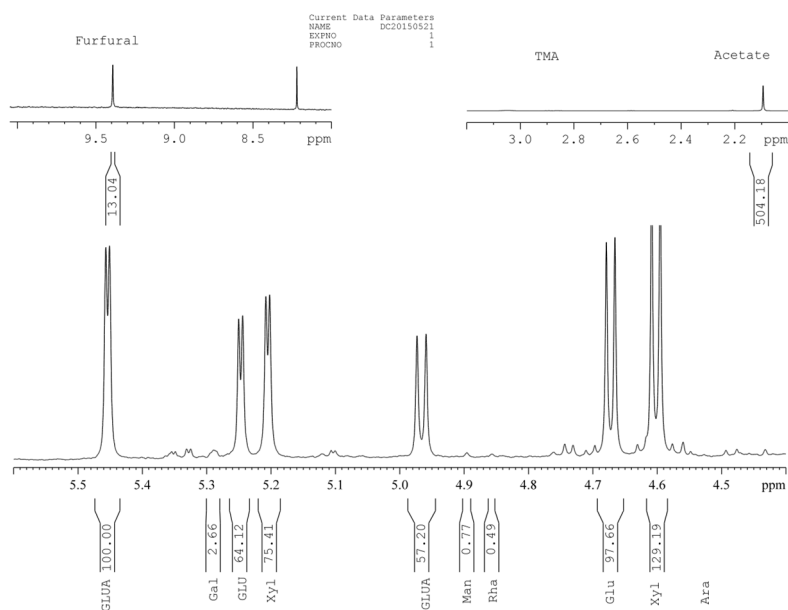
almond shell: 20.4%–27%; hazelnut shell: 27.2%–43.01%; apricot stone: 23.4%–51.4%; wood: 20%–33%; with compression wood 37%–40%; [10,12,25–27]).

The Kürschner-Hoffer (KH) method of cellulose determination is based on delignification and acid hydrolysis of hemicelluloses. It is expected that ~25% of pentosans remain undissolved, thus increasing the amount of measured insoluble residue [28]. The Kürschner-Hoffer cellulose accounted for 34.31% of APS OD mass, which is consistent with the results of Cañellas et al (33.6% [12]) and in between results of other authors (22.4%–39.8%; [10,22,23]). Overall, literature data indicates that the cellulose content of nut shells and fruit stones is less, on average, than that in wood (almond shell: 22.36%–50.7%; walnut shell: 25.6%–34.5%; hazelnut shell: 26.7%–40.5%; apricot stone: 33.6%–39.75%; wood: 37%–45%; tension wood: 50%–65%; [10,12,22,25–27]).

In addition to traditional and standard methods of chemical analysis of lignocellulosics, APS were analyzed for their carbohydrate composition by <sup>1</sup>H-NMR analysis of acid hydrolysate [29–31]. The spectrum showing the distinct peaks of glucose, xylose, galactose, rhamnose, mannose, furfural, and acetate is presented in Figure 1. The other expected peaks that may be assigned to characteristic lignocellulosic monosaccharides and their degradation products, including arabinose and hydroxymethyl furfural, were below detection limit. Quantification of observed hydrolysate components was achieved by comparison of the peak integrals with that of a known internal standard (glucosamine) as reported in the literature [30,31] (Table 2). The results converted to the content of corresponding polymers showed that the amounts of glucan (cellulose) and xylan in the APS were approximately the same (20.9 and 19.5%, respectively). Carbohydrate content as determined by <sup>1</sup>H-NMR is low compared to literature values, indicating that the acid hydrolysis method used may not be ideal for quantification of carbohydrates in lignocellulosic material. One important reason may be loss of xylan to furfural degradation products during acid hydrolysis. Shin and Cho reported a loss of up to 38% of xylans when using a similar method, even though furfural was taken into account [32]. It is recommended that other methods of hydrolysis such as acid methanolysis be considered for quantification of lignocellulosic carbohydrates [33,34]. Xylans (19.54%) in APS appear to be comparably acetylated (5.32%) to xylan in sugar maple and aspen (acetyl groups: 3.7 and 3.8%, respectively; xylans: 13.8 and 12.4%, respectively; [35]).

Uronic acids were quantified using a decarboxylation method [36]. Uronic acids were found to account for ~11% of the original dry mass of APS, which is almost twice as much as the amount of uronic acid found for various hardwood species [34]. The main sources of uronic acids in lignocellulosic materials are xylans (4-*O*-methyl glucuronic acid and glucuronic acid) and pectins (galacturonic acid).

The total mass balance for the compositional analysis of APS (sum of ~93% of OD APS using carbohydrate values from <sup>1</sup>H-NMR analysis) indicates a need to consider other constituents not quantified in this study (for example methoxyl groups) and to avoid potential degradation of carbohydrates (use of alternative methods, such as acid methanolysis).



**Figure 1.**  $^1\text{H}$ -NMR spectrum of APS acid hydrolysate.

**Table 2.**  $^1\text{H}$ -NMR analysis of acid hydrolysate of APS, results based on OD mass APS.

% OD APS						
Glucose	Xylose	Galactose	Rhamnose	Mannose	Furfural	Acetate
23.20	22.20	0.43	0.030	0.16	1.42	7.42
$\pm 1.42$	$\pm 1.41$	$\pm 0.089$	$\pm 0.043$	$\pm 0.082$	$\pm 0.35$	$\pm 0.10$

### 2.1.2. Energy of Combustion of APS

Energy of combustion of APS was determined using dry APS (higher heating value; HHV). HHV of APS was 20.22 MJ/kg (standard deviation: 0.13) which is less than 22.08 MJ/kg reported by Kaynak *et al.* [24]. However, this value is higher than was found for fourteen other lignocellulosic species by Demirbaş, which had an average HHV of 19.14 MJ/kg (standard deviation: 1.14) [25].

### 2.1.3. Antioxidizing Activity (AOA) of APS Organic Solvent Extract

It has been reported that apricot fruit and apricot kernels have high antioxidizing capacities [1–4]. To assess whether the same was true for the pit shell, antioxidizing activity (AOA), analysis of APS toluene/ethanol (2/1 vol/vol) extract was performed. The IC<sub>50</sub> (concentration of antioxidant at which 50% of present radicals are quenched) of the extract was found to be 0.029 mg/mL, which is ~23 times better than that of the synthetic antioxidizing agent butylated hydroxyanisole (0.653 mg/mL) but is still not as effective as the natural antioxidizing agent Vitamin E (0.001 mg/mL).

## 2.2. Effects of Hot Water Extraction on Apricot Pit Shells (APS)

### 2.2.1. Hot Water Extraction (HWE) of APS

HWE results demonstrated superior suitability of APS for this type of pretreatment. Solid extraction yield of hot water extracted APS (EAPS) was 59.23% (standard deviation 1.75), which indicates that

slightly more than 40% of the APS total mass was extracted during HWE. HWE of wheat straw, sugar maple, and Paulownia species under the same conditions resulted in the dissolution of 29.0%–37.5% of total biomass [18,21].

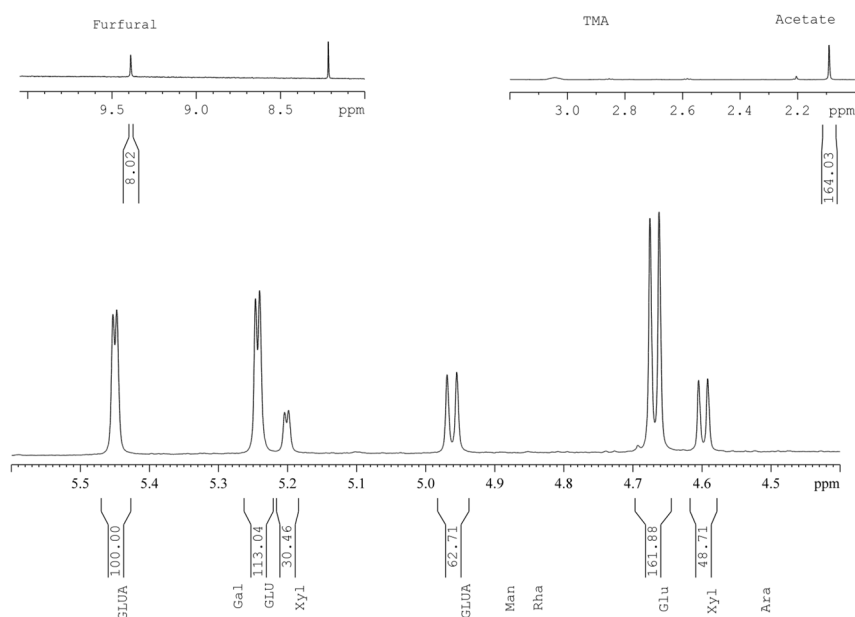
### 2.2.2. Chemical Composition of EAPS

The results of analysis of the chemical composition of APS after HWE (EAPS) using traditional and standard methods are presented in Table 3, while the results of  $^1\text{H-NMR}$  analysis of acid hydrolysate of EAPS are shown in Figure 2 and Table 4. In accordance with the results of glucan analysis by  $^1\text{H-NMR}$  (APS: 20.9%; EAPS: 33.8%), the percent cellulose composition of EAPS as determined by the K $\ddot{u}$ rschner-Hoffer method (52.78%) was higher than was found for APS (34.31%). The lignin content increased as well (31.91% to 40.93%), while the content of xylan, acetyl groups, uronic acids, and inorganics decreased substantially (19.53% to 7.47%, 5.32% to 1.71%, 10.98% to 0.41%, and 0.55% to 0.15%, respectively). The minute amounts of mannose, galactose, and rhamnose that were detected in the  $^1\text{H-NMR}$  spectrum of APS acid hydrolysate were not detectable in that of EAPS revealing that respective polysaccharides had been almost completely solubilized during HWE. It may be concluded that, even though it is considered as an underestimate of carbohydrate content (especially xylans [32]),  $^1\text{H-NMR}$  may be accepted as a comparative tool to assess the effects of HWE on APS.

The total mass balance for our analysis of EAPS (using  $^1\text{H-NMR}$  carbohydrate results) adds up to 90.3% of total EAPS.

**Table 3.** Chemical composition of EAPS. Results of standard and traditional methods.

% OD EAPS						
Ash	Extractives	Uronic acids	Lignin	Cellulose		
	Dichloromethane		Klason	Acid soluble	Total	KH
0.15	1.49	0.41%	39.46	1.47	40.93	52.78
$\pm 0.038$	N.D.	$\pm 0.18$	$\pm 0.47$	$\pm 0.20$	$\pm 0.27$	$\pm 3.86$



**Figure 2.**  $^1\text{H-NMR}$  spectrum of EAPS acid hydrolysate.

**Table 4.**  $^1\text{H-NMR}$  analysis of acid hydrolysate of EAPS, results based on OD mass of EAPS.

% OD EAPS			
Glucose	Xylose	Furfural	Acetate
$37.55 \pm 0.69$	$8.49 \pm 0.92$	$0.74 \pm 0.23$	$2.38 \pm 0.085$

### 2.2.3. Effects of Hot Water Extraction (HWE) on APS

HWE as an autohydrolysis process is initiated by deacetylation of biomass, which in this case accounted to a total loss of 81% of originally present acetyl groups. The extracted acetic acid may be recovered from the hot-water extract by membrane separation and sold to increase profitability of biorefinery based on APS [15]. Even though other acidic compounds, such as uronic acids (which were almost completely solubilized during HWE of APS), contribute to a further decrease in pH, the process is triggered by deacetylation. The average final pH of HW-extract observed in experiments with APS was 3.42 (standard deviation: 0.079), which is consistent with a previously reported range of 3.2–3.8 [16].

HWE led to the dissolution of about 77% of originally present xylan. Dissolved xylans, which are present either as shorter chains, xylooligomers, or xylose, can be further processed in biorefinery operations to produce biofuels (ethanol, butanol) or bioplastics [15]. As indicated by the high removal of uronic acids as compared to the removal of xylans (98% vs. 77%), it can be concluded that highly acidified xylans were preferentially dissolved during HWE. At the same time, glucan (cellulose) was well retained (loss of ~4% glucan) verifying highly selective removal of xylan inherent to HWE [15,16]. It should be noted as well that with complete disappearance of mannose (as shown by  $^1\text{H-NMR}$ ) a portion of the glucan removed might be due to the removal of glucomannan.

With decrease in pH during HWE easily accessible lignin fractions are hydrolyzed. Delignification occurs at a level ranging from 10%–15% on average for hardwoods, and reaching 28% for wheat straw (delignification degree based on originally present lignin in biomass; DD; [16–18,21]). The DD of 23.99% for APS was higher than reported for hardwoods. This finding may be indicative of a relatively high syringyl-to-guaiacyl ratio of the lignin present in APS [18].

Recovery of the HW-extracted lignin from the HWE liquor was not as efficient for APS as has been reported for hardwoods (~50% of extracted lignin; [16,18]). Only ~5% of the lignin extracted during HWE was recovered by the methods used (pH adjustment to  $2.0 \pm 0.01$  with sulfuric acid, cold-settling, and centrifugation/decantation). Such a low lignin recovery yield indicates an extensive cleavage of lignin resulting in low molecular weight phenolic compounds that remain dissolved in the HW-extract due to high hydrophilicity even at low pH.

As it has been previously shown that HWE improves delignification efficiency [15–18], further delignification of EAPS was investigated by extraction with acetone:water (AW; 9/1 vol/vol), which has been shown to be highly selective for lignin extraction from HW-extracted hardwoods [17,18]. AW extraction of EAPS resulted in the removal of ~6.5% of the original EAPS dry mass, yielding a total mass removal of ~47% for both HWE and AW extractions together. The lignin content of the extracted solids was determined to be 97.4%, which represents a delignification degree of 15.3% due to AW extraction, and a total delignification degree of 35.3% for both HWE and AW extractions combined (based on original lignin in APS).

It is also expected that HWE results in the removal of inorganics that are soluble in water. More than 83% of the inorganics were dissolved from APS. This would be a beneficial feature of EAPS in the case of further processing, e.g., combustion, pyrolysis or the production of activated carbon. APS have been recently considered for these applications [8–11,22–24].

#### 2.2.4. Energy of Combustion of EAPS

The higher heating value (HHV) of EAPS was determined to assess the effect of HWE on energy of combustion of APS. After HWE, energy of combustion increased ~4.1% (from 20.22 MJ/kg to 21.06 MJ/kg), which is a larger increase in energy of combustion than was found for sugar maple (2.9%) and wheat straw (3.0%) [21]. In his study, Demirbaş found a strong positive correlation between HHV and lignin content in biomass [25]. Results of this study corroborate the HHV-lignin correlation since EAPS, which is of higher lignin content than APS (40.93% as opposed to 31.91%), exhibited a higher HHV than APS. Along with the decrease in ash content, the increase in energy content after HWE is favorable for use of hot-water extracted lignocellulosics, including APS, for combustion purposes [24].

#### 2.2.5. Antioxidizing Activity (AOA) of APS Hot-Water Extract

HW-extract of lignocellulosic biomass is expected to contain components with AOA [37]. The IC<sub>50</sub> of evaporated supernatant was determined to be 0.116 mg/mL. This value indicates a lower AOA for HW-extract than for the organic extract of APS (0.029 mg/mL) but is still favorable as compared to the AOA of butylated hydroxyanisole (0.653 mg/mL).

#### 2.2.6. Near Infrared Spectroscopy (NIRS) of APS and EAPS

Solid state NIRS analysis of APS and EAPS was performed. Quantitative analysis of lignocellulosic biomass using NIRS requires statistical models to analyze bond vibration overtones (OT) in the NIRS range. Existing models for lignocellulosic material are generally not applicable across species [38]. Due to the limited variety of APS and EAPS samples available a model specific to APS could not be constructed and, therefore, quantitative analysis was not feasible. Interpretation of spectra was conducted on raw spectra, as well as second derivative spectra. Key wavelengths are labeled in spectra according to numbers in Table 5.

**Table 5.** Wavelengths of interest for NIRS analysis.

Number	Wavelength (nm)	Bond vibration	Assignment	Reference
1	1375	1 <sup>st</sup> OT C-H stretch	Hemicelluloses	[39]
2	1428	1 <sup>st</sup> OT O-H stretch	Amorphous cellulose	[40]
3	1725	1 <sup>st</sup> OT C-H stretch	Hemicelluloses	[41]
4	1907,1910	2 <sup>nd</sup> OT C=O stretch	Hemicelluloses	[39]
5	2267	O-H/C-O stretch	Lignin	[39]

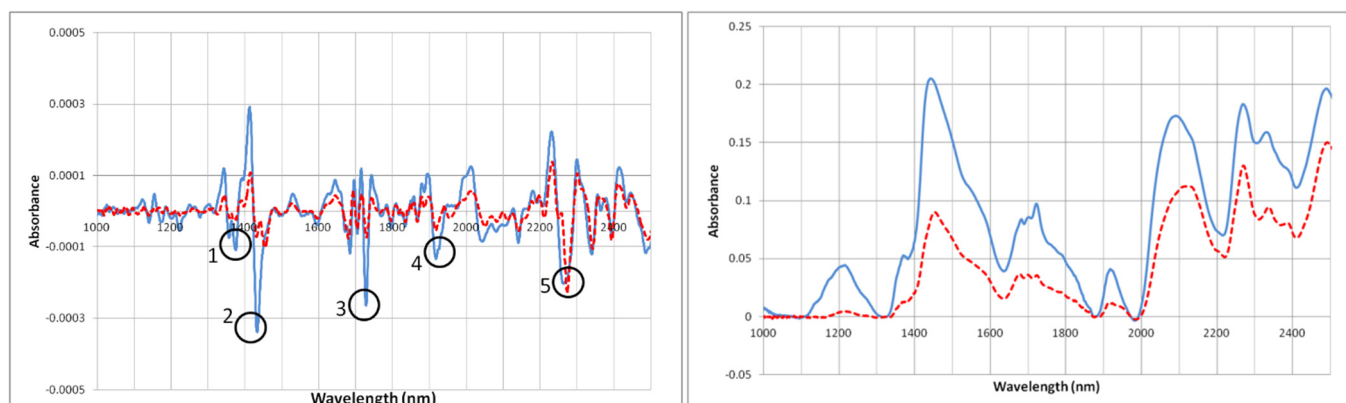


Raw spectra showed near uniform reduction in absorption at associated wavelengths for all constituents. Thus, second derivative spectra proved more suitable for interpretation of chemical changes caused by HWE (Figure 3). Decrease of absorption band intensity at 1428 nm indicates a degradation of amorphous cellulose. Existing research has shown decreased absorption at this amorphous cellulose related band following hydrothermal treatment [42]. This is in agreement with wet chemical analysis indicating ~4% removal of cellulose, which is undoubtedly from amorphous regions of APS cellulose. Furthermore, degree of crystallinity of cellulose was calculated using NIR spectra and Equation (1) [42]:

$$CR = \frac{C_I + C_{II}}{C_I + C_{II} + Am} \quad (1)$$

in this equation,  $C_I$  and  $C_{II}$  represent the integral intensities of O-H bands corresponding to crystalline regions in cellulose ( $1550 \text{ nm} \pm 10 \text{ nm}$  and  $1590 \text{ nm} \pm 10 \text{ nm}$ , respectively), and  $Am$  represents the integral intensity of O-H bands corresponding to amorphous regions in cellulose ( $<1428 \text{ nm}$ ). Results indicate that HWE leads to an increase in degree of crystallinity from 48.9% to 56.3%. This corroborates relatively low amount of glucans removed during HWE.

Decrease of absorption band at 1728 nm due to HWE confirms results of  $^1\text{H-NMR}$ , as this wavelength is hemicellulose-associated [43]. The peak found at 1890 nm (in raw spectra) is most likely a combination of bound water and hemicelluloses; this peak was greatly reduced in EAPS and APS following drying. HWE results in decreased hygroscopicity, which explains the decreased absorption band intensity for EAPS [44]. This reduction in hygroscopicity is related to the removal of hemicellulose sugars, which represent the most hydrophilic constituent of lignocellulosics. Decreased absorption intensities at 1910 nm, 1725 nm, and 1375 nm confirm results of  $^1\text{H-NMR}$  indicating ~77% reduction in total xylan sugars following HWE. Finally, absorption at 2267 nm indicates changes to lignin or phenolic compounds in APS following HWE. Absorption peaks at this wavelength have been attributed to O-H and C-H stretching vibrations as well as C-H combination vibrations associated with alkylbenzene structures [45]. This could indicate modification of lignin fraction during HWE resulting in altered residual lignin structures in EAPS. This could also be a result of an increase in phenolic hydroxyl groups due to HWE, as shown in the literature [18].



**Figure 3.** Raw and 2<sup>nd</sup> derivative NIR spectra of APS (solid) and EAPS (dashed), labels correspond to Table 5.

### 3. Experimental Section

Apricot (*Prunus armeniaca* L.) pit shells (APS) were provided by Dr. Muhammad Zia-ul-Haq (Intellectual Property Organization: Chemical Sciences, Karachi, Pakistan). APS were air dried, milled using a Willey mill to 30 mesh, and stored in sealed plastic bags until use when the moisture content was determined using TAPPI Standard method T264 cm-07: Preparation of wood for chemical analysis.

Ash content was determined in accordance with TAPPI Standard T 211 om-02: Ash in wood, pulp, paper, and paperboard: combustion at 525 °C. Cellulose content was determined by the Kürschner-Hoffer (KH) method [28].

Lignin content, including acid soluble lignin, was determined in accordance with a modified Klason lignin method [46]. For lignin determination, APS were pre-extracted sequentially with hexane, toluene/ethanol (2/1 vol/vol), and methanol (Soxhlet apparatus), followed by cold water (hot-water solubility after the same sequential organic extraction was also determined). HW-extracted apricot pit shells (EAPS) were pre-extracted with dichloromethane (DCM) as it has been previously reported that common solvents used in pre-extraction for lignin determination dissolve lignin from HW-extracted biomass [17]. Soxhlet extractions were performed in accordance with TAPPI Standard T 204 cm-97: Solvent extractives of wood and pulp. Cold/hot-water solubility was determined in accordance with TAPPI Standard T 207 cm-99: Water solubility of wood and pulp. Pre-extraction with DCM was performed by sonication for two hours with fresh solvent added after one hour (Branson 3510 ultrasonic bath). All extraction results are an average of two experiments except dichloromethane.

Sugar content was determined by a modified acid hydrolysis procedure similar to that described by Alves *et al.* [30], followed by <sup>1</sup>H-NMR analysis [30,31]. One hundred and fifty milligrams of APS (on oven-dry basis (OD); 30 mesh) was placed in a 15 mL screw-top pressure vessel along with 4.8 mL 72% sulfuric acid. This slurry was sonicated at room temperature for one hour after which 6.3 mL DI water were added to dilute the sulfuric acid to 40%. The mixture was then placed in a water bath at 80 °C for one hour with intermittent mixing. The lignin was allowed to precipitate in the cold room overnight. The next day the samples were filtered. All spectra were acquired at 30 °C with a Bruker AVANCE III 600 spectrometer (600 MHz <sup>1</sup>H frequency) equipped with a 5 mm Cryo Prodigy BBO z-gradient probe. Data were acquired and processed in TOPSPIN v3.2 from Bruker BioSpin. Glucosamine was used as the internal standard [30,31]. The results are an average of four experiments.

Uronic acid content was quantified by decarboxylation using a modification of the method described by Barker *et al* involving digestion in 19% HCl at 145 °C for 2.5 h followed by titration of CO<sub>2</sub> trapped in NaOH solution [36]. Due to the glassware available all reagent volumes were doubled. A blank value was determined in triplicate followed by a three-point standard curve in duplicate using 98+% glucuronic acid (Alfa Aesar). The curve fit had an R<sup>2</sup> value of 0.913. Uronic acid content of APS and EAPS was determined based on the produced standard curve. Reported values are an average of two experiments.

Hot water extraction of the ground apricot seed shells (APS; 30 mesh) was performed in a 300 mL Parr reactor (4560 mini bench top reactor) at 160 °C; 20 min temperature ramp; two hours at maximal temperature; 5 grams of biomass (OD); 20:1 water-to-wood ratio. Extract was collected by filtration and the pH of the extract was recorded at room temperature. The extracted APS (EAPS) were washed thoroughly with cold water prior to being air-dried. The reported yield is an average of eight

experiments. Following recovery of the HWE liquor, lignin precipitation and recovery was performed. The pH was dropped to  $2.0 \pm 0.01$  by addition of 20% sulfuric acid and the pH-adjusted liquor was allowed to sit in the cold room for at least one week to allow for complete lignin precipitation. The liquor was then centrifuged and the residue was dried in the vacuum oven at 40 °C.

To assess the effect of HWE on delignification efficiency, acetone/water (AW; 9/1 vol/vol) extraction of EAPS was performed (120 °C, 45 min) in the Parr reactor described above. After rotary evaporation of the AW extract the lignin content of solid residue was determined by the Klason method, including acid soluble lignin [46].

Higher heating value (HHV) of oven-dried APS and EAPS samples were determined by calorimetry performed on a Parr Calorimeter 6200 instrument in accordance with ASTM method D5865-13: Standard test method for gross calorific value of coal and coke. Due to the difficulty in making a pellet out of the APS and EAPS material, benzoic acid was used to assist. The results are an average of three experiments. For comparison, HHV of sugar maple (*Acer saccharum*) and HW-extracted sugar maple was determined as well.

Antioxidizing activity (AOA) of two extracts of APS (toluene/ethanol 2/1 vol/vol, sonicator, and solids recovered from evaporation of HWE supernatant) were determined by a UV-VIS spectrometric method as described by Berger *et al.* [47]. Solid extract dissolved in methanol was used to quench the free radical 1,1-diphenyl-2-picrylhydrazyl (DPPH). Upon being quenched DPPH undergoes a color change that is detected by UV-VIS at 515 nm (Thermo Scientific, Genesys 10 UV-VIS). A serial dilution of the extracts was prepared to determine the IC<sub>50</sub> of the extracts.

A Bruker FT-NIR Multi Purpose Analyzer spectrophotometer was used for collection of NIR spectra from ground APS and EAPS samples. Samples were all ground to 40 mesh as differences in particle size is known to influence scattering patterns, altering spectra shape [48]. Samples were scanned at 8 cm<sup>-1</sup> resolution combining sixteen scans per spectra. Samples were vacuum-dried at 40 °C for 72 h prior to analysis.

#### 4. Conclusions

It has been confirmed that apricot pit shells (APS) are a lignocellulosic biomass source with relatively high lignin and energy content. This makes APS an attractive material for various valorization methods, including pyrolysis and pelletization. Organic and aqueous extracts of APS were shown to have strong antioxidant properties indicating that APS could potentially be a feedstock for the production of antioxidant supplements, preservatives, and stabilizers.

APS were shown to be rather uniquely susceptible to hot water extraction as a relatively mild pretreatment option for biorefinery type operations. Nearly 80% of total xylan was removed along with nearly 25% of lignin. Additional lignin was removed with subsequent acetone/water extraction resulting in a total delignification of ~35% without harsh conditions or chemicals. While most of the cellulose remained undissolved during HWE, NIRS results indicated that the crystallinity of the remaining cellulose increased. Removal of more than 80% of inorganics originally present in APS, along with the increase in energy of combustion, makes EAPS even more suitable for valorization.

NIR spectroscopy is remarkably simple to use, although its use as a quantitative tool is hindered by the need for multiple well-defined samples for production of a statistical model. In this study the results of NIR spectroscopy corroborated the results of traditional/standard methods combined with <sup>1</sup>H-NMR.

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## Author Contributions

Derek Corbett: HWE of APS, solvent extractions, KH cellulose analysis, klason lignin analysis, ash analysis, acid hydrolysis and <sup>1</sup>H-NMR sugars analysis, energy of combustion analysis, AOA analysis, uronic acids analysis, writing and editing. Neil Kohan: NIRS analysis, energy of combustion analysis, author of NIRS section, editing. Grazielle Machado: HWE of APS and acetone:water extractions of EAPS. Chengyan Jing: HWE of APS, klason lignin analysis, lignin recovery from HW-extract. Aditi Nagardeolekar: Valuable assistance with uronic acids determination. Dr. Biljana Bujanovic: Advising, writing, and editing.

## Conflicts of Interest

The authors declare no conflict of interest.

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