



Review

Strategies to Improve the Energy Storage Properties of Perovskite Lead-Free Relaxor Ferroelectrics: A Review

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Abstract: Electrical energy storage systems (EESSs) with high energy density and power density are essential for the effective miniaturization of future electronic devices. Among different EESSs available in the market, dielectric capacitors relying on swift electronic and ionic polarization-based mechanisms to store and deliver energy already demonstrate high power densities. However, different intrinsic and extrinsic contributions to energy dissipations prevent ceramic-based dielectric capacitors from reaching high recoverable energy density levels. Interestingly, relaxor ferroelectric-based dielectric capacitors, because of their low remnant polarization, show relatively high energy density and thus display great potential for applications requiring high energy density properties. In this study, some of the main strategies to improve the energy density properties of perovskite lead-free relaxor systems are reviewed, including (i) chemical modification at different crystallographic sites, (ii) chemical additives that do not target lattice sites, and (iii) novel processing approaches dedicated to bulk ceramics, thick and thin films, respectively. Recent advancements are summarized concerning the search for relaxor materials with superior energy density properties and the appropriate choice of both composition and processing routes to match various applications' needs. Finally, future trends in computationally-aided materials design are presented.

Keywords: energy storage; ceramic dielectrics; ferroelectrics; relaxors; energy density; microstructural properties; dielectric properties

1. Introduction

The challenges associated with the growing world population and the increased degree of interconnection of electronic devices worldwide bring about an increase in energy consumption, which needs to be tackled off-grid by a new generation of stand-alone electrical energy storage systems (EESSs) compensating for the discontinuity of renewable energy sources [1]. In fact, renewable energies are unavailable for long periods (e.g., solar energy is predominantly available in the daytime and wind energy in the early mornings). Hence, converting harvested renewable energy to electrical energy and storing it to be readily available anytime for the needs of electronic devices is the primary solution. To achieve this, efficient EESSs tuned to specific applications are needed. EESSs can be broadly classified into four main classes, such as (1) solid oxide fuel cells; (2) traditional batteries (Li-ion batteries); (3) electrochemical capacitors, and (4) dielectric capacitors [2]. These EESS classes' appropriateness for a specific application is generally decided by two important parameters, namely the energy density (ED) and the power density. The ED is the energy stored in a given amount of substance, expressed in volume (volumetric ED: Wh/L or J/cm³) or mass (Specific ED: Wh/kg). Power density is the measure of power output from a particular amount of substance and is often expressed in W/kg. A Ragone plot, named after David. V. Ragone [3], is often used to show the energy and power available for a certain load, i.e., energy density vs. power density. Here, it is important to note that the Ragone plot depicts

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the maximum energy in a finite power region that is based on the type of EESSs. The loss mechanisms, such as leakage currents, internal heating, etc., are not included in a Ragone plot, although they are crucial for end applications.

From the Ragone plot shown in Figure 1, it is clear that EESSs have to be chosen depending on the needs because an EESS that combines high power and ED is currently unavailable. In much simpler terms, this plot shows why traditional batteries can supply energy for a longer time (>100 s) but need more time to replenish compared to a dielectric capacitor (<0.01 s). Despite the low ED of dielectric capacitors (cf. Figure 1), higher operating voltages, lower cost, size flexibility, thermal and cyclic stability, and range of possibilities to tune the leakage currents are some of the major advantages. Realizing high ED in a dielectric capacitor while retaining its high-power density would set up new possibilities towards versatility, cost-effectiveness, miniaturization, etc. [4].

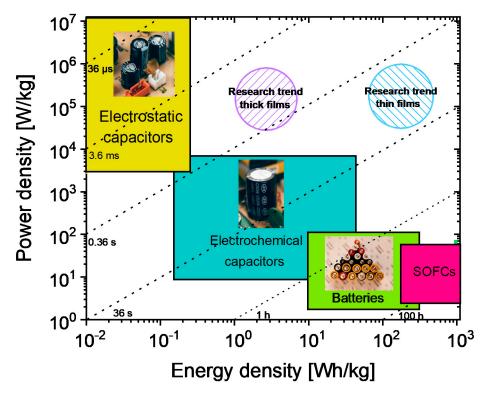


Figure 1. Ragone plot comparing energy density against power density for different electrical energy storage systems (EESSs).

Dielectrics are materials with high electrical resistivity, typically greater than $10^8~\Omega\cdot m$ and can store electrical energy through lattice polarization resulting from the formation or reorientation of electric dipoles. When a dielectric is placed in an electric field, there is no long-range flow of charge; however, atoms or ions locally react to oppose the electric field by polarizing or setting up a dipole moment that opposes the external applied electric field [5]. Hence, dielectric capacitors can quickly deliver charges whereas traditional batteries rely on chemical reactions, making them less time-efficient. Dielectric capacitors can also have a longer lifetime for the very reason contrary to batteries in which the chemical reactions are not always completely reversible.

For a ceramic dielectric, the stored ED, J_s , is given by,

$$J_s = \frac{1}{2}\varepsilon_0\varepsilon_r E^2 \tag{1}$$

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where ε_0 is the permittivity of the free space, ε_r is the dielectric permittivity of the ceramic material and E is the applied electric field. J_s can be represented as an integral function of polarization (P) since $P = \varepsilon_r E$,

$$J_s = \int_0^{P_s} E dP \tag{2}$$

The above equations represent the amount of energy that can be stored in a ceramic dielectric when the polarization is increased from 0 to polarization saturation (P_s) under the applied field increasing from 0 to E_{max} , respectively.

Whereas the recoverable energy density will be,

$$J_r = \int_{P_r}^{P_s} E dP \tag{3}$$

where P_r is the remnant polarization. Based on these equations, for superior ED properties, a ceramic dielectric should have high ε_r , large P_s , low P_r , and high dielectric breakdown strength (*BDS*). The *BDS* is one of the primary deciding factors of ED properties of EESSs [6]. Dielectrics with all the stated properties originate from the broad class of ferroelectric materials.

This review aims to introduce perovskite-based relaxor ferroelectrics and then summarize some of the common strategies that are used to tune and promote the ED properties in chemically modified high-permittivity perovskite-based dielectric systems that are often, but not always, relaxor ferroelectrics. In addition to the chemical modification essential to attain a relaxor state, novel fabrication methods are crucial to controlling the microstructure and thereby the *BDS*, which is mandatory to achieve high ED properties in any FE systems. Given the number of works available in the literature on these topics and its complexity, this review cannot comprehensively review all published material. Nevertheless, it seeks to provide researchers with clear guidelines on how lead-free relaxor-based systems could be modified to enhance ED properties.

2. Perovskite-Based Relaxor Ferroelectrics

Ferroelectrics (FE) are polar materials with spontaneous polarization that can be reoriented by changing the direction of the external applied electric field. In general, the overall polarization of the ferroelectric crystal is zero because of the equal number of domains oriented in random directions. As E increases, the cations obtain sufficient energy to overcome the local electrical potential barrier and will be able to jump from one random potential well position to another permissible well position most closely aligned with the field, which results in switching of domains. At strong enough $E(E_{max})$, switching will result in a domain saturation state (i.e., at the field above which no further domain reorientation in field direction is possible) at which the exhibited polarization is the P_s . Upon reducing and reversing E, the converse process takes place, but traces along a new path consistent with the creation of new domains in the opposite direction. The polarization exhibited at zero field after field reduction is P_r , which is not equal to zero in a FE material. The required E that can switch the ferroelectric material domains back and forth is the coercive field (E_c). Once poled, the material continues to follow the hysteresis loop and will return to zero net polarization at $-E_c$ or if the material is raised above T_c , but not at E = 0 [7]. This phenomenon is called polarization-electric field (PE) hysteresis; shown in Figure 2 for a ferroelectric material. Also shown in Figure 2 is the polarization versus electric field (P–E) for relaxors and linear dielectrics.

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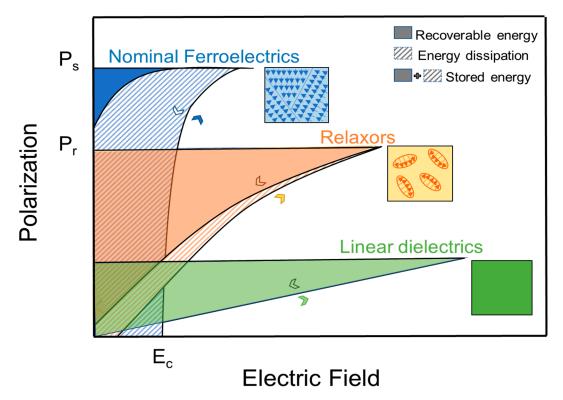


Figure 2. Polarization versus electric field (*P–E*) for typical ferroelectrics, relaxors, and linear dielectrics.

Because of P–E hysteresis, the recoverable ED, J_r , is usually smaller than J_s in ferroelectric ceramics, as shown in Figure 2. The figure marks the difference in stored and recovered energy in ferroelectric materials by stripes and fillings. The ratio of J_r and J_s is the energy-storage efficiency η .

$$\eta = \frac{J_r}{J_s} \tag{4}$$

The difference in J_s and J_r is a direct consequence of non-zero P_r and J_r can be drastically different with different P_r values, also shown in Figure 2 (nominal ferroelectrics vs. relaxors).

Ferroelectricity is reported in four material classes: (1) Oxygen octahedral group (i.e., perovskite) (2) pyrochlore group (3) tungsten-bronze group, and (4) bismuth layer-structure group [8]. From a structural point of view, FE materials belong to non-centrosymmetric point groups with orientable spontaneous polarization. From an electrical point of view, an FE material, in addition to the defined *P–E* loops, will exhibit a sharp rise in the temperature dependent ε_r response when the material undergoes a transition from non-centrosymmetric FE state (where the spontaneous polarization exists) to a centrosymmetric paraelectric (PE) state. This transition temperature is called the Curie temperature (T_c) . Such transitions in barium titanate perovskite FE will be discussed later. The most studied FE material class is the oxygen octahedral group, also categorized as perovskite [9], and we refer further only to this material class in this review. In addition to the recent interests on perovskite-based relaxors for EESSs, which is addressed in this review, this material class has gained interest for various applications such as photovoltaics [10,11], catalysis [12], smart windows, etc., because of their versatile structure and the possibility to achieve a wide range of electrical, magnetic, optical, and mechanical properties [13]. We also caution the reader that non-perovskite systems may also possess high ED properties (for instance, tetragonal tungsten bronzes [14,15]) and that the discussion about using additives and novel processing methods included in this review (Sections 4 and 5) may apply to those systems as well.

Perovskite is the classification name given to materials based on the mineral calcium titanate's general crystal structure and bonding arrangement (CaTiO₃) [13]. CaTiO₃ has the orthorhombic *Pbnm*

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crystal structure at room temperature and undergoes reversible phase transformation to tetragonal I4/mcm at ~1240 °C. It transforms to ideal cubic $Pm\overline{3}m$ at a temperature of ~1360 °C and remains $Pm\overline{3}m$ cubic until its melting temperature of ~1975 °C. According to the displacive model, in the ideal cubic perovskite structure (ABO₃), $Pm\overline{3}m$, (see Figure 3), atoms have a face-centered arrangement, and the structure is cubic close-packed with larger A-site (A) cations and C-site (C) anion forming an FCC lattice with the smaller B-site (B) cation possessing octahedral coordination with anions. This octahedral coordination of the B-site cations classifies perovskites under the oxygen octahedral group. In the perovskite structure, the co-ordination number of A cation is twelve and the B cation and C anion coordination numbers are six each [7].

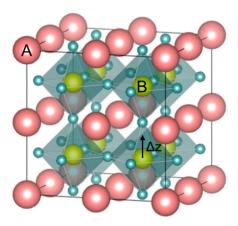


Figure 3. Perovskite ABO₃ structure with the face-centered arrangement. The B cation sits with VI-fold coordination at the center of the oxygen octahedral.

For ferroelectrics and related material systems, the perovskite structure can tolerate a wide range of substitutions in the A and B sites, resulting in significant variations of material properties because of the substitutions changing the polarization energy unit volume, band structure, etc. [16,17]. The close-packed perovskite structure's theoretical packing density can range from 0.52 to 0.76 and can be increased further by selective elemental substitution. Each lattice site may incorporate multiple ions of unique ionic radii and valence states that can lead to complex perovskites like PbMg $_{1/3}$ Nb $_{2/3}$ O $_3$ (PMN), Na $_{1/2}$ Bi $_{1/2}$ TiO $_3$, etc. As a result, a perovskite can take on a wide range of crystal structures depending upon the nature of the incorporated atoms, and thus the material rarely forms the ideal cubic perovskite structure at elevated temperatures.

Perovskite materials are often structurally understood by applying a semi-empirical relationship known as the Goldschmidt tolerance factor (GTF) [18], which is expressed by the following equation,

$$t = \frac{R_A + R_C}{\sqrt{2}(R_B + R_C)} \tag{5}$$

where R_A , R_B , and R_C are the ionic radii of the A, B, and C-site atom(s), respectively. In Goldschmidt's formalism, T ranges from about 0.77 to about 1.05, with the "ideal" cubic perovskite forming when T is about 1.00. For T > 1, the material is often associated with high permittivity material properties, including ferroelectric materials. For T < 1 is often associated with low symmetry materials. The scientific community has utilized the GTF as a relatively simple tool for nearly a century to guide the discovery and development of new perovskite materials; however, it does not consider effects deviating from pure ionic bonding behavior and thus might not be applicable to all perovskite systems [19].

Most of the technologically relevant perovskite materials are based on PbTiO₃, where the A-site of the lattice is occupied by Pb²⁺. The lone electron pair of Pb²⁺ induces a hybridization with the neighboring oxygen anions, thereby shifting the bonding character to covalent. As a result, the Pb²⁺ cation goes off-center, which has important implications in the giant electromechanical

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properties of $PbZr_{1-x}Ti_xO_3$ (PZT) and $PbMg_{1/3}Nb_{2/3}O_3$ -PbTiO₃ (PMN-PT) solid solutions [20]. However, lead-based FE materials are subject of restrictions due to the toxicity of lead-containing compounds, especially during processing steps, and because of the risk of Pb leaking to the environment after end-of-use of electronic components [21]. The study of lead-free FE materials is far from being concluded and it is yet unclear how lead-free materials have to be designed to attain desired properties. Thus, the scope of the present work is to review the state-of-the-art of lead-free perovskites, especially for EESSs.

One of the most widely studied lead-free perovskite-based FE materials is barium titanate (BaTiO₃, BTO). Historically, BTO was discovered simultaneously in the United States by Wainer and Salomon in 1942, in Russia by Vul in 1944, and in Japan by Ogawa in 1944. The crystal structure of BTO was first reported by Megaw [22] and Von Hippel [23]. BTO is an ideal cubic structure above 120-128 °C (Curie temperature- T_c) and follows a Curie–Weiss law:

$$\frac{1}{\varepsilon_r} = \frac{T - T_c}{C} \tag{6}$$

where *C* is Curie constant.

Below T_c , BTO undergoes two ferroelectric–ferroelectric phase transitions: a structural phase transformation from tetragonal (space group: P4mm) to orthorhombic (space group: Amm2) at 6–12 °C, followed by a transition from orthorhombic to rhombohedral (space group: R3m) at -77–(-92) °C [24]. Figure 4. shows the dielectric and structural properties of BTO ceramics.

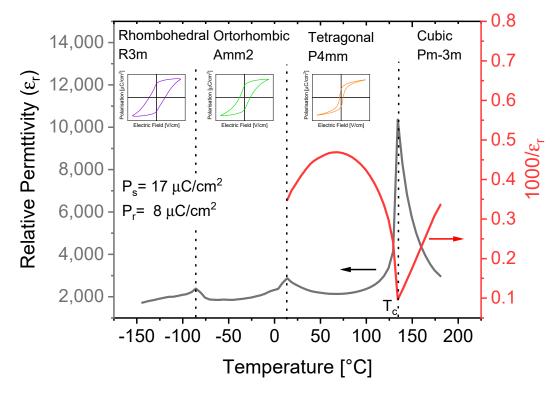


Figure 4. Dielectric and structural properties of BaTiO₃ (BTO) ceramics. Values of saturation polarization (P_s) and remnant polarization (P_r) are at 30 °C.

A chemical modification that includes both chemical substitution and additives is a widespread approach in BTO to enhance or tune the material properties. This modification is later combined with novel fabrication methods for various technological needs [25]. In addition to macroscopic material properties, chemical alterations have profound effects on the parent material's fundamental FE nature. Here parent material can be referred to any FE perovskite system that is constituted by one variation of atomic species at every crystallographic site in a perovskite structure without affecting the translational

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symmetry. Interestingly, chemical alterations, even on an atomic level in an FE parent material, can have a notable impact on the macroscopic properties. From now on, considering the scope of this review, discussions are based primarily on changes observed in macroscopic properties (dielectric properties, PE loops, microstructure, etc.) as a consequence of chemical alterations; however, changes at the atomic scale cannot be completely ignored. Upon chemical alteration, mainly substitutions at a lower concentration level, the lattice continuum of the FE matrix is disrupted, resulting in increased diffusivity of the temperature-dependent ε_r in addition to changes in the well-defined features of the P–E loops that are typical for an FE material. This type of FE material, although chemically modified, retains the long-range FE order and so exhibits a diffuse FE-PE phase transition at the T_c and follows the Curie–Weiss law above T_c . Such FE systems with a broad ε_r response are categorized as FE with 'diffuse phase transition-DPT' [26,27]. The nature of FE phase transitions in DPT is controversial and is outside of the scope of this review. Upon further chemical modification, a peculiar material state, called the 'relaxor-state', can be achieved. There are three main features that characterize relaxors: (1) A diffuse temperature-dependent relative permittivity response, (2) the dispersion of the relative permittivity maximum as a function of frequency, and (3) the absence of macroscopic symmetry breaking as a function of temperature (the permittivity maximum is hence denoted as T_m instead of T_c). The transition from FE state to a DPT state and finally to a relaxor state is reported in many FE parent materials and this transition sequence is especially valid in BTO based systems [28–31]. The compositions between a DPT state and a full relaxor state are generally called "crossover compositions." The exact concentration for this series of composition-driven transitions until the relaxor state varies with different substituting ions and is discussed more in detail in the subsequent sections. This article primarily focuses on BTO-based systems showing relaxor characteristics at high substituent content.

Relaxors are attractive for EESSs because of their relatively high BDS, high ε_r and slim P–E loops (i.e., low remnant polarization- P_r). Figure 2 depicts the drastic difference in the appearance of the PE loops of relaxors compared to a FE system [32]. The slim PE loops are a direct consequence of the chemical heterogeneity that results from chemical modifications, disrupting the long-range polar FE order into a fragmented short-range polar-state [33]. The disruptions are of different origin and there are numerous theories available in the literature that differentiate 'relaxor' states based on the nature of the substituents [34–37]. The most recent theory suggests the occurrence of slush-like polar structures, which primarily elucidates the dynamics of electric dipoles as a function of temperature [38]. Electric dipoles can originate from static (i.e., defect-induced) and dynamic (cation hopping-induced) lattice disorder. These dipoles are the source of random electric fields (RF) that play a crucial role in inducing relaxor behavior independent of the substitution types. The dynamic disorder is temperature-driven and is not only specific to relaxors but is also present in the cubic phase of BTO, resulting in broad Raman spectra well above the T_c [39,40]. The intrinsic static disorder is related to defects and is present even in single-crystal BTO—for example, due to oxygen vacancies [41]. It is understood that relaxor behavior might have a different origin in Pb-based or Ba-based systems, since cation off-centering has a role in local lattice polarization.

3. Tuning Energy Density by Chemical Substitution

A relaxor state can only be attained upon the chemical modification and there is a certain 'compositional window' inside the solubility limit or 'x' mole percentage (for a solid solution) within which the relaxor properties can further be tuned. Here, the term chemical modification for a compound refers to modification of its chemical composition by addition or removal of an atom or molecule. In the field of materials science, this practice is often called doping or substitution. The term 'doping' is widely used in semiconductor science and refers to the introduction of a foreign ion in the material predominantly to modify the electrical properties [42]. This foreign ion can replace an existing atom in the equivalent crystallographic site, otherwise called 'substitutional doping' or can take an interstitial lattice site without being incorporated in the lattice, otherwise called as 'interstitial doping'. Please note that doping is carried out in minimal quantities (in the range of parts per million-ppm). On the other

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hand, substitution in materials science refers to replacement of an atom in the crystallographic site with a suitable atom of the same or different oxidation state compared to the atom that is replaced, as shown in Figure 5a. Substituents go on a definite crystallographic site and are usually added in higher percentages (up to 40 at% in barium zirconium titanate to attain relaxor state). When it comes to perovskite relaxors, using the term substitution for chemical modification is appropriate since replacement of atoms is preferred over interstitial impurities to tuning the material properties. Also, unlike doping, substitution percentages inducing relaxor behavior can vary from as low as 10 at% (Nb⁵⁺ modified BTO: BNbT) [43] to as high as 40 at% (Zr⁴⁺ modified BTO: BZT) [44], depending on the type of chemical substitution.

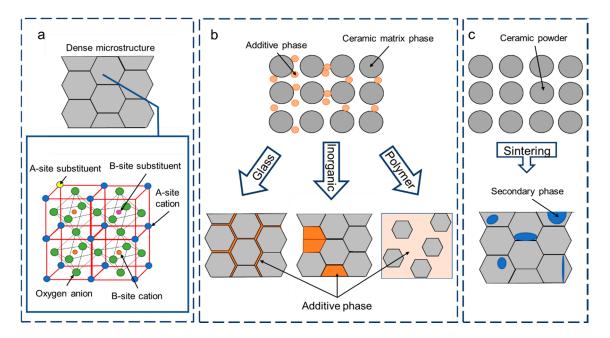


Figure 5. Graphical representation of chemical substituents (a), additive phases (b), and secondary phases (c).

Substitution can be either be homovalent (HoV) or heterovalent (HeV) in nature. In most cases, substitution in perovskite structure is carried out at the A and/or B site of the ABO3 structure (c.f. Figure 5a). Here, homovalent substitution refers to the replacement of a cation in the lattice site with an ionic species of the same oxidation state. In contrast, in the case of heterovalent substitution, the substituent ion has a different oxidation state to that of the replaced cation. In both cases, it should have a permissible ionic radius, as stated by the GTF (c.f. Equation (5)). As defined previously, relaxors are chemically heterogeneous and disrupted FE systems where the long-range FE order is disrupted by a mechanism that has a different origin based on the substitution type. In a few words, for HoV substitution, the disruption is considered a simple 'bond-breaking methodology' (Polar cluster + matrix), when the atoms do not go off-center and weak random fields (RF) originate from steric effect because of the difference in the ionic radii. This kind of relaxor system can, therefore, be called 'fragmented ferroelectrics' and a typical example is BZT [45,46]. On the other hand, in HeV substitution, the origin of FE disruption is more complex depending on the donor (lower oxidation state compared to substituted cation) or acceptor (higher oxidation state compared to substituted cation) state of the substituent. The charge imbalances as a result of the difference in the oxidation states must be compensated by free electrons or cationic vacancies to retain electrical neutrality [47]. Hence, the long-range FE order is disrupted in the HeV case by strong random electric fields that emerge from the off-centering of substituted cations in addition to the defect complexes arising from charge compensation schemes. Therefore, this kind of relaxor system can be called 'disordered ferroelectrics' and a typical example is BNbT [41]. Detailed reports on the origin of relaxor behavior upon chemical modification can be found elsewhere [48].

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Our previous [41,49] and other reported works have overwhelming evidence that HeV substitutions are more effective in inducing the 'relaxor state' and have a profound effect on the dielectric properties for comparatively small substituent concentrations compared to HoV substitution [50,51]. Often multiple HeV substituents are used simultaneously at the A and/or B site to preserve overall charge neutrality and limit the formation of cationic vacancies that could deteriorate the dielectric performance of the material, and at the same time, introducing strong RFs for effective disruption of long-range FE order. In this section, HoV and HeV substitutions are treated individually to limit the complexity and give a general outline of the effect of different chemical modifications on the dielectric properties relevant to enhancing and stabilizing the ED.

3.1. Effect on Curie Temperature

One important effect of chemical modification is the shift in the T_c/T_m . This effect is technologically relevant since the ε_r value (and hence the ED) is usually greater around T_c/T_m (c.f. Equation (1)). Thus, it is important to shift the T_c/T_m in a temperature range where high ED is desired. Figure 6 shows the evolution of T_c/T_m with the substitution concentration in BTO. Except for Ca²⁺ in small percentages at the A-site, T_c/T_m decreases with the substitution concentration increase. The crossover to relaxor compositions is marked with asterisks for every substituent. As a general guideline, the substituent effect on the T_c/T_m is given by the shift of the B atom (c.f. Figure 3-marked by an arrow) from the ideal cubic (centrosymmetric) position in oxygen octahedra, denoted by Δz . If a substituent limits Δz as a result of ionic radii or bonding environment, thereby also limiting the distortion of the octahedra, T_c drops as a consequence. Ravez et al. thoroughly investigated the influence of substituent cations on the octahedral distortion and the T_c/T_m [50]. Considering BTO as a reference material, some of the most important factors that control the shift in T_c/T_m are the ionic radii of the substituent (as seen for Zr⁴⁺) at the B-site, the coordination number, the presence of a lone electron pair (as it occurs for cations Bi³⁺ or similar) at the A-site, the Jahn–Teller effect induced by substituents like Mn³⁺ or Cr²⁺, and a cationic order within the lattice that can favor a cooperative effect and distort the crystalline structure [52]. HoV substituents at the B-site (Zr^{4+} , Sn^{4+} , Hf^{4+} , Ce^{4+}) influence the T_c more when compared to A-site (Ca²⁺, Sr²⁺) cations that are outside of the octahedra. The reason for this behavior is that B-site cations have a direct effect on Δz and so on the octahedral distortion, whereas A-site cations have an effect only on the strength of the Ti-O bond. A weaker $\pi_{\text{Ti-O}}$ bond is reflected by a smaller octahedral distortion and a more subtle effect on the T_c/T_m [52]. This difference is also evident from the slope of T_c/T_m evolution for HoV at both A (filled circles) and B-sites (empty circles). HeV substituents both at the A-site (La³⁺, Pr³⁺) and B-site (Nb⁵⁺) show a rapid decrease in the T_c/T_m , not only for their effect on the Δz but also for the creation of cationic vacancies and the presence of strong RFs originating from defect complexes [43,53,54]. Figure 6 depicts the rapid decrease in the T_c/T_m for HeV at the A site (filled squares) and B-site (empty squares), respectively.

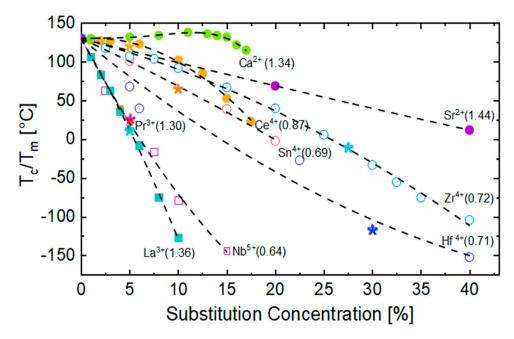


Figure 6. Dependence of T_c/T_m on substituent percentage for A-site homovalent (HoV) (filled circles) and B-site HoV (empty circles), A-site heterovalent (HeV) (filled squares) and B-site HeV (empty squares) substituted BT [43,53–60]. In brackets, the ionic radii in Å obtained from Shannon [61]. The crossover to relaxor compositions is marked as asterisks for every substituent.

3.2. Effect on Relative Permittivity

Another important parameter that influences the ED properties of relaxor systems is the absolute value of the relative permittivity (ε_r) as shown in Equation (1). In most BTO-based systems, with the increase in substituent concentration, the maximum relative permittivity ($\varepsilon_{r\,max}$) value increases along with the increase in diffusivity of the temperature-dependent dielectric response until it becomes a relaxor, at which the $\varepsilon_{r\,max}$ drops. This initial increase in the permittivity until the material becomes a relaxor is attributed to the increased number of polarization states available due to the co-existence of different phases or polar lattice entities (e.g., broken-bond fluctuations in HoV or charged defect complexes in HeV); more details on the enhancement of different dielectric properties at the crossover compositions can be found elsewhere [62]. In any case, for chemically modified FE systems, the diffusivity in the dielectric response is characterized by the diffuseness parameter, γ [63]. This parameter, derived from the modified Curie–Weiss law, is used to characterize the type of phase transitions with a value ranging from 1 for a typical FE material to a maximum of 2 for a complete diffuse phase transition [64],

$$\frac{1}{\varepsilon} - \frac{1}{\varepsilon_{max}} = \frac{(T - T_m)^{\gamma}}{C'} \tag{7}$$

where *C'* is the Curie–Weiss constant and other terms as explained previously in the text. This model does not invoke the frequency dependence of relaxor systems and hence cannot be taken as a measure of relaxor behavior.

Importantly, microstructural properties such as grain size and porosity have been shown to influence the dielectric permittivity of FE systems, including relaxors. It has been reported that the ε_r decreases with the decrease in grain size (increasing the fraction of grain boundaries per unit volume) primarily because of the non-ferroelectric nature of the grain boundaries. Also, the diffusivity of ε_r response is increased with the decrease in grain size, which is related to the suppression of latent heat of different subsequent phase transitions [24]. The porosity also affects the permittivity. Pores in a ceramic material are filled with air, that possesses a much lower ε_r , thus the permittivity decreases with the increasing of the porosity [65,66]. These microstructural properties are mainly controlled with the choice of

processing conditions and/or use of additives that will be discussed in Sections 4 and 5, although they can be modified with substituents as well. Substituents are commonly used to suppress abnormal grain growth and obtain a fine-grained microstructure. When a foreign atom is homogeneously dispersed in the material matrix, the grain boundary mobility can be hindered by the 'solute drag effect' [66,67]. For instance: (1) Hf⁴⁺ substituted BTO presents a smaller grain size [68], but also high porosity [52], leading to an overall reduction in ε_r ; (2) Nb⁵⁺ substituted BTO ceramics showed a small and uniform microstructure due to better diffusion of Nb⁵⁺ into the BTO grains inhibiting the abnormal grain growth. Also, microstructural density was improved by the introduction of Nb⁵⁺ that ultimately led to enhanced ε_r [69].

In addition, different HoV and HeV substitutions results in heterogeneities of several forms (defect complexes, random dipoles, non-polar entities etc.) in the FE lattice, which induce different types of dielectric relaxations. Understanding the defect chemistry of the material system thus becomes very critical [70]. Being most relaxors heavily substituted systems (10% or more of substituting atoms), a transition from electronic to ionic compensation is proven to be preferred in several BTO based systems with few exceptions [47,71,72]. These cases typically comprise—in some BTO systems—a transition from semiconductor behaviour at low substitution concentration to insulator at higher substitution concentration [73]. The nature of ionic vacancies (A-, B-site or oxygen vacancies) impacts the dielectric response of the material differently, thus affecting the ED properties [74]. In fact, recent reports suggest that A- or B-site vacancies can be an effective disruptor of FE order [41] (thereby inducing relaxor state) as well as promote ED properties if carefully designed [75].

One more interesting possibility with chemical modification is to produce a core-shell microstructure that can have a remarkable impact on the ED properties. A core-shell by definition is when a grain has inhomogeneous chemical distribution with selective enrichment of certain elements in the core compared to the shell. This method is normally used to produce a broad permittivity response by superposition of multiple permittivity peaks because of the core-shell structure. Interestingly, Wang et al. [76] demonstrated electrical homogeneity in samples with such structures despite the above-mentioned chemical heterogeneity that resulted in enhanced electrical resistivity in (1-x) BiFeO₃–0.3BaTiO₃-xNd(Zr_{0.5}Zn_{0.5})O₃ (BF-BT-NZZ)-based relaxor systems. Most of the grains had no macro domains and there were nanodomains in the core regions. This clever engineering of domain distribution might have helped suppress several grain boundary-related energy dissipation mechanisms that ultimately led to enhanced ED properties. The same approach can be used to add an additive phase in the matrix and is discussed in Section 4.

3.3. Effect on Polarization

In polycrystalline ceramics, the material is composed of numerous individual grains, which individually can be treated as single crystals. Each grain is constituted of multiple ferroelectric domains in which the polarization is randomly oriented [77]. The boundary between the two domains is called a domain wall. When an electric field is applied to the material, the electric polarization within each domain will align parallel to that of the applied field, and so the domain walls will move to a new position. This continues to happen until polarization saturates (P_s) at a sufficiently high electric field (E). In single crystals, after the removal of the electric field, the polarization value decreases only slightly; that is, the remanent polarization P_r has a value close to P_s . On the other hand, in relaxors, the polarization decreases until P_r approaches values close to zero at E = 0 [78]. Hence, to achieve high ED properties, the difference between P_s and P_r , otherwise written as P_s - P_r has to be maximized [79] by minimizing the energy dissipations (dielectric losses) in material (c.f. Figure 2)—in other words obtaining a slim hysteresis loop. The main contributors to dielectric losses are extrinsic: polarization rotation and domain wall movements. These effects are extensively explained in a review by Liu et al. [77]. Among the methods to maximize the P_s - P_r are controlling the grain size, the addition of secondary phases, and most commonly, as mentioned previously, by disrupting the FE order using chemical substitution. A nominal FE material like BTO (c.f. Figure 2) possesses a small P_s - P_r value, making it

not suitable for energy storage applications because of the resulting low J_r . Chemical substitutions in the lattice introduce local disorder and random fields that disrupt the long-range polar order so that no well-developed FE domains exist but only short-range localized polar entities [79]. Moreover, HeV substitutions can also introduce defects such as vacancies as charge compensation schemes that restrict the domain wall movement by the 'pinning effect', resulting in lower mechanical losses upon field reversal. All these produce a lower P_r and a slimmer P–E loop (c.f. Figure 2). The same 'pinning' effect can be obtained with smaller grains due to the stabilization of domain walls by grain boundaries. To summarize, any chemical modification that influences the degree of lattice disorder will influence both P_r and the ED properties as well.

3.4. Effect on Breakdown Strength

In addition to the requirement of a large P_s - P_r value, a high BDS is essential to realize high-performance dielectric based EESSs. The BDS of a material is the maximum electric field that can be applied on a sample of a given thickness before catastrophic electrical breakdown (i.e., a disruptive discharge) occurs. Since for improving the ED properties, a large P_s has to be achieved, the relaxor materials will have to withstand high electric fields to reach the P_s value. The BDS is linked to the ED properties by Equation (2) and is strongly influenced by both microstructure and the band gap of the material. In general, smaller grains, high density, phase purity, and wide band gap are critical in determining the BDS. It has already been explained how substituents can restrict abnormal grain growth, by reducing the boundary migration, ensuring a uniform, dense microstructure [67]. This enhances ED properties in many relaxor systems [80]. More details on the dependence of BDS on the microstructure is covered in the subsequent sections. The electrical breakdown of a material can also occur via avalanche breakdown and electronic breakdown, as explained by Seitz [81] and Fröhlich [82] in two comprehensive works. Electronic breakdown occurs when a sufficiently high electric field is applied to a ferroelectric material for electrons in the valence band to cross the energy gap and accumulate in the conduction band, ultimately leading to breakdown by continued field application [66]. This is connected to the band gap and, therefore, can be tuned by substituents. For instance, Zhao et al. showed that Ta incorporation for Nb in BaTiO₃-Bi(Zn_{2/3}Nb_{1/3})O₃ improves the BDS due to the wider band of Ta₂O₅ compared to Nb₂O₅ [83].

4. Tuning Energy Density by Chemical Additives

Chemical additives are intended as chemical modifications that do not modify the crystalline lattice (i.e., differently from the case treated in Section 3), but are willingly dispersed as a second phase in the ceramic matrix along the grain boundaries in the sample microstructure (c.f. Figure 5b). This should not be confused with the often-used terminology, 'secondary phase', which is neither foreseen in material fabrication nor favorable to material properties (c.f. Figure 5c). Usually, additives are mixed with the starting ceramic powders and are distributed uniformly within the microstructure of bulk ceramics and thick film multilayer architectures after sintering [84]. Figure 5 schematically differentiates substitutions, additives, and secondary phases that are commonly found in the field of ceramic science. Additives mainly facilitate lowering of the sintering temperature, increase density (ρ), increase the BDS, etc. The use of additives such as glasses, metal oxides, and polymers have been shown to achieve homogenous microstructure by reducing grain growth. The additive particles, when mixed in the ceramic matrix phase, due to the aforementioned solute drag effect, get distributed preferably along the material grains during the sintering process and limit the grain boundary mobility and grain growth. This effect is common when additives or chemical modifiers are involved [67]. In addition to the refinement of the microstructure, additives can improve BDS in relaxor systems while retaining the intrinsic properties of the matrix phase, such as relatively large ε_r and P_s [85–87].

4.1. Glass Additives

Although glass shows lower ε_r [85] compared to ceramics, ceramic–glass composites have been studied since the 1950s to benefit from their superior *BDS* properties [88]. During ceramic fabrication, glass powders are mixed with the ceramic starting powders until they are uniformly dispersed and then formulated to various needs. During sintering, the glass phase additive, due to its lower melting temperature, forms a liquid phase between the solid particles, promoting the dissolution–precipitation process for enhanced sintering activity (c.f. Figure 5b). This contributes to the reduction of the sintering temperature [89], an increase in ρ [90] and a refined grain size [91]. An ideal glass phase additive should possess the following: (1) low melting temperature to reduce the sintering temperature and to limit grain growth, (2) low reactivity with the solid phase to avoid the formation of secondary phases, (3) low viscosity to promote mobility for easy redistribution around the matrix phase grains, and (4) relatively high ε_r [90].

The borosilicate-based glasses such as B_2O_3 -SiO₂ are commonly used in connection with BTO-based relaxors due to their high *BDS* and good wettability with BTO-based powders [87,92]. For example, Wang et al. studied the effect of BaO-B₂O₃-SiO₂-Na₂CO₃-K₂CO₃ glass content on the dielectric properties of Ba_{0.4}Sr_{0.6}TiO₃ (BST). The chemistry of glass content strongly influenced the dielectric properties of BST ceramics with a maximum achievable J_r of 0.72 J/cm³ and a *BDS* of 280.5 kV/cm that is substantially better than its ceramic counterparts [93]. Yang et al. showed that the J_s of Ba_{0.85}Ca_{0.15}Zr_{0.1}Ti_{0.9}O₃ ceramic could be tuned from 0.205 J/cm³ to 1.15 J/cm³ when an optimized 5 wt% of B₂O₃-Al₂O₃-SiO₂ glass additive is used [94]. Recently, Yang et al. incorporated Bi₂O₃, which is not a glass former, in a conventional B₂O₃-SiO₂ glass composition, and then added the mixture as an additive to enhance ED properties of BST ceramics because of the high polarizability of the Bi³⁺ ions. At an ideal glass additive concentration, a maximum *BDS* of 279 kV/cm and J_r of 1.98 J/cm³ was realized [92]. Only very few examples of the vastly available literature are highlighted here, and most glass additives are based on B₂O₃-SiO₂, BaO-B₂O₃-SiO₂, Bi₂O₃-SiO₂-B₂O₃-ZnO and BaO-Bi₂O₃-B₂O₃ systems [95]. With glass additives, the ratio of ceramic powder to glass concentration has to be carefully evaluated for the following reasons:

- Although the *BDS* is improved with glass addition, the ε_r of the composite is reduced with the increase in the percentage of glass additive due to its lower ε_r [96,97].
- During sintering, excessive liquid phase formation with higher glass content could promote grain growth, and increase microstructural defects such as porosity, causing the so-called "de-sintering" phenomenon, ultimately degrading the electrical properties of the system [90].

4.2. Inorganic Additives

Metal oxides such as SiO₂, MgO, and ZnO and are often employed as sintering additives to enhance densification and refine the microstructure of ceramics. Just like glass additives, inorganic additives with a high *BDS* and low dielectric loss are mixed with the ceramic powders and sintered to investigate its effects on the overall ED properties of the system. It is important to note that in contrast to glass additives, ionic species from metal oxides can often diffuse into the lattice, causing the formation of secondary phases by chemical reactions [98] or substitute a cation in the lattice resulting in unwanted chemical modification [99].

Silica (SiO₂) is a common additive employed in relaxor ceramics [98]. In addition to limiting the grain growth, SiO₂ particles with small ε_r were found to experience a high local electric field compared to the total applied field. These field localizations combined with excellent insulating properties of SiO₂, facilitate the enhancement of ED properties of ceramics [100]. Diao et al. showed that the SiO₂ additive could be a cost-effective way to tune ED properties by demonstrating a J_r and BDS of 0.86 J/cm³ and 134 kV/cm in BST ceramics, which is slightly better than conventional counterparts [101]. On the other hand, Zhang et al. demonstrated that a core-shell approach could be more beneficial to the ED properties in BTO systems. The core-shell structure is generally achieved by chemical modification,

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which was already discussed previously, but it was realized by coating the matrix phase particles with an additive phase. This is different from the traditional additives approach, where additives are dispersed uniformly within the starting powders and sintered. In the case of coating, a chemical route is adopted where tetraethoxysilane is added to BTO nanoparticles, followed by ammonia assisted hydrolysis in alcoholic media. The technique offers the possibility even to control the thickness of the coating layer and the effective dispersion of the additive phase. BTO with 2 wt% SiO₂ reported a J_r of 1.2 J/cm³ and a BDS of 201.8 kV/cm that is substantially superior to that of pure BTO ceramics [98]. A similar approach was used on BST powders synthesized by the sol-gel method and a mere 8 wt% of SiO₂ coating resulted in a J_r of 1.6 J/cm³, BDS of 400 kV/cm, and a higher η compared to pure BST ceramics [102].

Magnesia (MgO) is another important inorganic additive in BTO based composites, especially for its high *BDS* (~1000 kV/cm) despite its low ε_r (~10). Zhang et al. showed that MgO as an additive effectively achieves a uniform and small-grained microstructure, thereby ensuring a superior *BDS*. A maximum *BDS* and J_s of 330 kV/cm and 1.14 J/cm³, respectively, was achieved on BST-MgO composites [103]. One of the MgO-based composites' main drawbacks is the reactivity of Mg²⁺ ions that often produce chemical substitution or trigger chemical reaction to form a secondary phase. This is indeed a major problem for all inorganic additives if not chosen wisely. This reactivity of MgO was limited using a rapid spark plasma sintering (SPS) approach by Huang et al., resulting in synthetized BST-MgO composites with a significantly enhanced *BDS* and J_r of 330 kV/cm and 1.49 J/cm³, respectively. It is interesting to note that although the P_s of BST-MgO composites decreased from 14.20 μ C/cm² to 11.50 μ C/cm² with the increase in MgO concentration from 0 to 10 wt %, the overall J_r still increased from 1.20 J/cm³ to 1.49 J/cm³ [104]. This again suggests that optimizing the concentration of additives can be critical. Similar work using SPS to limit the Mg²+ reactivity and fabricate BaTi_{0.85}Sn_{0.15}O₃/MgO composites was done by Ren et al. Just 10 wt % of MgO resulted in a J_s , *BDS* and η of 190 kV/cm, 0.51 J/cm³ and 93%, respectively [105].

Zinc Oxide (ZnO) can also be employed as an additive phase to enhance ED properties in BTO based systems for its role in enhancing dielectric properties and as a sintering additive [106]. Dong et al. showed that Ba_{.3}Sr_{0.7}TiO₃ ceramics with 1.6 wt % of ZnO additive resulted in a J_s of 3.9 J/cm³ at an applied electric field of 400 kV/cm. The ED properties improved with ZnO concentration, peaking at 1.6 wt % of ZnO, followed by gradual degradation again when compared to J_s and BDS of 2.2 J/cm³ and 340 kV/cm, respectively, for pure BST [99]. Similarly, Yao et al. showed that 1.0% of ZnO additives in Na_{0.5}Bi_{0.5}TiO₃-BaTiO₃-NaNbO₃ relaxor ceramics could achieve a J_r of 1.27 J/cm³ and an electric field endurance as high as 100 kV/cm, in addition to great temperature stability in the ED properties [107]. Tao et al. later showed that in Bi_{0.5}Na_{0.5}TiO₃-BaTiO₃-K_{0.5}Na_{0.5}NbO₃ (BNT-BT-KNN) the ε_r response could be effectively tuned by utilizing competing local electric field induced by matrix phase and ZnO based polar entities. BDS increased from 750 kV/cm for pure BNT-BT-KNN to 1230 kV/cm for 40% ZnO addition [108].

In summary, inorganic additives ensure a fine and dense microstructure and decrease the sintering temperature, ensuring a uniform and dense microstructure. In contrary to glass additives, inorganic additives can also act as a substituent by diffusing into the material lattice, making it difficult to control the chemistry of the matrix phase. An appropriate amount and type of inorganic additive have been shown to be beneficial to the ED properties of relaxors, above which undesirable secondary phases are inevitable.

4.3. Polymer Additives

Polymers as a chemical additive have attracted a lot of attention due to their high *BDS*, flexibility, and superior mechanical properties. Despite their incredibly low ε_r , giant *BDS* has made polymers a suitable chemical additive to improve ED properties in relaxor ceramics [109]. The integration of a high ε_r ferroelectric ceramic matrix phase and polymer additive helps achieve high *BDS* while retaining the advantages of the ferroelectric matrix such as high ε_r and P_s . Among different polymers,

ferroelectric polymers possess a high ε_r and are the most suitable for energy storage applications. One such polymer is Poly(vinylidene fluoride) (PVDF) and its copolymers that are widely used in capacitor applications due to the large electronegativity. This is mainly created by the presence of fluorine and hydrogen atoms in the polymeric chain leading to the formation of numerous dipoles that contribute to a high ε_r [110]. PVDF is a non-toxic material and it exists in four crystalline forms: α , β , γ , and δ . In the β form, the chain formation presents the highest dipole moment resulting in high piezo and ferroelectric properties and is the most suitable for energy storage applications [111].

Ba_{0.95}Ca_{0.05}Zr_{0.15}Ti_{0.85}O₃ (BCZT)-PVDF flexible composites were successfully fabricated by Luo et al., with BCZT percentages ranging from 6 to 61 vol%. The *BDS* of the composites decreased drastically with the decrease in PVDF concentration since the ceramic matrix phase is increasingly deciding the overall performance. At 61 vol% of BCZT, a *BDS* of ~680 kV/cm and a J_s of 2.0 J/cm³ was achieved [109]. In a study by Luo et al. BTO-PVDF-based composites were produced using a more environmentally friendly procedure for treating the BTO surface. This surface treatment is essential to achieve homogenous dispersion of ceramic and polymer phases. The *BDS* of the samples showed a decrease with an increasing amount of BTO powder from 3300 kV/cm for 20 vol% BTO to 1870 kV/cm for 50 vol% BTO concentration. The maximum J_s of 8.13 J/cm³ was achieved at an optimum BTO vol% of 20, while the efficiency remained relatively low like any other polymer-based ceramic composite [112]. The use of conventional sintering methods to fabricate polymer-ceramic composites is not feasible due to the low melting temperature of the polymeric matrix. Alternatively, the polymer solution and ceramic powders are often mixed and cast.

Generally, the *BDS* decreases with an increase in ceramic phase concentration, and so the vol% of the polymer phase is relatively high (as high as 90 vol%), unlike other additive phases. Achieving a homogeneous dispersion of the ceramic powder in the polymeric matrix is vital as agglomeration resulting from the difference in the surface energy of ceramic and polymer phase can lead to accumulation of defects and inevitably lower the *BDS* and ED performance of the composite. Therefore, surface compatibility between ceramic powder and polymeric additives has been extensively studied and various modification to ceramic phase morphology [113] and surface activation [114] have been employed to ensure sufficient chemical homogeneity in the polymer/ceramic composite.

5. Tuning Energy Density by Processing Methods

Superior ED performance can also be effectively obtained by controlling the microstructural properties of materials, including grain size, microstructural defects (i.e., porosity), and density. Although tuning ε_r , T_c , and P (P_s and P_r) by chemical modification has profound effects on the material properties to promote ED properties, novel processing methods ensure that a material system with (theoretically) high ED will have a favorable microstructure to demonstrate its high ED properties in reality. This is undoubtedly true when it comes to tuning BDS, which is one of the most vital parameters (c.f. Equation (1)) influencing the ED. Importantly, advancements in processing routes are essential in upscaling and commercialization of certain technologies to make them available in the commercial market. This section is only dedicated to novel processing methods of different relaxor systems in different available forms (bulk ceramics, multilayer thick and thin films) that mainly ensure tight control on microstructural properties to produce reliable high ED materials. Please note that this section is only an introduction to some of the most recent and impactful processing methods to fabricate high ED relaxor systems and is definitely not a complete guide.

5.1. Bulk Ceramics

Historically, some of the first relaxor systems were fabricated by the conventional solid-state sintering route. This fabrication procedure, from now on abbreviated as 'CS', includes powder compaction usually by uniaxial (or isostatic) pressure followed by sintering at temperatures below the melting point of the material, which has the ultimate goal of achieving a dense material with a favorable microstructure. During sintering, several changes such as grain growth, change in

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pore sizes, pore density, etc., occur due to simultaneous densifying and non-densifying diffusion mechanisms [115]. After sintering, microstructural defects ascribed to sintering, organics evaporation, or poor compaction might still be present in the material. For this reason, although ceramic dielectrics, including relaxors, are expected to have excellent ED properties because of their large *BDS*, those defects largely undermine their performance in reality. Some of the defects in bulk ceramics can include pores, impurities (i.e., conducting particles), agglomerates, cracks, secondary phases, etc. These defects in ceramics under a large applied electric field can act as 'field intensification regions', where the applied field can vary largely compared to rest of the sample leading to accelerated local degradation followed by catastrophic electrical breakdown [116]. In later stages, advancements in multilayer ceramic fabrication technology helped overcome some of these problems shifting the research and development activities to thick films with controlled microstructure, as will be discussed in detail in the subsequent section.

Recently, there have been renewed interests in studying the ED properties of bulk ceramics especially due to innovations in fabrication routes, like sintering approaches that made high-density ceramics (with less microstructural defects) more realizable than ever, to benefit from the true BDS of material systems. Also, recent advancements in rapid sintering approaches [117], with external stimuli such as pressure, electric field, plasma, etc., are efficient in retaining small grain size and ensure high density to achieve high BDS. Despite advancements in both thick and thin-film technology, bulk ceramics with high ED properties are still valuable in certain applications for ease in industrial upscaling and cost-effectiveness. In addition, demonstrating high ED properties on bulk ceramics has become critical in the advent of searching for new material compositions with superior properties that can later be adopted to thick or thin-film technologies. In the subsequent discussion, some of the most successful fabrication approaches of bulk relaxor systems for EESSs are summarized without considering the downsides of bulk ceramics in comparison with thick or thin films. When stating some novel fabrication approaches, process parameters such as the sintering temperature, pressure, and time will be reported in addition to the relevant properties such as relative density, grain size (if required), and the corresponding ED for the discussed relaxor composition. The compositions included in this section are not based on any particular interest but just on the availability of studies in their respective fabrication methods and the CS method for comparison. Relatively simpler compositions are preferred if available.

(a) Role of temperature

In general, sintering is an essential step in any ceramics to develop a favorable microstructure. As a consequence of different diffusion and mass transport, densification and coarsening occurs during sintering. Grain coarsening occurs normally in the final stage of the process to retain energetic equilibrium between the grain boundary and the rest of the bulk material. Grain growth hinders densification and can be represented by the following equation [118],

$$\frac{d\rho}{\rho \, dt} \, \propto \, \left(\frac{\delta \, D}{G^3}\right) \tag{8}$$

where the term on the left side is the densification rate where ρ is density, t is time, δ is the grain boundary thickness, D is grain boundary diffusivity, and G is grain size. This equation depicts the inverse relationship of densification rate and G. A common approach to attain a dense microstructure is to follow a longer sintering time making the abnormal grain growth inevitable, which is also explained in the above equation [67]. In such a scenario, an interesting rate-controlled sintering approach was proposed in 2000 by Chen et al. where grain growth is limited by taking advantage of the difference in kinetics between the densification and grain growth effectively by freezing the grain network [119,120]. In this approach, a critical density is achieved by rapidly heating the material to a high temperature (first stage- T_1) and then cooling to relatively lower temperatures (second stage- T_2), where it is held for a certain time like in the CS. This novel approach of achieving fine microstructure just by tweaking the

sintering temperature is called two-step sintering (TSS). In this method, densification occurs during the second stage without grain growth as long as the critical density is achieved in the first stage of the sintering. This approach is the simplest method that industries can adopt in fabricating high ED bulk ceramics and thick film Multilayer Ceramic Capacitors, multilayer ceramic capacitors (MLCCs) (which are discussed in the subsequent section). Wang et al. fabricated $Ba_{0.94}(Bi_{0.5}K_{0.5})_{0.06}Ti_{0.85}Zr_{0.15}O_3$ based relaxor systems that are rapidly heated to $1500\,^{\circ}C$ (T_1) and held at a different T_2 to study the effect of TSS in the ED properties [121]. The relative density increased with a decrease in T_2 up to a certain cut-off T_2 below which the temperature might be too low to activate any densifying mechanisms. This observation was in direct correspondence with the electric field endurance of the samples and the ED properties. With the decrease in T_2 from 1400 to 1250 °C, J_r increased from 0.33 to 0.95 J/cm^3 . This wide range of achievable J_r just by changing the T_2 shows how TSS can tightly manipulate grain growth mechanisms to positively impact the ED properties of relaxor systems. A similar work was done on the $0.89Bi_{0.5}Na_{0.5}TiO_3$ – $0.06BaTiO_3$ – $0.05K_{0.5}Na_{0.5}NbO_3$ FE system to show that the J_r was substantially improved by TSS [122] compared to CS [123]. This technique has demonstrated the crucial role of temperature in achieving favorable material properties in any ceramic material.

(b) Role of Pressure

From this point onwards, sintering variants that use an external stimulus in addition to heat to modify ED properties in relaxor systems will be discussed. One possibility is to use pressure-assisted sintering techniques such as pressure sintering or hot pressing (HP). Hot pressing is an effective way to limit grain growth while promoting densification as a result of high uniaxial pressure in a constrained geometry [124]. From a microstructural viewpoint, applied pressure promotes densification through mechanisms such as lattice diffusion, grain boundary diffusion, and grain sliding, and can be described by the following power-law creep (ε) equation,

$$\varepsilon \propto \left(\frac{b}{G}\right)^m \left(\frac{\sigma}{g}\right)^n \tag{9}$$

where b is the Burgers vector, σ is the applied stress, g the shear modulus, and G again is the grain size. It is important to note that the exponent to stress intensification factor (n) is close to unity. In contrast, the grain size exponent (*m*) dominates the densification process in a nominal hot-pressing method in BTO based ceramics that excludes plastic deformation of grain boundary as a possible promotor of densification [125]. In any case, it is important to note that pressure will be an added but benefit-bringing parameter on the top of an already complex sintering process with parameters such as sintering temperature, heating rate, and time in all variants of pressure-assisted sintering. Again, this technique satisfies the ultimate objective to attain high microstructural density with smaller grains, which is a requirement for superior ED properties. The HP strategy was used to demonstrate improved ED properties of $(Bi_{0.5}K_{0.5})TiO_3$ -0.06La $(Mg_{0.5}Ti_{0.5})O_3$ ceramics [126]. The I_r values obtained on ceramics fabricated by HP is 2.08 J/cm³ compared to 0.96 J/cm³ by CS. Interestingly, HP is also reported to be advantageous to consolidate volatile compounds without the problem of secondary phase resulting from volatilization and stoichiometric imbalance that can deteriorate material properties. Since we are discussing the importance of smaller grain size to achieve high density, please note that ferroelectricity is progressively diluted with increasing grain boundary density (as a result of decreasing G), because of the non-ferroelectric nature of the grain boundaries [24]. For the same reason, the ε_r values of hot-pressed ceramics can be lower than that of ceramics sintered by CS. Still, by Equation (1), this is counteracted by the increased BDS as a result of higher density with a uniform grain size distribution, which ultimately improves the ED properties [126,127]. A variation of HP is a 'rapid hot-pressing', in which powder compacts are sintered at a fast heating rate (hundreds of °C/min) at high pressure (several hundreds of MPa). To summarize, these pressure-assisted sintering techniques are excellent to promote ED properties, are time efficient, and can have better control over the stoichiometry of volatile compositions [128].

(c) Role of the electric field

Field-assisted sintering refers to densification that also occurs as a result of applied small electric pulses leading to internal heating (Joule heating). When used in combination with high uniaxial pressure, further reduction of the temperature requirements and the obtainment of high-density nano-structured ceramics in a short time was demonstrated. This technique effectively combines HP and field-assisted sintering and is called 'Spark Plasma Sintering' (SPS), although no evidence of the presence of plasma was reported so far. In this technique, the ceramic powders are loaded in a conductive (usually graphite) die under vacuum conditions, and simultaneous pulsed DC current and pressure are applied to consolidate them. A conductive die is essential for non-conductive samples like ceramics, where the electric pulses first flow through the die resulting in its Joule heating and subsequently heating the sample itself. By controlling the electric pulses, extreme heating rates of up to 1000 °C/min can be realized, allowing rapid densification of ceramics [129]. All the above-stated novelties of SPS facilitate possibilities to retain the nanocrystallinity of grains in fully dense relaxor systems, which is profitable to ED properties. The densification mechanism of 'SPS' for non-conducting ceramic samples is reported to be the same as that of pressure-assisted sintering except the source of heat during sintering [130]. Due to the rapid sintering nature of SPS, the accumulation of charged defects along the grain boundaries limits the grain growth by restricting grain boundary mobility. This defect induced 'pinning mechanism' was already discussed in an earlier section about chemical modification. Comprehensive reviews on field-assisted sintering techniques and their advancements can be found elsewhere in the literature [117,129,131]. To utilize the advantages of SPS and retain the grain size in the nanometer range, SPS was performed on Ba₀.4Sr_{0.6}TiO₃ powders synthesized by the sol-gel method. A high-density ceramic was fabricated at 1000 °C in just 5 min under vacuum conditions. The samples showed a relatively high I_r of 1.23 J/cm³ with a remarkably high efficiency compared to just 0.37 J/cm³ for CS counterparts [132]. In another work, barium zirconate titanate (BaTi_{0.7}Zr_{0.3}O₃) ceramics fabricated by SPS and CS are compared for their ED properties. SPS samples showed a remarkably high BDS and J_r of 170 kV/cm and 0.51 J/cm³ compared to just 40 kV/cm and 0.12 J/cm³ for CS, respectively. From finite element analysis investigation, it was shown that a high BDS in SPS samples is a consequence of a uniform electric field distribution resulting from small grain sizes and narrow grain size distribution. On the other hand, the CS sample showed great inhomogeneity in the electric field distribution resulting in 'local field intensification' and leading to an early 'electrical breakdown' [80].

Figure 7 shows the superior energy density performance of bulk ceramics produced by novel sintering approaches compared to conventional sintering.

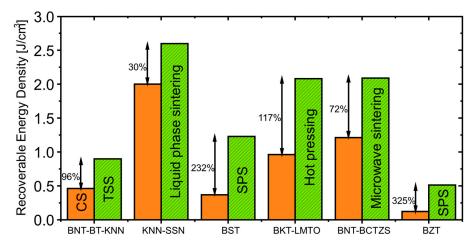


Figure 7. Superior energy density performance of bulk ceramics produced by novel sintering approaches compared to conventional sintering (CS) [80,122,126,132–134].

5.2. Multilayer Thick Films

In general, research efforts on designing EESSs using guidelines from Section 3 are mainly demonstrated on bulk ceramics, and designing multilayer architectures is an extension to enhance the functionality of material systems further; however, due to a very different fabrication approach, not all the concepts on enhancement of ED properties by novel processing routes on bulk ceramics can be translated into multilayer technology except some of the guiding principles of effects of ρ , grain size (*G*) etc. on ED properties (there are exceptions such as two-step sintering which are discussed later in this section [119]). Multilayer architectures are attractive for designing EESSs for the following fundamental reasons:

• Capacitance and available area (A) of the dielectric material

$$C = \frac{\varepsilon_0 \varepsilon_r A}{d} \tag{10}$$

where d is the thickness of the dielectric layer. From the above equation, it is clear that capacitance is impacted positively by increasing A and decreasing d. The dielectric thickness, d, cannot be lower than the grain size (G), and, by reducing G, progressive dilution of ε_r response happens [135], which is also discussed in the previous section.

Reduction in voltage requirements

$$V = E * d \tag{11}$$

with the reducing d, the voltage requirements are kept low, which is advantageous for relaxor systems where a remarkably high E is required to induce high ED properties. This is also a requirement to make EESSs safe for consumer technologies.

• BDS and sample thickness

$$BDS \propto d^{-n}$$
 (12)

The *BDS* is primarily controlled by the presence of defects, and Weibull statistics states that the probability of occurrence of defects increases with the increase in material volume [136]. Wang et al. experimentally presented this dependence by fabricating a relaxor-based multilayer architecture, where the *BDS* increased from 511 to 1047 kV/cm with a decrease in d from 26 to 5 μ m [137]. In general, a material system that demonstrates high ED properties in the bulk form fabricated by CS can then be adopted to fabricate multilayer architectures to use all the above-stated advantages to fabricate high-performance EESSs, as shown in Figure 8. It is clear that J_r of the same material can be substantially amplified using multilayer technology compared to bulk ceramics fabricated by CS.

Despite a dilution in the ε_r response with reducing d, the volumetric dielectric efficiency is uplifted to a certain limit because of increasing A and BDS. Below this limit, special considerations to powder synthesis and thick film forming procedures have to be taken and tackle ways to overcome handling fine powders and ultra-thin sheets. Please note that this section is dedicated only to multilayer 'thick-films', with a film thickness of more than 1 μ m. 'Thin-film' based multilayer ceramic capacitors (MLCCs) and strategies associated with it to enhance ED properties are discussed in the next section. The most successful forming procedure of relaxor-based MLCCs for EESSs is tape casting in addition to other less commonly studied techniques such as ink-jet printing, screen printing, electrophoretic deposition, dip coating, etc. A detailed report on each of these techniques can be found elsewhere [145]. A detailed description of each step followed in the fabrication of MLCCs is outside the scope of this review and we refer the reader to Pan et. al. for details [146]. Figure 9 shows a standard multilayer thick film architecture for capacitor applications (MLCC).

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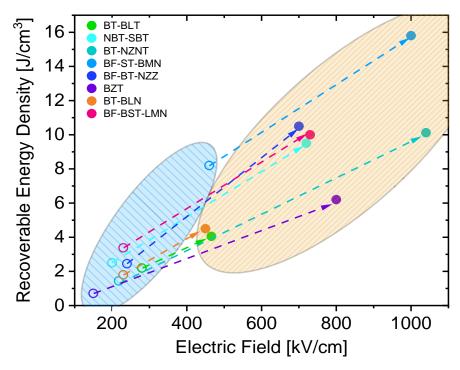


Figure 8. The recoverable energy density of several relaxor-based systems in bulk form is compared against multilayer architectures [76,83,138–144]. Dashed arrows are merely guides to the eye. The open symbols and closed symbols correspond to ceramics in bulk form and multilayer thick films, respectively.

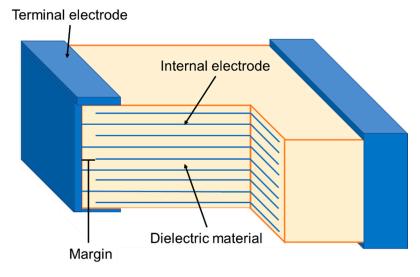


Figure 9. Multilayer thick-film architecture and a description of its components.

In addition to the above discussions that primarily explained the need for multilayer architectures, we continue to discuss some unique strategies successfully used to enhance ED properties by thick film multilayer processing.

(a) Bulk ceramics to MLCCs:

The most common strategy to tune ED properties is by compositional tuning, as discussed in Section 3, which applies to MLCCs. In general, when a material with particular chemistry demonstrates superior ED properties in bulk form, the MLCC fabrication procedure can be adopted to further amplify the ED properties because of the previously discussed advantages of multilayer architectures. One such example is the bismuth titanate-strontium titanate solid solutions (BT-ST), which were

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previously investigated as bulk ceramics for their attractive electrical and magnetic properties [147,148]. Lu et al. carefully adopted the composition and tuned it to reduce the charge carriers and demonstrated its effect on the ED properties [144]. The loss of volatile Bi₂O₃ causes oxygen vacancies, which are suppressed by introducing Nb⁵⁺ substitution at the B-site. A mere 3% Nb substitution showed a dramatic increase in resistivity and electrical homogeneity of the ceramics. They went further to optimize Nb5+ concentration in a BT-ST based composition for maximum electrical resistivity and electrical homogeneity to ensure high BDS and recorded a maximum J_r of 8.2 J/cm³ in bulk ceramics. The optimized composition was then adopted to MLCCs fabrication procedure to record a J_r of 15.8 J/cm³ and BDS of 1000·kVcm⁻¹ for a d of 8 μ m. This work is one of the classic examples that show a strategic use of guidelines from Section 3, producing bulk ceramics to demonstrate the composition's high performance and then fabricate MLCCs to show the material system's real potential. Similarly, the chemical modification was carried out to break long-range order in BTO by Zr⁴⁺ substitution at the B-site to attain a relaxor system (more details in Section 3), and then the MLCCs of the same composition was fabricated with a dielectric layer thickness of 20 μ m and recorded a I_r value of 6.2 J/cm³, which is at least three times larger than that of its bulk counterpart. In this case, considering the previous discussions on the impact of *d* on *BDS*, the ED properties can further be amplified by decreasing the layer thickness.

There are very few overlaps in the fabrication procedures of bulk ceramics and MLCCs, as mentioned previously in various instances. One is the two-step sintering (TSS) discussed in Section 5.1 and is easily adopted to MLCC fabrication. The advantages of using TSS for MLCCs are:

- The sintering temperature in TSS can be substantially lower than the conventional sintering, which makes it beneficial to co-fire electrodes that are cheap and have lower melting temperatures.
- The G is low in TSS, making it feasible to reduce *d* of dielectric layers that can significantly reduce the defect concentration and increase *BDS*.

Zhao et al. have shown that 0.87BaTiO_3 - $0.13 \text{Bi}(\text{Zn}_{2/3}(\text{Nb}_{0.85}\text{Ta}_{0.15})_{1/3})\text{O}_3$ based MLCCs fabricated by TSS have a J_r of 10.12 J/cm^3 at 1047 kV/cm [83]. An extension of this work by Cai et al. demonstrated possibilities to tune the ED properties by controlling the heating rate of TSS. Increasing the heating rate from 4 to $40 \,^{\circ}\text{C/min}$ for T_1 in TSS substantially improved the quality of the interface by reducing the occurrence of defects and ensured superior bonding between electrodes and the dielectric layer [149]. Further, a finite element method was employed to calculate the electric field distribution in the microstructures with and without pores at the interfaces. It was clear that defects such as pores act as 'field intensification regions' and trigger an electrical breakdown at a substantially low applied electric field.

(b) Composite multilayer architectures

One of the main drawbacks of polycrystalline relaxor systems for ED applications is the large electric field requirements that give rise to large electrostrictive strains. These strains can cause micro-cracks, which is one of the primary reasons for a lower *BDS* in spite of reducing the defect concentration in MLCCs. Li et al. proposed and demonstrated an approach to reduce such electric-field induced strains by grain orientation engineering.

A $(Sr_{0.7}Bi_{0.2})TiO_3$ - $(Na_{0.5}Bi_{0.5})TiO_3$ (SBT-NBT) composition that showed a J_r value of 10 J/cm³ in bulk form was selected to engineer the grain orientation in multilayer form to validate this approach. SrTiO₃ templates with high aspect ratio were synthesized and mixed with SBT-NBT to form films with 20 μ m thickness by tape casting method. The textured SBT-NBT thick-film MLCCs showed an impressive 1030 kV/cm *BDS* and a J_r value of 21.5 J/cm³. This is one of the latest developments in the search for new strategies to enhance ED properties of thick-film relaxor based MLCCs [150].

Compositionally gradient MLCCs are multilayer architectures with layers of different materials systems alternated to control the electric field distribution. Here, high permittivity FE/relaxor based layers are arranged in different periodicity along with linear dielectric materials that show high BDS. The basic idea is to get a superimposed effect that combines advantages of different material

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systems that are integrated in one composite structure. This design strategy can be a breeding ground for innovative ideas since the periodicity can be varied widely (for instance, periodic and non-periodic connectivity) to realize superior material properties [151]. Yan et. al. demonstrated such SrTiO₃-0.94Bi_{0.54}Na_{0.46}TiO₃-0.06BaTiO₃ (ST-BNBT) based multilayer structures showing a J_r of 2.41 J/cm³ at 237 kV/cm. The BDS of constituent systems individually is 300 and 128 kV/cm for ST and BNBT, respectively. ST is a linear dielectric, BNBT is a FE material, and the multilayer architecture showed a relaxor like PE loops. This shows that a relaxor like high Ps-Pr value can be attained not only by chemical modification but also by designing such multilayer structures. Please note that the dielectric thickness of the BNBT layer was as thick as 50 μ m, and the ED properties are expected to be further improved by reducing the d. In this work, it was shown by simulation that ST based dielectric layers experienced higher electric field compared to the FE layers and helped in weakening the pace and stopping the electrical surge fronts and thereby ultimately improving the BDS of the multilayer structure.

(c) Strategies related to multilayer design

One of the aspects of MLCCs that has not changed much over the years is the electrode design, even though there is a lot of ongoing research on alternative electrode materials that are cheap and can withstand high temperatures, but not on the higher voltages that are required when used on relaxors for EESSs. The internal electrodes are applied on the stacked dielectric layer with a small margin at the alternating ends to connect it parallelly using terminal electrodes [152] (c.f. Figure 9). One important design aspect of electrodes is to decrease the margin, to increase the A and hence the ε_r and J (c.f. Equation (10)). Also, the tip of the electrode experiences the maximum electric field concentration and an electrical breakdown usually initiates around that region. In principle, BDS can be tuned by changing the electrode design or the margin length (the distance between the tip of the internal electrode to the terminal electrode). For instance, Yoon et al. could tune the BDS by designing the electrode patterns from 1450 V to 1650 V on BTO MLCCs [153]. In another instance, Cai et al. used a phase-field model to study the initiation of electrical breakdown in MLCC designs. A larger margin length is seen to be necessary to reduce the inhomogeneous distribution of electric field strength and to enhance the BDS [154]. Based on the insights from this study, they went on to design $0.87BaTiO_3 - 0.13Bi(Zn_{2/3}(Nb_{0.85}Ta_{0.15})_{1/3})O_3$ (BT-BZNT) based MLCCs [137] with different margin lengths. It was shown that the BDS could be tuned from 783 kV/cm to 895 kV/cm just by changing the margin length from 100 to 400 µm [155].

(d) Strategies related to tape casting parameters

The most commonly used tape casting technology for MLCC fabrication is a complex process that needs an understanding of the powder characteristics, slip rheology, co-firing, and sintering behavior. Traditional 'one variable at a time' experimental approaches can be very tedious because of the large number of variables in the process. From a processing point of view, for high ED properties, a uniform and dense microstructure with a small G is beneficial. Considering the complexity of tape casting, Yoon et al. carried out a systematic variation of processing parameters using design of experiments tools to study the influence of individual parameters in the final microstructural properties of the fabricated MLCCs. Different process variables, such as the choice of starting powders, dispersant, binder, solvents, and binder, were studied. Although all the process variables had a notable impact on the slip properties and green density, not all parameters had significant effects on the microstructure except for different starting powders, which is related to the presence of different amounts of low-melting impurities. Also, to attain a fine microstructure, solvent-based systems are more favorable than water-based systems. This is mainly because the water-based systems leach out Ba²⁺, which was proven to promote abnormal grain growth in the system [156,157].

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5.3. Thin Films

After the discovery of high permittivity FE materials such as BTO, the initial focus resided mostly on fabricating bulk ceramics by conventional methods. It was not until the 1970s that the focus moved from innovating new FE material compositions to translating bulk ceramic form to thin-film form (100–1000 nm thickness) to benefit mainly from the reduced d [158]. Research on FE thin films was triggered by reports on the possibility of using FE materials for non-volatile memories [159]. From there, sophisticated techniques such as chemical vapor deposition (CVD), metal-organic deposition (MOD), and chemical solution deposition (CSD) were employed for the development of different thin-film based electronic devices [158]. The recent drive for miniaturization led to research efforts in developing FE thin-film-based devices that can meet or outperform their bulk counterparts' functionality, owing to their smaller volume compared to bulk ceramics [160]. Thin film technology for EESSs is mainly fueled by the advantages of small volume, large A, high ρ , low annealing temperature, large BDS, and excellent control of the microstructure [66]. In this section, some of the important considerations to be taken for designing thin-film-based EESSs are discussed. Thin films differ from bulk ceramics and thick film multilayers for the presence of a substrate on which the films are deposited or grown. The desired FE material composition is deposited in a process that starts with random nucleation on the substrate surface followed by crystallization, and this is repeated until the desired thickness is reached. The temperature at which the film is crystallized is called annealing temperature [161].

(a) Choice of substrate

The substrates for thin film deposition are selected based on the annealing temperatures and atmosphere used in the deposition process, and the lattice mismatch between the substrate and thin film. All these experimental parameters will have a strong influence on microstructural properties such as defect formation, residual stress, grain size, etc. that will decide the thin film's ED performance. Most widely available substrates can be divided into metal-coated silicon and metal oxide [162].

Metal coated Si substrates pose several challenges in depositing thin film layers. First of all, most deposition methods require an oxidizing atmosphere and annealing temperatures up to 700 °C [163]. Metals that do not oxidize and are thermally stable at high temperatures are required to endure such deposition procedures and Platinum (Pt) is one among them [164]. Some of the disadvantages of Pt coated silicon substrates are the high cost, the poor adhesion of Pt with Si substrate, and the large difference of thermal expansion compared to the FE based thin films, which can introduce residual stresses in the multilayer structure [162]. To improve the adhesion between Pt and Si, an adhesion layer is often employed. Considering the deposition method and parameters, a stable adhesion material has to be chosen to avoid the appearance of defects [164]. Fox et al. thoroughly studied the effect of annealing temperatures on stability of Pt/Ti/SiO₂/Si substrates and demonstrated that, at temperatures higher than 600 °C, the Pt layer undergoes chemical and microstructural changes, including changes in the grain size and formation of defects due to the poor stability of the Ti adhesion layer [165]. The appearance of these defects could affect the electrical properties of the film, including ED performance. Therefore, substrates have to be carefully selected depending on the choice of deposition methods and annealing temperatures.

An alternative to Pt as the bottom electrode is metal oxide materials. Some promising candidates are LaNiO₃ (LNO), SrRuO₃ (SRO), (La,Sr)MnO₃ (LSMO), and SrTiO₃ (STO), due to their high electrical conductivity at room temperature [162], stability at higher annealing temperatures [166] and similar structural properties to BTO materials since they possess the same perovskite structure. These substrates also allow depositing epitaxial films with a definite growing direction with anisotropic electrical properties. Zhang et al. deposited (100)-, (110)-, and (111)-oriented BTO films on (100), (110), and (111) SRO/STO substrates, respectively, by sputtering at 700 °C. The orientation of the film is found to have a strong dependence on the ε_r of obtained thin films in the following order: ε_r (110) > ε_r (111) > ε_r (100) [167]. Nguyen et al. proved that also the *BDS* and J_r of relaxor compositions could be influenced by choice of the substrate. In work on a lead-based system (lead zirconate titanate, PZT),

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thin films were deposited on Pt/Ti/SiO₂/Si and SRO/STO/Si using the pulsed laser deposition (PLD) method. Films deposited on Pt/Ti/SiO₂/Si substrate had a BDS of 1750 kV/cm and a J_r of 17.6 J/cm³ at 1500 kV/cm, whereas the films deposited on SRO/STO/Si presented an enhanced J_r of 23.2 J/cm³ and a BDS of 2500 kV/cm [168]. The difference in ED properties has been attributed to the dense and epitaxial microstructure of the films deposited on SRO compared to columnar and polycrystalline film on Pt substrate. Additionally, Pt as the base electrode was not suitable to achieve high BDS in this particular film, lowering the J_r .

Recently, Zhu et al. showed that the type of bottom electrode and the thickness would have a remarkable impact on the ED properties of thin films. Here, $Ba_{0.53}Sr_{0.47}TiO_3$ (BST) films were deposited on LSMO bottom electrodes of different thicknesses on a (001) SrTiO₃ (STO). The BDS and J_r increased from 3075 to 4822 kV/cm and 31 to 51 J/cm³, respectively, for an LSMO thickness ranging from 30 to 140 nm [169]. Increase in LSMO thickness ensured a smooth interface and better stress relaxation that profited the ED properties.

(b) Choice of deposition techniques

Metal oxide thin film deposition techniques can be broadly classified into physical methods and chemical methods. Physical techniques include pulsed laser deposition (PLD), molecular beam epitaxy (MBE), and sputtering. Chemical techniques include the widely used chemical solution deposition (CSD) and metal-organic deposition (MOD), and metallo-organic chemical vapor deposition (MOCVD) [161,170]. One major difference is that the physical techniques require high vacuum deposition environments while the latter can be carried out in ambient conditions; thus they can also be categorized as vacuum and non-vacuum techniques [158]. When selecting a deposition method, factors such as the desired properties, ease of use, eco-friendliness, the cost of the equipment will have to be considered. Table 1 summarizes the major advantages and disadvantages of each listed techniques. All techniques have been extensively described and compared by Wang et al. [170] and Heartling [158] in two comprehensive reviews.

Although some techniques were initially not suitable to produce high-quality thin films, improved methods were constantly developed in both physical and chemical deposition to ensure superior films (good uniformity and tight control of stoichiometry) while making the method more versatile. It is important to understand the scope of all the available deposition methods, so that appropriate choice is made as required: To fabricate thin-film MLCCs for EESSs, techniques such as molecular beam epitaxy (MBE) that facilitate the possibility to have complete control on the atomic-scale layer-by-layer film growth are too time-consuming and costly, which limits their applicability on an industrial scale [171].

- Sputtering and PLD allow having tight control over the stoichiometry and microstructure of the
 deposited film. This is especially advantageous to deposit films of complex chemistry (like relaxors)
 with desired microstructure and orientation [170]. The biggest drawback of physical methods like
 PLD is the high infrastructure cost [158], together with a non-trivial control on the microstructural
 properties of the films (unless in-situ characterization methods are used).
- The sol-gel technique has high versatility, suitability to deposit almost all the perovskite compounds, simplicity, low infrastructure cost, and the possibility of large-scale deposition. Also, control on microstructural properties of the films, including grain size and orientation, and film thickness, is possible by tuning the concentration of the precursor solutions and the thermal cycles. However, films produced by sol-gel usually contain more microstructural defects than by PLD, and this can strongly influence the ED of the deposited material [160,161,172].

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Table 1. Most common thin films deposition methods and their respective advantages and disadvantage	S
[158,160,161,170,171].	

	Method	Advantages	Disadvantages
	PLD	Excellent stoichiometry control Good versatility Low substrate temperature	Defects formation Poor scalability High cost
Physical Methods	MBE	Possibility of epitaxial growth Excellent film thickness control Good stoichiometry control	Sophisticated apparatus Precursor unavailability Expensive
	Sputtering	High deposition rates Uniform film Low impurities Ease in scalability	Poor stoichiometric control High substrate temperature
	CSD	Excellent stoichiometric control Good uniformity Affordable Easiness Precursors availability Ease in scalability	Crack formation Delamination Defects formation Low deposition rates Poor thickness control
Chemical Methods	MOCVD	Good Stoichiometry control Excellent uniformity Texture versatility High deposition rates	Poor precursors availability Bad reproducibility High substrate temperatures
	MOD	Low temperature High density Good uniformity Good stoichiometry control	Bad thickness control Large volume shrinkage Poor precursors availability High annealing temperatures

PLD—Pulse Laser Deposition; MBE—Molecular Beam Epitaxy; CSD—Chemical Solution Deposition; MOCVD—Metallo-Organic Chemical Vapor Deposition; MOD—Metal-Organic Deposition.

(c) Choice of processing parameters

Regardless of the deposition techniques used, thin-film layer thickness, microstructural defects [173], and microstructural properties (G, ρ , residual stresses) [174] influence the electrical properties such as ε_r , Pr, Ps and BDS [173,175,176]. The dependence of ε_r on the grain size is already well established in the previous sections and by Buscaglia and Randall [24]. Song et al. investigated the dependence between d and G for barium stannate (BTS) thin films deposited with sol-gel on platinized silicon substrates. Varying the *d* from 80 to 600 nm, the grain size increased from 13 to 24 nm, increasing ε_r from 252 to 430 [173]. Moreover, a shift in T_c/T_m was observed from -49.6 °C for a thickness of 160 nm to −27.3 °C for the 600 nm film. These effects are linked not only with the G but also the residual stresses in the films. For a thin film with constant thickness d, the annealing temperature has also demonstrated similar effects on ε_r and T_c/T_m . Xu et al. investigated the influence of post-deposition annealing temperatures on ε_r and T_c/T_m of BaZr_{0.3}Ti_{0.7}O₃ (BZT30) thin films deposited via sputtering method at 650 °C. The dielectric constant and T_c/T_m increased from 600 to 3300 and −100 to −40 °C, respectively, for annealing temperatures increasing from 650 to 1100 °C. A higher annealing temperature resulted in increased G and ensured low residual stresses in the films, which is beneficial for their ED properties [177]. In addition, Udayakumar et al. presented d dependence on BDS of PZT films deposited on platinized silicon with a sol-gel technique [175]. This is in accordance with the discussion related to Equation (12) in the previous section.

(d) Review on high ED thin-film systems

Although thin-film technology has been around for many decades now, the literature on lead-free thin-films for EESSs is very minimal. Karan et al., in an early work on BTO based lead-free thin-films for EESSs, demonstrated a J_s and BDS of 34 J/cm³ and 3000 kV/cm on Ba[(Ni_{1/2},W_{1/2})_{0.1}Ti_{0.9}]O₃ thin

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films [178]. One requirement to assure high ED in addition to *BDS* in thin-films is to have low leakage currents, and chemical methods such as CSD are beneficial to realize those properties because of the advantages stated in Table 1. For instance, a *BDS* of 2000 kV/cm and a *Js* of 37 J/cm3 at 1900 kV/cm were realized in a 0.88BaTiO₃-0.12Bi(Mg,Ti)O₃ thin film by Kwon and Lee. The CSD assisted thin film deposition used in this work ensured fine microstructure and low leakage currents and exhibited great temperature stable ED performance [179]. In this work, space charge related conduction was proven to be dominating and possibly influencing the electrical properties, especially the thinning of PE hysteresis resulting in high J_r . Later, Zhu et al. showed that a combination of space charge and interlayer coupling could be positively reinforced in BaTiO₃-BiFeO₃ (BTO/BFO) thin-film heterostructures to achieve a J_r of 51 J/cm³ compared to ~28 J/cm³ for individual thin-film structures [180]. Finally, Yang et al. showed the effect of Bi-based compounds (here: Bi_{3.25}La_{0.75}Ti₃O₁₂) in BTO (BTO-BLT) based thin-films on ED properties. Bi-based compounds limit defect concentration and obtain a uniform microstructure that favors low leakage current and high *BDS*. As expected, for 0.6BT-0.4BLT thin films, J_r and η of 61.1 J/cm³ and 84.2% and a J_r and η of 58.4 J/cm³ and 85%, for 0.4BT-0.6BLT thin-films were reported, which is substantially better than BTO thin films [181].

On the other hand, using PLD, Instan et al. fabricated BZT30 thin films, with an ultrahigh J_r of 156 J/cm³ at 3000 kV/cm and an η of ~73%, which is by far one of the highest achieved ED values in relaxor based thin film structures [182]. Improving this work, Cheng et al. published a record high J_s and η of up to 166 J/cm³ and 96% on BZT based films using RF magnetron sputtering. This was realized by introducing compressive stresses using a lattice mismatch between the substrate and the film. These stresses are expected to decay along the thickness direction, in addition to ensuring the polydomain structure that contributes to superior ED properties [183]. Compositionally gradient multilayer structures were also tried on thin-film multilayer structures to control the electric field distribution and block the electric field path that causes an electrical breakdown. Here BZT15 and BZT35 thin film stacks were alternated to benefit from their unique dielectric properties. The ED properties were strongly dependent on the number of alternating layers with a highest J_r and BDS of 69 J/cm³ and 8300 kV/cm for an optimum of six alternating layers [184].

(e) Thin-film-based multilayer ceramic capacitors:

Even though thick-film-based MLCCs technology has revolutionized the capacitor industry for more than two decades, the use of powder-based approaches for producing thin films (below $0.5 \mu m$) is not feasible, imposing a limit to further miniaturization of the electronic components in a cost-effective fashion [185,186]. Many thin-film systems fabricated using alternative thin-film fabrication technologies have demonstrated giant J_r values. Nevertheless, due to the small volume, a single-layer capacitor will not store a usable amount of energy. Hence, realizing thin-film MLCCs seems the necessary route to increase the overall volume of the dielectric and consequently the amount of energy that can be stored while maintaining the giant J_r and BDS.

There is, however, a scarcity of literature reports on thin-film MLCCs, which is likely due to the following reasons:

- MLCCs comprise numerous dielectric layers alternated with metallic electrodes, where the interface in-between plays a major role in final J_r values, both due to effects on BDS and on leakage currents. This becomes especially critical for thin-film MLCCs since the material to electrode ratio can be substantially large compared to conventional thick film MLCCs. Therefore, interfacial reactions such as interdiffusion and oxidation, the appearance of defects at the interface, and adhesion issues are all not trivial [187].
- It is difficult to guarantee the integrity of the multilayer structure upon several deposition cycles involving the dielectric layer and electrode. The electrodes must survive several annealing cycles without any substantial changes [185]. Pt electrode is generally a good choice to improve the electrical properties, but the high cost could be a limiting factor for industrialization. For this reason, base metal electrodes such as nickel [188] or copper [187] have been investigated. Deposition in

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an oxidizing atmosphere is not suitable for such metals, imposing constraints on the deposition and annealing conditions.

- Increasing the number of layers and electrodes, even if the processing is well-tuned to avoid
 interfacial defects, increases the probability of finding a critical defect in the dielectric layers,
 with consequently increased probability of electrical failure.
- Using photolithography routes to prepare a thin-film MLCC increases the risk of a non-perfect
 adhesion between layers, of uneven deposition of the top layers, difficulties in alignment for each
 layer, use of unrealistically wide margins (leading to poor area efficiency), and the extended times
 for stack buildup, leading to high costs [189].

Nevertheless, some promising thin-film MLCCs based on lead-free materials have been lately produced using alternative stacking approaches. Nagata et al. used a PDMS stamp to realize stacked BTO-LaNiO $_3$ capacitors with up to five layers with good alignment and resulting electrical properties [189]. Wang et al. used CSD and sputtering techniques to deposit BTO dielectric layers sequentially and Ag electrodes on a SiO $_2$ glass substrate. They used laser ablation to create the desired electrode pattern needed for the capacitor structure and to remove the stack from the substrate once the desired thickness was reached. Using this cost-effective method, they produced a thin film MLCC with monolayers of less than 200 nm [190]. These reports show that thin-film MLCC realization is feasible. Still, there is no information on J_r values that can be reached with these stacking techniques, which underlines the current need to investigate these aspects in connection with ED studies.

5.4. Final Remarks

This section intends not to advocate any of the above-stated material forms or techniques but to summarize some of the key parameters that influence ED properties in all forms. So far, we have learned some of the most important processing strategies that are commonly utilized to improve the ED of bulk ceramics, thick film and thin-film-based MLCCs, especially relaxors. Some conclusive remarks can be drawn out of these discussions. One is that smaller grain size is always favorable for bulk ceramics' ED performance [191,192]. The following equation relates grain size (*G*) and *BDS*,

$$BDS \propto G^{-k}$$
 (13)

where K is a constant. This does not ensure an everlasting enhancement of ED properties with the decreasing G because of size effects in ferroelectric (and relaxor) ceramics [193]. As previously discussed, with the decrease in grain size, the grain boundary density increases resulting in lowering of ε_r . In addition, the stress in fine-grained ceramics results in the strong electrostrictive coupling between the lattice strain and polarization, also lowering the ε_r . Because of the distribution of grain size, strong strain modulation is expected in the lattice and hence inhomogeneity in the polarization values.

To summarize, a tight control on the grain size distribution and smaller grain size can positively affect ED properties. In addition to the grain size, density has a profound effect on the *BDS* and hence ED properties. It was also discussed previously how two-step sintering (TSS) processes exploit the difference in the kinetics of grain growth and densification mechanisms to attain favorable ED properties. This is similar to the annealing temperature for thin-film MLCCs. Pressure is proven to be a catalyst to effective particle rearrangement and also promoting the densifying mechanisms to attain high density at lower temperatures and time, thereby keeping the grain size low in bulk ceramics. Chemical modification is one of the key strategies when it comes to tuning ED for thick film MLCCs. Finally, the choice of techniques is critical for the thin-film-based MLCCs. In such systems, since the substrate has to also function as the bottom electrode, it has to be conductive in addition to ensuring nucleation and growth of the film. Therefore, the substrate has to be carefully chosen accordingly to the deposition temperature, growth direction, and lattice parameter to limit stress (or sometimes benefit from the residual stresses) arising from the mismatch and to overall improve the dielectric properties. While most deposition techniques can be employed to produce good quality FE thin

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films, initial cost, scalability, and ease of use are the main factors to evaluate. High-quality films with favorable microstructural properties are essential to improve J_r and BDS; especially, a small-grained microstructure is favorable, being cautious that small G can dilute the polar characteristics of the film [24]. An important point is the minimization of the leakage currents, which has to be performed by tuning the electrode/dielectric interface not only by reducing defects but also choosing the proper interface combination that allows establishing a high Schottky barrier at the interface (for example, by choosing high work function electrodes or depositing a buffer layer) [194,195]. These aspects require a thorough, separate treatment and thus were not addressed in this review. Finally, the stacking and patterning method for thin-film MLCCs has to be selected to ensure good alignment and integrity of the device. This is not trivial and alternative cost-effective approaches to photolithography should be preferred.

6. Guidelines for Selection of Materials and Processing Route

Based on the currently available technology, it is clear that the achievable energy density on different forms of ceramics scales as follows: bulk ceramics < thick film multilayers < thin film multilayers, also shown in Figure 10. This is mainly attributed to the peculiarities in their respective processing routes. With the available techniques, it is not possible for bulk ceramics to demonstrate ED values comparable to thick films. On the other hand, it is possible for thick films to match the ED properties of thin films when the appropriate method and chemistry is chosen. It is important to know the limitations of each available material form and its related processing techniques to choose the material needs wisely.

Bulk ceramic processing is relatively well understood and is easily implemented, therefore can be the method of choice to experiment with new compositions in order to screen promising candidates for high ED. Screening is viable only if the ED performances are compared between different systems in its bulk ceramic form since the BDS can be widely different for other thick and thin film forms as a result of reduced d.

When it comes to thick film processing, it is a complex methodology with several processing variables, as discussed earlier. In addition to the processing parameters related to thick film fabrication, additional stacking, thermocompression, screen-printing, and debonding steps are essential to functionalize it as MLCCs. This is, however, a widely investigated process and already industrialized. Apart from revolutionary innovations in MLCC fabrication like Cold Sintering [196] (which are not industrially applied yet), the focus here should be accommodating the current facilities to new promising compositions that showed high ED performance as bulks, in order to achieve much higher recoverable ED through the MLCC structure.

As mentioned in this contribution, thin-film processing allows attaining the highest ED and efficiency by far compared to processing the same composition as bulk or thick film MLCC. The problem is that thin-film processing is the most difficult and slow process by far, and building multilayers out of thin films may encounter integrity problems such as accumulation of micro-mechanical stresses, delamination, etc., as discussed above. Hence, the realization of large thin film-based multilayers (with >>10 layers) has not been demonstrated yet and is far from being industrially implemented.

All the compositions treated in this review are summarized in Table 2, and some selected compositions are reported visually in Figure 7, Figure 8, Figure 10, and Figure 11. It can clearly be seen that if we consider devices with the same volume, the thin films have the highest ED (in J/cm³) and can potentially store the highest amount of energy (in J). The problem is that thin film-based devices with a volume (or a number of layers) comparable to a thick film multilayer cannot be produced yet.

Hence, with the choice of available material forms, we believe that,

For high-energy and high-power applications, the thick-film multilayer technology is currently
the most attractive because it can realize ED levels much higher than bulk ceramics (and not much
lower than thin films), and the processing technology is well established, so that devices storing
high amounts of energy (although much less than a battery) can be easily produced.

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• For low-energy applications, thin-film devices are still attractive because of their small size and footprint. They can be used in applications where the amount of energy that has to be stored is low (mJ or below), for instance: autonomous sensors for the Internet of Things or small portable microelectronic devices. These applications may also require high-power as well as high-voltage, and need the flexibility in both high power and energy density offered by thin-film relaxor capacitors. If the *BDS* allows, the higher the voltage, the larger the amount of energy stored so that such thin-film devices can be a suitable energy storage device for these low-energy applications.

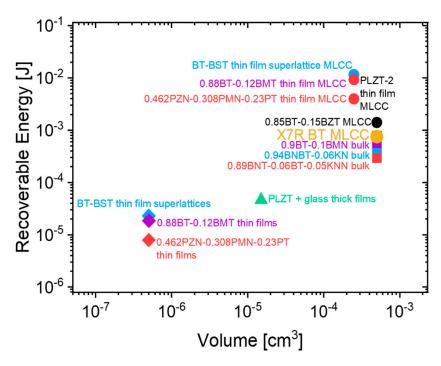


Figure 10. Recoverable energy density at the maximum applied electric field for some selected relaxor compositions in bulk, thick-film multilayers and thin-film multilayers values for thin-films multilayer ceramic capacitors (MLCCs) were extrapolated from the respective J_r values of single-layer thin films assuming an MLCC consisting of 500 layers with 1 μ m thickness and $0.5 \times 1 \text{ mm}^2$ area [123,187,197–206].

Table 2. Energy density properties of selected perovskite lead-free relaxor ferroelectrics.

S.No	Composition	Processing Method	J_s [J/cm ³]	J_r [J/cm ³]	η [%]	BDS [kV/cm]	Reference
		BULK CERAMICS					
1.	0.9BaTiO ₃ -0.1 Bi(Mg _{2/3} Nb _{1/3})O ₃ -0.3 wt. % MnCO ₃	SSR	-	1.7	90	>210	[51]
2.	0.60 BiFeO ₃ -0.34 BaTiO ₃ -0.06 Ba($Zn_{1/3}$ Ta _{2/3})O ₃	SSR	-	2.56	80	>160	[79]
3.	$\mathrm{BaTi}_{0.7}\mathrm{Zr}_{0.3}\mathrm{O}_3$	SPS	0.51	-	70-80	170	[80]
4.	$Ba_{0.94}(Bi_{0.5}K_{0.5})_{0.06}Ti0_{.85}Zr_{0.15}O_3$	TSS	-	0.95	88	76	[121]
5.	$0.89 Bi_{0.5} Na_{0.5} TiO_3 - 0.06 Ba TiO_3 - 0.05 K_{0.5} Na_{0.5} NbO_3$	TSS	0.9	-	-	>99	[122]
6.	0.89Bi _{0.5} Na _{0.5} TiO ₃ -0.06Ba TiO ₃ -0.05K _{0.5} Na _{0.5} NbO ₃	SSR	0.46	-	-	>56	[123]
7.	$Bi_{0.5}K_{0.5}TiO_3$ - $Ba(Mg_{1/3}Nb_{2/3})O_3$	HP	-	3.14	83.7	>230	[127]
8.	$Bi_{1-x}Sm_xFe_{0.95}Sc_{0.05}O_3$	HP	-	2.21	76	>230	[128]
9.	$0.55Bi_{0.5}Na_{0.5}TiO_3 - 0.45Ba_{0.85}Ca_{0.15}Ti_{0.85}Zr_{0.1}Sn_{0.05}O_3$	MW	1.21	-	72.08	130.2	[134]
10.	$BaTiO_3$ – $Bi(Li_{0.5}Ta_{0.5})O_3$	SSR	-	2.2	89	280	[138]
11.	$Ba_{0.70}Ca_{0.30}TiO_3 - Ba(Zr_{0.2}Ti_{0.8})O_3$	SSR	1.21	0.71		150	[141]
12.	0.61BiFeO ₃ -0.33 (Ba _{0.8} Sr _{0.2})TiO ₃ -0.06 La(Mg _{2/3} Nb _{1/3})O ₃	SSR	-	3.38	59	230	[143]
13.	0.45SrTiO ₃ -0.2 Na _{0.5} Bi _{0.5} TiO ₃ -0.35 BaTiO ₃		-	1.78	-	>170	[197]
14.	0.85BaTiO ₃ -0.15Bi (Mg _{2/3} Nb _{1/3})O ₃	SSR	1.18	1.13		>143.5	[206]
15.	$Ba_{0.997}Sm_{0.002}Zr_{0.15}Ti_{0.85}O_3$	SSR	1.15	-	92	>10	[207]
16.	$0.67 \text{Bi}_{0.9} \text{Sm}_{0.1} \text{FeO}_3 - 0.33 \text{BaTiO}_3$			2.8	55.8	200	[208]
17.	$BiScO_3 - BaTiO_3 + 20 \text{ wt\% } (K_{1/2}Bi_{1/2})TiO_3$	SSR	1.28	-	-	100	[209]
18.	0.89Bi _{0.5} Na _{0.5} TiO ₃ -0.06BaTiO ₃ -0.05K _{0.5} Na _{0.5} NbO ₃	TSS	0.9	-	-	>100	[122]
19.	$1/3(Ba_{0.70}Sr_{0.30}TiO_3) + 1/3(Ba_{0.70}Ca_{0.30}TiO_3) + 1/3(BaZr_{0.20}Ti_{0.80}O_3)$	SSR	1.40	0.44	-	>115	[210]
20.	$BaZr_{0.1}Ti_{0.9}O_3$	SSR	0.5	-	-	30	[211]
21.	0.94Bi _{0.47} Na _{0.47} Ba _{0.06} TiO ₃ -0.06KNbO ₃	SSR	0.89	-	-	100	[205]
22.	0.61BiFeO ₃ -0.33 BaTiO ₃ -0.06 Ba(Mg _{1/3} Nb _{2/3})O ₃	SSR	1.56	-	75	>125	[198]
23.	$0.9 \text{ Ba}_{0.65}\text{Sr}_{0.35}\text{TiO}_3 - 0.1\text{Bi}(\text{Mg}_{2/3}\text{Nb}_{1/3})\text{O}_3$	SSR	3.9	3.34	85.71	400	[212]
24.	$0.94(Bi_{0.5}Na_{0.5})[(Y_{0.5}Ta_{0.5})_{0.1}Ti_{0.9}]O_3-0.06BaTiO_3$	SSR	1.215	-	68.7	>98	[213]
25.	$0.94 \text{Bi}_{0.5} \text{Na}_{0.5} \text{TiO}_3 - 0.06 \text{BaTiO} + 0.03 \text{CaZrO}_3$	SSR	0.7	-	-	>70	[214]
26.	$0.95(0.93Bi_{0.5}Na_{0.5}TiO_3 - 0.07BaTiO_3) - 0.05 KNbO_3$	SG	1.72	-	-	>168	[215]
27.	$0.85[(0.94)Bi_{0.5}Na_{0.5}TiO_3 - 0.06BaTiO_3] - 0.15Na_{0.73}Bi_{0.09}NbO_3$	SSR	1.4	-	66.3	142	[216]
28.	$0.86 \text{BaTiO}_3 - 0.14 \text{Bi}(\text{Zn}_{0.5} \text{Ti}_{0.5}) \text{O}_3$	SSR	0.81	-	94	120	[217]
29.	0.82[0.94Bi _{0.5} Na _{0.5} TiO ₃ -0.06BaTiO ₃]-0.18K _{0.5} Na _{0.5} NbO		0.616	-	94	>70	[218]
30.	$0.93 \text{Ba}_{0.55} \text{Sr}_{0.45} \text{TiO}_3 - 0.07 \text{BiMg}_{2/3} \text{Nb}_{1/3} \text{O}_3$	SSR	-	4.55	81.8	450	[219]
31.	$[(BaZr_0 2Ti_0 80)O_3]_{0.85} - [(Ba_0 70Ca_0 30)TiO_3]_{0.15}$	SSR	7.48	_	-	153	[220]
32.	BaZr _{0.15} Ti _{0.85} O ₃ + 12 wt% Bi ₂ O ₃ ·3TiO ₂	SSR	-	-	-	150.9	[221]
33.	$0.5(Ba_{0.7}Ca_{0.3})TiO_3-0.5Ba(Ti_{0.9}Zr_{0.1})O_3$	SSR	-	0.164	74	-	[222]
34.	$0.6 \text{ Ba}(\text{Zr}_{0.2}\text{Ti}_{0.8})\text{O}_3 - 0.4\text{Na}_{0.5}\text{Bi}_{0.5}\text{TiO}_3$	SSR	-	3.22	91.2	241	[223]
35.	0.88BaTiO ₃ -0.12 Bi(Mg _{1/2} Ti _{1/2})O ₃	SSR	1.81	_	88	535.5	[224]
36.	0.85BaTiO ₃ -0.15 Bi(Mg _{1/2} Zr _{1/2})O ₃	SSR	1.31	1.25	95	185	[225]

Table 2. Cont.

S.No	Composition	Processing Method	J _s [J/cm ³]	J_r [J/cm ³]	η [%]	BDS [kV/cm]	Reference
37.	0.88BaTiO ₃ -0.12(Mg _{2/3} Ta _{1/3})O ₃	SSR	-	3.28	93	395	[226]
38.	0.96(1-x)BaTiO ₃ - 0.04 KNbO ₃	SSR	-	2.03	94.5	300	[227]
39.	0.6Bi(Mg _{1/2} Ti _{1/2})O ₃ -0.4BaTiO ₃ @ 120 °C	SSR	0.7	-	-	60	[228]
40.	$0.9 \text{BaTiO}_3 - 0.1 \text{Ba}(\text{Mg}_{1/3}\text{Nb}_{2/3})\text{O}_3$	SSR	1.01	-	-	158	[229]
41.	0.85 BaTiO ₃ -0.15 Bi($Zn_{2/3}$ Nb _{1/3})O ₃	SSR	0.79	-	93.5	131	[230]
42.	$0.90(Na_{1/2}Bi_{1/2})_{0.92}Ba_{0.08}TiO_3-0.10Bi(Mg_{1/2}Ti_{1/2})O_3$	SSR	2	-	-	>135	[231]
43.	$0.084 \text{BiTi}_{0.5} \text{Zn}_{0.5} \text{O}_3 - 0.916 (0.935 \text{Bi}_{0.5} \text{Na}_{0.5} \text{TiO}_3 - 0.065 \text{BaTiO}_3)$	SSR	1.04	-	80	>95	[232]
44.	$0.4(Na_{0.5}Bi_{0.5}TiO_3)-0.225BaTiO_3-0.375BiFeO_3$	SPS	1.4	-	90	-	[233]
		ic + (Glass/organics) comp	osites				
45.	0.88BaTiO ₃ -0.12 Bi(Mg _{1/2} Ti _{1/2})O ₃ + 4% (SiO ₂ -B ₂ O ₃)	SSR	1.97	-	94.5	>270	[84]
46.	$Ba_{0.9995}La_{0.0005}TiO_3 + 20 \text{ wt}\% 65PbO-20B_2O_3-15SiO_2$	SSR	0.56	0.31	54.2	>300	[85]
47.	BaTiO ₃ + 3 wt% Al ₂ O ₃ + 1 wt% SiO ₂	SSR	0.725		80	190	[86]
48.	$Ba_{0.4}Sr_{0.6}TiO_3 + 2 \text{ wt\%} (30.8 \text{ SrO}-58.9B_2O_3-10.3SiO_2)$	SSR		0.44	67.4		[87]
49.	$Ba_{0.4}Sr_{0.6}TiO_3 + 9 \text{ wt\%} (65Bi_2O_3-20B_2O_3-15SiO_2)$	SSR	2.18	1.98	90.57	>279	[92]
50.	$Ba_{0.4}Sr_{0.6}TiO_3 + 4 wt\% BaO-B_2O_3-SiO_2-Na_2CO_3-K_2CO_3$	SSR	-	0.72	-	280.5	[93]
51.	$Ba_{0.85}Ca_{0.15}Zr_{0.1}Ti_{0.9}O_3 + 5 \text{ wt}\% B_2O_3-Al_2O_3-SiO_2$	SSR	1.153	-	_	200	[94]
52.	BaTiO ₃ + 2.5 wt% BaO–Bi ₂ O ₃ –P ₂ O ₅	SSR	0.0069	-	69.21	>15	[95]
53.	$Ba_{0.4}Sr_{0.6}TiO_3 + 55 wt\% BaO - B_2O_3 - Al_2O_3 - SiO_2$	SSR	3.1	-	-	>405	[97]
54.	BaTiO ₃ + 2wt% SiO ₂	SSR	2.23	1.2	53.8	200	[98]
55.	0.715Bi _{0.5} Na _{0.5} TiO ₃ -0.065BaTiO ₃ -0.22SrTiO ₃ + 4 wt% 3BaO-3TiO ₂ -B ₂ O ₃	SSR	0.203	-	60	-	[234]
56.	$Ba_{0.3}Sr_{0.7}TiO_3 + 1.6$ wt% ZnO	SSR	3.9	-	_	400	[99]
57.	0.95(0.76Na _{1/2} Bi _{1/2} TiO ₃ -0.24SrTiO ₃)-0.05AgNbO ₃ :SiO ₂	SSR	-	3.22	_	316	[100]
58.	$Ba_{0.4}Sr_{0.6}TiO_3 + 0.5 \text{ wt\% } SiO_2$	SSR	-	0.86	79	134	[101]
59.	Ba(Zr _{0.2} Ti _{0.8})O ₃ -0.15(Ba _{0.7} Ca _{0.3})TiO ₃ + 11 wt% BaO-SrO-TiO ₂ -Al ₂ O ₃ -SiO ₂ -BaF ₂	SSR	1.45	-	-	108	[235]
60.	Ba _{0.4} Sr _{0.6} TiO ₃ + 5 wt% MgO	SPS	1.7	1.5	88.5	300	[104]
62.	BaTi _{0.85} Sn _{0.15} O ₃ +10 wt% MgO	SPS	0.5107	-	92.11	190	[105]
63.	0.55Bi _{0.5} Na _{0.5} TiO ₃ -0.45Ba _{0.85} Ca _{0.15} Ti _{0.85} Zr _{0.1} Sn _{0.05} O ₃ + 5 wt% MgO	MW	2.09	-	79.51	189.7	[134]
64.	Ba _{0.4} Sr _{0.6} (Ti _{0.996} Mn _{0.004})O ₃ –2 wt% MgO	-	-	2.014	88.6	300	[236]
65.	0.9(0.94Na _{0.5} Bi _{0.5} TiO ₃ -0.06BaTiO ₃)-0.1NaNbO ₃ + 1 wt% ZnO	SSR	1.27		67	>100	[107]
66.	Bi _{0.5} Na _{0.5} TiO ₃ –BaTiO ₃ –K _{0.5} Na _{0.5} NbO ₃ + 40 wt% ZnO	SSR	-	1.03	72.7	140	[108]
67.	0.85BaTiO ₃ -0.15 Bi(Mg _{1/2} Zr _{1/2})O ₃ + 10 wt% MnCO ₃		-	1.61	94.3	230	[237]
		ramic + Polymer composite	es				. ,
68.	BTO-(P(VDF-HFP)-20 vol % BTO	SC	8.13	-	57	3300	[112]
69.	$Ba_{0.95}Ca_{0.05}Zr_{0.15}Ti_{0.85}O_3 + 40\% PVDF$	SSR-SC	2.0	-	-	600	[109]
70.	$BaTiO_3 + 80 \text{ wt}\% \text{ PVDF}$	SSR-SC	3.54	-	_	>2000	[114]

 Table 2. Cont.

S.No	Composition	Processing Method	J_s [J/cm ³]	J_r [J/cm ³]	η [%]	BDS [kV/cm]	Reference
	7	THICK FILM MULTILAYE	RS				
71.	0.62BiFeO ₃ -0.3 BaTiO ₃ -0.08 NdZn _{0.5} Zr _{0.5} O _{3.}	SSR-TC	-	10.5	87	>700	[76]
72.	0.87 BaTiO ₃ -0.13 Bi($Zn_{2/3}$ ($Nb_{0.85}$ Ta _{0.15}) _{1/3})O ₃	SSR-TC-TSS	-	10.12	90	>1047	[83]
73.	0.87 BaTiO ₃ -0.13 Bi($Zn_{2/3}(Nb_{0.85}Ta_{0.15})_{1/3}$)O ₃	SSR-TSS	-	10.5	93.7	1000	[137]
74.	$BaTiO_3-Bi(Li_{0.5}Ta_{0.5})O_3$	SSR-TC	-	4.05	95.5	466	[138]
75.	$BaZr_{0.2}Ti_{0.8}O_3$	SSR-TC	-	6.2	98%	800	[140]
76.	$0.90 \text{BaTiO}_3 - 0.10 \text{Bi}(\text{Li}_{0.5} \text{Nb}_{0.5}) \text{O}_3$	SSR-TC	-	4.5	91.5	450	[142]
77.	0.61BiFeO ₃ -0.33 (Ba _{0.8} Sr _{0.2})TiO ₃ -0.06 La(Mg _{2/3} Nb _{1/3})O ₃	SSR-TC	-	10	72	>730	[143]
	2.77.	THIN FILM MULTILAYER	S				
78.	$Ba_{0.53}Sr_{0.47}TiO_3$	PLD		51.2	67.3	4800	[169]
79.	$Ba[(Ni_{1/2}, W_{1/2})_{0.1}Ti_{0.9}]O_3$	CSD	34	-	-	3000	[178]
80.	0.88BaTiO ₃ -0.12 Bi(Mg,Ti)O ₃	CSD	37	-	-	1900	[179]
81.	BaTiO ₃ /BiFeO ₃ (bilayer)	RFMS	-	51	73	>2700	[180]
82.	0.6BaTiO ₃ -0.4Bi _{0.25} La _{0.75} Ti ₃ O	CSD	61.1		84.2	3230	[181]
83.	$\mathrm{BaZr_{0.3}Ti_{0.7}O_3}$	PLD	214	156	72.8	3000	[182]
84.	Ba(Zr _{0.15} Ti _{0.85})O ₃ /Ba(Zr _{0.35} Ti _{0.65})O ₃	RFMS	-	83.9	78.4	1470	[184]
85.	$\mathrm{Ba_2Bi_4Ti_5O_{18}}$	CSD	-	37.1	91.5	2340	[238]
86.	$Ba_{0.664}Y_{0.006}Sr_{0.33}Ti_{0.995}Mn_{0.005}O_3$	RFMS	-	9.75	77.7	450	[239]
87.	$Ba_{0.65}Sr_{0.35}TiO_3$	CSD		0.128		>100	[240]

SR—solid state reaction; SPS—Spark Plasma Sintering; SG—Sol—Gel; SC-Slip casting; TC—Tape casting; TSS—Two Step sintering; HP—Hot press sintering; MW—Microwave sintering; PLD—Pulsed Laser Deposition; CSD—Chemical solution deposition; RFMS—RF Magnetron sputtering.

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7. Future Directions

Achieving high energy density properties in ceramics is—as testified by this review—a complex problem that involves several length scales. Not only the chemical composition, but also density, grain size and shape, and microstructural features like microcracks, pores, or aggregates play a role. The design and control of energy density are possible only if the structural complexity of hierarchical materials—like relaxors are [241]—is understood. As mentioned in the previous sections, high J_r can be achieved if the polarization hysteresis is reduced at the same time maintaining an acceptable P_s —or ε_r —value. This relies on a competitive mechanism, namely the disruption of long-range ferroelectric correlation and the availability of reorientable electrical dipoles spanning several unit cells, respectively. Permittivity is also influenced by porosity, defects, and microstructure, and so are the losses—which additionally depend on electronic or ionic conduction, too. Energy density design must thus embrace all these aspects, and simple trial-and-error procedures seem currently too simplistic (or give only partial results) given the complexity of the problem. In spite of the complexity of the problem, dedicated research has kept pushing the ED performance of bulk ceramics up for almost a decade, as shown in Figure 11. Considering the complexity, future approaches must take advantage of ever-improving computational methods and computational resources in order to channel, generate, and accelerate knowledge on structure-property relationships to achieve high energy density. There are, in principle, three directions that are currently gaining importance.

7.1. Model-Aided Characterization

Advanced characterization methods for material's atomic structure, micro/mesostructure and/or chemistry often require the implementation of models or databases for precise identification of phases, defects, or to obtain quantitative information from the investigated material. Of paramount importance is (i) the availability of extremely precise and reliable characterization equipment and (ii) the development of complex models and the needed expansion of computational facilities. Both are made increasingly available nowadays. Examples of this approach are the determination of the local structure in relaxor materials by Reverse Monte Carlo modeling of diffuse neutron scattering [242], the detection of defects in BaTiO₃ solid solutions aided by ab-initio phonon calculations [41,243], the use of machine learning to quantify phases and atomic structures in ferroelectrics by correlative spectroscopy/microscopy [244–246], the model-aided calculation of local, atomic-scale polarization in relaxors from drift-free STEM analyses [247], and the quantification of porosity and tortuosity in ceramics from tomography scans aided by image correlation based on convolutional neural networks [248].

7.2. Model-Aided Structural Simulation

To understand how hierarchical materials need to be modified in order to attain specific properties, structural simulation methods need to be employed on several length scales. Methods based on a higher scale generally require inputs from lower-scale methods (for example, density functional theory (DFT), constructs potentials that can be used for molecular dynamics (MD) simulations), and all methods necessitate inputs from model-aided characterization in order to construct realistic simulation supercells. Examples are in this sense, the use of effective Hamiltonians to calculate macroscopic properties (like phase transitions) in substituted BTO systems [249], the use of MD calculations to determine dynamic disorder in cubic BTO [250], and the use of phase-field modeling to capture ferroelectric domain structures and their dynamics [251,252]. With increased computational resources, it can be expected that these approaches will thrive in the next five to ten years, allowing researchers to bridge several length scales with integrated DFT-MD and phenomenological modeling approaches.

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7.3. Accelerated Materials Search

Given the vastity of the parameter space for compositional tuning in lead-free perovskites, a trial-and-error materials design involving synthesis and property evaluation is, practically, an impossible task. This is even more valid when processing parameters and their influence on microstructure must be included in the picture. Hence, accelerated materials search using optimization routines based on artificial intelligence (AI) attracted much interest. These methods start with defining a parameter space constituted by possible chemical substituents, possible processing parameters, and desired properties (for example, energy density). The parameter space may be populated by literature data or by dedicated experiments. Further, a target function is defined and is made to "walk through" the parameter space efficiently using optimization routines. The global minimum corresponds to a proposed new composition and a set of processing parameters that need to be tested (effectively synthesizing the material with that composition and measuring its structure and properties). The results of this test are then included in the parameter space and are used to tune the target function further as well. This way, an iterative procedure is set up, which ideally should converge—after a few rounds—into the best-possible composition fulfilling the materials search goals. Several attempts were made already and can be found in the literature [62,253–255]. In particular, accelerated search allowed to identify those crossover compositions is the most advantageous for achieving high energy density and efficiency in BaTiO₃ HoV solid solutions [62]. The drawback of these methods is the degrees of freedom in defining the parameter space and the target function, where human intervention is needed and may lead to the accelerated search being ill-defined. Notably, this procedure may end up suggesting compositions that either cannot be synthesized or possess additional properties that are negative for the application and were not considered in the optimization loop (such as high conductivity, for instance) [254]. These methods are certainly powerful and need to be further developed in the future, but also need to embrace expert inputs from advanced model-based characterization and structural simulation tools.

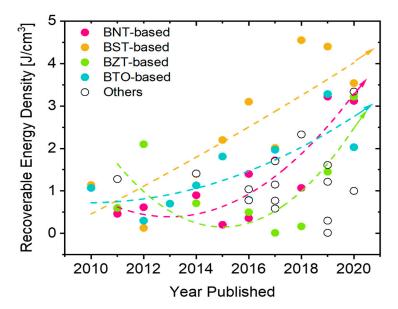


Figure 11. Recoverable energy density of selected lead-free relaxor systems from 2010 to 2020 [97,100,103,122,123,141,197,206–237,239,240,256–263]. Note: BNT—Bismuth Sodium Titanate, BST—Barium Strontium Titanate and BZT—Barium Zirconium Titanate. Dashed arrows are merely a guide to the eye.

8. Concluding Remarks

Relaxor ferroelectrics are interesting materials that have shown extraordinary potentials in several applications. Relaxors for energy storage based on perovskite lead-free BTO, in particular, are of great interest. In this review, some of the common strategies used to tune ED properties in such

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materials were presented. The aspects covered here referred to lead-free BTO based relaxors, but are largely valid in other ceramic systems for energy storage. The main macroscopic properties that have to be targeted to achieve superior ED properties were summarized for each available material forms (bulk ceramics, thick-film multilayers, and thin-film multilayers). It was made clear that BDS enhancement through microstructure is decisive for achieving high ED properties, which depends primarily on chemistry. While the microstructure is tuned mostly by choosing the processing route and controlling the processing parameters, chemical tuning is performed traditionally by a 'trial and error' approach combined with current scientific understanding (as discussed in Section 3) or with more recently developed computational procedures (as discussed in Section 7). The usefulness of each available material forms and ways to bridge the research developments between them were presented. More importantly, the implications of each available form and the real performance considerations between them were highlighted. This review does not cover aspects related to electrode/dielectric interfaces that might have an influence on leakage currents or BDS. This is, in fact, a topic that would require a dedicated review. Also, the information we present on thin-film multilayers is limited due to the scarcity of scientific literature on the topic. However, it is worth mentioning that more patents are filed within thin-film MLCC technology than scientific papers, which highlights the increasing industrial interest in this type of EESSs. Overall, perovskite lead-free relaxors for EESSs is a very promising research area, and there are great possibilities to introduce new material and methodological innovations, also implementing the considerations we presented in this review.

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