

Supplementary Material Table S1. Eating Disorder Symptomatology

Variables	Mean (SD)
EDE-Q Restraint	3,53 (3,034)
EDE-Q ShapeConcern	4,60 (2,13)
EDE-Q Weight Concern	3,17 (2,47)
EDE-Q EatingConcern	3,18 (1,88)
EDI 3-Eating Disorder Risk Composite (EDRC)	66,25 (27,02)
EDI 3-Ineffectiveness (IC)	75,65 (20,14)
EDI 3-Interpersonal Problems (IPC)	68,21 (20,22)
EDI 3-Affective Problems (APC)	78,38 (17,56)
EDI 3-Overcontrol (OC)	67,73 (25,45)
EDI 3-General Psychological Maladjustment (GPMC)	78,92 (17,40)

Note: clinically relevant scores are reported in bold.

Supplementary Material Table S2. Correlations (Table and related Heatmap) between EDI-3 Interceptive deficits, ASD traits, Alexythimia, and Camouflaging

	Spearman's rho	p
AQ - Total	0.411	0.004 *
AQ - Social Skills	0.183	0.214
AQ - Attention Switching	0.374	0.009 *
AQ - Attention to Detail	0.220	0.133
AQ - Communication	0.171	0.244
AQ - Imagination	0.135	0.359
ADOS-2 Social Interaction	-0.280	0.047 *
ADOS-2 Communication	-0.178	0.211
ADOS-2 Imagination / Creativity	-0.175	0.219
ADOS-2 StereotypedBehaviors	/	/
CASD	-0.033	0.814
CAT-Q - Total	0.126	0.383
CAT-Q - Compensation	0.323	0.022 *
CAT-Q - Masking	0.110	0.448
CAT-Q - Assimilation	0.154	0.284
TAS - Total	0.329	0.017 *
TAS - DifficultyIdentifying Feelings	0.450	< .001 *
TAS - DifficultyDescribing Feelings	0.366	0.008 *
TAS - ExternallyOriented Thinking	0.033	0.816

Note: significant correlations are reported in bold and with an asterisk.

ASD variables	EDI-3 Interoceptive Deficits		ASD variables
AQ - Total	0.411	0.126	CAT-Q - Total
AQ - Social Skills	0.183	0.323	CAT-Q Compensation
AQ - Attention Switching	0.374	0.110	CAT-Q - Masking
AQ - Attention to Detail	0.220	0.154	CAT-Q Assimilation
AQ Communication	0.171	0.329	TAS - Total
AQ Imagination	0.135	0.450	TAS - Difficulty Identifying Feelings
ADOS-2 Social Interaction	-0.280	0.366	TAS - Difficulty Describing Feelings
ADOS-2 Communication	-0.178	0.033	TAS - Externally Oriented Thinking
ADOS-2 Imagination / Creativity	-0.175	-0.033	CASD
ADOS-2 Stereotyped Behaviors	/		