

10. What do you think about supporting nurses in the structure where you work ?

11. Why is there a lack of health coaching?: .....  
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#### **Axis IV: The methods of supporting nurses**

12. Do you protect yourself against stress, burnout and depression at your workplace?

Yes ☐                      No ☐                      If yes,  
how?: .....  
.....

13 .Can you relieve your professional stress after work hours ? :

.....  
Yes ☐                      No ☐  
If yes, how ? :.....

#### **Axis V: The feasibility of implementing a coaching model dedicated to nurses working in emergency and intensive care unit:**

14. To what extent can health coaching alleviate burnout?

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15. What could hinder a coaching intervention ?

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16. What are your expectations of the coaching model ?

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17. Do you have any additional comments ?

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