

Supplementary material Table S1.

Optional follow-up learning activity

Topic	Dementia		
CPD	Self-reporting	Estimated duration	EA – 1 hour (Part 1)
	Case review/analysis		RP– 2 hours
Date	Oct 23-Feb 2024		
Aim	To assist general practitioners, reflect on their approach to dementia care and referrals		
Learning outcomes	<ul style="list-style-type: none"><li>• Be able to assess the 5 domains of the dementia framework and devise an appropriate care plan.</li><li>• Build familiarity with dementia resources to assist people with dementia and their carers/family</li><li>• Build knowledge of allied health professionals with an interest in dementia in your local area</li></ul>		

Instructions
<p><b>Part 1</b></p> <ul style="list-style-type: none"> <li>• Familiarise yourself with the SEMPHN dementia pathway website: <a href="http://semphn.org.au">Dementia Pathways (semphn.org.au)</a> – Read <u>the first five steps</u> for the person living with dementia and for their carer/family member by clicking on the relevant section.</li> <li>• Review the Forward with Dementia General Practice referral flow chart for medical and psychosocial support after a diagnosis <a href="http://forwardwithdementia.au">dementia pathway part 2 concepts (forwardwithdementia.au)</a></li> <li>• Search your area for the nearest physiotherapist, speech pathologist and occupational therapist with an interest in dementia, gerontology or neurology. Private providers can be found through professional association websites: <ul style="list-style-type: none"> <li>○ <a href="http://otaus.com.au">Occupational Therapy Australia - Find an Occupational Therapist (otaus.com.au)</a></li> <li>○ <a href="http://speechpathologyaustralia.org.au">Find a Speech Pathologist (speechpathologyaustralia.org.au)</a></li> <li>○ <a href="https://choose.physio/find-a-physio">https://choose.physio/find-a-physio</a></li> </ul> </li> <li>• Can your patients access the dementia rehab program run by Encara [<a href="http://semphn.org.au">New Dementia Rehabilitation Program for Mornington Peninsula and Casey residents (semphn.org.au)</a>]</li> <li>• Do local community health or rehabilitation services see people with dementia?</li> <li>• Review the care plan example for Anna [Appendix A]</li> </ul> <p><b>Part 2</b></p>

- ## Part 3

- What you did differently after completing the learning activities?
- How did you find the process?
- What helped you?
- What stopped you?
- Did the person with dementia and their care partner find this useful?
- Would you feel confident to do this as part of post diagnostic care in the future?
- What other training, resources or services would you need?

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.