

Supplementary material Table S1.

Optional follow-up learning activity

Topic	Dementia		
CPD	Self-reporting	Estimated duration	EA – 1 hour (Part 1)
	Case review/analysis		RP– 2 hours
Date	Oct 23-Feb 2024		
Aim	To assist general practitioners, reflect on their approach to dementia care and referrals		
Learning outcomes	<ul style="list-style-type: none"> • Be able to assess the 5 domains of the dementia framework and devise an appropriate care plan. • Build familiarity with dementia resources to assist people with dementia and their carers/family • Build knowledge of allied health professionals with an interest in dementia in your local area 		

Instructions
<p>Part 1</p> <ul style="list-style-type: none"> • Familiarise yourself with the SEMPHN dementia pathway website: Dementia Pathways (semphn.org.au) – Read <u>the first five steps</u> for the person living with dementia and for their carer/family member by clicking on the relevant section. • Review the Forward with Dementia General Practice referral flow chart for medical and psychosocial support after a diagnosis dementia pathway part 2 concepts (forwardwithdementia.au) • Search your area for the nearest physiotherapist, speech pathologist and occupational therapist with an interest in dementia, gerontology or neurology. Private providers can be found through professional association websites: <ul style="list-style-type: none"> ○ Occupational Therapy Australia - Find an Occupational Therapist (otaus.com.au) ○ Find a Speech Pathologist (speechpathologyaustralia.org.au) ○ https://choose.physio/find-a-physio • Can your patients access the dementia rehab program run by Encara [New Dementia Rehabilitation Program for Mornington Peninsula and Casey residents (semphn.org.au)] • Do local community health or rehabilitation services see people with dementia? • Review the care plan example for Anna [Appendix A] <p>Part 2</p>

