

Supplementary materials for

Comparative Life Cycle Assessment of Five Greek Yogurt Production Systems: A Perspective beyond the Plant Boundaries

Catherine Houssard^{1*}, Dominique Maxime¹, Scott Benoit², Yves Pouliot² and Manuele Margni¹

¹ CIRAIG, Mathematical and Industrial Engineering Department, Polytechnique Montréal, Technological University, Montréal, (Qc), H3C 3A7, Canada; dominique.maxime@polymtl.ca (D.M.), manuele.margni@polymtl.ca (M.M.)

² Institute of Nutrition and Functional Foods (INAF), Department of Food Sciences, Université Laval Québec, (QC), G1V 0A6, Canada; scott.benoit.1@ulaval.ca (S.B.), Yves.Pouliot@fsaa.ulaval.ca (Y.P.)

* Correspondence: catherine.houssard@polymtl.ca (C.H.)

Table of contents

Table of contents	1
S1. Processing Options Literature Overview	2
S2. Description of the three processing technologies: CE, FO, UF	2
S2.1. Centrifugation (CE).....	2
S2.2. Fortification (FO).....	3
S2.3. Ultrafiltration (UF).....	3
S3. Process simulation data and results	3
S3.1. Centrifugation (CE).....	4
S3.2. Fortification (FO).....	5
S3.3. Ultrafiltration (UF).....	8
S4. Life Cycle Inventory: Key Parameters and Reference Flows	11
S5. MPC allocation factors	17
S6. Losses and wastage (L and W) literature overview	18
S7. LCA detailed results.....	18
S7.1. LCA Main Numerical Results	18
S7.2. Midpoint Indicators Contributing to the Human Health and Ecosystem Quality Impact Categories.....	20
S7.3. Other Factors Influencing the Performances of the Five GY Systems.....	22
S8. Complementary Sensitivity Analyses	22
S8.1. Key Parameters Local Sensitivity Analysis.....	22
S8.2. Detailed Sensitivity Analysis of Modelling and Methodological Choices	23

S8.3. Influence of the MPC Drying Process and Transportation Distances	27
S8.4. Potential CC Impact Reduction as a Function of Losses and Wastage (L and W), Energy Consumption at Plant and Packaging Parameters	29
S9. References	30

S1. Processing Options Literature Overview

At an industrial scale, GY processing options may be classified into two main categories and several alternatives. Protein concentration may be increased either before or after milk fermentation. Protein concentration post-fermentation may be increased using mechanical separators (i.e. centrifugation (CE)) or a membrane of ultrafiltration (UF). Protein concentration may also be increased before fermentation through milk fortification with protein ingredients (FO), milk pre-concentration with UF or a combination of microfiltration (MF) and UF (Jørgensen et al., 2019). UF concentration prior to fermentation has the added benefit of generating neutral pH milk permeate with no fermentation residue (galactose and metabolites). It also has the potential to be used directly as ingredients in other food products (Jørgensen et al., 2019; Shamsia and El-Ghannam, 2012). However, the pre-concentration of milk modifies the kinetics of fermentation, acidity and sensory properties of the final GY product (Damin et al., 2009; Paredes Valencia et al., 2018). On the other hand, fortifying milk with proteins before fermentation avoids the production of whey at the processing site. Several fortification alternatives with different protein ingredients are proposed in the literature, using milk protein concentrate (MPC), milk casein concentrate (MCC), whey protein concentrate (WPC) (Bong and Moraru, 2014; Jørgensen et al., 2019; Uduwerella et al., 2018), hydrocolloids or a combination of WPC with pectin (Gyawali and Ibrahim, 2018, 2016). The level of concentration, type and formulation of the protein ingredient can affect GY sensory properties (Desai et al., 2013). Some manufacturers also combine pre-concentration before fermentation by UF or FO and final concentration after fermentation by CE to reduce the amount of acid whey produced without overly altering the typical sensory characteristics of GY (Jørgensen et al., 2019; Uduwerella et al., 2017). CE after fermentation is the traditional way of making GY and is recommended by purists, since it provides GY with its authentic texture and taste. An attempt to use UF instead of CE after fermentation was reported by (Paredes Valencia et al., 2018). This alternative reduces the amount of energy input and space taken up in the plant as compared to CE equipment. However, it presents other technical challenges. The filtration membrane is susceptible to fouling due to the high viscosity of the fermented milk, which affects processing yields and costs. In addition, the mechanical pressure exerted on the fermented milk as it passes through the UF membrane can damage the gel structure and sensory properties of the finished product. In fact, there is no simple answer to determine the best approach to produce GY. The processing method influences the volume and composition of the by-product generated, as well as the composition and sensory properties of GY (Desai et al., 2013; Jørgensen et al., 2019; Paredes Valencia et al., 2018; Tamime et al., 2014; Tong, 2013). It may also impact production yields, resources, utilities consumption such as energy, water, chemicals at the manufacturing plant and the capital 3 cost of the processing equipment (Bong and Moraru, 2014; Jørgensen et al., 2019; Tong, 2013). There are actually many parameters to be considered. Manufacturers may balance the trade-offs between cost and quality differently depending on their strategic positioning and technical constraints.

S2. Description of the three processing technologies: CE, FO, UF

S2.1. Centrifugation (CE)

The raw milk is received at the plant and stored at 4°C in insulated tanks for one hour. It is then heated to 55°C and sent to a nozzle separator to be skimmed. The skimming operation separates the

cream from the other milk solids. Then, the skimmed milk is routed to a heat exchanger, heated to 90°C for five minutes then cooled to 42°C. This heat treatment has two functions: it destroys the pathogen microorganisms and denatures the whey proteins. Whey protein denaturation is a critical step in gel formation, since it gives the yogurt its final texture. Optionally, some manufacturers also include a homogenization process at this step to improve the final texture. The milk is then routed to isothermal fermentation tanks inoculated with a starter culture and maintained between at 40–45°C for five hours until the cultured milk reaches a pH of 4.5. The fermented milk resulting from this operation is centrifugated with nozzle separators to concentrate the yogurt solid contents to 15% and proteins to 10% by separating the aqueous part of the acid whey. The concentrated yogurt is then cooled to 15°C in thirty seconds with a tubular heat exchanger that stabilizes the pH and sent to the packaging area.

S2.2. Fortification (FO)

The fortification process includes an additional step between the skimming and heat treatment operations as compared to the CE option. The solid milk protein concentrate (MPC) powder is first rehydrated with water to 24% (w/w) concentration and mixed with the skimmed milk in order to reach 4.2% (w/w) proteins in the fortified skimmed milk. Liquid or solid milk protein concentrate (MPC) with different concentrations may be used in the fortification process. In this study, MPCs are manufactured by concentrating skimmed milk at 20% proteins (w/w) by diafiltration. Liquid MPCs are transported as is to the dairy plant and mixed directly into the skimmed milk. Powders require the additional operations of evaporation, spray-drying and packing before transportation and a rehydration step at the GY plant. We used MPC 80 powder concentrated at 80% proteins (w/w) sourced from the USA as the FO reference option and assessed two sourcing alternatives, diafiltered milk from the USA and diafiltered milk from Québec, resulting in three FO alternatives.

S2.3. Ultrafiltration (UF)

This option differs from CE in three main areas: (1) the protein concentration by UF is performed right after the milk skimming and before the fermentation process. The UF process separates the milk molecules according to their sizes through a membrane under pressure. The skimmed milk is concentrated to a volumetric concentration factor of (VCF) 3.1X using a 30 kDa molecular weight spiral polyester membrane at a transmembrane pressure of 5.51.10⁵ Pa at 55°C. Most of the lactose and minerals permeate through the membrane in the aqueous phase constituting the permeate (or sweet whey), whereas the proteins are retained in the retentate and concentrated up to 10% (w/w). The pre-concentrated milk from the retentate is then routed to the heat treatment and fermentation 4 operation (2). The volume of milk treated during these subsequent operations is lower as compared to CE due to the pre-concentration step (3). The inoculation time is increased to eight hours as compared to the CE fermentation process due to the lower lactose/protein ratio in the pre-concentrated milk, which modifies the fermentation kinetics and increases the buffering capacity.

S3. Process simulation data and results

The simulation modelling was based on generic high-capacity lines processing 20,000 L h⁻¹ of raw milk for 16 h a day with one cycle of clean-in-place (CIP) per day and producing GY with 10% protein and 0% fat in the operating conditions specified in tables 1 to 5. The simulation accounted for heat regeneration and water recirculation. Such systems are generally implemented in factory to optimize cooling and heating energy and water consumption. Natural gas consumption was based on boiler requirements to produce steam for the heat exchangers and CIP system. CIP modeling was based on a generic calculation methodology accounting for the quantity of milk processed between each cycle and number of unit processes (Yee et al., 2013). All material (chemicals, tap water, wastewater) and energy flows (electricity, natural gas) determined by the simulation are reported in the inventory. Based on discussions with the manufacturers, the refrigerant losses were assumed to be negligible and not considered in the simulation. Packaging, final product cooling and storage

operations, general utilities consumption and L and W of products were not part of the simulation but are included in the inventory based on literature data, as described in the main manuscript.

Table 1. Input parameters for CE, FO and UF.

Input parameters									
Transformation	<i>m3.h-1</i>	20	Raw milk composition						
Time	<i>h</i>	16	Fat	%	3.97	Density	<i>kg.m-3</i>	1037	
Raw milk amount	<i>m3</i>	320	Protein	%	3.27	Viscosity	<i>Pa.s</i>	0.002	
Tank volume	<i>m3</i>	15	Lactose	%	4.81				
Tank number	—	21.3	Minerals, salt	%	0.75				
			T°C	°C	4				
Boiler :									
Natural gas boiler; steam at 5 bars and 150 °C; ratio (natural gas/steam) = 0.0765 m3/kg; yield between 62 and 78 % => 0.07 to 0.12 m3 NG/kg steam (at 9-11 bars)									
Consumption : NG: 3751 MJ/h;									
Heat exchangers :									
3 sections; plate specifications : dimension: 1.6x0.45 m; thickness : 0.7 mm; inter-space : 3 mm									
Consumption : Water (closed-loop) : 434 L;									
Cooling system :									
glycoled water (closed-loop) : 280 L; R717 : 120 L									
QIP : calculation based on the generic model of Yee, W. C., et al. Manual for the Fluid Milk Process Model and Simulator. 2013, pp. 1–31.									
9,2 kg of water / ton of milk input /process unit / day									
0,005 kg acid cleaning agent / ton of milk input /process unit / day									
0,013 kg alkaine cleaning agent / ton of milk input /process unit / day									
6 Wh electricity / ton of milk input /process unit / day									
1,1 kg Steam / ton of milk input /process unit / day									

S3.1. Centrifugation (CE)

Table S2. Centrifugation simulation results (Benoit and Houssard, 2017).

Reception and storage									
Tank diameter	<i>m</i>	2.50	Filling flow rate	<i>m3.h-1</i>	20				
Tank volume	<i>m3</i>	20	<i>Hyp: Bottom filling</i>						
Tank height	<i>m</i>	4.07							
Tank number	—	2	Theo. consumption per fillin	<i>Wh</i>	736				
			pump yield	%	95				
			motor yield	%	95				
			Comsumption per filling	<i>Wh</i>	816				
Heating									
Milk flow rate	<i>m3.h-1</i>	20.00	Milk pressure	<i>Pa</i>	1.51E+05				
Milk T°C at discharge	°C	55	Power	<i>W</i>	839				
Heat transfer surface	<i>m2</i>	217	pump yield	%	95				
Duration	<i>s</i>	61	motor yield	%	95				
Mass flow	<i>kg.s-1</i>	5.76	Comsumption of milk per hc	<i>Wh</i>	930				
Density (55°C)	<i>kg.m-3</i>	1017							
Skimming									
Skimmer nb	—	2	Power	<i>W</i>	9716	Skimmed milk			
Milk Input flow rate	<i>m3.h-1</i>	10.20	Mecanic yield	%	0.9	Fat	%	0.04%	
Cream flow rate	<i>m3.h-1</i>	1.06	Comsumption per hour	<i>Wh</i>	10796	Lactose	%	5.01%	
Skimmed milk flow rate	<i>kg.m-3</i>	9.14	(per skimmer)			Protein	%	3.40%	
Cream density at 55°C	<i>m3.h-1</i>	967				Minerals, salt	%	0.78%	
Skim M density at 55°C	<i>kg.m-3</i>	1023				Cream			
Cream flow rate	<i>kg.s-1</i>	0.28				Fat	%	40.00%	
Skimmed milk flow rate	<i>kg.s-1</i>	2.60				Lactose	%	3.01%	
						Protein	%	2.04%	
						Minerals, salt	%	0.47%	

Table S2. (continued and end).

Fermentation									
http://www.360dairy.com/yogurt-fermentation-tank.html									
Tank Volume	m ³	10	Theo. consumption per filling	Wh	448				
Tank diameter	m	1.8	pump yield	%	95				
Tank height	m	3.93	motor yield	%	95				
Tank Nb	—	10	Comsumption per filling	Wh	496				
<i>Hyp: 2 hours of cleaning between fermentation</i>									
Fermentation duration	h	5	Tank stirring + flushing	Wh	448				
ferment Concentration	kg.m ⁻³	0.012	<i>Hyp: brassage par passage dans un orifice</i>						
ferments mass (/h)	kg	0.223	pipe diameter	m	0.050				
			orifice diameter	m	0.015				
Centrifugation									
Yogourt flow rate	m ³ .h ⁻¹	9.08	Power	W	45000		GY		
Separator nb	—	2	Consumption	Wh	45000		Fat	%	0.04%
Density	kg.m ⁻³	1030	(per separator)				Lactose	%	4.66%
Yogourt mass flow	kg.s ⁻¹	2.60					Protein	%	10.00%
prote in rejection rate	%	6.01%					Minerals, salt	%	0.73%
GY flow rate	kg.s ⁻¹	0.83					Whey		
	m ³ .h ⁻¹	2.91					Fat	%	0.04%
Density	kg.m ⁻³	1030					Lactose	%	5.17%
Whey flow rate	kg.s ⁻¹	1.77					Protein	%	0.30%
	m ³ .h ⁻¹	6.24					Minerals, salt	%	0.81%
Whey density	kg.m ⁻³	1020							
(per separator)									
Final Cooling									
GY flow rate	m ³ .h ⁻¹	5.81	Glycoled water pressure	Pa	6.44E+05		Refrigered unit power	W	13648
Mass flow	kg.s ⁻¹	1.66	GY pressure	Pa	6.74E+05		yield	%	95
Density	kg.m ⁻³	1030	Water power	W	2683		Conso per hour	Wh	14366
GY av. Viscosity	Pa.s	0.05	GY power	W	1088				
Propylen glycol at 50%			pump yield	%	95				
T°C at input	°C	12	motor yield	%	95				
Mass flow	kg.s ⁻¹	4.306	Consumption per hour (water)	Wh	2973				
	m ³ .h ⁻¹	15.00	Consumption per hour (GY)	Wh	1206				
T°C at discharge	°C	23							
GY T°C at discharge	°C	15							
Heat transfer surface	m ²	8.7							
Annular exchanger intern diame	m	0.027							
Annular exchanger extern diame	m	0.048							
Length	m	101							
Duration	s	30							
QP									
Water mass	kg	24423							
Acid detergent mass	kg	13							
Alcalin detergent mass	kg	35							
Electricity	Wh	15928							
Steam mass	kg	2920							
Natueal gas volume	m ³	223							
(total per day)									

S3.2. Fortification (FO)

Simulation results differ from CE due to the additional operations of MPC powder rehydration and mixing before thermal treatment. More operations are also included in the CIP system. The change in the flow rate after fortification modifies the parameters from the heat exchanger and cooling systems.

Table 3. Fortification simulation results (Benoit and Houssard, 2017).

Reception and storage									
Tank diameter	m	2.50	Filling flow rate	m ³ .h ⁻¹	20				
Tank volume	m ³	20	<i>Hyp: Bottom filling</i>						
Tank height	m	4.07							
Tank number	—	2	Theo. consumption per filling	Wh	736				
			pump yield	%	95				
			motor yield	%	95				
			Consumption per filling	Wh	816				
Heating									
Milk flow rate	m ³ .h ⁻¹	20.00	Milk pressure	Pa	1.57E+05				
Milk T°C at discharge	°C	55	Power	W	872				
Heat transfer surface	m ²	201	pump yield	%	95				
Duration	s	56	motor yield	%	95				
Mass flow	kg.s ⁻¹	5.76	Consumption of milk per h	Wh	966				
Density (55°C)	kg.m ⁻³	1017							
Skimming									
Skimmer nb	—	2	Power	W	9716	Skimmed milk			
			Mecanic yield	%	0.9	Fat	%	0.04%	
Milk Input flow rate	m ³ .h ⁻¹	10.20	Consumption per hour (per skimmer)	Wh	10796	Lactose	%	5.01%	
Cream flow rate	m ³ .h ⁻¹	1.06				Protein	%	3.40%	
Skimmed milk flow rate	m ³ .h ⁻¹	9.14				Minerals, salt	%	0.78%	
Cream density at 55°C	kg.m ⁻³	967				Cream			
Skim M density at 55°C	kg.m ⁻³	1023				Fat	%	40.00%	
Cream flow rate	kg.s ⁻¹	0.28				Lactose	%	3.01%	
Skimmed milk flow rate	kg.s ⁻¹	2.60				Protein	%	2.04%	
						Minerals, salt	%	0.47%	
Protein rehydration									
MPC Concentration	%	30%	Tank diameter	m	1.80	MPC			
MPC flow rate	kg.s ⁻¹	0.06	Tank volume	m ³	12	Fat	%	1.60%	
Water flow rate	kg.s ⁻¹	0.14	Tank height	m	4.72	Lactose	%	4.60%	
			Tank nb	—	2	Protein	%	81.30%	
Mass / day (Rehydrated MPC)		11750				Minerals, salt	%	6.80%	
Mass / day (MPC)	kg	3507.84	Theoretical Conso per filling	Wh	166	MPC mixed			
Density at 55°C	kg.m ⁻³	1077	pump yield	%	95	Fat	%	0.48%	
Volume / day	m ³	10.91	motor yield	%	95	Lactose	%	1.38%	
Viscosity at 55°C	Pa.s ⁻¹	0.003	Conso par filling	Wh	184	Protein	%	24.39%	
			Av. Conso per hour	Wh	167.308614	Minerals, salt	%	2.04%	
			Agitation duration	h	20				
			<i>Hyp : agitation mobile with axial flow rate</i>						
			Mobile diameter	m	0.45				
			Peripheral velocity	m.s ⁻¹	5				
			Rotation velocity	tr.min ⁻¹	212				
			Power	W	5275				
			Yield	%	95				
			Conso / tank / 20h	Wh	111060				
			Av. Conso per hour	Wh	5553				

Table S3. (continued).

Rehydrated MPC Mixing				Standardized milk							
Skimmed milk flow rate	<i>m3.h-1</i>	18.29		Fat	%	0.06%		Power	W	527	
	<i>kg.s-1</i>	5.20		Lactose	%	4.87%		pump yield	%	95	
Hydrated MPC flow rate	<i>kg.s-1</i>	0.20		Protein	%	4.20%		motor yield	%	95	
Standardized milk flow rate	<i>kg.s-1</i>	5.40		Minerals, salt	%	0.83%		Consumption per hour	Wh	584	
Density at 55°C	<i>kg.m-3</i>	1025									
Standardized milk flow rate	<i>m3.h-1</i>	18.97									
Thermal treatment											
Milk input flow rate	<i>m3.h-1</i>	18.97		Pressure	Pa	6.37E+05		Natural gas	<i>m3.h-1</i>	99.7	
Milk T°C at discharge	°C	90		Power	W	3356		Pump power (cal)	W	5.90E+03	(côté eau-ch)
Density at 90°C	<i>kg.m-3</i>	1009		pump yield	%	95		pump yield	%	95	
Mass flow	<i>kg.s-1</i>	5.40		motor yield	%	95		motor yield	%	95	
Heat transfer surface	<i>m2</i>	209		Consumption per hour	Wh	3719		Consumption per hour	Wh	6539	
Duration	s	60									
Holding time	s	300									
Cooling											
Milk flow rate	<i>m3.h-1</i>	19.27		Pressure	Pa	2.67E+05					
Milk av. viscosity	<i>Pa.s</i>	0.01		Power	W	1429					
Density 42°C	<i>kg.m-3</i>	1030		pump yield	%	95					
Mass flow	<i>kg.s-1</i>	5.40		motor yield	%	95					
Milk T°C at discharge	°C	42		Consumption per hour	Wh	1583					
Heat transfer surface	<i>m2</i>	151									
Duration	s	43									
Milk flow rate at discharge	<i>m3.h-1</i>	18.88									
Fermentation											
http://www.360dairy.com/yogurt-fermentation-tank.html											
Tank Volume	<i>m3</i>	10		Theo. consumption per filling	Wh	449					
Tank diameter	<i>m</i>	1.8		pump yield	%	95					
Tank height	<i>m</i>	3.93		motor yield	%	95					
Tank Nb	—	12		Consumption per filling	Wh	498					
<i>Hyp: 2 hours of cleaning between fermentation</i>											
Fermentation duration	<i>h</i>	6		Tank stirring + flushing	Wh	491					
ferment Concentration	<i>kg.m-3</i>	0.012		<i>Hyp: brassage par passage dans un orifice</i>							
ferments mass (/h)	<i>kg</i>	0.231		pipe diameter	<i>m</i>	0.050					
				orifice diameter	<i>m</i>	0.015					
Centrifugation											
Yogourt flow rate	<i>m3.h-1</i>	9.44		Power	W	45000		GY			
Separator nb	—	2		Consumption	Wh	45000		Fat	%	0.06%	
Density	<i>kg.m-3</i>	1030		(per separator)				Lactose	%	4.56%	
Yogourt mass flow	<i>kg.s-1</i>	2.70						Protein	%	10.00%	
protein rejection rate	%	7.01%						Minerals, salt	%	0.78%	
GY flow rate	<i>kg.s-1</i>	1.08								83.85%	
	<i>m3.h-1</i>	3.79						Whey			
Density	<i>kg.m-3</i>	1030						Fat	%	0.06%	
Whey flow rate	<i>kg.s-1</i>	1.62						Lactose	%	5.07%	
	<i>m3.h-1</i>	5.70						Protein	%	0.48%	
Whey density	<i>kg.m-3</i>	1020						Minerals, salt	%	0.86%	
(per separator)										93.52%	

Table S3. (continued and end).

Final Cooling										
GY flow rate	<i>m³.h⁻¹</i>	7.58	Glycoled water pressure	<i>Pa</i>	1.05E+06	Refrigered unit power	<i>W</i>	17589		
Mass flow	<i>kg.s⁻¹</i>	2.17	GY pressure	<i>Pa</i>	1.08E+06	yield	<i>%</i>	95		
Density	<i>kg.m⁻³</i>	1030	Water power	<i>W</i>	5265	Conso per hour	<i>Wh</i>	18515		
GY av. Viscosity	<i>Pa.s</i>	0.05	GY power	<i>W</i>	2281					
Propylen glycol at 50%			pump yield	<i>%</i>	95					
T°C at input	<i>°C</i>	12	motor yield	<i>%</i>	95					
Mass flow	<i>kg.s⁻¹</i>	4.306	Consumption per hour (water)	<i>Wh</i>	5834					
	<i>m³.h⁻¹</i>	18.00	Consumption per hour (GY)	<i>Wh</i>	2527					
T°C at discharge	<i>°C</i>	24								
GY T°C at discharge	<i>°C</i>	15								
Heat transfer surface	<i>m²</i>	10.3								
Annular exchanger intern diame	<i>m</i>	0.027								
Annular exchanger extern diame	<i>m</i>	0.048								
Length	<i>m</i>	120								
Duration	<i>s</i>	29.7								
CIP										
Water mass	<i>kg</i>	30529								
Acid detergent mass	<i>kg</i>	17								
Alcalin detergent mass	<i>kg</i>	43								
Electricity	<i>Wh</i>	19910								
Steam mass	<i>kg</i>	3650								
Natueal gas volume (total per day)	<i>m³</i>	279								

S3.3. Ultrafiltration (UF)

Simulation results differ from CE due to the additional ultrafiltration operation before the fermentation and removal of the centrifugation process. The significant change in flow rate after ultrafiltration modified the parameters from the heat exchanger and cooling systems.

Table 4. Ultrafiltration simulation results (Benoit and Houssard, 2017).

Reception and storage										
Tank diameter	<i>m</i>	2.50	Filling flow rate	<i>m³.h⁻¹</i>	20					
Tank volume	<i>m³</i>	20	<i>Hyp: Bottom filling</i>							
Tank height	<i>m</i>	4.07								
			Theo. consumption per filling	<i>Wh</i>	736					
Tank number	—	2	pump yield	<i>%</i>	95					
			motor yield	<i>%</i>	95					
			Comnsumption per filling	<i>Wh</i>	816					
Heating										
Milk flow rate	<i>m³.h⁻¹</i>	20.00	Milk pressure	<i>Pa</i>	2.46E+05					
Milk T°C at discharge	<i>°C</i>	55	Power	<i>W</i>	1367					
Heat transfer surface	<i>m²</i>	151	pump yield	<i>%</i>	95					
Duration	<i>s</i>	43.9	motor yield	<i>%</i>	95					
Mass flow	<i>kg.s⁻¹</i>	5.76	Comnsumption of milk per hour	<i>Wh</i>	1514					
Density (55°C)	<i>kg.m⁻³</i>	1017								
Skimming										
Skimmer nb (per skimmer) =>	—	2	Power	<i>W</i>	9716	Skimmed milk				
Milk Input flow rate	<i>m³.h⁻¹</i>	10.20	Mecanic yield	<i>%</i>	0.9	Fat	<i>%</i>	0.04%		
Cream flow rate	<i>m³.h⁻¹</i>	1.06	Comnsumption per hour (per skimmer)	<i>Wh</i>	10796	Lactose	<i>%</i>	5.01%		
Skimmed milk flow rate	<i>m³.h⁻¹</i>	9.14				Protein	<i>%</i>	3.40%		
Cream density at 55°C	<i>kg.m⁻³</i>	967				Minerals, salt	<i>%</i>	0.78%		
Skim M density at 55°C	<i>kg.m⁻³</i>	1023				Cream				
Cream flow rate	<i>kg.s⁻¹</i>	0.28				Fat	<i>%</i>	40.00%		
Skimmed milk flow rate	<i>kg.s⁻¹</i>	2.60				Lactose	<i>%</i>	3.01%		
						Protein	<i>%</i>	2.04%		
						Minerals, salt	<i>%</i>	0.47%		

Table S4. (continued).

Ultrafiltration										
MWCO	<i>kDa</i>	30		Protein retention rate (Rp)	%	96.5%		Retentate		
Spacer thickness	<i>mil</i>	46						Fat	%	0.12%
TMP	<i>Pa</i>	5.51E+05		Power	<i>W</i>	5598		Lactose	%	4.65%
Filtration T°C	<i>°C</i>	55		pump yield	%	95		Protein	%	10.00%
Av permeation flow	<i>m³.h⁻¹.m⁻²</i>	0.0123		motor yield	%	95		Minerals, salt	%	0.73%
FCV	—	3.10		Consumption per hour	<i>Wh</i>	6203		Permeate		
Retentate flow rate	<i>kg.s⁻¹</i>	1.71						Fat	%	0.00%
	<i>m³.h⁻¹</i>	5.90						Lactose	%	5.18%
Retentate density at 55°C	<i>kg.m⁻³</i>	1041						Protein	%	0.18%
Permeate flow rate	<i>kg.s⁻¹</i>	3.49						Minerals, salt	%	0.81%
	<i>m³.h⁻¹</i>	12.39								
Permeate density at 55°C	<i>kg.m⁻³</i>	1014								
Membrane surface	<i>m²</i>	1007								
Thermal treatment										
Milk input flow rate	<i>m³.h⁻¹</i>	5.90		Pressure	<i>Pa</i>	5.33E+05		Natural gas	<i>m³.h⁻¹</i>	121.4
Milk T°C at discharge	<i>°C</i>	90		Power	<i>W</i>	874		Pump power (cal)	<i>W</i>	4.89E+03
Density at 90°C	<i>kg.m⁻³</i>	1026		pump yield	%	95		pump yield	%	95
Mass flow	<i>kg.s⁻¹</i>	1.71		motor yield	%	95		motor yield	%	95
Heat transfer surface	<i>m²</i>	171		Consumption per hour	<i>Wh</i>	968		Consumption per hour	<i>Wh</i>	5419
Duration	<i>s</i>	158								
Holding time	<i>s</i>	300								
Cooling										
Milk flow rate	<i>m³.h⁻¹</i>	5.99		Pressure	<i>Pa</i>	1.35E+05				
Milk av. viscosity	<i>Pa.s</i>	0.01		Power	<i>W</i>	225				
Milk T°C at discharge	<i>°C</i>	42		pump yield	%	95				
Density 42°C	<i>kg.m⁻³</i>	1045		motor yield	%	95				
Mass flow	<i>kg.s⁻¹</i>	1.71		Consumption per hour	<i>Wh</i>	249				
Heat transfer surface	<i>m²</i>	75								
Duration	<i>s</i>	20								
Milk flow rate at discharge	<i>m³.h⁻¹</i>	5.88								
Fermentation										
	http://www.360dairy.com/yogurt-fermentation-tank.html									
Tank Volume	<i>m³</i>	6		Theo. consumption per filling	<i>Wh</i>	91				
Tank diameter	<i>m</i>	1.8		pump yield	%	95				
Tank height	<i>m</i>	2.36		motor yield	%	95				
Tank Nb	—	8		Consumption per filling	<i>Wh</i>	101				
	<i>Hyp: 2 hours of cleaning between fermentation</i>									
Fermentation duration	<i>h</i>	8		Tank stirring + flushing	<i>Wh</i>	174				
ferment Concentration	<i>kg.m⁻³</i>	0.012								
ferments mass (/h)	<i>kg</i>	0.070								
	<i>Hyp: brassage par passage dans un orifice</i>									
				pipe diameter	<i>m</i>	0.050				
				orifice diameter	<i>m</i>	0.015				
Final Cooling										
GY flow rate	<i>m³.h⁻¹</i>	5.88		Glycoled water pressure	<i>Pa</i>	6.57E+05		Refrigered unit power	<i>W</i>	13767
Mass flow	<i>kg.s⁻¹</i>	1.71		GY pressure	<i>Pa</i>	6.87E+05		yield	%	95
Density	<i>kg.m⁻³</i>	1030	1045	Water power	<i>W</i>	2738		Conso per hour	<i>Wh</i>	14492
GY av. Viscosity	<i>Pa.s</i>	0.05		GY power	<i>W</i>	1122				
	<i>Propylen glycol at 50%</i>									
T°C at input	<i>°C</i>	12		pump yield	%	95				
Mass flow	<i>kg.s⁻¹</i>	4.019		motor yield	%	95				
	<i>m³.h⁻¹</i>	15.00		Consumption per hour (water)	<i>Wh</i>	3033				
T°C at discharge	<i>°C</i>	23		Consumption per hour (GY)	<i>Wh</i>	1243				
T°C sortie YG										
GY T°C at discharge	<i>°C</i>	15								
Heat transfer surface	<i>m²</i>	8.7								
Annular exchanger intern dia	<i>m</i>	0.027								
Annular exchanger extern dia	<i>m</i>	0.048								
Length	<i>m</i>	103								
Duration	<i>s</i>	30.6								

Table S4. (continued and end).

QP			
Water mass	kg	24423	
Acid detergent mass	kg	13	
Alcalin detergent mass	kg	35	
Electricity	Wh	15928	
Steam mass	kg	2920	
Natueal gas volume	m3	223	
(total per day)			

Note explaining the difference between UF and CE for steam and natural gas consumption: The regenerative design of the heat exchangers (Figure S1) uses the hot skimmed-milk circulating in the system after thermal treatment at 90 °C to pre-heat the raw milk up to 55°C before skimming. The upper flow rate of the hot skimmed milk (18.56 m³ h⁻¹) for CE improves heat exchange with the cold raw milk section before skimming as compared to the outgoing hot concentrated skimmed milk (5.90 m³ h⁻¹) from the thermal treatment section for UF.

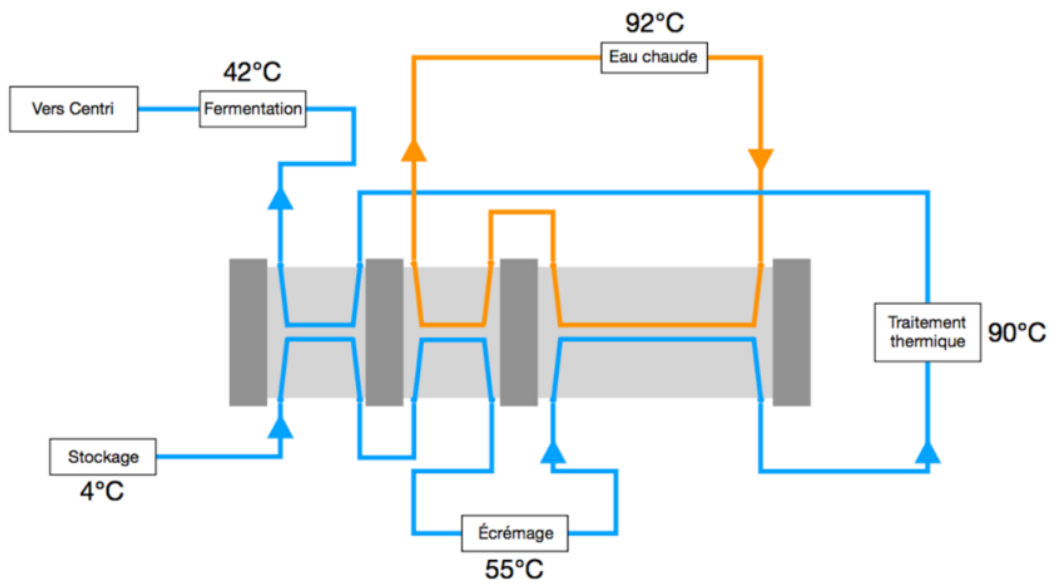


Figure 1. CE, FO and UF Heat exchanger design: cooling and heating regeneration system.

S4. Life Cycle Inventory: Key Parameters and Reference Flows

Table S5. LCA key parameters and reference flows.

GRADLE TO GRAVE INVENTORY - INTERMEDIATE FLOWS for a line treating 20,000 L.h-1 of raw milk													
Functional unit : 1 kg of yogurt consumed													
(Flows are calculated before losses and watage and co-products allocation)													
Life cycle steps	Operation	Key parameters and data sources				Reference flows per funtional unit					Comments		
		Data	Quantity	Unit	Source	Data used from ecoinvent 3.4	Flow	Quantity (CE)	Quantity (FO)	Quantity (UF)		Unit	
Supply chain ingredients													
Supply chain ingredients	Raw Milk production in Quebec	Cow milk production in Quebec	1.00	kg	-	ecoinvent 3.4 : Cow milk [CA-QC] milk production, from cow Alloc Rec, U	Raw milk Qc	3.59E+00	2.83E+00	3.50E+00	kg	This dataset represents the production of conventional milk from dairy cows, in Québec (Canada), in 2009-2011. The module includes the consumption of feed, and the operation of cattle housing systems for the management of the dairy herd and the production of cow milk. The functional unit is 1 kg of Fat and Protein Corrected Milk (FPCM) raw milk from Québec dairy farms. The FPCM correction is made for a conversion to a 4.0% fat and 3.3% true protein content, following the equation provided by the International Dairy Federation (IDF): FPCM (kg/yr) = Production (kg/yr) x [0.1226 x Fat% + 0.0776 x Protein% + 0.2534]. Live animals (culled cows and calves) sold for slaughtering are by-products, as well as solid and liquid manure.	
	Raw milk (Qc) transportation to plant	Losses & wastage at farm	3.50	%			Transport	6.54E-01	5.16E-01	6.37E-01	t.km		
	MPC production	Cow milk production in USA or Qc for 1 kg MPC 80 in powder	16.50	kg	Thoma (2013)	Dataset, Thoma (2007-2008) Milk, at farm, national average/US U System or : Cow milk [CA-QC] milk production, from cow Alloc Rec, U	MPC Powder	-	2.92E-02	-	kg		
		Raw milk Losses & wastage at farm	3.50	%	Average of FAO (2011), Gunders (2012), Baneille (2015)		Liquid MPC	-	1.19E-01	-	kg		
		Packing material (for 1 kg MPC 80)	0.01	kg	Internal calculation	Kraft paper, unbleached [GLO] market for Cut-off, U	Kraft paper (for MPC powder)	-	2.92E-04	-	kg		
		Electricity processing (for 1 kg MPC 80)	0.30	kwh		Electricity, medium voltage [US] market group for Cut-off, U or Heat, district or industrial, natural gas [WECC, US only] heat and power co-generation, natural gas, conventional power plant, 100MW electrical Cut-off, U	Electricity (for MPC powder)	-	8.87E-03	-	kWh		
		Natural gas (for 1 kg MPC 80)	19.51	MJ		Natural gas (for MPC powder)	-	2.32E+00	-	MJ			
		Tap water (for 1 kg MPC 80)	0.68	kg		Tap water (for MPC powder) production, direct filtration treatment Cut-off, U	Tap water (for MPC powder)	-	1.99E-04	-	kg		
		Water deionised	7.40	kg	Simulation, Benoit & Houssard (2017) + Yee (2013) + Prasad (2005)	Water, deionised, from tap water, at user (RoW) production Cut-off, U	Water deionised (for MPC powder)	-	6.57E-02	-	kg		
		Nitric acid	4.12E-04	kg		Nitric acid, without water, in 50% solution state [GLO] market for Cut-off, U	Nitric Acid (for MPC powder)	-	9.56E-04	-	kg		
		Sodium hydroxide	1.07E-03	kg		Sodium hydroxide, without water, in 50% solution state [GLO] market for Cut-off, U	Sodium hydroxide (for MPC powder)	-	2.13E-07	-	kg		
		Other chemicals	1.81E-11	kg		Chemical factory, organics [GLO] market for Cut-off, U	Other chemicals (for MPC powder)	-	1.19E-12	-	kg		
		Wastewater treatment	1.10E-03	m3		Modified to USA, Wastewater from potato starch production [CA-QC] treatment of, capacity 1.1E10/year Alloc Rec, U	Waste water treatment	-	3.22E-05	-	m3		
		Raw milk or diafiltered milk regional transportation (USA-USA or Qc-Qc)	Average distance of transport from farm to plant (Qc or USA)	182.00	km	Estimate based on Qc	Transport, freight, lorry 16-32 metric ton, EUROS (RoW) Cut-off, U	Transport	-	8.77E-02	-		t.km
		MPC transportation from USA to Qc Manufacturing plant	MPC powder	1500.00	km	Estimate based on av. distance from Wisconsin state (US) to Montreal (Qc)	Transport, freight, lorry 16-32 metric ton, EUROS (RER) Cut-off, U	Transport	-	4.38E-02	-		t.km
	MPC transportation from USA to Qc Manufacturing plant	MPC liquid	1500.00	km	Estimate based on av. distance from Wisconsin state (US) to Montreal (Qc)	Transport, freight, lorry with refrigeration machine, 7.5-16 ton, EUROS, R134a refrigerant, cooling [GLO] Cut-off, U	Transport	-	1.78E-01	-	t.km		

Life cycle steps	Operation	Key parameters and data sources					Reference flows per functional unit					Comments	
		Data	Quantity	Unit	Source	Data used from ecoinvent 3.4	Flow	Quantity (CE)	Quantity (FO)	Quantity (UF)	Unit		
Supply chain primary packaging													
S. chain - Primary Packaging	PP Polypropylene container	PP containers size	500.00	g	Manufacturers Survey, Houssard (2017-2018)	-	Total PP containers	1.77E-02	1.77E-02	1.77E-02	kg	Major part of GY production in Quebec & Ontario is sold in 500 ml container (of 612 ml / 500 g product capacity) mostly thermoformed, but thermoformed pack of 100 g in PS are growing. For the purpose of this study only bulk container of 612 ml are included.	
		Weight	17.50	g	Manufacturers Survey, Houssard (2017-2018)	Polypropylene, granulate [GLO] market for Cut-off, U	Thermoformed PP containers	1.51E-02	1.51E-02	1.51E-02	kg		
		Rate of thermoformed PP containers	85.00	%	Manufacturers Survey, Houssard (2017-2018) + Plasti pak interview (2014)	Modified_Thermoforming of plastic sheets [CA] processing Alloc Rec, U	Injected PP containers	2.55E-03	2.55E-03	2.55E-03	kg		
		Rate of injected PP containers	15.00	%	Manufacturers Survey, Houssard (2017-2018) + Plasti pak interview (2014)	Injection moulding [CA-QC] injection moulding Cut-off, U	Thermoforming process	3.76E-02	3.76E-02	3.76E-02	kg		Including thermoformed PS containers and PP containers
		Rate of PP containers on total (PS+PP)	90.00	%	Manufacturers Survey, Houssard (2017-2018) + ecoinvent 3.4 documentation, yogurt production, from cow milk CA-QC	-	-	-	-	-	kg		-
		Injection process yield	99.40	%	ecoinvent documentation	Injection moulding [CA-QC] injection moulding Cut-off, U	Injection process	2.94E-03	2.94E-03	2.94E-03	-		Including injection of HDPE lids
		Thermoformed process yield	94.60	%	ecoinvent documentation	Modified_Thermoforming of plastic sheets [CA] processing Alloc Rec, U	-	-	-	-	-		-
		Pastic waste at plant	0.0040	kg/kg of GY	Gonzalez-Garcia (2013)	-	-	-	-	-	-		Plastic waste at plant is attributed at 50 % to PP containers and 50 % to PS containers
		PP Recycling rate	14.70	%	Recyc-Québec (2017); Recyc-Québec (2015)	-	-	-	-	-	-		Recycling rate is deducted from raw material quantity based on end of life recycling methodology. PP is recycled but PS is not recycled in current Quebec facilities.
	PS Polystyrene container	PS containers size	100.00	g	Manufacturers Survey, Houssard (2017-2018)	-	-	-	-	-	-	-	
		Weight	3.49	g	Calculated based on ecoinvent 3.3 documentation, yogurt production, from cow milk CA-QC + Manufacturers Survey, Houssard (2017-2018); direct weighting Liberté container = 4 g	Polystyrene, general purpose [GLO] market for Cut-off, U	Thermoformed PS containers	2.04E-02	2.04E-02	2.04E-02	kg	Containers are thermoformed on line at milk processor plant	
		Rate of thermoformed PS containers	100.00	%	Manufacturers Survey, Houssard (2017-2018)	Modified_Thermoforming of plastic sheets [CA] processing Alloc Rec, U	Thermoforming process	2.04E-02	2.04E-02	2.04E-02	kg	-	
		Rate of PS containers on total (PS + PP)	50.00	%	Manufacturers Survey, Houssard (2017-2018)	-	-	-	-	-	-	There is a swich in trend towards individual containers in PS to high volumes 500 g and + PP containers. Current estimation is tested in the sensibility analyses.	
	Sealing	Weight of PET Seal for 500 g PP container	0.50	g	Extrapolated from Keoleian (2004)	Polyethylene terephthalate, granulate, amorphous [GLO] market for Cut-off, U	PET seal	5.12E-04	5.12E-04	5.12E-04	kg	-	
Extrusion process yield		97.60	%	ecoinvent documentation	Extrusion, plastic film [CA-QC] production Cut-off, U	Extrusion process	7.68E-03	7.68E-03	7.68E-03	kg	Including extrusion of HDPE lids and PET seals		
Weight of laminated paper Seal for 100 g PS container		0.24	g	Manufacturers Survey, Houssard (2017-2018)	Proxy Paper, melamine impregnated [GLO] market for Cut-off, U	Laminated paper seal	1.20E-03	1.20E-03	1.20E-03	kg	-		
Lid HDPE	Weight of Lid for 500 g PP container	7.00	g	Manufacturers Survey, Houssard (2017-2018)	Polyethylene, high density, granulate [GLO] market for Cut-off, U	HDPE Lid	7.17E-03	7.17E-03	7.17E-03	kg	-		
Cardboard	Average Weight for 100 g container wrapping (4 or 8 packs)	22.68	g	Extrapolated from Keoleian (2004); direct measure : Liberté GY 4 paks : 19 g	Solid bleached board [CA-QC] production Cut-off, U	Cardboard	5.73E-03	5.73E-03	5.73E-03	kg	Estimated average of 6 containers per pack. 73 % is recycled. Recycled material is credited with the cut-off modeling and not included here.		
	Cardboard waste at plant	2.15	g/kg YG	Gonzalez-Garcia (2013)	-	-	-	-	-	-	-		
Supply chain secondary packaging													
S. chain - 2ry packaging	Corrugated board	Weight for 6 packs of 500 g container per tray	95.00	g	Manufacturers Survey, Houssard (2017-2018) + Estimation based on Keoleian (2004) per Interpolation	Corrugated board box [CA-QC] production Cut-off, U	Corrugated board	1.33E-02	1.33E-02	1.33E-02	kg	Mix of trays (6*500g) and boxes (24*100g) recycled at 73 % (0.79*0.925). Recycled material is credited with the cut-off modeling and not included here.	
		Weight for a box of 24 units of :	158.00	g	Keoleian (2004)	-	-	-	-	-	-		
	Wood pallet	Weight	18.14	Kg	-	-	-	-	-	-	-	-	
		Number of reused	300.00	times	Keoleian (2004)	EUR-flat pallet [GLO] market for Cut-off, U	Wood Pallet	1.41E-04	1.41E-04	1.41E-04	kg	-	
		Number of 500 g container per	780.00	u	-	-	-	-	-	-	-	-	
	Stretch Wrap film (LLDPE)	Number of 100 g container per	4900.00	u	-	-	-	-	-	-	-	-	
LLDPE Weight per pallet		331.00	g	Keoleian (2004)	Polyethylene, linear low density, granulate [GLO] market for Cut-off, U	LLDPE	7.88E-04	7.88E-04	7.88E-04	kg	Recycling and losses included in PP and PS containers.		
	Extrusion process yield	97.60	%	ecoinvent documentation	Extrusion, plastic film [CA-QC] production Cut-off, U	Extrusion process	7.88E-04	7.88E-04	7.88E-04	kg	-		

Life cycle steps	Operation	Key parameters and data sources				Reference flows per functional unit					Comments	
		Data	Quantity	Unit	Source	Data used from ecoinvent 3.4	Flow	Quantity (CE)	Quantity (FO)	Quantity (UF)		Unit
Plant processing												
Plant processing	Milk filling & storage at 4 °C	Electricity consumption at 20000 l.h-1	816	Wh	Simulation Benoit & Houssard (2017)	Electricity, medium voltage (CA-QC) market for cut-off, U	Electricity	1.36E-04	1.07E-04	1.33E-04	kWh	Simulation is based on a line running at 20000 l.h-1 (raw milk input) eq. to treating 20747 kg.h-1 of milk (based on a density of 1037 g.l-1 at 4 °C. Raw milk is stored into 2 insulated silos of 10 m3 filled by the bottom to avoid air incorporation in milk. Milk stays around 1 hour in silo.
		Raw milk flow at input	20,000	l.h-1	Manufacturers Survey, Houssard (2017-2018)							
		Milk density at 4 °C	1,037	kg.l-1	Amiot (2010) Science et technologie du lait							
		CE : GY output	5,979	kg.h-1	Simulation Benoit & Houssard (2017)							
		FO : GY output	7,597	kg.h-1								
	UF : GY output	6,145	kg.h-1									
	Heating raw milk at 55 °C	CE : electricity consumption	930	Wh	Simulation Benoit & Houssard (2017)	Electricity, medium voltage (CA-QC) market for cut-off, U	Electricity	1.55E-04	1.27E-04	2.46E-04	kWh	Raw milk is heated from 4 to 55 °C in a heat exchanger of 217 m2 in 61s. Energy required is optimized by a heat exchanger regeneration system all along the process line (skimming heating, thermal treatment and fermentation). Natural gas consumption for all the heating processes is attributed to the heating treatment process only. There is no need for external heating source in between 4 and 55 °C (heat exchanged with skimmer).
		FO : electricity consumption	966	Wh								
		UF : electricity consumption	1514	Wh								
	Skimming	Skimmer	10,796	Wh	Simulation Benoit & Houssard (2017)	Electricity, medium voltage (CA-QC) market for cut-off, U	Electricity	3.61E-03	2.84E-03	3.51E-03	kWh	2 skimmers with a capacity of 10 m3.h-1 of milk at entrance and 1.06 m3.h-1 of cream at discharge each are used. Simulation results provide a good fat yield : Only 0.04 % of fat remained in skimmed milk after skimming.
		Number of skimmer	2	u								
		Skimmed milk	9354	kg.h-1								
		Cream	1020	kg.h-1								
	Protein rehydration (FO-P-US only)	FO-P-US : electricity consumption	9720	Wh	Simulation Benoit & Houssard (2017)	Electricity, medium voltage (CA-QC) market for cut-off, U	Electricity FO-P-US	-	7.53E-04	-	kWh	The milk protein concentrate (MPC) powder is first rehydrated with water to reach 24 % (w/w) concentration, then mixed to the skimmed milk in order to reach 4.2% (w/w) proteins in the fortified skimmed milk. When the MPC comes in liquid form instead of powder, the first step of rehydration is avoided resulting in water and energy savings.
		FO-P-US : water consumption	512	kg								
	Mixing (FO only)	FO : electricity consumption (mixing only)	584	Wh	Simulation Benoit & Houssard (2017)	Electricity, medium voltage (CA-QC) market for cut-off, U	Electricity FO-L-US & Qc	-	7.68E-05	-	kWh	
	Ultrafiltration	UF : electricity consumption	6203	Wh	Simulation Benoit & Houssard (2017)	Electricity, medium voltage (CA-QC) market for cut-off, U	Electricity	-	-	1.01E-03	kWh	molecular weight spiral PES membrane under a transmembrane pressure of 5,51E5 Pa at at 55 °C
		Retentate output	6145	kg								
		Permeate output (whey)	12563	kg								
	Thermal treatment at 90 °C for 5 minutes	CE : electricity consumption	8608	Wh	Simulation Benoit & Houssard (2017)	Electricity, medium voltage (CA-QC) market for cut-off, U	Electricity	1.44E-03	1.35E-03	1.04E-03	kWh	The heat exchanger is part of the regeneration system (see figure in CE, FO, UF Simulation). All natural gas consumed on the line for water heating is included in this operation. The boiler makes steam water at 5 bar and 150 °C (ratio NG/Steam = 0.0765 m3.kg-1). Zero water/steam loss has been considered at the boiler.
		FO : electricity consumption	10258	Wh								
		UF : electricity consumption	6387	Wh								
		CE : natural gas consumption	99	m3.h-1								
		FO : natural gas consumption	99.7	m3.h-1								
		UF : natural gas consumption	121.4	m3.h-1								
	Natural gas converted rate in MJ	37.3	MJ.m3	Office National de l'énergie du Canada (2018)								
	Homogenisation at 65 °C & 170-200 bars (optional)	Cooling at 65 °C electricity cons.	1,824	Wh	Simulation Benoit & Houssard (2017)	Electricity, medium voltage (CA-QC) market for cut-off, U	Electricity	1.74E-02	-	-	kWh	Homogenisation process has been simulated only for the CE option. Homogenisation is usually done before thermal treatment when partial skimming is operated and at this step (between thermal treatment and fermentation) when a full skimming is operated.
Homogenisation electricity 42 °C electricity cons.		101,812	Wh									
		398	Wh									
Cooling at 42 °C	CE : electricity consumption	1479	Wh	Simulation Benoit & Houssard (2017)	Electricity, medium voltage (CA-QC) market for cut-off, U	Electricity	2.47E-04	2.08E-04	4.05E-05	kWh	The heat exchanger is part of the regeneration system. Heat exchange with cold milk at 4 °C in this section.	
	FO : electricity consumption	1583	Wh									
	UF : electricity consumption	249	Wh									
Fermentation at 42 °C for 5 to 8 hours	CE : electricity consumption	1718	Wh	Simulation Benoit & Houssard (2017)	Electricity, medium voltage (CA-QC) market for cut-off, U	Electricity	2.87E-04	2.46E-04	4.39E-05	kWh	Fermentation is done by batch of 5 to 8 hours. 1 hour of CIP is included between 2 batches. Tank stirring is not included. Stirring is done at pump discharge. Electricity included is for pump at entrance and discharge. Cooling water to maintain tank temperature is not included at this step (all water flows are supposed to be recirculated).	
	FO : electricity consumption	1865	Wh									
	UF : electricity consumption	270	Wh									
Centrifugation at 35 - 40 °C	Electricity consumption per separator	45000	Wh	GEA Technical sheet - Separator KDE 45-02-076	Electricity, medium voltage (CA-QC) market for cut-off, U	Electricity	1.51E-02	1.18E-02	-	kWh	GY concentration is done using 2 separators. GY mathematical model of centrifugation were not available at time of simulation. Data has been collected directly from the manufacturer (GEA) and the GY manufacturers. Rejection rate are calculated based on % proteins in whey (0.3 % in CE and 0.48 % in FO). Final results reported here are slightly different from the 2017 data included in the simulation datasheets.	
	Nb of separators	2	u	GEA Technical sheet - Separator KDE 45-02-076								
	CE : protein rejection rate	5.6	%	Manufacturers Survey, Houssard (2017-2018) -> 0.3 % proteins in whey								
	FO : protein rejection rate	8.4	%	Manufacturers Survey, Houssard (2017-2018) -> 0.48 % proteins in whey								
	CE : GY output	5,979	kg	Calculation - Mass balance								
	FO : GY output	7,597	kg	Calculation - Mass balance								
	CE : whey output	12,729	kg	Calculation - Mass balance								
FO : whey output	11,845	kg	Calculation - Mass balance									
Cooling at 15 °C	CE : electricity consumption	18,545	Wh	Simulation Benoit & Houssard (2017)	Electricity, medium voltage (CA-QC) market for cut-off, U	Electricity	3.10E-03	3.54E-03	3.05E-03	kWh	Cooling is done as quick as possible (30 s.) to reduce the bacteria activity and to stabilize the pH. The concentrated fermented milk is cooled in an annular heat exchanger of 8.7 m2. The cooling circuit use propylène glycol at 50 % in a closed loop. 289 kg of propylène glycol circulate in the cooling circuit. Based on processing specialists recommendation, there is no product loss. Therefore propylène glycol impacts are supposed negligible and are not included.	
	FO : electricity consumption	26,875	Wh									
	UF : electricity consumption	18,768	Wh									

Life cycle steps	Operation	Key parameters and data sources					Reference flows per functional unit					Comments
		Data	Quantity	Unit	Source	Data used from ecoinvent 3.4	Flow	Quantity (CE)	Quantity (FO)	Quantity (UF)	Unit	
Plant processing	CIP	Number of hours of operation per day (yogurt production)	16	h/d	Simulation, Benoit & Houssard (2017) + Yee (2013)							
		CE and UF : Electricity consumption per day	15,928	Wh/d		Electricity, medium voltage [CA-QC] market for Cut-off, U	Electricity	1.67E-04	1.64E-04	1.62E-04	kWh	
		FO : Electricity consumption	19,910	Wh/d								
		CE & UF : Water consumption per day	24,423	kg/d		Modified from [CH]- Water, deionised, from tap water, at user [CA-QC] production AllocRec, U	Water	2.55E-01	2.51E-01	2.48E-01	kg	
		FO : Water consumption per boiler	30,529	kg/d			Natural gas	8.71E-02	8.57E-02	8.48E-02	MJ	
			8,333	MJ/d		Heat, district or industrial, natural gas [CA-QC] market for Cut-off, U	Nitric Acid	1.39E-04	1.37E-04	1.35E-04	kg	
		FO : Natural gas for boiler	10,416	MJ/d			Sodium hydroxyde	3.61E-04	3.55E-04	3.51E-04	kg	
						Nitric acid, without water, in 50% solution state [GLO] market for Cut-off, U						
		CE and UF : Nitric Acid	13	kg/d								
		FO : Nitric acid	17	kg/d								
				Sodium hydroxide, without water, in 50% solution state [GLO] market for Cut-off, U								
	CE and UF : Sodium hydroxyde	35	kg/d									
	FO : Sodium hydroxyde	43	kg/d									
	Packaging and storage at 4 °C	Electricity consumption	85,112	Wh	Calculation based on Prasad 2004,2005	Electricity, medium voltage [CA-QC] market for Cut-off, U	Electricity	1.42E-02	1.42E-02	1.42E-02	kWh	Prasad (2004,2005) : packaging up to 12% of total energy cost and refrigeration and storage up to 18% of total energy cost. Since it is based on general data, identical flows are attributed to each option (not a factor of differentiation between options).
	General utilities	Plant ventilation and lighting	56,741	Wh	Calculation based on Prasad 2004,2005	Electricity, medium voltage [CA-QC] market for Cut-off, U	Electricity	9.49E-03	9.49E-03	9.49E-03	kWh	Prasad (2004,2005) : up to 19% of total energy cost
General water usage		17,586	kg.h-1	Calculation based on Gonzalez-Garcia (2013)	Tap water [CA-QC] market for Cut-off, U corrected	Tap water	2.94E+00	2.31E+00	2.86E+00	kg	Difference of Gonzalez-Garcia (2013) study and water consumption flow from CIP included in the simulation.	
Wastewater treatment	CE & UF : Water treatment	19.11	m3	Calculated based on CIP and general water flow.	Proxy based on COD =2 kg/m3. Adapted Wastewater from [CH] Wastewater from potato starch production [CA-QC] treatment of,	Wastewater treatment	3.20E-03	2.57E-03	3.11E-03	m3		
	FO : Water treatment	19.49	m3									
Plant solid wastes	Plastic per ton of yogurt	4.00	kg/t	Gonzalez-Garcia (2013)	Waste plastic, mixture [RoW] treatment of waste plastic, mixture, sanitary landfill Cut-off, U	Plastic Mix landfill disposal	4.00E-03	4.00E-03	4.00E-03	kg		
	Cardboard & paper per ton of yogurt	2.15	kg/t	Gonzalez-Garcia (2013)	Waste paperboard [RoW] treatment of, sanitary landfill Cut-off, U or Paper (waste treatment) [GLO] recycling of paper Cut-off, U	Cardboard landfill disposal	5.85E-04	5.85E-04	5.85E-04	kg		
	Municipal Waste transportatio	100	km	Assumption	Municipal waste collection service by 21 metric ton lomy [RoW] processing Cut-off, U	Cardboard recycled	1.56E-03	1.56E-03	1.56E-03	kg		
					Waste collection	6.15E-04	6.15E-04	6.15E-04	t.km			

Life cycle steps	Operation	Key parameters and data sources				Reference flows per functional unit					Comments	
		Data	Quantity	Unit	Source	Data used from ecoinvent 3.4	Flow	Quantity (CE)	Quantity (FO)	Quantity (UF)		Unit
Distribution												
Distribution	Transportation	Average nb of km from plant to distribution central and groceries	145.00	km	Calculation based on average distances (round trip) between Ste-Hyacinthe and the major towns in Quebec regrouping 85 % of the population	Transport, freight, lorry with refrigeration machine, 7.5-16 ton, EURO5, R134a refrigerant, cooling [GLO] market for Cut-off, U	Transportation in refrigerated truck	1.45E-01	1.45E-01	1.45E-01	t.km	Calculation based on av.distance between plant and cities regrouping 85 % of the population
	Refrigeration, lighting and air conditioning at retail	Average time of refrigeration at retailer	1.86.10	Kwh/t	Gonzalez-Garcia (2013)	Electricity, medium voltage [CA-QC] market for Cut-off, U	Electricity	1.86E-01	1.86E-01	1.86E-01	KWh	
	Solid Waste	Plastic wrap to landfill	0.0008	kg/kg GY	Calculation based on secondary packaging quantity	Waste plastic, mixture [RoW] treatment of waste plastic, mixture, sanitary landfill Cut-off, U	Plastic waste	7.88E-04	7.88E-04	7.88E-04	kg	Plastic is assumed to be 100% landfill. % of plastic recycled is done on PP and PET containers.
		Corrugated box landfill	0.0133	kg/kg GY	Calculation based on secondary packaging quantity	Paper (waste treatment) [GLO] recycling of paper Cut-off, U	Corrugated waste	1.33E-02	1.33E-02	1.33E-02	kg	
		Corrugated box recycling	0.0355	kg/kg GY	Calculation based on packaging and end-of-life section	Paper (waste treatment) [GLO] recycling of paper Cut-off, U	Corrugated recycling	3.55E-02	3.55E-02	3.55E-02	kg	Recycled corrugated board is not included in secondary packaging flow. It is a credit due to the cut off modeling.
Municipal Waste transportation	100	km	Assumption	Municipal waste collection service by 21 metric ton lorry [RoW] processing Cut-off, U	Waste collection	4.95E-03	4.95E-03	4.95E-03	t.km			
Consumption												
Consumption	Transportation	Average nb of km in car (round trip) from grocery to household in Québec	4.75	Km/trip	Calculation based on données de Institut de la statistique du Québec - Régions - Panorama des régions du Québec, édition							
		Number of kg of yogurt per household per year	4.60	kg/year	Calculation based on http://www.groupeageco.ca/fsi/ ; http://www.stat.gouv.qc.ca/statistiques/population-demographie/familles-menages/tableau_04.htm ; Nielsen (2017)	Transport, passenger car, medium size, petrol, EURO 5 [RoW] transport, passenger car, medium size, petrol, EURO 5 Cut-off, U	Transportation	1.46E-01	1.46E-01	1.46E-01	km	Calculation is as followed : Av. Round trip (4.75 km) * x Nb of trip per year (52) x % of dairies in grocery basket (15%) x % of yogurt in dairies (10/110 = 9.09 %) x % Market share of GY (20%) / Nb of kg of yogurt/p/year (10 kg) x Market share of GY (20%) x Av. Nb of person/household (2.3 p). (*) Av. Round trip is based on distance median in meter to the nearest grocery store.
		% of greek yogurt in grocery basket	0.0027	%	https://www.inspq.qc.ca/sites/default/files/publications/1766_resume.pdf ; http://www.groupeageco.ca/fsi/							
		Average number of trip in car to grocery	52	u	Assumption							
	plastic bag used for transportation	Nb of plastic bag per ton of yogurt	4.00	kg/t	Hospido A, Vazquez ME, Cuevas A, Feijoo G, Moreira MT (2006) Environmental assessment of canned tuna manufacture with a life-cycle perspective. Resour Conserv Recy 47:56-72	Polyethylene, high density, granulate [GLO] market for Cut-off, U and Extrusion, plastic film [CA-QC] production Cut-off, U	Pastic	2.00E-03	2.00E-03	2.00E-03	Kg	Data is divided by 2 because pastig bag consumption has been reduced by 52 % in between 2007 and 2010 https://ici.radio-canada.ca/nouvelle/571093/reduction-sacs-quebec
Refrigeration + heating water	Electricity per ton of yogurt	54.70	kWh/t	Gonzalez-Garcia (2013)	Electricity, low voltage [CA-QC] market for Cut-off, U	Electricity	5.47E-02	5.47E-02	5.47E-02	KWh	Gonzalez-Garcia has based its energy consumption calculation on the volume occupied per yogurt in the refrigerator.	
Water for cleaning	Tap water per ton of yogurt	804.50	kg/t	Gonzalez-Garcia (2013)	Tap water [CA-QC] market for Cut-off, U corrected	Tap water	8.05E-01	8.05E-01	8.05E-01	Kg	Spoon, cup and dishwashing are not considered - negligible impacts	
Waste water treatment	Waste water from cleaning	804.50	kg/t	Gonzalez-Garcia (2013)	Wastewater, average [CA-QC] treatment of wastewater, average, capacity 4.7E10 /year Cut-off, U	Waste water treatment	8.05E-04	8.05E-04	8.05E-04	m3		

Life cycle steps	Operation	Key parameters and data sources				Reference flows per functional unit					Comments	
		Data	Quantity	Unit	Source	Data used from ecoinvent 3.4	Flow	Quantity (CE)	Quantity (FO)	Quantity (UF)		Unit
Final disposal	Product final disposal											
	Recycling	Paper, Cardboard	79.00	%	Recyc-Quebec (2015) Bilan de la gestion des matières résiduelles au Québec							
		Pastic recovered	16.00	%	Recyc-Quebec (2015)							
		Organic matter recovered	21.00	%	Recyc-Quebec (2015)							
		Av. Reject rate	7.90	%	Recyc-Quebec (2015)							
		PS is not recycled in Quebec										
	Final disposal	Landfill	96.72	%	Recyc-Quebec (2015)							Has been approximate to 100 % landfill
		Incinerator	3.28	%	Recyc-Quebec (2017) Bilan de la gestion des matières résiduelles au Québec							
	Pastic bag final disposal	Plastic bag recycling	0.5894	Kg/t	Calculation based on packaging and recycling data	Mixed plastics (waste treatment) (GLO) recycling of mixed plastics Cut-off, U	PET recycling	2.95E-04	2.95E-04	2.95E-04	kg	Data is divided by 2 because pastic bag consumption has been reduced by 52% in between 2007 and 2010 https://ici.radio-canada.ca/nouvelle/571093/reduction-sacs-quebec
		Plastic bag to landfill	3.4106	Kg/t	Calculation based on packaging and recycling data	Waste plastic, mixture (RoW) treatment of waste plastic, mixture, sanitary landfill Cut-off, U	PP recycling	2.30E-03	2.30E-03	2.30E-03		Data is divided by 2 because pastic bag consumption has been reduced by 52% in between 2007 and 2010 https://ici.radio-canada.ca/nouvelle/571093/reduction-sacs-quebec
GY containers disposal	Plastic recycling	0.0023	kg/kg GY	Calculation based on packaging and recycling data		PET waste	1.71E-03	1.71E-03	1.71E-03			
	Plastic to landfill	0.0395	kg/kg GY	Calculation based on packaging and recycling data		Plastic waste	3.95E-02	3.95E-02	3.95E-02	kg		
	Cardboard recycling	0.0138	kg/kg GY	Calculation based on packaging and recycling data		Cardboard recycling	1.38E-02	1.38E-02	1.38E-02	kg		
	Cardboard to landfill	0.0063	kg/kg GY	Calculation based on packaging and recycling data		Cardboard to landfill	6.35E-03	6.35E-03	6.35E-03	kg		

S5. MPC allocation factors

Table 6. MPC production systems in the USA or Québec: mass and economic allocation factors at each point of substitution.

Allocation factor (AF)	Mass allocation				Economic allocation			
	Cream	S. milk	Permeate	Retentate	Cream	S. milk	Permeate	Retentate
Raw milk production and its transportation (SB1)								
USA	35%		23%	42%	50%		2%	47%
Qc	35%		23%	42%	57%		15%	28%
Reception, storage, pasteurization & skimming (SB2)								
USA	35%	65%			50%	50%		
Qc	35%	65%			57%	43%		
Ultrafiltration and diafiltration (SB2)								
USA			35%	65%			5%	95%
Qc			35%	65%			34%	66%
Spray-drying (*), packing (*) and transportation (SB2)								
USA				100%				100%
Qc				100%				100%
CIP								
USA	35%		23%	42%	50%		2%	47%
Qc	35%		23%	42%	57%		15%	28%

The economic allocations are based on milk component prices in the USA:

- USA class IV (proteins: 3.98 USD.kg⁻¹; fat 5.35 USD.kg⁻¹; lactose 0.12 USD.kg⁻¹)
- Québec class 7 (proteins: 1.58 CAD.kg⁻¹; fat 7.24 CAD.kg⁻¹; lactose 1.58 CAD.kg⁻¹) in 2017.

To facilitate comparison, results with economic allocations were based on USA prices for MPC from the USA and Québec or Québec but not a mix of USA prices for MPC USA and Québec prices for MPC Québec.

S6. Losses and wastage (L and W) literature overview

Table S7. Compiled data on dairy product losses and wastage (L and W).

Source	Region	Product	Units	Value chain stage				Total
				Production & transportation	Manufacturing	Distribution	Consumption	
Burek (2018)	USA	Fluid milk	% (kg)		1.20%	12.00%	20-35 %	–
Parfitt (2016)	UK	Dairy	% (kg)	–	3.50%	–	–	–
AAFC (2015)	Canada	Dairy	% (kg)			11.00%	21.00%	–
Bareille (2015)	France	Yogurt	% (kg)	3.20%	2 à 4 %	–	–	–
González-García (2013)	Portugal	Yogurt	% (kg)				10.00%	–
Thoma (2013a)	USA	Fluid milk	% (kg)	–		12.00%	20.00%	–
Gunders (2012)	USA, Canada, Australia, New Zealand	Milk	% (kg)	3.25%	0.50%	0.25%	17.00%	20.00 %
Buzby and Hyman, (2013)	USA	Fluid milk	%(\$)	–	–	12.00%	18.00%	–
		Other dairy product	%(\$)	–	–	8.00%	14.00%	–
Abdulla (2012)	Canada	Dairy products	% (kg)	–	–	–	–	27.57 %
FAO (2011)	North America and Oceania	Milk	% (kg)	4.00%	1.20%	0.50%	15.00%	20.70 %
Mena (2011)	UK and Spain	Milk	% (kg)	–	–	1-3%	–	–
		yogurt	% (kg)	–	–	>7%	–	–
Flysjö (2011)	Denmark	butter	% (kg)	–	1.00%	–	10.00%	–
Alonso (2010)	Spain	yogurt	% (kg)	–	1.00%	–	–	–
Berlin and Sonesson (2008)	Sweden	yogurt	% (kg)	–	5.00%	–	–	–
Kantor (1997)	USA	Fluid milk	% (kg)	–	–	2.00%	30.00%	NA
		Other dairy product	% (kg)	–	–	2.00%	30.00%	NA
		Lower estimate	% (kg)	3.20%	0.50%	0.25%	10.00%	13.95 %
		Upper estimate	% (kg)	4.00%	5.00%	12.00%	30.00%	51.00 %
		Average	% (kg)	3.48%	3% (*)	5.47%	20.33%	29.29 %

Note: Data in grey are not included in the average. (*) includes only data from yogurt.

S7. LCA detailed results

S7.1. LCA Main Numerical Results

Method: IMPACTWorld + (Default_Recommended_Endpoint 1.41) V1.41/IMPACT World + (Stepwise 2006 values) and IMPACTWorld + (Default_Recommended_Midpoint 1.23) V1.23

Indicators: damage assessment for HH and EQ; characterization midpoint for CC short term and FEU. Climate change contribution to HH and EQ endpoint indicators was purposely removed to avoid double counting.

General legend: CE: centrifugation; FO-P-US: fortification by MPC powder from the USA; FO-L-US: fortification by liquid MPC from the USA; FO-L-Qc: fortification by liquid MPC from Québec.

Table S8. Cradle-to-grave LCA results with mass allocation.

		Canadian Milk	Proteins (MPC)	Primary Packaging	Secondary Packaging	GY Process	Distribution	Consumption	Distribution & consumption		Final disposal	Total impact
Climate Change	kg CO2 eq	CE	1.62E+00	0	1.50E-01	1.19E-02	3.29E-02	6.85E-02	4.19E-02	5.61E-01	2.36E-02	2.51E+00
		FO-P-US	1.32E+00	5.77E-01	1.50E-01	1.19E-02	2.80E-02	6.85E-02	4.19E-02	6.40E-01	2.36E-02	2.86E+00
		FO-L-US	1.32E+00	5.95E-01	1.50E-01	1.19E-02	2.80E-02	6.85E-02	4.19E-02	6.45E-01	2.36E-02	2.88E+00
		FO-L-QC	1.32E+00	4.56E-01	1.50E-01	1.19E-02	2.80E-02	6.85E-02	4.19E-02	6.05E-01	2.36E-02	2.70E+00
		UF	1.63E+00	0	1.50E-01	1.19E-02	6.59E-02	6.85E-02	4.19E-02	5.73E-01	2.36E-02	2.56E+00
Human Health	DALY	CE	2.48E-06	0	2.69E-07	2.31E-08	1.28E-08	2.84E-08	2.32E-08	8.41E-07	6.56E-08	3.74E-06
		FO-P-US	2.02E-06	7.57E-07	2.69E-07	2.31E-08	1.21E-08	2.84E-08	2.32E-08	9.26E-07	6.56E-08	4.13E-06
		FO-L-US	2.02E-06	7.54E-07	2.69E-07	2.31E-08	1.20E-08	2.84E-08	2.32E-08	9.26E-07	6.56E-08	4.12E-06
		FO-L-QC	2.02E-06	6.91E-07	2.69E-07	2.31E-08	1.20E-08	2.84E-08	2.32E-08	9.07E-07	6.56E-08	4.04E-06
		UF	2.49E-06	0	2.69E-07	2.31E-08	1.81E-08	2.84E-08	2.32E-08	8.46E-07	6.56E-08	3.77E-06
Ecosystem Quality	PDF*m2*yr	CE	1.86E+00	0	1.37E-01	5.30E-02	2.80E-02	6.79E-02	3.66E-02	6.57E-01	9.83E-02	2.93E+00
		FO-P-US	1.51E+00	9.62E-01	1.37E-01	5.30E-02	2.63E-02	6.79E-02	3.66E-02	8.36E-01	9.83E-02	3.73E+00
		FO-L-US	1.51E+00	9.48E-01	1.37E-01	5.30E-02	2.61E-02	6.79E-02	3.66E-02	8.32E-01	9.83E-02	3.71E+00
		FO-L-QC	1.51E+00	5.17E-01	1.37E-01	5.30E-02	2.61E-02	6.79E-02	3.66E-02	7.07E-01	9.83E-02	3.15E+00
		UF	1.86E+00	0	1.37E-01	5.30E-02	3.43E-02	6.79E-02	3.66E-02	6.62E-01	9.83E-02	2.95E+00
Fossil and nuclear energy use	MJ deprived	CE	3.21E+00	0	4.02E+00	2.09E-01	4.95E-01	5.82E-01	7.11E-01	2.67E+00	1.17E-01	1.20E+01
		FO-P-US	2.61E+00	2.21E+00	4.02E+00	2.09E-01	4.18E-01	5.82E-01	7.11E-01	3.11E+00	1.17E-01	1.40E+01
		FO-L-US	2.61E+00	2.43E+00	4.02E+00	2.09E-01	4.17E-01	5.82E-01	7.11E-01	3.18E+00	1.17E-01	1.43E+01
		FO-L-QC	2.61E+00	9.99E-01	4.02E+00	2.09E-01	4.17E-01	5.82E-01	7.11E-01	2.76E+00	1.17E-01	1.24E+01
		UF	3.22E+00	0	4.02E+00	2.09E-01	1.03E+00	5.82E-01	7.11E-01	2.83E+00	1.17E-01	1.27E+01

Table S9. LCA results from plant manufacturing to final disposal (excluding raw milk and MPC); mass allocation.

		PP containers	PS containers	Other Pakaging	Heat exchangers	CIP & water	Centrifugation/ Ultrafiltration	Other process	Distribution	Household	Plant losses	Distrib & household losses	Final disposal	Total impact	
Climate Change	kg CO2 eq	CE	3.78E-02	8.03E-02	3.15E-02	2.66E-02	3.23E-03	1.40E-04	2.41E-03	6.85E-02	4.19E-02	5.51E-02	5.06E-01	2.36E-02	8.77E-01
		FO-P-US	3.78E-02	8.03E-02	3.15E-02	2.19E-02	3.21E-03	1.14E-04	2.63E-03	6.85E-02	4.19E-02	6.33E-02	5.77E-01	2.36E-02	9.52E-01
		FO-L-US	3.78E-02	8.03E-02	3.15E-02	2.19E-02	3.21E-03	1.14E-04	2.60E-03	6.85E-02	4.19E-02	6.38E-02	5.82E-01	2.36E-02	9.57E-01
		FO-L-QC	3.78E-02	8.03E-02	3.15E-02	2.19E-02	3.21E-03	1.14E-04	2.60E-03	6.85E-02	4.19E-02	5.96E-02	5.46E-01	2.36E-02	9.17E-01
		UF	3.78E-02	8.03E-02	3.15E-02	5.99E-02	3.27E-03	9.74E-06	2.41E-03	6.85E-02	4.19E-02	5.63E-02	5.17E-01	2.36E-02	9.22E-01
Human Health	DALY	CE	4.75E-08	1.53E-07	6.77E-08	4.29E-09	1.97E-09	4.47E-11	6.39E-09	2.84E-08	2.32E-08	8.59E-08	7.55E-07	6.56E-08	1.24E-06
		FO-P-US	4.75E-08	1.53E-07	6.77E-08	3.53E-09	1.91E-09	3.65E-11	6.54E-09	2.84E-08	2.32E-08	8.78E-08	8.39E-07	6.56E-08	1.32E-06
		FO-L-US	4.75E-08	1.53E-07	6.77E-08	3.53E-09	1.91E-09	3.65E-11	6.45E-09	2.84E-08	Distribution	8.66E-08	8.39E-07	6.56E-08	1.30E-06
		FO-L-QC	4.75E-08	1.53E-07	6.77E-08	3.53E-09	1.91E-09	3.65E-11	6.45E-09	2.84E-08	2.32E-08	8.49E-08	8.22E-07	6.56E-08	1.30E-06
		UF	4.75E-08	1.53E-07	6.77E-08	9.67E-09	1.99E-09	3.11E-12	6.39E-09	2.84E-08	2.32E-08	8.69E-08	7.59E-07	6.56E-08	1.25E-06
Ecosystem Quality	PDF*m2*yr	CE	1.96E-02	5.25E-02	6.54E-02	6.96E-03	2.94E-03	2.18E-03	1.19E-02	6.79E-02	3.66E-02	6.49E-02	5.92E-01	9.83E-02	1.02E+00
		FO-P-US	1.96E-02	5.25E-02	6.54E-02	5.76E-03	2.72E-03	1.78E-03	1.51E-02	6.79E-02	3.66E-02	7.46E-02	7.61E-01	9.83E-02	1.20E+00
		FO-L-US	1.96E-02	5.25E-02	6.54E-02	5.76E-03	2.72E-03	1.78E-03	1.49E-02	6.79E-02	3.66E-02	7.27E-02	7.59E-01	9.83E-02	1.20E+00
		FO-L-QC	1.96E-02	5.25E-02	6.54E-02	5.76E-03	2.72E-03	1.78E-03	1.49E-02	6.79E-02	3.66E-02	6.42E-02	6.43E-01	9.83E-02	1.07E+00
		UF	1.96E-02	5.25E-02	6.54E-02	1.54E-02	2.97E-03	1.52E-04	1.19E-02	6.79E-02	3.66E-02	6.57E-02	5.96E-01	9.83E-02	1.03E+00
Fossil and nuclear energy use	MJ deprived	CE	1.34E+00	1.86E+00	8.21E-01	4.32E-01	4.47E-02	9.01E-04	1.27E-02	5.82E-01	7.11E-01	2.40E-01	2.43E+00	1.17E-01	8.58E+00
		FO-P-US	1.34E+00	1.86E+00	8.21E-01	3.55E-01	4.52E-02	7.35E-04	1.43E-02	5.82E-01	7.11E-01	2.76E-01	2.84E+00	1.17E-01	8.96E+00
		FO-L-US	1.34E+00	1.86E+00	8.21E-01	3.55E-01	4.52E-02	7.35E-04	1.39E-02	5.82E-01	7.11E-01	2.69E-01	2.91E+00	1.17E-01	9.02E+00
		FO-L-QC	1.34E+00	1.86E+00	8.21E-01	3.55E-01	4.52E-02	7.35E-04	1.39E-02	5.82E-01	7.11E-01	2.39E-01	2.52E+00	1.17E-01	8.60E+00
		UF	1.34E+00	1.86E+00	8.21E-01	9.73E-01	4.52E-02	6.28E-05	1.27E-02	5.82E-01	7.11E-01	2.58E-01	2.57E+00	1.17E-01	9.29E+00

Table S10. US raw milk versus Québec cow milk; FU: 1 kg of raw milk.

		Cow milk {CA-QC}	Milk, at farm, national average/US A	R5 : West Coast USA	R4 : South west plus high plains USA	R3 : Upper Midwest USA	R2 : Southeast USA	R1 : Northeast USA
Climate Change	kg CO2 eq.	1.27E+00	1.58E+00	1.70E+00	1.81E+00	1.42E+00	1.73E+00	1.30E+00
Human health	DALY	1.97E-06	2.05E-06	3.08E-05	1.49E-05	5.31E-06	1.27E-05	6.25E-06
Ecosystem Quality	PDF*m2*yr	1.48E+00	2.69E+00	2.68E+00	4.82E+00	1.68E+00	1.96E+00	1.84E+00
Fossil and nuclear energy use	MJ deprived	2.20E+00	5.06E+00	5.73E+00	5.20E+00	4.56E+00	6.47E+00	4.17E+00

Datasets: ecoinvent 3.4: cow milk {CA-QC} milk production, from cow | Alloc Rec, U for Québec and Thoma (2007-2008) milk, at the farm, /US U System for the USA.

S7.2. Midpoint Indicators Contributing to the Human Health and Ecosystem Quality Impact Categories

Table S11. Cradle-to-grave impact indicators at midpoint; FU: 1kg of GY consumed; mass allocation.

Impact category	Unit	CE	FO-P-US	FO-L-US	FO-L-QC	UF
Climate change, short term	kg CO2 eq	2.51E+00	2.86E+00	2.88E+00	2.70E+00	2.56E+00
Climate change, long term	kg CO2 eq	1.64E+00	1.83E+00	1.85E+00	1.77E+00	1.69E+00
Land occupation, biodiversity	m2 arable la	1.72E+00	2.06E+00	2.06E+00	1.87E+00	1.73E+00
Land transformation, biodiversity	m2 arable la	2.69E-03	3.85E-03	3.84E-03	2.93E-03	2.70E-03
Fossil and nuclear energy use	MJ deprived	1.20E+01	1.40E+01	1.43E+01	1.24E+01	1.27E+01
Mineral resources use	kg deprived	5.95E-04	1.59E-03	1.60E-03	6.35E-04	5.98E-04
Water scarcity	m3 world-eq	9.36E-01	4.05E+00	4.05E+00	1.01E+00	9.39E-01
Freshwater acidification	kg SO2 eq	4.19E-03	5.77E-03	5.76E-03	4.50E-03	4.29E-03
Terrestrial acidification	kg SO2 eq	1.38E-02	1.95E-02	1.95E-02	1.50E-02	1.40E-02
Freshwater eutrophication	kg PO4 P-lim	1.23E-03	2.09E-03	2.08E-03	1.33E-03	1.23E-03
Marine eutrophication	kg N N-lim e	5.27E-04	1.73E-03	1.73E-03	5.66E-04	5.30E-04
Freshwater ecotoxicity	CTUe	9.65E+02	1.23E+03	1.19E+03	9.99E+02	9.71E+02
Particulate matter formation	kg PM2.5 eq	1.17E-06	1.62E-06	1.62E-06	1.26E-06	1.18E-06
Photochemical oxidant formation	kg NMVOC eq	3.87E-03	5.37E-03	5.44E-03	4.13E-03	3.95E-03
Human toxicity cancer	CTUh	9.62E-09	1.26E-08	1.22E-08	9.97E-09	9.69E-09
Human toxicity non cancer	CTUh	6.91E-08	8.34E-08	8.33E-08	7.21E-08	6.95E-08
Ionizing radiations	Bq C-14 eq	2.93E+00	3.50E+00	3.60E+00	3.12E+00	2.93E+00
Ozone Layer Depletion	kg CFC-11 e	1.04E-07	1.14E-07	1.22E-07	1.10E-07	1.19E-07

Table S12. Cradle-to-grave HH impacts characterization at endpoint; FU: 1kg of GY consumed; mass allocation.

	Unit	CE	FO-P-US	FO-L-US	FO-L-QC	UF
Water availability, human health	DALY	2.28E-06	2.14E-06	2.13E-06	2.47E-06	2.29E-06
Particulate matter formation	DALY	1.17E-06	1.62E-06	1.62E-06	1.26E-06	1.18E-06
Photochemical oxidant formation	DALY	1.36E-10	1.92E-10	1.94E-10	1.45E-10	1.39E-10
Human toxicity cancer, short term	DALY	1.10E-07	1.43E-07	1.39E-07	1.14E-07	1.11E-07
Human toxicity cancer, long term	DALY	8.74E-10	1.31E-09	1.29E-09	9.18E-10	8.92E-10
Human toxicity non-cancer, short term	DALY	1.52E-07	1.77E-07	1.77E-07	1.58E-07	1.53E-07
Human toxicity non-cancer, long term	DALY	3.45E-08	4.77E-08	4.80E-08	3.64E-08	3.49E-08
Ionizing radiation, human health	DALY	6.04E-10	7.10E-10	7.32E-10	6.44E-10	6.05E-10
Ozone layer depletion	DALY	2.11E-10	2.34E-10	2.50E-10	2.24E-10	2.43E-10

Table S13. Cradle-to-grave EQ impacts characterization at endpoint; FU: 1 kg of GY consumed; mass allocation.

	Unit	CE	FO-P-US	FO-L-US	FO-L-QC	UF
Marine acidification, short term	PDF.m2.yr	1.02E-02	1.22E-02	1.25E-02	1.08E-02	1.09E-02
Marine acidification, long term	PDF.m2.yr	9.44E-02	1.13E-01	1.15E-01	9.92E-02	1.00E-01
Land occupation, biodiversity	PDF.m2.yr	1.24E+00	1.48E+00	1.47E+00	1.35E+00	1.24E+00
Land transformation, biodiversity	PDF.m2.yr	8.16E-01	1.10E+00	1.10E+00	8.83E-01	8.18E-01
Water availability, freshwater ecosystem	PDF.m2.yr	1.16E-05	3.93E-05	3.93E-05	1.24E-05	1.16E-05
Water availability, terrestrial ecosystem	PDF.m2.yr	2.74E-04	2.89E-04	2.89E-04	2.98E-04	2.76E-04
Thermally polluted water	PDF.m2.yr	4.92E-07	4.93E-07	4.94E-07	5.16E-07	4.94E-07
Freshwater acidification	PDF.m2.yr	1.75E-02	2.46E-02	2.46E-02	1.90E-02	1.78E-02
Terrestrial acidification	PDF.m2.yr	1.96E-01	2.76E-01	2.76E-01	2.13E-01	1.98E-01
Freshwater eutrophication	PDF.m2.yr	3.89E-03	6.22E-03	6.23E-03	4.23E-03	3.91E-03
Marine eutrophication	PDF.m2.yr	6.61E-03	2.16E-02	2.16E-02	7.10E-03	6.65E-03
Freshwater ecotoxicity, short term	PDF.m2.yr	1.73E-03	4.29E-03	4.40E-03	1.83E-03	1.74E-03
Freshwater ecotoxicity, long term	PDF.m2.yr	5.49E-01	6.96E-01	6.77E-01	5.68E-01	5.53E-01
Ionizing radiation, ecosystem quality	PDF.m2.yr	4.70E-10	4.60E-10	4.87E-10	5.01E-10	4.70E-10

Table S14. Raw milk HH impacts characterization; average US raw milk versus Québec cow milk; FU: 1 kg of raw milk.

	Unit	Milk, at farm, national average/US Cow milk	
		A	{CA-QC}
Water availability, human health	DALY	4.43E-07	1.26E-06
Particulate matter formation	DALY	1.42E-06	6.44E-07
Photochemical oxidant formation	DALY	1.55E-10	5.45E-11
Human toxicity cancer, short term	DALY	8.08E-08	2.63E-08
Human toxicity cancer, long term	DALY	9.40E-10	2.12E-10
Human toxicity non-cancer, short term	DALY	7.62E-08	3.84E-08
Human toxicity non-cancer, long term	DALY	3.02E-08	8.95E-09
Ionizing radiation, human health	DALY	2.66E-10	1.93E-10
Ozone layer depletion	DALY	7.07E-11	6.05E-11

Table S15. Raw milk EQ impacts characterization; average US raw milk versus Québec cow milk; FU: 1 kg of raw milk.

	Unit	Milk, at farm, national average/US Cow milk	
		A	{CA-QC}
Marine acidification, short term	PDF.m2.yr	5.37E-03	2.83E-03
Marine acidification, long term	PDF.m2.yr	4.95E-02	2.61E-02
Land occupation, biodiversity	PDF.m2.yr	1.03E+00	7.45E-01
Land transformation, biodiversity	PDF.m2.yr	9.38E-01	4.53E-01
Water availability, freshwater ecosystem	PDF.m2.yr	6.53E-05	5.04E-06
Water availability, terrestrial ecosystem	PDF.m2.yr	1.41E-04	1.64E-04
Thermally polluted water	PDF.m2.yr	9.75E-08	1.56E-07
Freshwater acidification	PDF.m2.yr	2.18E-02	9.54E-03
Terrestrial acidification	PDF.m2.yr	2.52E-01	1.13E-01
Freshwater eutrophication	PDF.m2.yr	6.75E-03	2.30E-03
Marine eutrophication	PDF.m2.yr	3.58E-02	3.35E-03
Freshwater ecotoxicity, short term	PDF.m2.yr	5.75E-03	3.49E-04
Freshwater ecotoxicity, long term	PDF.m2.yr	3.48E-01	1.24E-01
Ionizing radiation, ecosystem quality	PDF.m2.yr	4.22E-12	1.41E-10

S7.3. Other Factors Influencing the Performances of the Five GY Systems

UF has a 6% and 2% higher impact than CE in the FEU and CC impact categories, respectively, from cradle to grave (Table S8). This is partially attributable to the higher natural gas consumption of the heat exchangers at the plant (Table S9). FO-L-QC has 6% to 8% more impacts than CE and -2% to 7% more impacts than UF across all the impact categories (Table S8). This is mainly due to the largest amount of total raw milk required and, to a lesser extent, the transportation of MPC to the GY plant. The characterization of damages (Tables S10, S14 and S15) reveals two times more EQ impacts in the USA than Québec for land transformation and territorial acidification. In the HH category, particulate matter formation and human toxicity have 2.2 and 2.12 times more impacts in the USA than Québec, respectively, due to a higher level of maize crop and maize drying operations in the USA. The 19% discrepancy with respect to CC impacts is a combination of methane (CH₄), oxide nitrous (N₂O) and carbon dioxide (CO₂) emissions from enteric fermentation, manure storage, soil fertilization and, to a lesser extent, crop production and farming energy consumption. The lower amplitude of CC (19%) compared to the FEU discrepancy (56%) between the USA and Québec may be explained by the higher nitrous oxide emissions caused by the more humid climate in Québec. A sensitivity analysis based on data collected by Thoma at farms and the regional level in USA (Thoma et al., 2013b) reveals notable gaps between regions, resulting in significant variations in CC scores (respectively +2.5% in northeast; +26% in southeast; +10% in upper Midwest; +30% in southwest and high plains; +25% on west coast) between Québec and the studied USA regions.

S8. Complementary Sensitivity Analyses

S8.1. Key Parameters Local Sensitivity Analysis

A local sensitivity analysis was performed. A total of 69 key parameters correlated to 93 calculated parameters were tested for the four impact categories. Results are illustrated in Figure S2. Sensitive parameters are consistent across categories. The findings show that the LCA results for each scenario are sensitive to parameters linked to the yield of the separation processes. These parameters (skimmed milk output, GY protein content, skimmed milk protein content, protein retention coefficient, etc.) influence the quantity of raw milk required at the input. Furthermore, the allocation factors attributed to coproducts significantly influence the magnitude of the impacts attributed to

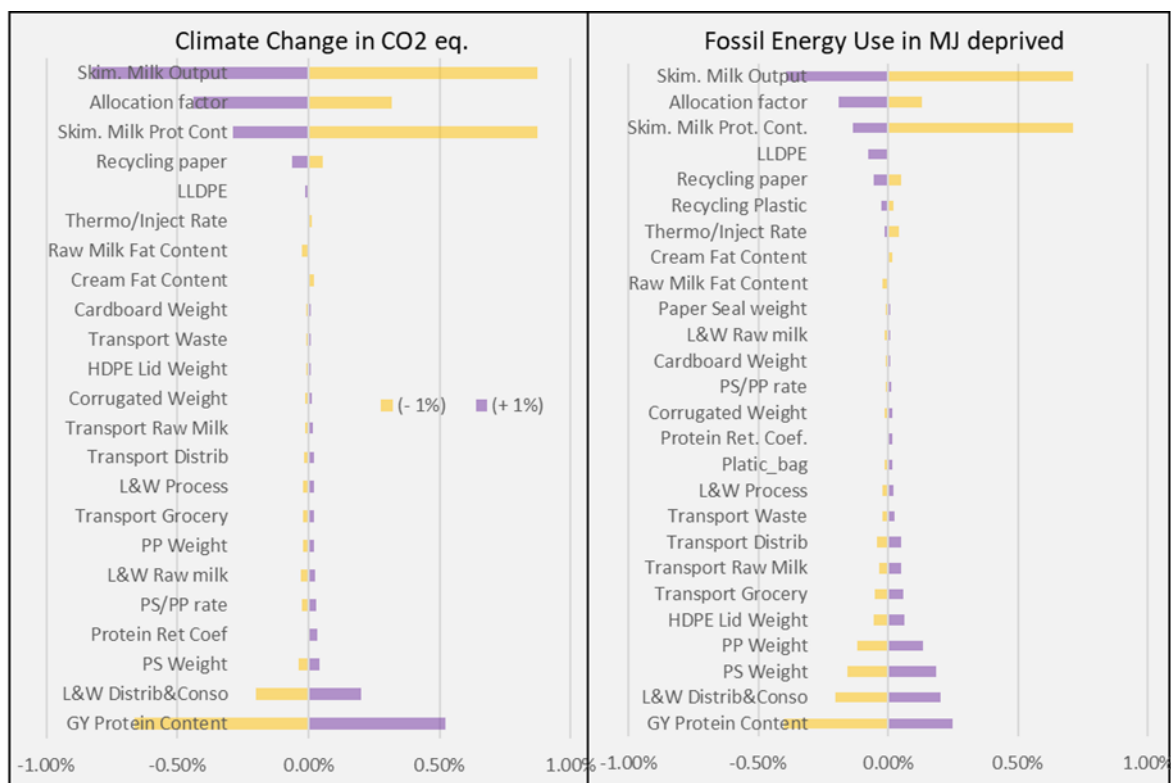
GY. The results are also sensitive to L and W and somewhat sensitive to the packaging parameters (PS versus PP rate, and plastic materials weight), recycled rates and transportation operations for milk production, distribution and consumption.

S8.2. Detailed Sensitivity Analysis of Modelling and Methodological Choices

These analyses compare the environmental performances of the five studied scenarios based on the following modelling and methodological factors:

- Impact method: Impact World + results are compared to ReCiPe (E) results.
- Functional unit: 1kg of GY consumed is compared to 1 kg of milk treated in input.
- Allocation rule: mass allocation on dry matter is compared to economic allocation.
- Allocation factor: permeate from UF treated as waste (0% allocation) is compared to the valorization of milk components from UF permeate based on average Québec class VII prices in 2017.
- Protein yield of each technology: variation of the protein retention coefficient of CE, FO and UF are modified (± 0.01).
- Five milk sourcing regions are tested for the MPC from the USA (R1: north east; R2: southeast; R3: upper Midwest; R4: southwest plus high plains; R5: west coast).

Conclusions on the comparative environmental performances of the five scenarios are not sensitive to the environmental impact method (IMPACT World+ versus ReCiPe (E)), technology yield (illustrated by the variation in the protein retention coefficient) or functional unit (1 kg of yogurt consumed versus 1 kg of milk treated). However, as summarized in Table S16, the conclusions change with respect to the allocation rule (mass versus economic), allocation factor (value attributed to the whey) and milk sourcing region.



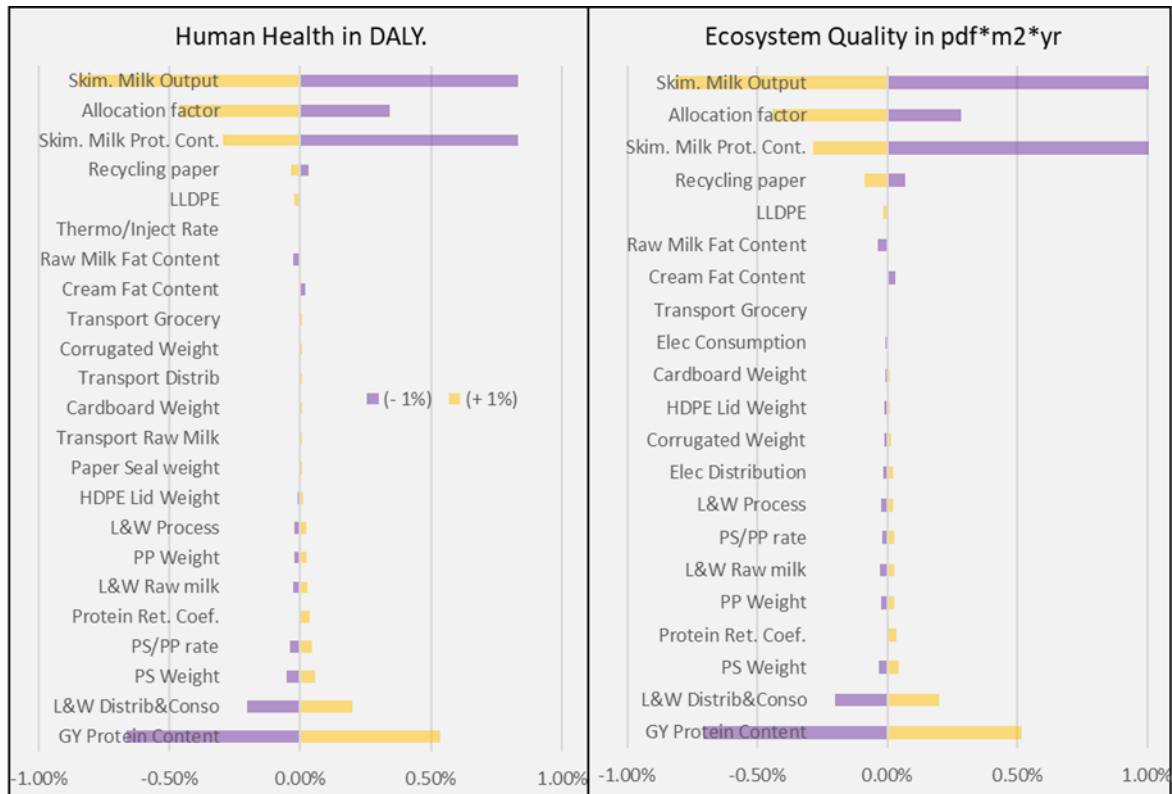


Figure 2. Change in CC, FEU, HH and EQ impacts for (+/- 1%) change in input parameters for CE option. Parameters causing less than 0.01% change in the four impact categories (CC, HH, EQ, or FEU) are not represented in the figure.

Table S16. Change in scenario classification according to sensitivity analyses.

	OBJECT	CHANGE	IMPACT CATEGORY	CONCLUSION VS REFERENCE	LCA RESULTS	GENERAL CLASSIFICATION
SENSIBILITY TO METHODOLOGY	Reference	NA	CC	NA	CE<UF<FO-L-QC <FO-P-US<FO-L-US	CE<UF<FO except for FEU FO alternatives vary
			HH		CE<UF<FO-L-QC <FO-L-US<FO-P-US	
			EQ		CE<UF<FO-L-QC <FO-L-US <FO-P-US	
			FEU		CE<FO-L-QC <UF <FO-P-US <FO-L-US	
	Impact Method	RECIPE (E) versus IMPACT WORD+	CC	Unchanged	CE<UF<FO-L-QC <FO-P-US<FO-L-US	CE<UF<FO except for FEU FO alternatives vary
			HH	Changed	CE<UF<FO-L-QC <FO-P-US<FO-L-US	
			EQ	Changed	CE<UF<FO-L-QC <FO-P-US<FO-L-US	
			FEU	Unchanged	CE<FO-L-QC <UF <FO-P-US <FO-L-US	
	Functional unit	1 kg of equivalent milk (MPC milk+ Qc raw milk input) vs 1 kg GY at the output	CC	Unchanged	CE<UF<FO-L-QC <FO-P-US=FO-L-US	CE<UF<FO-L-QC <FO-P-US=FO-L-US
			HH	Unchanged	CE<UF<FO-L-QC <FO-L-US=FO-P-US	
			EQ	Unchanged	CE <UF<FO-L-QC <FO-L-US=FO-P-US	
			FEU	Changed	CE<UF<FO-L-QC <FO-P-US<FO-L-US	
	Allocation	Economic instead of mass allocation	CC	Changed	UF<CE<FO-L-QC <FO-P-US<FO-L-US	Lowest: UF except for FEU others vary
			HH	Changed	UF<CE<FO-L-QC <FO-L-US<FO-P-US	
			EQ	Changed	UF<CE<FO-L-QC <FO-L-US <FO-P-US	
			FEU	Changed	CE<UF<FO-L-QC <FO-P-US <FO-L-US	
Economic allocation with whey UF at 17.5 % instead of 0 %		CC	Changed	UF<CE<FO-L-QC <FO-P-US<FO-L-US	Lowest: UF others vary	
		HH	Changed	UF<CE<FO-L-QC <FO-L-US<FO-P-US		
		EQ	Changed	UF<CE<FO-L-QC <FO-L-US <FO-P-US		
		FEU	Changed	UF=CE<FO-L-QC <FO-P-US <FO-L-US		

Table 16. (continued).

	OBJECT	CHANGE	IMPACT CATEGORY	CONCLUSION VS REFERENCE	LCA RESULTS	GENERAL CLASSIFICATION
SENSIBILITY TO KEY PARAMETERS	Protein retention coefficient	Variation \pm 0.01	CC	Unchanged	CE < UF < FO-L-QC < FO-P-US < FO-L-US	CE < UF < FO FO alternatives vary
			HH	Unchanged	CE < UF < FO-L-QC < FO-L-US < FO-P-US	
			EQ	Unchanged	CE < UF < FO-L-QC < FO-L-US < FO-P-US	
			FEU	Unchanged	CE < FO-L-QC < UF < FO-P-US < FO-L-US	
	US region of milk sourcing	R1 350 km vs national average 1500 km	CC	Changed	CE < UF < FO-L-QC < FO-L-US < FO-P-US	FO-L-QC < FO-L-US < FO-P-US
			HH	Unchanged	CE < UF < FO-L-QC < FO-L-US < FO-P-US	
			EQ	Unchanged	CE < UF < FO-L-QC < FO-L-US < FO-P-US	
			FEU	Changed	CE < FO-L-QC < UF < FO-L-US < FO-P-US	
		R2 2000 km vs national average 1500 km	CC	Unchanged	CE < UF < FO-L-QC < FO-P-US < FO-L-US	FO-L-QC < FO-P-US < FO-L-US except for EQ
			HH	Changed	CE < UF < FO-L-QC < FO-P-US < FO-L-US	
			EQ	Unchanged	CE < UF < FO-L-QC < FO-L-US < FO-P-US	
			FEU	Unchanged	CE < FO-L-QC < UF < FO-P-US < FO-L-US	
	R3 1500 km vs national average 1500 km	CC	Unchanged	CE < UF < FO-L-QC < FO-P-US < FO-L-US	CE < UF < FO except for FEU FO alternatives vary	
		HH	Unchanged	CE < UF < FO-L-QC < FO-L-US < FO-P-US		
		EQ	Unchanged	CE < UF < FO-L-QC < FO-L-US < FO-P-US		
		FEU	Unchanged	CE < FO-L-QC < UF < FO-P-US < FO-L-US		
R4 3000 km vs national average 1500 km	CC	Unchanged	CE < UF < FO-L-QC < FO-P-US < FO-L-US	CE < UF < FO except for FEU FO alternatives vary		
	HH	Changed	CE < UF < FO-L-QC < FO-P-US < FO-L-US			
	EQ	Unchanged	CE < UF < FO-L-QC < FO-L-US < FO-P-US			
	FEU	Unchanged	CE < FO-L-QC < UF < FO-P-US < FO-L-US			

Table 16. (continued and end).

OBJECT	CHANGE	IMPACT CATEGORY	CONCLUSION VS REFERENCE	LCA RESULTS	GENERAL CLASSIFICATION
		CC	Unchanged	CE<UF<FO-L-QC <FO-P-US<FO-L-US	
	R5 5000 km vs national average 1500 km	HH	Changed	CE<UF<FO-L-QC <FO-P-US<FO-L-US	FO-L-QC<FO-P-US <FO-L-US
		EQ	Changed	CE <UF<FO-L-QC <FO-P-US <FO-L-US	
		FEU	Unchanged	CE<FO-L-QC <UF <FO-P-US <FO-L-US	

S8.3. Influence of the MPC Drying Process and Transportation Distances

The transportation of 1 ton of liquid MPC over 1500 km corresponds to 20 420 MJ deprived as compared to 75 600 MJ deprived for equivalent MPC drying. These results are consistent with the previous study by Depping et al., (2017) showing that liquid concentrates have a lower cumulative energy demand than powders for distances $\leq 1\ 000$ km due to the high energy intensity of the spray drying operation. Focusing on CC impacts, the powder scenario (MPC-P-US-A) becomes more favorable than liquid MPC (MPC-L-US-A) for distances over 750 km (red dot in Figure S3) but with four times less kg transported (0.03 kg MPC powder versus 0.12 kg MPC liquid per kg of functional unit).

The milk sourcing region and type of MPC (powder versus liquid) are more sensitive parameters than the transportation distances. Indeed, MPC-L-US is still more impactful for a transportation distance reduced to 250 km than MPC-L-QC transported over 3 250 km. Selecting MPC with milk sourced from less impactful regions in the USA such as New York State in North East (R1) significantly reduces the gap with MPC-L-QC. In contrast, MPC (powder or liquid) from South West USA (R4) would be the worst scenario. Finally, producing liquid MPC at the GY plant in Québec (0 km transportation) decreases the MPC-L-QC system impact by 2% but has a very limited influence on the total life cycle environmental performance of the FO-L-QC scenario. **Table S17** provides the numerical gaps for each scenario.

Table 17. Numerical impact variation as a function of scenario; CE: centrifugation; UF: ultrafiltration; FO-L-QC: fortification with liquid MPC from Québec. FO-P-US-AV: fortification with MPC 80 powder from USA with USA raw milk average; FO-L-US-AV: fortification liquid MPC from USA with USA raw milk average; FO-P-US -R1: fortification with MPC 80 powder from north east USA; FO-L-US -R1: fortification with liquid MPC from north east USA (R2: southeast; R3: upper Midwest; R4: southwest plus high plains; R5: west coast).

Climate change			Human health			Ecosystem quality			Fossil and nuclear energy use		
Unit	kg CO2 eq	Delta with CE		DALY	Delta with CE		PDF.m2.yr	Delta with CE		MJ deprived	Delta with CE
CE	2.51E+00	0.0%	CE	3.74E-06	0.0%	CE	2.93E+00	0.0%	CE	12.00496	0.0%
UF	2.56E+00	2.1%	UF	3.77E-06	0.6%	UF	2.95E+00	0.7%	FO_L_QC	12.426219	3.5%
FO_L_QC	2.70E+00	7.8%	FO_L_QC	4.04E-06	7.9%	FO_L_QC	3.15E+00	7.5%	UF	12.718108	5.9%
FO_L_USR1	2.72E+00	8.5%	FO_L_USAV	4.12E-06	10.1%	FO_L_USR3	3.26E+00	11.1%	FO_L_USR1	13.378094	11.4%
FO_P_USR1	2.73E+00	8.9%	FO_P_USAV	4.13E-06	10.2%	FO_P_USR3	3.28E+00	11.7%	FO_P_USR1	13.515249	12.6%
FO_P_USR3	2.79E+00	11.1%	FO_L_USR3	5.57E-06	48.9%	FO_L_USR1	3.32E+00	13.1%	FO_P_USR3	13.769422	14.7%
FO_L_USR3	2.81E+00	12.0%	FO_P_USR3	5.58E-06	49.0%	FO_P_USR1	3.35E+00	14.1%	FO_P_USAV	13.988385	16.5%
FO_P_USAV	2.86E+00	14.0%	FO_L_USR1	5.98E-06	59.6%	FO_L_USR2	3.39E+00	15.4%	FO_L_USR3	14.048611	17.0%
FO_L_USAV	2.88E+00	14.9%	FO_P_USR1	6.00E-06	60.1%	FO_P_USR2	3.40E+00	15.9%	FO_P_USR4	14.156732	17.9%
FO_P_USR2	2.93E+00	16.8%	FO_P_USR2	8.90E-06	137.6%	FO_L_USAV	3.71E+00	26.5%	FO_L_USAV	14.267574	18.8%
FO_P_USR5	2.93E+00	16.8%	FO_L_USR2	8.90E-06	137.7%	FO_P_USR5	3.73E+00	27.1%	FO_P_USR5	14.534375	21.1%
FO_L_USR2	2.97E+00	18.2%	FO_P_USR4	9.85E-06	162.9%	FO_P_USAV	3.73E+00	27.1%	FO_P_USR2	14.655493	22.1%
FO_P_USR4	2.97E+00	18.4%	FO_L_USR4	9.86E-06	163.4%	FO_L_USR5	3.74E+00	27.4%	FO_L_USR4	14.978978	24.8%
FO_L_USR4	3.03E+00	21.0%	FO_P_USR5	1.69E-05	352.3%	FO_L_USR4	4.67E+00	59.3%	FO_L_USR2	15.115701	25.9%
FO_L_USR5	3.05E+00	21.5%	FO_L_USR5	1.70E-05	353.5%	FO_P_USR4	4.68E+00	59.5%	FO_L_USR5	16.080697	34.0%

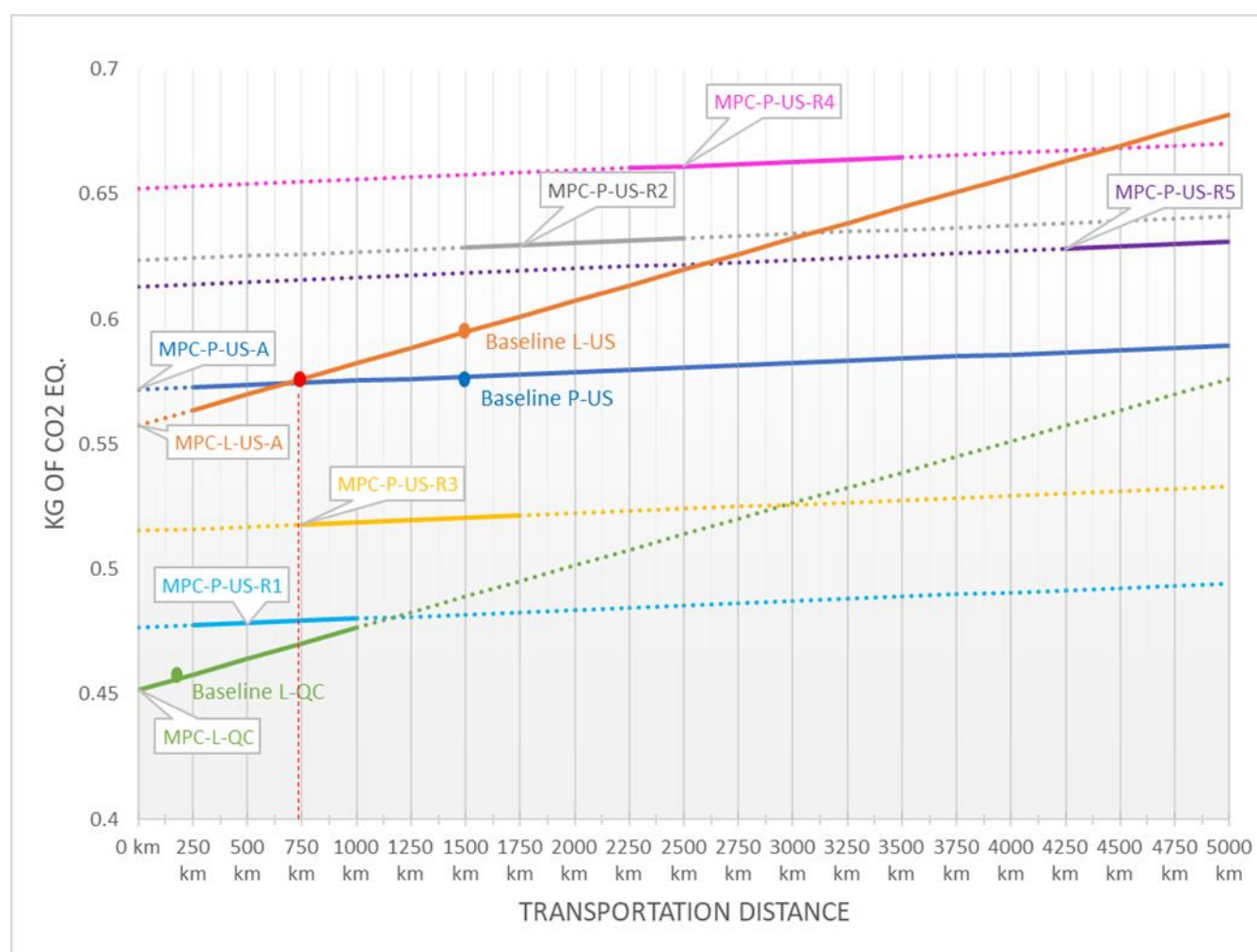


Figure 3. CC impacts variation as a function of transportation distance from MPC plant to GY plant for the three MPC sourcing alternatives scaled-up to the FU (1 kg of GY): MPC-P-US-A: 0.03 kg MPC 80 powder from USA with USA raw milk average; 0.12 kg MPC-L-US -A: liquid MPC from USA with

USA raw milk average; 0.03 kg MPC-PUS -R1: MPC 80 powder from north east USA (R2: southeast; R3: upper Midwest; R4: southwest plus high plains; R5: west coast); 0.12 kg MPC-L-QC: liquid MPC from Québec.

S8.4. Potential CC Impact Reduction as a Function of Losses and Wastage (L and W), Energy Consumption at Plant and Packaging Parameters

A 1% reduction in L and W would decrease the CC impacts by 1.84×10^{-2} eq. CO₂, whereas a 1% reduction in energy consumption (electricity and natural gas) would decrease CC impacts by only 0.03×10^{-2} eq. CO₂ at the manufacturing plant. To reduce CC impacts, a 1% L and W reduction at the GY plant (yellow dot) is more effective than a 10% reduction in energy consumption (Figure S4). Even higher impact mitigation potential may be explored by reducing L and W in distribution and consumption, which represent 20% of the life cycle impacts.

Reducing the weight of single-serving PS containers or encouraging multi-serving PP containers could have a greater benefit on CC than efforts to reduce plant energy consumption. As highlighted in the dairy LCA literature, this finding confirms that manufacturers' efforts to reduce weight or losses and improve the design or material selection of primary packaging components could reduce the product's environmental impact.

Simultaneously reducing PS weight and PS rate by 10% is only as effective as reducing the L and W by 1% at the plant. Therefore, efforts spent on reducing packaging environmental impacts must be qualified by the potential collateral effects on L and W. Indeed, switching to multi-serve PP containers instead of single serve PS containers may increase L and W in the household stage, resulting in a potential increase in the environmental burden. Packaging improvements may reduce the impacts of the GY system, especially in the CC and FEU categories, but packaging eco-design efforts must integrate the potential risk of additional product L and W in the value chain because any additional L and W offset the gains from packaging and are more damaging to the environment (Wikstrom et al., 2014). The further research required in this area is beyond the scope of this study.

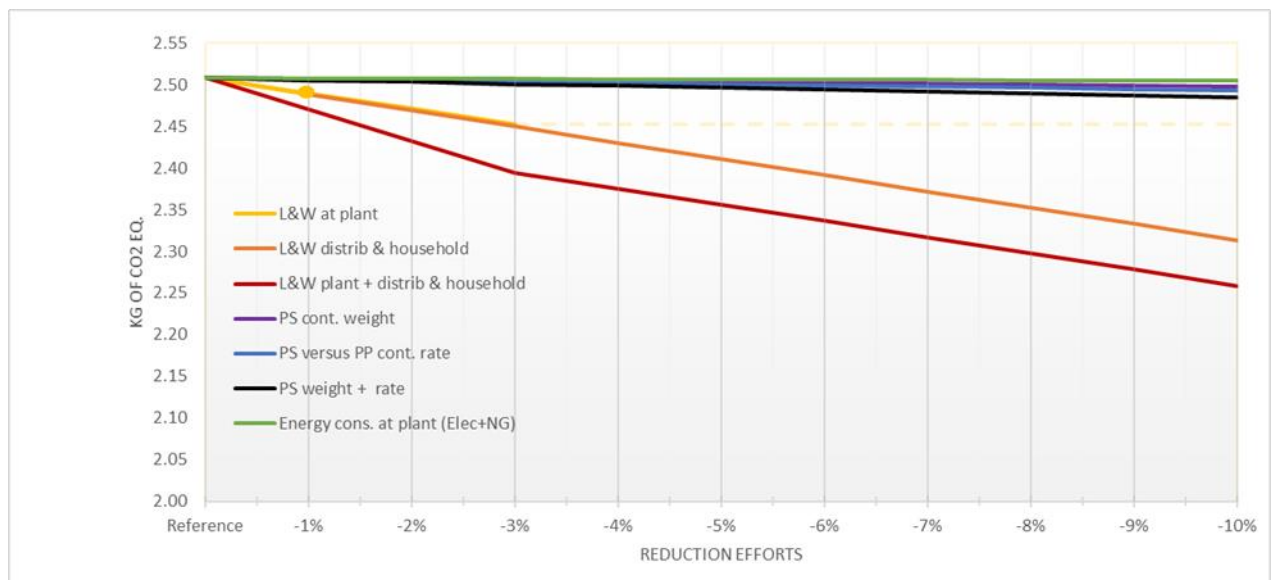


Figure 4. Potential CC impacts reduction as a function of key parameter reduction efforts (reduction of energy consumption at the plant (electricity and natural gas), L and W reduction at plant, at home and in the distribution stage, packaging improvement (PS weight reduction and PS versus PP rate reduction) for 1 kg of GY consumed based on the CE technology scenario.

S9. References

1. AAFC, 2015. An Overview of Canadian Food Loss and Waste Estimates. Webinars. Available online: <https://www.brandonu.ca/rdi/files/2014/03/Abdel-Presentation2.pdf> (accessed on 2 October 2020).
2. Abdulla, M.; Martin, R.; Gooch, M.; Jovel, E. The Importance of Quantifying Food Waste in Canada. *J. Agric. Food Syst. Community Dev.* **2013**, *3*, 137–151, doi:10.5304/jafscd.2013.032.018.
3. Alonso, S.; Herrero, M.; Rendueles, M.; Díaz, M. Residual yoghurt whey for lactic acid production. *Biomass-Bioenergy* **2010**, *34*, 931–938, doi:10.1016/j.biombioe.2010.01.041.
4. Bareille, N.; Gésan-Guiziou, G.; Foucras, G.; Coudurier, B.; Randriamampita, B.; Peyraud, J.-L.; Agabriel, J.; Redlingshöfer, B. Les pertes alimentaires en filière laitière. *Innov. Agron.* **2015**, *48*, 143–160.
5. Berlin, J.; Sonesson, U. Minimising environmental impact by sequencing cultured dairy products: two case studies. *J. Clean. Prod.* **2008**, *16*, 483–498, doi:10.1016/j.jclepro.2006.10.001.
6. Bong, D.; Moraru, C. Use of micellar casein concentrate for Greek-style yogurt manufacturing: Effects on processing and product properties. *J. Dairy Sci.* **2014**, *97*, 1259–1269, doi:10.3168/jds.2013-7488.
7. Burek, J.; Kim, D.; Nutter, D.; Selke, S.; Auras, R.; Cashman, S.; Sauer, B.; Thoma, G. Environmental Sustainability of Fluid Milk Delivery Systems in the United States. *J. Ind. Ecol.* **2017**, *22*, 180–195, doi:10.1111/jiec.12531.
8. Koester, U. Total and per capita value of food loss in the United States – Comments. *Food Policy* **2013**, *41*, 63–64, doi:10.1016/j.foodpol.2013.04.003.
9. Damin, M.R.; Alcantara, M.R.; Nunes, A.P.; Oliveira, M.N. Effects of milk supplementation with skim milk powder, whey protein concentrate and sodium caseinate on acidification kinetics, rheological properties and structure of nonfat stirred yogurt. *LWT* **2009**, *42*, 1744–1750, doi:10.1016/j.lwt.2009.03.019.
10. Depping, V.; Grunow, M.; Van Middelaar, C.; Dimpler, J. Integrating environmental impact assessment into new product development and processing-technology selection: Milk concentrates as substitutes for milk powders. *J. Clean. Prod.* **2017**, *149*, 1–10, doi:10.1016/j.jclepro.2017.02.070.
11. Desai, N.; Shepard, L.; Drake, M. Sensory properties and drivers of liking for Greek yogurts. *J. Dairy Sci.* **2013**, *96*, 7454–7466, doi:10.3168/jds.2013-6973.
12. FAO, 2011. Global food losses and food waste – Extent, causes and prevention. Rome Agriculture Organization of United Nations. Food and Agriculture Organization of United Nations - Rural Infrastructure and Agro-Industries Division. Available online: http://www.fao.org/fileadmin/user_upload/sustainability/pdf/Global_Food_Losses_and_Food_Waste.pdf (accessed on 2 October 2020).
13. Flysjö, A. Potential for improving the carbon footprint of butter and blend products. *J. Dairy Sci.* **2011**, *94*, 5833–5841, doi:10.3168/jds.2011-4545.
14. GEA - Technical sheet KDE45-02-076 separator Available online: https://www.gea.com/en/productgroups/centrifuges-separation_equipment/centrifugal-separator/index.jsp (accessed on 2 October 2020).
15. González-García, S.; Castanheira, Érica G.; Dias, A.C.; Arroja, L. Environmental life cycle assessment of a dairy product: the yoghurt. *Int. J. Life Cycle Assess.* **2012**, *18*, 796–811, doi:10.1007/s11367-012-0522-8.
16. Gunders, D., 2012. Wasted: How America Is Losing Up to 40 Percent of Its Food from Farm to Fork to Landfill. Available online: <https://www.nrdc.org/resources/wasted-how-america-losing-40-percent-its-food-farm-fork-landfill> (accessed on 2 October 2020).
17. Gyawali, R.; Ibrahim, S.A. Addition of pectin and whey protein concentrate minimises the generation of acid whey in Greek-style yogurt. *J. Dairy Res.* **2018**, *85*, 238–242, doi:10.1017/s0022029918000109.

18. Gyawali, R.; Ibrahim, S.A. Effects of hydrocolloids and processing conditions on acid whey production with reference to Greek yogurt. *Trends Food Sci. Technol.* **2016**, *56*, 61–76, doi:10.1016/j.tifs.2016.07.013.
19. Jørgensen, C.E.; Abrahamsen, R.K.; Rukke, E.-O.; Hoffmann, T.K.; Johansen, A.-G.; Skeie, S.B. Processing of high-protein yoghurt – A review. *Int. Dairy J.* **2019**, *88*, 42–59, doi:10.1016/j.idairyj.2018.08.002.
20. Kantor, L.S.; Lipton, K.; Manchester, A.; Oliveira, V., 1997. Estimating and Addressing America’s Food Losses. Available online: https://endhunger.org/docs_hunger/USDA-Jan97a.pdf (accessed on 2 October 2020).
21. Keoleian, G.A.; Phipps, A.W.; Dritz, T.; Brachfeld, D. Life cycle environmental performance and improvement of a yogurt product delivery system. *Packag. Technol. Sci.* **2004**, *17*, 85–103, doi:10.1002/pts.644.
22. Mena, C.; Adenso-Diaz, B.; Yurt, O. The causes of food waste in the supplier–retailer interface: Evidences from the UK and Spain. *Resour. Conserv. Recycl.* **2011**, *55*, 648–658, doi:10.1016/j.resconrec.2010.09.006.
23. Office National de l’énergie du Canada. Available online: <https://apps.neb-one.gc.ca/Conversion/conversion-tables.aspx?GoCTemplateCulture=fr-CA#s1ss2>; (accessed on 12 March 2018).
24. Valencia, A.P.; Doyen, A.; Benoit, S.; Margni, M.; Pouliot, Y. Effect of Ultrafiltration of Milk Prior to Fermentation on Mass Balance and Process Efficiency in Greek-Style Yogurt Manufacture. *Foods* **2018**, *7*, 144, doi:10.3390/foods7090144.
25. Parfitt, J., Woodham, S., Swan, E., Castella, T., Parry, A., 2016. WRAP - Quantification of food surplus, waste and related materials in the grocery supply chain. Available online: <http://www.refreshcoe.eu/wp-content/uploads/2017/06/WRAP-Quantification-of-food-surplus-and-waste-May-2016-Final-Report-Summary.pdf> (accessed on 2 October 2020).
26. PLQ. 2016. Les producteurs de lait du Québec. Bilan annuel 2016 Available online: <https://lait.org/notre-organisation/rapport-annuel/> (accessed on 2 October 2020).
27. Prasad, P.; Pagan B. “Eco-Efficiency and Dairy Processing.” *Aust. J. Dairy Technol.* **2006**, *61*, 231–37
28. Prasad, Penny, et al. Eco-Efficiency for the Dairy Processing Industry The UNEP Working Group for Cleaner Production in the Food Industry. 2004. Available online: https://espace.library.uq.edu.au/data/UQ_40900/Eco-efficiency_manual_201_Pagan.pdf?Expires=1511960295&Signature=F2cmQrKZB6bXoORFogjOVC2a6i5O2m5fu3hW6od7Kz3sHR56ez6Xxm2FR2- (accessed on 2 October 2020).
29. RECYC-QUÉBEC. Bilan 2015 de La gestion Des Matières Résiduelles au Québec. 2017, p. 39, Available online: <https://www.recyc-quebec.gouv.qc.ca/sites/default/files/documents/bilan-gmr-2015.pdf>. (accessed on 2 October 2020).
30. RECYC-QUÉBEC. Bilan 20112 de La Gestion des Matières Résiduelles au Québec. 2015, p. 39, Available online: <https://www.recyc-quebec.gouv.qc.ca/sites/default/files/documents/bilan-gmr-2015.pdf>. (accessed on 12 March 2018).
31. Salesse, Rébecca, et al. Bilan GMR 2012 de La Gestion Des Matières Résiduelles Au Québec. 2012. Available online: <https://www.recyc-quebec.gouv.qc.ca/sites/default/files/documents/bilan-gmr-2012.pdf> (accessed on 2 October 2020).
32. Shamsia, S.M.; El-Ghannam, M.S. 2012. Manufacture of Labneh from Cow’s Milk Using Ultrafiltration Retentate With or Without Addition of Permeate Concentrate Manufacture of Labneh from Cow’s Milk Using Ultrafiltration Retentate With or Without Addition of Permeate Concentrate. *Alex. Sci. Exch. J.* **2012**, *33*, 26–33.

33. Tamime, A.Y.; Hickey, M.; Muir, D.D. Strained fermented milks - A review of existing legislative provisions, survey of nutritional labelling of commercial products in selected markets and terminology of products in some selected countries. *Int. J. Dairy Technol.* **2014**, *67*, 305–333, doi:10.1111/1471-0307.12147.
34. Thoma, G.; Popp, J.S.H.; Nutter, D.; Shonnard, D.R.; Ulrich, R.; Matlock, M.D.; Kim, D.S.; Neiderman, Z.; Kemper, N.; East, C.; et al. Greenhouse gas emissions from milk production and consumption in the United States: A cradle-to-grave life cycle assessment circa 2008. *Int. Dairy J.* **2013**, *31*, S3–S14, doi:10.1016/j.idairyj.2012.08.013.
35. Thoma, G.; Popp, J.; Shonnard, D.; Nutter, D.; Matlock, M.; Ulrich, R.K.; Kellogg, W.; Kim, D.S.; Neiderman, Z.; Kemper, N.; et al. Regional analysis of greenhouse gas emissions from USA dairy farms: A cradle to farm-gate assessment of the American dairy industry circa 2008. *Int. Dairy J.* **2013**, *31*, S29–S40, doi:10.1016/j.idairyj.2012.09.010.
36. Tomasula, P.; Yee, W.; McAloon, A.; Nutter, D.; Bonnaillie, L. Computer simulation of energy use, greenhouse gas emissions, and process economics of the fluid milk process. *J. Dairy Sci.* **2013**, *96*, 3350–3368, doi:10.3168/jds.2012-6215.
37. Tong, P., 2013. Options for making Greek yogurt. Dairy Foods. Available online: https://digitalcommons.calpoly.edu/cgi/viewcontent.cgi?referer=https://scholar.google.com/&httpsredir=1&article=1116&context=dsci_fac (accessed on 2 October 2020).
38. Uduwerella, G.; Chandrapala, J.; Vasiljevic, T. Preconcentration of yoghurt base by ultrafiltration for reduction in acid whey generation during Greek yoghurt manufacturing. *Int. J. Dairy Technol.* **2017**, *71*, 71–80, doi:10.1111/1471-0307.12393.
39. Uduwerella, G.; Chandrapala, J.; Vasiljevic, T. Minimising generation of acid whey during Greek yoghurt manufacturing. *J. Dairy Res.* **2017**, *84*, 346–354, doi:10.1017/s0022029917000279.
40. Wikström, F.; Williams, H.; Verghese, K.; Clune, S. The influence of packaging attributes on consumer behaviour in food-packaging life cycle assessment studies - a neglected topic. *J. Clean. Prod.* **2014**, *73*, 100–108, doi:10.1016/j.jclepro.2013.10.042.
41. Yee, W.C., Mcaloon, A.J., Tomasula, P.M., 2013. Manual for the Fluid Milk Process Model and Simulator, Dairy process MANUAL VER3 pmt May 2013, Available online: <https://www.ars.usda.gov/ARSUserFiles/80720515/Dairy%20process%20MANUAL%20OVER3%20pmt%20May%202013.docx> (accessed on 2 October 2020).

Publisher’s Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations



© 2020 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<http://creativecommons.org/licenses/by/4.0/>).