Contact Types (CTs)

| Natural Environment Types (NETs) | RESTORATIVE | | | | | | | | | | | | | | SOCIAL | | | | | | COGNITIVE | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Physical | | | | | Psychological | | | | | | | | | Community & Cohesion | | | | Spiritual, Historic & Symbolic | | Aesthetic Perception | Science & Education | | |
| | Sporting | Playing | Recreation | Experience | Skills | Stress relief | Resting | Restoration | Self-esteem | Privacy | Security/ safety | Memories | Calming | Curiosity | Events | Providing gathering places | Sense of community | Social cohesion | Ornamental | Spiritual | Aesthetics | Food production | Education | NETs average |
| **PARKS** | | | | | | | | | | | | | | | | | | | | | | | | |
| forest parks | 3 | 2.4 | 2.8 | 3 | 3 | 2.8 | 2.8 | 2.8 | 2.8 | 3 | 2.4 | 2.8 | 2.8 | 2.8 | 2.2 | 2 | 2.2 | 2.2 | 2.4 | 3 | 2.8 | 2 | 2.8 | 2.64 |
| nature parks | 3 | 3 | 2.8 | 3 | 3 | 2.8 | 2.8 | 3 | 2.8 | 2.8 | 2.4 | 2.8 | 2.8 | 2.8 | 2.2 | 2 | 2.2 | 2.2 | 2.4 | 3 | 2.8 | 2 | 2.8 | 2.67 |
| manor parks | 2.8 | 2.8 | 2.8 | 2.8 | 2.8 | 2.6 | 2.6 | 2.6 | 2.6 | 2.6 | 2.4 | 2.6 | 2.6 | 2.6 | 2.6 | 2.6 | 2.6 | 2.6 | 3 | 3 | 3 | 1.4 | 2.8 | 2.64 |
| municipal parks | 3 | 2.8 | 2.8 | 2.8 | 2.8 | 2.4 | 2.6 | 2.6 | 2.8 | 2.2 | 2.4 | 2.6 | 2.4 | 2.6 | 2.8 | 2.8 | 2.8 | 2.8 | 2.6 | 2.6 | 2.8 | 1.2 | 2.8 | 2.61 |
| CTs average | 3.0 | 2.8 | 2.8 | 2.9 | 2.9 | 2.7 | 2.7 | 2.8 | 2.8 | 2.7 | 2.4 | 2.70 | 2.65 | 2.70 | 2.45 | 2.35 | 2.45 | 2.45 | 2.60 | 2.90 | 2.85 | 1.65 | 2.80 | |
| **GARDENS** | | | | | | | | | | | | | | | | | | | | | | | | |
| family house private gardens | 0.8 | 2.4 | 2.4 | 2.6 | 2.6 | 2.8 | 2.6 | 2.6 | 2.8 | 3 | 3 | 2.6 | 2.8 | 2.8 | 2.2 | 2.2 | 2.4 | 2.8 | 3 | 3 | 2.8 | 2.6 | 2.4 | 2.57 |
| block house gardens | 1.4 | 2.4 | 2.4 | 2.6 | 2.6 | 2.8 | 2.6 | 2.6 | 2.8 | 2.6 | 2.8 | 2.6 | 2.8 | 2.8 | 2.6 | 2.6 | 2.8 | 2.8 | 3 | 3 | 2.8 | 2.2 | 2.4 | 2.61 |
| schoolyard gardens | 1.4 | 2.4 | 2.4 | 2.6 | 2.6 | 3 | 2.6 | 2.6 | 2.8 | 2.8 | 2.8 | 2.6 | 2.8 | 2.8 | 2.8 | 2.8 | 2.8 | 3 | 3 | 3 | 2.8 | 2.4 | 3 | 2.69 |
| orchards | 0.6 | 2 | 2 | 2.6 | 2.6 | 2.4 | 2.2 | 2.4 | 2.4 | 2.4 | 2.4 | 2.4 | 2.4 | 2.4 | 2 | 2.2 | 2.4 | 2.4 | 2.8 | 2.6 | 3 | 3 | 2.6 | 2.36 |
| community gardens | 0.8 | 2 | 2 | 2.6 | 2.6 | 2.8 | 2.4 | 2.6 | 2.8 | 2.8 | 2.8 | 2.6 | 2.8 | 2.8 | 2.8 | 3 | 3 | 3 | 3 | 2.8 | 2.8 | 2.6 | 2.6 | 2.62 |
| CTs average | 1.0 | 2.2 | 2.2 | 2.6 | 2.6 | 2.8 | 2.5 | 2.6 | 2.7 | 2.7 | 2.8 | 2.56 | 2.72 | 2.72 | 2.48 | 2.56 | 2.68 | 2.80 | 2.96 | 2.88 | 2.84 | 2.60 | 2.60 | |
| **GREEN LANDSCAPE ELEMENTS** | | | | | | | | | | | | | | | | | | | | | | | | |
| brushwood lots | 0.8 | 1.2 | 1.4 | 1.4 | 1.4 | 1.6 | 1.6 | 1.6 | 1.6 | 2 | 1.4 | 1.6 | 1.4 | 1.4 | 0.8 | 1.2 | 1.4 | 1.2 | 1.6 | 1.4 | 1.8 | 1 | 1.4 | 1.40 |
| wood groves | 0.8 | 1.2 | 1.4 | 1.4 | 1.4 | 1.6 | 1.6 | 1.6 | 1.6 | 2 | 1.4 | 1.6 | 1.6 | 1.6 | | 1.2 | 1.4 | 1.2 | 1.6 | 1.6 | 1.6 | 1 | 1.4 | 1.42 |
| informal green spaces | 2 | 2.2 | 2.2 | 2.2 | 2.2 | 2 | 2 | 2 | 2 | 2.2 | 2.2 | 2 | 2 | 2 | 1.4 | 1.6 | 1.6 | 1.6 | 1.8 | 1.8 | 2.2 | 0.6 | 2 | 1.90 |
| formal green spaces | 2.8 | 2.8 | 2.8 | 2.8 | 2.8 | 2.8 | 2.8 | 2.8 | 2.8 | 2.2 | 2.8 | 2.8 | 2.8 | 2.8 | 2.6 | 2.6 | 2.6 | 2.6 | 2.2 | 2.2 | 2.4 | 0.6 | 2.4 | 2.56 |
| CTs average | 1.6 | 1.9 | 2.0 | 2.0 | 2.0 | 2.0 | 2.0 | 2.0 | 2.0 | 2.1 | 2.0 | 2.00 | 1.95 | 1.95 | 1.40 | 1.65 | 1.75 | 1.65 | 1.80 | 1.75 | 2.00 | 0.80 | 1.80 | |
| **GREEN LANDSCAPE MATRIX** | | | | | | | | | | | | | | | | | | | | | | | | |
| commercial forests | 2.8 | 2.8 | 2.8 | 2.8 | 2.8 | 2.8 | 2.8 | 2.8 | 2.8 | 2.8 | 2.6 | 2.8 | 2.8 | 2.8 | 1.4 | 1.4 | 1.4 | 1.4 | 2.4 | 2.4 | 3 | 2.4 | 2 | 2.47 |
| agriculture lands | 0.4 | 0.4 | 0.6 | 0.8 | 0.8 | 1 | 1 | 1 | 1 | 0.8 | 1 | 1.2 | 1 | 1 | 0.6 | 0.6 | 0.8 | 0.8 | 1.8 | 1.8 | 2.6 | 2.6 | 2 | 1.11 |
| grasslands | 1.2 | 1 | 1.2 | 1.2 | 1.2 | 1.8 | 1.8 | 1.8 | 1.8 | 1.6 | 1.8 | 1.8 | 1.8 | 1.8 | 2 | 2 | 1.2 | 2 | 2.2 | 2.2 | 2.8 | 2.4 | 2 | 1.77 |
| CTs average | 1.5 | 1.4 | 1.5 | 1.6 | 1.6 | 1.9 | 1.9 | 1.9 | 1.9 | 1.7 | 1.8 | 1.93 | 1.87 | 1.87 | 1.33 | 1.33 | 1.13 | 1.40 | 2.13 | 2.13 | 2.80 | 2.47 | 2.00 | |
| **BARRIERS** | | | | | | | | | | | | | | | | | | | | | | | | |
| green buffers | 1.4 | 1.4 | 1.4 | 1.6 | 1.4 | 2.4 | 2.4 | 2.4 | 2.2 | 2.4 | 2.4 | 2.4 | 2.6 | 2.4 | 1 | 1.2 | 1.2 | 1.2 | 2.2 | 2.2 | 2.6 | 0.4 | 2.4 | 1.88 |
| green corridors | 1.8 | 1.8 | 1.8 | 1.8 | 1.6 | 2.4 | 2.4 | 2.4 | 2.2 | 2.4 | 2.4 | 2.4 | 2.6 | 2.4 | 1.2 | 1.4 | 1.4 | 1.4 | 2.2 | 2.2 | 2.6 | 0.4 | 2.4 | 1.98 |
| cliffs | 1.8 | 1.4 | 2 | 1.8 | 1.6 | 2.8 | 2.8 | 2.8 | 2.4 | 2.6 | 2.4 | 2.6 | 2.8 | 2.8 | 1.8 | 1.8 | 2 | 2.2 | 2.8 | 2.8 | 3 | 0.2 | 2.6 | 2.25 |
| roads | 1.8 | 0.8 | 1.8 | 2 | 1.8 | 2 | 2 | 2 | 2.2 | 1.8 | 1.6 | 2.2 | 2 | 2.4 | 0.8 | 0.8 | 0.8 | 1 | 1.4 | 1.4 | 2 | 0 | 1.2 | 1.56 |
| coastal zone | 1.8 | 1.6 | 2 | 1.8 | 1.6 | 2.8 | 2.8 | 2.8 | 2 | 2.8 | 2.8 | 2.6 | 2.8 | 2.8 | 1.8 | 1.8 | 2.2 | 2.4 | 2.8 | 2.8 | 3 | 0.2 | 2.6 | 2.28 |
| settlements | 2 | 2.3 | 2 | 2 | 2 | 2.3 | 2.3 | 2.3 | 2 | 2 | 1.6 | 2.3 | 2 | 2.3 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 1 | 1.6 | 2.17 |
| CTs average | 1.8 | 1.6 | 1.8 | 1.8 | 1.7 | 2.5 | 2.5 | 2.5 | 2.2 | 2.3 | 2.2 | 2.42 | 2.47 | 2.52 | 1.60 | 1.67 | 1.77 | 1.87 | 2.23 | 2.23 | 2.53 | 0.37 | 2.13 | |
| **BLUE SPACES** | | | | | | | | | | | | | | | | | | | | | | | | |
| sea | 3 | 2.8 | 3 | 2.8 | 2.8 | 2.6 | 3 | 2.6 | 2.4 | 2.2 | 1.8 | 2.6 | 2.6 | 2.6 | 2.2 | 2.2 | 2.4 | 2.2 | 3 | 3 | 3 | 1.4 | 2.6 | 2.56 |
| bogs | 1.6 | 1.6 | 3 | 2.4 | 2.2 | 2.6 | 3 | 2.6 | 2.4 | 2.6 | 1.8 | 2.4 | 2.6 | 2.4 | 1.2 | 1.2 | 1.2 | 1.4 | 2.6 | 2.6 | 2.8 | 0.8 | 2.6 | 2.16 |
| rivers | 2.2 | 1.8 | 2.6 | 2.4 | 2.2 | 2.6 | 2.6 | 2.6 | 2.4 | 2.2 | 1.8 | 2.6 | 2.6 | 2.6 | 1.4 | 1.4 | 1.6 | 1.6 | 2.8 | 2.8 | 3 | 1 | 2.6 | 2.23 |
| lakes | 1.8 | 2 | 2.5 | 1.8 | 2 | 2.5 | 2.5 | 2.5 | 2.3 | 2 | 1.5 | 2.5 | 2.5 | 2.5 | 2 | 2 | 2 | 2 | 3 | 3 | 2.8 | 1.2 | 2.5 | 2.23 |
| ponds | 1 | 1.2 | 2.2 | 2 | 1.8 | 2.2 | 2 | 2 | 2 | 2 | 1.4 | 2 | 2 | 1.8 | 0.8 | 0.8 | 0.8 | 1.2 | 1.8 | 1.8 | 2.8 | 0.8 | 2.6 | 1.70 |
| waterfalls | 0.6 | 1 | 3 | 1.8 | 1.6 | 2.4 | 2.2 | 2.2 | 2.2 | 2 | 1.6 | 2.2 | 2.2 | 2.2 | 1.4 | 1.6 | 1.6 | 1.8 | 2.6 | 2.6 | 3 | 0.4 | 2.6 | 1.95 |
| CTs average | 1.7 | 1.7 | 2.7 | 2.2 | 2.1 | 2.5 | 2.6 | 2.4 | 2.3 | 2.2 | 1.7 | 2.38 | 2.42 | 2.35 | 1.50 | 1.53 | 1.60 | 1.70 | 2.63 | 2.63 | 2.90 | 0.93 | 2.58 | |
| **ACTIVITIY AREAS** | | | | | | | | | | | | | | | | | | | | | | | | |
| public playgrounds | 2.4 | 2.8 | 2.2 | 2.8 | 2.8 | 2.6 | 2.4 | 2.6 | 2.4 | 1.8 | 2.4 | 2.6 | 2.4 | 2.4 | 2.4 | 2.4 | 2.6 | 2.6 | 2 | 2.2 | 2.2 | 0 | 1.2 | 2.27 |
| block house playgrounds | 2.4 | 2.8 | 2.2 | 2.8 | 2.8 | 2.6 | 2.4 | 2.6 | 2.4 | 1.8 | 2.4 | 2.6 | 2.4 | 2.4 | 2.2 | 2.2 | 2.4 | 2.6 | 2 | 2.2 | 2.2 | 0 | 1.8 | 2.27 |
| sports fields | 2.8 | 2.8 | 2.2 | 2.8 | 2.8 | 2.6 | 2.4 | 2.4 | 2.4 | 1.8 | 2.6 | 2.6 | 2.4 | 2.4 | 2.8 | 2.8 | 2.4 | 2.6 | 1.8 | 1.8 | 2.4 | 0 | 2 | 2.33 |
| outdoor gyms | 2.8 | 2.8 | 2.4 | 2.8 | 2.8 | 2.6 | 2.4 | 2.4 | 2.4 | 2 | 2.4 | 2.6 | 2.4 | 2.4 | 2.2 | 2.2 | 2.4 | 2.6 | 1.5 | 1.6 | 2 | 0 | 1.2 | 2.21 |
| wheels parks | 2.8 | 2.8 | 2.4 | 2.8 | 2.8 | 2.6 | 2.4 | 2.4 | 2.4 | 2 | 2.2 | 2.6 | 2.2 | 2.4 | 2.2 | 2.2 | 2.4 | 2.2 | 1.6 | 1.6 | 2 | 0 | 1.2 | 2.18 |
| hiking trails | 2.8 | 2.4 | 2.4 | 2.8 | 2.8 | 2.8 | 2.6 | 2.8 | 2.6 | 2.4 | 2.8 | 2.8 | 2.8 | 2.8 | 2.2 | 2.4 | 2.4 | 2.4 | 2.2 | 2.2 | 2.6 | 0.2 | 2.6 | 2.47 |
| study trails | 2.6 | 2.4 | 2.4 | 2.8 | 2.8 | 2.6 | 2.4 | 2.6 | 2.4 | 2.2 | 2.6 | 2.6 | 2.6 | 2.6 | 2.2 | 2.4 | 2.4 | 2.4 | 2.2 | 2.2 | 2.6 | 0.4 | 3 | 2.41 |
| camping areas | 2 | 2 | 2.4 | 2.8 | 2.6 | 2.8 | 2.8 | 2.8 | 2.6 | 2.2 | 2.4 | 2.8 | 2.8 | 2.8 | 2.4 | 2.6 | 2.6 | 2.6 | 2.4 | 2.4 | 2.8 | 0.4 | 1.8 | 2.43 |
| beaches | 2.8 | 2.8 | 3 | 3 | 2.8 | 2.6 | 3 | 3 | 2.8 | 2.2 | 2.6 | 2.8 | 2.8 | 2.8 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 0.4 | 2.2 | 2.76 |
| CTs average | 2.6 | 2.6 | 2.4 | 2.8 | 2.8 | 2.7 | 2.5 | 2.6 | 2.5 | 2.0 | 2.5 | 2.69 | 2.56 | 2.58 | 2.40 | 2.47 | 2.49 | 2.56 | 2.08 | 2.13 | 2.42 | 0.16 | 1.89 | |
| **MISCELLANEOUS TYPES** | | | | | | | | | | | | | | | | | | | | | | | | |
| cemeteries | 0 | 0 | 1.4 | 1 | 0.8 | 1.8 | 1.8 | 1.6 | 1.6 | 2.6 | 2 | 3 | 1.8 | 2.2 | | 2.4 | 2.6 | 2.6 | 3 | 3 | 3 | 0 | 2.4 | 1.85 |
| churchyards | 0 | 0 | 1.4 | 1 | 0.8 | 1.8 | 1.8 | 1.6 | 1.6 | 2 | 2 | 2.4 | 1.8 | 2.2 | 2.4 | 2.4 | 2.6 | 2.6 | 3 | 2.8 | 3 | 0 | 2.4 | 1.81 |
| military land | 0.8 | 0.8 | 1.4 | 1.4 | 1.2 | 1.4 | 1.6 | 1.4 | 1.4 | 2.4 | 1.6 | 2.4 | 1.6 | 2.4 | 1.6 | 1.4 | 1.4 | 1.4 | 1.6 | 1.4 | 1 | 0.2 | 2.2 | 1.45 |
| vacant lots | 1 | 1 | 1.2 | 0.8 | 0.8 | 0.8 | 0.8 | 0.8 | 1 | 1 | 1 | 1.2 | 1 | 1.2 | 1.2 | 1.2 | 0.8 | 1.2 | 0.8 | 0.8 | 0.8 | 0.4 | 0.6 | 0.93 |
| quarries | 0 | 0 | 0.2 | 0.2 | 0 | 0 | 0 | 0 | 0.2 | 0 | 0 | 0 | 0 | 0.4 | 0 | 0 | 0 | 0.4 | 0.4 | 0.2 | 0.2 | 0 | 0.6 | 0.12 |
| CTs average | 0.4 | 0.4 | 1.1 | 0.9 | 0.7 | 1.2 | 1.2 | 1.1 | 1.2 | 1.5 | 1.3 | 1.80 | 1.24 | 1.68 | 1.30 | 1.48 | 1.48 | 1.64 | 1.76 | 1.64 | 1.60 | 0.12 | 1.64 | |

SCALE:

| | |
|---|---|
| NO CONNECTION | |
| LOW | 1 |
| MEDIUM | 2 |
| HIGH | 3 |