



Article

Mid-Latitude Daytime F₂-Layer Disturbance Mechanism under Extremely Low Solar and Geomagnetic Activity in 2008–2009

Andrey V. Mikhailov^{1,2}, Loredana Perrone^{2,*} and Anatoly A. Nusinov³

¹ Pushkov Institute of Terrestrial Magnetism, Ionosphere and Radio Wave Propagation (IZMIRAN), Troitsk, 108840 Moscow, Russia; mikhailov71@gmail.com

² Istituto Nazionale di Geofisica e Vulcanologia (INGV), 00143 Rome, Italy

³ Fedorov Institute of Applied Geophysics (IAG), 129128 Moscow, Russia; nusinov@mail.ru

* Correspondence: loredana.perrone@ingv.it

Abstract: European near-noon ionosonde observations were considered during the period of deep solar minimum in 2008–2009 to analyze f_oF₂ perturbations not related to solar and geomagnetic activity. Sudden stratospheric warming (SSWs) events in January 2008 and 2009 were analyzed. An original method was used to retrieve aeronomic parameters from observed electron concentration in the ionospheric F-region. Atomic oxygen was shown to be the main aeronomic parameter responsible both for the observed day-to-day and long-term (during SSWs) f_oF₂ variations. Atomic oxygen rather than neutral temperature mainly controls the decrease of thermospheric neutral gas density in the course of the SSW events. Day-to-day variations of thermospheric circulation and an intensification of eddy diffusion during SSWs are suggested to be the processes changing the atomic oxygen abundance in the upper atmosphere for the periods in question. Recent Global-Scale Observations of the Limb and Disk (GOLD) observations of O/N₂ column density confirm the depletion of the atomic oxygen abundance not related to geomagnetic activity during SSWs.

Keywords: quiet-time F₂-layer disturbances; sudden stratospheric warming; retrieved thermospheric parameters



Citation: Mikhailov, A.V.; Perrone, L.; Nusinov, A.A. Mid-Latitude Daytime F₂-Layer Disturbance Mechanism under Extremely Low Solar and Geomagnetic Activity in 2008–2009. *Remote Sens.* **2021**, *13*, 1514. <https://doi.org/10.3390/rs13081514>

Academic Editor: Carmine Serio

Received: 22 March 2021

Accepted: 11 April 2021

Published: 14 April 2021

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

1. Introduction

Quiet time F₂-layer disturbances (Q-disturbances) present a special class of N_mF₂ perturbations occurring under magnetically quiet conditions. Their morphology and the formation mechanism differ from F₂-layer storm effects related to enhanced geomagnetic activity [1–4]. Such day-to-day N_mF₂ variations may be considered in the framework of F₂-layer variability [5–7]. According to [7,8], N_mF₂ varies day to day with a standard deviation of 15–20%, while in [6] an N_mF₂ variability of ±25–35% was observed for magnetically quiet (Kp < 1) conditions considering the periods from a few hours to 1–2 days; for longer periods, i.e., 2–30 days, the N_mF₂ variability is ±15–20%. The N_mF₂ variability does not manifest any dependence on the solar cycle level and in general it is attributed to ‘solar,’ ‘geomagnetic’ and ‘other’ causes [6,9]. A large part of F₂-layer variability is linked to geomagnetic activity; the rest is attributed to ‘meteorological’ sources at lower levels in the atmosphere [7]. Solar EUV radiation is a slowly varying parameter and its contribution to N_mF₂ day-to-day variations is the lowest.

There is a widely spread opinion that F₂-layer Q-disturbances are related to the impact from below—the so-called ‘meteorological control’ of the Earth’s ionosphere [8,10–14].

The ‘meteorological control’ includes F₂-layer effects which cannot be directly related to solar and geomagnetic activity variations, among them quasi 2-day f_oF₂ (QTD) oscillations [5,15] and F₂-layer perturbations occurring during sudden stratospheric warming (SSW) which are generated inside the atmosphere. The magnitude of QTD variations is ±(0.4–1.0) MHz with maximal occurrence in the summer months. At middle latitudes, zonal structure corresponds to westward propagation with zonal wave number s = 1, or a

stationary oscillation. Zonal wave numbers are different from zonal wave numbers $s = 3$ and $s = 4$, which characterize QTD oscillations in mesospheric winds [5].

SSW effects in the thermosphere and ionosphere are widely discussed in the literature. The most pronounced SSW effects are revealed in the equatorial and low-latitude ionosphere and are mainly related to variations of equatorial ExB drifts; however, disturbed variations of ionospheric parameters during SSW events are observed at middle latitudes as well. The SSW events in January 2008 and 2009 are the most interesting for our analysis as they took place during a very deep minimum of solar and geomagnetic activity when the observed f_oF_2 perturbations may be attributed to the meteorological impact. Therefore, let us consider the revealed morphological results and their possible explanations for the two SSW periods.

Using Millstone Hill ISR observations during a minor SSW event during 17 January–01 February 2008, the authors [16] revealed alternating regions of the thermosphere cooling in a large altitude range (150–300) km and warming in the (120–140) km altitude band. The maximal cooling of ~75 K took place in the F_1 – F_2 region and the warming exceeded 80 K. During the strongest and most prolonged major SSW in January 2009, large TEC anomalous variations were observed in the low-latitude ionosphere [17]. Using model simulations, these observations were interpreted in terms of large changes in atmospheric tides from their nonlinear interaction with planetary waves that are strengthened during SSW events.

An analysis of COSMIC observations during the SSW 2008 and 2009 events [18] has revealed an average (global mean) f_oF_2 decrease by (0.7–0.8) MHz and an average h_mF_2 decrease by (10–12) km with a 2–3-day delay relatively to the temperature peak in the stratosphere. An increase of zonal thermospheric wind producing an enhanced downward plasma drift was suggested as a mechanism to explain the decrease in f_oF_2 and h_mF_2 .

However, other authors [19], using the same COSMIC observations for the SSW 2009 event but a different method of data analysis, have obtained a different pattern of N_mF_2 global variations in the Northern Hemisphere. Increases and decreases of N_mF_2 were revealed in different latitude/longitude and LT sectors. In particular, a (10–20)% N_mF_2 increase during daytime hours was found in the European sector analyzed in our paper. Due to a lack of necessary aeronomic parameters, the authors did not provide any physical explanation to the revealed N_mF_2 variations.

A similar analysis of the SSW 2009 using COSMIC observations was undertaken in [20]. The authors have confirmed the global response of the ionosphere to this SSW event. The peak density (N_mF_2), peak height (h_mF_2) and ionospheric total electron content (ITEC) increase in the morning (08–13) LT hours and decrease in the afternoon globally for 75% of the cases. N_mF_2 , h_mF_2 and ITEC during SSW days, on average, increase by 19%, 12 km and 17% in the morning and decrease by 23%, 19 km and 25% in the afternoon. As usual, morphological analyses of this type are accompanied by a speculative mechanism to explain the revealed variations. In this case the following was suggested: “the ionospheric variations at the middle and high latitude during the SSW might be attributed to the neutral background changes due to the direct propagation of tides from the lower atmosphere to the ionospheric F_2 region. The competitive effects of different physical processes, such as the electric field, neutral wind, and composition, might cause the complex features of ionospheric variations during this SSW event” [20]. This means that the actual mechanism has not been revealed.

A strong neutral gas density decrease mainly in the equatorial region has been revealed by CHAMP and GRACE satellite observations analyzing the SSW event in January 2009 [21]. This large-density drop was interpreted in terms of neutral temperature decrease of about 50 K. CHAMP observations of plasma density at 325 km manifested a significant depletion which closely followed the thermospheric temperature variation with a delay of 1–2 days. This result was questioned by [22], who declared that the apparent density reduction reported in [21] can be explained by changes of geomagnetic activity. Their main conclusion was that there is no evidence of thermospheric effects during the January 2009 SSW [22].

A subsequent analysis of the same COSMIC observations during the SSW January 2009 event [23] revealed a global N_mF_2 reduction relative to the 2007–2009 average seasonal climatology in zonal and diurnal mean N_mF_2 by ~15% in the equatorial and by (5–10)% at middle latitudes of the Northern Hemisphere. It was stressed that the analyzed period characterized by quiet solar and geomagnetic activity, and the observed N_mF_2 variability can, thus, be attributed to SSW. Using NCAR TIE-GCM model simulations, they hypothesize that a migrating semidiurnal solar tide SW2 enhancement during the SSW is the primary source of the zonal and diurnal mean N_mF_2 and $[O]/[N_2]$ reductions. Therefore, the SSW 2008 and SSW 2009 events are interesting in the framework of our analysis of F2-layer disturbances under extremely low solar and geomagnetic activity. On the other hand, there is no consensus on the thermospheric and ionospheric reaction to SSWs. The mechanism of SSW impact on the ionospheric F₂-layer also needs further considerations.

The method [24] of solving an inverse problem of aeronomy opens a possibility to analyze self-consistent variations of ionospheric and thermospheric parameters—both day to day and during SSW events. Taking the observed daytime N_mF_2 and N_e at F₁-region heights, the method provides a consistent set of the main aeronomic parameters responsible for the formation of a particular F₂-layer perturbation. Our analysis [4] of large prolonged (≥ 3 h) negative and positive noontime F₂-layer Q-disturbances with deviations of $N_mF_2 > 35\%$ at Rome has shown that day-to-day atomic oxygen variations at F₂-region heights specify the type (positive or negative) of the observed perturbations. In that analysis [4], we did not specially separate the ‘meteorological’ effects, which could take place during the periods in question but were overlapped by geomagnetic activity and solar EUV effects. Therefore, a special analysis is required to identify pure ‘meteorological’ effects in N_mF_2 variations. This can be done considering the period of the deep solar minimum in 2008–2009, when solar and geomagnetic activity was at the lowest level. Due to the Solar Radiation and Climate Experiment (SORCE) mission and the Thermosphere, Mesosphere, Ionosphere, Energetic and Dynamics (TIMED) mission, daily EUV (100–1200) Å observations (<http://lasp.colorado.edu/lisird/>) are available dating back to 2002 [25]. These data were used to control day-to-day EUV variations for the periods in question. Due to a lucky coincidence, the CHALLENGING Minisatellite Payload (CHAMP <ftp://anonymous@isdctftp.gfz-potsdam.de/champ/>) satellite neutral gas density observations were available for the SSW 2008 and SSW 2009 events, and these observations were also used in our analysis to specify the N_mF_2 disturbance mechanism.

The aims of our analysis may be formulated as follows.

1. To find periods with pronounced day-to-day N_mF_2 variations under very low solar and geomagnetic activity in 2008–2009, which presumably have a meteorological origin.
2. To retrieve the aeronomic parameters responsible for the observed N_mF_2 perturbations and estimate their contribution to the formation of the observed Q-disturbances during the analyzed periods.
3. To analyze the periods of SSW in January 2008 and 2009 using mid-latitude ionosonde observations and to establish the role of individual aeronomic parameters in the observed F₂-layer effects. The meteorological origin of SSW impact on F₂-layer is doubtless.

2. Observations, Method and Results

The 2008–2009 period manifested the deepest minimum of solar activity for the whole history of ionospheric observations. Geomagnetic and solar activity was at extremely low levels with small day-to-day variations. This allowed us to analyze N_mF_2 perturbations presumably related to the ‘meteorological’ impact. We analyzed f_oF_2 observations in the European sector using Chilton (51.5° N; 359.4° E), Roquetes (40.8° N; 0.5° E), Rome (41.9° N; 12.5° E), Athens (38.0° N; 23.6° E), Juliusruh (54.6° N; 13.4° E) and Moscow (55.5° N; 37.3° E) stations. Averaged over (11, 12, 13) LT, the observed f_oF_2 were used to select the periods of interest.

The selection of the background level is a crucial point dealing with Q-disturbances and various approaches are used to specify it. The earlier-mentioned different morphologic results obtained from the same COSMIC observations manifest not only different methods of data analysis but also different backgrounds used to specify f_oF_2 deviations. Traditionally, medians rather than mean values are used by ionospheric researchers. This is because the ionospheric F_2 -layer, apart from the dependence on solar activity, season and the location (which specify the climatology, see for instance, the IRI model), strongly depends on the auroral activity (magnetospheric electric fields penetrating the middle and lower latitudes and particle precipitation) heating the thermosphere. In fact, auroral activity specifies to a great extent the weather in the F_2 region. Splashes of auroral activity and their intensity are practically unpredictable (or they are predicted with a poor accuracy), but they may result in strong f_oF_2 deviations from the climatologic level. Under strong individual deviations in hourly f_oF_2 observations monthly mean f_oF_2 will be inevitably biased from the climatologic level, while the monthly median (due to the very method of its calculation) does not take into account such individual strong deviations and better provides F_2 -layer climatology.

Monthly or running medians calculated over previous 27–30 days are often used as a background. However, any median includes the effects of geomagnetic activity that occurred during the previous period; therefore, different periods have different conditions. Better results should give a selection of magnetically quiet days at a station by binning them in terms of hours and months and the range of solar activity. The mean value for each bin provides a quiet-time background level which can be applied with suitable interpolation to any day of a month [26–29]. However, Q-disturbances inevitably contribute to such background levels.

Another direction is based on using the model monthly median f_oF_2 as a background level [30,31]. Taking the average f_oF_2 monthly medians obtained over 30–70 years under various geomagnetic conditions but similar levels of solar activity, one may hope that this average median presents a climatologic level corresponding to a given level of solar activity at a given station. We have derived such local monthly median f_oF_2 models for many ionosonde stations [32], which are based on the ionospheric T-index [33,34] as an indicator of solar activity level. An interpolation for a given day of month is done using model medians for neighboring months. Such model monthly medians are used in our analysis.

The selected periods/days were developed with the method [24] to retrieve a consistent set of the main aeronomic parameters responsible for the formation of the daytime mid-latitude F-layer. The method is based on solving an inverse problem of aeronomy using observed noontime f_oF_2 and five at (10, 11, 12, 13, 14) LT values of plasma frequency f_{p180} at 180 km height along with standard indices of solar ($F_{10.7}$) and geomagnetic (A_p) activity as input information. Data on f_oF_2 and f_{p180} are mainly available from DPS-4 [35] ground-based ionosonde observations. Manually and automatically scaled f_oF_2 may differ, and this affects the retrieved parameters. The preference should be given to ionospheric characteristics obtained with manual ionogram scaling if such an opportunity exists. There are two ionosondes at Rome and DPS-4 automatically scaled observations can be controlled by the Italian ionosonde (<http://www.eswua.ingv.it/>). Therefore, Rome manually scaled f_oF_2 and DPS-4 plasma frequencies f_{p180} were used in our analysis.

The retrieved parameters include: neutral composition (O , O_2 , N_2 concentrations), exospheric temperature T_{ex} , the total solar EUV flux with $\lambda \leq 1050 \text{ \AA}$ and the vertical plasma drift $W = V_{nx} \sin I \cos I$, mainly related to the meridional thermospheric wind, V_{nx} and the magnetic inclination, I . By fitting the calculated $N_m F_2$ to the observed ones, the method provides $h_m F_2$ values which are used for physical interpretation.

The retrieved atomic oxygen concentration at a fixed height (say 300 km) manifests both changes of the total $[O]$ abundance and neutral temperature variations. To simplify the analysis, we have also calculated the total column atomic oxygen content, which is independent from the neutral temperature profile. Atomic oxygen is produced and lost in the upper atmosphere [36], above ~70 km, and we have found the atomic oxygen column content above this height.

2.1. Day-to-Day f_oF_2 Variations

The (2008–2009) period with f_oF_2 observations at the Rome and Juliusruh (located in one longitudinal sector) stations was checked to find events corresponding to the following requirements. Pronounced adjoining positive and negative f_oF_2 deviations from the median level should take place within some days. Magnetic activity should be at a very low level for all days in question. The intensity of EUV radiations should also manifest small variations for the analyzed days. Selected cases of this type are given in Figure 1.

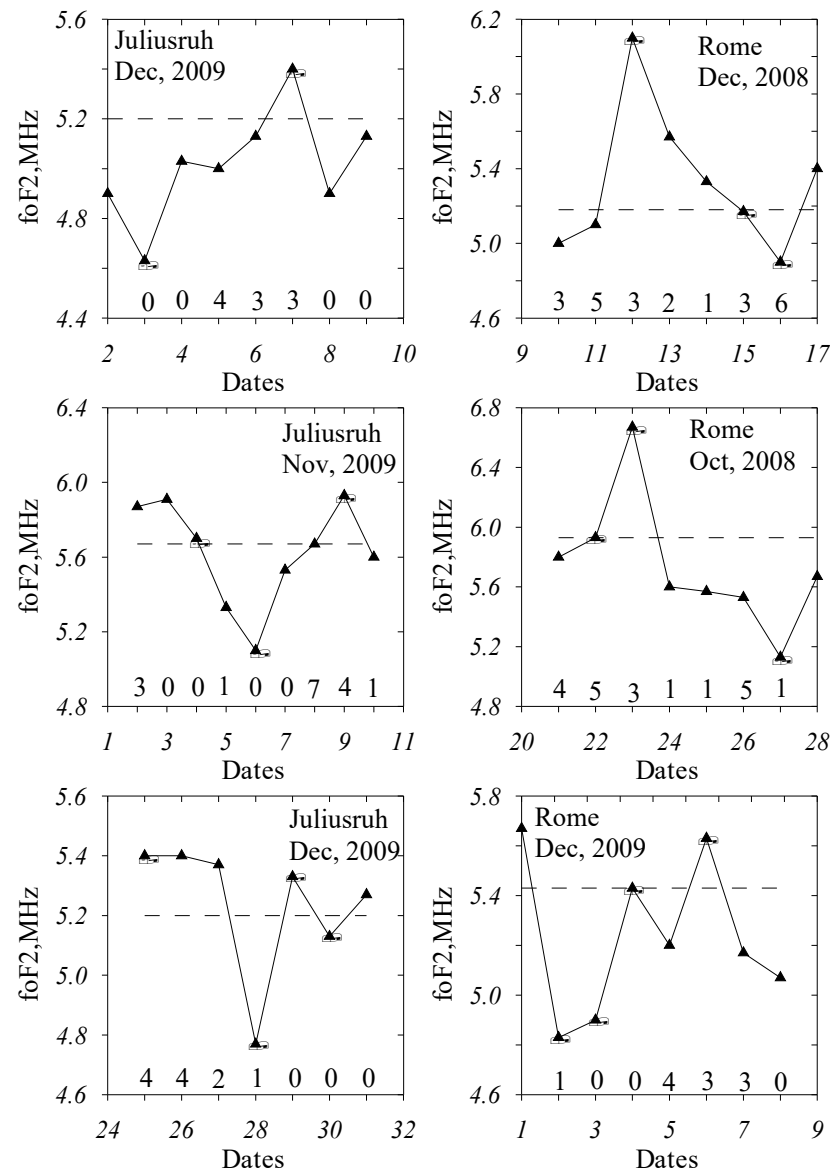


Figure 1. Selected F_2 -layer Q-disturbances of the ‘meteorological’ origin. Monthly median f_oF_2 are given with dashed lines. Circles—dates analyzed for the aeronomic parameters. Numbers at the bottom of panels—daily A_p indices.

In general, ‘meteorological’ f_oF_2 effects are of less magnitude compared to the Q-disturbance cases analyzed in [4]; f_oF_2 deviations of ± 1 MHz are at their best. Therefore, we tried to find cases with maximal deviations within a month omitting lots of others with less magnitude. The observed f_oF_2 variations (Figure 1) are presumably not related to geomagnetic activity, which was at a very low level (numbers at the bottom of panels); they also do not manifest QTD variations considering maximal and minimal f_oF_2 values

inside the analyzed periods. No system in the selected f_0F_2 deviations has been found. The method from [24] was applied to the selected dates and the results are given in Table 1.

Table 1. Analyzed Q-disturbances of the ‘meteorological’ origin at Juliusruh. The table shows the observed half-sum of the daily and 81-day average $F_{10.7}$, the daily Ap and AE indices, the observed values averaged over three (11–13) LT N_mF_2 (in 10^5 cm^{-3}) along with $\delta N_mF_2 = N_mF_{2\text{Qday}}/N_mF_{2\text{med}}$ (in brackets), the observed daily EUV, the calculated [O] column abundance, the retrieved exospheric Table 300 km along with $\delta[\text{O}] = [\text{O}]_{\text{Qday}}/[\text{O}]_{\text{med day}}$ (in brackets), the vertical plasma drift W and h_mF_2 . Dates and data given in italic, which correspond to dates with N_mF_2 close to the monthly median N_mF_2 .

Date	$(F + F_{81})/2$	Ap	N_mF_2	EUV _{obs}	[O] _{col}	Tex	[O] ₃₀₀	W	h_mF_2	
		(AE)	(δN_mF_2)	$\times 10^{-3} \text{ Wm}^{-2}$	$\times 10^{17}$	K	$\times 10^8$	m s^{-1}	km	
		nT			cm^{-2}			cm^{-3}		
9 November 2009	72.8	4	4.37	3.09	9.46	737	3.02	−25.2	214	
		−68	−1.08		−1.03		−1.19			
6 November 2009	72	0	3.23	3.07	7.76	713	2.1	−35.7	205	
		−13	−0.8		−0.84		−0.83			
4 November 2009	72.1	4	4.03	3.11	9.18	719	2.54	−29.5	208	
7 December 2009	73.9	3	3.62	3.09	8.47	708	2.32	−19.5	216	
		−34	−1.06		−1.12		−1.11			
3 December 2009	73.9	0	2.66	3.07	7.56	694	1.85	−37.7	203	
		−12	−0.78		−1		−0.89			
18 December 2009	81	3	3.4	3.41	7.57	716	2.08	−30.5	210	
25 December 2009	77.5	4	3.62	3.38	8.63	704	2.32	−25.9	212	
		−33	−1.11		−1.1		−1.3			
28 December 2009	77.5	1	2.82	3.26	7.44	691	1.78	−31.7	205	
		−21	−0.86		−0.95		−1			
29 December 2009	76.7	0	3.53	3.23	7.92	687	1.83	−20.4	212	
		−15	−1.08		−1.01		−1.03			
30 December 2009	77.7	0	3.27	3.22	7.85	683	1.78	−23.9	206	

Figure 1 and Tables 1 and 2 manifest that N_mF_2 deviations $\Delta = (\delta N_mF_2 - 1.0)$ may be both positive and negative. Observed EUV variations which mainly follow $(F + F_{81})/2$ [37] are small and unable to explain the observed N_mF_2 variations. The sign of Δ deviations is determined by the concentration of atomic oxygen. Positive Δ deviations correspond to larger $[\text{O}]_{300}$ (bold font in Tables 1 and 2), while negative Δ deviations correspond to smaller $[\text{O}]_{300}$ (normal font). The correlation coefficient between N_mF_2 and $[\text{O}]_{300}$ is 0.757 ± 0.314 , which is significant at a 99.9% confidence level. Therefore, day-to-day variations of atomic oxygen provide the main contribution to N_mF_2 variations for the events given in Tables 1 and 2. This is not a surprise bearing in mind that $N_mF_2 \sim [\text{O}]^{4/3}$ [38]. The contribution of other parameters is less significant. All days in question are characterized by negative (downward) vertical plasma drifts W corresponding to poleward thermospheric wind Vnx. Vertical drifts are more positive (a weaker poleward Vnx) for days with positive N_mF_2 deviations, and downward W is stronger for days with negative N_mF_2 deviations. The height of F_2 -layer maximum, h_mF_2 , is known to be strongly controlled by vertical drift and neutral temperature, see, e.g., [39]. Days with positive Δ deviations manifest larger h_mF_2 and vice versa (Tables 1 and 2). The magnitude of Tex variations is small and no system in its variations is seen. Therefore, under very low geomagnetic activity and practically invariable solar EUV radiation, day-to-day N_mF_2 variations are mainly due to day-to-day changes in atomic oxygen concentration at F_2 -region heights. The controlling role of atomic oxygen in the formation of large F_2 -layer daytime Q-disturbances was stressed earlier [2–4]. On the other hand, there is no confidence that the analyzed F_2 -layer perturbations have a meteorological origin.

Table 2. Same as Table 1 but for Rome.

Date	$(F + F_{81})/2$	Ap	$N_m F_2$	EUV_{obs}	$[O]_{col}$	Tex	$[O]_{300}$	W	$h_m F_2$
		(AE)	$(\delta N_m F_2)$	$\times 10^{-3}$	$\times 10^{17}$	K	$\times 10^8$	$m s^{-1}$	km
		nT		Wm^{-2}	cm^{-2}	cm^{-3}			
23 October 2008	67.7	3	5.51	3.08	8.63	735	2.56	−9.3	226
		−43	−1.26		−1.17				
27 October 2008	67.6	1	3.27	3.05	6.55	758	2.05	−19.9	214
		−17	−0.75		−0.89				
22 October 2008	67.9	5	4.37	3.13	7.39	756	2.42	−9.7	230
12 December 2008	70.1	3	4.61	3.14	9.43	704	2.24	−20.3	212
		−49	−1.39		−1.19				
16 December 2008	69.3	6	2.98	3.09	7.12	717	1.85	−35.4	203
		−64	−0.9		−0.9				
15 December 2008	69	3	3.31	3.06	7.89	710	1.92	−30.4	204
6 December 2009	74.2	3	3.94	3.11	8.65	725	2.28	−25.7	210
		−32	−1.08		−1.05				
2 December 2009	73.6	1	2.9	3.07	7	747	1.96	−36.3	203
		−14	−0.79		−0.85				
3 December 2009	73.9	0	2.98	3.07	7.77	724	1.95	−37.2	203
		−12	−0.81		−0.94				
4 December 2009	73.9	0	3.66	3.09	8.25	719	2.02	−25.6	206

2.2. SSW Event in January 2009

An excellent example of real meteorological impact on F₂-region exhibit sudden stratospheric warming (SSW) events. SSW is a large-scale disturbance in the middle atmosphere, which is caused by the interaction between quasi-stationary planetary waves and the zonal mean flow [40]. This is a large-scale meteorological process in winter hemisphere which may last days or weeks [41]. The major SSW event in January 2009 is ideal to study the F₂-layer reaction to lower atmospheric processes. During this event, solar and geomagnetic activity was at a very low level and the observed F₂-layer long-term perturbations (not day-to-day variations) may be attributed to the impact from below. According to observations of the National Center for Environmental Predictions (NCEP), the peak warming at the 10 hPa level was reached on 23–24 January 2009 with stratospheric temperatures at 90° N having increased by more than 70 K. Previous considerations of this event [17,19,21] dealt with global TEC and COSMIC observations with the accent on low-latitude and equatorial ionosphere. We are considering European ground-based mid-latitude ionosonde and CHAMP neutral gas density observations to specify the F₂-layer reaction to this SSW event.

Previous analyses of SSWs have shown that this is a global phenomenon, and unlike earlier considered day-to-day f_oF₂ variations which do not correlate at different stations, the ionospheric SSW effect should be seen simultaneously at all stations in question. To check this, we have divided our stations in two groups. A comparison of the higher latitude stations of Moscow, Juliusruh and Chilton to the lower latitude stations of Athens, Rome and Roquetes is given in Figure 2 for the f_oF₂/f_oF_{2med} ratio. Averaged over (11–13) LT, observed f_oF₂ were used in this analysis. Stratospheric (10 hPa) temperature at high latitudes (60–90° N) in January 2009 along with the 30-year median is given in Figure 2. A pronounced depression in the f_oF₂/f_oF_{2med} ratio is seen in the vicinity of the SSW maximum development; however, the minimum is reached around 18–23 January, i.e., slightly before the SSW peak, contrary to the conclusion made in [18]. The minimum in N_mF₂ variations shortly before the peak of the SSW 2009 was also noted in [23].

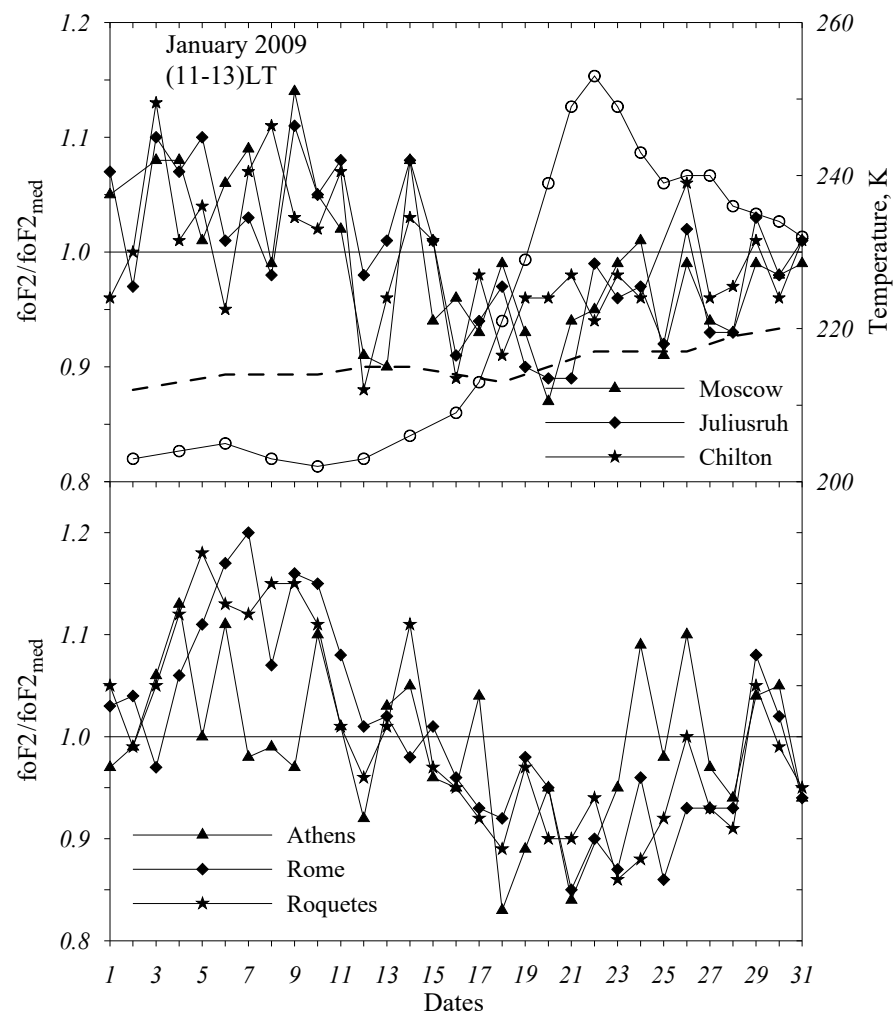


Figure 2. The $f_oF_2/f_oF_{2_{med}}$ ratio for higher and lower latitude groups of stations during the SSW 2009 period. Solid lines indicate the monthly median level. Open circles—stratospheric (10 hPa) temperature at high latitudes ($60\text{--}90^\circ$) N in January 2009. The dashed line represents the 30-year median value of the high latitude stratospheric temperature.

Other authors [18] have revealed that the magnitude of ionospheric perturbations increases towards the equator. The $f_oF_2/f_oF_{2_{med}}$ variations for two groups of stations (Figure 2) do not differ significantly according to the Student criterion. However, the same groups of stations manifest different variations for the minor SSW 2008, confirming the conclusion [18] (Figure 5). This may tell us that the magnitude of f_oF_2 depression (its latitudinal variation) depends on the intensity of SSW.

For the earlier-mentioned reason, Rome observations were selected for further analysis. Averaged over (11–13) LT, the daily f_oF_2 variations are shown in Figure 3. Apart from small day-to-day f_oF_2 changes, a long-term f_oF_2 variation takes place in January 2009. Near-noon f_oF_2 observations manifest a well-pronounced depression in 20–28 January, which includes the period of maximal development of SSW in the stratosphere [17,42]. Initial (not reduced) CHAMP neutral gas density (ρ) observations in the European sector around Rome latitudes at (15–18) UT are given in a comparison to the MSISE00 [43] thermospheric model. Daily variations of the total EUV (100–1200) Å solar flux [25], along with A_p indices, are also given in Figure 3 to characterize the geophysical situation. The MSISE00 model, which is driven by solar and geomagnetic activity indices, gives quite different neutral gas density variations compared to CHAMP, without any depression on 22–24 January; moreover, the in general observed ρ values after 19 January are lower compared to the model ones (the upsurge on 26 January is due to the increase in geomagnetic activity). The

magnitude of the observed EUV variations within the analyzed period is very small ($\sim 3\%$), being incomparable with the observed variations in f_oF_2 and neutral gas density. Therefore, both f_oF_2 and ρ indicate the SSW impact on the upper atmosphere and the ionospheric F_2 -region in accordance with the earlier obtained results [18,19,21,42,44,45], contrary to the conclusions in [22].

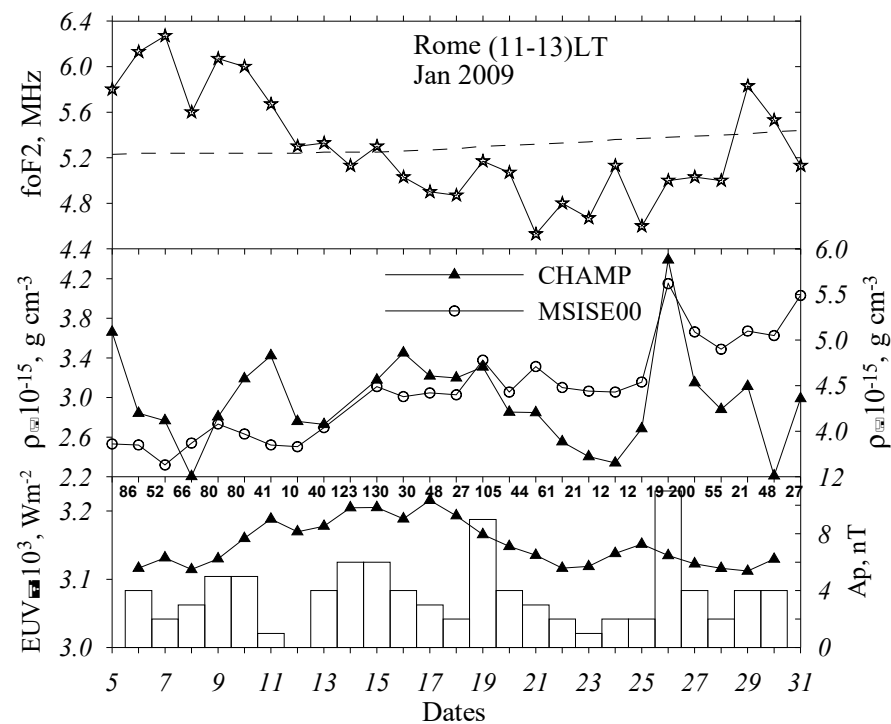


Figure 3. Daily f_oF_2 variations at Rome during the SSW event in January 2009. Dashes—model monthly median f_oF_2 for 12 LT. The neutral gas density in the evening sector observed with CHAMP (left y -axis) is given in comparison to the MSISE00 model variations at the latitudes of Rome (right y -axis). Daily solar EUV (triangles) and A_p indices are given in the bottom panel. Numbers along x -axis (middle panel)—daily AE indices.

The method described in [24] was applied to the ionospheric near-noon hour observations at Rome for January 2009. Two versions of our method were used to check the leading role of atomic oxygen in the analyzed variations of neutral gas density and ionospheric parameters. The basic version uses only observed electron concentration in the F_1 and F_2 layers. The extended version additionally uses observed neutral gas density (when available) as a fitted parameter. The retrieved aeronomic parameters, along with the observed N_mF_2 and geomagnetic indices, are given in Figure 4. MSISE00 model atomic oxygen and exospheric temperature variations are given for a comparison and further discussion.

Both versions are seen to give the depression in $[O]_{300}$ variations with the minimum around the peak of SSW on 24 January (Figure 4). One may conclude that the retrieved $[O]_{300}$ variations are not induced by the corresponding neutral gas density variations, but rather manifest the variations embedded in the observed electron concentration. The correlation coefficient between the observed N_mF_2 and the retrieved $[O]_{300}$ (basic version of the method) is 0.840 ± 0.193 ($R^2 = 0.71$), which is significant at the 99.9% confidence level. This means that $\sim 70\%$ of N_mF_2 variability is related to atomic oxygen variations. Retrieved atomic oxygen correlates with the observed neutral gas density with the correlation coefficient of 0.892 ± 0.134 ($R^2 \sim 0.8$), being significant at the 99.9% confidence level. This means that 80% of neutral gas density variability is explained by atomic oxygen; the rest may be attributed to neutral temperature variations. Atomic oxygen is the main contributor to ρ at ~ 323 km—the height of the CHAMP measurements in Europe (January 2009).

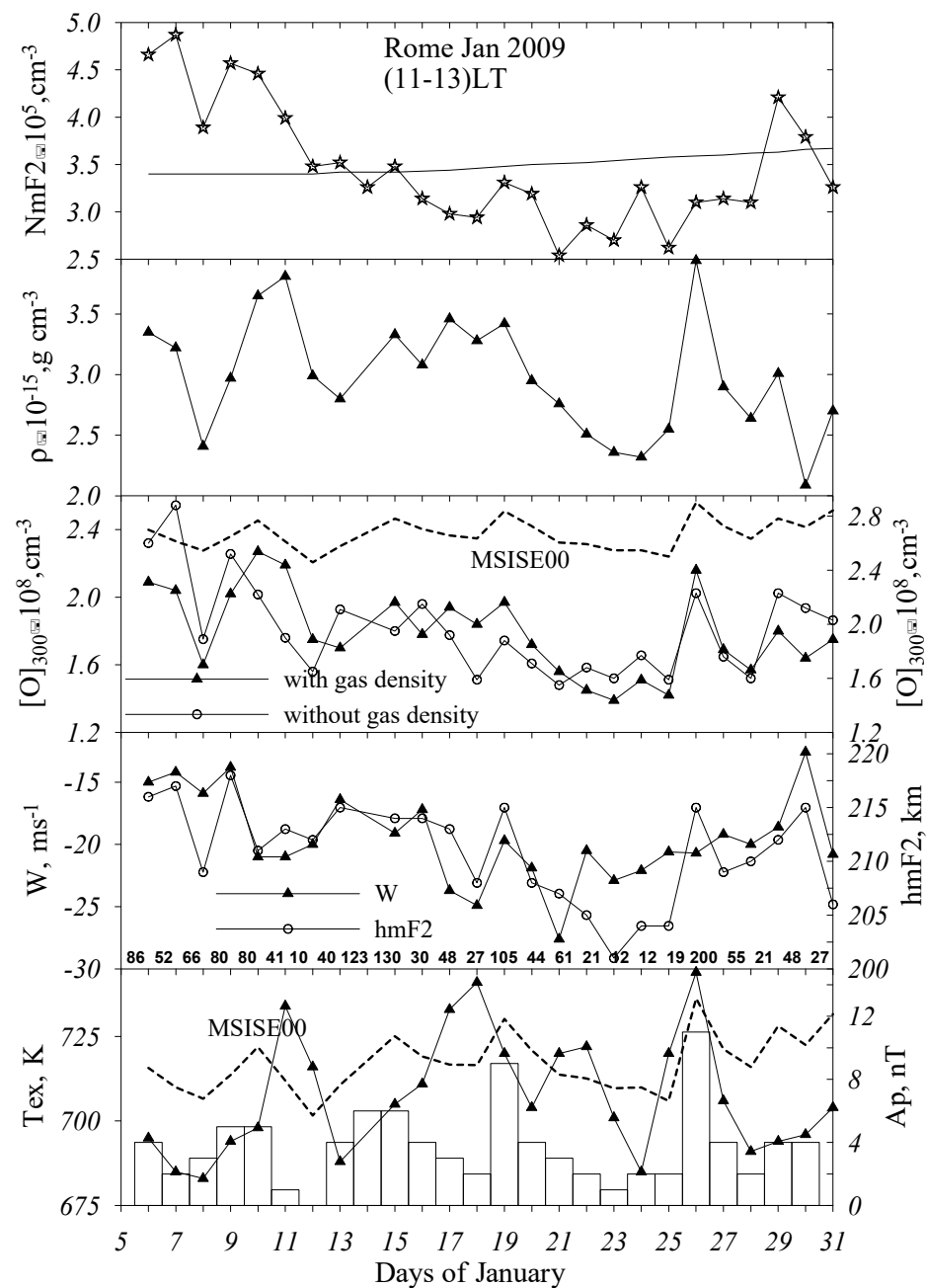


Figure 4. The observed values averaged over (11–13) LT N_mF_2 at Rome (solid line in top panel—monthly median N_mF_2), measured with CHAMP neutral gas density reduced to the location of Rome and 12 LT, retrieved atomic oxygen at 300 km, vertical plasma drift, h_mF_2 , and exospheric temperature are given in the plot. The daily AE values are given in the second panel and the daily A_p indices in the bottom panel. Dashed lines—MSISE00 model variations (right y -axis for [O]). Atomic oxygen was retrieved with (left y -axis) and without (right y -axis) fitting the observed neutral gas density.

MSISE00, which is driven by solar ($F_{10.7}$) and geomagnetic (A_p) indices, predicts very small $[O]_{300}$ variations during January 2009 with an average value of $(2.67 \pm 0.11) \times 10^8 \text{ cm}^{-3}$, and unlike the retrieved $[O]_{300}$, indicates no pronounced depression in the vicinity of 23–24 January (Figure 4).

Both retrieved and MSISE00 T_{ex} mainly follows A_p index variations, but the magnitude of retrieved T_{ex} is larger (60–70 K), while MSISE00 retrieved a magnitude that is two times as small. A decrease in T_{ex} of ~ 55 K is seen during 18–24 January (Figure 4),

and this seemingly agrees with Millstone Hill ISR observations [16]. On the other hand, large thermospheric cooling by ~50 K during the SSW event in January 2009 [21] cannot be related to small variations of A_p indices (see MSISE00 Tex variations), as was supposed in [22]. Thus, the observed depression in neutral gas density during the SSW 2009 event (Figure 4) is mainly due to a decrease in the atomic oxygen concentration, while Tex variations play a secondary role.

Vertical plasma drift W , mainly related to meridional thermospheric wind, demonstrates some depression around the middle of January, i.e., the northward neutral wind increases along with the SSW development and reaches its maximum on 22 January, i.e., close to the SSW peak. The retrieved $h_m F_2$ at Rome clearly indicates a depression with the minimum around 23 January. The height of the F_2 -layer maximum mainly follows W variations during the analyzed period (Figure 4) as the dependence on atomic oxygen is weaker via logarithm and the absolute Tex changes are not large. The $h_m F_2$ dependence on aeronomic parameters is given by the following expression [39,46]:

$$h_m F_2 = \frac{H}{3} \left[\ln(\beta_1 \cdot [O]_1) + \ln(H^2 / (0.54d)) \right] + f(W)$$

where $H = kT/mg$ —scale height, $[O]_1$ —concentration of neutral atomic oxygen at a fixed height h_1 (say 300 km), $\beta = \gamma_1[N_2] + \gamma_2[O_2]$ —linear loss coefficient, $d = D \times [O]_1$, D —ambipolar diffusion coefficient at h_1 height and $f(W)$ —an empirical expression obtained in [39] after the analysis of the Millstone Hill ISR observations. The $h_m F_2$ depression is around 10–15 km (Figure 4), which coincides with the results [18] obtained using COSMIC observations for the SSW 2009 event.

2.3. SSW Event in January 2008

Unlike the January SSW 2009, which was the strongest and the longest-lasting major SSW recorded event, the January SSW 2008 was a minor one, presented by four separate warming periods [47], Figure 1. This difference was manifested in different ionospheric parameter variations during the two periods as this was shown by Pancheva and Mukhtarov [18]. Our analysis also confirms this difference. Higher latitude stations manifest a small ($\leq 10\%$) $f_o F_2$ depression around the SSW maximum development (Figure 5), while three lower latitude stations demonstrate a well-pronounced trough after 21 January. A comparison of the two groups of deviations after 21 January (the maximal warming took place around 23 January [47]) indicates a difference between two groups which is significant at the 98% confidence level according to the t -criterion.

Rome observations are considered for the further analysis. Figure 6 indicates the $f_o F_2$ depression depth of 25% (56% in $N_m F_2$) with respect to the median level is. This is incomparable to the magnitude of EUV variations—around 3%. MSISE00 model neutral gas density is seen to follow A_p index variations with a magnitude of ~19%, which is much less than the magnitude of the ρ variations (~52%) observed with CHAMP. Therefore, similar to the SSW 2009 event, both $f_o F_2$ and neutral gas density manifest a pronounced depression in the vicinity of the SSW 2008 maximum development not related to EUV nor geomagnetic activity variations.

Ionospheric observations at Rome in January 2008 were developed with the method described in [24] to retrieve aeronomic parameters responsible for the observed $N_m F_2$ variations. The extracted parameters along with observed $N_m F_2$ neutral gas density, and geomagnetic indices are given in Figure 7. MSISE00 model atomic oxygen and exospheric temperature variations are given for the further discussion. Both versions of our method give $[O]_{300}$ variations similar to the MSISE00 model ones with the minimum on 22–23 January following A_p index variations. However, a comparison of 16–17 January to 22–23 January gives a difference of ~49% for the retrieved $[O]$ variations, and only a 16% difference for MSISE00 variations. We remind the reader that MSISE00 is driven by solar and geomagnetic activity indices. This means that the $[O]_{300}$ depression around 22–23 Jan-

uary is only partly due to geomagnetic activity variations, while the main contribution is related to the SSW impact.

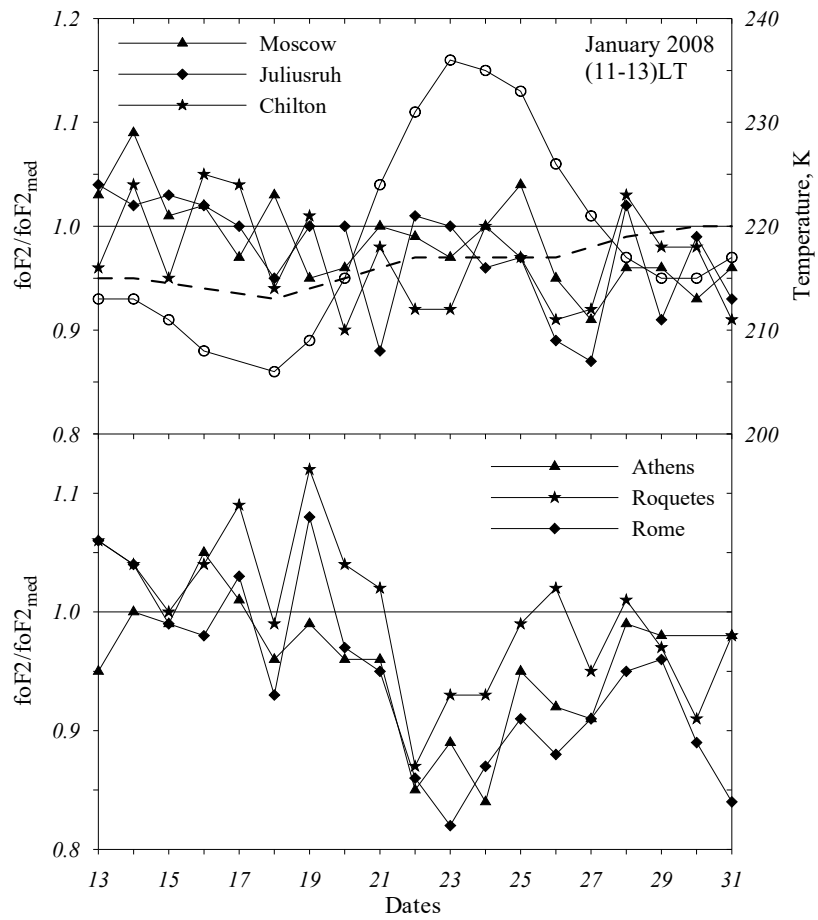


Figure 5. Same as Figure 2 but for the January SSW 2008 event.

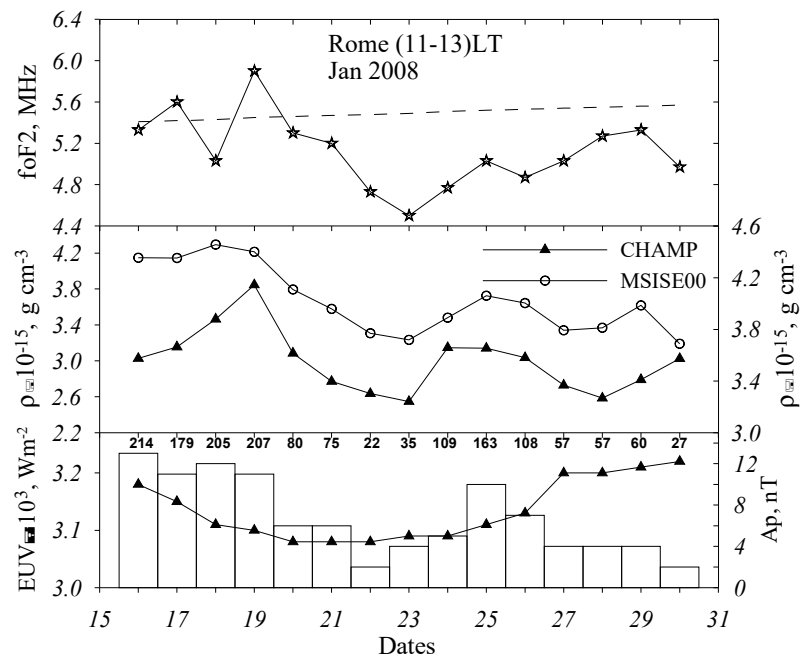


Figure 6. Same as Figure 3 but for the January 2008 SSW event.

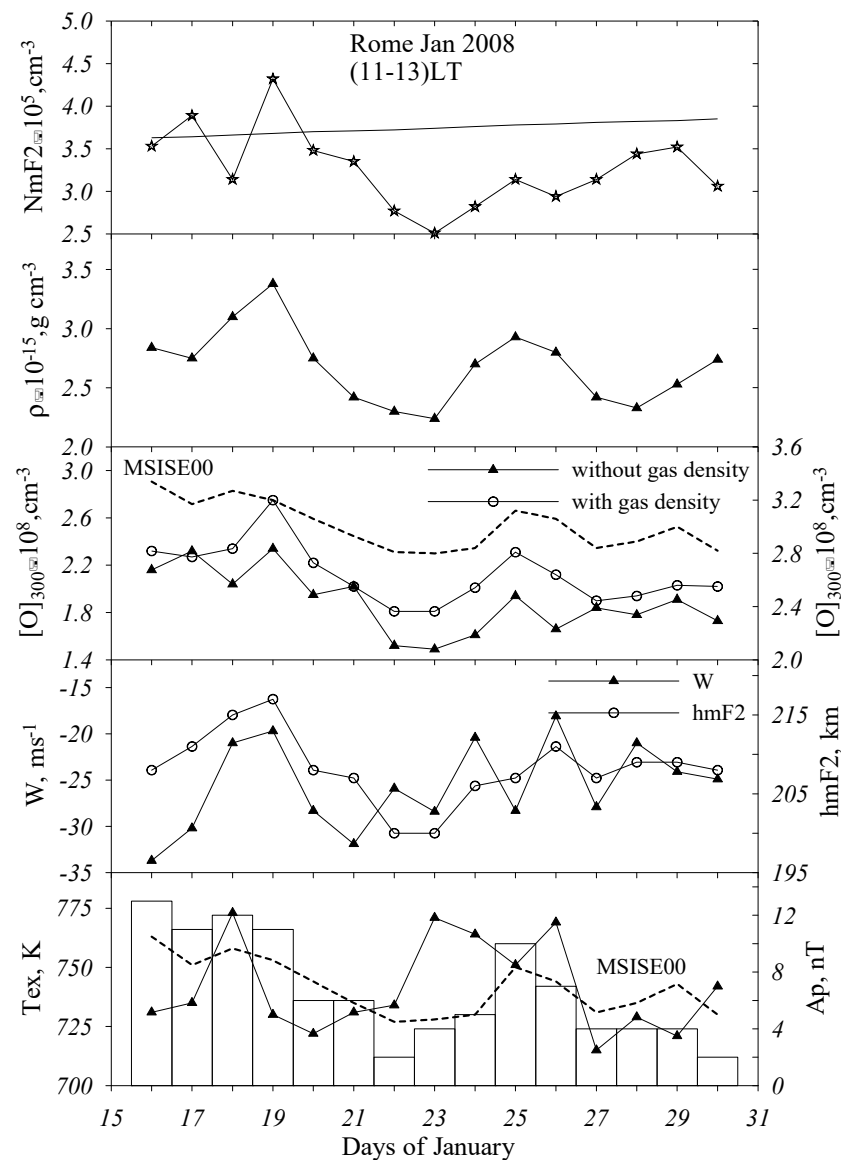


Figure 7. Same as Figure 4 but for the January 2008 SSW event.

Similar to the SSW 2009 results, the correlation coefficient between the observed N_mF_2 and the retrieved $[O]_{300}$ (basic version of the method) is 0.902 ± 0.159 ($R^2 = 0.81$), which is significant at the 99.9% confidence level. This means that $\sim 81\%$ of N_mF_2 variability is related to atomic oxygen variations. The correlation coefficient between $[O]_{300}$ and observed neutral gas density is 0.940 ± 0.099 ($R^2 = 0.88$), i.e., 88% of the neutral gas density variability is explained by atomic oxygen, the rest may be attributed to neutral temperature variations. The undertaken analysis for the SSW 2008 has confirmed the conclusion that atomic oxygen provides the main contribution both to observed N_mF_2 and neutral gas density variations during both SSW events.

The retrieved h_mF_2 manifests a depression around 22–23 January, i.e., close to the maximal development of SSW mainly following vertical plasma drift W variations (Figure 7). Similar result was obtained for the SSW 2009 (Figure 4). Therefore, one may speak about a tendency for the northward thermospheric wind to increase with the SSW development.

The MSISE00 exospheric temperature (Figure 7, bottom panel) does manifest a depression on 22–23 January, which is related to low geomagnetic activity at that time. The retrieved T_{ex} does not follow A_p index variations without a pronounced depression in the vicinity of the SSW maximal development.

3. Interpretation

Both day-to-day and SSW $N_m F_2$ variations were shown to be mainly related to atomic oxygen; however, these [O] variations may be due to different mechanisms. Under the deep solar minimum conditions in question, the rate of the O_2 dissociation by the Schumann-Runge continuum may be considered as practically invariable (see small EUV variations in Tables 1 and 2 and Figure 3). Moreover, the characteristic (e-fold) time of the O_2 dissociation process is $1/J_{O_2} \sim 3$ days above 120 km height [36], while we use day-to-day variations; this implies a very fast redistribution of atomic oxygen. Therefore, there are some ways to change the atomic oxygen abundance in the thermosphere—via upwelling (downwelling), via eddy diffusion variations at the turbopause level and due to the enhancement of the migrating semidiurnal solar tide (SW2) during SSWs [23].

Let us consider the first possibility. Very quiet periods were selected to analyze the day-to-day variations of $f_o F_2$ (Figure 1, Tables 1 and 2) to exclude geomagnetic activity effects as much as possible. However, splashes of auroral activity took place even during such quiet periods and their effects are seen in $f_o F_2$ variations. The analysis of positive and negative (with respect to monthly median) $f_o F_2$ deviations (Figure 1) has shown that they are related to such splashes of auroral activity manifested by daily AE indices given in Tables 1 and 2. Daily AE around 30 nT may be considered as a threshold. Negative $f_o F_2$ deviations correspond to daily AE < 30 nT while positive $f_o F_2$ deviations correspond to AE above this threshold. The only exclusion manifests 16 December 2008 at Rome when a small negative $f_o F_2$ deviation took place under daily AE = 64 nT. However, at Juliusruh, this day is marked by a positive $f_o F_2$ deviation in accordance with the formulated rule.

Such an $f_o F_2$ reaction to auroral activity is in the framework of the mechanism considered in our previous analysis [4] for large Q-disturbances. This mechanism considers global thermospheric circulation as the main driver changing the atomic oxygen abundance. Negative F_2 -layer Q-disturbances are associated with extremely low level of magnetic activity corresponding to the minimal intensity of auroral heating (see the AE indices in Tables 1 and 2). This situation corresponds to an unconstrained solar-driven thermospheric circulation (a strong poleward neutral V_{nx} wind) and to relatively low atomic oxygen concentrations at middle latitudes as this follows from the model simulations [48], Figure 3—low [O] may be related to a moderate upwelling of neutral gas in a wide range of latitudes. The retrieved downward W values for negative Q-disturbance days are larger compared to reference days. A decrease of atomic oxygen is seen both at 300 km (average $[O]_{Qday}/[O]_{ref} = 0.92 \pm 0.07$) and in the column abundance (average $[O]_{Qday}/[O]_{ref} = 0.91 \pm 0.06$).

A similar explanation may be given to positive Q-disturbance cases. Smaller vertical plasma drifts W on Q-disturbed days (Tables 1 and 2) tell us that the northward circulation was damped. This should decrease upwelling, increasing in this way the atomic oxygen abundance in the thermosphere [48,49]. Indeed, the retrieved average $[O]_{Qday}/[O]_{ref}$ ratio at 300 km is 1.14 ± 0.09 and the average $[O]_{Qday}/[O]_{ref}$ ratio for column density is 1.10 ± 0.07 .

Along with this, there is a mechanism based on model simulations [23,50]. According to this mechanism, an enhancement of the migrating semidiurnal solar tide (SW2) is the source of the variability in thermospheric composition. In particular, the enhancement of the SW2 during SSWs alters the lower thermosphere zonal mean circulation, leading to a reduction in atomic oxygen in the lower thermosphere. The efficiency of this mechanism should be yet demonstrated and confirmed at a quantitative level, for instance, how does it describe quiet time F_2 -layer disturbances? Furthermore, available $N_m F_2$ and satellite (CHAMP, GRACE) neutral gas density observations during SSW events could be successfully used to check the efficiency of this mechanism not qualitatively but quantitatively.

During the SSW 2009 and 2008 events, the day-to-day $f_o F_2$ variations overlapped with the long-term $f_o F_2$ variation with a well-pronounced depression in the vicinity of the SSW maximum development on 24 January (Figures 2 and 5). Unlike the day-to-day $f_o F_2$ variations, which as a rule do not correlate at different stations separated in longitude and latitude, the smoothed long-term $f_o F_2$ variation is in-phase at all stations in question

(Figure 2), confirming the global-scale SSW occurrence. It seems that the magnitude of the F₂-layer reaction depends on the intensity (major or minor) SSW event (cf. Figures 2 and 5).

The retrieved decrease of atomic oxygen abundance may be related to an increase of eddy diffusion during the SSW event [42,51]. The idea to use eddy diffusion to change the thermospheric neutral composition is not new [52–54]. Theoretically, it was shown that the maximal value of the time average eddy diffusion coefficient in the thermosphere cannot exceed 3×10^6 cm²/s [55] and this was confirmed experimentally—the annual mean eddy diffusion coefficient is $\sim 4 \times 10^6$ cm²/s at 85–100 km [56]; the same estimate was obtained earlier in [52].

The calculated column content of atomic oxygen, [O]_{col}, at Rome exhibits interesting variations (Figure 8). Until 16 January, [O]_{col} manifested large day-to-day variations but later, [O]_{col} reached a stable level of $(7.16 \pm 0.22) \times 10^{17}$ cm⁻² which was kept until the end of the period in question. Juliusruh manifested a similar type of [O]_{col} variations. Model MSISE00, driven by solar and geomagnetic activity indices, exhibited quite different [O]_{col} variations for the same period (Figure 8). Such [O]_{col} variations may be interpreted in terms of the eddy diffusion mechanism. Theoretically, it was shown that the maximum value of the eddy diffusion coefficient was limited from above [55]; therefore, the plateau in [O]_{col} variations after January 15 (Figure 8) may be related to the maximal K_{edd} reached in the course of the SSW 2009 event.

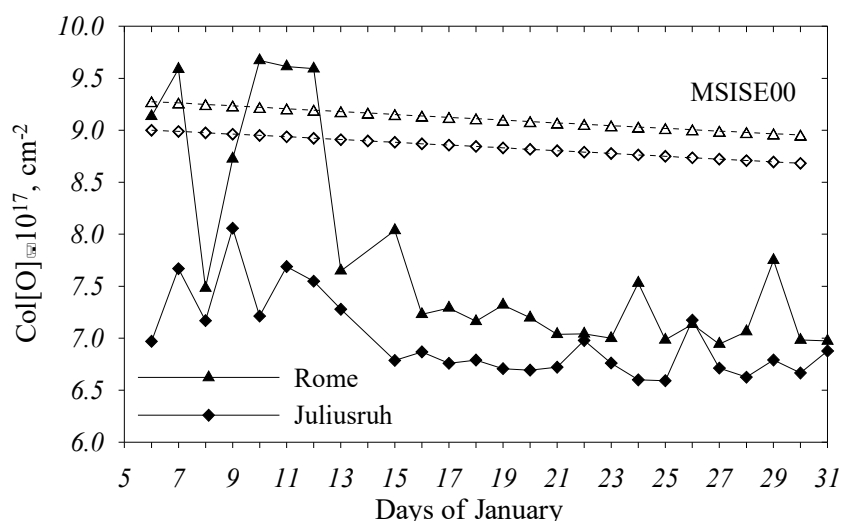


Figure 8. Retrieved column atomic oxygen abundance at Rome and Juliusruh in January 2009. Model MSISE00 variations are given with open symbols.

The eddy diffusion mechanism of decreasing the atomic oxygen abundance during the SSW 2009 is confirmed by observations in the ionospheric D-region. The intensification of eddy diffusion reduces [O] in the thermosphere; on the other hand, this increases the transfer of nitric oxide NO from the lower thermosphere to D-region heights [57,58]. Nitric oxide is efficiently ionized by a strong H_{ly} emission increasing electron concentration in the D-region [59]. The effects of the major sudden stratospheric warming event of 2009 on the subionospheric very low frequency/low frequency (VLF/LF) radio signals propagating in the Earth-ionosphere waveguide over the North Atlantic and North Pacific regions in the Northern Hemisphere were presented by [60]. An increase of the signal amplitude at daytime was observed during the SSW event compared to normal days. Model simulations have shown that an increase of electron density and collision frequency from the standard IRI-model produce higher daytime VLF amplitude. The authors related this electron density increase in the lower ionosphere with downward plasma motion during the SSW period. Of course, this is impossible because plasma at D-region heights is strictly in photo-chemical equilibrium and cannot be transferred.

The eddy diffusion mechanism qualitatively also explains the thermosphere cooling around the peak of SSW (Figure 4). According to [61], vertically propagating internal gravity waves induce a downward transfer of heat from regions of wave dissipation, and this may result in a net cooling of the upper atmosphere. The mechanism of thermospheric cooling via eddy diffusion was also used in [62] to explain an inversion of neutral temperature in the lower thermosphere.

4. Discussion

The analysis of day-to-day f_oF_2 variations during the deep solar minimum in 2008–2009 has confirmed our previous results [4] that both positive and negative f_oF_2 deviations are due to atomic oxygen variations presumably related to day-to-day changes in the thermospheric circulation. The selection of deep solar minimum for our analysis has excluded the effects related to solar EUV variations. Indeed, the observed total ionizing solar flux [25] was practically constant manifesting very small day-to-day variations. Despite very low levels of magnetic activity, individual splashes seen in AE indices took place during the period in question, and daily $AE > 30$ nT (as a threshold) was sufficient to alter the global solar driven circulation pattern resulting in its turn in changes of the atomic oxygen abundance. Therefore, the controlling role of auroral (geomagnetic) activity in f_oF_2 day-to-day variations is seen even under deep solar minimum. This is an interesting result telling us that the term ‘magnetically quiet conditions’ has a relative sense depending on the level of solar activity in question. The same daily $Ap = 11$ nT on 26 January 2009 will correspond quiet conditions under solar maximum, but has resulted in large deviations in thermospheric parameters during deep solar minimum (Figure 4). Figure 1 shows that pronounced f_oF_2 variations took place under even lower level ($Ap = 3–5$ nT) of geomagnetic activity. This peculiarity was mentioned earlier in [63], where it was shown that at fixed heights, magnetic activity would have a larger relative effect on the neutral density under solar minimum due to smaller-scale heights. Nevertheless, one may think that pure meteorological effects (i.e., not related to solar and geomagnetic activity) in day-to-day f_oF_2 variations related to planetary and gravity waves do exist, but a special selection of days with zero 3h-ap indices are required for such analysis and this is a task for future.

A major SSW in January 2009 should be considered as a lucky case to study pure meteorological impact on the thermosphere and ionosphere, as solar and geomagnetic activity was at the lowest level and observed long-term (for 2–3 weeks) perturbations of the upper atmosphere parameters should be attributed to the impact from below. Well-pronounced statistically significant effects have been observed in the ionosphere [17–20,23,64].

TEC, often used in SSW analyses, is an integral ionospheric characteristic which includes the plasmaspheric part not related by any means to the underlying F_2 -region; therefore, any physical interpretation of TEC variations is complicated and ambiguous. From this point of view, an analysis of $Ne(h)$ profiles looks more preferable. However, different methods of analysis applied to the same COSMIC observations during the SSW 2009 event gave different morphological results. For instance, the authors [19] have revealed increases and decreases in N_mF_2 in different latitude/longitude and LT sectors. In particular, a (10–20)% N_mF_2 increase during daytime hours was found in the European sector analyzed in our paper. The authors in [20], analyzing COSMIC observations for the SSW 2009 event, have confirmed the global response of the ionosphere to this SSW event. They have revealed that the peak density (N_mF_2), peak height (h_mF_2) and ionospheric total electron content (ITEC) increase by 19%, 12 km and 17% in the morning (08–13) LT hours and decrease by 23%, 19 km and 25% in the afternoon. The COSMIC f_oF_2 and h_mF_2 observations considered in [18] for the period of SSW in January 2009 revealed a global mean electron density response: f_oF_2 manifested a decrease of 0.7–0.8 MHz, while the reduction in h_mF_2 was on average of 10–12 km.

Obviously, the results are strongly dependent on the selected background the deviations are counted from. It is not that easy to select a correct background level using RO satellite observations bearing in mind that deviations in f_oF_2 and h_mF_2 may not be large.

The analysis is simpler using local (not global) ground-based ionospheric observations. Taking f_oF_2 observations over some solar cycles for (30–70) years, it is possible (see Introduction) to derive at a particular ionospheric station a climatologic empirical f_oF_2 model which can be used as a background for a given month and level of solar activity. The results obtained on this way may be more confident.

Figure 9 illustrates diurnal f_oF_2 variations at Rome for days preceding and during the SSW 2008 and 2009 events (see also Figures 3 and 6). Days preceding SSWs are marked by f_oF_2 , which are larger than or close to the monthly median values during daytime hours. However, days in the vicinity of the SSW maximum development (21 January 2009 and 23 January 2008) manifest a well-pronounced f_oF_2 depression with the minimum around noontime. Both days demonstrate similar variations during early morning and daytime hours with f_oF_2 lower median values contrary to the pattern revealed by [19,20]. Days 27 January 2009 and 29 January 2008 also manifest decreased f_oF_2 during all daytime hours. Our analysis has shown that f_oF_2 decrease on SSW days is due to a decrease in the atomic oxygen abundance—the main after EUV contributor to N_mF_2 in the upper atmosphere. This decrease in [O] is confirmed by a decrease in observed neutral gas density (Figures 4 and 7). Under low [O] and strong downward plasma drifts (Figures 4 and 7), it is impossible to have increased f_oF_2 at middle latitudes during daytime, as mentioned by [19,20].

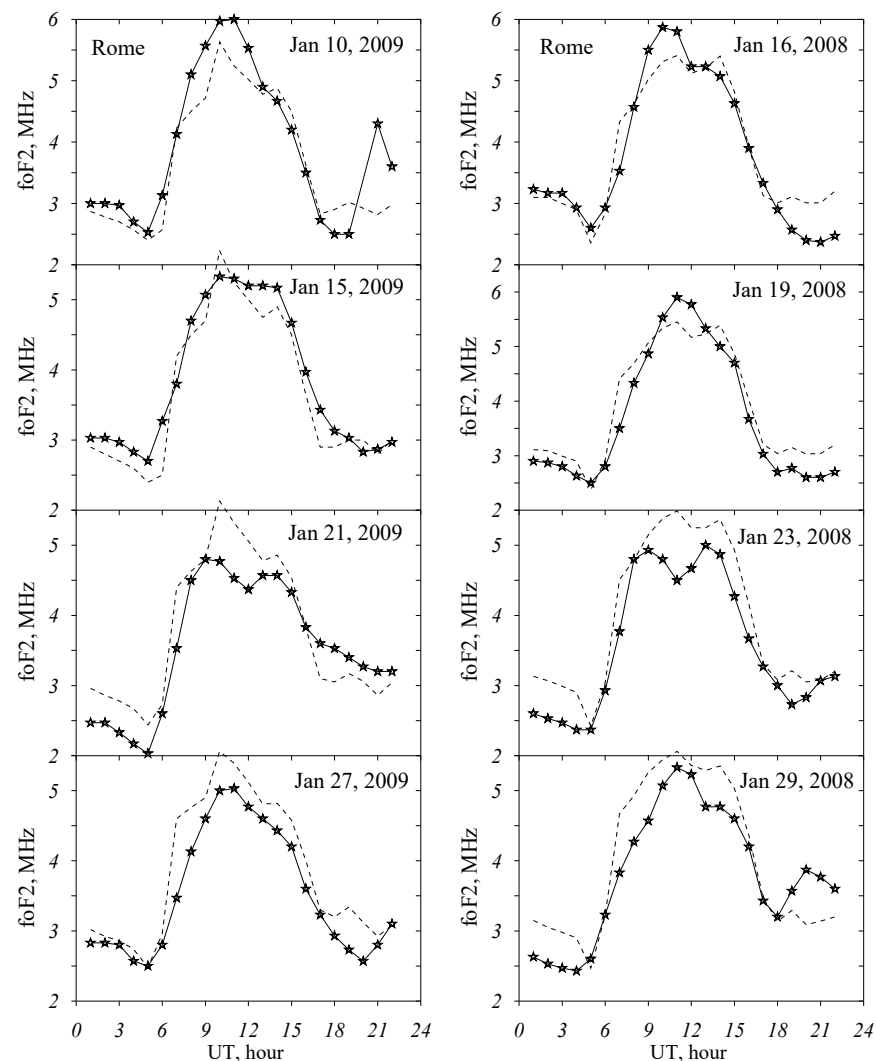


Figure 9. Observed averaged over (11–13) LT f_oF_2 variations (asterisks) in a comparison with model monthly medians (dashes) at Rome for the events of SSW 2009 and 2008.

The major SSW 2009 event was also analyzed in [21] using CHAMP observations. Firstly, it should be stressed that, as revealed in [21], the decrease in neutral gas density and electron concentration at 325 km height is a real manifestation of SSW impact on the upper atmosphere, contrary to the opinion described in [22]. The effects of geomagnetic activity were too small in January 2009 to explain the observed variations in thermospheric parameters. Figures 3, 4 and 8 clearly show that MSISE00, which is driven by solar and geomagnetic activity indices, is unable to describe the variations of thermospheric parameters during the SSW 2009 event. The other issue is the interpretation of the observed effects. The authors in [21] have related the Ne decrease to thermospheric cooling and a decrease of plasma scale height. On the one hand, plasma scale height depends on plasma temperatures (T_e and T_i) rather than on neutral temperature, T_n . Ion temperature, T_i , is close to T_n only below 200–250 km, while electron temperature T_e is always larger than T_n at F-region heights (see for reference Millstone Hill ISR observations). On the other hand, N_mF_2 , which is mapped to the topside mainly follows the constant pressure level [65] during daytime, manifesting a weak dependence on neutral temperature. Therefore, the observed with CHAMP Ne decrease in the F_2 -layer topside just reflects the N_mF_2 decrease at middle and lower latitudes. In the vicinity of the geomagnetic equator, this N_mF_2 decrease is due to counter electrojet [66,67] with downward ExB plasma drift during daytime hours; an additional N_mF_2 decrease is related to a reduced atomic oxygen concentration manifested in low neutral gas density, which is also observed with CHAMP for the SSW 2009 event.

The undertaken analysis of the N_mF_2 depression at middle latitudes during the SSW in 2009 and 2008 has shown that this depression is due to a reduction of the atomic oxygen concentration in the upper atmosphere. We are speaking not about a decrease of [O] at F_2 -region heights, which may be partly related to a decrease in neutral temperature, which also does take place during SSW 2009 (Figure 4), but about a decrease of the column abundance of atomic oxygen (Figure 8), which is independent from the temperature profile. This decrease of atomic oxygen is also responsible for the decrease of neutral gas density observed with CHAMP. Therefore, a mechanism of the atomic oxygen reduction during SSW events is a crucial issue.

Model simulations with TIE-GCM for the periods of SSWs have shown that the N_mF_2 decrease coincides with a depletion of thermospheric [O]/[N₂], indicating that the N_mF_2 depletion is related to changes in thermospheric composition during SSWs [23]. The enhancement of the SW2 during SSWs alters the lower thermosphere zonal mean circulation, leading to a reduction in atomic oxygen in the lower thermosphere. This is an interesting and promising result. Moreover, the authors hypothesize that significant tidal variability during other time periods will have a similar impact on the ionosphere-thermosphere mean state. This means that the suggested mechanism could be used to explain day-to-day N_mF_2 variations. In any case, the mechanism requires a serious testing with a quantitative comparison to real N_mF_2 and satellite neutral gas density observations during SSWs periods. A comparison given in [23] indicates a difference in N_mF_2 by a factor of 2 between the model and observations and this is too much to accept the proposed mechanism as an explanation for the decrease in the atomic oxygen abundance. Moreover, the proposed mechanism should explain an increase of electron density at D-region heights during SSWs according to [60] observations.

A plausible explanation has been considered in [42]. The intensity of gravity waves increases during SSWs, e.g., Refs. [68,69]. The dissipation of upward propagating gravity waves in the mesosphere and lower thermosphere generates turbulence (eddy diffusion), which induces both a downward transport of heat and atomic oxygen. Although these effects of eddy diffusion are well-known, the application of this mechanism to explain the observed neutral gas density and N_mF_2 variations during SSW events should be considered as a proper step. Our analysis seems to confirm this approach. Figure 8 shows that the atomic oxygen column content decreases in the beginning of the SSW event, then reaches the plateau after 15 January and keeps this level until the end of the period in question.

This plateau may tell us that the intensity of eddy diffusion has reached its maximum in accordance with the theoretical consideration [55] and any further decrease of atomic oxygen does not take place.

Usually observed decrease of thermospheric neutral gas density during SSWs is prescribed to corresponding decrease in neutral temperature [21,42], the thermospheric MSISE00 model [43] is used for such reduction. Neutral gas density at a given height depends both on neutral composition and temperature. Our analysis has shown that ~80% (SSW 2009) and ~88% (SSW 2009) of neutral gas density variability at the Rome location is explained by atomic oxygen variations, which is the main contributor to ρ at the height of CHAMP measurements in Europe (January 2008–2009); the rest may be attributed to neutral temperature variations. Therefore, a 50-K drop of neutral temperature used in [21] to explain the observed 30–45% decrease in neutral gas density should be considered as an overestimation.

On the other hand, up to now, we have not had any direct confirmations of the reduction of atomic oxygen abundance during SSWs. Recent Global-Scale Observations of the Limb and Disk (GOLD) have revealed a 10% depletion in the O/N₂ column density during the SSW event in early January 2019 [45]. The authors stress that the observed O/N₂ column-density ratio depletion is not caused by geomagnetic activity variations. Although the authors in [45] described the O/N₂ column density depletion, in fact, we are dealing with a pure reduction of the atomic oxygen abundance. It is well-known that N₂ distribution in the thermosphere is close to a barometric distribution. On the one hand, N₂ is a chemically inactive gas; on the other hand, its distribution is not practically affected by eddy diffusion, since the molecular weight of N₂ is about the same as the average molecular weight of the mixed atmosphere, see, e.g., [53]. According to the method described in [70], the O/N₂ column-density ratio is in reference to an N₂ column density 10¹⁷ cm⁻². In the case of the SSW event in 2009, this level does not exhibit strong variations at Rome, located at a (133 ± 1) km altitude.

In this case, the column [O]/[N₂] ratio just follows the column [O] variations (Figure 10). The retrieved column [O]/[N₂] ratio manifests a ~50% depletion, i.e., larger than what was observed for the SSW 2019 event [37]. The observations in [45] may be considered as an experimental confirmation to our results on the atomic oxygen depletion during SSWs. However, these observations only tell us that the atomic oxygen abundance does decrease in the course of SSWs, but they do not tell us anything about the mechanism of this [O] depletion, which is discussed in [45].

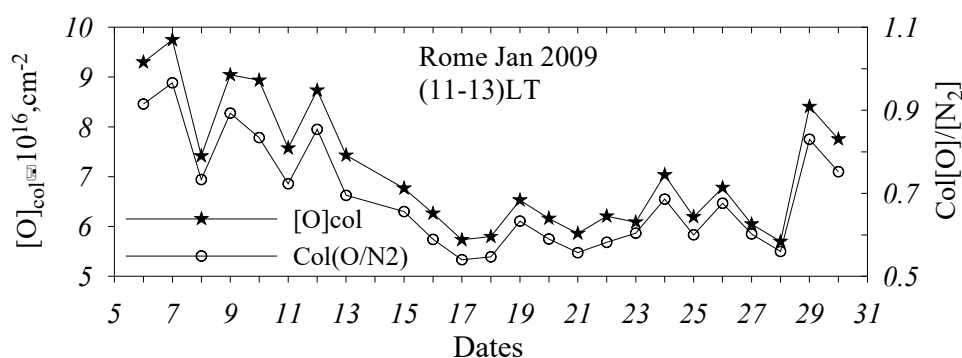


Figure 10. The retrieved column atomic oxygen density and column [O]/[N₂] ratio, both in reference to an N₂ column density of 10¹⁷ cm⁻².

5. Conclusions

European near-noon ionosonde observations were analyzed during the period deep solar minimum in 2008–2009 to reveal f_oF₂ deviations not related to solar and geomagnetic activity variations. Day-to-day and long-term f_oF₂ variations during the SSW in 2009 and 2008 were analyzed to understand the formation mechanisms of the observed f_oF₂

deviations. The original method [24] was applied to ionospheric observations to retrieve aeronomic parameters responsible for the observed f_oF_2 variations. The obtained results may be summarized as follows.

1. Day-to-day quiet time f_oF_2 perturbations are mainly due to atomic oxygen variations. Days with negative f_oF_2 deviations correspond to a decreased atomic oxygen abundance both at 300 km (average $[O]/[O]_{ref} = 0.92 \pm 0.07$) and in the column—average $[O]/[O]_{ref} = 0.91 \pm 0.06$. Positive f_oF_2 deviations correspond to average $[O]/[O]_{ref} = 1.14 \pm 0.09$ at 300 km and $[O]/[O]_{ref} = 1.10 \pm 0.07$ in the column density.
2. Some contribution to day-to-day f_oF_2 variations provides vertical plasma drift W , which is more positive (a weaker poleward thermospheric neutral wind) for days with positive f_oF_2 deviations, while downward W is stronger for days with negative f_oF_2 deviations. Therefore, days with positive f_oF_2 deviations manifest larger h_mF_2 and vice versa due to a strong h_mF_2 dependence on W .
3. Despite very low geomagnetic activity, splashes of auroral activity seen in AE index variations took place during the analyzed periods. Negative f_oF_2 deviations correspond to daily AE < 30 nT, while positive f_oF_2 deviations correspond to daily AE above this threshold. Physically low geomagnetic activity (AE < 30 nT) corresponds to low auroral heating. The latter corresponds to an unconstrained solar-driven thermospheric circulation with a strong poleward thermospheric neutral wind V_{nx} and to a relatively low atomic oxygen concentration at middle latitudes due to upwelling [48]. Both factors (low $[O]$ and strong downward plasma drift $W = V_{nx} \sin I \cos I$) decrease N_mF_2 , resulting in negative F_2 -layer disturbances. On the contrary, enhanced geomagnetic activity (AE > 30 nT) with increased auroral heating damps the northward circulation during daytime hours, increasing the atomic oxygen abundance at middle latitudes due to less intensive upwelling. Both factors increase N_mF_2 , resulting in positive F_2 -layer disturbances. Therefore, the controlling role of geomagnetic activity in f_oF_2 day-to-day variations is seen even under deep solar minimum.
4. In accordance with earlier published results, mid-latitude ionospheric stations manifest a pronounced f_oF_2 depression during the SSW 2009 and 2008 events with the magnitude of f_oF_2/f_oF_{2med} ratio increasing towards the equator. The retrieved h_mF_2 also demonstrate a decrease of 10–15 km with the minimum reached close to the maximal phase of the SSW development.
5. Both the neutral gas density and retrieved atomic oxygen observed with CHAMP manifest a pronounced depression during the SSW events in January 2009 and 2008. The correlation coefficient between the retrieved $[O]_{300}$ and observed neutral density is 0.892 ± 0.134 ($R^2 \sim 0.80$) for SSW 2009 and 0.940 ± 0.099 ($R^2 \sim 0.88$) for SSW 2008. This means that (80–88)% of neutral gas density variability can be explained by atomic oxygen variations; the rest may be attributed to neutral temperature variations. The correlation coefficient between observed N_mF_2 and the retrieved $[O]_{300}$ is 0.840 ± 0.192 ($R^2 = 0.71$) for SSW 2009 and 0.902 ± 0.159 ($R^2 \sim 0.81$), i.e., $\sim(70\text{--}80)\%$ of N_mF_2 variability is related to atomic oxygen variations. MSISE00, which is driven by solar ($F_{10.7}$) and geomagnetic (A_p) indices, predicts very small $[O]_{300}$ variations without any depression in the vicinity of the maximal phase of the SSW development.
6. The undertaken analysis has shown the leading role of atomic oxygen in neutral gas density and N_mF_2 variations in the course of SSW. An experimental support to this result provides recent GOLD observations [45]. For the first time, a 10% depletion was directly observed in the O/N_2 column density during the SSW event in early January 2019, and this O/N_2 decrease was not caused by geomagnetic activity.
7. An intensification of eddy diffusion during SSW events is suggested as a mechanism to explain a decrease of the atomic oxygen abundance and a related decrease in neutral gas density and in N_mF_2 . An indirect confirmation to the eddy diffusion mechanism may serve an increase of the electron concentration in the ionospheric D-region during the SSW 2009 [60]. The increase of Ne may be related to the NO transfer from the lower thermosphere to D-region heights.

Author Contributions: Conceptualization, A.V.M.; methodology, A.V.M.; software, A.V.M. and L.P.; ionosonde and satellite data preparation, L.P. and A.A.N.; writing, A.V.M., L.P. and A.A.N. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by INGV Project Pianeta Dinamico (CUP D53J19000170001) fund by MIUR (law 145/2018)—Task XX.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: In this study, we used the following observational data ionosonde data from Rome accessible from <http://www.eswua.ingv.it/> and Juliusruh accessible from GIRO database <http://giro.uml.edu/>; satellite data from CHAMP accessible from <ftp://anonymous@isdctftp.gfz-potsdam.de/champ/>; EUV observations from <http://lasp.colorado.edu/lisird/>). Derived results are stored in an internal INGV archive data and can be requested by contacting the first author

Acknowledgments: The Rome ionospheric data are kindly provided by INGV (<http://www.eswua.ingv.it/>). The authors thank the GFZ German Research Center for CHAMP data (<ftp://anonymous@isdctftp.gfz-potsdam.de/champ/>) and Woods for EUV observations (<http://lasp.colorado.edu/lisird/>).

Conflicts of Interest: The authors declare no conflict of interest.

References

- Mikhailov, A.V. Morphology of quiet time F2-layer disturbances: High and lower latitudes. *Int. J. Geomagn. Aeron.* **2004**, *5*, 1006. [\[CrossRef\]](#)
- Mikhailov, A.V.; Depueva, A.H.; Depuev, V.H. Daytime F2-layer negative storm effect: What is the difference between storm-induced and Q-disturbance events? *Ann. Geophys.* **2007**, *25*, 1531–1541. [\[CrossRef\]](#)
- Mikhailov, A.V.; Depuev, V.K.; Depueva, A.K. Synchronous NmF2 and NmE daytime variations as a key to the mechanism of quiet-time F2-layer disturbances. *Ann. Geophys.* **2007**, *25*, 483–493. [\[CrossRef\]](#)
- Perrone, L.; Mikhailov, A.V.; Nusinov, A.A. Daytime mid-latitude F₂-layer Q-disturbances: A formation mechanism. *Sci. Rep.* **2020**, *10*, 9997. Available online: <https://www.nature.com/articles/s41598-020-66134-2> (accessed on 14 April 2021). [\[CrossRef\]](#) [\[PubMed\]](#)
- Forbes, J.; Zhang, X. Quasi 2-day oscillation of the ionosphere: A statistical study. *J. Atmos. Solar-Terr. Phys.* **1997**, *59*, 1025–1034. [\[CrossRef\]](#)
- Forbes, J.M.; Palo, S.E.; Zhang, X. Variability of the ionosphere. *J. Atmos. Solar-Terr. Phys.* **2000**, *62*, 685–693. [\[CrossRef\]](#)
- Rishbeth, H.; Mendillo, M. Patterns of F2-layer variability. *J. Atmos. Solar-Terr. Phys.* **2001**, *63*, 1661–1680. [\[CrossRef\]](#)
- Rishbeth, H. F-region links with the lower atmosphere? *J. Atmos. Solar-Terr. Phys.* **2006**, *68*, 469–478. [\[CrossRef\]](#)
- Fuller-Rowell, T.J.; Codrescu, M.; Wilkinson, P. Quantitative modelling of the ionospheric response to geomagnetic activity. *Ann. Geophys.* **2000**, *18*, 766–781. [\[CrossRef\]](#)
- Danilov, A.D. Meteorological control of the D-region. *Ionos. Res.* **1986**, *39*, 33–42. (In Russian)
- Kazimirovsky, E.; Herraiz, M.; De La Morena, B.A. Effects on the Ionosphere Due to Phenomena Occurring Below it. *Surv. Geophys.* **2003**, *24*, 139–184. [\[CrossRef\]](#)
- Lašt'ovička, J.; Križan, P.; Šauli, P.; Novotna, D. Persistence of the planetary wave type oscillations in foF2 over Europe. *Ann. Geophys.* **2003**, *21*, 1543–1552. [\[CrossRef\]](#)
- Altadill, D.; Apostolov, E.M.; Boška, J.; Lašt'ovička, J.; Šauli, P. Planetary and gravity wave signatures in the F-region ionosphere with impact to radio propagation predictions and variability. *Ann. Geophys.* **2004**, *47*, 1109–1119.
- Nwankwo, V.U.; Chakrabarti, S.K. Effects of space weather on the ionosphere and LEO satellites' orbital trajectory in equatorial, low and middle latitude. *Adv. Space Res.* **2018**, *61*, 1880–1889. [\[CrossRef\]](#)
- Altadill, D.; Sole, J.G.; Apostolov, E.M. First observation of quasi-2-day oscillations in ionospheric plasma frequency at fixed heights. *Ann. Geophys.* **1998**, *16*, 609–617. [\[CrossRef\]](#)
- Goncharenko, L.; Zhang, S.-R. Ionospheric signatures of sudden stratospheric warming: Ion temperature at middle latitude. *Geophys. Res. Lett.* **2008**, *35*. [\[CrossRef\]](#)
- Goncharenko, L.P.; Chau, J.L.; Liu, H.-L.; Coster, A.J. Unexpected connections between the stratosphere and ionosphere. *Geophys. Res. Lett.* **2010**, *37*, L10101. [\[CrossRef\]](#)
- Pancheva, D.; Mukhtarov, P. Stratospheric warmings: The atmosphere–ionosphere coupling paradigm. *J. Atmos. Solar-Terr. Phys.* **2011**, *73*, 1697–1702. [\[CrossRef\]](#)
- Oyama, K.; Jhou, J.T.; Lin, J.T.; Lin, C.C.H.; Liu, H.; Yumoto, K. Ionospheric response to 2009 sudden stratospheric warming in the Northern Hemisphere. *J. Geophys. Res. Space Phys.* **2014**, *119*, 10260–10275. [\[CrossRef\]](#)
- Yue, X.; Schreiner, W.S.; Lei, J.; Rocken, C.; Hunt, D.C.; Kuo, Y.-H.; Wan, W. Global ionospheric response observed by COSMIC satellites during the January 2009 stratospheric sudden warming event. *J. Geophys. Res. Space Phys.* **2010**, *115*, A00G09. [\[CrossRef\]](#)

21. Liu, H.; Doornbos, E.; Yamamoto, M.; Ram, S.T. Strong thermospheric cooling during the 2009 major stratosphere warming. *Geophys. Res. Lett.* **2011**, *38*. [[CrossRef](#)]
22. Fuller-Rowell, T.; Akmaev, R.; Wu, F.; Fedrizzi, M.; Viereck, R.A.; Wang, H. Did the January 2009 sudden stratospheric warming cool or warm the thermosphere? *Geophys. Res. Lett.* **2011**, *38*, L18104. [[CrossRef](#)]
23. Pedatella, N.M.; Richmond, A.D.; Maute, A.; Liu, H.-L. Impact of semidiurnal tidal variability during SSWs on the mean state of the ionosphere and thermosphere. *J. Geophys. Res. Space Phys.* **2016**, *121*, 8077–8088. [[CrossRef](#)]
24. Perrone, L.; Mikhailov, A.V. A New Method to Retrieve Thermospheric Parameters From Daytime Bottom-Side Ne(h) Observations. *J. Geophys. Res. Space Phys.* **2018**, *123*, 10200–10212. [[CrossRef](#)]
25. Woods, T.N.; Eparvier, F.G.; Harder, J.; Snow, M. Decoupling Solar Variability and Instrument Trends Using the Multiple Same-Irradiance-Level (MuSIL) Analysis Technique. *Sol. Phys.* **2018**, *293*, 76. [[CrossRef](#)] [[PubMed](#)]
26. Wrenn, G.; Rodger, A.; Rishbeth, H. Geomagnetic storms in the Antarctic F-region. I. Diurnal and seasonal patterns for main phase effects. *J. Atmos. Terr. Phys.* **1987**, *49*, 901–913. [[CrossRef](#)]
27. Perrone, L.; Pietrella, M.; Zolesi, B. A prediction model of foF2 over periods of severe geomagnetic activity. *Adv. Space Res.* **2007**, *39*, 674–680. [[CrossRef](#)]
28. Pietrella, M.; Perrone, L. A local ionospheric model for forecasting the critical frequency of the F2 layer during disturbed geomagnetic and ionospheric conditions. *Ann. Geophys.* **2008**, *26*, 323–334. [[CrossRef](#)]
29. Pietrella, M. A short-term ionospheric forecasting empirical regional model (IFERM) to predict the critical frequency of the F2 layer during moderate, disturbed, and very disturbed geomagnetic conditions over the European area. *Ann. Geophys.* **2012**, *30*, 343–355. [[CrossRef](#)]
30. Shubin, V.N.; Annakuliev, S.K. Ionospheric storm negative phase model at middle latitudes. *Geomag. Aeronom.* **1995**, *35*, 363–369.
31. Araujo-Pradere, E.A.; Fuller-Rowell, T.J.; Codrescu, M.V. STORM: An empirical storm-time ionospheric correction model 1. Model description. *Radio Sci.* **2002**, *37*, 1070. [[CrossRef](#)]
32. Mikhailov, A.V.; Perrone, L. A method for foF2 short-term (1–24 h) forecast using both historical and real-time foF2 observations over European stations: EUROMAP model. *Radio Sci.* **2014**, *49*, 253–270. [[CrossRef](#)]
33. Turner, J.F. The Development of the Ionospheric Index T, IPS Series R, Report, R11, Sydney. 1968.
34. Caruana, J. The IPS monthly T index, Solar-Terrestrial Predictions. *Proc. Workshop Leura Aust. Oct.* **1990**, *16–20*, 257–263.
35. Reinisch, B.W.; Galkin, I.A.; Khmyrov, G.; Kozlov, A.; Kitrosser, D.F. Automated collection and dissemination of ionospheric data from the digisonde network. *Adv. Radio Sci.* **2004**, *2*, 241–247. [[CrossRef](#)]
36. Banks, P.M.; Kockarts, G. *Aeronomy*; Academic Press: New York, NY, USA; London, UK, 1973.
37. Richards, P.G.; Fennelly, J.A.; Torr, D.G. EUVAC: A solar EUV flux model for aeronomic calculations. *J. Geophys. Res.* **1994**, *99*, 8981–8992. [[CrossRef](#)]
38. Mikhailov, A.V.; Skoblin, M.G.; Förster, M. Day-time F2-layer positive storm effect at middle and lower latitudes. *Ann. Geophys.* **1995**, *13*, 532–540. [[CrossRef](#)]
39. Perrone, L.; Mikhailov, A.V.; Scotto, C.; Sabbagh, D. Testing of the Method Retrieving a Consistent Set of Aeronomic Parameters With Millstone Hill ISR Noontime $h_m F_2$ Observations. *IEEE Geosci. Remote. Sens. Lett.* **2020**, *1–3*. [[CrossRef](#)]
40. Andrews, D.; Holton, J.R.; Leovy, C.B. Stratospheric sudden warmings. In *Middle Atmosphere Dynamics*; Elsevier: New York, NY, USA, 1987; pp. 259–294.
41. Matsuno, T. A Dynamical Model of the Stratospheric Sudden Warming. *J. Atmos. Sci.* **1971**, *28*, 1479–1494. [[CrossRef](#)]
42. Yamazaki, Y.; Kosch, M.J.; Emmert, J.T. Evidence for stratospheric sudden warming effects on the upper thermosphere derived from satellite orbital decay data during 1967–2013. *Geophys. Res. Lett.* **2015**, *42*, 6180–6188. [[CrossRef](#)]
43. Picone, J.M.; Hedin, A.E.; Drob, D.P.; Aikin, A.C. NRLMSISE-00 empirical model of the atmosphere: Statistical comparisons and scientific issues. *J. Geophys. Res. Space Phys.* **2002**, *107*, 1468. [[CrossRef](#)]
44. Pedatella, N.M.; Maute, A. Impact of the semidiurnal lunar tide on the midlatitude thermospheric wind and ionosphere during sudden stratosphere warmings. *J. Geophys. Res. Space Phys.* **2015**, *120*, 10740–10753. [[CrossRef](#)]
45. Oberheide, J.; Pedatella, N.M.; Gan, Q.; Kumari, K.; Burns, A.G.; Eastes, R.W. Thermospheric Composition O/N Response to an Altered Meridional Mean Circulation During Sudden Stratospheric Warmings Observed by GOLD. *Geophys. Res. Lett.* **2020**, *47*, e2019GL086313. [[CrossRef](#)]
46. Ivanov-Kholodny, G.S.; Mikhailov, A.V. *The Prediction of Ionospheric Conditions*; D. Reidel Publishing Company Dordrecht: Dordrecht, The Netherlands, 1986.
47. Chau, J.L.; Aponte, N.A.; Cabassa, E.; Sulzer, M.P.; Goncharenko, L.; Gonzalez, S.A. Quiet time ionospheric variability over Arecibo during sudden stratospheric warming events. *J. Geophys. Res. Space Phys.* **2010**, *115*, A00G06. [[CrossRef](#)]
48. Rishbeth, H.; Müller-Wodarg, I.C.F. Vertical circulation and thermospheric composition: A modelling study. *Ann. Geophysicae.* **1999**, *17*, 794–805. [[CrossRef](#)]
49. Rishbeth, H. How the thermospheric circulation affects the ionospheric F2-layer. *J. Atmos. Solar-Terr. Phys.* **1998**, *60*, 1385–1402. [[CrossRef](#)]
50. Yamazaki, Y.; Richmond, A.D. A theory of ionospheric response to upward-propagating tides: Electrodynamical effects and tidal mixing effects. *J. Geophys. Res. Space Phys.* **2013**, *118*, 5891–5905. [[CrossRef](#)]
51. Lindzen, R.S. Turbulence and stress owing to gravity wave and tidal breakdown. *J. Geophys. Res. Space Phys.* **1981**, *86*, 9707–9714. [[CrossRef](#)]

52. Colegrove, F.D.; Hanson, W.B.; Johnson, F.S. Eddy diffusion and oxygen transport in the lower thermosphere. *J. Geophys. Res. Space Phys.* **1965**, *70*, 4931–4941. [[CrossRef](#)]
53. Shimazaki, T. Effective eddy diffusion coefficient and atmospheric composition in the lower thermosphere. *J. Atmos. Terr. Phys.* **1971**, *33*, 1383–1401. [[CrossRef](#)]
54. Schuchardt, K.G.H.; Blum, P.W. Correlation between the homopause height and density variations in the upper atmospheres. *Space Res.* **1977**, *13*, 335–340.
55. Gordiets, B.F.; Kulikov, Y.N.; Markov, M.N.; Marov, M.Y. Numerical modelling of the thermospheric heat budget. *J. Geophys. Res. Space Phys.* **1982**, *87*, 4504. [[CrossRef](#)]
56. Liu, A.Z. Estimate eddy diffusion coefficients from gravity wave vertical momentum and heat fluxes. *Geophys. Res. Lett.* **2009**, *36*, L08806. [[CrossRef](#)]
57. Brasseur, G.; Nicolet, M. Chemospheric processes of nitric oxide in the mesosphere and stratosphere. *Planet. Space Sci.* **1973**, *21*, 939–961. [[CrossRef](#)]
58. Richards, P.G. On the increases in nitric oxide density at midlatitudes during ionospheric storms. *J. Geophys. Res. Space Phys.* **2004**, *109*, A06304. [[CrossRef](#)]
59. Whitten, R.C.; Poppoff, I.G. *Fundamentals of Aeronomy*; J. Wiley & Sons, Inc.: New York, NY, USA; London, UK; Sydney, Australia; Toronto, ON, Canada, 1971.
60. Pal, S.; Hobara, Y.; Chakrabarti, S.K.; Schnoor, P.W. Effects of the major sudden stratospheric warming event of 2009 on the subionospheric very low frequency/low frequency radio signals. *J. Geophys. Res. Space Phys.* **2017**, *122*, 7555–7566. [[CrossRef](#)]
61. Walterscheid, R.L. Dynamical cooling induced by dissipating internal gravity waves. *Geophys. Res. Lett.* **1981**, *8*, 1235–1238. [[CrossRef](#)]
62. Kolesnik, A.G.; Korolev, S.S.; Pasyukov, S.G. About temperature inversion of the thermosphere. *Geomag. Aeron.* **1982**, *22*, 435–439. (In Russian)
63. Emmert, J.T.; Picone, J.M. Climatology of globally averaged thermospheric mass density. *J. Geophys. Res. Space Phys.* **2010**, *115*, A09326. [[CrossRef](#)]
64. Gupta, S.; Upadhyaya, A.K. Morphology of ionospheric F2 region variability associated with sudden stratospheric warmings. *J. Geophys. Res. Space Phys.* **2017**, *122*, 7798–7826. [[CrossRef](#)]
65. Rishbeth, H.; Edwards, R. The isobaric F2-layer. *J. Atmos. Terr. Phys.* **1989**, *51*, 321–338. [[CrossRef](#)]
66. Vineeth, C.; Pant, T.K.; Sridharan, R. Equatorial counter electrojets and polar stratospheric sudden warmings—A classical example of high latitude–low latitude coupling? *Ann. Geophys.* **2009**, *27*, 3147–3153. [[CrossRef](#)]
67. Yamazaki, Y. Solar and lunar ionospheric electrodynamic effects during stratospheric sudden warmings. *J. Atmos. Solar-Terr. Phys.* **2014**, *119*, 138–146. [[CrossRef](#)]
68. Hoffmann, P.; Singer, W.; Keuer, D.; Hocking, W.; Kunze, M.; Murayama, Y. Latitudinal and longitudinal variability of mesospheric winds and temperatures during stratospheric warming events. *J. Atmos. Solar-Terr. Phys.* **2007**, *69*, 2355–2366. [[CrossRef](#)]
69. Yamashita, C.; Liu, H.-L.; Chu, X. Gravity wave variations during the 2009 stratospheric sudden warming as revealed by ECMWF-T799 and observations. *Geophys. Res. Lett.* **2010**, *37*, L22806. [[CrossRef](#)]
70. Strickland, D.J.; Evans, J.S.; Paxton, L.J. Satellite remote sensing of thermospheric O/N₂ and solar EUV 1. Theory. *J. Geophys. Res.* **1995**, *100*, 12217–12226. [[CrossRef](#)]