



Article Desertification Mitigation in Northern China Was Promoted by Climate Drivers after 2000

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Abstract: Desertification greatly threatens the ecological environment and sustainable development over approximately 30% of global land. In this study, the contributions of climate drivers and human activity in shaping the desertification process from 1984 to 2014 were quantified in the desertification-prone region (DPR) in Northern China (NC) by employing net primary productivity (NPP) as a proxy. The results reveal that 72.74% of the DPR experienced desertification mitigation and 27.26% experienced exacerbation. Climate drivers acted as primary drivers, contributing to both the mitigation (47.2%) and exacerbation (48.5%) of desertification, while human activity also played a crucial role, with contributions of 39.6% to mitigation and 41.0% to exacerbation of desertification. Furthermore, a shift in desertification dynamics emerged around 2000, with climate drivers promoting the mitigation process (66.8%), and precipitation was a dominant climatic factor for the mitigation of desertification after 2000, which was related to internal atmospheric variability. This study highlights changes in the contributions of different factors to desertification, underscoring the need for policy adjustment to attain sustainable land management in NC.

Keywords: climatic drivers; human activity; desertification; Northern China; atmospheric circulation

1. Introduction

Desertification is a land degradation phenomenon, where the biological potential of land is reduced or destroyed [1,2]. Land degradation covers approximately 30% of global land, with around 3 billion people residing in affected areas [3]. Desertification not only leads to the loss of biodiversity in ecosystems but also significantly affects the food security, health, and economic incomes of local residents, thereby impacting sustainable development in contemporary society. The impacts of desertification on human survival and social progress are increasing in light of climate change [4]. Therefore, determining how to mitigate desertification is a major challenge in sustainable development [5–8], for which understanding the causes of desertification is fundamental.

Desertification refers to land degradation caused by climate change and human activity [9–11]. Climate change dominates desertification through drought and changes in carbon dioxide levels, gradually causing sustained changes in ecosystems [12–15]. Human activity, such as excessive cultivation, increased grazing, deforestation, and other practices, reaches a turning point in ecosystem functionality, ultimately causing desertification (e.g., [16–18]). In past decades, the physical mechanism of desertification development, the related ecohydrological process, and its relationship with human activity were clarified effectively [7,9,11,13,19–22]. However, due to the different proxies used to measure



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Copyright: © 2024 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). desertification and different periods focused, the contributions of different factors to desertification in the past remain uncertain [23–25]. For example, results based on an ensemble of ecosystem models suggested that the effect of CO_2 fertilization is the main cause of desertification mitigation [26]. However, an observation-based attribution study indicated that anthropogenic climate change has driven more than five million square kilometers of drylands towards desertification around the world [16]. In semi-arid alpine mountains, low elevation areas have a high risk of desertification expansion due to grazing [27]. Furthermore, based on observations of high-resolution satellite data and a global probability-based sample, it was determined that 60% of the change in global land cover could be attributed to anthropogenic land-use practices, while the residual 40% stemmed from a confluence of other factors, including climate drivers [28]. Thus, quantifying the contribution of human activity and climate drivers still needs further investigation.

China is severely impacted by desertification [29,30]. The total area of land undergoing desertification in China has escalated to 2.62 million km², accounting for 27.33% of the country's aggregate landmass. The majority of the desertification is concentrated in Northern China (NC) [31]. Desertification in NC has changed over the past several decades, with mitigation and exacerbation not occurring uniformly [32]. As an important factor contributing to desertification, the climate in NC has experienced interdecadal variability. The desertification region is sensitive and vulnerable to climate change. Over the arid region of NC, except for human agricultural activities and ecological water conveyance, precipitation is the main factor driving the spatial distribution of desertification [33]. Rapid global warming has led to increases in the frequency and intensity of extreme precipitation and droughts, further increasing the risk of desertification [34,35]. Climate driver (such as precipitation, temperature) variations are linked to the changes in atmospheric circulation. Studies have demonstrated that Northeast China experienced a noticeable increase in temperature starting in the mid-1990s, accompanied by interdecadal changes in largescale circulation marked by a high-pressure anomaly [36–38]. Along with the temperature rising, observations revealed a significant interdecadal transition in Northwest China's summer precipitation after the late 1980s, with increases in the amount and intensity of precipitation [39,40]. Studies also indicated that desertification increased in NC prior to the 1990s and subsequently underwent a reversal [41,42]. However, how atmospheric circulation is linked to the impacts of climate drivers on desertification remains unclear. Additionally, various ecological restoration projects were implemented, including the Three-North Shelter Forest Program and Grain-for-Green. These major ecological projects were also implemented in different regions and at different times [43,44]. Therefore, the impacts of climate drivers and human activity on desertification may have varied during different periods. However, under the background of climate change, the contributions of climate drivers and human activity to desertification in NC in different periods should be further explored.

This study focused on two aspects: What were the contributions of climate drivers and human activity to the desertification process in NC over the past decades? What were the dominant factors that drove desertification during different periods and the mechanism behind desertification? To answer these questions, this study utilized remote sensing data and meteorological datasets to analyze desertification. The methodology involved a quantitative analysis using statistical models and remote sensing techniques to assess contributions to desertification changes. Then, this study identified the primary drivers of desertification evolution, separating natural and anthropogenic factors, which was aimed at deepening our understanding of the mechanism of desertification evolution. This paper concludes with a discussion of the mechanisms underlying these drivers based on the attribution results.

2. Dataset and Methodology

2.1. Study Area

This study focused on the desertification-prone region (DPR) in NC (Figure 1), which was zoned according to a study by Wang et al. [35]. The DPR extends from central Asia in the west to northeastern China in the east and primarily comprises sandy areas, with annual rainfall amounts below 400 mm. Based on vegetation coverage, these areas can be further classified as mobile, semi-mobile, semi-anchored, and anchored sandy lands. These areas are highly susceptible to climate change and human activities if the productivity of sandy land decreases, resulting in aeolian desertification and a fragile ecology [45]. However, almost all sandy areas have been used to meet subsistence needs [29], which further increases the risk of desertification in these areas. More information about DPR can be found in the Supplementary Materials (Note S1).



Figure 1. Location and subregions of the desertification-prone region (DPR) in NC.

2.2. Data Sources

Net primary productivity (NPP) is the net amount of organic carbon sequestered via photosynthesis and serves as a sensitive indicator reflecting the impacts of climate change and human activities [46]. Considering a decrease in plant biomass as a partial indication of land degradation, changes in NPP were considered a proxy for desertification in this study, as NPP has been widely used to assess desertification (e.g., [47–50]). In this study, NPP was calculated using the Carnegie–Ames–Stanford Approach (CASA) model, which relies on remote sensing (the normalized difference vegetation index (NDVI) and land cover data) and meteorological datasets. Specific information related to the data can be found in Table 1.

Data	Source	Spatial Resolution	Temporal Resolution
NDVI	Advanced Very High-Resolution Radiometer (AVHRR) $1/12^{\circ}$		15 days
Land cover	The multi-period land-use land cover remote sensing monitoring dataset for China [51]	30 m	-
Solar radiation	High spatial resolution (10 km) surface solar radiation dataset with by merging sunshine hours over China [52]	10 km	Monthly

Data	Source	Spatial Resolution	Temporal Resolution	
Precipitation	The Global Precipitation Climatology Centre	0.25°	Monthly	
Evapotranspiration	The Global Land Evaporation Amsterdam Model (GLEAM)	0.25°	Monthly	
Wind speed		0.25°	Monthly	
Near-surface air temperature	The European Centre for Medium-Range Weather Forecasts			
Potential evapotranspiration	Reanalysis v5 (ERA5)			
NPP (for validate)	The Global Land Surface Satellite (GLASS)	500 m	8 days	
Pacific Decadal Oscillation (PDO) index	The National Centers for		Monthly	
Atlantic Multidecadal Oscillation (AMO) index	Environmental Information	-		
Population	The Global Human Settlement Layer (GHSL) [53]	30''	5 years	
Cropland	The 30 m annual cropland dataset of China [54]	30 m	Yearly	

Table 1. Cont.

The NDVI data were derived from NOAA AVHRR satellite data, with outputs generated twice a month. The AVHRR NDVI has undergone intercalibration and corrections for atmospheric effects, cloud cover, and biases from the drift of satellite orbital [55]. It is regarded as the most reliable dataset for long-term NDVI trend analysis [56] and effectively represents vegetation conditions in China [57]. Monthly NDVI data were generated by applying a maximum-value compositing procedure to merge the 15-day data. The land-use data were obtained from a 1:10-scale multi-period thematic land-use database with manual visual interpretation, using Landsat remote sensing imagery data from the United States Landsat satellite as the main source of information. The solar radiation data were the result of fusing meteorological station datasets and the ISCCP-HXG cloud product through geo-weighted regression, and they had higher accuracy in long-term trend modeling than the ISCCP-HXG, GEWEX-SRB, and CMSAF-CLARA-A2 satellite radiation products [52]. The GPCC precipitation was based on quality-controlled data from 67,200 stations around the world with records lasting 10 years or more. The evapotranspiration data from the GLEAM maximized the recovery of evaporation information contained in current satellite observations of climate and environmental variables. ERA5 is currently commonly used for meteorological reanalysis. The GLASS NPP is based on the GLASS GPP algorithm, which is uniquely suited to reproducing inter-annual variability [58], and it is also mostly applied to the validation of NPP calculated by other models (i.e., CASA model) [59,60]. To ensure temporal consistency and spatial comparability, the study period was set from 1984 to 2014, and all above data were interpolated onto a $0.25^{\circ} \times 0.25^{\circ}$ grid by bilinear interpolation. The Pacific Decadal Oscillation (PDO) was defined by the empirical orthogonal function leading pattern of sea surface temperature anomalies in the North Pacific basin (typically, polewards from 20°N), and the Atlantic Multi-Decadal Oscillation (AMO) was identified based on the average anomalies of sea surface temperatures in the North Atlantic basin, typically over 0–80°N. As important factors affecting global climate change, the PDO and AMO have greatly impacted climate change in NC [61]. Population data were derived from raw global census data, then harmonized and disaggregated into grid cells based on the distribution, classification, and build-up of each corresponding decade as mapped

2.3. Methods

In this study, we studied desertification using trends in three NPP factors that were representative of the roles of different factors. A flowchart of the methodological approach is shown in Figure S1. The CASA model was employed to calculate the actual NPP (ANPP). The CASA model is an ecological model that utilizes satellite, meteorological, and surface data to estimate light-use efficiency [62,63]. This model has been extensively employed in China [64–66]. ANPP represents NPP from climatic factors and human activities and is essentially equivalent to the NPP from the GLASS based on Taylor scores [67], Pearson's correlation coefficient, linear fitting, etc. (Figure S3).

In the CASA model, ANPP is calculated by converting the absorbed photosynthetically active radiation (*APAR*, $g C MJ^{-1}$) into plant biomass:

$$ANPP(x,t) = APAR(x,t) \times \varepsilon(x,t)$$
(1)

where $\varepsilon(x, t)$ denotes light-use efficiency, the spatial location is denoted by x, and t denotes time. More detailed calculations of *APAR* and ε and the parameter settings can be found in the Supplementary Materials (Method S1).

This study calculated a potential NPP (PNPP) that was generated only from climate drivers using the modified Thornthwaite memorial model [68,69]. The calculation of PNPP was expressed as follows:

$$PNPP(x,t) = 3000 \times \left[1 - e^{-0.0009695(V(x,t) - 20)}\right]$$
(2)

where V(x, t) stands for the average annual actual evapotranspiration (mm). A detailed calculation of PNPP is presented in the Supplementary Materials (Method S2).

The human-induced loss of NPP (HNPP), which reflects the impacts of human activities on vegetation productivity, is defined as the difference between *PNPP* and *ANPP*:

$$HNPP = PNPP - ANPP \tag{3}$$

A flowchart of the implementation details of the CASA and modified Thornthwaite models used to calculate ANPP, PNPP, and HNPP can be seen in the Supplementary Materials (Figure S2).

The impacts of climate drivers and human activity on NPP can be attributed according to the linear trends (*S*) of NPP, i.e., ANPP (S_{ANPP}), PNPP (S_{PNPP}), and HNPP (S_{HNPP}), which are calculated as follows:

$$S = \frac{\left(\sum_{i=1}^{n} i \times NPP_{i}\right) - \sum_{i=1}^{n} i \times \frac{1}{n} \sum_{i=1}^{n} NPP_{i}}{\sum_{i=1}^{n} i^{2} - n\left(\frac{1}{n} \sum_{i=1}^{n} NPP_{i}\right)^{2}}$$
(4)

where *i* represents the sequential numbering of years, commencing with 1 for the year 1984, 2 for the year 1985, and so on (i = 1, 2, ..., 31), aligning with the study period. *NPP_i* symbolizes the NPP value for the *i*th year.

Generally, a positive trend in ANPP ($S_{ANPP} > 0$) means that desertification mitigation occurred, while a negative S_{ANPP} ($S_{ANPP} < 0$) indicates that vegetation degradation and desertification exacerbation occurred. A positive S_{PNPP} ($S_{PNPP} > 0$) indicates that climate drivers benefited vegetation growth and contributed to desertification mitigation, whereas a negative S_{HNPP} ($S_{HNPP} < 0$) means a decrease in human-induced vegetation deterioration; in other words, human activity contributed to desertification mitigation and vice versa. Detailed criteria for assessing desertification mitigation or exacerbation and the contributions of climate drivers and human activity are outlined in Table 2.

Desertification Trend	S _{ANPP}	S_{PNPP}	S _{HNPP}	Dominant Factors
Mitigation	>0	<0	<0	Human activity
		>0	>0	Climate drivers
		>0	<0	Two factors
Exacerbation	<0	<0	<0	Climate drivers
		>0	>0	Human activity
		<0	>0	Two factors

Table 2. Criteria determining the impacts of climate drivers and human activity, both individually and in combination, on the mitigation and exacerbation of desertification.

2.4. Empirical Orthogonal Function (EOF) Decomposition

To explore the dominant modes of NPP change, empirical orthogonal function (EOF) decomposition was also performed for the NPP data. EOF analysis is a statistical technique used to understand spatiotemporal patterns in data [70]. Through EOF analysis, most of the changes in the variable field could be represented by a small number of modes, the dependence of each mode was tested according to the criterion suggested by North et al. [71], and the first mode was selected for analysis in this study.

3. Results

3.1. Attributions of Historical Desertification in NC during the Period from 1984 to 2014

Validation of the CASA model's feasibility in calculating NPP was first carried out by comparing it with GLASS data, which showed that the CASA model can effectively re-produce the variations in NPP across space and time in the DPR of NC (Figure S3). The spatial distribution of NPP in the DPR of NC is displayed in Figure 2. The annual mean NPP from the GLASS could reach 39.41 g C m⁻², and it increased from the southwest to the northeast (Figure 2A). The ANPP calculated using the CASA model exhibited a similar spatial pattern (Figure 2B). The average PNPP could reach 242.89 g C m⁻² yr⁻¹, with its distribution also decreasing from the northeast to the southwest (Figure 2C). In the regions of Juggar and Ala Shan, the annual mean PNPP surpassed the ANPP by wide margins, reaching 264.38 g C m⁻² and 258.9 g C m⁻², indicating that vegetation recovery in these areas had not yet reached the ecosystem's carrying capacity. Conversely, the PNPP was relatively low in Tarim and Qinghai, measuring less than 75 g C m⁻² yr⁻¹. In addition, the annual mean HNPP was larger than 100 g C m⁻² in central and eastern Inner Mongolia and Juggar, which implies that human activities greatly influenced desertification in these regions.

To evaluate the changes in desertification in NC, Figure 3 shows the linear trends for NPP from 1984 to 2014. Both the NPP from the GLASS and the ANPP calculated using the CASA model exhibited increasing trends in most regions of the DPR in NC over the past three decades, demonstrating the mitigation of desertification (Figure 3A,B). Conversely, in Hulunbuir, Otindag, and Horqin, the ANPP showed significant decreases, signifying the exacerbation of desertification in these areas. For the trends in PNPP (Figure 3C), a similar pattern of linear trends was observed in the desertification mitigation regions, indicating that climate drivers were the dominant factor in mitigating desertification from 1984 to 2014. The trends in PNPP also revealed a distinct difference in vegetation responses to climate drivers between the eastern and western regions of the DPR of NC. Additionally, HNPP changes generally exhibited a similar trend pattern to those caused by climate drivers (Figure 3D); in other words, human activity played the opposite role in desertification in NC. Specifically, the negative trend for HNPP in central and eastern Inner Mongolia (Ordos, Otindag, Horqin, and Hulunbuir) and south Xinjiang (Tarim) means that human activity supported ecological restoration and desertification mitigation. In Hexi Corridor, Qinghai, and north Xinjiang (Juggar), a positive trend for HNPP indicates that human activity decreased ecological restoration and led to the exacerbation of desertification.



Figure 2. Spatial distributions of the annual mean (**A**) NPP from the GLASS, (**B**) ANPP, (**C**) PNPP, and (**D**) HNPP. All values are averages during the period from 1984 to 2014.



Figure 3. Spatial distributions of the linear trends for (**A**) NPP from the GLASS, (**B**) ANPP, (**C**) PNPP, and (**D**) HNPP during the period from 1984 to 2014. The black dots represent grid values that are significant at the 95% confidence level.

As indicated by the linear trend of NPP, overall, 72.74% of the DPR in NC exhibited mitigation of desertification (SANPP > 0). These areas were primarily situated in Juggar, Tarim, Qinghai, Ala Shan, Hexi Corridor, and Ordos (see inset in Figure 4A). Meanwhile, 27.26% of the area experienced an exacerbation of desertification, specifically Otindag and Horqin (see inset in Figure 4B). To further quantify the effects of climate drivers and hu-man activity on desertification in NC, according to the judgement criteria (Table 2), the contributions of climate drivers accounted for 47.2% of the mitigation of desertification in NC, while 39.6% of the mitigation was attributed to human activity, and the remaining 13.2% was influenced by both human activities and climate drivers (Figure 4A). There were large spatial differences in the predominant factors that mitigated desertification, with climate drivers emerging as the principal factor in the northwestern DPR (Juggar, Qinghai, Ala Shan, and Hexi Corridor), while human activity dominated in the eastern DPR (Ordos, Hulunbuir, Otindag, and Horqin). For the exacerbation of desertification, climate drivers accounted for 48.5% of the area, while human activity accounted for 41.03%. Specifically, desertification exacerbation dominated by climate drivers was primarily concentrated in Tarim, Otindag, and Horqin, whereas desertification exacerbation due to human activity was scattered across the western DPR in NC.



Figure 4. Different factors (human activity, climate drivers, and both) affected the (**A**) mitigation and (**B**) exacerbation of desertification during the period from 1984 to 2014. The inset figures in (**A**,**B**) represent the total areas of desertification mitigation and exacerbation, respectively, and the pie charts represent the contributions of each factor.

3.2. Shift in Desertification after 2000 in NC

Studies suggested that a reversal of desertification occurred around 2000 [72–74]. Additionally, climatic factors, such as the near-surface air temperature, precipitation, and wind speed, have exhibited dramatic interdecadal variability [75–77]. Therefore, it was necessary to further analyze whether the impacts of climate drivers and human activity on desertification in NC have changed over the past three decades.

As illustrated by the empirical orthogonal function (EOF) decomposition of NPP (Figure 5A), the spatial mode of NPP variability showed an east-west reversal pattern, with the explained variance of the first leading mode of the EOF (EOF1) accounting for 34.65% of the total. The principal component (PC1) of EOF1 showed temporal turning around the year 2000 (Figure 5B). Such a decadal shift was consistent with previous studies [42,78,79]. To further analyze the desertification shift around the 2000s in NC, a comparison of the spatial patterns of the linear trends in NPP between the periods of 1984-2000 and 2001-2014 is shown in Figure 6. The NPP growth rate greatly increased after 2000 (Figure 6A,B). Similar changes appeared for ANPP except in the northeastern DPR, i.e., the Ordos, Horqin, and Hulunbuir regions (Figure 6C,D). This may have been due to missing data in the Hulunbuir region, uncertainties introduced by the methodology of directly extrapolating ANPP from the long-term NDVI, or the degradation of the AVHRR sensors assimilated by the GLASS [80,81]. The changes in NPP and ANPP corresponded to an opposite change in PNPP, which exhibited noteworthy decreases in most regions before 2000 and remarkable increases thereafter (Figure 6E,F). Meanwhile, the consistent patterns of change in HNPP (Figure 6G,H) and PNPP suggest opposite contributions of climate drivers and human activity to desertification in the Ordos, Horqin, and Hulunbuir regions. Before 2000, ANPP increased while PNPP decreased, indicating that human activity supported the mitigation of desertification in these regions while climate drivers had a negative effect. After 2000, PNPP showed an increasing trend, reflecting a positive effect of climate drivers on the mitigation of desertification, as reported by Duan et al. [82], Gou et al. [83], and Zhang et al. [84].







Figure 6. The spatial pattern of the linear trends (slopes) for **(A)** NPP, **(B)** ANPP, **(C)** PNPP, and **(D)** HNPP during the periods of **(A,C,E,G)** 1984-2000 and **(B,D,F,H)** 2001–2014. The numbers indicate the trends of the corresponding regional averages, with red representing a positive trend and blue representing a negative trend. ***, **, and * indicate 99%, 95%, and 90% confidence levels, respectively. The black dots represent grid values that are significant at the 95% confidence level.

As shown in Figure 7, desertification-mitigated areas in the DPR of NC increased by 17.89% after 2000 (67.16%) compared to before 2000 (49.27%). The main driving factors were also different. From 1984 to 2000, human activity exhibited a 44.8% contribution to the mitigation of desertification, which decreased to 18.9% from 2001 to 2014 (Figure 7(top,middle bottom)). Conversely, after 2000, the contribution of human activity to the exacerbation of desertification increased to 81.7%, while climate drivers exhibited only a 12.3% contribution (Figure 7(middle top,bottom)). It should be noted that we used ANPP because its algorithms have a physical meaning and it could be compared with PNPP. We also compared the results with those calculated directly based on the GLASS NPP (Figures S4 and S5). The results of the GLASS-based NPP data analyses were generally

consistent with those of the CASA model-based ANPP analyses except for differences in desertification changes up to the year 2000, which may have been due to the inferior mitigation of desertification estimated using ANPP in the Tarim region. The relative influence of climate drivers and human activity on desertification varies across different regions (Figure S6). In the Juggar region, desertification mitigation is primarily driven by climate factors, while human activities dominate desertification exacerbation in this region. In the Tarim region, the dynamics shifted after 2000 from a pattern in which human activity contributed to mitigation while climate drivers led to exacerbation to one in which climate drivers promoted mitigation while human activity contributed to worsening desertification, probably due to human agricultural activities [33]. Desertification dynamics in the Qianghai region are more pronounced than those in Tarim, with climate factors completely dominating mitigation after 2000, while the exacerbation of desertification is entirely due to human activity. For the Ala Shan, Hexi Corridor, and Ordos region, desertification mitigation has mainly been dominated by climate factors, although these factors also dominated deterioration after 2000. Unlike other regions, the Otindag, Horqin, and Hulunbuir region experienced desertification mitigation driven by human activity from 1984 to 2014, even as climate change completely dominated after 2000. Overall, climate drivers played a dominant role in desertification mitigation, while desertification exacerbation was caused by human activity in the DPR of NC after 2000.



Figure 7. Different factors (human activity, climate drivers, and both) affected the mitigation and exacerbation of desertification (**top**,**middle top**) from 1984 to 2000 and (**middle bottom**,**bottom**) from 2001 to 2014. The inset figures represent the total areas of desertification mitigation and exacerbation, and the pie charts represent the contributions of each factor.

4. Discussion

4.1. Effects of Different Climatic Factors

The above analysis indicates that climate drivers promoted the mitigation of desertification in NC after 2000. PNPP can reflect the influence of climate drivers on desertification. Therefore, according to the PNPP algorithm, an examination was conducted to determine the key factors (among the near-surface air temperature, surface evapotranspiration, and precipitation) that dominated the mitigation of desertification in NC after 2000. A rising temperature can increase soil organic carbon turnover and diminish soil productivity [85]. In addition, an increase in the near-surface air temperature can reduce soil moisture in semi-arid regions [86] and trigger soil salinization [87], which exacerbates desertification risk [88]. From 1984 to 2014, the entire DPR in NC experienced a temperature rise (Figure S7A). Meanwhile, surface evapotranspiration increased in most areas of the DPR (Figure S7D), amplifying vegetation water requirements, particularly in irrigated regions, and exacerbating soil erosion risk [89]. Compared to the period from 1984 to 2000 (Figure S7B), the temperature increase was mitigated after 2000 in the DPR of NC (Figure S7C), which may have contributed to the mitigation of desertification. However, after 2000, an increase in surface evapotranspiration occurred in these regions (Figure S7F), likely due to human activities such as farming, over-grazing, and mining [90]. This phenomenon also provides a partial explanation for the contrasting impacts of climate drivers and human activity in these regions. In arid and semi-arid regions, water availability is essential for governing ecosystems [91]. Precipitation has emerged as a dominant factor that influences NPP in these regions [92,93]. During the period from 1984 to 2014, precipitation significantly increased over the middle-western DPR, while it decreased over the western DPR (Figure S7G), consistent with the trends of PNPP (Figure S8). Nevertheless, compared with the precipitation trend from 1984 to 2000 (Figure S7H), precipitation increased in Otindag, Horqin, and Hulunbuir after 2000 (Figure S7I), which favored the mitigation of desertification in these regions. To further quantify the contributions of precipitation (P), evapotranspiration (E), and the near-surface air temperature (T), a method used by Yang et al. [94] was adopted. The terms $\partial PNPP/\partial P$, $\partial PNPP/\partial E$, and $\partial PNPP/\partial T$ are the sensitivities of individual factors (i.e., P, E, and T) to changes in PNPP, and the terms $(\partial PNPP / \partial P) dP$, $(\partial PNPP/\partial E)dE$, and $(\partial PNPP/\partial T)dT$ represent the contributions of P, E, and T, respectively, to changes in PNPP. The details of the method can be seen in the Supplementary Materials (Method S4). As shown in Figure 8, the spatial pattern of the PNPP changes (i.e., the potential tendency for desertification) induced by the changes in precipitation (dP) (i.e., $(\partial PNPP/\partial P)$ dP) indicated a positive contribution of dP to desertification mitigation in most regions (Figure 8A) because the sensitivity of PNPP to change in P (i.e., $(PNPP/\partial P)$) was positive in the DPR (Figure 8B), followed by the change in P (ΔP). Moreover, it is clear that precipitation contributed more than evaporation and temperature (Figure 8D,G). Several studies have suggested that soil moisture is an important factor for vegetation in arid regions, but its impacts show large spatial variability and temporal lag [95–97]. In addition, soil moisture is regulated by precipitation and surface evapotranspiration. Thus, impacts of different climatic factors should reflect the effects of soil moisture.



Figure 8. Attributions of desertification in the DPR to climate factors from 1984 to 2014. (**A**) The contribution of precipitation (*P*) to PNPP change, (**B**) the sensitivity of PNPP to *P*, and (**C**) mean changes (Δ) in *P* (1984–2014). (**D**–**F**) and (**G**–**I**) are the same as (**A**–**C**) but for evapotranspiration (*E*) and temperature (*T*).

4.2. Atmospheric Circulation and Internal Variability

Precipitation was demonstrated to be a dominant factor for desertification by the above analysis, as its variations were tightly linked to changes in atmospheric circulation. To discuss the mechanism behind precipitation variations, we focus on the rainy season from April to September, which constitutes 87% of the total annual precipitation (Figure S9). The sources and transportation of water vapor were examined at 500 hPa and 850 hPa (Figure 9). Precipitation in the Juggar region is influenced by northwestward airflow during the rainy season (Figure 9A,B). Generally, little water vapor reaches the inland arid region through advection, so Juggar primarily relies on the obstruction posed by the tall mountain range for precipitation, which primarily occurs on the northern slopes of the Tianshan Mountain [98]. The Tarim region, encircled by mountain ranges to the west, south, and north, experiences restricted access to water vapor from the westerlies, which consequently leads to limited precipitation. It mainly relies on water vapor transported by low-level (850 hPa) easterly flows from the east side of the Tarim region (Figure 9A). As it is situated in the northeastern part of the Tibetan Plateau, Qinghai primarily receives water vapor for precipitation from the Eurasian landmass via the westerlies and from the northern Indian subcontinent via the Indian summer monsoons [99,100]. The precipitation in Ala Shan, Hexi Corridor, and Ordos is influenced by the westerly trough, which is characterized by a prevailing northwest airflow and low-level (850 hPa) water vapor from the southwest monsoon winds. The Hulunbuir, Otindag, and Horqin regions are located be-hind an aloft westerly trough, which brings water vapor. Regressions of water vapor flux divergence and horizontal wind at 500 hPa and 850 hPa (Figure 9C,D) show that the anomalous east winds over the region from Northeast China to Mongolia support water vapor convergence over Ala Shan, Hexi Corridor, and Ordos but reduce water vapor transport from the upstream regions to Hulunbuir, Otindag, and Horqin. Accompanied by the anomalous northeast winds over the north side of Tianshan Mountain, water vapor convergence increases over Juggar. Meanwhile, the anomalous west winds over eastern Tarim restrain water vapor transport from the east side. Thus, water vapor convergence there decreases. These anomalies of water vapor divergence related to atmospheric circulation anomalies are generally consistent with precipitation trends (Figure 8G), which partly illustrate the causes of precipitation changes.



Figure 9. Spatial distributions of specific humidity (**A**,**B**), water vapor flux divergence (shading) and horizontal wind (vectors) (**C**,**D**), and their regressions against the precipitation series at 850 hPa (left line) and 500 hPa (right line). The black slashes and blue vectors represent grid values that are significant at the 90% confidence level. The dashed boxes are the different areas in the DPR.

Decadal-scale internal climate variability, such as the phases of the PDO and AMO, affects atmospheric circulation patterns. After the 1990s, the AMO shifted from a cold phase to a warm phase, while the PDO transitioned from a warm phase to a cold phase (Figure 10). These changes in oceanic temperature anomaly patterns triggered adjustments in atmospheric circulation and thereby influenced precipitation in NC [101,102]. The

AMO transitioned from a negative phase to a positive phase, which triggered a remotely correlated wave train over Eurasia, an atmospheric fluctuation that can produce opposing climate effects in different regions [103,104]. Over the Mongolian Plateau, this wave train manifests as an anti-cyclonic anomaly [105], which enhances the water vapor transported to the arid region of Northwest China, resulting in increased precipitation [106]. In addition, there is a strong correlation between the annual precipitation in Northwest China and the AMO [107]. During the warm AMO phase, the vertical coupling between the upper-level anti-cyclone and the lower-level low-pressure system facilitates ascending motion in NC, which contributes to increased precipitation. During the cold AMO phase, contrary results were observed [108]. During the cold phases of the PDO, a lower-troposphere anti-cyclonic anomaly is induced over the North Pacific, which leads to wet and warm southeasterly winds and above-normal precipitation over NC [109]. The cold phase of the PDO extends the western Pacific subtropical high westward, weakening the East Asian summer monsoon, which leads to a shift in the position of the East Asian westerly jet, culminating in the emergence of easterly anomalies over East Asia [110]. Additionally, along the edge of the subtropical high, a southwesterly flow supports water vapor transport to NC, resulting in increased precipitation [61]. It should also be recognized that the effect of climate drivers



on NPP is lagged. Thus, the shift in desertification occurred around 2000.

Figure 10. Serial histograms of (A) annual mean PDO and (B) AMO.

4.3. Human Activity in NC

Confronting the serious problem of desertification, the Chinese government has established and implemented a sequence of large-scale environmental and ecological recovery programs since 1978, such as the Three North's Forest Shelterbelt Program and Soil and Water Conservation Program—National [111]. These ecological programs have reduced the area of desertification and greatly increased regional vegetation cover via afforestation [18,112]. Particularly in the southern part of Ordos, desertification was mitigated before 2000 under very unfavorable climatic conditions (Figure 6). This success was attributed to investments by the local government and its management [113]. This also occurred in Horqin [114]. Although the need to combat desertification was already known before 2000, efforts to stop the deteriorating trend had failed (Figure 7). In response to this sustainability emergency, several projects were carried out around 2000, including the Natural Forest Conservation Program and the Grain-for-Green Program, and these programs generally contributed positively to mitigating desertification and controlling dust storms [79,111,115]. Unfortunately, the desertification situations in some regions, such as Otindag and Horqin, were not sustainably improved due to increases in grazing and cropland brought about by the increase in population as well as irrational afforestation [116,117]. The population, which can partly reflect human activity, has been growing in all regions, especially after 2000, and this has been accompanied by a rising share of cropland area (Figure 11). These findings generally support that human activity dominates the desertification exacerbation from 2001 to 2014 (as shown by Figure 7(bottom)). Specifically, in Hulunbuir, Otindag, and Horqin before 2000, the reduction in the area of cropland corresponded to a policy of returning farmland to forests [65,116] and to desertification degradation, which was dominated by human activity (as shown by Figure 7(top)). Therefore, in a situation where desertification is likely to be unceasingly exacerbated in the near future [94], policies suited to local conditions that take into account the driving causes of desertification are needed to achieve sustainable development.



Figure 11. The population and cropland changes in the DPR. (**A**) The entire DPR; (**B**) Juggar; (**C**) Tarim; (**D**) Qinghai; (**E**) Ala Shan, Hexi Corridor, and Ordos; and (**F**) Hulunbuir, Otindag, and Horqin. The blue line represents the population and the red line represents the percentage of the cropland area.

4.4. Limitations

In this study, the evolution of desertification and its cause in the DPR of NC were detected by regarding NPP as a proxy; this approach still has some limitations. Although a decrease in plant biomass as a partial indication of land degradation, desertification is a complex process, and we still need a comprehensive indicator for representing desertification [9]. In addition, this study analyzed the evolution of desertification on a coarse resolution, which might be awkward in areas with complex terrain and underlying surface. Future research should incorporate specific satellite observations to provide more accurate assessments.

Moreover, this study adopts a narrow definition of human activities, focusing only on direct impacts, such as changes in subsurface types, while considering indirect influences,

like greenhouse gas emissions, as climatic factors. This limited perspective may lead to an underestimation of the broader impacts of human activities on desertification.

5. Conclusions

This study employed NPP as a quantitative indicator to monitor the desertification trend from 1984 to 2014 and to assess the relative contributions of climate drivers and human activity. The results show that 72.74% of the total area of the DPR in NC experienced desertification mitigation from 1984 to 2014. These areas were predominantly in the northern and northwestern regions. Meanwhile, the regions with desertification exacerbation accounted for 27.26% of the DPR. This was mainly observed in Otindag. The *S*_{PNPP} and *S*_{HNPP} indicated that climate drivers served as the primary factors influencing the desertification process: they contributed to 47.2% of mitigation and 48.5% of exacerbation, whereas human activity accounted for 39.6% of mitigation and 41.0% of exacerbation. The remaining 13.2% and 10.5% of the area were influenced by both human activity and climate drivers.

A shift in desertification occurred around 2000, with mitigation appearing in most regions. Before 2000, nearly half of the DPR areas (49.27%) experienced mitigation, with human activity having a slightly stronger positive effect (44.8%) compared to climate drivers (40.9%). Since 2000, there has been substantial desertification mitigation (67.16%), with climate drivers becoming the dominant positive factor (66.8%). However, 32.84% of the DPR still experienced desertification exacerbation, of which human activity contributed 81.7%.

In addition to the near-surface air temperature and surface evapotranspiration, precipitation is the primary climatic factor that has promoted the mitigation of desertification in the DPR of NC since 2000. The abnormal easterly winds caused by the phase changes of the AMO and PDO transport additional water vapor over Ala Shan, Hexi Corridor, and Ordos, thereby increasing precipitation, enhancing the climate's ability to affect vegetation, and helping to alleviate desertification, which is also influenced by human activity. While many ecological projects have helped to control its expansion, irrational land use persists. Although the impact of changes in climatic factors is stronger than that of human activity, human activity seems more controllable than climate drivers when changing desertification, even under unfavorable climatic conditions (i.e., increases in both the near-surface air temperature and evapotranspiration and decreases in precipitation), such as the situation in Ordos. Meanwhile, even when climatic conditions are favorable for desertification mitigation, irrational human activities can still cause desertification exacerbation, such as in Horqin.

This study quantified desertification changes in the DPR of NC during the period of 1984–2014 and detected the main causes across different time periods and regions. The research results are beneficial for a deep understanding of desertification and the formation mechanism under the background of climate change, and these also offer a scientific foundation for the targeted management of desertification, with strategies tailored to specific temporal and regional contexts.

Supplementary Materials: The following supporting information can be downloaded at https: //www.mdpi.com/article/10.3390/rs16193706/s1, Method S1: Detailed algorithms of the CASA model; Method S2: Detailed algorithms of the modified Thornthwaite memorial model; Method S3: Taylor skill score; Method S4: Detailed algorithms of the contributions of different climatic factors to PNPP; Note S1: Desertification-prone region (DPR) in Northern China. Figure S1: Flowchart of this study; Figure S2: Detailed flowchart for calculating ANPP, PNPP, and HNPP; Figure S3: The validation of the CASA model by GLASS data; Figure S4: Contribution of factors to desertification change but using Glass NPP; Figure S5: The same as Figure S4 but for different time periods; Figure S6: Contributions of climate change and human activities to different areas. Figure S7: Spatial distribution of temperature evaporation precipitation trends; Figure S8: Scatters of the nearsurface air-temperature, evaporation, and precipitation trend with the NPP, ANPP, and PNPP trend; Figure S9: The monthly precipitation in the DPR. References [1,29,31,35,58,62,118,119] are cited in the Supplementary Materials. **Author Contributions:** Conceptualization, K.Y. and C.W.; methodology, H.L. and K.Y.; software, H.L.; validation, H.L., K.Y. and Y.C.; formal analysis, H.L. and K.Y.; investigation, K.Y. and Y.C.; resources, Z.W. and C.Z.; data curation, H.L. and L.A.; writing—original draft preparation, H.L.; writing—review and editing, K.Y.; visualization, H.L. All authors have read and agreed to the published version of the manuscript.

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