

Supplementary Material

Table S1. Ratings for liking of sandwich and vegetables served to children as lunch.

Food	Liking Rating							
	Yummy		Just Okay		Yucky		Undecided	
	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%
Cheese Sandwich	32	64	6	12	10	20	2	4
Carrot	29	58	6	12	15	30	0	0
Cherry Tomatoes	18	36	3	6	24	48	5	10
Cucumber	25	50	3	6	20	40	2	4
Red Pepper	18	36	3	6	29	58	0	0

Methodology: Food Liking (n=50). The majority of the children (64%) rated the cheese sandwich as 'yummy' (Table S1). Children predominantly rated carrot and cucumber as 'yummy' (58% and 50% respectively) and red pepper and cherry tomatoes as 'yucky' (58% and 48% respectively).