

## **Supplementary Material**

### **Non-Cholesterol Sterol Concentrations as Biomarkers for Cholesterol Absorption and Synthesis in Different Metabolic Disorders: A Systematic Review**

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**Table 1.** Serum non-cholesterol sterol markers in subjects with gestational diabetes.

		Sitosterol		Campesterol		Cholestanol		Lathosterol		Desmosterol	
Miettinen, 2014 [53]	1 <sup>st</sup> trimester										
	Cases ( <i>n</i> = 22)	0.78	=	1.59	=	1.39	=	1.54	=	0.72	=
	Controls ( <i>n</i> = 30)	0.90		1.74		1.47		1.30		0.76	
	2 <sup>nd</sup> trimester Cases ( <i>n</i> = 22)	0.86	=	1.74	=	1.80	=	1.44	=	0.75	=
	Controls ( <i>n</i> = 30)	0.97		1.89		1.81		1.32		0.75	
	3 <sup>rd</sup> trimester Cases ( <i>n</i> = 22)	0.85	=	1.67	=	2.62	=	1.33	=	0.82	=
	Controls ( <i>n</i> = 30)	0.92		1.75		2.51		1.33		0.90	
	6 weeks PP Cases ( <i>n</i> = 22)	0.85	=	1.82	=	1.49	=	1.27	=	1.10	=
	Controls ( <i>n</i> = 30)	1.00		1.92		1.54		1.29		1.13	
	6 months PP Cases ( <i>n</i> = 22)	0.91	=	1.87	=	1.40	=	1.55	=	0.94	=
	Controls ( <i>n</i> = 30)	0.99		1.93		1.41		1.42		0.89	
	12 weeks PP Cases ( <i>n</i> = 22)	0.91	=	1.86	=	1.38	=	1.37	=	0.85	=
	Controls ( <i>n</i> = 30)	0.96		1.92		1.45		1.21		0.74	

Values are mean and expressed in  $\mu\text{mol}/\text{mmoL}$  cholesterol. Non-cholesterol markers are not-significantly different (=) between cases and controls.