

**Table S1.** Univariable binary logistic regression between respondents' characteristics and control over feeding.

	Coefficient (B)	95% CI <sup>a</sup>		<i>p</i> <sup>a</sup>	OR
		Lower Bound	Upper Bound		
Age	-0.029	0.952	0.991	<b>0.005</b>	0.971
BMI	-0.127	0.827	0.938	<b>&lt;0.001</b>	0.881
Gender (ref. Males)	-0.102	0.514	1.589	0.724	0.903
Depressed mood	-1.048	0.218	0.563	<b>&lt;0.000</b>	0.350
Anxious feelings	-1.090	0.210	0.538	<b>&lt;0.000</b>	0.336
Hypochondria	-0.044	0.602	1.520	0.852	0.957
Dieting before COVID-19	0.447	0.984	2.483	0.059	1.563
Need to increase food intake to feel better	-1.234	0.177	0.480	<b>&lt;0.000</b>	0.291
Insomnia	-0.267	0.482	1.216	0.258	0.766

Univariable logistic regressions between control over feeding (dependent variable) and respondents characteristics (independent co-variables. Statistical significance for  $p < 0.05$  (in bold). BMI, Body Mass Index; OR, Odd Ratio.