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Table S1. Number of implemented government policy actions promoting healthy diets and targeting physical activity, national diabetes plans in effect and national diabetes register in operation in the EU member states, 2014

[illegible]

Registries		No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
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Table S2: Definitions of the variables based on the European Health Interview Survey 2014 (EHIS wave 2)

Sex was derived from the question “Sex”. The self-reported answers were split into two categories, male and female.
Age was derived from the question “Age of respondent in completed years at the time of the interview”. The self-reported answers were split into three categories (15-44, 45-64, 65 and above).
Degree of urbanization was derived from the question “Degree of urbanisation”. The self-reported answers were split into three categories. Cities: derived from self-reported answers (densely-populated area) in 2014. Towns and suburbs: derived from self-reported answers (intermediate-populated area) in 2014, and self-reported answers (Towns and suburbs) in 2019. Rural areas: derived from self-reported answers (thinly-populated area).
Educational level was derived from the question “What is the highest education leaving certificate, diploma or education degree you have obtained?”. The self-reported answers were split into three categories. Primary or less than primary education: derived from self-reported answers (no formal education or below, primary education, lower secondary education) in 2014. Secondary education: derived from self-reported answers (upper secondary education, post-secondary but non-tertiary education tertiary education; short-cycle). Higher education: derived from self-reported answers (bachelor level or equivalent, master level or equivalent, doctoral level or equivalent).
Labour status was derived from the question “How would you define your current labour status?”. The self-reported answers were split into three categories. Employed: derived from self-reported answers (carries out a job or profession, including unpaid work for a family business or holding, an apprenticeship or paid traineeship, etc.). Unemployed: derived from the self-reported answer (unemployed). Others: self-reported answers (pupil, student, further training, unpaid work experience, In retirement or early retirement or has given up business, permanently disabled, in compulsory military or community service, fulfilling domestic tasks and other inactive person).
Net monthly equivalised income of the household the respondent belong to was derived from the question “” The self-reported answers were split into three categories. Between 1st quintile and 2nd quintile: derived from the self-reported answers (Below 1st quintile, Between 1st quintile and 2nd quintile). Between 2nd quintile and 4th quintile: derived from self-reported answers (Between 2nd quintile and 3rd quintile and Between 3rd quintile and 4th quintile). Between 4th quintile and 5th quintile: derived from self-report answers (Between 4th quintile and 5th quintile).
BMI was calculated derived from two questions (How tall are you without shoes?) and (How much do you weigh without clothes and shoes?). The self-reported answers were available in centimeters (cm) and kilograms(kg), respectively, calculated derived from the formula “kg/m ² ” and split into three categories (<25 , 25-29.9 and ≥30).
Frequency of eating fruits was based the question “How often do you eat fruits (excluding juice)?”. The self-reported answers were split into three categories. One and more per day derived from self-reported answers (once or more a day). 1 to 6 times a week derived from self-reported answers (less than once a day but at least 4 times a week and less than 4 times a week and but at least once a week). Less than once a week and never: derived from the self-reported answers (less than once a week and never).

Frequency of eating vegetables or salad was based the question “How often do you eat vegetables or salad (excluding juice and potatoes)?”. The self-reported answers were split into three categories. One and more per day derived from self-reported answers (once or more a day). 1 to 6 times a week derived from self-reported answers (less than once a day but at least 4 times a week, less than 4 times a week and but at least once a week). Less than once a week and never: derived from the self-reported answers (less than once a week and Never).

Source: European Health Interview Survey (EHIS wave 2) Methodological manual: 2013 edition