

Frequency of eating vegetables or salad was based the question “How often do you eat vegetables or salad (excluding juice and potatoes)?”. The self-reported answers were split into three categories. One and more per day derived from self-reported answers (once or more a day). 1 to 6 times a week derived from self-reported answers (less than once a day but at least 4 times a week, less than 4 times a week and but at least once a week). Less than once a week and never: derived from the self-reported answers (less than once a week and Never).

Source: European Health Interview Survey (EHIS wave 2) Methodological manual: 2013 edition