

Table S1. Classification of food and beverage products according to the NSW Healthy Schools Canteen Strategy.

EVERYDAY ITEMS	Portion ^a	OCCASIONAL ITEMS	Portion ^a
HOT/COLD FOOD – product categories		HOT/COLD FOOD – product categories	
Sandwiches/wraps/rolls with Everyday fillings ^b	n/a	Sandwiches/wraps/rolls with Occasional fillings ^c	Per fillings
Sushi/rice paper rolls with Everyday fillings ^b	n/a	Sushi/frittata/salads with Occasional fillings ^c	Per fillings
Salads with Everyday fillings ^b	n/a	Processed meats (excluding ham)^d Includes bacon, devon, salami, chicken roll, frankfurts, sausages	60g
Hot sandwiches/toasties/ cheese melts with Everyday fillings ^b	n/a	Hot sandwiches/toasties/wraps/rolls and burgers^d with Occasional fillings ^c	350g
Crumbed/coated foods (freshly prepared) Canteen-made crumbed food that is baked	140g	Crumbed/coated foods (packaged)^d Includes nuggets, tenders, schnitzels, fish fingers, arancini, tempura	140g
Burgers with Everyday fillings ^b and uncoated patties	350g	Hot meals^d with Occasional fillings ^c , processed meats, crumbed/coated foods	350g
Jacket (baked) potatoes with Everyday fillings ^b	350g	Hot potato products^d Includes hot chips, hash browns, wedges, gems, skins, baked not fried	100g
Roasts/cottage pies/fish pies Includes meat, potato, vegetable meals, no pastry	350g	Pies^d Pastry-containing pies, includes party pies, potato-topped pies (250g)	180g
Frittata (no pastry) with Everyday fillings ^b	n/a	Savoury pastries^d Includes sausage rolls, quiche, spring rolls, samosas, pasties	120g
Savoury scrolls/bread Includes cheese and spinach, cheese and ham scrolls	n/a	Cheese and bacon roll or savoury rolls with processed meats^d All rolls or pull-apart bread with processed meat	75g
Mexican meals with soft tortillas or rice Includes burritos, fajitas, enchiladas	350g	Mexican food with corn chips or hard taco shells/bowls^d Includes hard taco shells or corn chips (30g)	350g
Pizza (canteen-made) Canteen-made using only Everyday toppings ^b	350g	Pizza (packaged)^d or with Occasional toppings^c Packaged pizza any toppings OR canteen-made with Occasional toppings	350g
Garlic bread/Za'atar/herb bread (canteen-made) Thin spread of margarine or oil	75g	Garlic bread/Za'atar bread/herb bread (packaged)^d All varieties which are packaged, commercial, ready-to-eat	75g
Asian meals with rice or noodles All varieties with rice or noodles (udon/egg/rice)	350g	Instant flavoured noodles^d Includes all flavours	75g dry
Pasta Includes lasagne, macaroni and cheese, pasta bakes	350g		
Indian meals with rice Includes butter chicken, rogan josh, lentil dahl	350g		
Dim sum/dumplings/steamed buns (bao) Steamed or boiled with Everyday fillings ^b	350g		
Risotto and flavoured rice with Everyday ingredients ^b	350g		
Soup Includes freshly made, ready-to-eat, canned, packet	n/a		
SNACKS – product categories		SNACKS – product categories	
Dips – vegetable or yoghurt based Includes tzatziki, eggplant dips, guacamole, salsa	n/a	Cheese spread/cream cheese/sour cream-based dips^d All cheese/cream cheese-based dips, includes packaged with crackers	60g total
Plain savoury biscuits/crackers and crispbreads Includes plain, unsalted crackers, corn and rice cakes	n/a	Salty snacks^d Includes all chips and crisps (potato, corn, grain, vegetable), extruded snacks (cheese, bacon or BBQ flavoured puffed snacks), soy crisps, flavoured or salted rice snacks, flavoured crackers, noodle snacks, pretzels, popcorn (plain, salted or flavoured) and salted legume snacks (salted wasabi peas, roasted fava beans, chickpeas)	30g
Popcorn (plain, air popped) Not salted or flavoured	n/a	Cakes/donuts/sweet pastries^d Includes sweet muffins, banana bread, slices, Danishes, croissants, slices, waffles, oat slices, no icing or confectionary	80g
Plain unsalted legume snacks Includes unsalted roasted chickpeas and fava beans	n/a	Muesli bars/snack bars/balls^d Includes breakfast bars, protein balls, no yoghurt or confectionery	50g
Scones/pikelets/pancakes/savoury muffins/buns Includes fruit, cheese or plain scones, fruit buns, hot-cross buns, no icing or confectionary	n/a	Desserts^d Includes mousse, pudding, coconut-milk items, no added confectionary	100g
Breakfast cereal and muesli^d No added confectionary, served with or without milk	n/a	Sweet biscuits^d Includes all sweet biscuits, no added confectionary	50g
Yoghurt and custard Includes all plain/flavoured, no added confectionary	n/a	Diet jelly Sweetened with natural or artificial sweeteners (stevia or aspartame)	500g
Cheese and dairy-free cheese alternatives Includes colby, tasty, cheddar, ricotta cheese	n/a	Confectionery^d Includes eucalyptus drops, chocolate, lollies, liquorice, carob, yoghurt-type confectionery	50g
Jelly made with ≥99% fruit juice No added sugar or artificial sweetener	250ml		
Dried fruit All plain dried fruit with no coating	n/a		
Fruit All fresh, frozen, canned fruit in juice (not syrup)	n/a		
Vegetables All fresh, frozen, canned vegetables	n/a		
DRINKS – product categories		DRINKS – product categories	
Water Includes spring, sparkling, plain water infused with fruit/herb flavouring, no sugar or artificial sweetener	n/a	Diet drinks and no-sugar drinks Drinks sweetened with natural or artificial sweeteners such as stevia or aspartame, no added sugar	500ml
Plain milk and dairy-free milk alternatives Includes soy, oat, almond milks, full or reduced fat	n/a	Coffee^d All coffee-containing drinks, with/without milk or dairy-free alternatives	500ml
Flavoured milk/hot chocolate/milkshakes/ smoothies (no ice cream/gelato/sorbet/frozen yoghurt)/breakfast drinks/drinking yoghurt All milk/dairy free alternatives, no real coffee	500ml	Milkshakes/thick shakes/smoothies made with icecream/gelato/ sorbet/frozen yoghurt^d No more than 1 tablespoon of milk flavouring powder, syrup or honey, no more than 125ml of ice cream/gelato/sorbet	500ml
≥99% Fruit/vegetable juices and coconut water	250ml		

Can be diluted with plain or sparkling water, no added sugar or sweeteners

FROZEN ICE SNACKS – product categories		FROZEN ICE SNACKS – product categories	
≥99% juice frozen/blended with ice	250ml	≥99% fruit ice blocks and frozen drinks with added sweeteners	500ml
Includes ice blocks, frozen drinks, slushies, no added sugar or sweeteners		Includes ice blocks, frozen drinks, slushies with natural or artificial sweeteners, no added sugar	
		Ice cream/gelato/sorbet/frozen yoghurt ^d	125ml
		Individually packaged, scooped on site, no added confectionery	

^aMaximum portion size to be classified in this category for secondary schools. Any item exceeding the portion size for Occasional products were classified as 'Should not be sold'.

^bEveryday fillings/toppings/ingredients include lean meats, tuna, salmon, prawns, other seafood, egg, cheese, ham, salad/vegetables/roast vegetables, fruit, un-coated falafel, avocado, hummus, un-coated tofu, rice noodles, legumes, wholegrains, baked beans, tinned spaghetti. Lean meats can include skinless chicken, steak, roast beef, turkey breast, low fat mince, lamb and pork.

^cOccasional fillings/toppings/ingredients include processed meat (see table) and packaged crumbed/coated foods (see table), battered or tempura foods

^dMinimum 3.5 Health Star Rating (HSR) for packaged, commercial, ready-to-eat products. Only one Everyday product category (Breakfast cereal and museli) requires a 3.5 HSR. More information regarding HSR can be found at <http://www.healthstarrating.gov.au>