

Table S1. Self-reported physical home environment of parents participating in the FC.

| PA equipment | Max score | Baseline (n=28) | | Follow-up 1 7-10 months (n=22) | | Follow-up 2 13-16 months (n=25) | |
|--|-----------|--------------------|------------|--------------------------------------|------------|---------------------------------------|------------|
| | | Yes (%) | Mean score | Yes (%) | Mean score | Yes (%) | Mean score |
| Access to a garden | | 92.9 | | 86.4 | | 92.0 | |
| Natural elements (e.g. tree) | 9 | | 3.4 | | 4.7 | | 3.6 |
| Equipment total | | | | | | | |
| <i>Inside</i> | 16 | 100.0 | 4.8 | 100.0 | 5.1 | 100.0 | 4.5 |
| <i>Outside</i> | 13 | 96.4 | 6.5 | 100.0 | 6.7 | 100.0 | 7.5 |
| Fixed play equipment ¹ | | | | | | | |
| <i>Inside</i> | 5 | 16.7 | 0.1 | 21.1 | 0.4 | 15.8 | 0.2 |
| <i>Outside</i> | 5 | 89.3 | 1.7 | 89.5 | 2.0 | 87.0 | 2.5 |
| Portable equipment ² | | | | | | | |
| <i>Inside</i> | 6 | 89.3 | 1.6 | 100.0 | 1.9 | 86.4 | 1.6 |
| <i>Outside</i> | 5 | 96.4 | 3.8 | 100.0 | 3.8 | 100.0 | 3.9 |
| Sedentary equipment ³ | 3 | 100.0 | 1.9 | 100.0 | 1.8 | 100.0 | 1.9 |

¹Fixed equipment included: markings on the ground, sandbox, climbing frame, slide, and swing. ²Portable equipment included: balls or other materials to throw or roll, soccer goal or basketball ring, skipping rope or other materials to jump with, walkable car or other materials to drive, sand or water materials, and other portable materials. ³Sedentary equipment included: televisions and computer devices.