

Table S1 (supplementary material). Evolution of BMI (kg/m²) during the study: Mixed 2×3 ANOVA

Descriptives							Multivariate Tests				
	Baseline (BS)		1-yr (1yr)		3-yrs (3yr)			<i>F</i>	<i>df</i>	<i>p</i>	η^2
Group	<i>Mean</i>	<i>SD</i>	<i>Mean</i>	<i>SD</i>	<i>Mean</i>	<i>SD</i>	Time-by-Group	4.18	2;431	0.021*	0.010
FA –	32.35	3.38	30.83	3.89	31.25	3.73	Time	7.94	2;431	0.001*	0.018
FA +	35.07	3.14	32.38	7.61	34.11	2.97	Group	11.43	1;431	0.001*	0.026
Contrast	Time (within FA–)		<i>MD</i>	<i>p</i>	η^2		Time (within FA+)	<i>MD</i>	<i>p</i>	η^2	
	BS vs 1yr		1.52	0.001*	.328		BS vs 1yr	2.69	0.001*	.058	
	1yr vs 3yr		-0.42	0.002*			1yr vs 3yr	-1.73	0.001*		
	Polynomial tests		<i>p</i>	η^2			Polynomial tests	<i>p</i>	η^2		
	Lineal trend		0.062	.009			Lineal trend	0.321	0.043		
	Quadratic trend		0.004*	.020			Quadratic trend	0.850	0.002		
	Contrast	Group		<i>MD</i>	<i>p</i>	η^2					
FA+ vs FA– (BS)		2.72	0.001*	.034							
FA+ vs FA– (1yr)		1.55	0.064	.008							
FA+ vs FA– (3yr)		2.86	0.001*	.033							

Note. FA–: food addiction negative screening. FA+: food addiction positive screening. SD: standard deviation. df: degrees of freedom. η^2 : partial eta- squared. *Bold: significant comparison. Sample size: $n = 434$.