

Supplementary Material

Supplementary Table S1. SNPs selected from the literature.

SNP	Gene	Chr:Position	P A	R A	OR	P	BF	Cases/Controls	Eth	Bibliography
rs3923113	GRB14	2:165501849	C	A	1.17	3.5E-04	IR	2,499/5,247	L	PMID: 28254843
rs1801282	PPAR- γ	10:70931474	G	C	1.11	2.4E-19	IR	73,337/192,314	T-E	PMID: 28869590
rs11717195	ADCY5	3: 123082398	C	T	1.24	5.1E-06	BCF	2,499/5,247	L	PMID: 28254843
rs4402960	IGF2BP2	3: 185511687	G	T	1.16	8.1E-04	BCF	2,499/5,247	L	PMID: 28254843
rs6878122	ZBED3	5:76427311	A	G	1.17	1.7E-04	BCF	2,499/5,247	L	PMID: 28254843
rs7756992	CDKAL1	6: 20679709	A	G	1.13	2.6E-03	BCF	2,499/5,247	L	PMID: 28254843
rs849135	JAZF1	7: 28196413	A	G	1.19	2.1E-05	BCF	2,499/5,247	L	PMID: 28254843
rs516946	ANK1	8: 41519248	T	C	1.22	3.7E-05	BCF	2,499/5,247	L	PMID: 28254843
rs17791513	TLE4	9:81905590	G	A	1.21	3.0E-08	BCF	26,488/83,964	T-E	PMID:24509480
rs2796441	TLE1	9:84308948	A	G	1.14	1.2E-03	BCF	2,499/5,247	L	PMID:28254843
rs11257655	CDC123	10: 12307894	C	T	1.21	2.0E-05	BCF	2,499/5,247	L	PMID: 28254843
rs7903146	TCF7L2	10:114758349	C	T	1.36	1.3E-11	BCF	2,499/5,247	L	PMID: 28254843
rs10830963	MTNR1B	11: 92708710	C	G	1.28	1.5E-07	BCF	2,499/5,247	L	PMID: 28254843
rs7403531	RASGRP1	15:38822905	C	T	1.21	6.3E-06	BCF	2,499/5,247	L	PMID: 28254843
rs7202877	BCAR1	16: 75247245	G	T	1.06	4.0E-06	BCF	73,337/192,314	T-E	PMID:28869590
rs5945326	DUSP9	X:153642492	G	A	1.20	4.0E-04	BCF	26,676/132,532	Eur	PMID:28566273
rs188827514	CCND2	12: 4291596	G	A	1.64	6.4E-6	BCF	26,676/132,532	Eur	PMID:28566273

SNPs selection for sequencing from OR reported in GWAS studies in Latin and European population. PA: Protection Allele, RA: Risk Allele, OR: Odds Ratio, BF: Biological Function, IR: Insulin resistance, BCF: Beta cell function, Eth: Ethnicity, L: Latinos, Eur: European, T-E: Trans-ethnic.

Supplementary Table S2. Analysis of Variance for log-glycemia.

Variable	Df	SSQ	F	P
Sex	1	0.31244	15.9680	6.63e-05
Age (years)	1	0.78047	39.9665	0.07e-10
WHC (cm)	1	1.41268	72.3402	<2.2e-16
Education (low/Medium/High)	2	0.07975	20.420	0.12999
Socioeconomic (% low/med/high)	1	0.02548	13.045	0.25350
Physical Activity (score)	1	0.02222	11.380	0.28619
Smoking (Never/Current/Former)	1	0.12046	61.686	0.01307
Fruit intake ≥ 1 portions/day	1	0.01100	0.5631	0.45310
Vegetables intake ≥ 1 portions/day	1	0.04976	25.480	0.11057
Processed meat ≥ 4 portions/week	1	0.00834	0.4272	0.51343
Sugar ≥ 4 teaspoons/day	1	0.00875	0.4479	0.50337
High risk alcohol consumption	1	0.01816	0.9299	0.33499
GRS-w	2	0.36782	9.3993	8.58e-05
Amerindian Ancestry	1	0.04898	2.5034	0.11373
SSB category	3	0.23592	4.0191	0.00728
Sex x GRS-w	2	0.01912	0.4897	0.61289
Sex x SSB category	3	0.04538	0.7746	0.50809
GRS-w x Amerindian ancestry	2	0.00205	0.0525	0.94889
Amerindian Ancestry x SSB category	3	0.02810	0.4797	0.69643
GRS-w x SSB category	6	0.30890	26.363	0.01499

F tests for each factor were performed by comparing the full model with a reduced model that contained all other variables. Marginal effects of variables participating in an interaction were tested in a model without the interaction. No correction for multiple testing was performed, $n=3321$ for environmental and lifestyle variables and 2828 for genomic variables.

Supplementary Table S3. Association between selected variables and log-fasting glucose.

Variable	β (SE)	IC (95%)	P	df	MS	F	P
age	0.002 (0.0003)	0.001 - 0.003	0.0001	1	1.10	50.3	0.0001
sex (women)	-0.03 (0.007)	-0.06 - 0.04	0.0001	1	0.03	87.62	0.0001
BMI	0.004 (0.0004)	0.004 - 0.005	0.0001	1	1.32	121.05	0.0001
WC	0.003(0.0002)	0.002 - 0.003	0.0001	1	2.89	15.55	0.0001
Education Medium	0.01 (0.006)	0.001 - 0.024	0.03	2	-	-	-
Education High	0.005 (0.009)	-0.01 - 0.022	0.54	-	0.035	1.90	0.08
Socioeconomic level 1 (Medium)	0.001 (0.006)	-0.01 - 0.01	0.84	2	-	-	-
Socioeconomic level 2 (High)	0.01 (0.009)	-0.01 - 0.01	0.10	2	0.04	1.69	0.18
Physical Activity	-0.002 (0.002)	-0.006 - 0.001	0.18	1	0.04	1.77	0.18
Smoke (current)	-0.01 (0.006)	-0.02 - 0.002	0.10	-	-	-	-
Smoke (past)	0.31 (0.007)	0.02 - 0.05	0.0001	2	0.38	17.81	0.0001
Fruit (\geq portion/day)	0.004 (0.005)	-0.007 - 0.01	0.45	1	0.01	0.55	0.45
Vegetables (\geq portion/day)	0.005 (0.006)	-0.006 - 0.02	0.33	1	0.02	0.94	0.33
Processed meat (4 \geq portion/week)	0.003 (0.009)	-0.01 - 0.02	0.72	1	0.002	0.13	0.72
Sugar (4 \geq portion/day)	-0.0004 (006)	-0.01 - 0.01	0.94	1	0.001	0.01	0.93
High alcohol consumption	0.007 (0.007)	-0.007 - 0.02	0.35	1	0.018	0.86	0.35
AMR (%)	0.03 (0.03)	-0.03 - 0.10	0.33	1	0.02	0.94	0.33
w-GSR Tertil 2	0.004 (0.004)	-0.009 - 0.02	0.53	2	0.13	6.03	0.0024
Tertil 3	0.03 (0.007)	0.009 - 0.03	0.0001				
SSB Category 2	0.006 (0.007)	-0.008 - 0.02	0.38	3	0.15	6.94	0.0001
Category 3	0.01 (0.008)	0.002 - 0.03	0.02	-	-	-	-
Category 4	0.04 (0.009)	0.02 - 0.06	0.0001	-	-	-	0.0001
Tryglicerides (mg/dl) (log)	0.007 (0.005)	0.06 - 0.07	0.0001	1	1.10	3.70	0.0001
HDL-c (mg/dl)	-0.0009 (0.002)	-0.001 - -0.0005	0.0001	1	0.35	16.59	0.0001

Results of linear regressions models are shown as β , Standard Error (SE) and 95% CI (Confidence Interval). T: tertil, Cat=SSB category, WC: waist circumference (cm), AMR: Amerindian ancestry, high alcohol consumption: male \geq 30 & women \geq 20 (portions/week), df= degree of freedom, MS=No correction for multiple testing was performed. P-values in bold mean significance ($p < 0.05$). No correction for multiple testing was performed, n=3321.

Supplementary Table S4. General characteristics of all participants by category of sugar-sweetened beverage intake.

Variable	servings/day				P
	0=0	>0&<1	1≤&<2	≥2	
N (Total 2828)	686	1064	710	368	
Sex (% Women)	81.6 (560)	65.3 (695)	62.0 (440)	44.0 (162)	0.0001
Age (years)	55.6 (9.8)	53.3 (9.4)	52.5 (9.2)	50.5 (8.5)	0.03
Education (level) (%) (n)					
Low	46.5 (303)	50.8 (521)	49.3 (338)	47.3 (168)	0.73
Medium	41.3 (269)	37.9 (389)	38.9 (267)	39.7 (141)	
High	12.2 (79)	11.3 (116)	11.8 (81)	13.0 (46)	
Socioeconomic Status (%) (n)					
Low	24.0 (164)	22.7 (241)	26.3 (187)	25.6 (94)	0.40
Medium	57.1 (390)	60.8 (644)	58.0 (411)	57.8 (212)	
High	18.9 (129)	16.5 (175)	15.7 (111)	16.6 (61)	
Physical activity after work (%) (n)					
Yes	19.4 (120)	20.0 (201)	19.7 (132)	20.4 (72)	0.90
Smoke (%) (n)					
Never	49.7 (336)	44.8 (467)	38.8 (271)	33.0 (120)	0.001
Current	26.9 (182)	31.4 (328)	34.9 (244)	46.4 (169)	
Past	23.4 (158)	23.8 (248)	26.3 (184)	20.6 (75)	
Ancestry (%) (n)					
Amerindian	0.34 (0.08)	0.35 (0.07)	0.36 (0.07)	0.35 (0.07)	0.003
European	0.62 (0.09)	0.61 (0.08)	0.59 (0.08)	0.60 (0.08)	0.004
African	0.04 (0.04)	0.04 (0.03)	0.05 (0.03)	0.05 (0.03)	0.14
Alcohol consumption (%) (n) (Men ≥30 mL/week & Women ≥20 mL/week)					
High risk	12.6 (85)	14.0 (145)	16.1 (113)	23.7 (81)	0.0001
Fruit intake (%) (n)					
<1portions/day	38.8 (266)	55.7 (602)	53.9 (383)	60.6 (223)	0.0001
Vegetables intake (%) (n)					
< 1portions/day	23.6 (162)	34.7 (365)	30.4 (216)	40.2 (220)	0.0001
Processed meat (%) (n)					
≥ 4 portions/week	4.2 (29)	8.8 (91)	13.7 (95)	17.4 (61)	0.0001
Sugar intake (%) (n)					
≥ 4 teaspoons/day	22.6 (154)	39.2 (403)	47.1 (324)	52.2 (187)	0.0001
BMI (kg/m2)	29.0 (5.1)	29.3 (4.6)	29.5 (4.7)	29.6 (4.7)	0.004
BMI (category) (%) (n)					
Normal	18.8 (129)	17.1 (182)	14.6 (104)	15.5 (57)	0.14
Overweight	45.8 (314)	43.6 (464)	44.8 (318)	41.8 (154)	
Obese	35.4 (243)	39.3 (418)	40.6 (288)	42.7 (157)	
Waist Circumference (cm)	96 (11.4)	98.2 (10.8)	98.9 (10.1)	99.9 (10.4)	0.0001
Fasting blood glucose (mg/dl)	94.5 (18.2)	94.8 (14.0)	96.2 (17.6)	99.8 (31.9)	0.0001
Fasting blood glucose (log)	4.53 (0.14)	4.54 (0.12)	4.55 (0.15)	4.57 (0.20)	0.0001
Fasting blood glucose (category) (%) (n)					
≥ 100 mg/dl	19.7 (135)	20.2 (215)	24.2 (172)	26.1 (96)	0.02
Triglicerydes (mg/dl)	151.5 (90.0)	163.6 (121.0)	164.8 (116.7)	177.9 (176.4)	0.0001

HDL-c (mg/dl)	47.80 (11.5)	45.14 (10.5)	46.15(11.3)	43.15 (10.7)	0.04
---------------	--------------	--------------	-------------	--------------	-------------

Data are expressed as mean and Standard Deviation (SD) or percentage (%). Chi-square tests for categorical variables and ANOVA or Kruskal-Wallis tests for continuous variables. P-values in bold mean significance ($p < 0.05$). No correction for multiple testing was performed.

Supplementary Table S5. Association between SSB intake and fasting glucose (log) in whole sample, men and women.

	Servings/day	BMI/WC non adjusted			BMI Adjusted		
		β (SE)	IC (95%)	P	β (SE)	IC (95%)	P
All	>0 & <1	0.007 (0.008)	-0.008-0.02	0.32	0.005 (0.008)	-0.01-0.02	0.48
	1≤&<2	0.02 (0.009)	-0.0004-0.03	0.055	0.013 (0.008)	-0.004-0.03	0.13
	≥2	0.04 (0.01)	0.02-0.06	0.0001	0.04 (0.01)	0.01-0.06	0.001
Men	>0 & <1	-0.01 (0.02)	-0.05-0.02	0.46	-0.01 (0.02)	-0.05-0.02	0.49
	1≤&<2	0.007 (0.02)	-0.03-0.05	0.72	0.008 (0.02)	-0.03-0.05	0.68
	≥2	0.03 (0.02)	-0.01-0.07	0.19	0.03 (0.02)	-0.01-0.07	0.21
Women	>0 & <1	0.01 (0.008)	-0.002-0.03	0.08	0.01 (0.008)	-0.004-0.03	0.15
	1≤&<2	0.02 (0.009)	-0.001-0.04	0.33	0.01 (0.009)	-0.007-0.03	0.20
	≥2	0.05 (0.01)	0.02-0.07	0.001	0.04 (0.01)	0.01-0.06	0.003

Linear regression results expressed as β (SE) adjusted for age, sex, BMI, WC, educational level, socio-economic level, physical activity, % Amerindian ancestry, smoking, consumption of: fruit, vegetables, processed meat, sugar and alcohol in the whole sample and stratifying by sex. No correction for multiple testing was performed. P-values in bold mean significance (< 0.05). No correction for multiple testing was performed. BMI= Body Mass Index, WC= waist circumference, n=3241. P values in bold are significant ($p < 0.05$).

Supplementary Table S6. Association between SNPs-T2D and fasting glucose (log) in all participants.

SNP	Gene	β (BMI- adjusted)	CI 95%	P	β (non BMI- adjusted)	CI 95%	P
rs17791513	TLE4	0.005 (0.007)	-0.009 - 0.020	0.47	0.005 (0.007)	-0.01 - 0.01	0.47
rs2796441	TLE1	0.001 (0.005)	-0.009 - 0.012	0.80	0.001 (0.005)	-0.009 - 0.012	0.80
rs5945326	DUSP9	0.001 (0.005)	-0.008 - 0.011	0.81	0.001 (0.005)	-0.008 - 0.011	0.81
rs3923113	GRB14	0.012 (0.006)	-0.001 - 0.025	0.07	-0.001 (0.008)	-0.001 - 0.025	0.07
rs516946	ANK1	0.02 (0.007)	0.012 - 0.041	0.0004	0.020 (0.007)	0.011 - 0.041	0.0004
rs1801282	PPAR- γ	0.006 (0.009)	-0.012 - 0.024	0.66	0.004 (0.009)	0.004 - 0.667	0.66
rs6878122	ZBED3	0.006 (0.005)	-0.005 - 0.017	0.27	0.006 (0.006)	-0.005 - 0.018	0.27
rs7756992	CDKAL1	-0.007 (0.005)	-0.018 - 0.004	0.18	-0.007 (0.005)	-0.019 - 0.003	0.18
rs849135	JAZF1	-0.002 (0.005)	-0.013 - 0.009	0.50	-0.003 (0.005)	-0.015 - 0.007	0.50
rs10830963	MTNR1B	0.006 (0.007)	-0.013 - 0.009	0.45	0.005 (0.007)	-0.015 - 0.007	0.45
rs11717195	ADCY5	0.009 (0.23)	-0.003 - 0.021	0.23	0.007 (0.006)	-0.005 - 0.020	0.23
rs4402960	IGF2BP2	0.022 (0.006)	0.010 - 0.034	0.0007	0.021 (0.006)	0.008 - 0.033	0.0007
rs11257655	CDC123	0.001 (0.006)	-0.012 - 0.014	0.86	0.001 (0.006)	-0.012 - 0.014	0.23
rs7903146	TCF7L2	0.024 (0.006)	0.011 - 0.037	0.0009	0.021 (0.006)	0.009 - 0.035	0.0009
rs7403531	RASGRP1	0.007 (0.006)	-0.005 - 0.019	0.23	0.007 (0.006)	-0.005 - 0.020	0.23
rs7202877	BCAR1	0.0001 (0.008)	-0.016 - 0.016	0.88	-0.001 (0.008)	-0.018 - 0.015	0.88

Results are shown with β , 95% CI (Confidence Interval). All models were adjusted for age, sex and Amerindian ancestry (n=3378). Body Mass Index (BMI) was included and excluded for models. P values in bold are significant after Bonferroni correction ($p < 0.0031$), n=3866.

Supplementary Table S7. Interaction effects between categorical SSB intake and additive effects from D2M SNPs on fasting glucose.

rsID	Gene	SSB Category 2		SSB Category 3		SSB Category 4		P _i
		β (SE)	P _t	β (SE)	P _t	β (SE)	P _t	
rs3923113	GRB14	0.008 (0.01)	0.49	-0.003 (0.01)	0.81	0.004 (0.02)	0.79	0.80
rs1801282	PPAR-γ	0.02 (0.02)	0.29	-0.004 (0.02)	0.81	0.02 (0.02)	0.48	0.52
rs6878122	ZBED3	0.02 (0.01)	0.07	(0.01) (0.01)	0.20	0.02 (0.01)	0.13	0.28
rs4402960	IGF2BP2	-0.008 (0.01)	0.47	-0.004 (0.01)	0.75	-0.02 (0.01)	0.12	0.45
rs5945326	DUSP9	0.0008 (0.01)	0.93	0.02 (0.01)	0.10	0.03 (0.01)	0.03	0.04
rs849135	JAZF1	0.01 (0.01)	0.26	0.01 (0.01)	0.27	0.03 (0.01)	0.01	0.10
rs17791513	TLE4	-0.002 (0.01)	0.90	-0.009 (0.01)	0.52	0.02 (0.02)	0.29	0.45
rs11257655	CDC123	-0.02 (0.01)	0.11	0.006 (0.01)	0.68	-0.01 (0.02)	0.51	0.20
rs10830963	MTNR1B	0.005 (0.01)	0.67	0.01 (0.01)	0.43	0.013 (0.01)	0.47	0.83
rs7403531	RASGRP1	0.005 (0.01)	0.62	0.005 (0.01)	0.68	0.009 (0.01)	0.54	0.93
rs11717195	ADCY5	0.0002 (0.01)	0.98	-0.01 (0.01)	0.26	-0.01 (0.02)	0.42	0.53
rs7756992	CDKAL1	-0.02 (0.01)	0.02	-0.02 (0.01)	0.056	-0.02 (0.01)	0.12	0.12
rs516946	ANK1	0.02 (0.01)	0.10	0.009 (0.01)	0.54	0.03 (0.02)	0.10	0.25
rs2796441	TLE1	-0.02 (0.01)	0.10	-0.01 (0.01)	0.24	-0.02 (0.01)	0.18	0.37
rs7903146	TCF7L2	0.0004 (0.01)	0.97	0.020 (0.01)	0.11	0.05 (0.01)	0.001	0.002
rs7202877	BCAR1	0.001 (0.01)	0.94	-0.01 (0.01)	0.36	0.04 (0.02)	0.04	0.050

Log-glycemia was regressed SSB, additive SNP effects, and the interaction between these variables. The SNP genotype was coded as the number of D2M risk alleles in each person. The interaction βs represent the difference in betas for a SNP between SSB Category 1 and another SSB category. Results are expressed in β(Standard Deviation), 95% Confidence Interval (95%CI) and p-value. Models adjusted for: age, sex, BMI, waist circumference, physical activity, schooling, socioeconomic level, smoking, consumptions: fruit, vegetables, sugar, processed meat, alcoholic beverages and Amerindian ancestry. P values in bold are significant after Bonferroni correction (p<0.0031), P_t= P for trend and P_i= P for interaction, n=2828.

Supplementary Table S8. Interaction between SSB intake categories and genotypes of selected variants on fasting glucose (log).

rsID	Gene	GT	SSB Category 2		SSB Category 3		SSB Category 4		P _t /R ²
			β (SE)	P _t	β (SE)	P _t	β (SE)	P _t	
rs3923113	GRB14	C/C	4.26 (0.06)	0.20	4.38 (0.07)	0.49	4.35 (0.08)	0.85	0.97/
		C/A	0.02 (0.03)	0.52	0.003 (0.04)	0.93	0.01 (0.04)	0.80	0.0007
		A/A	0.03 (0.03)	0.42	-0.002 (0.04)	0.96	0.01 (0.04)	0.75	
rs1801282	PPAR- γ	G/G	4.39 (0.05)	0.48	4.40 (0.06)	0.42	4.29 (0.07)	0.76	0.87/
		G/C	-0.001 (0.07)	0.98	-0.03 (0.08)	0.68	0.03 (0.10)	0.80	0.0002
		C/C	0.02 (0.07)	0.78	-0.03 (0.07)	0.66	0.04 (0.10)	0.68	
rs6878122	ZBED3	A/A	4.26 (0.05)	0.27	4.3 (0.06)	0.63	4.24 (0.07)	0.73	0.27/
		A/G	0.016 (0.02)	0.32	0.02 (0.018)	0.18	0.04 (0.02)	0.038	0.005
		G/G	0.04 (0.02)	0.07	0.02 (0.03)	0.35	0.02 (0.03)	0.43	
rs4402960	IGF2BP2	G/G	4.23 (0.05)	0.37	4.31 (0.06)	0.52	4.28 (0.07)	0.92	0.15/
		G/T	0.006 (0.01)	0.68	0.020 (0.02)	0.22	0.005 (0.02)	0.80	0.01
		T/T	0.04 (0.028)	0.13	-0.04 (0.03)	0.15	-0.09 (0.04)	0.01	
rs5945326	DUSP9	G/G	4.26 (0.05)	0.23	4.326 (0.06)	0.92	4.3 (0.07)	0.80	0.07/
		G/A	0.008 (0.02)	0.64	0.04 (0.02)	0.05	0.003 (0.02)	0.90	0.007
		A/A	-0.002 (0.02)	0.92	0.03 (0.02)	0.22	0.05 (0.02)	0.030	
rs849135	JAZF1	A/A	4.23 (0.05)	0.12	4.34 (0.06)	0.79	4.26 (0.07)	0.45	0.17/
		A/G	0.04 (0.02)	0.09	0.01 (0.03)	0.62	0.06 (0.03)	0.04	0.004
		G/G	0.04 (0.02)	0.12	0.02 (0.03)	0.35	0.08 (0.03)	0.007	
rs17791513	TLE4	G/G	4.12 (0.07)	0.42	4.25 (0.07)	0.27	4.18 (0.01)	0.95	0.77/
		G/A	0.003 (0.05)	0.95	-0.03 (0.05)	0.48	-0.02 (0.09)	0.79	0.003
		A/A	0.001 (0.04)	0.97	-0.03 (0.04)	0.40	0.003 (0.09)	0.97	
rs11257655	CDC123	C/C	4.23 (0.05)	0.39	4.31 (0.06)	0.44	4.27 (0.07)	0.97	0.45/
		C/T	-0.01 (0.01)	0.34	0.002 (0.02)	0.92	-0.017 (0.02)	0.41	0.004
		T/T	-0.04 (0.03)	0.18	0.03 (0.04)	0.39	0.003 (0.04)	0.94	
rs10830963	MTNR1B	C/C	4.21 (0.05)	0.26	4.30 (0.06)	0.61	4.28 (0.07)	0.88	0.001/
		C/G	0.01 (0.02)	0.54	0.014 (0.018)	0.41	-0.03 (0.02)	0.16	0.01
		G/G	-0.004 (0.04)	0.91	0.014 (0.05)	0.75	0.19 (0.05)	0.0008	
rs7403531	RASGRP1	C/C	4.24 (0.35)	0.35	4.34 (0.41)	0.41	4.27 (0.81)	0.81	0.67/
		C/T	-0.01 (0.01)	0.46	-0.01 (0.01)	0.87	-0.008 (0.02)	0.68	0.003
		T/T	0.04 (0.03)	0.13	0.02 (0.03)	0.45	0.04 (0.04)	0.24	
rs11717195	ADCY5	C/C	4.17 (0.06)	0.34	4.26 (0.06)	0.54	4.21 (0.09)	0.87	0.66/
		C/T	-0.005 (0.03)	0.84	0.009 (0.03)	0.78	0.019 (0.04)	0.66	0.004
		T/T	0.004 (0.03)	0.88	-0.015 (0.03)	0.62	-0.005 (0.04)	0.90	
rs7756992	CDKAL1	A/A	4.25 (0.05)	0.46	4.34 (0.06)	0.35	4.33 (0.07)	0.56	0.03/
		A/G	-0.02 (0.01)	0.22	-0.009 (0.017)	0.58	-0.05 (0.02)	0.01	0.006
		G/G	-0.05 (0.02)	0.02	-0.05 (0.02)	0.03	-0.02 (0.03)	0.31	
rs516946	ANK1	T/T	4.22 (0.07)	0.22	4.33 (0.07)	0.65	4.2 (0.09)	0.76	0.62/
		T/C	0.005 (0.04)	0.89	0.008 (0.05)	0.85	0.004 (0.06)	0.94	0.007
		C/C	0.03 (0.04)	0.44	0.02 (0.04)	0.69	0.04 (0.05)	0.45	
rs2796441	TLE1	A/A	4.22 (0.05)	0.34	4.31 (0.06)	0.47	4.27 (0.07)	0.96	0.59/
		A/G	-0.006 (0.02)	0.75	-0.0001 (0.02)	0.99	0.001 (0.02)	0.96	0.003
		G/G	-0.04 (0.02)	0.08	-0.03 (0.02)	0.23	-0.04 (0.03)	0.16	
rs7903146	TCF7L2	C/C	4.23 (0.05)	0.32	4.32 (0.06)	0.44	4.26 (0.07)	0.80	0.005/
		C/T	-0.006 (0.02)	0.72	0.03 (0.02)	0.10	0.03 (0.02)	0.09	0.009
		T/T	0.009 (0.03)	0.77	0.02 (0.03)	0.53	0.14 (0.04)	0.0006	
rs7202877	BCAR1	G/G	4.24 (0.05)	0.32	4.33 (0.06)	0.44	4.27 (0.07)	0.80	0.15/
		G/T	-0.02 (0.02)	0.73	-0.05 (0.02)	0.40	-0.04 (0.02)	0.55	0.005

T/T	-0.02 (0.03)	0.76	-0.06 (0.03)	0.28	0.004(0.04)	0.96
-----	--------------	------	--------------	------	-------------	------

Log-glycemia was regressed SSB, SNP genotype, and the interaction between these variables. The SNP genotype was coded as the combination of alleles, using the nitrogenous base in the forward strand to denote each allele. The first genotypes in each SNP is the homigote for the protective allele, which was used as a baseline level. The β s for the first interaction effects, i.e. the change in log-glycemia due to the combination of genotype and consumption level. Models were adjusted for: age, sex, BMI, waist circumference, physical activity, schooling, socioeconomic level, smoking, consumptions: fruit, vegetables, sugar, processed meat, alcoholic beverages and Amerindian ancestry. P values in bold are significant after Bonferroni correction ($p < 0.0031$), R^2 : percentage of the variance explained by each SNP by $R^2 = SS_{SNP} / SS_{Tot}$, where SS_{SNP} is the sum of squares due to the SNP's marginal and interaction effects and SS_{Tot} is the total sum of squares, $P_{t=}$ P for trend and $P_{i=}$ P for interaction, $n=2828$.

Supplementary Table S9. Association between SNPs (categorical) and fasting glucose (log) (continuous) and Pos-Hoc power estimation in 2828 subjects.

rsID	Gen	GT	β (SE)	P	% Allele Frequency MAUCO (n)	Pos-Hoc Power estimation	OR estimation
rs3923113	GRB14	C/C	Ref	0.99	5.8 (168)	-	
		C/A	0.0001 (0.01)		35.2 (1016)	3.2	1.00
		A/A	0.00006 (0.01)		59.0 (1699)	4.1	1.00
rs1801282	PPAR- γ	G/G	Ref	0.86	1.2 (33)	-	
		G/C	-0.009 (0.03)		17.6 (508)	5.9	0.99
		C/C	-0.006 (0.02)		81.2 (2340)	5.8	0.99
rs6878122	ZBED3	A/A	Ref	0.15	42.9 (1230)	-	
		A/G	0.003 (0.006)		44.7 (1280)	6.0	1.00
		G/G	0.02 (0.009)		12.4 (355)	34.1	1.02
rs4402960	IGF2BP2	G/G	Ref	0.003	50.6 (1442)	-	
		G/T	0.02 (0.006)		40.5 (1154)	86.8	1.02
		T/T	0.02 (0.01)		8.9 (252)	37.9	1.02
rs5945326	DUSP9	G/G	Ref	0.17	47.2 (1344)	-	
		G/A	-0.003 (0.007)		29.9 (850)	54.1	0.97
		A/A	0.01 (0.007)		22.8 (651)	67.8	1.01
rs849135	JAZF1	A/A	Ref	0.86	14.3 (411)	-	
		A/G	-0.0006 (0.008)		45.3 (1304)	5.7	0.99
		G/G	0.002 (0.008)		40.4 (1162)	3.3	1.00
rs17791513	TLE4	G/G	Ref	0.13	2.8 (81)	-	
		G/A	0.02 (0.02)		25.8 (746)	54.1	1.02
		A/A	0.03 (0.02)		71.3 (2060)	67.8	1.02
rs11257655	CDC123	C/C	Ref	0.07	61.0 (1746)	-	
		C/T	0.0005 (0.006)		33.8 (968)	3.4	1.00
		T/T	0.03 (0.01)		5.2 (149)	41.8	1.03
rs10830963	MTNR1B	C/C	Ref	0.18	64.4 (1837)	-	
		C/G	0.008 (0.006)		32.0 (914)	23.9	1.00
		G/G	0.02 (0.01)		3.6 (102)	21.4	1.02
rs7403531	RASGRP1	C/C	Ref	0.53	50.8 (1461)	-	
		C/T	-0.001 (0.006)		41.6 (1194)	5.0	0.99
		T/T	0.01 (0.01)		7.6 (219)	13.8	
rs11717195	ADCY5	C/C	Ref	0.54	6.9 (199)	-	
		C/T	-0.009 (0.01)		38.2 (1102)	19.8	0.99
		T/T	-0.004 (0.01)		54.9 (1581)	11.8	0.99
rs7756992	CDKAL1	A/A	Ref	0.35	42.7 (1229)	-	
		A/G	-0.006 (0.005)		44.3 (1276)	5.4	0.99
		G/G	-0.01 (0.008)		13.0 (375)	17.0	0.99
rs516946	ANK1	T/T	Ref	0.0001	3.1 (88)	-	
		T/C	0.02 (0.03)		28.4 (809)	48.5	1.02
		C/C	0.01 (0.004)		68.4 (1950)	91.2	1.01
rs2796441	TLE1	A/A	Ref	0.59	27.1 (780)	-	
		A/G	0.005 (0.006)		49.4 (1422)	27.9	1.00
		G/G	0.007 (0.007)		23.5 (677)	77.5	1.00
rs7903146	TCF7L2	C/C	Ref	0.43	57.8 (1639)	-	
		C/T	0.004 (0.006)		36.2 (1025)	7.1	1.00
		T/T	0.01 (0.01)		6.0 (169)	8.7	1.01
rs7202877	BCAR1	G/G	Ref	0.43	1.9 (54)	-	
		G/T	0.01 (0.02)		21.1 (606)	12.6	1.01

T/T	0.009 (0.02)	77.0 (2213)	5.3	1.00
-----	--------------	-------------	-----	------

The reference corresponds to the coefficient of the protection homozygote (0 risk alleles), SE: Standard Error, P_t : p value for trend, P_i : P value for interaction. Model adjusted for: age, sex, BMI, waist circumference, physical activity, education, socio-economic level, smoking, consumptions: fruit, vegetables, sugar, processed meats, alcoholic beverages and % Amerindian ancestry. $P_t = P$ for trend and $P_i = P$ for interaction. P values in bold are significant after Bonferroni correction ($p < 0.0031$). Pos-hoc power was estimated using the online web tool (<https://clincalc.com/stats/power.aspx>). OR was estimated using e^{β} . P values in bold are significant after Bonferroni correction ($p < 0.0031$).

Supplementary Table S10. Sensitivity Analysis. Interaction between SSB categories and rs7903146 and rs10830963 loci (as continuous and categorical variables) in subjects younger than 65 years.

rsID	Gen	Genotype	SSB Category 2		SSB Category 3		SSB Category 4		
			β (SE)	P_t	β (SE)	P_t	β (SE)	P_t	P_i
rs7903146	TCF7L2	0,1,2	-0.003 (0.01)	<i>0.81</i>	0.02 (0.01)	<i>0.25</i>	0.04 (0.02)	<i>0.07</i>	<i>0.01</i>
		C/C	Ref		Ref		Ref		
		C/T	-0.004 (0.02)	<i>0.79</i>	0.007 (0.03)	<i>0.83</i>	0.03 (0.02)	<i>0.21</i>	<i>0.03</i>
		T/T	0.01 (0.04)	<i>0.70</i>	0.02 (0.2)	<i>0.28</i>	0.13 (0.04)	<i>0.003</i>	
rs10830963	MTNR1B	0,1,2	0.0055 (0.01)	<i>0.71</i>	0.01 (0.02)	<i>0.40</i>	-0.03 (0.02)	<i>0.13</i>	<i>0.14</i>
		C/C	Ref		Ref		Ref		
		C/G	0.02 (0.01)	<i>0.37</i>	0.02 (0.02)	<i>0.92</i>	-0.04 (0.02)	<i>0.10</i>	<i>0.20</i>
		G/G	-0.02 (0.04)	<i>0.71</i>	0.01 (0.05)	<i>0.84</i>	-0.02 (0.06)	<i>0.77</i>	

The reference corresponds to the coefficient of the protection homozygote (0 risk alleles), SE: Standard Error, P_t : p value for trend, P_i : p value for interaction. Model adjusted for: age, sex, BMI, waist circumference, physical activity, education, socio-economic level, smoking, consumptions: fruit, vegetables, sugar, processed meats, alcoholic beverages and % Amerindian ancestry. P_t = P for trend and P_i = P for interaction. P values in bold are significant after Bonferroni correction ($p < 0.0031$), $n=2454$.

Supplementary Table S11. Sensitivity Analysis.
Interaction effects between GRSw and sugar-sweetened beverages intake on fasting blood in subjects less than 65 years old.

SSB	β (SE)	P _t	P _i
SSB and GRSw as continuous			
	0.07 (0.006)	0.02	0.04
Categorical SSB and continuous GRSw			
2	0.0002 (0.02)	0.98	0.15
3	0.01 (0.02)	0.57	
4	0.05 (0.02)	0.04	
Categorical SSB/ GRSw tertile 2			
2	0.03 (0.02)	0.17	0.14
3	0.03 (0.02)	0.14	
4	-0.006 (0.02)	0.81	
Categorical SSB/ GRSw tertile 3			
2	0.0009 (0.02)	0.96	
3	0.02 (0.02)	0.39	
4	0.03 (0.02)	0.20	

β estimated interaction effect, SE: Standard Error, Pt: P value for trend, Pi: P value for interaction. Models adjusted for: age, sex, BMI, waist circumference, physical activity, schooling, socio-economic level, smoking, consumptions of fruit, vegetables, sugar, processed meat, and alcoholic beverages, and Amerindian ancestry, P values in bold are significant ($p < 0.05$), n=2454.

Supplementary Table S12. Sensitivity Analysis. Interaction effect between SNPs (rs7903146 and rs10830963) and 2 levels of SSB consumption (continuous and categorical) and two levels of SSB consumption on log-fasting glucose.

rsID	Gen	Genotype	SSB Category 2		
			β (SE)	P _t	P _i
rs7903146	TCF7L2	0,1,2	0.03 (0.01)	0.001	0.001
		C/C	Ref		
		C/T	0.03 (0.01)	0.007	0.006
		T/T	0.06 (0.03)	0.02	
rs10830963	MTNR1B	0,1,2	0.80 (0.01)	0.42	0.42
		C/C	Ref		
		C/G	-0.007 (0.01)	0.59	0.056
		G/G	0.07 (0.03)	0.02	

The reference corresponds to the coefficient of the protection homozygote (0 risk alleles), SE: Standard Error, P_t: p value for trend, P_i: p value for interaction. Model adjusted for: age, sex, BMI, waist circumference, physical activity, education, socio-economic level, smoking, consumptions: fruit, vegetables, sugar, processed meats, alcoholic beverages and % Amerindian ancestry. P values in bold are significant after Bonferroni correction (p<0.0031), n=2828.

Supplementary Table S13. Sensitivity Analysis.

Interaction effect between GRSw (continuous and categorical) and 2 levels of SSB consumption (continuous and categorical) on log-fasting blood glucose.

SSB	β (SE)	P _t	P _i
SSB and GRSw as continuous			
	0.01 (0.06)	0.04	0.04
Categorical SSB and continuous GRSw			
2	0.02 (0.01)	0.04	0.04
Categorical SSB	GRSw tertile 2		
2	0.0002 (0.01)	0.98	0.12
Categorical SSB	GRSw tertile 3		
2	0.03 (0.01)	0.06	0.07

β estimated interaction effect, SE: Standard Error, P_t: p value for trend, P_i: p value for interaction. Models adjusted for: age, sex, BMI, waist circumference, physical activity, schooling, socio-economic level, smoking, consumptions of fruit, vegetables, sugar, processed meat, and alcoholic beverages, and Amerindian ancestry, n=2828.