

Supplementary Table S1. Distribution of the study cohort among MHO criteria.

MHO Criteria	Count	Percent
HDL-C > 40 mg/dl	73	58.90%
Triglycerides ≤ 150 mg/dl	95	76.60%
Fasting glucose ≤ 100 mg/dl	116	93.50%
Systolic and diastolic blood pressure ≤ 90th percentile	76	59.80%