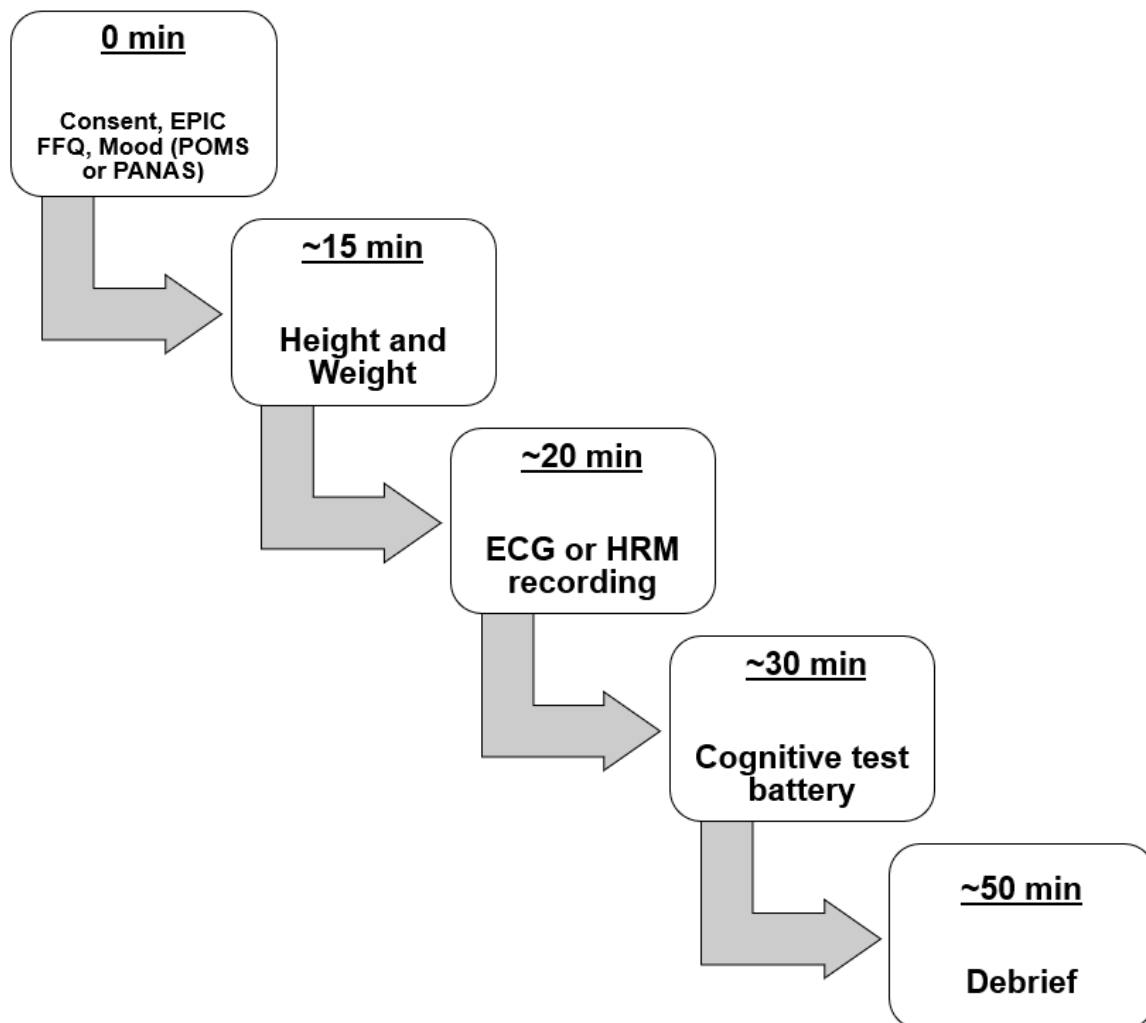


Figure S1. Schematic illustration of the experimental procedure.



*Note.* EPIC FFQ - European Prospective Investigation into Cancer and Nutrition Norfolk Food Frequency Questionnaire, POMS – Profile of Mood States, PANAS – Positive and Negative Affect Scale, ECG – Electrocardiogram, HRM – Heart Rate Monitor.