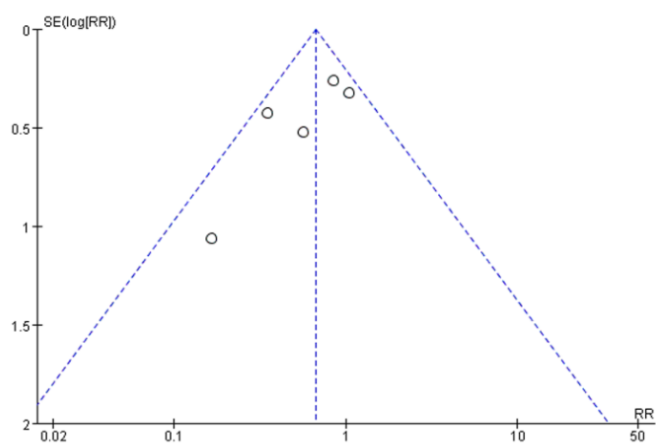
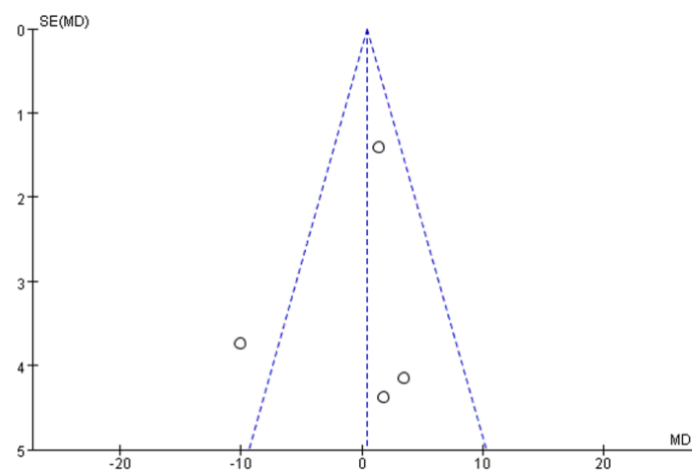


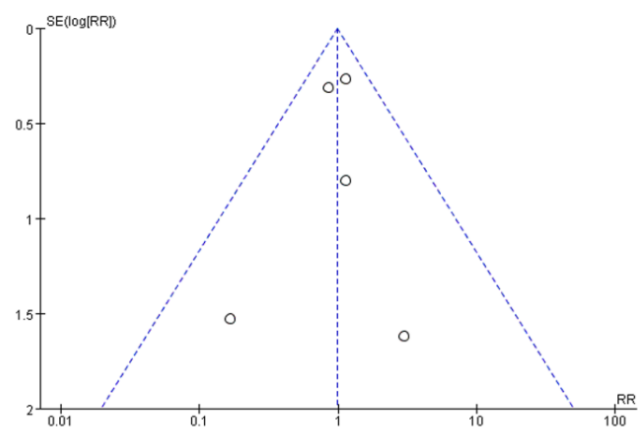
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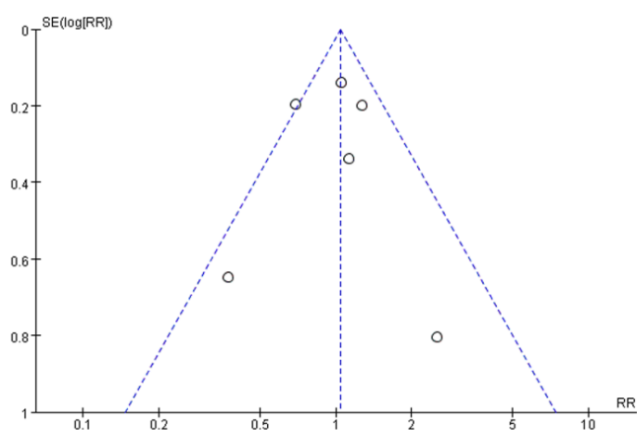
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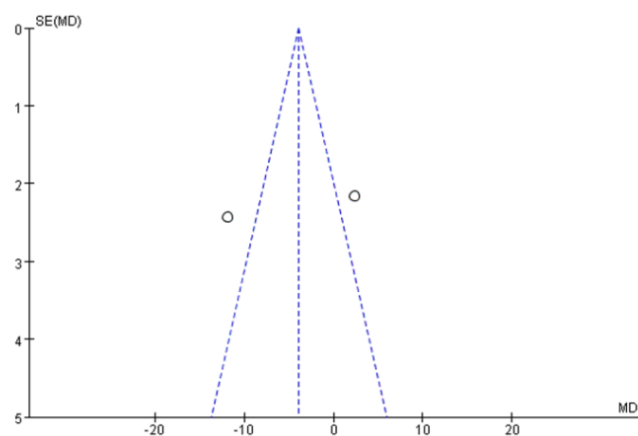
C



D



E



F

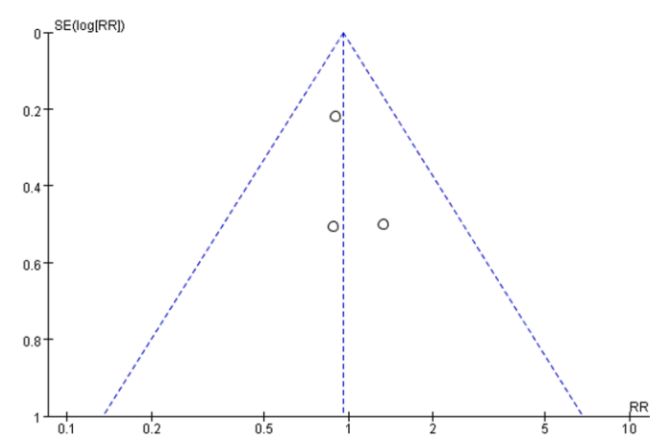


Figure S1. The funnel plots of primary outcomes. (A) Incidence of NEC (B) Length of Hospital Stay (C) Mortality (D) Incidence of sepsis (E) Duration of parenteral nutrition (F) Incidence of retinopathy of prematurity.

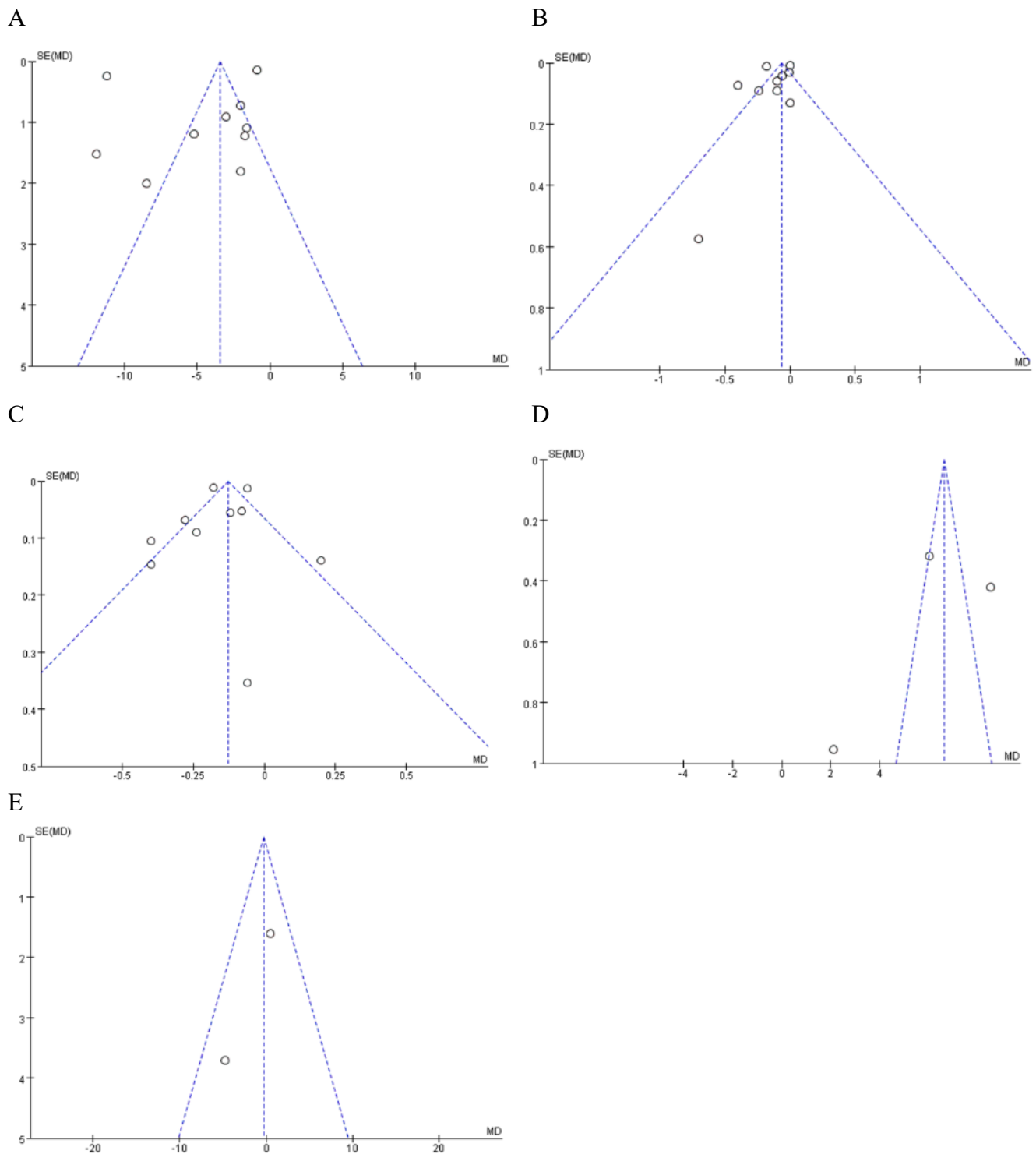


Figure S2. The funnel plots of secondary outcomes. (A) Weight gain (B) Head growth (C) Linear growth (D) Time to regain birth weight (E) Time to full enteral feeding.

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Corpeleijn et al 2016	+	+	+	+	-	+	?
Costa et al 2018	+	+	-	-	+	?	?
Cristofalo et al 2013	?	+	+	+	+	+	?
Davies et al 1977	?	?	?	?	+	+	?
Gross et al 1983	+	?	?	?	?	?	?
Lucas et al A 1984	+	+	?	?	+	?	?
Lucas et al B 1984	+	+	?	?	+	?	?
OConnor et al 2016	+	+	+	+	+	+	?
Putete et al 1984	?	?	?	?	+	+	+
Schanler et al 2005	+	+	-	-	+	+	?
Sullivan et al 2010	+	?	+	+	+	+	?
Tyson et al 1983	?	+	?	?	+	?	?

Figure S3. RCT risk of bias summary for included Randomized Controlled Trial.