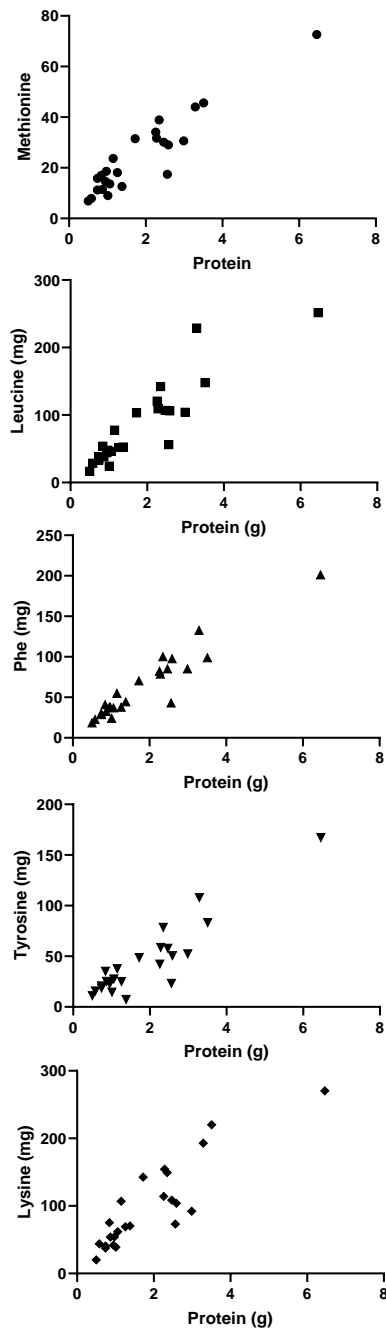
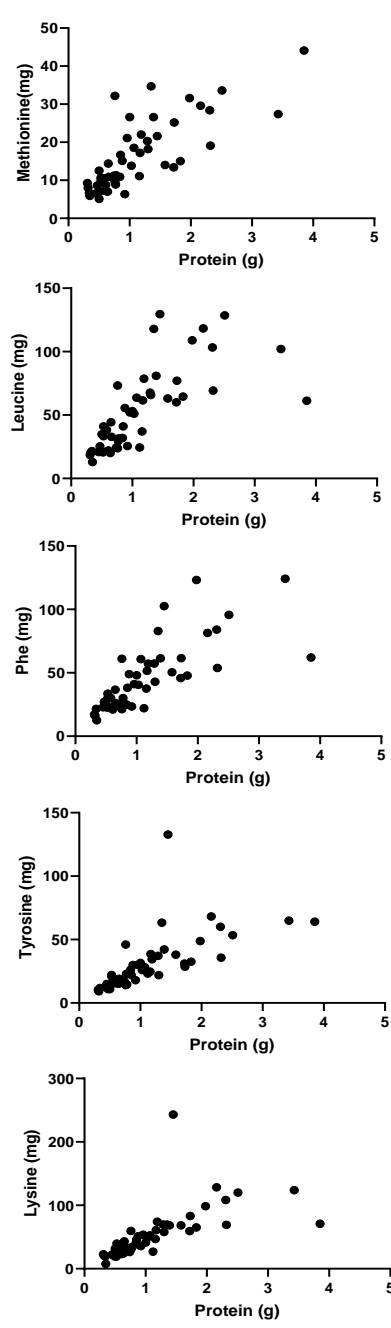


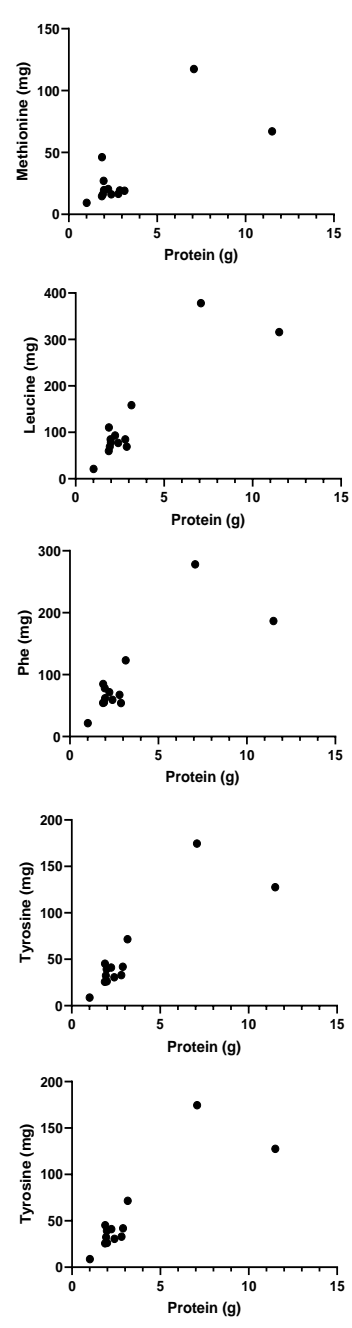
Cruciferous vegetables



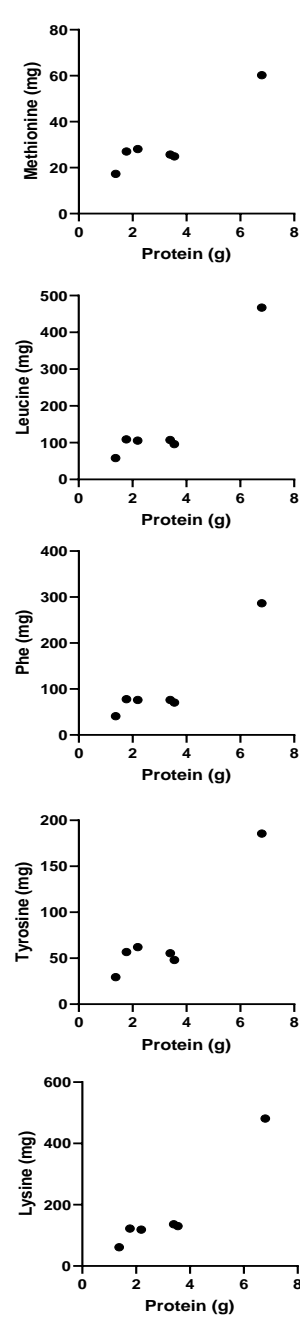
Fruit



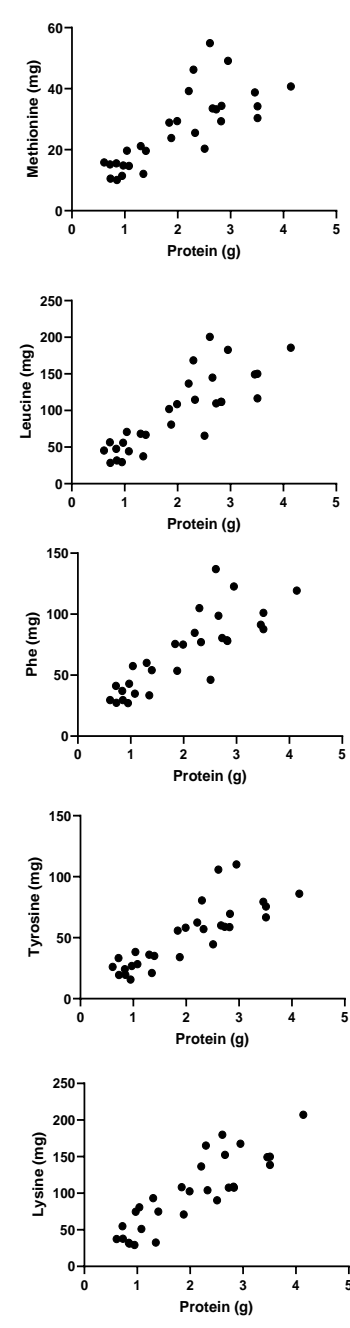
Dried Fruit



Legumes



Other vegetables



Starchy roots

