

Table S1. Interview guideline.

Themes	Main Questions
Introduction	<ol style="list-style-type: none">1. Can you tell me a little bit of your background?2. How often do you receive referral for IBS patients from doctors?3. Do you generally recommend the low FODMAP diet to all IBS patients?
Practice	<ol style="list-style-type: none">1. Can you share with me what you know about the low FODMAP diet?2. Can you share with me your understanding about the restriction phase? How do you assist your patients in identifying foods/beverages high in FODMAPs? (resources)3. How about reintroducing FODMAPs back into the diet?
Barriers	<ol style="list-style-type: none">1. What are the difficulties you face in implementing the diet?2. How do you overcome the barriers?