

Table S1. Data Dictionary.

<b>Variables</b>	<b>Description</b>	<b>Coding</b>
Total dietary energy intake	Baseline total dietary kcal intake	Continuous.
Total dietary protein intake	Daily protein intake in g/day	Continuous
Ever been pregnant	Have you ever been pregnant?	1: yes; 0: no
Spend in the sun 11 am-4 pm, June-August	During this past June through August, on a typical day outdoors, approximately how much time did you spend in the sun between 11am and 4pm?	1: more than 1 hour per day, 0: less than 1 hour.
Current stressful situations	Stress: Is your current situation one of ? 1) Your work around the home is not appreciated. 2) Your friends are a bad influence. 3) You would like to move but can't. 4) Your neighborhood or community is too noisy or polluted. 5) You have a parent, a child or a partner who is in very bad health and may die. 6) Someone in your family has an alcohol, drug, or gambling problem. 7) People are too critical of you or what you do.	1: yes; 0: no
Birth control pills use	Have you ever taken birth control pills for any reason? Do not include birth control	1:yes; 0: no