





## Article

# Effect of Nitrogen Fertilisation and Inoculation with *Bradyrhizobium japonicum* on the Fatty Acid Profile of Soybean (*Glycine max* (L.) Merrill) Seeds

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**Abstract:** Soybean is a valuable protein and oilseed crop ranked among the most significant of the major crops. Field experiments were carried out in 2016–2019 in South-East Poland. The influence of soybean cultivars (Aldana, Annushka), nitrogen fertilizer (0, 30, 60 kg·ha<sup>-1</sup> N) and inoculation with *B. japonicum* (control, HiStick<sup>®</sup> Soy, Nitragina) on the content of fatty acids (FA) in soybean seeds was investigated in a three-factorial experiment. This study confirms the genetic determinants of fatty acid composition in soybean seeds and their differential accumulation levels for C16:0, C16:1, C18:1n9, C18:2, C18:3, and C20:0 as well saturated (SFA), monounsaturated (MUFA), and polyunsaturated (PUFA) fatty acids. Increasing the rate from 30 to 60 kg ha<sup>-1</sup> N did not produce the expected changes, suggesting the use of only a “starter” rate of 30 kg ha<sup>-1</sup> N. Inoculation of soybean seeds with a strain of *Bradyrhizobium japonicum* (HiStick<sup>®</sup> Soy, BASF, Littlehampton, UK and Nitragina, Institute of Soil Science and Plant Cultivation–State Research Institute, Puławy, Poland) is recommended as it will cause a decrease in SFA and C16:0 acid levels. This is considered nutritionally beneficial as its contribution to total fatty acids determines the hypercholesterolemic index, and it is the third most accumulated fatty acid in soybean seeds. The interaction of cultivars and inoculation formulation on fatty acid content of soybean seeds was demonstrated. An increase in the value of C16:0 content resulted in a decrease in the accumulation of C18:1, C18:2, and C18:3 acids. The content of each decreased by almost one unit for every 1% increase in C16:0 content. The dominant effect of weather conditions on the FA profile and C18:2n6/C18:3n3 ratio was demonstrated. This suggests a need for further evaluation of the genetic progress of soybean cultivars with respect to fatty acid composition and content under varying habitat conditions.

**Keywords:** soybean; cultivar; inoculation; nitrogen fertilization; fatty acids; seeds



**Citation:** Szpunar-Krok, E.; Wondolowska-Grabowska, A.; Bobrecka-Jamro, D.; Jańczak-Pieniążek, M.; Kotecki, A.; Kozak, M. Effect of Nitrogen Fertilisation and Inoculation with *Bradyrhizobium japonicum* on the Fatty Acid Profile of Soybean (*Glycine max* (L.) Merrill) Seeds. *Agronomy* **2021**, *11*, 941. <https://doi.org/10.3390/agronomy11050941>

Academic Editor: Reinhard W. Neugschwandtner

Received: 1 April 2021

Accepted: 4 May 2021

Published: 10 May 2021

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## 1. Introduction

Legume seeds, along with cereals, are one of the most widely consumed foods worldwide [1] and are a valuable source of plant protein especially in impoverished areas where meat, fish and dairy are economically unavailable [2]. They are traditionally included in the diets of various cultures, appropriate in a variety of diets and widely studied for their effects on human health [3–6]. Soybean (*Glycine max* (L.) Merrill) is one of the major oil and protein crops grown worldwide. In terms of acreage under cultivation, it is the world's fourth crop after wheat, corn, and rice. In 2019, world soybean production was 333.6 million tons; Brazil was the largest producer with a production of 114.27 million tons and a cultivated area of 35.9 million hectares, followed by the USA with a production of 96.8 million tons and an area of 30.4 million hectares [7].

Soybean seeds contain about 380–450 g kg<sup>-1</sup> protein with favorable amino acid composition, 180–230 g kg<sup>-1</sup> oil, and 200–260 g kg<sup>-1</sup> carbohydrates. In addition, they are a source of many valuable compounds such as fiber, lecithin, mineral salts (P, K, Ca, Mn, Zn, Fe, and B), vitamins (A, B, and D) and antioxidants [8–14]. Soy protein contains essential amino acids important in human and animal nutrition [15–17], in proportions similar to the reference protein (chicken eggs) [18]. In addition, soybean seeds are a valuable raw material for the food (oil) and feed (post-extraction meal) industries. Soybean is second after palm (*Elaeis guineensis* Jacq.) worldwide as a source for vegetable oil production and consumption [19]. Approximately 29% of the global supply of consumer vegetable oil is produced from soybeans [20]. The fatty acid (FA) content of the oil is a quality indicator used to classify, among other things, soybean varieties and soybean-based products and is a key factor in determining its final use [21,22]. Soybean oil contains saturated FA (palmitic acid (16:0) and stearic acid (18:0)), unsaturated FA (C18:1n9, linoleic acid (18:2) and 18:3 acids), and polyunsaturated FA (linolenic acid (18:3n6) and C18:3n3 acid [12,23]. Soybean oil does not contain cholesterol and 85% of its content is unsaturated FA, which are valuable in human nutrition [16]. Soybean is low in saturated FA [23–25]. Higher concentrations of polyunsaturated FA, such as 18:3 acid, are needed in human nutrition [26].

A higher concentration of C18:1n9 acid in oil is a desirable characteristic because it affects the long shelf life and stability of oil for industrial purposes [26]. This FA is not very susceptible to oxidative modifications during processing, storage, and frying. Therefore, the food industry is now interested in producing soybean seeds containing high concentrations of C18:1n9 acid [27–29]. Soybean oil with higher levels of this acid is also desirable for biofuel production due to its higher oxidative stability and lubricating properties [30].

The presence of FAs in the human diet is desirable. C18:1 acid is considered to be effective in lowering cholesterol levels, reduces the incidence of cardiovascular disease, and features anti-diabetic and anti-inflammatory properties [31]. C18:2n6 acid is an essential omega-6 polyunsaturated FA (PUFA) that can reduce the incidence of diabetes mellitus and will have an effect on lowering blood pressure [32]. C18:0 acid is a saturated FA and has no effect on blood cholesterol [33], but when combined with C16:0 acid, it shows antimicrobial properties against *Staphylococcus aureus* and *Helicobacter pylori*, the latter additionally against *Streptococcus pyogenes* [34].

The formation of nutrients in soybean seeds (protein, oil, fatty acids, soluble sugars, and isoflavones) is strongly influenced by various factors such as genotype, location, climate, water, and earliness group [12,35–37]. Studies on soybean cultivars from different countries show significant differences in FA content and composition. The variable contents include C16:0, C18:3n6, C18:0, C18:1n9, and C18:2n6 acids, but the greatest variation in FA composition was found in C18:3 acid [12,23]. This is due to the strong influence of environmental and agro technical conditions on the metabolic pathways in plants [29,38–40].

Very significant intervarietal differences are found in FA composition in different earliness classes of cultivar. Higher contents of C16:0, C18:0, and C18:1 acids were observed in earlier maturing cultivars, while higher levels of C18:2 and C18:3 acids were observed in late maturing ones [36]. The greatest variation in FAs composition was found in C18:3 content, and C18:2 acid content varied the most among cultivars [23]. C18:0 and C18:1 acids showed more variation than C16:0, C18:2, and C18:3 acids [36]. In the study [41] all FAs showed differences between cultivars.

In addition to nutritional considerations, the cultivation of legumes, including soybean, provides additional economic and ecological benefits. Further noteworthy is the high phenotypic plasticity of soybean plants depending on thermal and rainfall factors [42]. The presence of legumes in crop rotations is especially desirable in organic and sustainable farming system due to their ability to fix atmospheric nitrogen in symbiosis with papillary bacteria [43], which reduces the demand for mineral nitrogen and contributes to improving soil fertility [44,45]. This is also supported by other studies showing that *Rhizobium legumi-*

*nosarum* can completely replace chemical fertilizer in common bean [46], and inoculation of pigeon pea *Cajanus cajan* (L.) Huth with *Bradyrhizobium* bacteria resulted in the same or higher yield than did the use of mineral nitrogen fertilizer [47].

Soybean is capable of fixing atmospheric nitrogen in symbiosis with *Bradyrhizobium japonicum* bacteria. Since these bacteria are not found in European soils, soybean seeds must be inoculated with *Bradyrhizobium* strains before sowing in order to fix nitrogen and realize their yield potential [48]. Inoculation with papillary bacteria of legumes is a reliable agronomic practice to increase production levels, protect the environment and provide quality food for humans and animals. Inoculation can also cause changes in the chemical composition of seeds of different legume species. It has been shown to increase the antioxidant potential and content of some bioactive compounds such as phenols, flavonoids, organic acids, proteins, and FAs. Therefore, studies on the effect of inoculation with papillary bacteria on the content of bioactive compounds in soybean plants are gaining considerable interest [10,49]. Soybean participates in symbiosis with several species of nitrogen-fixing bacteria, mainly belonging to the genus *Bradyrhizobium*, including *B. japonicum*, which has beneficial effects on plant growth, seed yield, and nitrogen content of this legume [50–52]. As a result, soybean has low mineral fertilizer requirements and this further increases the yield of subsequent crops such as cereals [53].

Inoculation alleviates drought stress and increases yield and fat content in soybean [54], with plant drought tolerance being associated with nutrient accumulation [55,56] and potential improvement in water uptake by plants in symbiosis with papillary bacteria [55]. Inoculation with *B. japonicum* induces metabolic changes in the soybean plant, the most studied of which so far being an increase in protein content [57]. It also causes an increase in the FA content in the seed [10]. In field studies, soybean has been shown to be able to fix large amounts of nitrogen, ranging from 0 to 337 kg ha<sup>-1</sup> N [48,58], and biological nitrogen fixation by legumes decreases as the proportion of native soil nitrogen supply increases and vice versa [59]. However, some level of application of nitrogen may be needed during early plant development to overcome nitrogen deficiency at a time when the source of N contained in cotyledons is depleted and plants have not yet formed papillae capable of supplying the plant with symbiotically bound N<sub>2</sub> [60]. Soybean requires an average of 80 kg N in above-ground dry matter per ton of seed produced [59,61]. In practice, nitrogen fertilizer is applied to soybean crops in small amounts as a “starter” at sowing. However, research indicates that in the absence of nitrogen fertilizer, biological N<sub>2</sub> fixation is not sufficient to meet the N demand of the growing crop from early in the season up to the beginning of seed filling, and yield increases in high-yielding soybean production systems require increased biological N<sub>2</sub> fixation, a greater supply of N from soil or fertilizer, or a relaxed trade-off between these two nitrogen sources to meet plant demand [62,63].

The effects application of nitrogen fertilizer on soybean seed yield, protein, and oil content have been extensively documented [64–66], but there are few studies on oil composition and its response to nitrogen fertilizer that extensively discuss its effects on FA profile [64–66]. Some studies have shown that the level of nitrogen fertilizer applied had no effect on the FA composition of soybean seeds [53], and the content of palmitic (C16:1), oleic (C18:1n9), and linoleic (C18:2n6) acids in seeds did not depend on either years or nitrogen fertilization [41,67]. Moreover, varying fertilizer application rates did not modify the fatty acid composition of soybean [53].

Therefore, an important issue is whether and to what extent inoculation of soybean seeds with symbiotic bacteria combined with varying doses of nitrogen fertilizer can change the FA composition of soybean seeds after harvest and what is the impact of the choice of cultivar.

## 2. Materials and Methods

### 2.1. Experimental Design

Field experiments were carried out in 2016–2019 at the Experiment Station for Cultivar Assessment in Przeclaw (south east Poland, 50°11' N, 21°29' E; altitude 185 m).

The experiment was a three-factorial split-plot design with four replications and 72 plots (plot size 13 m × 1.5 m = 19.5 m<sup>2</sup>). The research factors were as follows:

- I. Soybean (*Glycine max* (L.) Merrill) cultivars: Aldana (maintainer Plant Breeding Strzelce Sp. z o.o. IHAR group, Poland) and Annushka (maintainer Scientific Research Centre for Soya Development "AgeSoya" Sp. z o.o., Poland) which belonged to the very early maturity group.
- II. Nitrogen fertilizer: 0, 30, 60 kg·ha<sup>-1</sup> N.
- III. Bacterial inoculant (which contains *Bradyrhizobium japonicum*, symbiotic bacteria for soybean seeds): without inoculation, HiStick<sup>®</sup>Soy (BASF, Littlehampton, UK), Nitragina (Institute of Soil Science and Plant Cultivation—State Research Institute, Puławy, Poland).

Each inoculant was applied in a timely manner, according to the manufacturer's recommendations.

Soybean was grown according to the principles of integrated crop management. The agricultural practices carried out in particular years of the study are presented in Table 1. The seeds were sown at the turn of April and May, row distance—15 cm, and sowing density—90 seeds per 1 m<sup>2</sup>, depth—ca. 3–4 cm. The experiment was conducted in the experimental field where soybean had not previously been grown so far. The preceding crop was spring wheat. A pre-sowing fertilizer with P and K was applied at 15.3, and 78.9 kg·ha<sup>-1</sup>, respectively.

**Table 1.** Agricultural practices in experiment—type and date of treatments.

Treatment	2016	2017	2018	2019
Sowing	29 April	02 May	24 April	25 April
Herbicide spraying	29 April	02 May	24 April	26 April
	Sencor Liquid 600SC (metribuzin 600 g dm <sup>3</sup> ) dose 0.5 dm <sup>3</sup> ha <sup>-1</sup>		Boxer 800EC (proflufocarb 800 g dm <sup>3</sup> ) dose 4.0 dm <sup>3</sup> ha <sup>-1</sup>	
Insecticide spraying	-	-	-	10.06 Cyperkil Max 500EC (cypermethrin 500 g L <sup>-1</sup> ) dose 1.5 L ha <sup>-1</sup>
Harvesting time	29 August—Annushka and Aldana	30 August—Annushka01 September—Aldana	07 September—Annushka10 Septembe—Aldana	27 August—Annushka and Aldana

## 2.2. Soil Conditions

The soil in the study location originated from silt loam (SiL) [19] classified as a Fluvic Cambisol (CMfv) according to the WRB FAO classification [68]. The following chemical characteristics were determined in the soil samples: soil pH—pH in 1 mol dm<sup>-3</sup> KCl—potentiometrically, soil organic carbon (SOC) content—oxidometrically [69]. The contents of available P and K were determined according to the Egner-Riehm method, Mg—Schachtschabel method [70], while the remaining elements were analyzed by the AAS method (Hitachi Z-2000). The soil was slightly acidic (2016, 2018, and 2019) and neutral in 2017. The soil was characterized by very high phosphorus content, very high (2017) or medium (2016, 2018, and 2019) potassium content, very high (2017, 2018, and 2019) or high (2016) magnesium content, medium manganese and zinc content, and high (2017 and 2019) and average (2016 and 2018) copper content (Table 2).

## 2.3. Weather Conditions

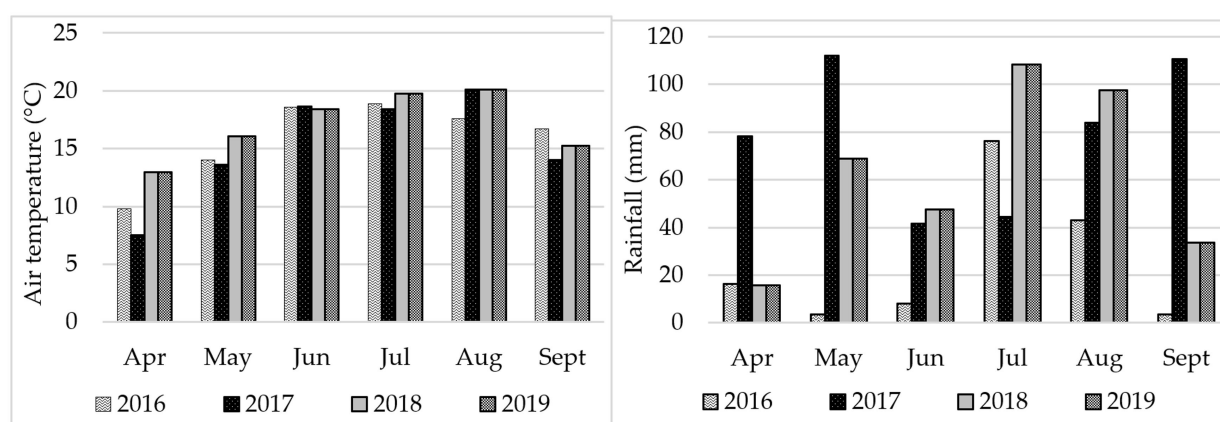
The air temperature and precipitation were measured at the Experimental Station for Cultivar Assessment in Przeclaw (South-East Poland). Meteorological conditions in the soya bean growing seasons (2016–2019) were evaluated on the basis of monthly precipitation totals, average air temperatures (Figure 1), and Sielianinov's hydrothermal index (K). The K index, known as the water supply factor for plants, was calculated according to the formula [71]:

$$K = \frac{P}{0.1\Sigma t} \quad (1)$$

where  $K$ —value of hydrothermal coefficient,  $P$ —signifies the monthly sum of rainfall,  $\Sigma t$ —monthly sum of air temperatures  $>0$  °C from a given month.

**Table 2.** Characteristics of the soil prior to setting up the experiment at a depth of 0–25 cm.

Parametr	2016	2017	2018	2019	
pH in 1 M KCl	6.38	6.82	6.00	6.10	
Soil Organic Carbon (SOC) (%)	0.86	1.13	0.60	1.46	
Content of available forms	Phosphorus ( $\text{mg kg}^{-1}$ )	101	162	153	214
	Potassium ( $\text{mg kg}^{-1}$ )	201	273	163	128
	Magnesium ( $\text{mg kg}^{-1}$ )	134	243	106	189
	Iron ( $\text{mg kg}^{-1}$ )	1712	3034	1045	2129
	Manganese ( $\text{mg kg}^{-1}$ )	200	402	118	307
	Zinc ( $\text{mg kg}^{-1}$ )	12.1	13.8	10.7	13.0
	Copper ( $\text{mg kg}^{-1}$ )	7.26	11.6	3.82	7.26



**Figure 1.** Weather conditions during soya bean growing season in the years 2016–2019.

Weather conditions during the soybean growing period varied depending on the year of research, as well as in particular months (Figures 1 and 2). In accordance with the value ranges proposed by Skowera et al. [71], hydrothermal conditions in the soybean growing season (April–September) were optimal in 2016, defined as humid in 2017, relatively dry in 2018, and relatively humid in 2019. The most unfavourable, extremely dry hydrothermal conditions were in April 2018 and June 2019, while July 2016, and May and September 2017 were very humid, and April 2017 and May 2019 were extremely humid.

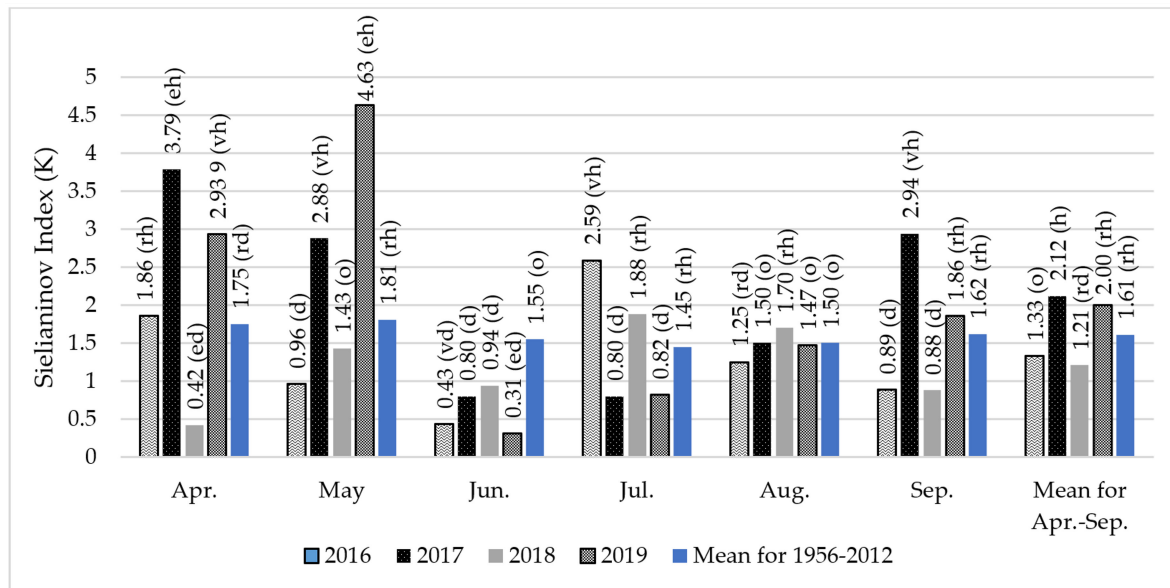
#### 2.4. Analytical Methods

Determination of FA profiles was performed chromatographically. A sample of approximately 0.250 g of air-milled dry seeds was weighed (at 90 °C for 4 h) and boiled (water bath) for 30 min with 2 mL of 10% BF<sub>3</sub> in methanol at 72 °C  $\pm$  0.2 °C (the sample was heated under a reflux condenser). Then 2 mL of hexane and 2 mL of water were added to the cooled sample and vortexed for 2 min. After deposition, the hexane layer was dried over anhydrous sodium sulfate, and a 1  $\mu$ L aliquot was injected onto a gas chromatograph capillary column for qualitative and quantitative analysis.

The FA profile of soybean seeds was determined by gas chromatography with flame ionisation detection FID (Clarus 580, Perkin-Elmer, Shelton, WA, USA) using a ZB-WAX column (30 m  $\times$  0.25 mm i.d., 0.25  $\mu$ m film thickness). The analysis was carried out under the following conditions: carrier gas—helium, flowing at 20 m s<sup>-1</sup>, injection chamber temperature—250 °C, detector temperature—270 °C. The temperature program of column operation was 80 °C for 1 min, temperature increments to 140 °C at the rate of 25 °C min<sup>-1</sup>, temperature increments to 200 °C at the rate of 10 °C min<sup>-1</sup>, temperature increment to 250 °C at the rate of 10 °C min<sup>-1</sup>, temperature of 250 °C held for 5 min. the total analysis time was 28.40 min. The qualitative interpretation of chromatograms was performed by



comparing the retention times of the fatty acid methyl esters of the test sample with the retention times of Supelco 37 fatty acid methyl ester templates.



**Figure 2.** The hydrothermal Sielianinov Index (K) during the growing season of soyabean (April–September) in 2016–2019:  $K \leq 0.4$  extremely dry (ed);  $0.4 < K \leq 0.7$  very dry (vd);  $0.7 < K \leq 1.0$  dry (d);  $1.0 < K \leq 1.3$  relatively dry (rd);  $1.3 < K \leq 1.6$  optimal (o);  $1.6 < K \leq 2.0$  relatively humid (rh);  $2.0 < K \leq 2.5$  humid (h);  $2.5 < K \leq 3.0$  very humid (vh);  $K > 3.0$  extremely humid (eh).

The FA composition was expressed as a percentage of total fatty acids. The data obtained were grouped according to the type of FAs: saturated (SFA), unsaturated (UFA), monounsaturated (MUFA), polyunsaturated (PUFA), and the ratio of SFA/UFA and C18:2n6/C18:3n3 was determined.

### 2.5. Statistical Analyses

The results of the study were statistically analysed by applying analysis of variance (ANOVA) and using TIBCO Statistica 13.3.0 (TIBCO Software Inc., Palo Alto, CA, USA). The least significant difference was calculated with the Tukey test at  $p \leq 0.05$ . Pearson's correlations at  $p = 0.05$  and multiple regression analysis with backward selection of variables for the parameters examined were calculated. For the calculation of FAs important from a nutritional point of view, the analysis included all the variables and, on this basis, gave the best regression models. The regression equation was formed as follows (Equation (2)):

$$y = a_0 + a_1 x_{1,i} + a_2 x_{2,i} + \dots + a_p x_{p,i}, \quad (2)$$

where  $a_0$ —intercept;  $a_1, a_2, \dots, a_p$ —regression coefficients; and  $y$ —estimated value of dependent variable.

## 3. Results and Discussion

Soybean seeds are an important source of FAs [72–74]. In addition to environmental conditions, the FA profile in soybean seeds is strongly related to their genetics [75–77]. In soybean the following acids can be identified: lauric acid (C12:0), tridecylic acid (C13:0), myristic acid (C14:0), myristoleic acid (C14:1), pentadecanoic acid (C15:0), cis-10-pentadecenoic (C15:1), C16:0, palmitoleic acid (C16:1), margaric acid (C17:0), heptadecenoic acid (C17:1), C18:0, C18:1n9, C18:2n6, C18:3n3, C18:3n6, arachidic acid (C20:0), eicosenoic acid (C20:1), eicosadienoic acid (C20:2), dihomo- $\gamma$ -linolenic (C20:3n6), eicosatrienoic acid (C20:3n3), arachidonic acid (C20:4n6), eicosapentaenoic acid (C20:5n3), heneicosanoic acid (C21:0), heneicosylic acid (C21:1), erucic acid (C22:1n9), eicosadienoic

acid (C22:2), docosaheptaenoic acid (C22:6n3), tricosanoic acid (C23:0), lignoceric acid (C24:0), nervonic acid (C24:1) [10,78]. C16:0, C18:0, C18:1, C18:2n6, and C18:3n3 acids are most commonly considered in studies [41,57]. C18:0 and C18:3 acid levels are used for strain selection in crossbreeding selection and lineage evaluation [79].

In the experiment conducted, a total of 34 fatty acids were identified in soybean seeds, including butyric acid (C4:0), caproic acid (C6:0), caprylic acid (C8:0), capric acid (C10:0), and undecylic acid (C11:0) not reported by the above authors (Table 3). The manuscript discusses the FAs with higher content and greater importance in seeds.

**Table 3.** Fatty acids (FA) composition of *G. max* seeds (g FA 100 g seeds<sup>-1</sup>).

Fatty Acids		Mean (g FA·100 g seeds <sup>-1</sup> )	±SD
Butyric acid	C4:0	0.430	0.329
Caproic acid	C6:0	0.117	0.080
Caprylic acid	C8:0	0.124	0.090
Capric acid	C10:0	0.051	0.050
Undecylic acid	C11:0	0.109	0.077
Lauric acid	C12:0	0.051	0.044
Tridecylic acid	C13:0	0.067	0.060
Myristic acid	C14:0	0.162	0.095
Myristoleic acid	C14:1	0.004	0.010
Pentadecanoic acid	C15:0	0.045	0.023
cis-10-Pentadecenoic	C15:1	0.034	0.025
Palmitic acid	C16:0	13.1	1.34
Palmitoleic acid	C16:1	0.148	0.034
Margaric acid	C17:0	0.116	0.019
Heptadecenoic acid	C17:1	0.091	0.059
Stearic acid	C18:0	3.21	0.235
Oleic acid	C18:1n9	19.0	2.59
Linoleic acid	C18:2n6	52.8	1.64
α-linolenic acid	C18:3n3	8.94	0.764
γ-linolenic acid	C18:3n6	0.083	0.047
Arachidic acid	C20:0	0.271	0.052
Eicosenoic acid	C20:1	0.181	0.041
Eicosadienoic acid	C20:2	0.090	0.025
Dihomo-g-linolenic	C20:3n6	0.024	0.028
Eicosatrienoic acid	C20:3n3	0.017	0.018
Arachidonic acid	C20:4n6	0.028	0.030
Eicosapentaenoic acid	C20:5n3	0.142	0.090
Heneicosanoic acid	C21:0	0.050	0.024
Erucic acid	C22:1n9	0.007	0.009
Eicosadienoic acid	C22:2	0.056	0.032
Docosaheptaenoic acid	C22:6n3	0.021	0.042
Tricosanoic acid	C23:0	0.063	0.033
Lignoceric acid	C24:0	0.083	0.076
Nervonic acid	C24:1	0.009	0.020

The experiment showed a significant effect of cultivar on the fatty acid profile of soybean seeds. Out of the FAs identified, the seeds of soybean cultivars accumulated the highest value of C18:2n6 and C18:1n9 acids, which together accounted for 71.8% of the total FAs (Table 4). Statistical analysis showed a significant effect of cultivar, nitrogen fertilizer, bacterial inoculation of seeds, as well as weather conditions on the profile of FAs in soybean seeds. The seeds of the Annushka cultivar had a significantly higher content of C18:0, C18:2n6, C18:3n3, C16:0, and C20:0 acids and smaller amounts of C18:1n9 and C16:1 acids compared to the Aldana cultivar. Moreover, other authors [36,72–75,80], indicate that soybean varieties vary in their C18:0, C18:1, and C18:2 acid content.

The ranges of individual fatty acid contents determined in soybean are significant and can range as follows: C16:0 (13.7–68.1g 100 g seeds<sup>-1</sup>), C16:1 (0.67–15.2 g 100 g seeds<sup>-1</sup>), C 18:0 (3.05–67.1 g 100 g seeds<sup>-1</sup>), C18:1 (9.66–63.0 g 100 g seeds<sup>-1</sup>), C18:2 (32.5–69.85 g 100 g seeds<sup>-1</sup>), and C18:3 (0.90–12.9 g 100 g seeds<sup>-1</sup>) [10,41,79,81].

Abdelghany et al. [40], evaluating 1025 soybean cultivars of different origins, stressed significant differences in C16:0, C 18:0, C18:1, C18:2, and C18:3 acid contents. The average contents of these acids were 12.2; 3.8; 21.5; 54.2, and 8.3 g 100 g seeds<sup>-1</sup>, respectively.

On average, higher levels of C16:0 and C18:3 acids were observed in Russian cultivars (12.31 and 8.15 g 100 g seeds<sup>-1</sup>, respectively). Higher levels of C 18:0 and C18:1 acids were found in Chinese cultivars (3.95 and 21.95 g 100 g seeds<sup>-1</sup>, respectively), while the highest level of C18:2 acid was recorded in cultivars from the USA. In some Polish cultivars, the content of C16:0 acid can amount 10.85–14.1 g 100 g seeds<sup>-1</sup>, C 18:0 acid 4.15–5.12 g 100 g seeds<sup>-1</sup>, C18:1 acid 21.0–27.18 g 100 g seeds<sup>-1</sup>, C18:2 45.3–53.24 g 100 g seeds<sup>-1</sup>, and C18:3 acid can be 7.21–9.86 g 100 g seeds<sup>-1</sup> [78,82,83]. This is consistent with the results of the experiment conducted, with lower contents of C 18:0 (3.14–3.28 g 100 g seeds<sup>-1</sup>) and C18:1 (20.0–18.1 g 100 g seeds<sup>-1</sup>).

**Table 4.** Fatty acids (FA) composition of *G. max* seeds (g FA 100 g seeds<sup>-1</sup>), mean values for factors.

Factors	C14:0	C16:0	C16:1	C18:0	C18:1n9	C18:2n6	C18:3n3	C18:3n6	C20:0	20:1
Cultivars										
Aldana	0.165 ± 0.095	12.9 <sup>b</sup> ± 1.35	0.157 <sup>a</sup> ± 0.036	3.14 <sup>b*</sup> ± 0.18	20.0 <sup>a</sup> ± 2.74	52.3 <sup>b</sup> ± 1.52	8.85 <sup>b</sup> ± 0.72	0.080 ± 0.048	0.259 <sup>b</sup> ± 0.039	0.178 ± 0.036
Annushka	0.159 ± 0.077	13.4 <sup>a</sup> ± 1.30	0.139 <sup>b</sup> ± 0.031	3.28 <sup>a</sup> ± 0.26	18.1 <sup>b</sup> ± 2.02	53.2 <sup>a</sup> ± 1.55	9.03 <sup>a</sup> ± 0.80	0.0860 ± 0.046	0.283 <sup>a</sup> ± 0.060	0.183 ± 0.047
Fertilization (kg·ha <sup>-1</sup> N)										
0	0.168 ± 0.112	12.7 <sup>b</sup> ± 1.69	0.141 <sup>b</sup> ± 0.027	3.26 <sup>a</sup> ± 0.23	19.2 ± 2.89	52.8 ± 1.43	8.98 ± 0.68	0.083 ± 0.049	0.295 <sup>a</sup> ± 0.063	0.198 <sup>a</sup> ± 0.048
30	0.165 ± 0.085	13.2 <sup>ab</sup> ± 1.28	0.143 <sup>ab</sup> ± 0.023	3.18 <sup>b</sup> ± 0.26	18.8 ± 2.27	52.9 ± 1.54	8.97 ± 0.77	0.088 ± 0.046	0.259 <sup>b</sup> ± 0.048	0.170 <sup>b</sup> ± 0.038
60	0.153 ± 0.088	13.4 <sup>a</sup> ± 0.89	0.159 <sup>a</sup> ± 0.046	3.19 <sup>b</sup> ± 0.22	19.1 ± 2.66	52.5 ± 1.95	8.87 ± 0.86	0.077 ± 0.047	0.258 <sup>b</sup> ± 0.033	0.176 <sup>b</sup> ± 0.034
Inoculated										
Without inoculation	0.155 ± 0.083	13.6 <sup>a</sup> ± 1.31	0.148 ± 0.031	3.20 ± 0.22	18.8 ± 2.48	52.8 ± 1.19	8.98 ± 0.71	0.080 ± 0.044	0.264 ± 0.047	0.176 ± 0.037
HiStick <sup>®</sup> Soy	0.166 ± 0.086	12.7 <sup>b</sup> ± 1.51	0.148 ± 0.043	3.25 ± 0.21	19.4 ± 3.03	52.7 ± 1.85	8.90 ± 0.88	0.090 ± 0.051	0.282 ± 0.063	0.188 ± 0.047
Nitragina	0.164 ± 0.115	13.1 <sup>ab</sup> ± 1.10	0.148 ± 0.029	3.19 ± 0.27	18.9 ± 2.25	52.7 ± 1.86	8.94 ± 0.72	0.079 ± 0.046	0.266 ± 0.044	0.179 ± 0.040
Years										
2016	0.161 <sup>b</sup> ± 0.037	13.5 <sup>a</sup> ± 0.39	0.126 <sup>b</sup> ± 0.015	3.16 <sup>b</sup> ± 0.12	17.1 <sup>d</sup> ± 1.19	54.6 <sup>a</sup> ± 0.73	9.35 <sup>b</sup> ± 0.25	0.098 <sup>ab</sup> ± 0.041	0.259 <sup>bc</sup> ± 0.015	0.168 <sup>bc</sup> ± 0.014
2017	0.251 <sup>a</sup> ± 0.085	13.5 <sup>a</sup> ± 0.53	0.157 <sup>a</sup> ± 0.022	3.39 <sup>a</sup> ± 0.15	18.7 <sup>b</sup> ± 0.75	52.2 <sup>c</sup> ± 0.55	8.36 <sup>c</sup> ± 0.25	0.115 <sup>a</sup> ± 0.051	0.300 <sup>a</sup> ± 0.038	0.210 <sup>a</sup> ± 0.037
2018	0.161 <sup>b</sup> ± 0.087	12.2 <sup>b</sup> ± 1.10	0.151 <sup>a</sup> ± 0.052	2.95 <sup>c</sup> ± 0.18	22.6 <sup>a</sup> ± 2.42	51.4 <sup>d</sup> ± 1.82	8.21 <sup>c</sup> ± 0.51	0.064 <sup>b</sup> ± 0.044	0.277 <sup>ab</sup> ± 0.078	0.193 <sup>ab</sup> ± 0.051
2019	0.074 <sup>c</sup> ± 0.069	13.4 <sup>a</sup> ± 1.14	0.159 <sup>a</sup> ± 0.028	3.35 <sup>a</sup> ± 0.17	17.8 <sup>c</sup> ± 0.90	52.9 <sup>b</sup> ± 1.04	9.85 <sup>a</sup> ± 0.28	0.054 <sup>b</sup> ± 0.018	0.247 <sup>c</sup> ± 0.043	0.153 <sup>c</sup> ± 0.031
Mean	0.162 ± 0.095	13.1 ± 1.34	0.184 ± 0.034	3.21 ± 0.23	19.0 ± 2.59	52.8 ± 1.64	8.94 ± 0.76	0.083 ± 0.047	0.271 ± 0.052	0.181 ± 0.041
Cultivar	NS	**	**	***	***	***	**	NS	**	NS
Fertilization	NS	**	*	*	NS	NS	NS	NS	***	**
Inoculation	NS	**	NS	NS	NS	NS	NS	NS	NS	NS
Years	***	***	**	***	***	***	***	***	***	***

\* Values are expressed as mean ± SD. Means in a column followed by different letters show significant differences ( $p < 0.05$ ) according to the Tukey test. Significance at: \*\*\*  $p < 0.001$ ; \*\*  $p < 0.01$ ; \*  $p < 0.05$ ; NS not significant.

Lack of nitrogen fertilizer promoted the accumulation of C18:0, C20:0, and C20:1 acids in seeds, while seeds accumulated less C16:0 and C16:1 acids. Nitrogen fertilizer at the rates of 30 and 60 kg ha<sup>-1</sup> N significantly reduced seed acid C20:0 by 12.2 and 12.5%, C20:1 by 14.1%, and C18:0 by 2.5%, respectively. However, application of nitrogen at a rate of 60 kg ha<sup>-1</sup> N increased C16:0 count by 5.2% and that of C16:1 acids by 11.3% with respect to the control. However, nitrogen fertilizer had no significant effect on seed accumulation of C18:1n9, C18:2n6, C18:3n6, C18:3n3, and C14:0 acids.

According to [67], C18:3 unsaturated FA did not show significant changes in response to nitrogen fertilizer and the study of [41] shows that C16:0, C18:1, and C18:2 acids content in seeds did not depend on nitrogen fertilizer. In a study by Rahim et al. [66] application rate of 100 kg ha<sup>-1</sup> N significantly increased the C18:2 and C18:1 acid content, while lower rates of 25 and 50 kg ha<sup>-1</sup> N showed no significant differences. Similar observations are reported by [82], where application of nitrogen fertilizer at rates of 0, 30, 60 kg ha<sup>-1</sup> N did not affect FA composition of soybean. In the study of [81], application of 75 kg urea per 1 ha increased linoleic acid content by 6.22%, 3.86%, and 0.8% compared to the application of 0



and 25 and 50 kg urea per 1 ha, respectively. There was no significant difference between the application of urea at 50 and 75 kg ha<sup>-1</sup>.

In another study [41] C18:0 acid was the only major FA showing a slight decrease in content from 3.84 g FA 100 g oil<sup>-1</sup> in the cultivar fertilized with 670 kg ha<sup>-1</sup> N rate to 3.63 g FA 100 g oil<sup>-1</sup> in the unfertilized cultivar. Moreover, C18:1n9 and C18:2n6 acid contents varied from 5% to 11% and the ratio of monounsaturated to polyunsaturated FA was 18%, but this was not due to application of nitrogen fertilizer. Only the content of C18:0 acid was significantly modified by application at the rate of 670 kg ha<sup>-1</sup> N.

Silva et al. [10] reported that inoculation with *B. japonicum* increases the FA content of soybean seeds. Taking into account that soybean provides various bioactive compounds, including FAs, which form functional foods included in nutraceutical products [1,43,50,84–90] seed grafting is desirable. In the experiment, there was no significant effect of seed inoculation on the content of FAs analyzed, except for 16:0 acid. The seeds inoculated with *Nitragina* reduced C16:0 acid content by about 3.68% and HiStick<sup>®</sup> Soy by 6.6% compared to the variant without inoculation. The study of Rahim et al. [67] only confirms the decrease in C16:0 acid content under inoculation, while it reports different observations related to decrease in C 18:0 and also an increase in C18:2 and C18:1 acids under inoculation. In addition, the unsaturated FA C18:3 did not show significant changes in response to inoculation. Sharifi et al. [81] showed that the content of saturated FSs C16:0 and C 18:0 decreased in seeds after *Bradyrhizobium* inoculation compared to the variant without inoculation, while unsaturated FAs C18:1, C18:2, and C18:3 increased. Similar results were obtained for particular acids by Rahim et al. [67] except for C18:3 acid, whose content did not change significantly under inoculation.

The content of FAs in soybean seeds is modified by the course of weather and environmental conditions [91,92], which was confirmed in the experiment that was carried out. Weather patterns strongly modified the fatty acid profile of soybean seeds. Seeds in 2017 contained the most C18:0, C18:3n6, C14:0, C16:0, C16:1, C20:0, and 20:1 acids. Seeds harvested in 2016 had high C18:2n6 acid content, and in 2018. C18:1n9. The C16:1 acid content of the seeds remained similar except for 2016, when it was the lowest by a significant margin. It was observed that a wet and cool year promoted the accumulation of not only C16:0 and C18:0, but also C18:3n6, C14:0, C16:1, sC20:0 and 20:1 acid in soybean seeds. Different results were obtained by [41], which showed that the C16:0, C18:1 and C18:2 oil content in seeds did not depend on years. Moreover, Abdelghany et al. [40], evaluating 1025 soybean cultivars collected from different ecoregions and grown in different locations and in different years, showed significant differences in FA content, but different from the experiment presented, they found no differences in saturated C16:0 acid content. In another experiment [67], not only did C16:0 acid not change, but no significant differences were found in C18:0 acid content either.

Statistical analysis indicates a significant interaction of cultivar and years of experiment in shaping the FA profile of soybean seeds (Table 5). Significant interaction of these experimental factors was found for six acids: C18:0, C18:1n9, C18:2n6, C18:3n3, C14:0, and C16:0. Seeds of the Annushka cultivar had the highest C18:0 acid content in 2017 and 2019, significantly higher than 2018 by 16.5 and 15%, respectively. Seeds of this cultivar also contained significantly the highest C18:2n6 acid in 2016 and C16:0 in 2017. In contrast, seeds of the cultivar Aldana were distinguished by significantly the highest content of C18:1n9 acid in 2018 and C14:0 acid in 2017.

The cold year 2017 was favorable for the increase in the content of C14:0 saturated acids in the Aldana cultivar, and C16:0 and C18:0 in the Annushka cultivar, while in the warm years higher levels were recorded for the C18:3n3 and C18:2n6 acids in Annushka seeds and C18:1n9 in Aldana seeds. Despite the significance of the interaction cultivar x fertilizer used, no logical and unambiguous relationships were found. There is only a noticeable tendency for cultivars to accumulate saturated acid in seeds in cold years, and unsaturated acids in years with warmer weather conditions.

The experiment also showed a significant effect of interaction between cultivar and inoculation of seeds with *B. japonicum* on the FA profile (Table 6). Such a relationship was found for three FAs: C18:3n6, C14:0, and C20:0. Seed inoculation with HiStick<sup>®</sup>Soy resulted in a significant 32.7% increase in C18:3n6 acid content in the Annushka cultivar compared to the bacterial preparation Nitragina. In total 18.3% more C20:0 acid accumulated in the seeds of the Annushka cultivar after inoculation with HiStick<sup>®</sup>Soy compared to the seeds of the Aldana cultivar inoculated with Nitragina. It was also reported that the C14:0 acid content in the seeds of the cultivar Aldana after inoculated with Nitragina was significantly higher by 37.6% compared to the variant without inoculation, and also higher by 43.8% compared to the seeds of the cultivar Annushka inoculated with Nitragina.

**Table 5.** Fatty acids (FA) composition of *G. max* seeds (g FA 100 g seeds<sup>-1</sup>), mean values for interaction cultivar × years.

Cultivar	Year	C14:0	C16:0	C16:1	C18:0	C18:1n9	C18:2n6	C18:3n6	C18:3n3	C20:0	C20:1
Aldana	2016	0.154 <sup>c</sup> ± 0.034	13.3 <sup>ab</sup> ± 0.28	0.138 ± 0.008	3.09 <sup>c</sup> ± 0.11	18.2 <sup>d</sup> ± 0.43	54.0 <sup>b</sup> ± 0.39	0.098 ± 0.046	9.17 <sup>c</sup> ± 0.20	0.253 ± 0.013	0.172 ± 0.09
		0.282 <sup>a</sup> ± 0.101	13.1 <sup>a</sup> ± 0.28	0.154 ± 0.020	3.27 <sup>b</sup> ± 0.09	19.2 <sup>c</sup> ± 0.51	52.4 <sup>c</sup> ± 0.59	±0.050	8.13 <sup>e</sup> ± 0.12	0.292 ± 0.015	0.218 ± 0.024
	2018	0.162 <sup>c</sup> ± 0.099	11.4 <sup>c</sup> ± 1.01	0.167 ± 0.063	2.95 <sup>d</sup> ± 0.21	24.3 <sup>a</sup> ± 1.75	50.4 <sup>d</sup> ± 1.69	0.071 ± 0.056	8.39 <sup>d</sup> ± 0.61	0.253 ± 0.052	0.177 ± 0.030
		2019	0.061 <sup>d</sup> ± 0.065	13.8 <sup>ab</sup> ± 0.64	0.168 ± 0.019	3.25 <sup>b</sup> ± 0.08	18.4 <sup>cd</sup> ± 0.88	52.4 <sup>c</sup> ± 0.97	0.049 ± 0.010	9.72 <sup>b</sup> ± 0.30	0.238 ± 0.044
Annushka	2016	0.166 <sup>c</sup> ± 0.040	13.8 <sup>ab</sup> ± 0.31	0.113 ± 0.010	3.22 <sup>b</sup> ± 0.09	16.0 <sup>f</sup> ± 0.36	55.2 <sup>a</sup> ± 0.42	0.100 ± 0.038	9.53 <sup>b</sup> ± 0.13	0.265 ± 0.015	0.164 ± 0.018
		0.221 <sup>b</sup> ± 0.054	13.9 <sup>a</sup> ± 0.39	0.159 ± 0.025	3.52 <sup>a</sup> ± 0.09	18.1 <sup>d</sup> ± 0.55	51.9 <sup>c</sup> ± 0.44	0.128 ± 0.050	8.58 <sup>d</sup> ± 0.09	0.309 ± 0.052	0.203 ± 0.047
	2018	0.161 <sup>c</sup> ± 0.079	12.9 <sup>b</sup> ± 1.05	0.134 ± 0.032	2.94 <sup>d</sup> ± 0.15	20.9 <sup>b</sup> ± 1.64	52.4 <sup>c</sup> ± 1.39	0.056 ± 0.029	8.03 <sup>e</sup> ± 0.33	0.301 ± 0.094	0.208 ± 0.063
		2019	0.088 <sup>d</sup> ± 0.075	13.0 <sup>b</sup> ± 1.42	0.150 ± 0.033	3.46 <sup>a</sup> ± 0.17	17.2 <sup>e</sup> ± 0.52	53.5 <sup>b</sup> ± 0.82	0.060 ± 0.023	9.97 <sup>a</sup> ± 0.21	0.256 ± 0.043
Cultivar × Years			*	*	*	*	**	NS	**	NS	NS

\* Values are expressed as mean ± SD. Means in a column followed by different letters show significant differences ( $p < 0.05$ ) according to the Tukey test. Significance at: \*\*  $p < 0.01$ ; \*  $p < 0.05$ ; NS not significant.

**Table 6.** Fatty acids (FA) composition of *G. max* seeds (g FA 100 g seeds<sup>-1</sup>), mean values for interaction cultivar × seed inoculation.

Cultivar	Inoculated	C14:0	C16:0	C16:1	C18:0	C18:1n9	C18:2n6	C18:3n6	C18:3n3	C20:0	C20:1
Aldana	Without inoculation	0.131 <sup>c</sup> ± 0.092	13.0 ± 1.42	0.151 ± 0.027	3.15 ± 0.17	19.7 ± 2.88	52.5 ± 1.13	0.071 <sup>c</sup> ± 0.039	8.91 ± 0.69	0.267 <sup>ab</sup> ± 0.046	0.186 ± 0.037
	HiStick <sup>®</sup> Soy	0.153 <sup>ab</sup> ± 0.095	12.5 ± 1.59	0.159 ± 0.052	3.20 ± 0.13	20.4 ± 3.18	52.5 ± 1.83	0.078 <sup>c</sup> ± 0.047	8.85 ± 0.85	0.263 <sup>ab</sup> ± 0.036	0.177 ± 0.033
	Nitragina	0.210 <sup>a</sup> ± 0.133	13.2 ± 0.99	0.160 ± 0.023	3.07 ± 0.22	19.9 ± 2.29	51.8 ± 1.87	0.090 <sup>b</sup> ± 0.058	9.80 ± 0.68	0.246 <sup>b</sup> ± 0.050	0.173 ± 0.038
Annushka	Without inoculation	0.180 <sup>ab</sup> ± 0.069	14.1 ± 0.92	0.145 ± 0.036	3.25 ± 0.27	17.8 ± 1.60	53.1 ± 1.22	0.089 <sup>b</sup> ± 0.049	9.06 ± 0.75	0.260 <sup>ab</sup> ± 0.080	0.167 ± 0.036
	HiStick <sup>®</sup> Soy	0.179 <sup>ab</sup> ± 0.079	13.0 ± 1.45	0.137 ± 0.028	3.30 ± 0.26	18.4 ± 2.66	52.8 ± 1.93	0.101 <sup>a</sup> ± 0.054	8.94 ± 0.95	0.301 <sup>a</sup> ± 0.080	0.199 ± 0.057
	Nitragina	0.118 <sup>c</sup> ± 0.074	13.0 ± 1.24	0.133 ± 0.028	3.31 ± 0.27	17.9 ± 1.79	53.7 ± 1.30	0.068 <sup>d</sup> ± 0.029	9.09 ± 0.76	0.286 <sup>ab</sup> ± 0.043	0.186 ± 0.043
Cultivar × Inoculation		*	NS	NS	NS	NS	NS	*	NS	*	NS

\* Values are expressed as mean ± SD. Means in a column followed by different letters show significant differences ( $p < 0.05$ ) according to the Tukey test. Significance at: \*  $p < 0.05$ ; NS not significant.

The research conducted indicates variation in the effect of the interaction of the cultivars and the inoculation preparation used on the content of some fatty acids in soybeans. The Aldana cultivar obtained more favorable results in cooperation with Nitragina, while the Annushka cultivar with the HiStick<sup>®</sup>Soy preparation. This suggests that more research is needed with different inoculations and different cultivars.

However, statistical analysis of the results of the four-year study, shows no significant effect of the interaction of cultivar and nitrogen fertilizer (Table S1), nitrogen fertilization and seed inoculation with *B. japonicum* (Table S2), or inoculation and years of study (Table S3) on the formation of the profile of FAs analyzed.

In the present study, SFA averaged 18.0 g, MUFA 19.5 g, UFA 81.7 g, and PUFA 62.2 g FA 100 g seeds<sup>-1</sup> in soybean seeds (Table 7). For the years of study, the Aldana cultivar seeds accumulated on average significantly more MUFA (by 9.8%), while the Annushka cultivar seeds contained significantly higher amounts of SFA and PUFA (by 3.3 and 2.1%, respectively). On the other hand, no significant differentiation of cultivars was found in terms of UFA content in seed. Application of the highest dose of nitrogen fertilizer of 60 kg N ha<sup>-1</sup> caused a significant 3.3% increase in the content of SFA in seeds compared to the control, while an opposite relation was obtained for UFA and PUFA. The content of UFA and PUFA in the non-fertilized variant was significantly higher than in the highest nitrogen dose by 5.5 and 9.5%, respectively. However, the rate of nitrogen fertilizer application did not determine the content of MUFA and UFA.

**Table 7.** The content of SFA, UFA, MUFA, and PUFA (g FA 100 g seeds<sup>-1</sup>) as well as the ratio of SFA/UFA and C18:2n6/C18:3n3 in *G. max* seeds, mean values for factors.

Factor	SFA	MUFA	UFA	PUFA	SFA/UFA	C18:2n6/C18:3n3
Cultivar						
Aldana	17.7 <sup>b</sup> ± 1.72	20.5 <sup>a</sup> ± 2.76	82.0 ± 1.71	61.5 <sup>b</sup> ± 2.06	0.22 ± 0.03	5.94 ± 0.42
Annushka	18.3 <sup>a</sup> ± 1.63	18.5 <sup>b</sup> ± 2.05	81.3 ± 1.61	62.8 <sup>a</sup> ± 2.01	0.23 ± 0.03	5.93 ± 0.4
Fertilisation (kg · ha <sup>-1</sup> N)						
0	17.7 <sup>b</sup> ± 2.15	19.6 ± 2.90	81.8 ± 1.89	62.1 ± 2.36	0.22 ± 0.03	5.91 ± 0.38
30	18.0 <sup>ab</sup> ± 1.45	19.3 ± 2.29	81.4 ± 1.71	62.1 ± 2.03	0.23 ± 0.03	5.93 ± 0.43
60	18.3 <sup>a</sup> ± 1.41	19.6 ± 2.69	81.8 ± 1.46	62.4 ± 2.01	0.22 ± 0.02	5.96 ± 0.48
Inoculated						
Without inoculation	18.3 <sup>a</sup> ± 1.63	19.2 ± 2.48	81.6 ± 1.67	62.0 ± 2.26	0.23 ± 0.03	5.91 ± 0.43
HiStick <sup>®</sup> Soy	17.7 <sup>b</sup> ± 1.96	19.9 ± 3.07	81.8 ± 1.59	62.1 ± 2.25	0.22 ± 0.02	5.96 ± 0.46
Nitragina	18.1 <sup>ab</sup> ± 1.48	19.4 ± 2.27	81.7 ± 1.85	62.4 ± 1.89	0.22 ± 0.03	5.93 ± 0.40
Years						
2016	17.9 <sup>c</sup> ± 0.55	17.5 <sup>d</sup> ± 1.19	81.8 <sup>b</sup> ± 0.57	64.3 <sup>a</sup> ± 0.92	0.22 <sup>b</sup> ± 0.01	5.84 <sup>b</sup> ± 0.11
2017	19.3 <sup>a</sup> ± 0.77	19.2 <sup>b</sup> ± 0.76	80.3 <sup>c</sup> ± 0.77	61.1 <sup>c</sup> ± 0.41	0.25 <sup>a</sup> ± 0.01	6.25 <sup>a</sup> ± 0.21
2018	16.4 <sup>d</sup> ± 1.30	23.1 <sup>a</sup> ± 1.44	83.1 <sup>a</sup> ± 2.17	60.1 <sup>c</sup> ± 2.13	0.20 <sup>c</sup> ± 0.03	6.27 <sup>a</sup> ± 0.35
2019	18.4 <sup>b</sup> ± 1.21	18.2 <sup>c</sup> ± 0.89	81.4 <sup>bc</sup> ± 1.17	63.1 <sup>b</sup> ± 1.23	0.23 <sup>ab</sup> ± 0.02	5.38 <sup>c</sup> ± 0.13
Mean	18.0 ± 1.70	19.5 ± 2.61	81.7 ± 1.68	62.2 ± 2.12	0.23 ± 0.03	5.93 ± 0.43
Cultivar	***	***	NS	***	NS	NS
Fertilization	*	NS	NS	NS	NS	NS
Inoculation	*	NS	NS	NS	NS	NS
Years	***	***	***	***	***	**

\* Values are expressed as mean ± SD. Means in a column followed by different letters show significant differences ( $p < 0.05$ ) according to the Tukey test. Significance levels at: \*\*\*  $p < 0.001$ ; \*\*  $p < 0.01$ ; \*  $p < 0.05$ ; NS not significant.

In the current study, inoculation had no effect on UFA, MUFA, PUFA, and the formation of SFA/UFA ratios of soybean seeds. It only had an effect on SFA. The least favorable SFA content occurred in non-treated seeds, and a favorable decrease by 1.09% in its content was observed with Nitragina treatment and 3.3% after HiStick<sup>®</sup>Soy treatment. Different results were obtained by Luís et al. [10], who reported that inoculation with *B. japonicum* increases the content of unsaturated fatty acids in soybean seeds. Similar results were reported by Silva et al. [10] showing that inoculation of *B. japonicum* sv *glycinearum*, increased the content of total FAs and this was due to an increase in MUFA and PUFA. SFA accounted for 73% and 65% of the total FA content in the inoculated and control samples, respectively. Among them, C18:0 acid was the major compound in both samples, accounting for 55% and 34% of the total SFA content in inoculated and control seeds, respectively [10].

Soybean seeds had the highest SFA content in 2017, MUFA and UFA in 2018 and PUFA in 2016.

The cultivar, nitrogen fertilizer application and inoculation had no effect on the formation of SFA/UFA and C18:2n6/C18:3n3 ratios. The experiment showed that the cultivar did not determine these ratios, but the proportion of MUFA and the proportion of PUFA were significant in cultivars. Similarly, this was also seen in another experiment where the percentage of MUFA differed between cultivars by more than 27% and the percentage of PUFA ranged from 59.61–60.12% and differed cultivars by 3.5% [82].

C18:2 and C18:3 acids are essential fatty acids in the human diet, and the ratio between them determines the nutritional value [28,29]. In our study, there was no effect of inoculation on this relationship and the average ratio was 5:1, which was more favorable than that calculated in the study by Pisulewska et al. [78], which was 7:1.

The course of weather conditions during the study years had a significant impact on these matters. In 2017, the value of SFA/UFA ratio in soybean seeds was significantly higher from 8,0% to 20% compared to the other study years, while the value of the C18:2n6/C18:3n3 ratio was then significantly lower than in 2017 and 2018 (by 13.9 and 14.2%, respectively). A relatively humid and cold 2017 year contributed to an increase in the SFA/UFA ratio, while the value of the C18:2n6/C18:3n3 acid ratio was significantly lower in warm years with optimal humidity or relatively humid years. In the experiment of Tamagno et al. [41], the ratio of C18:1n9 acid to PUFA did not vary with year.

In the experiment, significant interaction between cultivar and years of testing on MUFA and PUFA, as well as the ratio of C18:2n6/C18:3n3 acids content in soybean seeds was noted (Table 8). Seeds of the cultivar Aldana contained significantly more MUFA (by 33.9%) and less PUFA (by 9,1%) in 2018 compared to seeds of the cultivar Annushka collected in 2016 and also showed a significantly lower value of C18:2n6/C18:3n3 ratio compared to seeds of both cultivars obtained in 2019. However, soybean seeds of both cultivars in 2017 and 2018 contained—the significantly lowest amount of PUFAs.

**Table 8.** The content of SFA, UFA, MUFA, and PUFA (g FA 100 g seeds<sup>-1</sup>), as well as the ratio of SFA/UFA and C18:2n6/C18:3n3 in *G. max* seeds. mean values for interaction cultivar × years.

Cultivar	Year	SFA	MUFA	UFA	PUFA	SFA/UFA	C18:2n6/ C18:3n3
Aldana	2016	17.6 ± 0.43	18.6 <sup>cd</sup> ± 0.639	82.1 ± 0.42	63.5 <sup>ab</sup> ± 0.41	0.22 ± 0.01	5.79 <sup>c</sup> ± 0.07
	2017	18.8 ± 0.64	19.7 <sup>c</sup> ± 0.51	80.8 ± 0.64	61.0 <sup>c</sup> ± 0.48	0.24 ± 0.01	6.05 <sup>b</sup> ± 0.06
	2018	15.7 ± 1.24	24.8 <sup>a</sup> ± 1.77	84.0 ± 2.16	59.2 <sup>d</sup> ± 2.22	0.19 ± 0.03	6.53 <sup>a</sup> ± 0.19
	2019	18.5 ± 0.93	18.8 <sup>cd</sup> ± 0.89	81.2 ± 0.91	62.4 <sup>bc</sup> ± 1.06	0.23 ± 0.01	5.36 <sup>d</sup> ± 0.09
Annushka	2016	18.2 ± 0.52	16.4 <sup>e</sup> ± 0.30	81.5 ± 0.55	65.1 <sup>a</sup> ± 0.46	0.23 ± 0.01	5.89 <sup>bc</sup> ± 0.12
	2017	19.8 ± 0.49	18.7 <sup>cd</sup> ± 0.54	79.8 ± 0.54	61.1 <sup>c</sup> ± 0.34	0.25 ± 0.01	6.44 <sup>a</sup> ± 0.06
	2018	17.2 ± 1.23	21.3 <sup>b</sup> ± 1.68	82.6 ± 2.06	61.1 <sup>c</sup> ± 1.62	0.21 ± 0.03	6.02 <sup>b</sup> ± 0.29
	2019	18.2 ± 1.48	17.7 <sup>de</sup> ± 0.53	81.5 ± 1.41	63.8 <sup>ab</sup> ± 0.98	0.23 ± 0.02	5.39 <sup>d</sup> ± 0.17
Cultivar × Years		NS	**	NS	*	NS	***

\* Values are expressed as mean ± SD. Means in a column followed by different letters show significant differences ( $p < 0.05$ ) according to the Tukey test. Significance at: \*\*\*  $p < 0.001$ ; \*\*  $p < 0.01$ ; \*  $p < 0.05$ ; NS not significant.

However, based on the experiment, there was no significant interaction between cultivar and nitrogen fertilizer application (Table S4), cultivar and *B. japonicum* inoculation (Table S5), inoculation and years of testing (Table S6) on SFA content, MUFA, UFA, and PUFA, as well as the formation of SFA/UFA and C18:2n6/C18:3n3 acids ratios.

The multiple regression method with backward selection was used to evaluate the effect of selected fatty acids on the measured FA content. The possibility of eliminating irrelevant variables in stepwise multiple regression calculations allows one to narrow down the number of independent variables. Therefore, the results of the calculations allow us to determine which fatty acids interacted with the levels of C16:0, C18:0, C18:1n9, C18:2n6, and C18:3n3 acids and to what extent (Table 9). The models showed good correlation with the explanatory variables. In the equations presented, the values indicate the significance of the estimated regression parameters. The equations obtained have high coefficients of determination R<sup>2</sup>. This allows us to conclude that the amount of C20:2 and C21:0 acid accumulated in soybeans has the greatest effect on C14:0 acid content. The amount of accumulated C16:0 acid is most affected by C15:1 and C24:0. C18:1n9 acid has the least effect on C16:1 content. A 1% increase in C20:1 acid will cause a 3.20 unit decrease in C18:0 acid, while a one unit increase in C15:1 acid will cause a 2.718 unit decrease in C18:3n3/C18:1n9 acids which is described by 99% of the independent variables.

**Table 9.** Regression equation for the profile of selected fatty acids.

Dependents	Regression Equation ( $n = 72$ )	R <sup>2</sup>	F	p	S <sub>e</sub>
C14:0	$y = 0.503 + 0.363$ (C13:0) ** + $0.0156$ (C16:0) ** + $0.601$ (C17:1) *** – $0.62$ (C18:3n3) *** – $1.855$ (C20:2) *** + $1.770$ (C21:0) ***	0.786	44.5	***	0.438
C16:0	$y_2 = 95.715 - 1.203$ (C4:0) *** – $2.303$ (C8:0) *** – $2.130$ (C12:0) *** – $1.439$ (C14:0) *** – $3.929$ (C15:1) *** – $0.277$ (C17:1) *** – $1.035$ (C18:0) *** – $0.978$ (C18:1n9) *** – $0.943$ (C18:2n6) *** – $0.957$ (C18:3n3) *** – $2.254$ (C20:0) *** – $2.331$ (C24:0) *** – $1.919$ (C22:6n3) **	0.988	453.7	***	0.146
C16:1	$y = 1.259 - 0.198$ (C6:0) ** + $0.207$ (C11:0) ** – $0.007$ (C18:1n9) *** – $0.0184$ (C18:2n6) ***	0.564	23.9	***	0.023
C18:0	$y_2 = 32.694 - 1.369$ (C8:0) *** – $1.018$ (C13:0) *** – $1.381$ (C17:0) *** – $0.324$ (C18:1n9) *** – $0.319$ (C18:2n6) *** – $0.170$ (C18:3n3) *** + $2.558$ (C20:0) *** – $3.202$ (C20:1) *** – $1.009$ (C24:0) *** – $0.354$ (C16:0) ***	0.810	31.3	***	0.102
C18:1n9	$y_2 = 98.689 - 1.114$ (4:0) *** – $2.964$ (C8:0) *** – $1.888$ (C10:0) *** – $2.376$ (C14:0) *** – $3.155$ (C15:1) ** – $1.817$ (C17:1) *** – $0.985$ (C18:2n6) *** – $1.014$ (C18:3n3) *** – $1.919$ (C20:0) ** – $2.277$ (C24:0) *** – $2.011$ (C22:6n3) *** – $0.973$ (C16:0) *** – $1.093$ (C18:0) ***	0.997	1686	***	0.147
C18:2n6	$y_2 = 97485 - 1.161$ (C4:0) *** – $3.038$ (C8:0) *** – $1.980$ (C10:0) *** – $2.894$ (C14:0) *** – $3.110$ (C15:1) ** – $0.965$ (C18:3n3) *** – $2.007$ (C20:0) ** – $2.136$ (C24:0) *** – $2.154$ (C22:6n3) *** – $0.890$ (C16:0) *** – $0.939$ (C18:0) *** – $0.976$ (C18:1n)	0.992	710.6	***	0.143
C18:3n3	$y_2 = 87.922 - 1.057$ (C4:0) *** – $2.497$ (C8:0) *** – $1.801$ (C10:0) *** – $2.474$ (C14:0) *** – $2.718$ (C15:1) ** – $1.495$ (C17:1) ** – $2.247$ ((C20:0) *** – $1.956$ (C24:0) *** – $1.728$ (C22:6n3) ** – $0.863$ (C16:0) *** – $0.845$ (C18:0) *** – $0.893$ (C18:1n9) *** – $0.866$ (C18:2n6) ***	0.966	147,8	***	0.140
C18:3n6	$y = 0.024 + 0.268$ (C12:0) *** + $0.385$ (C17:1) *** + $0.494$ (C22:6n3) ***	0.679	51.2	***	0.026
C20:0	$y = 0.080 - 0.104$ (C11:0) ** – $0.3667$ (C17:0) ** + $0.086$ (C18:0) *** – $0.005$ (C18:2n6) ** + $1.001$ (C20:1) *** + $0.471$ (C21:0) *** – $0.559$ (C21:0) *** + $0.215$ (C23:0) **	0.923	116.3	***	0.014
C20:1	$y = 0.104 - 0.042$ (C18:0) *** + $0.487$ (C21:0) *** + $0.691$ (C20:0) ***	0.885	183.6	***	0.014

Significance at: \*\*\*  $p < 0.001$ ; \*\*  $p < 0.01$ .

#### 4. Conclusions

This study confirms the genetic determinants of fatty acid composition in soybean seeds and the variation in their levels of accumulation for C16:0, C16:1, C18:1n9, C18:2, C18:3, and C20:0 as well as SFA, MUFA, and PUFA. This suggests that it is desirable that further is carried out work on the genetic improvement of soybean cultivars to obtain advantageous fatty acid composition and content.

Application of nitrogen fertilizer at a rate of 30 kg ha<sup>-1</sup> contributed to an increase in the content of C16:0, C16:1, and SFA acids with a simultaneous decrease in the content of C18:0 and C20:0 acids. Increasing the nitrogen rate to 60 kg ha<sup>-1</sup> N did not result in the expected changes, which may be an indication that it is only necessary to use a “starter” rate not exceeding 30 kg ha<sup>-1</sup> N.

Inoculation of soybean seeds with *B. japonicum* (HiStick®Soy and Nitragina), resulted in a decrease in the content of SFA and C16:0 acid. From a nutritional point of view, this is beneficial because the proportion of C16:0 acid in the total fatty acids determines the hypercholesterolemic index, and in terms of content, it is the third most accumulated fatty acid in soybean seeds. An increase in C16:0 acid content had a negative effect on the accumulation of C18:1, C18:2, and C18:3 acids. There was a decrease in the content of each of these acids by almost one unit for every 1% increase in C16:0 content.

The study indicates the importance of the interaction of cultivar and inoculation treatment in modifying the fatty acid profile of C14:0, C18:3n6, and C20:0. Inoculation resulted in an increase in C14:0 acid content in both cultivars, while with the Aldana cultivar an increase in C18:3n6 was recorded as was a decrease in C20:0. Significantly higher C18:3n6 and C20:0 acid contents were recorded after HiStick®Soy application.



Further noteworthy is the dominant effect of environmental conditions on changes in the composition of fatty acids and their mutual proportions, which may be an indication that there is a need for further research on the use of inoculation and nitrogen fertilizer in the cultivation of cultivars belonging to different earliness groups and growing regions.

**Supplementary Materials:** The following are available online at <https://www.mdpi.com/article/10.3390/agronomy11050941/s1>, Table S1: FAs composition of G. max seeds (g FA 100 g seeds<sup>-1</sup>), mean values for interaction cultivar × fertilization. Table S2: FAs composition of G. max seeds (g FA 100 g seeds<sup>-1</sup>), mean values for interaction fertilization × inoculation. Table S3: FAs composition of G. max seeds (g FA 100 g seeds<sup>-1</sup>), mean values for interaction inoculation × years. Table S4: Content of SFA, UFA, MUFA and PUFA (g FA 100 g seeds<sup>-1</sup>) as well as the ratio of SFA/UFA and C18:2n6/C18:3n3 in G. max seeds, mean values for interaction cultivar × fertilization. Table S5: Content of SFA, UFA, MUFA, and PUFA (g FA 100 g seeds<sup>-1</sup>) as well as the ratio of SFA/UFA and C18:2n6/C18:3n3 in G. max seeds, mean values for interaction cultivar × inoculation. Table S6: Content of SFA, UFA, MUFA, and PUFA (g FA 100 g seeds<sup>-1</sup>) as well as the ratio of SFA/UFA and C18:2n6/C18:3n3 in G. max seeds, mean values for interaction inoculation × years.

**Author Contributions:** E.S.-K. and A.W.-G. have contributed in developing the research ideas, analyzing the data, conducting the research and writing the manuscript; investigation, E.S.-K., A.W.-G., D.B.-J., M.J.-P., A.K., and M.K.; writing—review and editing, E.S.-K., A.W.-G., and D.B.-J. All authors have read and agreed to the published version of the manuscript.

**Funding:** The field research was made possible by a grant from the Polish Ministry of Agriculture and Rural Development, Project: Improving domestic sources of plant protein, their production, trading and use in animal feed, project No. HOR 3.6/2016–2020. This project was financed by the program of the Minister of Science and Higher Education named “Regional Initiative of Excellence” in the years 2019–2022, project number 026/RID/2018/19, the amount of financing PLN 9 542 500.00 and by the Ministry of Science and Higher Education, Poland.

**Institutional Review Board Statement:** Not applicable.

**Informed Consent Statement:** Not applicable.

**Data Availability Statement:** The data presented in this study are available in Supplementary Materials.

**Conflicts of Interest:** The authors declare no conflict of interest.

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